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11-17 SEPTEMBER 2021

TV&Satellite week

PLUS 5-PAGE WEEKLY GUIDE

NETFLIX prime BBC iPlayer Disney+ and more...

NEW DRAMA

Help

Jodie Comer and Stephen Graham in a tale of love and loss

THURSDAY ON C4 HD

NEW DRAMA

SEX EDUCATION
The teenagers return for more life lessons

NEW MUSICAL

EVERYBODY'S TALKING ABOUT JAMIE
The heart-warming stage show comes to TV

NEW COMEDY

YOUNG ROCK
Dwayne Johnson wrestles with his past

HotList This week's 28

Saturday 11

Spitting Image

***COMEDY** BritBox*

Look out for some rubbery versions of England manager Gareth Southgate and players Harry Kane and Marcus Rashford as the satirical puppet comedy returns for its much-anticipated second series.

Premier League

***FOOTBALL** BT Sport & Sky Sports*

This week's top-flight action includes the London derby between Crystal Palace and Spurs (BT Sport 1 HD, kick-off 12.30pm) and Chelsea v Aston Villa (Sky Sports Main Event HD, kick-off 5.30pm).

Beat the Chasers

***QUIZ SHOW** ITV HD, 8.30pm*

The spin-off returns for another series but this time things are a bit different as contestants get the chance to take on a full suite of 'Chasers' for a 'Super Offer' worth hundreds of thousands of pounds.

Paul O'Grady's Saturday Night Line-Up

***ENTERTAINMENT** ITV HD, 9.35pm*

Part chat show, part game show, this entertaining series sees celebrities answer questions, scenarios and dilemmas posed by host Paul O'Grady.

■ Full listings start on **p35**

Sunday 12

Dr Death

***DRAMA** STARZPLAY*

Joshua Jackson take the lead in this true-crime drama about neurosurgeon Christopher Duntsch, whose patients either ended up seriously maimed or in a bodybag. Christian Slater also stars.

Endeavour

***DRAMA** ITV HD, 8pm*

EDITOR'S CHOICE As the drama returns for a three-part series, DS Endeavour Morse and DCI Fred Thursday investigate a bomb at an Oxford college. *See feature, page 8*

Vigil

***DRAMA** BBC1 HD, 9pm*

As Amy's (Suranne Jones) ability to do her job is called into question, a warning from MI5 leads Kirsten (Rose Leslie) to suspect HMS *Vigil* is at the centre of a major cover-up. *See feature, page 12*

Life Drawing Live!

***ARTS** BBC2 HD, 9pm*

Joe Lycett hosts a life-drawing masterclass with models striking poses inspired by famous works of art. Viewers can also have a go at home with an uninterrupted view of the poses over on BBC4 HD.

■ Full listings start on **p45**

Monday 13

Take a Hike

***FACTUAL** BBC2 HD, 6.30pm*

In this hiking competition, five strangers go head-to-head as they take it in turns to lead a walk, while the others rate the route, the picnic and views. Continues until Friday when the winner is revealed.

Coronation Street Icons: Norris Cole

***SOAP** ITV HD, 8pm*

As news of Norris Cole's death reaches Weatherfield this week, this one-off celebrates actor Malcolm Hebden and his character who debuted in 1994.

Jamie Oliver: Together

***COOKERY** C4 HD, 8pm*

Now that we're all able to meet up again, Jamie prepares food for social events beginning with a celebratory feast for family and friends to make up for 18 months of missed milestones.

The Complaints Department

***COMEDY** Comedy Central HD, 9pm*

Jason Manford looks at some of the UK's funniest complaints in this comedy panel game show about Britain's obsession with complaining. *See feature, page 11*

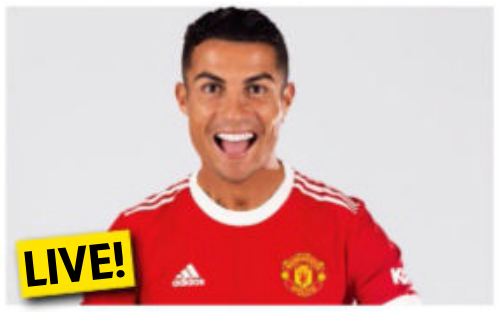
■ Full listings start on **p55**

Tuesday 14

You vs Wild: Out Cold

***SURVIVAL** Netflix*

Bear Grylls returns with the interactive series where viewers make decisions for the adventurer. This time, he's suffering from amnesia after surviving a plane crash in a frozen landscape...



Champions League

***FOOTBALL** BT Sport 2 HD*

Cristiano Ronaldo is back in a Manchester United shirt as they visit Young Boys (kick-off 5.45pm), plus Chelsea v Zenit Saint Petersburg (kick-off 8pm).

See sport, p28, & football planner, p33

Spice Girls: How Girl Power Changed Britain

***DOCUMENTARY** C4 HD, 9pm*

The story of the biggest girl band of all time, from their formation in the mid-1990s through to their recent world tour. *See Documentaries, page 20*

Long Lost Family: Born Without a Trace

***DOCUMENTARY** ITV, 9pm*

In this *What Happened Next* special, Davina McCall and Nicky Campbell present updates on stories of people who were abandoned as babies.

■ Full listings start on **p65**

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best shows

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Wednesday 15

Schumacher
***DOCUMENTARY** Netflix*
Michael Schumacher's wife and children tell the story of the F1 legend, from karting as a child, to world championship glory, and then the terrible injury he suffered in a skiing accident.

Champions League
***FOOTBALL** BT Sport HD*
As Liverpool face AC Milan at Anfield (BT Sport 2 HD, kick-off 8pm), Manchester City host RB Leipzig (BT Sport 3 HD, kick-off 8pm). *See sport, p28, & football planner, p33*

This Week on the Farm
***DOCUMENTARY** Channel 5 HD, 9pm*
The series returns with Helen Skelton and Jules Hudson back at Cannon Hall Farm in Barnsley, South Yorkshire, for an update on all things autumn with sibling farmers Rob and Dave Nicholson.

Fred and Rose West: Reopened
***DOCUMENTARY** ITV HD, 9pm*
Sir Trevor McDonald presents this two-part investigation into claims of other murders by the serial-killing couple. Continues tomorrow. *See feature, p21*

■ Full listings start on **p75**

Thursday 16

Europa League
***FOOTBALL** BT Sport HD*
West Ham's Declan Rice leads his club against Dinamo Zagreb in Croatia (BT Sport 2 HD, kick-off 5.45pm). Leicester City, Rangers and Celtic are also in action. *See sport, p28, & football planner, p33*

Patrick Kielty: One Hundred Years of Union
***DOCUMENTARY** BBC1 HD, 9pm (BBC2 in Wales)*
In Northern Ireland's centenary year, the presenter looks at why a new trade border has sparked fears of a return to conflict.

Help
***DRAMA** C4 HD, 9pm*
EDITOR'S CHOICE This hard-hitting drama stars Jodie Comer and Stephen Graham as a carer and patient who bond in terrible circumstances. *See feature, page 4*

All Creatures Great and Small
***DRAMA** Channel 5 HD, 9pm*
As the drama returns, James (Nicholas Ralph) has to choose between taking a new job in Glasgow or staying on with the Farnons in Yorkshire. *See feature, page 8*

■ Full listings start on **p85**

Friday 17

Everybody's Talking About Jamie
***MUSICAL DRAMA** Amazon Prime Video*
EDITOR'S CHOICE In this version of the hit musical, teenager Jamie dreams of a career as a drag queen. *See Your Watchlist, page 14*

Sex Education
***COMEDY DRAMA** Netflix*
As the drama returns for a third series, Otis (Asa Butterfield) is embroiled in a secret romance, while his friendship with Maeve (Emma Mackey) appears to be in tatters. *See Your Watchlist, page 17*

Young Rock
***COMEDY** Sky Comedy HD & Sky Showcase HD, 8.30pm & 9pm*
This comedy sees Dwayne 'The Rock' Johnson looking back at his life before he was famous. All 11 eps will be on Sky Box Sets/Now from 17 Sept. *See feature, p6*

Bill Bailey: Larks in Transit
***COMEDY** BBC1 HD, 10.35pm*
The comedian presents an evening of music and laughter in the first stand-up gig to take place at London's Royal Opera House in its 156-year history.

■ Full listings start on **p95**

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Duty

Jodie Comer and Stephen Graham star as a carer and a care-home resident whose lives are changed forever by the pandemic

# of care

NEW DRAMA

Help

Thursday, C4 HD, 9pm

Thousands of people lost loved ones when COVID-19 swept through Britain's care homes last spring and now a powerful one-off drama takes us back to those dark days with a touching tale of love, loss and true friendship.

Jodie Comer and Stephen Graham lead a star-studded cast in *Help*, a feature-length drama about Sarah, a young carer at a fictional Liverpool care home, who forms a special connection with Tony, a middle-aged resident suffering from early onset dementia.

When the pandemic strikes in March 2020, Sarah and her colleagues are left poorly prepared and increasingly isolated by the powers that be – yet they fight tirelessly to protect their residents as the infections rise.

We caught up with the pair, both proud Liverpudlians, to find out more about the drama, which was created by BAFTA-winning screenwriter Jack Thorne…

Stephen Graham and Jodie Comer as Tony and Sarah

A new resident arrives at the home

You guys have been good friends for several years. What did it feel like to work together on something like this?

Comer We actually have the same agent and we've been begging her to find us something to do together for ages. We thought there had to be something out there for us, but this was perfect because it's a beautiful story and something we both really believe in.

What makes Sarah and Tony's relationship so special?

Comer They both bring something out in each other and there's a naughtiness to them, so they're kindred spirits really. Sarah's taken aback by how much she ends up caring for this man and there's a moment at the end of the drama where they say they love each other. I've never felt a line as much as I felt that.

Graham They just click and it's one of the most beautifully platonic relationships I've ever been able to explore on screen. They both need each other at that particular moment in their lives. Sarah isn't academic and she's struggled in other jobs, but she really finds her purpose as a carer and we wanted to show how these people are superhumans in the way they look after people with grace and dignity.

What kind of research did you do to prepare for filming?

Comer I spoke with a lot of carers and they were very honest about those early days of the pandemic. There were times when I was wondering why my character wasn't wearing a mask, but then I remembered they were told they didn't need them at that time!

Graham I watched a documentary about this lovely little care home in Manchester, where everyone was dying, but we also learned a lot through the script, which was so thorough. People in care homes were treated like they were at the bottom of the ladder. My father was a head paediatric nurse, but COVID patients were getting sent to his place last spring, because the other wards were overrun.

How did you prepare to play a character with early onset dementia?

Graham It was an interesting challenge. I was lucky enough to chat to men and women of a similar age to me who suffer from it and I even joined them on some coffee mornings, which was an amazing experience. They told me about the frustrations of knowing what you want to say, but not being able to find the words. What I really wanted to do was not play a disease, but play the person.

How did it feel to work with such an impressive cast in a drama set in Liverpool?

Comer The writer, Jack Thorne, and the producers really wanted as many actors from Liverpool as possible, to make it more authentic. The cast was amazing. Every day on set was a real 'pinch me' moment, because there are no small parts and everyone came in knowing the story would be bigger than all of us.

Graham To work with such icons was amazing. I remember seeing Ian Hart on screen when I was younger and he's one of the reasons I'm an actor today. He showed that it was possible to be an actor and be from Liverpool. It was like hearing my voice on telly! I've been fortunate enough to work with Sue Johnston once or twice before and I actually call her 'Ma'. Her performance is remarkable. In fact, everyone played these roles with such bravery – it was beautiful.

WORDS: SEAN MARLAND. PHOTOS: C4

WHO'S WHO

Sarah
Jodie Comer
The carer and her colleagues go to great lengths to protect the people at the home despite a lack of support.

Tony
Stephen Graham
The 47-year-old has been diagnosed with early onset dementia and is often confused and deeply frustrated.

Steve
Ian Hart
The home manager cares about his residents, but has to leave Sarah with little support after catching COVID.

Gloria
Sue Johnston
Gloria is one of the first care-home residents to catch COVID as the staff don't have the appropriate PPE.

Hercules
David Hayman
The resident doesn't recognise his own family and gets confused when Sarah tries to feed him his dinner.

Polly
Cathy Tyson
Another resident, Polly recites a moving poem at the Christmas party before the pandemic hits.

Gaynor
Lesley Sharp
Sarah's mum doesn't understand why her daughter is putting herself at risk by working at the home.

Bob
Andrew Schofield
Despite their tense relationship, Sarah's alcoholic father comes to respect her.

Tori
Angela Griffin
Sarah's colleague at the care home is shocked to find she has carried out a traumatic 20-hour shift on her own.

SCHOOL OF ROCK

Dwayne Johnson stars in a sitcom about his early life

Adrian Groulx as young Dwayne with Matthew Willig as André the Giant

NEW COMEDY

Young Rock

Friday, Sky Comedy HD & Sky Showcase HD, 8pm & 8.30pm

He's the highest-paid actor in Hollywood, earning around $90million a year for smash-hit movies such as *Fast & Furious 7*, *Jumanji* and *Jungle Cruise*. Now, Dwayne 'The Rock' Johnson is back on our screens in a new sitcom about his life before he became a rich and famous wrestler and action star.

The 11-part comedy sees The Rock running for US President in 2032. As he's interviewed about his beginnings, the action flashes back to three different periods in his life: as a 10-year-old growing up in Hawaii; as a high schooler in Pennsylvania; and as a college student and football player at the University of Miami.

The series follows The Rock (played by three different young actors) as he's raised by his wrestler dad, Rocky (Joseph Lee Anderson), and aspiring singer mum Ata (Stacey Leilua). Along the way, he gets into trouble with the police and starts becoming interested in girls as his family falls into poverty.

CRAZY

'I've been very lucky to have a wildly Forrest Gump-like life, which has been crazy and unbelievable,' says Johnson. 'The essence of every single thing in the series is true, and it's great to look back on that stuff and deliver it to audiences in a way that will make them smile.'

Johnson's only regret is that his dad didn't get a chance to see the show, as Rocky died last year aged 75.

'We had a complicated relationship that was full of tough love, but this show would be something that he would be proud of,' says Johnson, 49. 'He passed away suddenly, but he was aware that we were doing *Young Rock* and he was excited.'

Johnson is now making a second season, but would he ever consider standing for US President in real life?

'I would consider a presidential run in the future if that's what the American people wanted,' he reveals. 'Truly I mean that, but it would be up to the people. So I will wait, and I will have my ear to the ground.'

THE RISE AND RISE OF THE ROCK...

1998-2013 Wrestling champion
Born into a wrestling family, Dwayne Johnson won his first WWF title in 1998, and became a 10-time world champion famous for his rivalries with Stone Cold Steve Austin, The Undertaker and Triple H.

In action in the ring

2002 The Scorpion King
After making his screen debut as legendary hero Mathayus in 2001 fantasy drama *The Mummy Returns*, he reprised the character in his first lead role on the big screen.

Fantasy film *The Scorpion King*

2011 Fast & Furious 5
He made his first appearance in the *Fast & Furious* franchise in the fifth film, playing secret service agent Luke Hobbs. He's reprised the role four times, including 2019's *Hobbs & Shaw*, co-starring Jason Statham.

With *Fast & Furious* co-star Vin Diesel

2015-2019 Ballers
In this TV comedy-drama, he played Spencer Strasmore, a retired American football star who becomes a financial advisor to a new generation of NFL players, and eventual owner of the Kansas City Chiefs.

Comedy *Ballers*

2017 Jumanji: Welcome to the Jungle
This sequel to the 1995 movie saw Johnson take on the role of a video-game avatar, intrepid explorer Dr Xander 'Smolder' Bravestone. He played the role again in 2019's *Jumanji: The Next Level*.

2021 Jungle Cruise
Johnson teamed up with Emily Blunt to play a steamboat captain in this old-school adventure set on the Amazon and based on the theme-park ride.

Jumanji's Kevin Hart, Karen Gillan, Jack Black and Dwayne Johnson

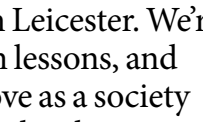
Johnson and Emily Blunt

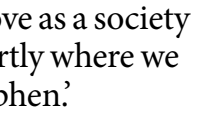
‘It’s great to look back on that stuff and deliver it to audiences to make them smile’

DWAYNE JOHNSON

BOX SET

All 11 episodes will be available on Sky Box Sets and Now after the first episode airs.





Stuart (Jorden Myrie), Doreen (Sharlene Whyte) and Neville (Hugh Quarshie)

Justice for our son?

The Lawrences await the jury’s verdict in the concluding episode of *Stephen*

LAST ONE DRAMA

Stephen

Monday, ITV HD, 9pm

The day that Doreen and Neville Lawrence have waited 18 years for finally arrives this week, as two of the men accused of murdering their son stand trial in the final part of true-life crime drama *Stephen*.

Thanks to the new evidence unearthed by DCI Clive Driscoll (Steve Coogan) and his team, it now feels like there is a strong chance the two men – Gary Dobson and David Norris – will be convicted. But the bereaved parents face an agonising wait.

Steve Coogan as DCI Driscoll

COMPOSED

‘Everything is going on inside with Doreen, but you don’t see any of it on her face,’ says Sharlene Whyte, who plays her. ‘I learnt that by reading her book, *And Still I Rise* – her inner life is fascinating. I don’t know how she kept so composed. If that was my child, I would be shouting and screaming.’

While Doreen’s faith in both the Metropolitan Police and the justice system has been severely shaken over the years, DCI Driscoll lived up to his promise to find and arrest her son’s killers – and whatever may happen in court, Doreen is grateful for what he has done.

‘Doreen had so many poor experiences with the police up until that point, it was important for her to be wary,’ says Whyte. ‘But she’s a smart woman. She gave the detective space and allowed him to prove himself – and what a good choice she made, because he did a phenomenal job.’

The outcome of the case will be no surprise to viewers who followed the Lawrences’ fight for justice in the news. However, the series ends on a bittersweet note with a reminder that the Metropolitan Police closed the investigation into Stephen’s murder in 2020, and the rest of the gang may never face charges.

‘I wonder what justice looks like for Neville and Doreen today,’ reflects Whyte. ‘Is it still a conviction of these people? Stephen’s legacy continues, and we have the Stephen Lawrence Research Centre in Leicester. We’re continuing to learn lessons, and hopefully to improve as a society – perhaps that’s partly where we find justice for Stephen.’

WORDS: RICHARD MCCLURE, STEVEN PERKINS. PHOTOS: ALAMY, ©2021 DISNEY+ AND ITS RELATED ENTITIES, ITV, SKY

Oxford blues

Endeavour's life spirals out of control as the **crime drama returns**

NEW DRAMA

Endeavour

Sunday, ITV HD, 8pm

Life has dealt Endeavour Morse some cruel blows, but the eighth series of ITV crime drama *Endeavour* finds the morose sleuth at his lowest ebb to date.

The three-part return of the *Inspector Morse* prequel, now set in 1971, sees the young detective sergeant struggling to deal with his grief following the death of his married lover Violetta in the last series, and the exposure of her husband's crimes.

STRUGGLES

Foreshadowing his older incarnation's complex relationship with alcohol, Endeavour is turning to drink to ease his pain.

'It becomes apparent he's not coping, but he's trying not to reveal that,' says Shaun Evans, who plays the Oxford-based police officer. 'Drinking too much and numbing yourself is part of a bigger problem and I was keen to unpick that more in this series.'

Joan Thursday (Sara Vickers)

Meanwhile, DCI Fred Thursday (Roger Allam), his caring but no-nonsense boss at Oxford's Castle Gate police station, is watching his behaviour carefully.

'Thursday knows what happened, so he's keeping an eye out,' says Evans. 'There's tough love there but Thursday has personal things to deal with, too.'

Endeavour's troubled past also comes back to haunt him when his formidable stepmother Gwen (Lynda Rooke) pays a visit in the second episode. Meanwhile, the return of Thursday's social-worker daughter Joan (Sara Vickers), who has palpable chemistry with Endeavour, also brings fresh turmoil – especially when his colleague DS Strange (Sean Rigby) starts to get closer to her.

'He's already on this downward spiral but Gwen pushes him further over the edge and reveals another part of his personality,' reveals Evans, who is currently starring in BBC1's submarine thriller *Vigil*.

Roger Allam as DCI Thursday and Sean Rigby as DS Jim Strange

INVESTIGATIONS

As Endeavour desperately tries to keep his growing problems at bay, work proves a welcome distraction. Later episodes involve the murder of a cabbie and killing spree at a snowbound hotel, while the opener finds the cerebral detective playing a reluctant bodyguard to a star Oxford Wanderers footballer, who receives a death threat.

'It's set in the early days of sports celebrity and fashion, and against a wider picture of the beginning of the Troubles in Northern Ireland and how that began to encroach upon our shores,' explains Evans. 'It's giving a nod to what was going on in the UK at that time, and it packs an emotional punch.'

Animal attraction

As the vet drama returns, **James** only has eyes for **Helen**

James (Nicholas Ralph) and Helen (Rachel Shenton)

NEW DRAMA

All Creatures Great and Small

Thursday, Channel 5 HD, 9pm

It's springtime and the lambs are frolicking in the Yorkshire Dales when a new series of *All Creatures Great and Small* begins this week, starring Nicholas Ralph as vet James Herriot.

The drama picks up in 1938, following the 2020 Christmas special when farmer's daughter Helen Alderson (Rachel Shenton) decided she couldn't go through with her wedding to the aristocrat Hugh.

With Helen now single, James has a new optimism about his chances.

'This season sees James at a bit of a crossroads,' says Ralph. 'He's thrown himself into work and the series

'It becomes apparent he's not coping, but he's trying not to reveal that'
SHAUN EVANS

DCI Fred Thursday (Roger Allam) and DS Endeavour Morse (Shaun Evans)

begins with him back in his home city of Glasgow doing a couple of weeks' work to help someone out.'

But with a permanent job offer on the table in Scotland, James is torn as he returns to Darrowby and soon runs into Helen.

'Helen's little sister Jenny has a new dog called Scruff who causes trouble with local sheep,' says Ralph. 'So James decides to take an interest in Scruff and help Jenny train him.'

Mrs Pumphrey (Patricia Hodge)

SIEGFRIED'S SECRET

Meanwhile, Tristan Farnon (Callum Woodhouse) still thinks he qualified as a vet, unaware his brother Siegfried (Samuel West) lied about his exam results. However, housekeeper Mrs Hall (Anna Madeley) smells a rat.

There are also some new faces later in the series. *Mum* star Dorothy Atkinson plays feisty divorcée Diana Brompton, a potential love interest for Siegfried, and Patricia Hodge takes over the role of Mrs Pumphrey, previously played by the late Dame Diana Rigg.

The owner of pampered Pekinese Tricki Woo, Mrs Pumphrey calls on the vets to help look after him.

'She's a classic English eccentric,' says Hodge. 'Her world is her dog and the vets are her prop.'

But it's James and Helen viewers will be most keen to know about.

'They have a real connection,' teases Ralph. 'People keep asking, "When are James and Helen going to get together?" We'll have to wait and see.'

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Tyrone comes clean about his feelings

CORONATION STREET

Tyrone tells Fiz he wants her back!

» **Ty looks like** a condemned man as Alina makes plans for a Romanian wedding, and when Phill shows up and takes Fiz to The Bistro, he struggles to contain his jealousy.

Following the pair to the restaurant, he waits till the kindly fella has gone to the loo and then tells Fiz he doesn't want to marry Alina – he wants to be with her. But she has plans of her own…

How will Fiz react?

Catching up with Alina, Ty reveals that his ex is considering moving away with the girls, so it's the wrong time to jet off abroad. Alina accepts the situation, but all hell breaks loose when Hope apologises to her for starting the fire in the salon flat and blabs that she's started other fires, too.

Alina rails at her fiancé for keeping secrets, and the guilty mechanic crumbles and admits he wants Fiz back. Devastated, Alina publicly humiliates him before jumping in a cab, bound for the airport.

Is she gone for good?

» **PLUS** The residents discover Norris has died, Zeedan Nazir returns, Gary is threatened by Rick Neelan's old sidekick Sharon, Daniel has a tricky teaching placement, Gemma clashes with Freda, and Imran feels guilty.

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ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Matty is seriously injured while helping out at a Woolpack barbecue (above), Rhona sees red when she discovers that Cathy has been bullying April, Chas is presented with an unexpected offer, and Kim buys a race horse.

EASTENDERS

» Ruby (right) admits to Martin that she framed Stacey, an explosion rocks the Mitchell house, Linda's waters break, Jean collapses during police questioning, Tiffany and Dotty have a fight, and Sonia has a date.

WORDS: CAREN CLARK, TESS LAMACRAFT, ALISON SLADE. PHOTOS: BBC, CHANNEL 5, ITV

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Jason Manford celebrates the UK's obsession with complaining in a new comedy panel show

THE MOAN ZONE

NEW ENTERTAINMENT

The Complaints Department

Monday, Comedy Central HD, 9pm

It's a well-known fact that we Brits like to complain, and on average we are likely to have a moan of some sort or another at least three times a day. Whether it's about poor service, shoddy merchandise, traffic jams, the weather or just other people, it all provides a rich source of material for Comedy Central's new panel show *The Complaints Department*.

Hosted by Jason Manford, the six-part series takes a light-hearted look at some of the British public's funniest complaints. Each week, two teams of comedians, plus other famous faces, will battle it out in a series of rounds about the nation's grumbles and groans.

In the first episode, Jason is joined by Jimmy Carr, Sara Barron, Baroness Warsi and Russell Kane.

Here, Manford, 40, tells us more about the show…

What are your favourite kinds of complaints in the show? I like pictures of people pointing at things in local papers. Maybe it's a pothole or a hair in a pie, but there's always a picture in a local paper of someone pointing at the thing they're complaining about.

Do you think any of the complaints in the show are valid or are they mostly just ridiculous? I sided with a lot of them. Twenty years ago I would have thought, 'These people are ridiculous. Why are they complaining? Chill out!' But now I'm in my 40s, there were quite a lot of complaints where I thought, 'No, I agree with you.'

When was the last time you made a complaint? We're having a room turned into a gym and I ordered some weights online in May, but they were taking ages to come. I emailed them the other day and they said they had been delivered and signed for. It turned out that our builder had signed for them and the weights had been sitting by the back door since they arrived… back in May!

What sort of complainer are you? In a restaurant, I'll complain to my wife, but when the waiter comes over and asks, 'Is everything all right?' I'll say, 'It's fine, thank you.' Sometimes my wife will want to complain about her meal and I'll say, 'No, let's just swap. I'll eat it.' I'd say I'm a cowardly complainer.

You're a few weeks into a 178-date tour of your stand-up show *Like Me*. How's it going? I enjoy it and the crowds have been fantastic. They're so happy to be out of the house, it's a bit crazy. There are times when they're laughing and I think they must be delirious.

We were sad about the death of your friend and colleague Sean Lock. What made him so brilliant? He didn't care whether you liked him or not. There's a freedom in that. When you're not a people-pleaser, you actually end up pleasing a lot of people. I don't think you'll ever find anyone like Sean again. He was one of a kind.

You liked…

Class of 92: Out of Their League on BBC1

This 2015 documentary followed five former Manchester United players – Gary and Phil Neville, Ryan Giggs, Paul Scholes and Nicky Butt – as they bought non-league football club Salford City and set about transforming its fortunes.

Now try this…

Welcome to Wrexham on Disney+

This upcoming series follows Hollywood stars Ryan Reynolds and Rob McElhenney as they travel to Wales to take ownership of struggling Wrexham FC, currently playing in the National League. 'Our work in Wrexham is as much to do with the community as it is with the club,' says Reynolds.

WORDS: MICHAEL DARLING, RICHARD MCCLURE. PHOTOS: BBC, COMEDY CENTRAL, GETTY

Look Who's Back...

A familiar face appearing in a new role this week

Joe Lycett

Life Drawing Live!

NEW Sunday, BBC2 HD & BBC4 HD, 9pm

Starting out as a stand-up comedian, Joe Lycett began his TV career with appearances on *8 Out of 10 Cats*, *QI* and *Taskmaster*. In 2018, he joined Alison Hammond to host BBC1 game show *The Time It Takes*, and in 2019, he began presenting the BBC's *The Great British Sewing Bee*, which returned earlier this year for a seventh series. He's also the presenter of *Joe Lycett's Got Your Back* on C4, which he describes as 'a cross between *Rogue Traders* and *Drag Race*'.

HIS NEW APPEARANCE

On Sunday, Lycett will present the UK's biggest live, life-drawing masterclass. The two-hour special comes from Wrest Park in Bedfordshire, where life models will disrobe and assume poses inspired by great works of art, and viewers can watch amateur artists create their works as experts share their knowledge. For anyone who wants to join in and draw along at home, BBC4 will feature 'Pose Cam', giving a fixed-camera view of each model's pose.

Get drawing with Joe

WORDS: RICHARD MCCLURE, HANNAH DAVIES, TESS LAMACRAFT, SEAN MARLAND, ELAINE REILLY. PHOTOS: BBC, C4, GETTY, ITV, SKY

DRAMA

Vigil

Sunday, BBC1 HD, 9pm

Baby on board

How **Rose Leslie** made submarine thriller *Vigil* while eight months pregnant

With starring roles in blockbuster shows such as *Game of Thrones*, *Luther* and *The Good Fight*, Rose Leslie has become one of Britain's most successful TV stars in recent years.

Now, she's captivating millions of viewers as tenacious cop DS Kirsten Longacre in BBC1's *Vigil* – a performance even more remarkable given the fact that the Scottish actress was eight months pregnant while filming the thriller.

'Once, we were shooting in a quarry in the middle of nowhere in the beautiful Scottish landscape and I was feeling very queasy,' recalls Leslie, who had her first child with fellow *Game of Thrones* star Kit Harington earlier this year. 'Just before I had to film my scene, I had to run behind a bush to be sick. I kept apologising to the hair and make-up people because of my breath!'

As Emma Lane in *Luther*

In action as Kirsten Longacre in *Vigil*

CONSPIRACY

This week, Kirsten finds herself entangled in an international conspiracy that goes all the way to the top. After investigating the claims made by anti-Trident campaigner Jade Antionak about the peace camp being infiltrated, she is desperate to find out who killed the activist.

However, after discovering the identity of her killer, Kirsten is frustrated when the MI5 agents who tailed her last week warn her to give up on her investigation. That leaves her suspecting that HMS *Vigil* is at the centre of a national security cover-up.

Meanwhile, aboard the submarine, DCI Amy Silva (Suranne Jones) causes shockwaves when she reveals the boat's coxswain Elliot Glover (Shaun Evans) and ship doctor Tiffany Docherty (Anjli Mohindra) are having an affair…

For Leslie, 34, the role of Kirsten meant rediscovering her Scottish accent – which she admits is not as strong as it was when she was growing up.

'I definitely had a Scottish accent when I was younger,' says the Aberdeen-born actress. 'My family and I moved to France when I was about 10, but I tapped into what I remember from all those years ago. I think it gave me a head start.'

Sophie Willan as Alma

Wild child

Sophie Willan's comedy returns for a full series after a BAFTA-winning pilot

NEW **COMEDY**

Alma's Not Normal

Mon, BBC2 HD, 10pm (11.45pm, NI)

Like *This Way Up* and *Back to Life*, BBC2's new sitcom *Alma's Not Normal* is a dark comedy about a damaged, warm-hearted and humorous 30-something woman trying to get her life back on track.

Comedian Sophie Willan won a BAFTA for Best Comedy Writing earlier this year for the pilot which serves as the first episode to the

Rose Leslie

Kirsten Longacre and DS Porter(Reuben Joseph)

Willan with co-stars Siobhan Finneran, Lorraine Ashbourne and Nicholas Asbury

six-part series. She also stars as the irrepressible Alma who is dumped by her boyfriend Anthony (James Baxter). With rent to pay and no qualifications, Alma contemplates two very different money-making options – working at a sandwich chain or becoming an escort.

'Alma's at a crossroads,' explains Willan. 'She needs to reconnect with her family, move on from her ex, and find money.'

The semi-autobiographical series is based on Bolton-born Willan's stand-up material about her chaotic childhood, some of it spent in care, and being a sex worker.

'It's inspired by true events, but is its own world,' says Willan. 'Alma's optimistic, foolish and wild – and ultimately the show is funny and quite light on its feet.'

BOX SET

BBC iPlayer

All six episodes will be available on BBC iPlayer from Monday 13 September.

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Jamie Oliver gets ready to entertain

NEW Jamie Oliver: Together

Monday, C4 HD, 8pm

With people finally getting back together with family and friends after lockdown, Jamie Oliver returns to our screens with a series of special menus designed to be shared. This week, he makes a summery feast for his nearest and dearest, including his parents, his youngest sons Buddy and River, plus fellow chef Gennaro Contaldo. On the menu is a starter of tomato crostini, an epic centrepiece of slow roast shoulder of lamb with a fennel, sage and spicy sausage stuffing, and yogurt panna cottas. 'Lockdown has been a great reminder that sitting around the table to eat together is a very special thing,' says Jamie.

NEW Isle of Wight Festival

Friday, Sky Arts HD, 7pm

Following last year's cancellation because of COVID-19, the Isle of Wight Festival returns as festival goers flock to Newport for a weekend of live music. Friday's first day features Liam Gallagher, Tom Jones and James on the main stage, while there will be highlights from the Big Top stage, including performances from Scouting for Girls, Sophie Ellis-Bextor, Shed Seven and Primal Scream.

NEW Paul O'Grady's Saturday Night Line-Up

Saturday, ITV HD, 9.35pm

Paul O'Grady returns with a new comedy entertainment show in which celebrity guests reveal secrets about themselves in response to questions and scenarios presented to them by the host. First up are Rob Rinder, Joanna Page, Jack Dee and Mica Paris.

NEW 9-1-1: Lone Star

Monday, Sky Witness HD, 10pm

As the second season signs off, the members of the 126 race into action when a dust storm engulfs Austin, and Owen (Rob Lowe) goes on a rescue mission when a plane hits a building and people are trapped in an elevator. 'It reminds Owen that he needs to be boots on the ground,' reveals Lowe.

Dress to impress

A schoolboy turns **drag superstar** in an adaptation of the smash-hit stage musical

Everybody's Talking About Jamie

NEW *Genre:* ***Musical drama*** *Available:* ***Friday 17 September*** *Runs:* ***115min*** *TVSW says:* ***Fabulous, heart-warming fun***

In 2011, the BBC3 documentary *Jamie: Drag Queen at 16* introduced the nation to Jamie Campbell, a schoolboy from County Durham who dared to be different by attending his school prom in drag. Jamie's story inspired the creation of the stage musical *Everybody's Talking About Jamie*, which launched in the West End to rave reviews in 2017 – and this week a new film adaptation arrives on Amazon Prime Video.

Below: Max Harwood as Jamie

Newcomer Max Harwood makes his screen debut as Jamie New, a Sheffield schoolboy whose greatest dream is to be a drag queen. But while his mother is supportive, not everyone in his community – or his school – is as understanding.

'It's an uplifting coming-of-age story about a 16-year-old trying to find his place in the world,' says Harwood. 'It's about his journey of wanting to be a superstar drag queen – it's filled with loads of crazy songs and high-fashion moments, and real British heart. It's got something for everyone.'

Harwood's own journey to landing the role of Jamie in the film was unconventional: he was still in drama school when the opportunity arose, and wasn't supposed to be attending professional auditions yet, but he felt so strongly about the part that he flouted the rules.

TAKING A CHANCE

'I was naughty and auditioned when I shouldn't have, but it was probably one of the best decisions I've ever made,' he says. 'I sent a tape to the casting director and I was like, "Please, will you just give me the opportunity to be seen." She obviously saw something in me that was right for the role. I owe her big time because it's changed my life.'

The film features lots of familiar faces including Ralph Ineson as Jamie's estranged father, Wayne; Sharon Horgan as his careers teacher Miss Hedge; Richard E Grant as Hugo – alias Loco Chanelle – who becomes his drag mentor; and Sarah Lancashire as Jamie's mother, Margaret.

Margaret (Sarah Lancashire), her friend Ray (Shobna Gulati) and son Jamie (Max Harwood)

'When I got the role, I didn't know anyone else that was attached,' says Harwood. 'My mum said, "Oh, I would love it to be Sarah Lancashire." When we found out it was her, we were excited. She's an absolutely phenomenal actress who has a wealth of experience for me to soak up like a sponge – and I did.'

Not everything about the role was glamorous, however, as Harwood discovered when he spent an entire day filming Jamie's drag debut in wig, dress and heels.

'We ran out of blister plasters – my feet were ruined!' he recalls. 'The thing with drag is that taking it off takes a lot of time, and you just don't have that time on set, so I was in heels and the full look for 12 hours with no bathroom break. Richard E Grant and I would only take small sips of water here and there – conserving like squirrels until we were allowed to relieve ourselves at the end of the day.'

What we're watching...

A sneak peek at what's being watched by our team

Crime drama

NETFLIX Fargo

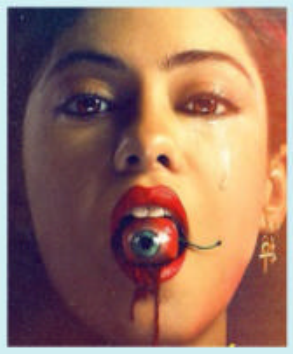
Season: 1 Episodes: 10 Runs: 48-70min

Why Women Kill's Allison Tolman came to fame in the first season of this crime drama anthology as compassionate and humorous deputy Molly Soverson investigating a series of murders. Seasons two and three are also available.

Horror drama

NETFLIX Brand New Cherry Flavor

Season: 1 Episodes: 8 Runs: 36-52min

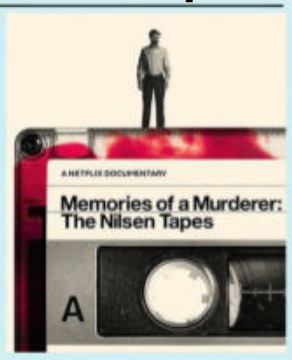


Set in 1990s LA, this wonderfully weird series benefits from a grounded performance by Rosa Salazar as an aspiring filmmaker out for revenge – but who gets more than she bargained for...

True Crime

NETFLIX Memories of a Murderer: The Nilsen Tapes

Runs: 85min



Dennis Nilsen killed at least 12 young men at his London flat between 1978 and 1983. Extracts from previously unheard recordings he made in prison about his crimes form the backbone to this chilling documentary.

Comedy drama

Disney+ Diary of a Future President

Seasons: 1&2 Episodes: 20 Runs: 25-35min

An engaging, feel-good show about 12-year-old Cuban-American Elena Cañero-Reed (Tess Romero) who will grow up to be US President and whose youthful experiences will shape her presidency. *Jane the Virgin*'s Gina Rodriguez plays the grown-up Elena in flashforwards.

Documentary

discovery+ Children of the Cult

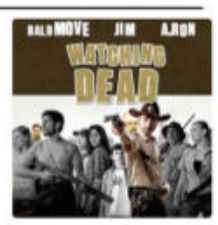
Season: 1 Episodes: 5 Runs: 47-53min

Three British women born into the notorious Children of the God cult founded by David Berg in California in the 1960s tell of the terrible abuse they suffered, their desperate attempts to escape, and finally their quest for justice.

What we're listening to...

The podcasts the *TVSW* team are tuning in to

Watching Dead



The 11th and final series of hit US zombie drama *The Walking Dead* is underway on Star on Disney+ and this weekly pod examines each episode in fine detail. 'Will the show go out with one last violent gory splash and a mouthful of flesh?' ask co-hosts Jim and A.Ron. 'Or simply lay down in the road and wither like desiccated bones?'

Bad Cops

This new series from the BBC World Service tells the story of one of America's most corrupt police units and asks why good cops go bad. Baltimore's Gun Trace Task Force was initially lauded for taking guns off the city's streets, but troubling questions emerged about links to a heroin ring, leading to an FBI investigation.

BINGEWATCH
The essential podcast for TV addicts
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WORDS: JUDY EWENS, SEAN MARLAND, STEVEN PERKINS. PHOTOS: AMAZON PRIME VIDEO, DISCOVERY+, ©2021 DISNEY+ AND ITS RELATED ENTITIES, NETFLIX

Watch it or dodge it

What the critics are saying about the latest releases...

NETFLIX Clickbait

Genre: Drama Season: 1 Episodes: 8 Runs: 42-52min

***Entourage*'s Adrian Grenier** stars as a family man who is abducted in a crime with a sinister online twist in this well-received thriller. '*Clickbait* uses its unconventional storytelling technique to take viewers on a familiar but thrilling journey,' said one critic. 'It manages to hold your attention and thoroughly entertain,' agreed another.

prime Kevin Can F**k Himself

Genre: Comedy Season: 1 Episodes: 8 Runs: 42-45min

This dark parody imagines how a US sitcom wife (*Schitt's Creek*'s Annie Murphy) sees her husband (Eric Petersen) once the canned laughter stops. It has been called 'a high-concept experiment', while critics have lavished praise on Murphy. 'Her reign as one of TV's finest actresses is just starting,' gushed one reviewer.

NETFLIX The Defeated

Genre: Drama Season: 1 Episodes: 8 Runs: 44-49min

The critics are purring over this post-war drama set in 1946 Berlin and starring *Waco*'s Taylor Kitsch as US cop Max McLaughlin, who is assigned to set up a police force in the ruined German city while also on a more personal mission – trying to track down his missing, estranged brother. '*The Defeated* makes for compelling, binge-worthy viewing,' said one review, with another calling it 'a gripping thriller... that provides a relatively unique and welcome slant on the Second World War.'

For fans of... Jennifer Aniston

tv+ The Morning Show

Genre: Drama Available: Friday 17 September Season: 2 Episodes: 10 (released weekly) Runs: 50min

The US drama set in the world of a breakfast news TV programme returns with Alex (Jennifer Aniston) having left the show and Bradley (Reese Witherspoon) co-hosting with newcomer Eric. But with ratings on the slide, will Alex be persuaded to return?

For fans of... Bear Grylls

NETFLIX You vs Wild: Out Cold

Genre: Interactive adventure Available: Tuesday 14 September Runs: 25-45min (depending on viewer decisions)

Join Bear Grylls for a new interactive adventure, which finds the survival expert struggling with amnesia after his plane crash-lands in the icy mountains. As he attempts to get out of the harsh elements, it's up to viewers to help.

Celebrating his 2004 F1 win

NETFLIX Schumacher

NEW *Genre: Documentary Available: Wednesday 15 September Runs: 112min TVSW says: Unmissable viewing for sports fans*

Released to coincide with the 30th anniversary of Michael Schumacher's Formula 1 debut, this one-off documentary draws on never-before-seen archive material to pay tribute to the German's glittering career. As a driver with Benetton and Ferrari, the 52-year-old won seven world championships. He suffered life-changing injuries after hitting his head while skiing in the French Alps in 2013, and has been in recovery ever since. Made with the support of his family, the film features interviews with his wife Corinna, his father and brother, as well as his F1 rivals Mika Häkkinen, Damon Hill and David Coulthard.

Joshua Jackson as Duntsch

STARZPLAY* Dr Death

NEW *Genre: True-crime drama Available: Sunday 12 September Season: 1 Episodes: 8 (released weekly) Runs: 44-63min TVSW says: A superb performance from Jackson*

This gripping true-crime drama stars *Fringe*'s Joshua Jackson as notorious US surgeon Christopher Duntsch, whose lack of training saw dozens of his patients left injured, some even dead, from his botched operations. The series follows two fellow surgeons, played by Christian Slater and Alec Baldwin, who make it their personal mission to bring Duntsch to justice because of his dangerous incompetence, while Kelsey Grammer plays his former supervisor. 'Duntsch didn't have the actual skills to be a surgeon,' says Jackson. 'Most every other human being would have had one disastrous outcome, maybe two, and thought, I don't know what I'm doing here, I should stop doing this." But this is where his narcissistic personality kicked in.'

Asa Butterfield as Otis and Emma Mackey as Maeve

The joy of sex

Romance and ructions abound as **a new term begins** in the racy comedy drama

Otis with best pal Eric (Ncuti Gatwa)

NETFLIX Sex Education

NEW *Genre:* Comedy *Available:* Fri 17 Sep
Season: 3 *Episodes:* 8 *Runs:* 51-59min
TVSW says: A no-holds-barred look at teen romance

Few shows have captured the pleasure, pain and passionate intensity of teenage life as exquisitely as Netflix's comedy drama *Sex Education*. And as the third run begins, the fallout from last series' shocking STD outbreak and the school's controversial musical continues. Moordale has been publicly dubbed 'the sex school', while the students – and their teachers and parents – remain in the throes of more relationship-related angst.

Aimee Lou Wood as Aimee

Moordale's nerdy but lovable resident sex guru Otis, played by Asa Butterfield, would usually be eager to steer his fellow students through these sexual crises, but he has vowed to stop doling out advice, and is involved in a surprising romance of his own.

THE COURSE OF LOVE

Last series, he declared his feelings for super-smart, troubled Maeve (Emma Mackey), but she never got the voicemail, as it was deleted by Otis' potential love rival Isaac (George Robinson). Now, Otis and Maeve's friendship appears to be in tatters and Otis is secretly sleeping with popular Ruby (Mimi Keene).

'Otis and Maeve aren't really speaking, and he's now in this relationship with Ruby,' says Butterfield, 24. 'Ruby and Otis are so different, but they make an unexpectedly sweet match. But, of course, it's complicated…'

Whether or not true love will blossom, Otis has gained confidence – and some facial hair – after finally losing his virginity.

'He's come out of his shell, he's a bit sassy,' explains Butterfield. 'He even has a moustache that everyone hates, but that he's very proud of!'

Eric (Ncuti Gatwa) and Aimee (Aimee Lou Wood) are back, alongside several fresh faces, including Jason Isaacs as ex-headteacher Mr Groff's brother, and *Girls*' Jemima Kirke, who plays Moordale's cool new head, Hope Haddon.

And with twists and turns aplenty to come, events are due to culminate in a major cliffhanger.

'I'm excited to see fans' reactions after the finale,' teases Butterfield. 'Viewers will be left wanting more, as there are lots of questions about what could happen in the future.'

EVERYONE'S TALKING ABOUT…

We point you towards the TV moments you won't want to miss on catch-up

BBC iPlayer Vigil

Everyone's talking about… DCI Amy Silva (Suranne Jones) facing her fears when she is winched down onto a nuclear submarine from a helicopter in BBC1's twisty thriller.

sky box sets / NOW Code 404

Everyone's talking about… robocop DI Major (Daniel Mays) displaying some worrying glitches as he is forced to reunite with former pal DI Carver (Stephen Graham) to try to crack a cold case.

BBC iPlayer Mortimer & Whitehouse: Gone Fishing

Everyone's talking about… the comics and intrepid fishermen swapping rods for paintbrushes in an impromptu art contest.

BBC iPlayer Parkinson At 50

Everyone's talking about… Sir Michael Parkinson being moved to tears when he recalls his interview with Dr Jacob Bronowski, in which the scientist opened up about his visit to Auschwitz.

WORDS: CAREN CLARK, JUDY EWENS, RICHARD MCCLURE. PHOTOS: ALAMY, AMAZON PRIME VIDEO, APPLE TV+, BBC, NETFLIX, SKY, STARZPLAY. STARZPLAY IS AVAILABLE ON AMAZON PRIME VIDEO, VIRGIN TV AND OTHER PLATFORMS AT AN ADDED COST

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DATE	ENTERTAINMENT	RESORT	PRICE FROM
3 days 1 Nov 2021	**Simply Soul & Motown Somerset Party** Hayley Ria Christian as Gladys Knight, Memories of the Four Tops, Hamilton Brown as Lionel Richie, Buzz D'Angelo as James Brown, Tameka Jackson as Diana Ross, Roy G Hemings Dictionary of Soul & Nat Augustin as Stevie Wonder	Warner Cricket St Thomas Somerset	£249 pp
3 days 3 Nov 2021	**Back to the 60s & 70s Somerset Party** Union Gap UK, New Amen Corner, Chris Nott - Stars In Their Eyes' David Essex, Glen Leon as the voice of Tom Jones, Sammy Lomax as Dusty Springfield, The Moondogs & Nancy Ann Lee as Little Miss 60s	Warner Cricket St Thomas Somerset	£249 pp
5 days 11 & 23 Jan 2022	**Back to the 60s & 70s BIG Winter Warmer Seaside Festivals** The D-Day Darlings Trio, New Amen Corner, The Dreamers, The Original Jukebox Heroes, ABBA Arrival, James Williams Beyond Buble, Glen Leon as the voice of Tom Jones, From The Gap, The Ragdolls, Hayley Ria Christian's Celebration of Whitney, Country Joe, Nancy Ann Lee & Eddie Allen's Country Show, Gareth Rockwell & comedy impressionist Chris Gee	Warner Norton Grange Isle of Wight	£319 pp
4 days 11 & 18 Feb 2022	**Back to the 60s & 70s Suffolk Seaside Party** Steve Ellis & Vanity Fare, The Original Jukebox Heroes, ABBA Arrival, Chris Nott - Stars In Their Eyes' David Essex, Marc Robinson as Buddy Holly with The Counterfeit Crickets, Spencer James from The Searchers, Little Eagle - Eagles tribute, Soul singer Sharn Adela & comedian Tank Sherman	Warner Corton Suffolk Coast	£329 pp
4 days 18 & 25 Mar 2022	**Simply Soul & Motown Suffolk Seaside Party** Jimmy James & The Vagabonds, Memories of the Four Tops, Nat Augustin as George Benson, Hamilton Brown as Lionel Richie, Buzz D'Angelo as Ray Charles, Maxine Mazumder as Dusty, Soul Kinda Wonderful, Hayley Ria Christian as Gladys Knight, Blues Bros, & The Double Divas	Warner Corton Suffolk Coast	£369 pp
4 days 15 Jul 2022	**The BIG Halfway to Christmas 60s & 70s Suffolk Party** ABBA Arrival, Herman's Hermits, New Amen Corner, The Original Juke Box Heroes, Little Eagle - Eagles tribute, The Moondogs, Keith Slater's 60s & 70s Show, Rats in the Kitchen duo - UB40 tribute & Gareth Rockwell	Warner Gunton Hall Suffolk	£399 pp

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NEW releases

The best of the week's new shows...

NETFLIX

TUESDAY 14 SEPTEMBER

You vs Wild: Out Cold
In an interactive movie, Bear Grylls' plane crash-lands in the mountains.

The World's Most Amazing Vacation Rentals
Season two showcases more unique holiday rentals.

WEDNESDAY 15 SEPTEMBER

Schumacher
Documentary about the career of F1 great Michael Schumacher, made with the support of his family.

Nightbooks
US dark fantasy film. A boy has to tell a scary story every night or stay trapped in a witch's apartment.

Nailed It!
Season six of the baking competition.

Too Hot to Handle: Latino
(three episodes on 15 Sept, then weekly)

Singletons from Latin America and Spain must give up sex for 40 days and 40 nights to win $100,000.

FRIDAY 17 SEPTEMBER

Sex Education
Season three of the comedy drama about an awkward teen and his sex-therapist mum (played by Gillian Anderson). See feature, page 17.

Chicago Party Aunt
Adult animated comedy.

Squid Game
South Korean sci-fi drama about a dangerous survival game.

Ankahi Kahaniya
Indian film. Three tales of love, loss and longing in a big city.

ALSO AVAILABLE

Untold: Breaking Point
Documentary on US tennis player Mardy Fish who quit the game after suffering with anxiety. Out now.

On the Verge
Julie Delpy stars in a drama about four women in LA each facing a midlife crisis. Out now.

JJ+E
Swedish teen drama. Two youngsters living very different lives start at the same school. Out from Wed 8 Sept.

Blood Brothers: Malcolm X & Muhammad Ali
Documentary about the two icons featuring rare archive footage. Out from Thursday 9 September.

The Women and the Murderer
Documentary about a serial killer in 1990s Paris. Out from Thu 9 Sept.

Kate
Action thriller. An assassin is poisoned and seeks revenge. Starring Mary Elizabeth Winstead and Woody Harrelson. Out from Friday 10 Sept.

Lucifer
The sixth and final series of the fantasy crime drama starring Tom Ellis. Out from Friday 10 Sept.

Prey
German survival thriller. Five friends on a hiking trip are targeted by a shooter. Out from Fri 10 Sept.

Metal Shop Masters
US welding competition series. Out from Fri 10 September.

prime video

SUNDAY 12 SEPTEMBER

Dr Death STARZPLAY*
(released weekly)

True-crime drama about Dallas neurosurgeon Dr Christopher Duntsch (Joshua Jackson), whose patients ended up maimed or dead.

FRIDAY 17 SEPTEMBER

Everybody's Talking About Jamie
Film version of the hit musical. Sheffield teenager Jamie (Max Harwood) dreams of being a drag queen. See feature, page 14.

Le Bal des Folles (The Mad Women's Ball)
French thriller set in the 19th century. A woman discovers she can hear the dead and her family have her committed.

Back to the Rafters
Australian comedy drama following the Rafter family. Sequel to the 2008-2013 series *Packed to the Rafters*.

ALSO AVAILABLE

LuLaRich
Docuseries about marketing company LuLaRoe, which hit the headlines amid accusations it was a pyramid scheme. Out from Friday 10 Sept.

PSG Ô Ville Lumière, 50 Ans de Légende
Docuseries following the fortunes of French football club Paris Saint-Germain over the last two seasons. Out from Friday 10 September.

The Voyeurs
Erotic thriller set in Montreal. Out from Friday 10 September.

Disney+

Doogie Kamealoha, MD
Reboot of the 1990s series *Doogie Howser, MD,* starring Peyton Elizabeth Lee as a 16-year-old prodigy with a budding medical career. Out from Wednesday 8 Sept.

American Horror Stories
STAR ON DISNEY+

Horror anthology series spin-off from *American Horror Story,* featuring the original series' Murder House. Returning cast includes Matt Bomer. Out from Wednesday 8 September.

SparkShorts: Twenty Something
Pixar animated short about the insecurities of being a young adult. Out from Friday 10 September.

tv+

FRIDAY 17 SEPTEMBER

The Morning Show
(released weekly)

Jennifer Aniston and Reese Witherspoon return in season two of the drama about an American breakfast news programme.

ALSO AVAILABLE

Come from Away
Filmed production of the musical based on the true story of 7,000 people stranded in a Newfoundland town after flights were grounded on 9/11. Out from Friday 10 Sept.

discovery+

SUNDAY 12 SEPTEMBER

90 Day: Bares All *(released weekly)*
Season two of the companion series to *90 Day Fiancé.*

ALSO AVAILABLE

The Murder of Grace Millane: A Faking It Special
Experts analyse taped police interviews with the killer of the British backpacker in New Zealand in 2018. Available now.

Getaway Driver with Michelle Rodriguez
The *Fast & Furious* star hosts a reality series in which 24 elite drivers see if they have what it takes to be getaway drivers. Out now.

No Responders Left Behind
Documentary about the fight by first responders to the 9/11 attacks to get healthcare and compensation after they developed devastating illnesses. Out from Thursday 9 Sept.

These Woods Are Haunted
An investigation of unexplained paranormal phenomena in the wild. Series three will be out from Friday 10 September.

The Curse of Lizzie Borden
A delve into the untold supernatural world of Lizzie Borden, who was tried for a double axe murder in 1892. Out from Friday 10 September.

Deadliest Kids
Docuseries about US children who have been convicted of murder. Out from Friday 10 September.

britbox

SATURDAY 11 SEPTEMBER

Spitting Image
Series two of the reboot of the topical satire show.

THURSDAY 16 SEPTEMBER

Semi-Detached
Real-time sitcom from 2019-2020 starring Lee Mack as a hapless family man whose ex-wife lives across the road.

The Boy with the Topknot
Drama from 2017 based on the memoirs of British journalist Sathnam Sanghera, born to traditional Indian Punjabi parents in Wolverhampton.

The Diana Interview: Truth Behind the Scandal
Revelations about Martin Bashir's infamous *Panorama* interview with Princess Diana in 1995.

ALSO AVAILABLE

The Goodies
Series three and four of the comedy show from the early 1970s starring Bill Oddie, Graeme Garden and Tim Brooke-Taylor. Available from Thursday 9 September.

Marvellous
Toby Jones stars in this true-life drama as Neil Baldwin, who shrugged off his perceived limitations to live an incredible life. Available from Thursday 9 September.

From There to Here
Philip Glenister stars in a drama about two families brought together after the IRA bomb Manchester in 1996. Available from Thu 9 Sept.

The Mill
Period drama from 2013-2014 following the lives of textile mill workers in Cheshire in the 1830s and 1840s. Available from Thu 9 Sept.

WORDS: JUDY EWENS. *STARZPLAY IS AVAILABLE ON AMAZON PRIME VIDEO, VIRGIN TV AND OTHER PLATFORMS AT AN ADDED COST

The story of chart-topping girl band the **Spice Girls**...

THE LIFE OF SPICE

Baby, Scary, Ginger, Posh and Sporty

NEW MUSIC

Spice Girls: How Girl Power Changed Britain

Tuesday, C4 HD, 9pm

It's been 25 years since the Spice Girls released their first smash hit *Wannabe* on 8 July 1996.

The single ended up spending seven weeks at number one, and catapulted five unknown girls – Victoria Adams, Mel Brown, Emma Bunton, Mel Chisholm and Geri Halliwell – to global superstardom.

Now, a new C4 documentary uses revealing interviews and archive footage to tell their story, which saw them become the biggest-selling girl band of all time.

Starting with the origins of the group, which was formed following auditions in 1994, the film also examines the Spice Girls' legacy through the lens of 21st-century feminism.

FEMINISM

'Twenty years ago, if you said the word feminism, you thought of those bra-burning protesters,' Geri said in 2017. 'For me, girl power embodies much more than a gender. Everybody deserves the same treatment, whatever race, gender or age you are.'

Performing at the Olympics

In their first two years of fame, Posh, Scary, Baby, Sporty and Ginger, as the Spice Girls were nicknamed, had five further number ones.

They also put their names to more than 100 products, including crisps and body spray, and had their own ranges of pyjamas, beach towels and dolls.

SHOCK SPLIT

But then, halfway through the 1998 Spiceworld tour, Geri quit.

'I'd known Geri for four years, we'd shared a room, we'd been through the most extraordinary experiences of our lives together,' said Victoria of her departure.

'She was one of my best friends. And she'd walked out without a word. What I felt was anger at the selfishness of it all, the betrayal.'

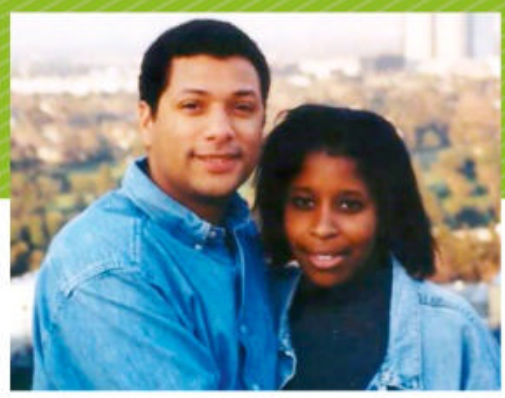
That wasn't the only fallout, however. The band officially broke up in 2001, but reunited for a world tour in 2007, which saw so many showdowns that they ended up cancelling gigs in Buenos Aires, Sydney, Cape Town and Beijing.

The band, without Victoria, has toured since. But the last time all five performed together was at the closing ceremony of the London Olympic Games in 2012.

They'd rehearsed the performance for a week and a half, but were still absolutely petrified.

'The routine was quite technical, which added an element of danger,' Mel C later revealed. 'But there was a huge roar as we entered the stadium, and that gave us an extra boost of adrenaline. We're not known for being particularly slick. In fact, shambolic is more like it. But it went perfectly.'

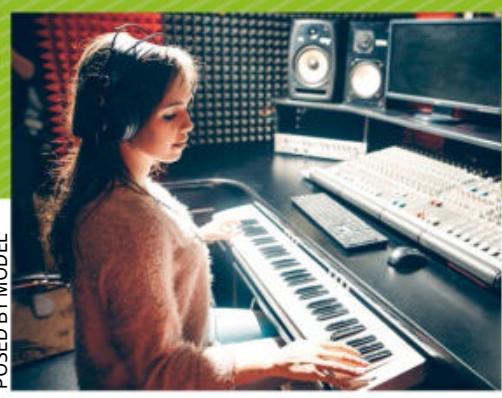
WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: ALAMY, BBC, SKY



9/11: Four Flights

Saturday, Sky History HD, 9pm

To mark 20 years to the day since the 11 September terrorist attacks, this two-hour programme features personal stories from the family and friends of those who were aboard each of the four hijacked planes as passengers, crew and air traffic controllers tried to intercept the jets before they crashed.

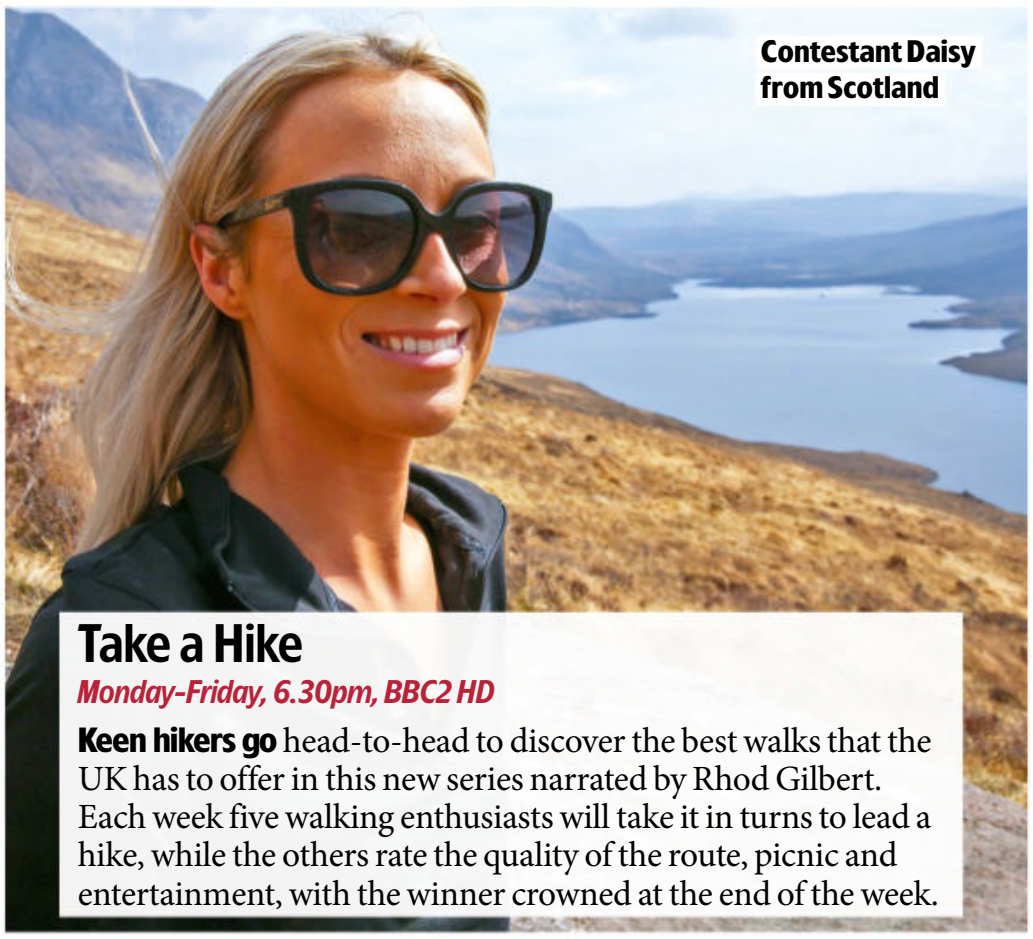


POSED BY MODEL

Look Away

Monday, Sky Documentaries HD & Sky Showcase HD, 9pm

An exploration of the darker side of the music industry as women give accounts of their experience of abuse and harassment in the 1970s and 1980s. It was a time when rock music fostered a culture where relationships with underage girls were normalised.



Contestant Daisy from Scotland

Take a Hike

Monday-Friday, 6.30pm, BBC2 HD

Keen hikers go head-to-head to discover the best walks that the UK has to offer in this new series narrated by Rhod Gilbert. Each week five walking enthusiasts will take it in turns to lead a hike, while the others rate the quality of the route, picnic and entertainment, with the winner crowned at the end of the week.

Patrick Kielty: One Hundred Years of Union

Thursday, BBC1 HD (BBC2, Wales), 9pm

To mark the 100th anniversary of the creation of Northern Ireland, Patrick Kielty, whose father Jack was killed in the Troubles, looks into the wave of unrest caused by the trade border in the Irish Sea, and asks what the next chapter will be in the region's turbulent history.

DID YOU KNOW?

Antony Gormley's model of his *Angel of the North* sculpture was valued at £1 million in a 2008 episode of *Antiques Roadshow* – more than Gateshead Council paid for the actual artwork in 1998. **Antiques Roadshow** returns to **BBC1 HD on Sunday at 8pm**.

Killers: Fred and Rose West

Legacy of EVIL

The search for the missing victims of **Fred and Rose West**

NEW CRIME

Fred and Rose West: Reopened

Wednesday & Thursday, ITV HD, 9pm

Did serial killer Fred West murder 20 more young women and girls and bury them on a farm in Gloucestershire? That's the question ITV's two-part documentary, *Fred and Rose West: Reopened*, hopes to answer.

The husband and wife became the most infamous serial killers in Britain when it was discovered they'd tortured and murdered 12 women and girls during the 1970s and 1980s, including their own 16-year-old daughter, Heather.

But there have long been rumours that there were at least a further 20 victims. Now a two-part ITV series, hosted by Sir Trevor McDonald, follows criminal experts DCI Colin Sutton, investigative psychologist Dr Donna Youngs and Howard Sounes (author of *Fred & Rose*), as they investigate.

'As his solicitor, dealing with Fred West led me to believe that others had been killed,' says Howard Ogden, who represented West before his death in 1995. 'It's the tip of the iceberg and inevitably there are other victims who are yet to be found.'

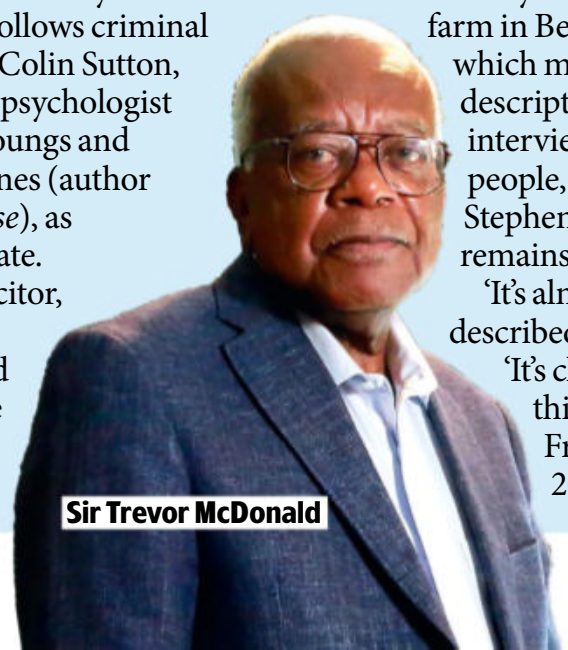
MYSTERY FARM

The experts start by looking into clues regarding the whereabouts of the mystery farm, as well as the identity of some of West's potential victims. It turns out that during the time West was preying on young women in the Gloucester area, several young girls went missing from care homes.

Meanwhile, Sir Trevor meets a woman who's convinced she had a narrow escape from West when she was a teenager, as well as the sister-in-law of suspected victim Mary Bastholm, who was 15 when she disappeared from a Gloucester bus stop in 1968.

Eventually the team locate a farm in Berkeley village, which matches the description West gave in interviews and to several people, including his son, Stephen. But will any remains be found there?

'It's almost exactly as described,' says Sir Trevor. 'It's chilling to think that this is the place where Fred West may have 20 bodies buried.'



Sir Trevor McDonald

Films *This week's*

reviewed by **Total Film Magazine**

Gunpowder Milkshake

Doctor Who's **Karen Gillan** goes from companion to contract killer

ACTION THRILLER

Friday, Sky Premiere HD, 10am & 8pm ★★★

Although the opening of *Gunpowder Milkshake* features a man being shot point blank in the head, it isn't the bloody massacre you might expect. Karen Gillan stars as Sam, a hitwoman who inadvertently sparks off a gang war. It's partly a comedy, partly a tearjerker about a mum and daughter torn apart by decades of bloodshed. But mostly it's a high-velocity, hyper-stylised bullet ballet.

As over the top as all the blood and glitter might be, however, there is a very human story underneath. Gillan's Sam is both a ruthless assassin and a tragic, unmoored figure, still smarting after her mother vanished from her life after a botched assignment years ago. So when her latest gun battle leaves an eight-year-old girl in jeopardy she is determined not to repeat her mother's mistakes.

It might not be easy to wedge a coming-of-age drama into the middle of an orgy of kinetic ultra-violence, but *Gunpowder Milkshake* somehow manages it.

Gillan does an admirable job of balancing vulnerability with sociopathy and her supports are dynamite, particularly Sam's trio of ass-kicking, gun-toting protectors (Angela Bassett, Carla Gugino and Michelle Yeoh) and her hard-as-nails mother, Scarlet (Lena Headey).

Fans of overdriven action films such *Crank* or the *John Wick* series should find much to like. *KM* 2021, 15, 104MIN

Explosive mix: Karen and co have blood on their hands

PREMIERE OF THE WEEK

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

DRAMA

End of Sentence

Tuesday, Sky Premiere HD, 9.55am & 10pm ★★★

A widower (John Hawkes) is joined by his estranged, ex-convict son (Logan Lerman) to spread the ashes of his late wife in her Irish homeland. Deeper than its flat aesthetic suggests, a conventional bonding-on-the-road story subverts the roles so that Hawkes plays the shy, kindly one while Lerman is a volatile cocktail. Strong subtexts and performances overcome the familiar film-making, with Sarah Bolger's support turn helping to keep the film on its toes. *MA* 2020, 15, 87MIN

John and Logan reach a full stop

ROMANTIC DRAMA

23 Walks

Thursday, Sky Premiere HD, 10.45am & 10pm ★★

The titular strolls in Paul Morrison's romantic drama chart the relationship between dog walkers Dave Johns and Alison Steadman. The film's leisurely pace and unassuming simplicity promise a soothing balm. But this would-be middlebrow crowd-pleaser is gradually undone by its clumsy reveal of various secrets, and some half-baked agitprop about social housing. *SK* 2020, 12, 116MIN

Dave and Alison lead the way

NEW RELEASE EVERY DAY

premieres

Things can only get better for Steven and Han

DRAMA

Minari

Sunday, Sky Premiere HD, 9.55am & 8pm ★★★★

Despite its portraits of compromised American dreams, Lee Isaac Chung's family drama is not the sentimental film you might expect. Like the Korean herb its name comes from, Minari is a film of more distinct nuances: steeped in rich reserves of empathy, it honours the minutiae of lived-in experience. Chung focuses on a Korean-American family as they decamp from California to an Arkansas trailer. The father, Jacob (Steven Yeun), has big dreams, but they are soon complicated, leaving wife Monica (Han Ye-ri) frustrated. Meanwhile, poorly son David (Alan S Kim) finds himself hanging out with wily granny Soon-ja (Yuh-jung Youn). When catastrophes happen, Chung treats them as matters of life rather than emotional landmines. And even if Chung's narrative focus can meander, his tonal nurturing lends this affecting, of-the-moment tale the unmistakable minor-key tenor of truth. *KH* 2020, 12, 120MIN

Cold shoulder: Sophie and Matt

HORROR ROMANCE

Rose: A Love Story

Wednesday, Sky Premiere HD, 10.15am & 8pm ★★★★

The question of what we would do for love is at the centre of this odd but intriguing British movie. Rose (Sophie Rundle) seems to have some kind of condition that means her life must be regimented with military precision by her gruff but loving husband Sam (Matt Stokoe) – and any deviation could be devastating. A tender love story with a bloody, pumping heart at its core. *NP* 2020, 15, 86MIN

COMEDY

Pixie

Saturday, Sky Premiere HD, 10.15am & 10pm ★★★

This fresh-feeling Irish caper stars Olivia Cooke as the titular Sligo schemer, who takes up with two naïve best mates (Ben Hardy and Daryl McCormack) when they acquire a stash of MDMA and a dead body. It's no great shakes, but director Barnaby Thompson keeps things brisk and breezy, while cameos from Dylan Moran and Alec Baldwin raise a smile. *JM* 2020, 15, 93MIN

Hands up: Daryl, Olivia and Ben

Chris is game for anything

COMEDY

Hero Mode

Monday, Sky Premiere HD, 9.45am & 10pm ★★

This story of a scrappy videogame development company ironically feels unable to compete with the major players. Troy (Chris Carpenter) is an awkward teen who wants to follow in the path of his game-creating parents. After a major faux-pas he gets his chance, but has just 30 days to create an industry-beating game. Despite big-name support (Mira Sorvino and Sean Astin) and a warm spirit, this is let down by amateur production values and a weak script. *MM* 2021, PG, 98MIN

PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms

Bob rolls with the punches

ACTION

Nobody

On all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Bob Odenkirk stars as jaded everyman Hutch, facing the diminishing returns of a middle-aged, middle-class suburban existence. But his previous life as a ruthless assassin comes to the fore following a home invasion and a simple act of retribution quickly escalates into a full-on war with the Russian mob. Odenkirk does a remarkable job of convincing us that he's the most dangerous man in town, plunging the viewer into a breathless succession of murder set-pieces. *KM* 2020, 15, 92MIN

Scarlett's ready for action

FANTASY

Black Widow

On all week ★★★★

Sex ●●● Violence ●●● Language ●●●

The long-awaited standalone movie for the super-skilled Avenger is mostly set in 2016, as Scarlett Johansson's Natasha embarks on a globe-trotting mission with fellow Widow Yelena (Florence Pugh) that reunites them with parental figures Melina (Rachel Weisz) and Alexei (David Harbour, stealing the biggest laughs). Its status as a more grounded Marvel movie is questionable (Natasha falls unscathed from high buildings), but it delivers plenty of rousing action and emotion and, despite a two-hour-plus runtime, never drags. *MM* 2021, 12, 134MIN

FilmFinder The best of the week at a glance

Comedy

Logan Lucky ★★★★

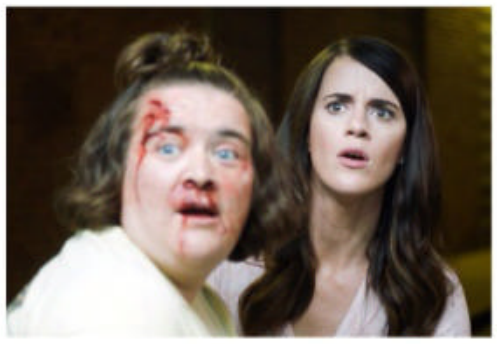
Saturday, Sky Cinema Comedy HD, 7.20am & 6.30pm

An appealing caper, this entertaining film revolves around a raid on a Nascar race cooked up by Channing Tatum's ill-fated striver. 2017, 12, 116MIN

Save Yourselves! ★★★

Monday, Sky Cinema Comedy HD, 10.45am & 9pm

Sunita Mani and John Reynolds are stuck in their remote getaway when ravenous aliens invade. A fun, if messy sci-fi comedy. 2020, 15, 93MIN



Golden Arm ★★★

Tuesday, Sky Cinema Comedy HD, 9.40am & 8.25pm

Expletive-rattling trucker Betsy Sodaro makes her timid friend Mary Holland a force to be reckoned with in the world of female arm-wrestling. 2020, 15, 90MIN

Nick & Norah's Infinite Playlist ★★★★

Friday, GREAT! movies, 4.40pm

Michael Cera is band member Nick, Kat Dennings is college-bound Norah, and this lovely romcom follows the pair through one night. 2008, 12, 89MIN

Fantasy

Spider-Man: Homecoming ★★★★

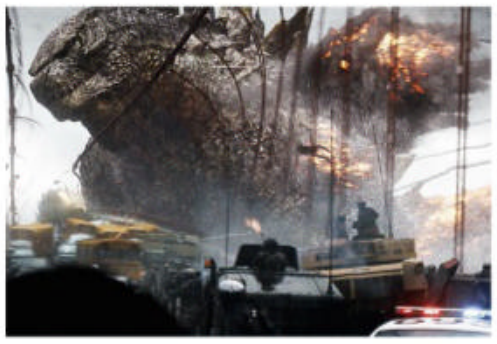
Saturday, Sky Hits HD, 10.25am & 10pm

In yet another reboot of the Marvel Comics superhero's web-slinging adventures, Tom Holland proves a good fit in the Spidey suit. 2017, 12, 133MIN

At First Light ★★★

Saturday, Syfy HD, 11pm

Teenager Stefanie Scott goes on the run with a high-school admirer (Théodore Pellerin) after a brush with an extraterrestrial force gives her telekinetic powers. 2017, 12, 87MIN



Godzilla ★★★

Wednesday, Sky Action HD, 8.10am & 8pm

The big beastie is rebooted for another bout of monster mayhem, with the fate of mankind resting on Godzilla seeing off some other fearsome fiends that have broken loose. 2014, 12, 123MIN

The Incredible Hulk ★★★

Thursday, Film4 HD, 11.20pm

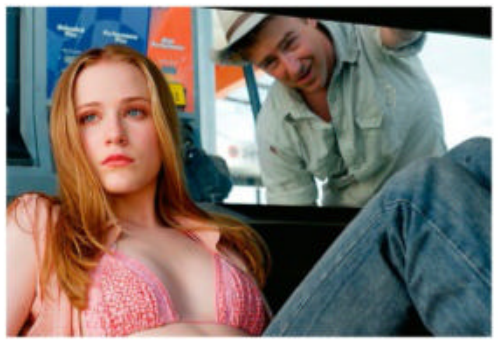
A fast-paced sequel to the 2003 outing for Marvel Comics' not-so-jolly green giant with Edward Norton replacing Eric Bana as the tormented scientist-turned-monster. 2008, 12, 112MIN

Drama

Evening ★★★★

Sunday, GREAT! movies, 1.40pm

Vanessa Redgrave, Meryl Streep, Claire Danes and Toni Collette enrich this wonderful tearjerker. Redgrave plays a dying matriarch recalling her first love 50 years earlier. 2007, 15, 132MIN

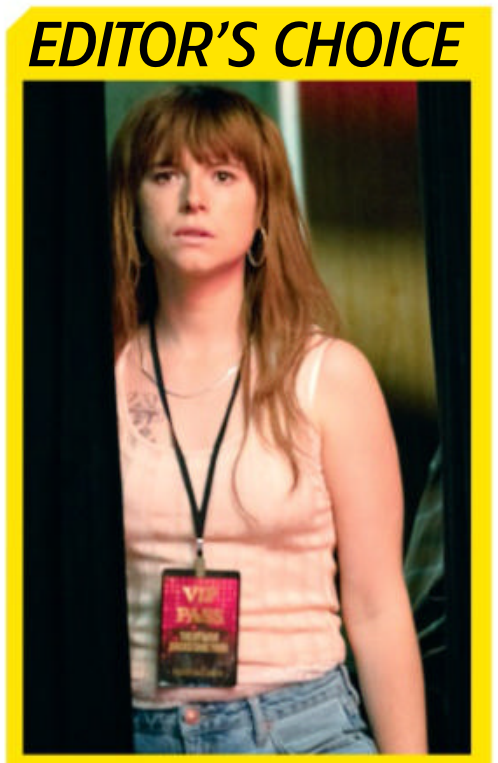


Down in the Valley ★★★★

Sunday, AMC HD, 12midnight

Drifter Edward Norton works in an LA gas station, where he charms teen Evan Rachel Wood, enraging her dad, David Morse. A clever modern-day Western and romance. 2005, 15, 112MIN

EDITOR'S CHOICE



Wild Rose ★★★★

Wednesday, Film4 HD, 9pm

Jessie Buckley takes us on an emotional rollercoaster as Glaswegian single mum Rose. She's fresh out of prison and burning with the dream of making it to Nashville as a country music singer – she has talent to burn. And an unexpected new mentor (Sophie Okonedo) is urging her on. Can her no-nonsense mother (Julie Walters) get her head out of the clouds? This terrific music drama is both down to earth and rousingly feel-good. 2018, 15, 100MIN

Action

John Wick ★★★★

Sunday, Sky Action HD, 9am & 9pm

Keanu Reeves bounced back to box-office form with this enjoyable thriller, the first (and best) in the series, which finds his former hitman out for revenge. 2014, 15, 101MIN

Cliffhanger ★★★

Monday, Sky Action HD, 7.05am & 6.25pm

Ace climber Sylvester Stallone is the man on hand to stop John Lithgow finding his stolen loot after his gang crash-lands in the Colorado mountains. A cracking yarn. 1993, 15, 112MIN

The Man from U.N.C.L.E. ★★★★

Thursday, Sky Action HD, 8.50am & 8.40pm

Guy Ritchie's stylish reboot of the classic 1960s TV spy series is an action-packed caper starring Henry Cavill and Armie Hammer. 2015, 12, 116MIN

Wild Card ★★★

Thursday, GREAT! movies, 9pm

Jason Statham does what he does best in this action revenge movie, which means his gambling addict bodyguard gets to dispense some serious personal justice in Las Vegas. 2015, 15, 92MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Weekend movies

Saturday 11 September

COMEDY

Bill & Ted Face the Music

Sky Sci-Fi/Horror HD, 12.05pm & 2.55am ★★★

Sex ●●● Violence ●●● Language ●●●

Back after a 28-year absence, Bill (Alex Winter) and Ted (Keanu Reeves) are no closer to writing their song that will save the world. Their plan? Travel forward in time and steal said song from their future selves… The duo's classic chemistry holds up and Samara Weaving and Brigette Lundy-Paine, as the dudes' daughters, are a delight. Not quite an excellent adventure, it's still light and brisk, sprinting to a finale that's predictable, but offers an amiable riff on the power of friendship and unity. 2020, PG, 91MIN

Who you gonna call? Alex and Keanu are back

FANTASY

Deadpool

C4 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Bursting at the seams with snarky irreverence and bad-taste jokes, *Deadpool* is simultaneously the most 'adult' Marvel movie to date and the most juvenile. Delivering a running commentary on the action, Ryan Reynolds plays the title character, former Special Forces operative-turned-disfigured mercenary Wade Wilson, aka Deadpool. Like him, the film is snide, scabrous, gleefully twisted, violent – and wickedly funny. 2016, 15, 108MIN

FANTASY ADVENTURE

Mortal Engines

C4 HD, 11.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

Based on the series of young-adult novels by fantasy author Philip Reeve, this adventure is well worth a watch for its dazzling steampunk visuals, rousing action and cliffhanger thrills. The film's bizarre setting is a post-apocalyptic future in which London has become a giant predator city on wheels. Hera Hilmar's young heroine teams up with Robert Sheehan's historian to throw a spanner in the works. 2018, 12, 128MIN

EPIC

Gladiator

ITV HD, 10.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

For sheer spectacle, director Ridley Scott's Oscar-winning re-creation of life in the Roman Colosseum is hard to beat. As the camera swirls around the arena, stoic army general-turned-slave Maximus Decimus Meridius (Russell Crowe) awaits his moment to get revenge on malicious Emperor Commodus (Joaquin Phoenix). Yet for all the technical bravado and shuddering combat scenes, you never fully engage with the characters. 2000, 15, 154MIN

Also on Saturday

Logan Lucky
Sky Cinema Comedy HD, 7.20am & 6.30pm ★★★★
See Filmfinder page 24.

Pixie
Sky Premiere HD, 10.15am & 10pm ★★★
See Premieres page 23.

Spider-Man: Homecoming
Sky Hits HD, 10.25am & 10pm ★★★★
See Filmfinder page 24.

Puss in Boots
E4 HD, 2.45pm ★★★★
The outlaw origins of Shrek's pal.

At First Light
Syfy HD, 11pm ★★★
See Filmfinder page 24.

Full listings start on p35

Sunday 12 September

COMEDY

Sorry to Bother You

BBC2 HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A struggling young black man begins a dizzying ascent up the corporate ladder at a California telemarketing firm after he discovers his ability to adopt a 'white' voice when he cold calls prospective clients.. From then on things get ever more surreal in this scaldingly funny satire. It spins out of control towards the end, but Lakeith Stanfield makes an engagingly befuddled hero, ably supported by Tessa Thompson as his vexed girlfriend, while Armie Hammer is hilariously over-the-top as his scheming boss. 2018, 15, 112MIN

Money talks: Tessa and Lakeith need a lucky break

ANIMATION

Corpse Bride

ITV2 HD, 2.55pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Co-directors Mike Johnson and Tim Burton lovingly crafted this ghoulish fairy tale using old-style stop-motion animation. Johnny Depp provides the voice of the film's hero, a sallow youth who inadvertently finds himself betrothed to the title character (Helena Bonham Carter) and dragged down to live in the underworld. None of this is quite as morbid as it sounds, thanks to the film's witty script and cheerful sense of the absurd. 2005, PG, 77MIN

ADVENTURE

Harry Potter and the Deathly Hallows: Part II

ITV HD, 4.20pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

After 10 years and eight films, JK Rowling's *Harry Potter* saga reaches a spellbinding conclusion. It's a dark and thrilling ride as Voldemort's army of Death Eaters prepares to launch a final assault on Hogwarts, while Harry, Ron and Hermione race to find the final fragments of the Dark Lord's soul to defeat him. Director David Yates and his creative team are all at the top of their game. 2011, 12, 130MIN

ANIMATION

Brave

BBC1 HD, 3.10pm (Wales 2.40pm) ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in a mythic medieval Scotland, this is a splendid, Oscar-winning animated adventure from Pixar. Flame-haired Merida (voiced by Kelly Macdonald) is the tomboy daughter of bluff, big-hearted King Fergus (Billy Connolly) and regal Queen Elinor (Emma Thompson), whose attempt to choose her own destiny after her parents declare that it is her duty to marry provokes a beastly curse. 2012, PG, 100MIN

Also on Sunday

John Wick
Sky Action HD, 9am & 9pm ★★★★
See Filmfinder page 24.

Minari
Sky Premiere HD, 9.55am & 8pm ★★★★
See Premieres page 23.

Evening
GREAT! movies, 1.40pm ★★★★
See Filmfinder page 24.

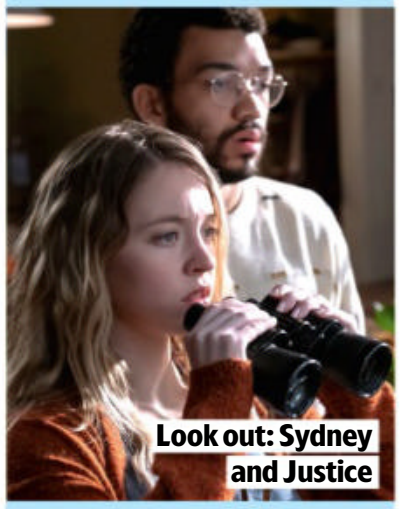
Bewitched
Syfy, 9pm ★★★
Nicole Kidman in a cheery spoof.

Down in the Valley
AMC HD, 12midnight ★★★★
See Filmfinder page 24.

Full listings start on p45

BEST OF THE NEW MOVIES ON AMAZON

Our pick of On Demand films


Look out: Sydney and Justice

EROTIC DRAMA

The Voyeurs

From Fri 10 Sept ★★

Sex ●●● Violence ●●● Language ●●●

Young couple Pippa (Sydney Sweeney) and Thomas (Justice Smith) land an incredible pad that looks over the apartment of another, impossibly cool pair (Ben Hardy and Natasha Liu Bordizzo). Pippa becomes obsessed with watching them, and it's her insatiable curiosity that leads all of them down a nightmarish path. What starts out as a tense, uncomfortable and initially intriguing thriller becomes increasingly senseless and – at over two hours – overlong. However, the cast is great, and it's directed with real panache. *NP* 2021, 18, 123MIN

Max is the centre of attention

MUSICAL

Everybody's Talking About Jamie

From Fri 17 Sept ★★★★

Sex ●●● Violence ●●● Language ●●●

Jonathan Butterell's feature debut gives his own musical a glossy makeover while retaining the original's cheeky, scrappy charm. Max Harwood stars as Jamie New, a 16-year-old from Sheffield who dreams of being a drag queen. The sight of Richard E Grant in wig and heels as Jamie's mentor Loco Chanelle is not one you're likely to forget in a hurry. Yet newcomer Harwood is a delightful find, while Sarah Lancashire nails every scene as his super-supportive mother. *NS* 2021, 12, 115MIN

Weekday movies over page

Weekday movies

Monday 13 September

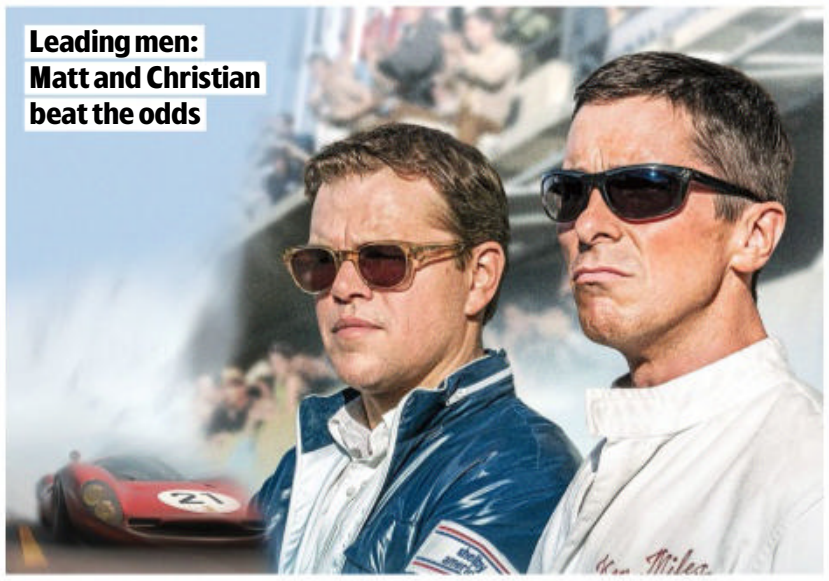
SPORTS DRAMA

Le Mans '66

Sky Action HD, 10.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on a true story, this supercharged motor-racing drama stars Matt Damon as American car designer Carroll Shelby and Christian Bale as hot-headed British driver Ken Miles. Together, the pair aim to steer Ford to victory in the 24-hour marathon at Le Mans in 1966 ahead of Italian rivals Ferrari, while also trying to manoeuvre around their own obstructive executives. The action on the racetrack is furiously exciting, so we can almost feel every bump and judder and smell the fumes. 2019, 12, 152MIN



Leading men: Matt and Christian beat the odds

DRAMA

Black Swan

Sky Drama HD, 1.30pm & 8.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Oscar-winning Natalie Portman plays a ballerina whose mind unravels after she lands the lead role in *Swan Lake*. Vincent Cassel plays her manipulative director, Barbara Hershey her overbearing mum and Winona Ryder an ageing ballerina, but it is Mila Kunis' talented dancer who kick-starts Portman's descent. Though overhyped on its release, this is a compelling melodrama that will keep you on your toes. 2010, 15, 108MIN

COMEDY DRAMA

Two for the Money

AMC HD, 11.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

Al Pacino fires on all cylinders in this scurrilous comedy drama about a Svengali-like sporting tipster who takes a naive, washed-up American football player (Matthew McConaughey) under his wing and transforms him into a slick, soulless media monster. Loosely based on a true story, the film pulls its punches at times, but is still an enjoyable satire about the pitfalls of runaway ambition, greed and fame. 2005, 15, 123MIN

HORROR

The Exorcist

Sky Sci-Fi/Horror HD, 9.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Director William Friedkin's controversial chiller is the blueprint for countless horror movies. Ellen Burstyn's on good form as a mum whose daughter (Linda Blair) is possessed by a demon, while Jason Miller and Max von Sydow are the priests trying to help. Blair's performance is unnerving, though the special effects (rotating heads, green vomit, bad skin) are more laughable than scary. 1973, 18, 121MIN

Also on Monday

The Next Three Days
Sky Thriller HD, 8.15am & 6.10pm ★★★★
Russell Crowe in a gripping thriller.

Hero Mode
Sky Premiere HD, 9.45am & 10pm ★★
See Premieres page 23.

Save Yourselves!
Sky Cinema Comedy HD, 10.45am & 9pm ★★★
See Filmfinder page 24.

Cliffhanger
Sky Acton HD, 6.25pm ★★★
See Filmfinder page 24.

The Untouchables
ITV4 HD, 10.15pm ★★★★★
A top-notch gangster movie.

Full listings start on p55

Tuesday 14 September

ACTION

Angel Has Fallen

Sky Assassins HD, 10.05am & 6.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

Gerard Butler's maverick, terrorist-foiling secret service agent Mike Banning is back for a third round of gung-ho derring-do in this entertaining sequel to *Olympus Has Fallen* and *London Has Fallen*. Here, he's taken the fall for an assassination attempt on Morgan Freeman's US President and has to evade his own agency and the FBI long enough to expose the real threat. It's another guilty-pleasure slice of fun, helped along by a scene-stealing Nick Nolte as Banning's crusty Vietnam vet dad. 2019, 15, 118MIN

On the run: Gerard keeps a low profile

WAR DRAMA

Lone Survivor

Sky Thriller HD, 6.15am & 5.25pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on Marcus Luttrell's first-hand account of a disastrous US military mission in Afghanistan in 2005, this intensely powerful action movie stars Mark Wahlberg as a member of a Navy SEAL team (Taylor Kitsch, Emile Hirsch and Ben Foster play his comrades) sent into hostile terrain to locate a Taliban commander, only to find themselves in a ferocious firefight against overwhelming odds. 2013, 15, 121MIN

MUSICAL

The Greatest Showman

Film4 HD, 7pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A musical extravaganza inspired by the life of 19th-century circus impresario PT Barnum, with Hugh Jackman as the ideal ringmaster. Snubbing snobs in New York, he starts his own theatre with a bunch of oddballs and misfits, allowing them to shine. Zac Efron, Michelle Williams, Rebecca Ferguson and Zendaya provide colourful support and director Michael Gracey supplies the spectacle. 2017, PG, 105MIN

DRAMA

Never Rarely Sometimes Always

Sky Hits HD, 11.15am ★★★★

Sex ●●● Violence ●●● Language ●●●

A pregnant teenager and her supportive cousin travel from small-town Pennsylvania to New York in a bid to procure an abortion, but they face problems and obstacles at every turn. This powerfully understated, quietly political and touchingly empathetic drama about a young woman's all-too-recognisable ordeal boasts superb performances from Sidney Flanigan and Talia Ryder. 2020, 15, 101MIN

Also on Tuesday

Golden Arm
Sky Cinema Comedy HD, 9.40am & 8.25pm ★★★
See Filmfinder page 24.

End of Sentence
Sky Premiere HD, 9.55am & 10pm ★★★
See Premieres page 22.

Passport to Pimlico
Talking Pics, 4.15pm ★★★★
A witty Ealing comedy.

Into the Ashes
GREAT! movies, 9pm ★★★★
Luke Grimes' dark past catches up.

Imperium
AMC HD, 12.10am ★★★
Daniel Radcliffe's FBI agent poses as a skinhead in this tense drama.

Full listings start on p65

Wednesday

PERIOD DRAMA

The Beguiled

BBC2 HD, 11.15pm (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Sofia Coppola directs an atmospheric remake of Clint Eastwood's 1971 melodrama about a wounded Union soldier who finds refuge in a girls' boarding school during the Civil War. Nursed back to health by Nicole Kidman's

Soldiering on: Colin catches Elle's eye

COMEDY

The Comeback Trail

Sky Cinema Comedy HD, 8.50am & 7.25pm ★★★

Sex ●●● Violence ●●● Language ●●●

Sleazy 1970s Hollywood film producer Robert De Niro, in debt to a mob boss (Morgan Freeman), hits on the idea of a scam in which he plots to kill off the washed-up star (Tommy Lee Jones) of his new Western movie to claim the insurance money. But naturally things don't quite go to plan... This comedy fails to make the most of its fantastic cast, but there's still much to enjoy and Jones is a hoot. 2020, 12, 104MIN

COMEDY

An American Pickle

Sky Hits HD, 4.15pm & 4.25am ★★★

Sex ●●● Violence ●●● Language ●●●

In early 20th-century New York, Eastern European Seth Rogen arrives with his wife (Sarah Snook), but ends up being pickled. A century later, he's magically reanimated and meets his great grandson (Rogen again), a slacker who's been working on an app for five years. This amiable cross-culture comedy may lack laugh-out-loud moments, but Rogen's warmth makes him pleasant company. 2020, 12, 88MIN

15 September

headmistress, Colin Farrell's Yankee is soon stirring up rivalries, jealousies and sexual and romantic longings among the women and girls. Coppola keeps the film on the boil as Kirsten Dunst's teacher yearns for escape, Elle Fanning's schoolgirl flirts coquettishly and even steely Kidman finds her resolve wavering. 2017, 15, 94MIN

DRAMA

Everest

C4 HD, 2.10am ★★★★

Sex ●●● Violence ●●● Language ●●●

Capturing the awe and terror of the world's highest mountain with heart-stopping intensity, this sober, unsentimental account of the 1996 Mount Everest climbing disaster is utterly gripping. Jason Clarke and Jake Gyllenhaal play the leaders of two rival expeditions who have to endure truly harrowing conditions when they are trapped by a blizzard. The film conveys their desperate ordeal with bone-chilling realism. 2015, 12, 121 MIN

Also on Wednesday

Godzilla
Sky Action HD, 8.10am & 8pm ★★★
See Filmfinder page 24.

Rose: A Love Story
Sky Premiere HD, 10.15am & 8pm ★★★★
See Premieres page 23.

Pan's Labyrinth
Sky Drama HD, 2.45pm & 11pm ★★★★★
Guillermo de Toro's fabulous fantasy.

Dial M for Murder
TCM HD, 3.20pm ★★★★
A scissor-sharp Hitchcock movie.

Wild Rose
Film4 HD, 9pm ★★★★
See Editor's Choice page 24.

Full listings start on p75

Thursday 16 September

ACTION THRILLER

Jack Reacher: Never Go Back

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise follows up his 2012 outing as author Lee Child's righter of wrongs with another round of bruising vigilante action. Throwing himself into the role with gusto, the star's confidence lets us go along with Reacher's far-fetched feats of derring-do as he tries to clear a military police officer (Cobie Smulders) who's been framed for treason, his mission complicated by the presence of a 15-year-old runaway (Danika Yarosh) who may – or may not – be his biological daughter. 2016, 12, 118MIN

Mission improbable: Tom thinks there's something amiss

SCI-FI ACTION

Elysium

Sky Action HD, 4.30pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This sci-fi adventure is both a gripping action thriller and a striking tale of social inequality. The film is set in the squalid shanty towns of 2154 Earth, where Matt Damon's shaven-headed factory worker receives a lethal dose of radiation in an industrial accident. His only chance of survival is to get to *Elysium*, a vast orbiting space station where the ultra-wealthy minority live in luxury and have access to the best hi-tech medicine. 2013, 15, 109MIN

BIOPIC

Straight Outta Compton

ITV4 HD, 12.05am ★★★

Sex ●●● Violence ●●● Language ●●●

This biopic of the five-strong rap group NWA chronicles the band's rise from the streets of LA's Compton in the mid-1980s to fame, fortune and fallings-out in the mid-1990s. Former NWA members Ice Cube and Dr Dre are two of the film's producers, which means that some of the more controversial aspects of the group's history have been tidied away, and the storytelling is quite conventional as well. 2015, 15, 157MIN

WORLD CINEMA

Birds of Passage

C4 HD, 1.50am ★★★★

Sex ●●● Violence ●●● Language ●●●

Set between 1960 and 1980 in the remote Guajira region of northern Colombia, this is a strikingly shot, sprawling family crime drama. Split into five chapters, the film incorporates the songs of a blind narrator and various dream sequences to focus on desert-dwelling characters from the indigenous Wayúu tribe as they are drawn into the drug trade and family relations are jeopardised by greed. Subtitled. 2018, 15, 125MIN

Also on Thursday

Entrapment
Sky Drama HD, 7.50am & 6pm ★★★
A fun crime caper.

The Man from U.N.C.L.E.
Sky Action HD, 8.50am & 8.40pm ★★★★
See Filmfinder page 24.

23 Walks
Sky Premiere HD, 10.45am & 10pm ★★
See Premieres page 22.

Wild Card
GREAT! movies, 9pm ★★★
See Filmfinder page 24.

The Incredible Hulk
Film4 HD, 11.20pm ★★★
See Filmfinder page 24.

Full listings start on p85

Friday 17 September

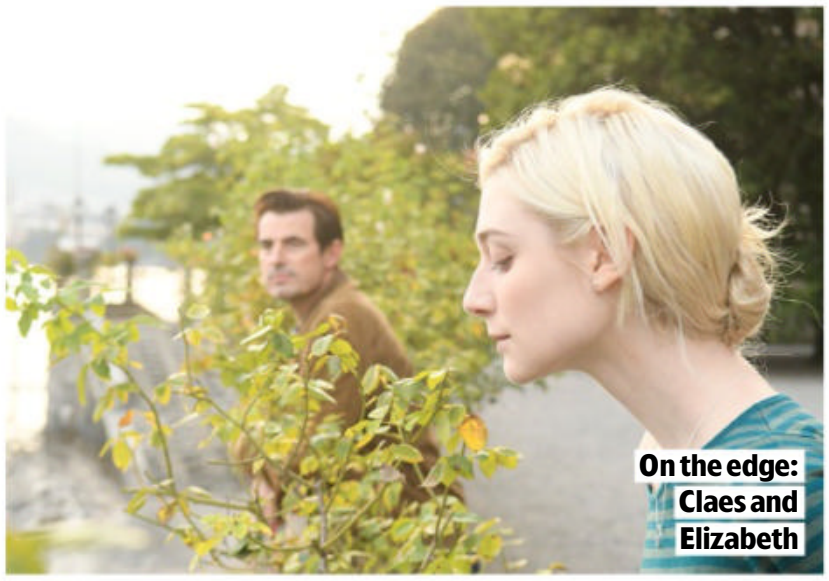
MYSTERY

The Burnt Orange Heresy

Sky Thriller HD, 6.50am & 1.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Art and intrigue elegantly fuse in this sophisticated mystery thriller, kicking off with art critic Claes Bang, along with new lady friend Elizabeth Debicki, spending a few days at the luxury Lake Como pad of a wealthy collector (Mick Jagger). Murky ulterior motives soon become apparent, though, involving a super-reclusive artist (Donald Sutherland) also staying on site. The film comfortably slips into film noir territory, as crimes and misdemeanours quickly escalate. 2019, 15, 99MIN



On the edge: Claes and Elizabeth

DRAMA

Rocky

ITV HD, 10.45pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

After all the sequels, it is easy to forget that the saga of boxer Rocky Balboa had such an auspicious beginning. Following in the footsteps of Charles Chaplin (*The Great Dictator*) and Orson Welles (*Citizen Kane*), Sylvester Stallone became only the third person to be nominated for both Best Actor and Best Screenwriter Oscars for the same film. The plot sets the tone for the entire series as unknown Rocky is given a shot at the world title. 1976, PG, 119MIN

FANTASY

The Huntsman: Winter's War

C4 HD, 11.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

Doing duty as both prequel and sequel to 2012's fairy-tale saga *Snow White and the Huntsman*, this fantasy cobbles together a new adventure for Chris Hemsworth's returning hero Eric and his fellow huntsperson Sara (Jessica Chastain). Sadly, the heroic couple are disappointingly dull, and it's up to Emily Blunt and Charlize Theron's fabulously attired wicked sisters to give the film some oomph. 2016, 12, 117MIN

COMEDY DRAMA

The Graduate

BBC1 HD, 11.35pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Robert Redford was the original choice to star in this adaptation of Charles Webb's best-selling novel – with Doris Day as Mrs Robinson. Now, it's impossible to imagine anyone other than Dustin Hoffman (engagingly flustered in his star-making role) and Anne Bancroft in the roles. The Simon & Garfunkel soundtrack and the agonising ending are perfect and the film continues to set the benchmark for any coming-of-age movie. 1967, 15, 105MIN

Also on Friday

Gunpowder Milkshake
Sky Premiere HD, 10am & 8pm ★★★
See Premieres page 22.

Nick and Norah's Infinite Playlist
GREAT! movies, 4.40pm ★★★★
See Filmfinder page 24.

Coach Carter
GREAT! movies, 6.25pm ★★★
Samuel L Jackson's school coach gets his pupils into shape.

RED
E4 HD, 9pm ★★★★
Bruce Willis is in the firing line.

Hud
Talking Pics, 12.15am ★★★★
Paul Newman on top form.

Full listings start on p95

Lionel Messi and Cristiano Ronaldo

Champions League

THE MAIN EVENT

It's all change for **Messi and Ronaldo** as the group stage begins

LIVE FOOTBALL

Tuesday & Wednesday, BT Sport 2 HD, BT Sport 3 HD & BT Sport/ESPN HD

Football's two greatest superstars face new challenges this week when Cristiano Ronaldo and Lionel Messi bid for Champions League glory once again – this time for their new teams, Manchester United and Paris Saint-Germain.

As the group stage gets underway, will Ronaldo, now 36, and Messi, 34, be able to add to their glittering achievements in European club football's biggest competition? Here, we look at the opening matches…

RONALDO'S NEW REIGN

Cristiano Ronaldo has won the Champions League five times in his career, scoring an incredible 134 goals in 176 appearances along the way. Now, he begins his quest to bring European success back to Manchester United, after winning the trophy in 2008 during his first stint at the club. The Red Devils travel to Young Boys for their opening Group F match (Tue, BT Sport 2 HD, kick-off 5.45pm), while Ole Gunnar Solskjær will be out for revenge against Villarreal later in the group stage after the Spanish side beat United in the final of last season's Europa League.

MESSI MAGIC

After scoring 120 Champions League goals for Barcelona, Lionel Messi makes his debut in the tournament for new club Paris Saint-Germain when Mauricio Pochettino's side take on Club Brugge (Wed, BT Sport/ESPN, k-o 8pm). The Argentina captain won four Champions League titles with Barcelona and will want to lead the French giants to their first ever crown. Manchester City are also in Group A and start their campaign at the Etihad against RB Leipzig (Wed, BT Sport 3, kick-off 8pm), who knocked out Manchester United last season.

CAN CHELSEA DEFEND THEIR CROWN?

With Romelu Lukaku and Saúl Ñíguez now in their ranks, the European champions begin the defence of their crown when they host Russian side Zenit St Petersburg in Group H (Tue, BT Sport 2, kick-off 8pm).

In Champions League history, only one reigning champion has failed to make it past the initial group stage the next year – Chelsea in 2012-13, who finished third in their group before lifting the Europa League that season. The group also includes Serie A's Juventus and Swedish side Malmö.

Romelu Lukaku

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES

Michail Antonio

EUROPA LEAGUE ACTION

West Ham fans will want Michail Antonio to keep finding the net when the Hammers return to European action for the first time in five years on Thursday as David Moyes' men travel to Dinamo Zagreb for their opening match in Group H of this season's Europa League (BT Sport 2, 5.45pm).

However, the pick of this week's matches is in Group C where **Leicester City** host a Napoli side captained by Euro 2020 star Lorenzo Insigne of Italy (BT Sport 2, 8pm).

Celtic visit Real Betis in Group G (BT Sport 3, 5.45pm) and Rangers entertain Lyon in Group A (BT Sport 3, 8pm).

The inaugural Europa Conference League features **Spurs** travelling to Rennes in Group G (Thu, BT Sport 1, 5.45pm).

ISTANBUL MEMORIES

Six-time winners Liverpool are in a tough Group B along with La Liga champions Atlético Madrid, Porto – winners in 1987 and 2004 – and seven-time European champions AC Milan, who the Reds host in their opening match (Wed, BT Sport 2, kick-off 8pm). Liverpool beat Milan in the 2005 final in Istanbul, though the Italians gained revenge in Athens two years later. The Rossoneri are back in the Champions League for the first time since 2014, and have recruited Olivier Giroud – who was on the bench when Chelsea lifted the trophy in May.

Danny Care with the Premiership trophy

Rugby Premiership

Harlequins' title-winning scrum-half **Danny Care** previews the new season

LIVE RUGBY UNION

Bristol Bears v Saracens

Friday, BT Sport 1 HD, kick-off 7.45pm

The new Premiership season kicks off on Friday when Saracens mark their return to the top flight with a trip to Ashton Gate to face Bristol Bears. Sarries were relegated at the end of the 2019-20 season for salary cap breaches, but secured an instant return by winning the Championship.

Champions Harlequins, meanwhile, start the defence of their title on Saturday 19 September by visiting Newcastle, where they will come up against their former full-back Mike Brown, who swapped the Stoop for Kingston Park this summer.

With BT Sport showing three live matches from every round, we met up with Quins and England scrum-half Danny Care to talk about the season ahead…

Congratulations on winning the title. It was a remarkable turnaround after a difficult start, wasn't it? It was crazy considering where we were just after New Year to then go on and win the league. We deserved it in the end and we're proud we did it playing a brand of rugby that people enjoyed watching. I am lucky to have won the Premiership twice, and this one was the best moment of my career.

What's the mood of the camp as you get set to defend the title? Now we are the team everyone wants to beat. But we will stay true to ourselves, throw the ball around, and hopefully win a few games this year.

What will it be like having Saracens back in the Premiership? Last season was an anomaly without Sarries. They went down, did their time, and now they'll want to shut a few people up. They have got some of the best players in the world and they will want their trophy back.

Who else will be title contenders? It will be really hard to win the league. Bristol were great last season, and Bath and Leicester will be in the mix.

Leicester's Jack van Poortvliet

You face Mike Brown in your first match at Newcastle. Will he be a big miss? Mike has worn the Quins shirt more than anyone in history and those are big shoes to fill, but Tyrone Green was probably our best player at the end of last season when he stepped into that role. And we've got other young players with real potential, such as Louis Lynagh and Cadan Murley.

Who else should we look out for? Young Leicester scrum-half Jack van Poortvliet, who led England Under-20s to a Six Nations Grand Slam. He is a star in the making.

Pierre Gasly

LIVE MOTORSPORT

Formula 1: Italian Grand Prix

Sunday, Sky Sports F1 HD & Sky Sports Main Event HD, race starts 2pm

The battle for this year's world championship continues at Monza where surprise winner Pierre Gasly took the chequered flag last year. This race will be the second to feature the F1 Sprint on Saturday, with more points up for grabs in the new 100km format. Monza's final corner, the Parabolica, will be renamed the Curva Alboreto this weekend to mark 20 years since the death of Italian driver Michele Alboreto.

LIVE MOTORCYCLING

MotoGP: Aragon

Sunday, BT Sport 2 HD, race starts 1pm

France's Fabio Quartararo goes into Sunday's race in Spain with a 65-point lead in the standings after winning the British Grand Prix two weeks ago. That victory was his fifth of the season and the 22-year-old Yamaha rider is closing in on his first World Championship. Spain's Álex Rins, riding for Suzuki, will be seeking a second victory on the circuit after winning at Aragon last year.

Fabio Quartararo

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Tall Tulips 'Triumph' Mixed x 25 bulbs A kaleidoscope of colour. Incredibly versatile, very strong and sturdy, with the classic tulip shape. **Flowers: Apr. Height: 50cm.**

Miniature Narcissi Mixed x 15 bulbs Brilliant in pots, this mixture produces plenty of pretty blooms from late February. Vigorous and strong. **Flowers: Late Feb-Apr. Height: 15-20cm.**

Crocus Mixed x 15 bulbs Striking spring flowers, great for pots and containers. **Flowers: Feb-Mar. Height: 20cm.**

Brodiaea x 55 bulbs Light violet, star-shaped trumpet blooms are held at the top of slender stems. Also known as Triteleia, these garden stars make long-lasting cut flowers. **Flowers: Jun-Jul. Height: 40cm.**

Allium Neapolitanum (White) x 30 bulbs Pure globes of lacy-white flowers. **Flowers: April – May. Height: 40cm.**

Muscari x 50 bulbs The well-loved grape hyacinth with spikes of deep blue, densely packed flower heads, great in beds and pots. **Flowers: Mar-Apr Height: 15cm.**

Allium Moly x 55 bulbs Bright yellow heads of tiny flowers. Great for beginners. **Flowers: May-Jun. Height: 50cm.**

Ipheion uniflorum x 55 bulbs The spring starflower has pale silver-blue star-shaped flowers. **Flowers: March. Height 25cm.**

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Sport week A-Z GUIDE This week's sport on TV

AMERICAN FOOTBALL

LIVE South Florida Bulls v Florida Gators
Sat 6pm BT Sport/ESPN

LIVE Notre Dame Fighting Irish v Toledo Rockets
Sat 7.30pm Sky Sports NFL

LIVE Iowa State Cyclones v Iowa Hakeyes
Sat 9.30pm BT Sport/ESPN

LIVE Arkansas Razorbacks v Texas Longhorns
Sat 12m't BT Sport 3

LIVE Michigan Wolverines v Washington Guskies
Sat 1am BT Sport/ESPN

LIVE BYU Cougars v Utah Utes
Sat 3.15am BT Sport 3

LIVE NFL
Sun 5pm Sky Sports NFL

LIVE NFL
Sun 9.15pm Sky Sports Main Event & Sky Sports NFL

LIVE Los Angeles Rams v Chicago Bears
Sun 1.15am Sky Sports Main Event & Sky Sports NFL

LIVE Las Vegas Raiders v Baltimore Ravens
Mon 1am Sky Sports Main Event; Sky Sports NFL & Channel 5

LIVE Washington Football Team v New York Giants
Thu 12.30am Sky Sports Main Event & Sky Sports NFL

LIVE Louisiana Ragin' Cajuns v Ohio Bobcats
Thu 1am BT Sport 1

LIVE Hamilton Tiger-Cats v Calgary Stampeders
Fri 12m't BT Sport 3

LIVE Louisville Cardinals v UCF Knights
Fri 12.30am BT Sport/ESPN

LIVE Saskatchewan Roughriders v Toronto Argonauts
Fri 2.45am BT Sport 3

ATHLETICS

LIVE Great North Run
Sun 9am BBC2
Coverage of the world's biggest half-marathon, which sees tens of thousands of runners of all abilities negotiate the challenging course from Newcastle upon Tyne to South Shields.

Cricket
England captain Heather Knight

AUSTRALIAN RULES

LIVE AFL
Sat 10.30am BT Sport 3; Fri 10.30am BT Sport 1

BASEBALL

LIVE New York Mets v New York Yankees
Sat 12.30am BT Sport 1

LIVE Chicago White Sox v Boston Red Sox
Sun 7pm BT Sport/ESPN

LIVE New York Mets v New York Yankees
Sun 1am BT Sport/ESPN

LIVE Toronto Blue Jays v Tampa Bay Rays
Mon 12m't BT Sport/ESPN

LIVE San Francisco Giants v San Diego Padres
Mon 2.30am BT Sport 2

LIVE Atlanta Braves v Colorado Rockies
Tue 12m't BT Sport/ESPN

LIVE Pittsburgh Pirates v Cincinnati Reds
Wed 11.30pm BT Sport/ESPN

LIVE MLB
Wed 3am BT Sport/ESPN

LIVE Philadelphia Phillies v Chicago Cubs
Thu 11pm BT Sport/ESPN

LIVE Cincinnati Reds v Los Angeles Dodgers
Fri 12m't BT Sport 2

BASKETBALL

LIVE Connecticut Sun v New York Liberty
Wed 12m't Sky Sports Main Event & Sky Sports Arena

BOXING

LIVE BT Sport Fight Night
Sat 7.30pm BT Sport 1

CANOEING

LIVE Canoe Slalom World Cup
Sat 11am & Sun 10.30am Euro2

CRICKET

LIVE England v India
Sat 10.15am Sky Sports Cricket & 2pm Sky Sports Main Event; Sun 10.15am Sky Sports Cricket & 11am Sky Sports Main Event; Mon & Tue 10.15am Sky Sports Main Event & Sky Sports Cricket
Days two, three, four and five of the fifth and final Test in the series, held at Emirates Old Trafford, Manchester.

LIVE Barbados Royals v Saint Lucia Kings
Sat 2.30pm BT Sport 3

LIVE St Kitts & Nevis Patriots v Trinbago Knights
Sat 11.30pm BT Sport 2

LIVE Barbados Royals v Saint Lucia Kings
Sun 3pm BT Sport 2

LIVE Guyana Amazon Warriors v Jamaica Tallawahs
Sun 7pm BT Sport 2

LIVE St Kitts & Nevis Patriots v Trinbago Knight Riders
Sun 11.30pm BT Sport 2

LIVE West Indies v South Africa
Mon 2.45pm BT Sport 2
Coverage of the third ODI match in the women's five-match series.

LIVE Hero CPL
Tue 2.30pm BT Sport 3

LIVE Hero CPL
Tue 11.30pm BT Sport 2

LIVE Hero CPL
Wed 2.30pm BT Sport 2

LIVE England v New Zealand
Thu 12.30pm Sky Sports Main Event & Sky Sports Cricket
Coverage of the first women's ODI in the five-match series, held at The Bristol County Ground.

LIVE Pakistan v New Zealand
Fri 9.50am Sky Sports Cricket & 10am Sky Sports Main Event
The first ODI in the three-match series.

CYCLING

LIVE Tour of Britain
Sat 10.30am & Sun 10.15am ITV4
Coverage of the penultimate and final stages of the Tour of Britain.

LIVE European Road Champs
Sat 1.15pm & Sun 12.15pm Euro1

LIVE Tour of Luxembourg
Tue, Wed, Thu & Fri 1.30pm Euro1
Coverage of stages one to four.

LIVE Wallonie Grand Prix
Wed 3pm Euro2
The one-day race from Belgium.

LIVE Tour of Tuscany
Wed 3.30pm Euro1
The one-day race from Italy.

LIVE Tour of Slovakia
Wed 5pm; Thu & Fri 3.30pm Euro1
The prologue and days one and two.

LIVE Coppa Sabatini
Thu 3pm Euro2
The one-day race from Italy.

DARTS

LIVE World Cup of Darts
Sat 1pm Sky Sports Mix; 8pm Sky Sports Main Event
Coverage of the second round.

LIVE World Cup of Darts
Sun 12noon Sky Sports Arena
Coverage of the quarter-finals.

LIVE World Cup of Darts
Sun 6pm Sky Sports Arena
Coverage of the semi-finals and final.

LIVE World Series of Nordic Masters
Fri 9.15pm ITV4

EQUESTRIAN

LIVE Show Jumping
Sat 4.20pm Euro1

GAELIC GAMES

LIVE Mayo v Tyrone
Sat 4pm Sky Sports Arena

GOLF

LIVE BMW PGA Championship
Sat & Sun 9am Sky Sports Main Event & Sky Sports Golf
Coverage of days three and four.

LIVE Ryder Cup Golf
Sun 7.30pm Sky Sports Golf
Team Europe's wildcard picks.

LIVE The Dutch Open
Thu & Fri 12.30pm Sky Sports Golf
Coverage of days one and two.

LIVE Fortinet Championship
Thu 5.30pm & 11pm Sky Sports Golf; 11pm Sky Sports Main Event; Fri 5.30pm & 11pm Sky Sports Golf
Coverage of days one and two.

LIVE Cambia Portland Classic
Thu 8pm Sky Sports Golf & 9pm Sky Sports Main Event; Fri 8pm Sky Sports Golf
Coverage of days one and two.

HORSE RACING

LIVE ITV Racing
Sat 1.30pm ITV
Coverage from Doncaster, Chester and Leopardstown.

LIVE ITV Racing: Sunday Series
Sun 4pm ITV4
Coverage from Haydock Park, The Curragh and Musselburgh.

ICE HOCKEY

LIVE Rouen Dragons v KAC Klagenfurt
Sat 6.25pm FreeSports

MINORITY SPORTS

LIVE Athletes Unlimited Softball
Sun & Mon 12m't FreeSports; Mon 3am FreeSports

MOTORCYCLING

LIVE MotoGP of Aragon
Sat 8am & 11am BT Sport 2
FP3 and qualifying from Spain.

LIVE British Superbikes
Sat & Sun 1pm Euro2
Round eight from Silverstone.

LIVE FIM Speedway Grand Prix
Sat 5.30pm BT Sport 2

LIVE MotoGP of Aragon
Sun 7.30am BT Sport 2
MotoGP warm-ups from Spain.

LIVE MotoGP of Aragon
Sun 9.15am & 11am BT Sport 2
The Moto3 and Moto 2 races.

LIVE MotoGP of Aragon
Sun 12.30pm BT Sport 2
Coverage of the MotoGP race at the Grand Prix of Aragon. See p29.

LIVE Wroclaw v Leszno
Sun 3.30pm Premier Sports 1

LIVE Lublin v Gorzow
Sun 6.15pm Premier Sports 2

LIVE British Speedway
Mon 7.30pm Euro2

LIVE Swedish Speedway
Tue & Thu 6pm Premier Sports 1

LIVE MotoGP of San Marino
Fri 7.45am BT Sport 2
Coverage of FP1 and FP2.

LIVE World Superbikes
Fri 9.25am & 1.55pm Euro2
Practice sessions from Barcelona.

LIVE FIM Speedway of Nations
Fri 4.30pm BT Sport 2

MOTORSPORT

LIVE Formula 2
Sat 7.45am, 12.15pm, 1.30pm; Sun 9.15am Sky Sports F1
Coverage from Italy.

LIVE Formula 1
Sat 10.30am & 2.35pm Sky Sports F1
The Italian Grand Prix second practice session and the first sprint race.

LIVE ADAC GT Masters
Sat 12.20pm FreeSports

LIVE World Rally Championship
Sat 4pm BT Sport 2; Sun 7.30am BT Sport 1; 11am BT Sport 3

LIVE NASCAR Xfinity Series
Sat 7pm Premier Sports 2

LIVE Indycar
Sat 8.15pm Sky Sports F1

LIVE NASCAR
Sat 12m't Premier Sports 1

LIVE Porsche Supercup
Sun 11.15am Euro1 & 11.30am Sky Sports F1

LIVE Formula 1
Sun 1.55pm Sky Sports Main Event & Sky Sports F1
Coverage of the Italian Grand Prix, the 14th round of the season. Start-time pm. See p29.

LIVE Indycar
Sun 8pm Sky Sports F1
The Grand Prix of Portland.

Sport A-Z and football planner >>>

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Rosie

An Exclusive
So Truly Real®
Baby Girl Doll

Her mouth holds either her thumb or her dummy!

Adding to her realism, Rosie is 19 inches (48.2 cm) in length and poseable. This doll is not a toy, but a fine collectable to be enjoyed by adult collectors

Exquisite details bring this sleepy-eyed sweetheart to life

This adorable baby girl's eyes have fluttered closed, and she's drifted off to dreamland. Swaddled in a cosy blanket with pink cabbage roses, she's waiting for you to scoop her into your arms and love her always!

Introducing *Rosie*, a So Truly Real® Collector's Edition by doll artist Marissa May. *Rosie* is a heart-stealing example of the doll maker's art, beautifully handcrafted in *RealTouch®* vinyl to preserve every detail, then delicately hand-painted with a *weighted* cloth body to feel like a real baby in your arms. Her soft hair is *rooted by hand* for an exceptionally true-to-life look and feel. *Rosie* is a vision in pink in a long-sleeved nightgown with a floral headband that coordinates with her swaddling blanket. Both her thumb or her white dummy fit perfectly in her little rosebud mouth! The result is a baby doll that will delight you with her lifelike appeal.

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This edition is accompanied by a Certificate of Authenticity and our famous 365-day money-back guarantee. It is available for just 4 interest-free instalments of £37.49 – that's only £149.96 (plus £12.99 S&S)*. Pay nothing now – simply complete and return your Priority Order Form today!

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POOL

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Days one to from Atlantic City.

LIVE Ultimate Pool Masters
Mon 6.30pm FreeSports

LIVE Ultimate Pool Pro Series
Fri 12noon & 7pm FreeSports

RUGBY LEAGUE

LIVE Hull Kingston Rovers v Castleford Tigers
Sat 7.30pm Sky Sports Arena (kick-off 7.45pm)
The Betfred Super League match.

LIVE Super League
Thu 7pm Sky Sports Arena

LIVE Super League
Fri 7.30pm Sky Sports Arena

RUGBY UNION

LIVE Perpignan v Biarritz
Sat 2pm Premier Sports 2

LIVE Bordeaux Begles v Stade Francais
Sat 4pm Premier Sports 2

LIVE Racing 92 v La Rochelle
Sat 8pm Premier Sports 1

LIVE New Zealand v Argentina
Sun 7.55am Sky Sports Arena

LIVE South Africa v Australia
Sun 10.55am Sky Sports Mix

LIVE Boroughmuir Bears v Southern Knights
Sun 1.15pm FreeSports

LIVE Toulouse v Toulon
Sun 8pm Premier Sports 1

LIVE Bristol Bears v Saracens
Fri 7pm BT Sport 1 (kick-off 7.45pm)
The opening Premiership match of the season at Ashton Gate. See p29.

SAILING

LIVE Sail GP
Sat 12.30pm Sky Sports Arena & Sun 1pm Sky Sports Mix

TENNIS

LIVE US Open
Sat & Sun Amazon Prime Video
Coverage of the final two days from Flushing Meadows in New York.

TRIATHLON

LIVE Superleague Triathlon
Sun 1pm BT Sport 3

WINTER SPORTS

LIVE Ski Jumping: Summer Grand Prix
Sat 7.55am & Sun 9am Euro1

WRESTLING

LIVE WWE
Mon & Tue 1am BT Sport 1

LIVE WWE SmackDown
Fri 1am BT Sport 1

Football planner

Saturday 11

LIVE Cerezo Osaka v Consadole Sapporo
10am FreeSports (kick-off 10am)

LIVE Primera Division
10.55am Sky Sports Football

LIVE West Ham United v Aston Villa
11am Sky Sports Main Event, Sky Sports Premier League & Sky Showcase (kick-off 11.30am)
Women's Super League clash.

LIVE Crystal Palace v Tottenham Hotspur
11.30am BT Sport 1 (kick-off 12.30pm)
The Premier League match.

LIVE St Johnstone v Rangers
12noon Sky Sports Football (kick-off 12.30pm)

LIVE Espanyol v Atletico Madrid
1pm La Liga TV (kick-off 1pm)

LIVE Real Madrid v Celta Vigo
3.15pm La Liga TV

LIVE Chelsea v Aston Villa
5pm Sky Sports Main Event, Sky Sports Premier League & Sky Showcase (kick-off 5.30pm)
The Premier League match.

LIVE King's Lynn Town v Dagenham & Redbridge
5pm BT Sport 1 (kick-off 5.20pm)

LIVE RB Leipzig v Bayern Munich
5.20pm Sky Sports Football (kick-off 5.30pm)

LIVE Villarreal v Alaves
5.30pm La Liga TV (kick-off 5.30pm)

LIVE Serie A
7.45pm BT Sport 3

LIVE Sevilla v Barcelona
8pm La Liga TV (kick-off 8pm)

LIVE Seattle Sounders v Minnesota United FC
10pm Sky Sports Football

LIVE New England Revolution v New York Red Bulls
12m't Sky Sports Main Event, Sky Sports Football & Sky Sports Mix

LIVE New York Red Bulls v DC United
12.05am FreeSports

LIVE Inter Miami CF v Columbus Crew
1am Premier Sports 2

Sunday 12

LIVE Hearts v Hibernian
11am Sky Sports Football (kick-off 12noon)

LIVE FC Tokyo v Kashiwa Reysol
11am FreeSports (kick-off 11am)

LIVE Serie A
11.30am BT Sport 1

LIVE Montpellier v St. Etienne
12noon BT Sport/ESPN (kick-off 12pm)

LIVE Chelsea v Everton
12.15pm BBC2 (kick-off 12.30pm)
Coverage of the WSL match.

LIVE Cadiz v Real Sociedad
1pm La Liga TV (kick-off 1pm)

LIVE PREMIER LEAGUE

Crystal Palace v Tottenham Hotspur

Saturday, BT Sport 1 HD, kick-off 12.30pm

Tottenham are top of the table after winning their first three league games without conceding a goal for the first time in their history. Striker Son Heung-min recently made his 200th Premier League appearance for Spurs.

LIVE PREMIER LEAGUE

Chelsea v Aston Villa

Sat, Sky Sports Main Event HD, Sky Sports Premier League HD & Sky Showcase HD, k-o 5.30pm

Villa head to Stamford Bridge, where they haven't won for 10 years. Seventeen-year-old Carney Chukwuemeka became the second youngest player to start a Premier League game for the club in the draw against Brentford.

LIVE PREMIER LEAGUE

Leeds United v Liverpool

Sunday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm

After his England call-up, Patrick Bamford will want to secure Leeds' first win of the season. The Whites also face Newcastle on Friday (Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 8pm).

LIVE Nottingham Forest v Cardiff City
2pm Sky Sports Football (kick-off 2.30pm)

LIVE Rennes v Reims
2pm BT Sport/ESPN (kick-off 2pm)

LIVE Serie A
2pm BT Sport 1

LIVE Eintracht Frankfurt v VfB Stuttgart
2.20pm Sky Sports Mix (kick-off 2.30pm)

LIVE Osasuna v Valencia
3.15pm La Liga TV (kick-off 3.15pm)

LIVE Leeds United v Liverpool
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League match.

LIVE Nantes v Nice
4pm BT Sport 3 (kick-off 4pm)

LIVE Serie A
5pm BT Sport 1

LIVE Getafe v Elche
5.30pm La Liga TV (kick-off 5.30pm)

LIVE Manchester City v Tottenham Hotspur
6.30pm Sky Sports Football & Sky Showcase; 6.45pm Sky Sports Main Event (kick-off 6.30pm)
Coverage of the WSL match.

LIVE Lyon v Strasbourg
7.30pm BT Sport 3

LIVE Serie A
7.45pm BT Sport 1

LIVE Granada v Real Betis
8pm La Liga TV (kick-off 8pm)

LIVE Los Angeles FC v Real Salt Lake
3.35am FreeSports

Monday 13

LIVE Everton v Burnley
7pm Sky Sports Main Event; Sky Sports Premier League (kick-off 8pm)
The Premier League match.

LIVE Serie A
7.45pm BT Sport 1

LIVE Athletic Bilbao v Mallorca
8pm La Liga TV (kick-off 8pm)

Tuesday 14

LIVE Young Boys v Manchester United
5pm BT Sport 2 (kick-off 5.45pm)
Coverage of the Champions League match. See p28.

LIVE Sevilla v RB Salzburg
5.30pm BT Sport 1 (kick-off 5.45pm)

LIVE Bournemouth v Queens Park Rangers
7pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)

LIVE Barcelona v Bayern Munich
7.30pm BT Sport 3 (kick-off 8pm)

LIVE Blackburn Rovers v Hull City
7.40pm Sky Sports Arena (kick-off 7.45pm)

LIVE Malmo v Juventus
7.45pm BT Sport/ESPN (kick-off 8pm)

LIVE Chelsea v Zenit St. Petersburg
7.45pm BT Sport 2 (kick-off 8pm)
The Champions League match.

LIVE Columbus Crew v New York Red Bulls
10.30pm Premier Sports

LIVE Toronto FC v Inter Miami CF
12.30am Sky Sports Football

LIVE New York City FC v FC Dallas
12.35am FreeSports

Wednesday 15

LIVE Sheriff Tiraspol v Shakhtar Donetsk
5.30pm BT Sport/ESPN (kick-off 5.45pm)

LIVE Besiktas v Borussia Dortmund
5.30pm BT Sport 1 (kick-off 5.45pm)

LIVE Stoke City v Barnsley
7pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
The Championship match.

LIVE Liverpool v AC Milan
7pm BT Sport 2 (kick-off 8pm)
The Champions League match.

LIVE Manchester City v RB Leipzig
7.15pm BT Sport 3 (kick-off 8pm)
The Champions League match.

LIVE Club Brugge v PSG
7.45pm BT Sport/ESPN (kick-off 8pm)

LIVE Atlanta United FC v FC Cincinnati
10pm Premier Sports 1

LIVE Austin FC v LA FC
12m't Premier Sports 1

LIVE Orlando City SC v CF Montreal
12.35am FreeSports

LIVE San Jose Earthquakes v Real Salt Lake
1.30am Premier Sports 2

LIVE LA Galaxy v Houston Dynamo
3.35am FreeSports

Thursday 16

LIVE Rennes v Tottenham Hotspur
5.15pm BT Sport 1 (kick-off 5.45pm)
Europa Conference League action.

LIVE Dinamo Zagreb v West Ham United
5.15pm BT Sport 2 (kick-off 5.45pm)
The Europa League match.

LIVE Real Betis v Celtic
5.15pm BT Sport 3 (kick-off 5.45pm)

LIVE Galatasaray v Lazio
5.30pm BT Sport/ESPN (kick-off 5.45pm)

LIVE AS Roma v CSKA Sofia
7.45pm BT Sport/ESPN (kick-off 8pm)

LIVE Leicester City v Napoli
7.45pm BT Sport 2 (kick-off 8pm)
The Europa League match.

LIVE Rangers v Lyon
7.45pm BT Sport 3 (kick-off 8pm)

Friday 17

LIVE Newcastle United v Leeds United
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match.

LIVE Strasbourg v Metz
7.45pm BT Sport 3 (kick-off 8pm)

LIVE Inter Miami CF v New York Red Bulls
12m't Sky Sports Main Event & Sky Sports Football (kick-off 12m't)

PHOTOS: GETTY, PA IMAGES

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Saturday

11 September

Evening Planner

Football

Premier League
Sky Sports Premier League HD & Sky Showcase HD, kick-off 5.30pm
Aston Villa visit Chelsea and returnee Romelu Lukaku for today's teatime match

Quiz show

Beat the Chasers
ITV HD, 8.30pm
Bradley Walsh hosts, and players can take on all six Chasers, but must answer the five Cash Builder questions first

Entertainment

Paul O'Grady's Saturday Night Line Up
ITV HD, 9.35pm
Celebrities respond to given scenarios to learn how they are seen by the public

OnDemand

britbox CREATED BY BBC & itv

Spitting Image
Available today
The satirical puppet show is back for series two, featuring new headline-makers such as Harry Kane

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	‹ 6.35 The Wall	7.25 The Hit List Celebrity Special		8.10 Pointless Celebrities	9.00 BBC Proms 2021: Last Night of the Proms		10.20 News	10.40 Match...
102 BBC2	7.00 Cricket: Today at the Test		7.45 BBC Proms 2021: Last Night of the Proms		9.00 Amy Winehouse: A Life in Ten Pictures		10.00 Amy...	10.25 Film: Maria by Callas
103 ITV	‹ 6.30 Rolling in It	7.30 The Cube		8.30 Beat the Chasers	9.35 Paul O'Grady's Saturday Night Line Up			
104 CHANNEL 4	‹ 6.30 Formula 1 Italian Grand Prix...		8.00 Bettany Hughes' Treasures of the World		9.00 Film: Deadpool			
105 CHANNEL 5	‹ 6.10 Film: The Da Vinci Code		8.00 Playgrounds of the Rich and Famous		9.00 Fergie & Meghan: Inconvenient Royals		10.00 When TV Stars Go Horribly Wrong	
106 SKY SHOWCASE	‹ 5.00 SNF – Live: Chelsea v Aston Villa (Kick-off 5.30)			8.30 The Simpsons	9.00 Film: Jurassic World			
ENTERTAINMENT								
116 BBC4	7.00 Treasures of Ancient Egypt		8.00 Brazil with Michael Palin		9.00 The Hunt for a Killer			10.30 Scandalous!...
118 ITV2		7.15 Film: Liar Liar			9.00 Ready to Mingle: No Filter		10.00 Family Guy	
136 MORE4	7.00 Great Canal Journeys		8.00 Guy Martin's Battle of Britain		9.00 9/11: 102 Minutes That Changed America			
135 E4	7.00 The Big Bang Theory				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods				9.00 The Equalizer		10.00 FBI	
108 SKY ATLANTIC	‹ 3.30 The Sopranos				9.00 Game of Thrones			
110 GOLD	‹ 10.00 Only Fools and Horses						10.00 Mrs Brown's Boys	10.40 All...
111 DAVE	‹ 6.00 Would I Lie to You?		8.00 Not Going Out				10.00 QI XL	
119 ITV3	7.00 Midsomer Murders							
120 ITV4	7.00 Made in Britain		8.00 Cycling: Tour of Britain Highlights		9.00 Film: The Untouchables			
114 COMEDY CENTRAL	7.00 Film: The Dukes of Hazzard				9.00 Film: Just Go With It			
152 SYFY	7.00 Film: Miami Magma				9.00 Film: Robotapocalypse			
109 W	7.00 Outnumbered				9.00 Inside the Ambulance: Coast and Country			
113 SKY COMEDY	7.00 Will & Grace	7.30 The Fresh Prince of Bel Air			9.00 Pen15		10.15 The Tonight Show...	
132 ALIBI	‹ 6.10 Inspector George Gently			8.10 Father Brown				10.10 The Doctor Blake Mysteries
130 SKY ARTS	7.00 I Am Johnny Cash				9.00 Johnny Cash – Behind Prison Walls		10.00 Willie Nelson & Friends: Outlaws...	
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Divers		8.00 Gold Rush: Winter's Fortune		9.00 Outback Truckers		10.00 Killers of the Cosmos	
162 ANIMAL PLANET	7.00 My Cat from Hell		8.00 Edge of Alaska		9.00 Big Cat Tales		10.00 Dr Jeff: Rocky Mountain Vet	
129 NAT GEO	7.00 9/11: One Day In America							
123 SKY HISTORY	7.00 9/11 Inside Air Force One				9.00 9/11: Four Flights			
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Porridge				10.00 TOTP2: Summertime Special	
121 SKY DOCS	7.00 Memory Box: Echoes Of 9/11				9.00 Film: In the Same Breath			
FILMS - Sky Cinema								
301 PREMIERE	‹ 5.50 Let Him Go		8.00 Bombshell				10.00 Pixie	
303 BACK TO SCHOOL	‹ 6.40 Paper Planes			8.20 Diary of a Wimpy Kid			10.00 Spider-Man: Homecoming	
304 GREATS	‹ 6.10 Once Upon a Time in the West				9.00 The Lost World: Jurassic Park			
305 ANIMATION		7.25 Minions			9.00 Riverdance: The Animated Adventure			10.35 The Elfkins
306 FAMILY	7.00 Tom & Jerry: The Movie				9.00 Racing Stripes			
307 ACTION	7.00 Fury					9.15 Cicada 3310		
308 COMEDY	‹ 6.30 Logan Lucky			8.30 Horrible Bosses			10.10 Pineapple Express	
309 THRILLER	‹ 6.45 Knives Out				9.00 Jack Reacher			
310 DRAMA	‹ 6.00 A Beautiful Day in the Neighborhood		8.00 The Bodyguard				10.10 Ghost	
311 SCI-FI	‹ 6.00 The Craft: Legacy	7.45 Captive State				9.40 The Clearing		
302 ASSASSINS	‹ 6.15 Salt		8.00 Terminator: Dark Fate				10.10 The Losers	
313 FILM4	‹ 6.05 The Karate Kid				9.00 The Abyss			
315 TCM MOVIES	‹ 6.20 All the President's Men				9.00 Unforgiven			
SPORT								
401 MAIN EVENT	‹ 5.00 SNF – Live: Chelsea v Aston Villa...		8.00 World Cup of Darts – Live: Further coverage of the second round of the tournament					
402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Chelsea v Aston Villa (Kick-off 5.30)			8.30 Renault Game of the Day				10.30 Premier League
403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 World Cup Qualifiers Review Show		8.30 World Cup Qualifier Highlights			10.00 MLS – Live (Kick-off 10.00)	
404 CRICKET	7.00 T20 Blast 2013		8.00 Test Cricket		9.00 Dinesh Karthik Meets		10.00 Test Cricket	
413 BT SPORT 1	‹ 5.00 Vanarama...	7.30 BT Sport Fight Night – Live: Boxing action						
414 BT SPORT 2	‹ 5.30 FIM Speedway Grand Prix – Live: From the Danish town of Vojens				9.00 WWE Friday Night SmackDown			10.30 Vanarama...

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Vivek Singh, Mandy Yin and Alex Horne. (S)
11.30 **Pizza Boys** (S)(R)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Great North Run Preview** A look ahead to tomorrow's races. (S)
2.00 **Bargain Hunt** (S)(R)(AD)
2.45 **Money for Nothing** (S)(R)
3.15 **Garden Rescue** The team create a practical garden for a family in St Albans, Hertfordshire. (S)(R)
4.00 **Final Score** A round-up of this afternoon's football results. (S)
5.15 **BBC News** (S)
5.25 **Local News** (S)
5.35 **Celebrity Mastermind** Miles Jupp, Zoe Lyons, Neil Hannon and Lucy Porter take part. (S)(R)

7.25 The Hit List Celebrity Special

6 PM
6.05 **Celebrity Catchpoint** Ore Oduba and Kelvin Fletcher take on Reverends Richard Coles and Kate Bottley. (S)(R)
6.35 **The Wall** 3/6. Sisters Vickie and Julie from Merseyside answer questions for the chance to win life-changing prizes. Hosted by Danny Dyer. (S)(R)
7 PM
7.25 **The Hit List Celebrity Special** New edition With Chris Packham, Russell Kane, Nihal Arthanayake, Scarlett Moffatt and Lawrence Chaney. (S)
8 PM
8.10 **Pointless Celebrities** New edition A Olympics and Paralympics version of the quiz, with Jazz Carlin, Denise Lewis and Greg Rutherford. (S)
9 PM
9.00 LIVE **BBC Proms: Last Night of the Proms** Katie Derham is joined by guests Gareth Malone and Maggie Aderin-Pocock at the Royal Albert Hall for a programme including music by Florence Price alongside the traditional favourites. (S)
10 PM
10.20 **BBC News** (S)
10.40 **Match of the Day** Premier League action. (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm
12.10 AM **Tonight with Target** New edition 2/6. Host DJ Target chats with Big Zuu, Lady Leshurr and Yinka Bokkini. Plus, performances from WSTRN, M Huncho and Eddy Luna. (S)
1.00 **The NFL Show** Highlights of the opening match of the season between Tampa Bay Buccaneers and Dallas Cowboys. (S)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.50 AM **All Over the Place: UK** (S)(R)
7.20 **Marrying Mum and Dad** (S)(R)
7.50 **The Dengineers** (S)(R)
8.20 **Ricky Wilson's Art Jam** (S)(R)
8.35 **Blue Peter** (S)(R)
9.05 **Planet Defenders** (S)(R)(AD)
9.30 **Supersized Earth** (S)(R)(AD)
10.30 **Hugh's Wild West** (S)(R)(AD)
11.30 **Chris and Meg's Wild Summer** Exploring North Wales. (S)(R)
12.00 NOON **Nigel Slater's Middle East** Nigel visits Lebanon. (S)(R)(AD)
1.00 PM **Serengeti II** (S)(R)(AD)
2.00 **Animals with Cameras** (S)(R)(AD)
3.00 **A House Through Time** (S)(R)(AD)
4.00 **Jay's Yorkshire Workshop** Featuring two sisters who work for a homeless charity. (S)(R)
5.00 **Saving Lives at Sea** The lifeboat volunteers pluck a fallen climber out of the sea in Wales. (S)(R)(AD)

9.00 Amy Winehouse: A Life in Ten...

6.00 **Golf: PGA Championship** Eilidh Barbour presents the key third-round action from the European Tour's traditional flagship event at Wentworth's famous West Course in Surrey. (S)
7.00 **Cricket: Today at the Test** England v India: Isa Guha presents action from day two of the series-concluding fifth Test, held at Old Trafford. (S)
7.45 LIVE **BBC Proms: Last Night of the Proms** Katie Derham presents live coverage from the Royal Albert Hall of the opening part of the climax of the classical music festival. With Gareth Malone and Maggie Aderin-Pocock. (S)
■ Continues on BBC1
9.00 SERIES RESUMES **Amy Winehouse: A Life in Ten Pictures** A journey through the singer's life in 10 defining photos, with their secrets revealed by those who knew the star best. (S)
10.00 **Amy Winehouse in Her Own Words** A profile of the much-loved singer-songwriter. (S)(R)
10.25 **Maria by Callas** Documentary exploring the life of soprano Maria Callas. (S)(R)
12.20 AM FILM **Britt-Marie Was Here** Swedish comedy drama starring Pernilla August. When she discovers her husband of 40 years has been having an affair, 63-year-old Britt-Marie rediscovers her purpose in life by becoming the coach of a kids' football team. With Vera Vitali, Peter Haber and Wilhelm Siverbo, Subtitled. (2019, 12, 90min) ★★★
1.50 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
8.30 **Martin & Roman's Weekend Best!** New edition With Texas star Sharleen Spiteri. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Faye Tozer. (S)
11.40 **Ainsley's Good Mood Food** New edition Dishes that contain fruit and berries. (S)(AD)
12.45 PM **James Martin's Islands to Highlands** The Isle of Skye. (S)(R)
1.15 **ITV News** (S)
1.30 LIVE **ITV Racing** From Doncaster, Chester and Leopardstown. (S)
4.00 **You've Been Framed!** (S)(R)
4.30 **Family Fortunes: Gino's Best Bits** Favourite moments. (S)(R)
5.00 **Tipping Point: Lucky Stars** Jeff Stelling, Angela Rippon and Matt Edmondson take part. (S)(R)

7.30 The Cube

6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **Rolling in It** Series finale 8/8. Stephen Mulhern hosts the game show in which three contestants play a giant arcade machine, with Danny Jones, Alex Brooker, and Denise Van Outen helping them out. (S)(AD)
7.30 **The Cube** New edition Grandfather and granddaughter Rob and Chloe take on The Cube, hoping to take home a jackpot of £250,000. Hosted by Phillip Schofield. (S)(AD)
8.30 NEW SERIES **Beat the Chasers** 1/5. Contestants take on a team consisting of Paul Sinha, Mark Labbett, Anne Hegerty, Shaun Wallace, Jenny Ryan and Darragh Ennis. (S)
9.35 NEW SERIES **Paul O'Grady's Saturday Night Line Up** 1/6. Comedy chat and game show, featuring guests Jack Dee, Joanna Page, Rob Rinder and Mica Paris. (S)
10.20 **ITV News** (S)
10.35 FILM **Gladiator** Ridley Scott's historical epic starring Russell Crowe and Joaquin Phoenix. A betrayed Roman general becomes a gladiator, intent on avenging his murdered family. (S)(AD) (2000, 15, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.20 AM **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Britain's Brightest Celebrity Family** Two families compete in the first semi-final. (S)(SL)(R)(AD)
3.40 **to 6.00** AM **Nightscreen**

+1 hour | 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.10 AM **Everybody Loves Raymond** Ten episodes. (S4&5) (S)(R)(AD)
10.30 **The Simpsons** Four episodes of the animated comedy. (S)(R)(AD)
12.25 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
2.55 **A Place in the Sun** Danni Menzies helps an Essex couple to find a property in Lanzarote. (S)(R)
3.55 **Location, Location, Location: 20 Years and Counting** Kirstie Allsopp and Phil Spencer remember house-hunting with solo buyers. (S)(R)
4.55 **How to Save a Grand in 24 Hours** Series finale 4/4. Anna Richardson and the experts help out a family-of-seven in Stoke, and finds that their 20-year-old daughter is behind a lot of their expenses. (S)(AD)

9.00 Deadpool

6.00 **News** (S)
6.30 **Formula 1 Italian Grand Prix Qualifying Highlights** Steve Jones, David Coulthard and Lee McKenzie present action from the battle for pole position in the 14th round of the campaign from Autodromo Nazionale Monza. (S)
8.00 **Bettany Hughes' Treasures of the World** New edition 3/5. The historian explores Gibraltar, encountering evidence of Neanderthal art, and handles the first report of Admiral Nelson's death. (S)(AD)
9.00 FILM **Deadpool** Comedy adventure starring Ryan Reynolds. A disfigured mercenary develops superhuman powers, which he uses to get payback on the man who ruined his life. With Morena Baccarin, Ed Skrein and TJ Miller. (S)(AD) (2016, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.05 FILM **Mortal Engines** Fantasy adventure with Hera Hilmar, Hugo Weaving and Robert Sheehan. (S) (2018, 12, 135min) ★★★
1.20 AM **Street League Skateboarding** Round one from Salt Lake City. (S)
2.20 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
3.10 **The Simpsons** (S)(R)(AD)
3.35 **to 6.00** AM **Hollyoaks Omnibus** (S)(SL)(R)(AD)

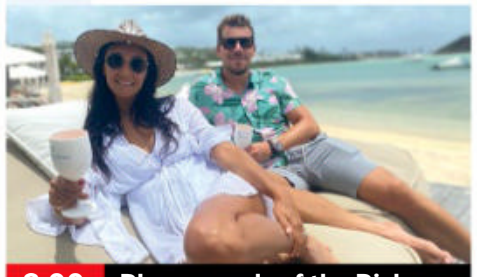
+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 SpongeBob SquarePants Cartoon capers. (S)(R)(AD)
10.30 Entertainment News (S)
10.45 Friends Five episodes of the US sitcom, including at: **12.40** PM 7/25. Joey gets a job teaching a soap opera acting class. (S3) (S)(R)
1.05 FILM Mr Magorium's Wonder Emporium Children's fantasy starring Natalie Portman. (S) (2007, U, 115min) ★★★
3.00 FILM Mirror Mirror Fantasy comedy starring Julia Roberts. (S) (2012, PG, 120min) ★★★
5.00 News (S)
5.15 FILM The Da Vinci Code Conspiracy thriller starring Tom Hanks and Audrey Tautou. (S) (2006, 12, 165min) ★★★



8.00 Playgrounds of the Rich...

FILM The Da Vinci Code (film started at 5.15pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 Playgrounds of the Rich and Famous New edition 2/6. A look at the Caribbean island of Saint Barthélemy, a hideaway for celebrities including Paul McCartney and Beyoncé. (S)
9.00 NEW Fergie & Meghan: Inconvenient Royals Exploring the parallels between Sarah, Duchess of York and Meghan, Duchess of Sussex, asking what the future holds for them. (S)
10.00 When TV Stars Go Horribly Wrong Richard Bacon narrates a compilation of disasters befalling TV presenters, including Phillip Schofield and Anne Diamond. (S)(R)
12.50 AM **Wonderful World of Chocolate** Documentary. (S)(R)
1.15 21.co.uk Live Casino Show (S)
3.15 Good Dog, Bad Dog: Inside the World of Doggy Day Care 3/3. A party is held at the country club. (S)(R)
4.00 Casualty 24/7: Every Second Counts Documentary. (S)(R)
4.50 Wildlife SOS (S)(SL)(R)
5.15 to 5.40 AM **Nick's Quest** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Fresh Prince of Bel Air** 7&8/25. (S1) (S)(R)
7.00 The Simpsons (S)(R)
8.45 FILM Dragon Rider Animation. (S) (2020, PG, 91min) ★★★
10.30 The Simpsons *E-I-E-I-(Annoyed Grunt):* The family relocate to a farm. (S)(R)
11.00 LIVE Women's Super League SL West Ham United v Aston Villa: Coverage from the Chigwell Construction Stadium. Kick-off is at 11.30.
2.00 PM **Sport's Funniest Moments** Comical clips. (R)
3.00 Gillette Soccer Saturday
5.00 LIVE Saturday Night Football Chelsea v Aston Villa: Coverage of the Premier League match from Stamford Bridge. Kick-off is at 5.30.

9.00 Jurassic World

LIVE Saturday Night Football (started at 5.00pm)

8.30 The Simpsons *Hello Gutter, Hello Fadder:* Homer bowls a perfect 300 game. (S)(R)
9.00 FILM Jurassic World Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. A safari park for genetically engineered dinosaurs creates a new species – which escape and terrorise the tourists. With Vincent D'Onofrio, Ty Simpkins and Nick Robinson. (S) (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 A League of Their Own With Ashley Cole, Nish Kumar, Jo Brand and Catherine Bohart. (R)
12.15 AM **The Russell Howard Hour** Topical comedy show. (R)
1.15 Formula 1 The sprint race from the Italian Grand Prix at Autodromo Nazionale Monza.
2.15 S.W.A.T. 15/18. (S4) (S)(R)(AD)
3.10 Magnum P.I. (S2) (S)(R)(AD)
4.05 to 6.00 AM **Modern Family** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
4.00-5.15pm Sportscene Results (S) **12.10am** Sportscene Saturday (S) **1.40** Tonight with Target New edition (S) **2.30** The NFL Show (S) **3.00** Weather for the Week Ahead (S) **3.05-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
5.00-6.00pm LUSH! Classical (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Trysorau'r Teulu **11.00** Natur a Ni **11.30** Dau Gi Bach (AD) **12.00noon** Ffermio **12.30pm** Bwrdd i Dri **1.00** Pysgod i Bawb **1.30** Cefn Gwlad (AD) **2.30** Y Stiwdio Grefftau (AD) **3.30** Goreuon Priodas Pum Mil (AD) **4.30** Dan Do **5.00** Teulu Ty Crwn (AD) **6.20** Hewlfa Drysor (AD) **7.15** Newyddion a Chwaraeon **7.30** Bwrdd i Dri **8.00** Eisteddfod AmGen: Cwt Cerdd New edition **9.00** 9/11: Diwrnod Wnaeth Newid Fy Mwmyd **10.00** Sgwrs Dan y Lloer **10.30-11.35pm** Noson Lawen 2021

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Treasures of Ancient Egypt** 3/3. The decline of the Egyptian Empire.
8.00 Brazil with Michael Palin 1/4. An exploration of the South American country.
9.00 The Hunt for a Killer New episode 3/6. Pelle thinks there is a connection between two murders. **9.45** New episode 4/6. Akesson returns to work, to fulfil his promise to Helén's mother. Subtitled. (S1) ■ Entire series on BBC iPlayer
10.30 Scandalous! The Tabloid that Changed America – Storyville How the *National Enquirer* became an infamous tabloid.
12.05 AM **Treasures of Ancient Egypt** 3/3. Alastair Sooke concludes the documentary by revealing how the decline of the Egyptian Empire ran parallel with a creative revival.
1.05 Brazil with Michael Palin As shown at 8pm.
2.05 to 3.05 AM **Mississippi: Earth's Great Rivers**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 A Place in the Sun
12.35 PM **Location, Location, Location: 20 Years and Counting** House-hunters moving to the countryside.
1.40 Come Dine with Me Five editions from Surrey.
4.15 Four in a Bed Four editions, including at: **5.55** From The Solar Strand Hotel in Crosskeys, Wales.
6.25 Four in a Bed The B&B owners meet for the last time to find out what they have been paid.
7.00 Great Canal Journeys 3/4. Sheila Hancock and Gyles Brandreth journey along two canals to Stratford-upon-Avon.
8.00 Guy Martin's Battle of Britain 1/2. The presenter experiences the training of a World War Two fighter pilot, beginning by learning to fly in a Tiger Moth biplane.
9.00 9/11: 102 Minutes That Changed America Amateur footage and audio tape recorded by people around New York.
11.40 24 Hours in A&E Doctors try to save a baby who stopped breathing at home.
12.45 AM **8 Out of 10 Cats Does Countdown** With Joe Wilkinson and Jayde Adams.
1.50 Father Ted Double bill.
2.55 to 3.55 AM **24 Hours in A&E**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Guinness Records**
6.15 Love Bites
9.15 Dress to Impress
11.15 Australian Ninja Warrior
12.55 PM **You've Been Framed!**
2.00 FILM Alvin and the Chipmunks: Chipwrecked Musical comedy sequel. (2011, U, 87min) ★★
3.45 FILM Dr Seuss' The Lorax Animated comedy adventure. (2012, U, 82min) ★★★
5.30 FILM Gulliver's Travels Comedy starring Jack Black. (2010, PG, 84min) ★★★
7.15 FILM Liar Liar Comedy starring Jim Carrey as an unscrupulous lawyer who is forced to tell the truth for one day after his neglected five-year-old son is granted his birthday wish. (1997, 12, 86min) ★★★★
9.00 NEW SERIES Ready to Mingle: No Filter Previously unseen moments from the first week of the show.
10.00 Family Guy *The Unkindest Cut:* 19/20. Stewie and Brian search for Mort. **10.30** *V Is for Mystery:* 13/20. Stewie and Brian investigate murders in Victorian London. (S16)
10.55 Family Guy
11.25 American Dad!
12.25 AM **The Stand Up Sketch Show** Double bill.
1.25 Don't Hate the Playaz
2.20 CelebAbility
3.00 to 3.25 AM **World Records**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Supernanny USA**
6.55 Lego Masters Australia
8.15 Wipeout USA
9.15 Ramsay's Kitchen Nightmares USA
10.15 Ramsay's 24 Hours to Hell and Back
11.15 Young Sheldon
1.10 PM **The Big Bang Theory**
2.45 FILM Puss in Boots Animated comedy with the voice of Antonio Banderas. (2011, U, 90min) ★★★★
4.35 The Big Bang Theory 12-16/24. Five episodes. (S6)
7.00 The Big Bang Theory 17/24. Lucy runs away in the middle of a date with Raj. **7.30** 18/24. The guys promote science as a career for women. **8.00** 19/24. Sheldon finds an unopened letter. **8.30** 20/24. The guys compete for a tenured professor position. (S6)
9.00 Celebrity Gogglebox Famous faces appraise *Naked and Afraid* and *Can I Improve My Memory?*
10.00 Gogglebox Shows under review include *Simply Nigella* and *The Andrew Marr Show.*
11.05 Gogglebox
1.10 AM **First Dates**
2.15 Greatest Weddings
3.10 Supernanny USA
4.00 Ramsay's Kitchen Nightmares USA
4.50 to 6.00 AM **Ramsay's 24 Hours to Hell and Back**

+1 hour 235 | 146 | 29 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111 341 356

6.00 AM **UK Border Force**
8.00 **Border Patrol**
10.00 **Customs UK**
11.00 **Air Ambulance ER** Medics fight to save a man's life after an accidental overdose.
12.00 NOON **Send in the Dogs** Following the work of British Transport Police's canine units.
1.00 PM **Caught on Dashcam** Outrageous road disasters and highway crimes.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

7.00 Blue Bloods

7 PM

7.00 **Blue Bloods** *Unfinished Business:* 13/22. Frank reopens a case in which a girl was murdered.

8 PM

8.00 **Blue Bloods** *Manhattan Queens:* 14/22. Danny goes undercover to investigate the murder of a drag queen. (S4)

9 PM

9.00 **The Equalizer** *The Room Where it Happens:* 6/10. Mel goes undercover as a volunteer for a rising politician. (S1)

10 PM

10.00 **FBI** *Liar's Poker:* 3/15. The notorious leader of a drug cartel is arrested, so his henchmen set out to free him. (S3)
11.00 **FBI: Most Wanted** 3/15. (S2)
12.00 M'T **Law & Order: Special Victims Unit** 15/16. (S22)
1.00 AM **Law & Order: Organized Crime** 7/8. (S1)
2.00 **Blue Bloods** (S4)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town** Four editons.
10.00 **The Wire** 8-10/12. (S2)
1.15 PM **The Wire** 11/12. Sobotka is arrested by the FBI. **2.20** 12/12. Omar decides to take revenge on Stringer. (S2)
3.30 **The Sopranos** 12/13. Carmela makes a date she can't keep. **4.30** 13/13. Carmela throws Tony out of the house. (S4) **5.50** 1/13. Carmela settles in to her role as head of the family. **6.50** 2/13. Tony meets Jack Massarone on the eve of the museum opening. (S5)

2.20 The Wire

7.55 **The Sopranos** *Where's Johnny?* 3/13. After Johnny Sack rises to a new position of power, Tony attempts to negotiate a power-sharing plan with him. (S5)

9.00 **Game of Thrones** *Two Swords:* 1/10. Tyrion is sent to greet a royal party from Dorne, and Jon Snow finds himself on trial at Castle Black. **10.10** *The Lion and the Rose:* 2/10. The day of King Joffrey's wedding arrives. (S4)

11.15 **Game of Thrones** 3/10. Tywin has an offer for Oberyn Martell. **12.20** AM 4/10. Jaime has a mission for Brienne. **1.30** 5/10. Jon and his men attack Craster's Keep. (S4)
2.40 **Californication** (S6)
4.00 **to 6.00** AM **The British**

+1 hour 208/209

GOLD

110/111 110/111 124 310/343 358/392

7.30 AM **Citizen Khan**
8.00 **The Story of Only Fools and Horses** Double bill.
10.00 **Only Fools and Horses**
1.05 PM **Only Fools and Horses** The Trotters arrive in America. **3.00** One of Del's old flames turns up out of the blue. **3.40** Del Boy acquires a nuclear fallout shelter. **4.20** Raquel lands an audition. **5.30** Del is invited to a school reunion at the Nag's Head. **6.40** The Trotter brothers become caped crusaders.

10.00 Mrs Brown's Boys

Only Fools and Horses (started at 6.40pm)

8.00 **Only Fools and Horses** Rodney aspires to become a pop star. **8.40** Christmas special from 1986. Rodney dates the daughter of the Duke of Maylebury, and Del Boy sees the chance for the family to marry into the aristocracy.

10.00 **Mrs Brown's Boys** Agnes goes on a diet.
10.40 **All Round to Mrs Brown's** With Judy Murray and Louis Walsh.
12.00 M'T **David Jason: My Life on Screen** The actor looks back over his career.
1.00 AM **The Interviews** A profile of Julie Walters.
2.00 **Bridget & Eamon**
3.10 **to 4.00** AM **Richard E Grant on Ealing Comedies**

+1 hour 210/211 194

ITV3

119 119 817 117 177 10 115

6.00 AM **On the Buses**
6.55 **Coronation Street Omnibus**
8.50 **FILM Carry On Jack** Comedy. (1964, PG, 85min) ★★★
10.40 **Agatha Christie's Poirot**
11.45 **The Ruth Rendell Mysteries** Five episodes, including at: **4.00** PM *Bribery and Corruption – Part Two: 2/2.* Nick's suicide implicates him in Emma's death.
5.10 **Midsomer Murders** *Country Matters:* Proposals to build a supermarket in Elverton-cum-Latterly lead to murder.

5.10 Midsomer Murders

7.00 **Midsomer Murders** *The Point of Balance:* A touring dance show comes to Midsomer, but vicious rivalries are stirring behind the scenes with murderous results. Guest stars Nigel Havers and Christopher Timothy.

9.00 **Midsomer Murders** *Four Funerals and a Wedding:* Barnaby and Jones find themselves forced to dip into the annals of Broughton village after a traditional contest pitting men against women results in two deaths.

11.00 **The More You Ignore Me** Comedy starring Sheridan Smith, Ella Hunt, Mark Addy and Jo Brand. During the 1980s, a teenager finds her life regularly derailed by her mother's erratic mental state.
1.05 **to 2.10** AM **Belgravia**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 25 117

6.00 AM **Great Racehorses**
6.20 **The Car Chasers**
6.45 **Minder**
7.35 **Tenable**
8.25 **Cycling: Tour of Britain Highlights** Stage six action.
9.30 **ITV Racing: Opening Show**
10.30 **LIVE Cycling: Tour of Britain** Coverage of the seventh and penultimate stage, a route from Hawick to Edinburgh.
4.15 PM **Dramatic Finishes**
4.25 **Mr Bean**
6.00 **Made in Britain**

9.00 The Untouchables

7.00 **Made in Britain** How the how the hovercraft inspired the invention of one of Britain's best-selling lawnmowers.

8.00 **Cycling: Tour of Britain Highlights** Action from the seventh and penultimate stage, from Hawick to Edinburgh.

9.00 **FILM The Untouchables** Gangster thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. With Andy Garcia. (1987, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **FILM RoboCop 3** Sci-fi action sequel starring Robert Burke and Nancy Allen. RoboCop helps ghetto rebels in their fight against an evil corporation. (1992, 15, 104min) ★★
1.40 AM **Lethal Weapon**
2.30 **to 3.00** AM **The Protectors**

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit** New edition The best of the week's entertainment news.
7.30 **Sportscene Saturday** Jonathan Sutherland presents highlights from the latest Scottish Premiership matches, including Rangers v St Johnstone, Celtic v Ross County, and Motherwell v Aberdeen
9.00 **Chewin' the Fat** Comedy series with Ford Kiernan and Greg Hemphill.
9.30 **Scot Squad** Spoof documentary series following the work of the first unified Scottish police force.
10.00 PM **to 12.00** M'T **TRNSMT** New edition Edith Bowman presents highlights from Scotland's biggest music festival.

Sky Max

113/114 113/114 122 121 345 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Supergirl** 8/20. (S6)
9.00 **The Flash** 11/18. (S7)
10.00 **A League of Their Own**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Sport's Funniest Moments** Comical clips.
3.00 **Hawaii Five-0** (S2)
4.00 **An Idiot Abroad**
8.00 **Dynamo: Beyond Belief** 2/3. Following the magician on tour.
9.00 **Strike Back: Retribution** 2/10. The team try to extract an arms dealer from Libya. **10.00** 3/10. Mac and Wyatt infiltrate a dangerous group. (S6)
11.00 **A League of Their Own**
12.00 M'T **The Russell Howard Hour**
1.00 AM **The Force: Manchester**
2.00 **S.W.A.T.** 15/18. (S4)
3.00 **Road Wars**
4.00 **to 6.00** AM **Motorbike Cops**

Pick

159 156 35 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
1.00 PM **Police Force: Australia** Double bill.
2.00 **Highway Cops**
3.00 **Brit Cops: Law & Disorder** Documentary.
4.00 **999 Frontline**
5.00 **Road Wars**
7.00 **Brit Cops: Law & Disorder** Double bill.
9.00 **Britcam: Emergency on Our Streets** CCTV cameras capture an attack on a cab driver in Hastings.
10.00 **Killer in My Village** A violent husband whose outbursts ended in murder.
11.00 **Diced to Death: Countdown to Murder**
12.00 M'T **In Defense Of**
1.00 AM **Brit Cops**
2.00 **Border Security: Canada's Front Line**
4.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

E!

151 151 835 164 163

7.00 AM **Life of Kylie**
10.00 **News: Daily Pop**
11.00 **Life of Kylie**
12.00 NOON **Keeping Up with the Kardashians**
7.30 PM **We Got Love Teyana & Iman** The Shumperts' stage their annual Easter celebration.
8.00 **True Hollywood Story** A new generation of trans actors, writers, producers and directors that are pushing for new standards in storytelling.
9.00 **FILM Charlie's Angels** Comedy thriller based on the 1970s TV series, starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate the kidnapping of a computer magnate. (2000, 15, 97min) ★★
11.00 **Total Bellas** Triple bill.
2.00 AM **Teleshopping**
3.00 **Big Rich Atlanta**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 181 132 307/344 359/370

8.00 AM **Friends**
3.30 PM **FILM Big Daddy** Comedy starring Adam Sandler. (1999, 12, 95min) ★★★
5.15 **FILM Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
7.00 **FILM The Dukes of Hazzard** Action comedy starring Seann William Scott and Johnny Knoxville. (2005, 15, 104min) ★
9.00 **FILM Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. (2011, 12, 116min) ★
11.20 **When TV Stars Go Horribly Wrong**
1.20 AM **Jason Manford Live at the Manchester Apollo** A stand-up performance from 2009.
2.20 **South Park**
4.25 **to 5.00** AM **Baywatch**

+1 hour 212/213 133

ITV Be

131 119 179 27 119

7.00 AM **Dallas Cowboys Cheerleaders**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Masters of Flip**
1.00 PM **The Real Housewives of Atlanta**
2.00 **Celebrity Dinner Date**
3.00 **Ferne McCann: First Time Mum** Ferne splits with boyfriend Jack.
4.00 **The Real Housewives of Cheshire** Four editions.
8.00 **Dinner Date** Rob from Essex looks for love.
9.00 **Botched** A top executive wants to downsize her million-dollar breasts.
10.00 **Ibiza Weekender** David books the hotel's first ever hen party. **11.00** A determined El Jefe plans to get tough on the team and end all the recent dramas.
12.00 M'T **to 1.00** AM **Real Housewives of Atlanta**

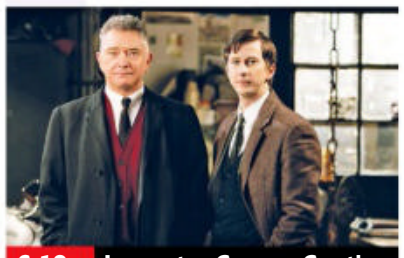
+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 212 312 382

7.15 AM **Murdoch Mysteries** (S12)
10.00 **Hudson & Rex** (S2)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Miss Scarlet and the Duke**
3.10 **Father Brown**
4.10 **The Doctor Blake Mysteries** 7&8/10. Double bill. (S1)
6.10 **Inspector George Gently** Pilot episode of the crime drama starring Martin Shaw as the eponymous 1960s detective who despairs at the corruption he sees around him and resolves to solve one final case.


6.10 Inspector George Gently

Inspector George Gently (started at 6.10pm)

8.10 **Father Brown** *The Curse of Amenhotep:* The priest investigates when the new wife of Sir Raleigh is found dead after seeing an Egyptian mummy. **9.10** *The Invisible Man:* The circus brings death to Kembleford when a clown is murdered.

10.10 **The Doctor Blake Mysteries** *Bedlam:* 7/10. A psychiatric nurse is found murdered. (S1)
11.10 **The Doctor Blake Mysteries** *Game of Champions:* 8/10. A contestant on a TV game show is electrocuted. (S1)
12.10 AM **Murdoch Mysteries** (S12)
2.10 **Motive** 4/13. (S4)
2.55 **to 4.00** AM **The Doctor Blake Mysteries**

+1 hour 232 191

Syfy

152 152 836 139 138 347 362

6.00 AM **FILM Collision Earth** Sci-fi drama with Eric Roberts. (2020, PG, 90min) ★★
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 11-15/26. (S3)
4.00 PM **Fact or Faked: Paranormal Files** Truck-stop apparitions in Missouri, and strange lights in a graveyard in Mississippi.
5.00 **FILM Meteor Moon** Sci-fi adventure starring Dominique Swain and Michael Broderick. (2020, PG, 80min) ★★

7.00 Miami Magma

7.00 **FILM Miami Magma** Sci-fi disaster thriller starring Rachel Hunter and Melissa Ordway. A vulcanologist must stop illegal drilling under Miami before it causes a super-volcano eruption. (2011, 15, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Robotapocalypse** Sci-fi adventure starring Tito Ortiz and Katalina Viteri. An expert hacker goes up against a powerful, sentient AI that poses a threat to the world's military. (2020, 12, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **FILM At First Light** Thriller. (2017, 12, 90min) ★★★
1.00 AM **Fringe** 17&18/22. (S3)
3.00 **Fact or Faked: Paranormal Files** Dimensional shifts.
4.00 **to 6.00** AM **FILM The Final Level: Escaping Rancala** Fantasy. (2019, PG, 87min) ★

+1 hour 252 229

W

109/110 109/110 125 211 311 383

6.10 AM **The Bill**
11.00 **Tipping Point**
1.00 PM **Tipping Point**
5.00 **Bang on Budget** Lucy Alexander and builder Harry Hoffen create complex builds on tight budgets. In the first edition, the duo combine the kitchen and dining room of a Victorian house. **6.00** Lucy and Harry create a country-style counter kitchen in a Newport home with dated 1970s decor and an excess of pink.

11.00 Louis Theroux: Miami...

7.00 **Outnumbered** Sue and Pete try to make it through a wedding day. **7.40** Pete returns from a colleague's funeral troubled by mortality and money problems. **8.20** Sue and Pete ban TV and computers for one whole Sunday.

9.00 **Inside the Ambulance: Coast and Country** The crews deal with a cycling accident and a suspected heart attack.

10.00 **Inside the Ambulance: Coast and Country** Paramedics in Portsmouth attend a man with a mechanical heart valve.
11.00 **Louis Theroux: Miami Mega Jail** 2/2. Louis meets an alleged triple murderer.
12.00 M'T **Louis Theroux's LA Stories** Exploring different aspects of Los Angeles.
1.20 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 135 123 346 361

8.00 AM **Fresh Prince of Bel Air**
9.00 **Curb Your Enthusiasm** (S7)
1.30 PM **Sex and the City** (S6)
4.30 **Will & Grace** 7/22. Jack takes a shine to the taxman that is investigating Will. **5.00** 8/22. Jack decides on a career as a massage therapist. **5.30** 9/22. The duo adopt a puppy – much to the dismay of Karen and Jack. **6.00** 10/22. The duo eavesdrop on their neighbours. **6.30** 11/22. Jack and Grace plan Will's birthday. (S1)

7.00 Will & Grace

7.00 **Will & Grace** 12/22. Will hires a maid. (S1)
7.30 **The Fresh Prince of Bel Air** 9/25. Will and Carlton continue their argument.

8.00 **The Fresh Prince of Bel Air** 10/25. Geoffrey celebrates his birthday. **8.30** 11/25. Carlton is consumed with envy. (S1)

9.00 **Pen15** 1/10. First episode. Maya and Anna begin a new school year. **9.35** 2/10. Maya and Anna become fascinated with the girls in their class who smoke. (S1)
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.

11.15 **Gary Gulman: The Great Depresh** Stand-up performance by the American comedian, in which he reflects on his struggles with depression and always being able to hear his mother's voice in his head.
12.40 AM **Insecure** 1-4/8. (S3)
3.00 **to 5.00** AM **Modern Family**

Dave

111/112 127 227 19 157 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Rick Stein's Long Weekends**
9.00 **Rick Stein: From Venice to Istanbul**
10.00 **American Pickers**
12.00 NOON **Top Gear**
1.00 PM **Red Bull Soapbox Race**
2.00 **Top Gear** With Simon Pegg.
3.00 **Border Force: America's Gatekeepers** Officers find drugs in a flat-bed truck.
4.00 **Scrapyard Supercar**
6.00 **Would I Lie to You?**

6.00 Would I Lie to You?

7.20 **Would I Lie to You?** With Dale Winton, Richard Bacon, Miranda Hart and Clare Balding. **7 PM**

8.00 **Not Going Out** Lee and Lucy ponder whether to have another child. **8.40** Lucy's dad Geoffrey reluctantly allows Lee to help clean up his new kitchen extension. **9.20** Lucy arranges a special surprise for Lee's birthday. **8 PM** **9 PM**

10.00 **QI XL** Guests Sue Perkins, Bill Bailey and Romesh Ranganathan join regular Alan Davies and host Stephen Fry. **10 PM**
11.00 **Hypothetical** With Jo Brand, Ellie Taylor, Phil Wang and Jessica Fostekew.
12.00 M'T **Live at the Apollo** Hosted by Dara O Briain.
1.00 AM **Room 101**
1.40 **QI XL** As 10.00pm.
2.35 **to 4.00** AM **Insert Name Here**

+1 hour 211 131 23

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Hart to Hart** (S1)
8.00 **Sue Thomas: F.B.Eye**
1.00 PM **Castle** (S2&3)
6.00 **Starsky & Hutch** *Starsky v Hutch:* 21/22. The duo investigate investigate a double murder at a dance hall. **7.00** *Sweet Revenge:* 22/22. Ken sets out to track down the would-be assassin responsible for shooting Dave. (S4) **8.00** *Savage Sunday:* 1/22. Two homicidal robbers unwittingly steal a car containing a ticking time bomb. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **The Persuaders!** (S1)
3.00 **Due South** 15/24. (S1)
3.45 **Starsky & Hutch** (S4)
5.15 **to 6.00** AM **Crazy Like a Fox**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Royal Ballet: Tchaikovsky – Sleeping Beauty**
8.30 **Tales of the Unexpected**
11.00 **Discovering**
2.00 PM **Emerson, Lake & Palmer: Live at the Isle of Wight**
3.30 **Pink Floyd: PULSE – The Dark Side of the Moon Live**
4.45 **Classic Artists: Yes**
7.00 **I Am Johnny Cash**
9.00 **Johnny Cash – Behind Prison Walls** From 1977.
10.00 **Willie Nelson & Friends: Outlaws & Angels**
12.00 M'T **Roy Orbison: Austin City Limits**
1.15 AM **Discovering: Roy Orbison**
1.45 **Bradley Wiggins on Mods** Documentary.
2.45 **Icon: Music Through the Lens**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Sinatra and Friends**

4seven

137 143 203 48 127

9.00 AM **Find It, Fix It, Flog It**
1.00 PM **The Great House Giveaway** Triple bill.
4.00 **A Place in the Sun**
8.00 **Changing Rooms** Two sets of neighbours make over each other's rooms in Barnstaple, Devon.
9.00 **999: On the Front Line** A recovering alcoholic rings for help with her withdrawal symptoms.
10.00 **Romesh Ranganathan: Irrational Live** Stand-up show from 2016.
11.05 **Celebrity SAS: Who Dares Wins** A hostage rescue scenario puts the recruits' decision-making skills to the test.
12.10 AM **Death on the Common: My Mother's Murder** Documentary.
1.15 **24 Hours in A&E**
2.20 **Celebrity Gogglebox**
3.25 **Ugly House to Lovely House with George Clarke** From Streatham.
4.20 **to 4.50** AM **The Simpsons**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
8.00 **Murder, She Wrote** *The Big Show of1965:* Jessica looks into a 25-year-old murder case. **9.00** *Murder According to Maggie:* One of Jessica's former students solves a murder case.
10.00 **Law & Order: Special Victims Unit** *Fashionable Crimes:* 20/23. A model is raped by a photographer. **11.00** *Assaulting Reality:* 21/23. A dating show contestant claims to have been raped. **11.55** *Melancholy Pursuit:* 8/23. A teenage girl is abducted. **12.55** AM *Depravity Standard:* 9/23. Barba seeks to prosecute a child abductor. (S17)
1.55 **Gone** 11&12/12. (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Funniest Ever Puppy Party** Comical clips.
9.00 **Michael McIntyre's Big Show** With OneRepublic.
11.35 **FILM The Witches** Fantasy. (1989) ★★★★
1.30 PM **FILM The Man in the Iron Mask** Adventure. (1998, 12, 131min) ★
4.05 **FILM Lost in Space** Sci-fi adventure. (1998, PG, 125min) ★★
6.50 **FILM Unbreakable** Fantasy thriller. (2000, 12, 107min) ★★★
9.00 **FILM Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
11.45 **FILM Secret in Their Eyes** Crime drama. (2015, 15, 106min) ★★★
2.00 AM **Kill Thy Neighbour**
3.00 **Inside Caesar's Palace: World's Most Expensive Hotels**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **Lovejoy**
11.00 **Sharpe**
1.00 PM **One Foot in the Grave** Triple bill.
3.00 **Rosemary & Thyme**
6.00 **The Brokenwood Mysteries** *The Garotte and the Vinklebraun:* 1/7. Mike and his team investigate the murder of a TV host. (S7)
8.00 **Hetty Wainthropp Investigates** *The Astral Plane:* 4/6. Hetty investigates a spiritualist who appears to be blackmailing her customers. (S2)
9.00 **Silent Witness** *Deadhead:* Nikki investigates a plane crash in which a former US ambassador is killed, and evidence suggests that the aircraft was deliberately sabotaged.
11.20 **Ashes to Ashes**
2.00 **to 4.00** AM **Silent Witness**

+1 hour 243 226 73

SATURDAY

Documentaries

CBS Drama

147 197 67 134

9.00 AM **Walker, Texas Ranger** Five episodes.
2.00 PM **Medical Detectives**
4.00 **Judge Judy**
9.00 **Psychic Private Eyes** Investigating the deaths at Deepcut barracks.
10.00 **Medium** *How to Beat a Bad Guy:* 15/22. Allison investigates an attack on a self-defence instructor. **11.00** *Allison Rolen Got Married:* 16/22. A look back at Allison and Joe's wedding. **12.00** M'T *There Will Be Blood – Type A:* 17/22. Allison and her daughters dream about the same mysterious girl. **1.00** AM *There Will Be Blood – Type B:* 18/22. Allison discovers the girl from her dreams is the killer's next target. **2.00** *Sal:* 19/22. Marie is threatened by an alarm system. (S6)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 40 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
12.00 NOON **Scorpion** (S3)
2.00 PM **NCIS** (S6)
7.00 **Scorpion** *Sly and the Family Stone:* 8/25. The team must deal with a poisonous cloud. **8.00** *Mother Load:* 9/25. Paige's estranged mother enlists the team's help. (S3)
9.00 **NCIS** *House Rules:* 10/24. McGee and Abby hunt cyber-terrorists. **10.00** *Check:* 11/24. The team investigate a series of copycat killings. **11.00** *The Enemy Within:* 12/24. The kidnapping of a social worker in Syria is linked to a US citizen. (S12)
12.00 M'T **NCIS** (S12)
2.00 AM **Scorpion** (S3)
3.45 **Matlock** 9/24. (S4)
4.35 **JAG** 7/24. (S6)
5.20 **to 6.00** AM **Karma's a B****

Challenge

160 160 47 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Family Fortunes**
1.00 PM **Family Fortunes**
2.00 **Bruce's Price Is Right** Double bill of editions.
3.00 **Strike It Lucky** Four editions of the game show hosted by Michael Barrymore.
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Chase** Triple bill of the general knowledge quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Comic John Thomson, broadcaster Carol Vorderman, actress Sue Cleaver and TV presenter Paul Ross pit their wits against quiz genius The Chaser.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
6.40 **Impractical Jokers: Inside Jokes** (S3)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S8)
1.00 PM **Everybody Loves Raymond** (S2&9)
7.00 PM **Friends** Ten episodes, including at: **10.00** 23/24. Phoebe catches chickenpox. **10.30** 24/24. Rachel attends her former fiancé's wedding. (S2) **11.00** 1/25. Ross reveals his most secret fantasy. **11.30** 2/25. Ross prepares to make an important speech. (S3)
12.00 M'T **Channel Hopping with Jon Richardson**
1.00 AM **Rhod Gilbert's Growing Pains**
2.00 **Guessable?**
4.30 **Impractical Jokers: Inside Jokes**
5.10 **to 6.00** AM **Impractical Jokers**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering: Sophia Loren**
7.00 **Discovering: Kirk Douglas**
8.00 **The Directors**
9.00 **First Ladies**
10.00 **Andre the Giant**
11.40 **My Icon: Sarah Storey**
12.00 NOON **FILM 89** Sports documentary. (2017, PG, 91min) ★★★
1.40 PM **Leonard Cohen I'm Your Man** Documentary.
3.40 **Kipchoge: The Last Milestone**
5.20 **The Longest War**
7.00 **Memory Box: Echoes of 9/11**
9.00 **NEW In the Same Breath** Focusing on the COVID-19 pandemic in China.
11.00 **Class Action Park**
12.50 AM **Marathon: The Patriots Day Bombing**
3.00 **FILM The Cold Blue** Documentary. (2018, PG, 101min) ★★★★
4.00 **to 6.00** AM **Guest Wing**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Wildlife Rescue New Zealand**
8.00 **Orangutan Jungle School** Five editions.
1.00 PM **Shark Squad**
4.00 **Micro Monsters with David Attenborough**
7.00 **The Forgotten Forests of Malaysia**
8.00 **Deadly Hunters**
9.00 **Deadly Australians** The deadliest creature in Australia's oceans.
10.00 **Arabian Seas** A look at the explosion of life off the coast of Oman.
11.00 **Nomads of the Serengeti** The wildlife haven on the edge of the Serengeti.
12.00 M'T **Mysteries of the Mekong** The Mekong continues its winding journey south.
1.00 AM **Wildlife Icons**
2.00 **Deadly Hunters**
3.00 **Deadly Australians**
4.00 **to 6.00** AM **Waterworld Africa**

HGTV

158 286 43 166

7.00 AM **House Hunters International**
8.00 **The Great Interior Design Challenge**
9.00 **Escape to the Country**
10.00 **Quick Little Builds**
11.00 **DIY SOS: The Big Build**
1.00 PM **River Cottage Autumn** Hugh hosts a Bonfire Night party.
2.00 **This Farming Life**
3.00 **A Place in the Sun**
8.00 **Escape to the Country** Nicki Chapman assists a Croydon couple seeking a retreat in Somerset. **9.00** Jules Hudson helps a couple looking for a home in North Yorkshire.
10.00 **DIY SOS: The Big Build**
12.00 M'T **Flip or Flop**
1.00 AM **Fixer to Fabulous**
2.00 **House Hunters International**
3.00 **to 4.00** AM **Beachfront Bargain Hunt** New editions

+1 hour 258 290

Food Network

140 285 42 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
10.00 **Gordon's Great Escape**
11.00 **Man v Food: Best Of**
12.00 NOON **Man v Food**
1.30 PM **Jamie's Super Food**
3.00 **Jamie's Money Saving Meals** Six editions.
6.00 **Jamie's Fish Supper**
7.00 **Michel Roux's French Country Cooking**
8.00 **Man v Food**
9.00 **Man v Food: Best Of** New editions Adam Richman devours a maple doughnut smothered in bacon. **9.30** A Reuben pizza covered in swiss cheese.
10.00 **NEW SERIES Worst Cooks in America**
11.00 **Man v Food**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Baggage Battles**
8.00 **Alaska: Last Frontier**
10.00 **Yukon Gold**
12.00 NOON **Outback Opal Hunters** Triple bill.
3.00 PM **Wheeler Dealers**
6.00 **Rods N' Wheels**
7.00 **Fast N' Loud**
8.00 **Cruise Ship Disaster: Inside the Concordia**
9.00 **I Got Lucky: Survival Stories** New editions
10.00 **Massive Engineering Mistakes** A series of engineering disasters.
11.00 **The Alaska Triangle**
12.00 M'T **Aliens In Alaska**
1.00 AM **Naked and Afraid XL** A brutal journey.
2.00 **Treasure Quest: Snake Island**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Barnwood Builders**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

Paramount Network

150 187 150 32 132

9.00 AM **Criminals: Caught on Camera**
9.30 **Trucking Hell**
11.30 **Police Interceptors**
3.30 PM **Entertainment News**
3.40 **FILM High Noon** Oscar-winning Western starring Gary Cooper and Grace Kelly. (1952, b/w, U, 85min) ★★★★★
5.25 **FILM Gunfight at Comanche Creek** Western. (1963, U) ★
7.15 **FILM Hondo** Western with John Wayne. (1953, PG, 84min) ★★★
9.00 **FILM The Enforcer** Action thriller starring Clint Eastwood. (1976, 18, 95min) ★★★
11.00 **FILM Kickboxer: Vengeance** Thriller. (2016, 15, 90min) ★★
12.55 AM **Idiot TV**
1.55 **Longmire**
4.25 **Criminals: Caught on Camera**
4.45 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Highway Patrol**
11.00 **Brit Cops: Law & Disorder** Double bill.
1.00 PM **Murders That Shocked the Nation**
3.00 **Britain's Most Evil Killers** Raoul Moat.
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Lee Ford.
9.00 **Killer in My Village** The story of Matthew Hamlen.
10.00 **World's Most Evil Killers** Dennis Rader.
11.00 **I Love You, Now Die: The Commonwealth vs Michelle Carter**
12.15 AM **Killer in My Village**
1.10 **Britain's Most Evil Killers** Triple bill.
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **48 Hours** Triple bill.
8.00 **Ice Cold Killers** An entire family vanish in the dead of winter.
9.00 **Snapped: Killer Couples** A pregnant woman's disappearance casts suspicion on a mysterious couple. **10.00** The discovery of a burnt body triggers an investigation that unearths a tale of lust, lies and love triangles. **11.00** A polygamist falls under suspicion when his sister and niece are found dead in a small Oklahoma town.
12.00 M'T **Snapped: Killer Couples** Double bill.
2.00 AM **Scandal Made Me Famous**
3.00 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Triple bill.
11.00 **Antiques Road Trip**
1.00 PM **A Place in the Sun**
3.00 **Countryside 999**
4.00 **Helicopter ER**
8.00 **Saving Lives at Sea**
9.00 **Helicopter ER** The Yorkshire Air Ambulance crew respond to a motorway crash.
10.00 **Emergency** Following life at the Royal Melbourne Hospital.
11.00 **Ghost Adventures: Top 10** The most memorable ghosts caught on camera.
12.00 M'T **Paranormal Nightshift** A care worker faces a dark paranormal presence.
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 63 162

6.00 AM **The Curse of Oak Island** Documentary.
7.55 **World's Greatest Treasure Mysteries**
8.55 **Pawn Stars**
2.15 PM **Dickinson's Real Deal** Five editions.
7.00 **The UnXplained with William Shatner** A cache of riches said to be buried on a tiny island in the North Atlantic.
8.00 **World's Greatest Treasure Mysteries** Pirate treasures.
9.00 **Paranormal: Caught on Camera** Triple bill.
12.00 M'T **Believers: Extreme Hauntings**
1.00 AM **Ancient Aliens**
2.00 **Unidentified: Inside America's UFO Investigation**
3.00 **Stan Lee's Superhumans**
3.45 **Ozzy & Jack's American Roadtrip**
4.35 **to 6.00** AM **Hardcore Pawn**

TLC

133 133 828 167 323 377

6.00 AM **Say Yes: Wedding SOS**
7.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Curvy Brides Boutique** Four editions.
3.00 **Dr Pimple Popper**
5.00 **Say Yes... UK**
6.00 **Say Yes... Bridesmaids**
7.00 **Say Yes... America**
8.00 **Dr Pimple Popper**
9.00 **Embarrassing Bodies: Teen Special**
10.00 **NEW SERIES Long Island Medium: In Memory of 9/11** With Theresa Caputo.
12.00 M'T **Dr Pimple Popper**
1.00 AM **Embarrassing Bodies: Teen Special**
2.00 **Curvy Brides Boutique**
3.00 **Say Yes... UK**
4.00 **Say Yes... Lancashire**
5.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **Entertainment News**
9.05 **The Dog Rescuers with Alan Davies** Double bill.
11.05 **The Yorkshire Vet**
3.00 PM **The Highland Midwife** Four editions.
7.00 **Our Yorkshire Farm** All nine children return home for Christmas.
8.00 **The Highland Vet** Shepherdess Billie arrives with her jittery pregnant border collie.
9.00 **Britain's Favourite 70s TV Comedy** Jo Brand presents a celebration of great sketches from the 1970s, including clips of Morecambe and Wise.
11.00 **Britain's Favourite 80s Songs** Janice Long recalls the hits of 1982.
12.30 AM **Tommy Cooper: In His Own Words**
2.35 **Susan Calman's Grand Week By the Sea**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Mighty Trains**
7.00 **Mighty Ships**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
6.00 **Goblin Works Mod Shop** Transforming a VW Transporter Van.
7.00 **The Repair Shop**
8.00 **Salvage Hunters** Drew Pritchard scours the wild items at Chester Zoo.
9.00 **EFL on Quest** The latest EFL action, including Blackpool v Fulham.
11.00 **Border Control Poland** Officers discover suspicious plastic bottles in a vintage van.
12.00 M'T **Aircrash Confidential**
1.00 AM **Mighty Ships**
2.00 **Mighty Trains**
3.00 **Salvage Hunters: The Restorers**
4.00 **Mighty Trains**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Animal Cops Houston**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
12.00 NOON **Hoarding: Buried Alive**
1.00 PM **Long Lost Family US**
2.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **The Bad Skin Clinic**
9.00 **The Killer in My Family**
10.00 **In Pursuit: The Missing** New edition Callahan Walsh investigates the disappearances of a mother and a teenage girl, both from Florida.
12.00 M'T **Couples Who Kill**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Orangutans**
5.30 **to 6.00** AM **Say Yes to the Dress: Big Bliss**

+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Building Off the Grid**
12.00 NOON **Alaskan Bush People** An old friend helps the family. **1.00** PM The family set up home, but the boys' skills appear to be a little rusty. **2.00** The family go hunting. **3.00** The Browns start building their home in Alaska. **4.00** The boys invite some girls back to their property. **5.00** Billy falls seriously ill.
6.00 **Deadliest Catch** Josh and Casey race to deliver live crab after their pump fails.

10.00 Killers of the Cosmos

7.00 **Gold Divers** Teams of dredgers in Alaska attempt to collect gold from the bottom of the unpredictable Bering Sea.
8.00 **Gold Rush: Winter's Fortune** Fred explores an underground river, while Dustin and Carlos battle brutal weather.
9.00 **Outback Truckers** Mick and Sue get lost in the Simpson desert, as Graham leads a mercy hay convoy for farmers.
10.00 NEW SERIES **Killers of the Cosmos** Aidan Gillen plays a detective examining phenomena within the universe.
11.00 **Lost World of the Colosseum** Archaeologists uncover the secret lives of the gladiators and make new discoveries that help explain the rise and sudden fall of the Roman Empire.
12.00 M'T **Expedition X**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **How Do Animals Do That**
9.00 **Scaled**
10.00 **Crikey! It's the Irwins**
11.00 **The Vet Life**
12.00 NOON **Tanked** Triple bill.
3.00 PM **The Zoo** The brown bears dig up and destroy their exhibit. **4.00** Keepers help a kangaroo suffering with arthritis.
5.00 **Crikey! It's the Irwins** Terri helps release a wild leopard in South Africa.
6.00 **My Cat from Hell** Helping a firefighter in Los Angeles who is struggling to deal with his cat

9.00 Big Cat Tales

7.00 **My Cat from Hell** Jackson Galaxy comes to the aid a Texan couple who are disturbed by their cat's night-time terrors.
8.00 **Edge of Alaska** Jeremy battles against rising river levels to secure timber for the lumber project.
9.00 **Big Cat Tales** Bahati the leopard struggles to protect her cubs from baboons and lions.
10.00 **Dr Jeff: Rocky Mountain Vet** A dog needs help to deliver a large puppy, and the vets help homeless people and their pets.
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 AM **Dr Dee: Alaska Vet** A routine cattle castration takes a dangerous turn.
2.00 **Crikey! It's the Irwins**
3.00 **How Do Animals Do That**
3.50 **Scaled**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **9/11: One Day in America**
12.30 PM **9/11: One Day in America** The story of a group of firefighters who survived the collapse of the north tower. **1.30** A rescue story from the aftermath of the attack. **2.30** Personal accounts of the World Trade Center attacks. **4.00** Stories of survivors who made it out of the south tower. **5.00** Personal accounts of the hijack of Flight 93. **6.00** Personal accounts of the toxic dust cloud that surrounded the impact site.

8.00 9/11: One Day in America

7.00 **9/11: One Day in America** The story of a group of firefighters who survived the collapse of the north tower.
8.00 **9/11: One Day in America** A miraculous rescue story from the aftermath of the attack.
9.00 **9/11: One Day in America** Personal accounts of the World Trade Center attacks.
10.30 **9/11: One Day in America** Personal stories of survivors who made it out of the south tower.
11.30 **9/11: One Day in America** Personal accounts of the hijack of Flight 93, as well as the attack on the Pentagon.
12.30 AM **9/11: One Day in America**
3.30 **9/11 Firehouse** The fire station standing as a memorial to the 9/11 terror attacks.
4.30 **to 5.00** AM **Hitler the Junkie**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Pawn Stars**
11.00 **Proving God**
1.00 PM **UFOs: Top Secret Alien Files** The lengths that officials go to keep civilians safe from extraterrestrial encounters.
3.00 **UFOs: The White House Files** The legacy of secrecy and controversy surrounding UFOs and the US presidency.
4.00 **Curse of Skinwalker Ranch** The team experience strange and disturbing things.
5.00 **Lost Relics of the Knights Templar** Double bill.

9.00 9/11: Four Flights

7.00 **9/11 Inside Air Force One** Documentary charting the story of the events of September 11, 2001 from inside *Air Force One* during its emergency nine-hour flight from Florida to Washington, DC.
9.00 NEW **9/11: Four Flights** Documentary marking 20 years since the 9/11 terror attacks, focusing on the four flights that took off on the morning of September 11, 2001 and telling the stories of those aboard from the loved ones left behind.
11.00 **Portraits from Ground Zero** The personal stories of those at Ground Zero on 9/11.
1.00 AM **UFOs: Top Secret Alien Files** As shown at 1.00pm.
3.00 **UFOs: The White House Files** As shown at 3.00pm.
4.00 **to 6.00** AM **Lost Relics of the Knights Templar**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **Secrets of the Transport Museum** Double bill.
10.00 **Trains That Changed the World** Four editions.
2.00 PM **Inside Central Station Christmas Special**
3.00 **Great British Railway Journeys** Eight editions of the documentary, including at: **6.00** Michael Portillo journeys from Glasgow to Cumbrae. **6.30** Michael visits the University of Glasgow's Officer Training Corps.

8.00 Porridge

7.00 **Great British Railway Journeys** A journey from Warwick to Radley. **7.30** Michael travels from Warwick to Rye.
8.00 **Porridge** The inmates decide on a wager as the parole board gathers. **8.40** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level. **9.20** Godber gets into a fight a week before his parole board hearing.
10.00 **TOTP2: Summertime Special** Archive summer sounds, featuring songs by The Undertones, Bananarama and ELO.
11.00 **TOTP2: School Days** Mark Radcliffe narrates a selection of school-themed performances, including Alice Cooper, Busted and the cast of *Grange Hill*.
12.00 M'T **Sounds of the Sixties**
12.30 AM **Sounds of the Seventies**
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
9.00 **Expedition Unknown**
12.00 NOON **Spies in Space**
1.00 PM **Apollo 8: The Mission That Changed the World**
2.00 **The Dark Side of the Sun** Documentary.
3.00 **Combat Dealers**
4.00 **Tony Robinson's World War One** Double bill.
6.00 **The Flight That Fought Back** Documentary.
8.00 **Expedition Unknown: Hunt for Extraterrestrials**
9.00 **Expedition Unknown: Hunt For The Yeti**.
10.00 **Expedition Unknown**
11.00 NEW **9/11: Heroes of the 88th Floor**
1.00 AM **SAS: Who Dares Wins** A gruelling 12-hour jungle mission.
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **David Attenborough's Natural Curiosities**
11.00 **Gorilla Family and Me**
1.00 PM **Reindeer Family & Me** Gordon Buchanan travels across Lapland.
2.00 **China's Secret Monkey Kingdom**
3.00 **David Attenborough's Natural Curiosities**
5.00 **Gorilla Family and Me**
7.00 **Reindeer Family & Me**
8.00 **China's Secret Monkey Kingdom**
9.00 **David Attenborough's Natural Curiosities**
11.00 **Gorilla Family and Me**
1.00 AM **Reindeer Family & Me** As shown at 1.00pm.
2.00 **China's Secret Monkey Kingdom**
3.00 **David Attenborough's Natural Curiosities**
4.40 **Russia from Above**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Savage Kingdom**
2.00 PM **Asia's Weirdest**
5.00 **Asia's Wild Secrets** A look at the importance of water across Asia's varied wildlife. **6.00** Asia's highlands, home to some of the highest-living species. **7.00** Footage of the continent's most iconic wildlife and scenery.
8.00 **America's Funniest Videos: Animal Edition** A close call with a lion who knows how to open a car door, and a rhino chases after a peacock.
9.00 **Africa's Deadliest** Deadly snakes that employ poison and stealth to kill their prey. **10.00** The deadly teeth of some of Africa's most ferocious predators.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack**
2.00 **to 5.00** AM **Savage Kingdom**

Sky History 2

163 163 840 272

8.00 AM **Combat Ships**
10.00 **Deep Sea Detectives**
12.00 NOON **WWI: The First Modern War**
2.00 PM **Monsterquest**
6.00 **Tales from the Egyptian Crypts** Part two of two. A look at some poetic sacred carvings and the tomb of the 'Boy King' Tutankhamun.
8.00 **Warrior's Way** The most eminent fighters in human history, starting with the Vikings. **9.00** A look at the Knights Templar.
10.00 **Medieval Dead** A look at medieval life using skeleton analysis and dramatic reconstructions. **11.00** The mass graves of those who died at the Battle of Visby in 1361.
12.00 M'T **Warrior's Way**
2.00 AM **Medieval Dead**
4.00 **to 6.00** AM **Monsterquest**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **The Lost Hero of 9/11**
9.40 **9/11: Escape from the Impact Zone**
10.45 **9/11: Miracle Survivor**
11.55 **The Lost Hero of 9/11**
1.00 PM **Beautiful Serengeti**
2.05 **The Last Voices of World War One** Six editions of the series.
8.45 **9/11: Escape from the Impact Zone** Five people who survived the 2001 terrorist attacks.
9.55 **9/11: Miracle Survivor** A man who survived the collapse of the World Trade Centre.
11.00 **Beautiful Serengeti** A look at animals' defensive strategies.
11.35 **America After 9/11**
1.55 AM **9/11: Escape from the Impact Zone**
2.45 **9/11: Miracle Survivor**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Killer in Plain Sight**
12.00 NOON **I Am a Killer**
2.00 PM **Very Scary People: Charles Manson**
4.00 **A Killer's Mistake**
6.00 **What the Killer Did Next** Double bill.
8.00 **Nightmare in Suburbia** A look at the murder of Tati Rodgers in Wrexham in 2008, whose body went undiscovered for 14 months.
9.00 **Britain's Darkest Taboos** Mick Philpott's ex-girlfriend Kim Hill discusses his attempt to kill her.
10.00 **Invisible Monsters**
12.00 M'T **I Survived a Serial Killer** Double bill.
1.00 AM **Court Cam**
2.00 **Murder for Hire**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

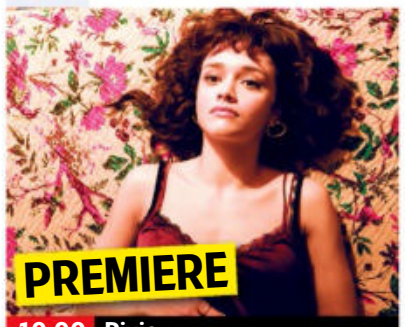
SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.40 AM **The Outside Story**
8.25 **Me, Myself and Di** (2021)
10.15 **PREMIERE Pixie** As 10.00pm.
12.05 PM **Alone** As 11.40pm.
1.55 **Bombshell** As 8.00pm.
4.00 **Long Story Short** Romantic fantasy comedy starring Rafe Spall and Zahra Newman. (2021, 15, 90min) ★★★
5.50 **Let Him Go** Crime drama starring Kevin Costner, Diane Lane and Kayli Carter. (2020, 15, 113min) ★★★



10.00 Pixie

8 PM

8.00 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on Fox News head Roger Ailes and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE Pixie** Crime comedy starring Olivia Cooke and Ben Hardy. (2020, 15, 93min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

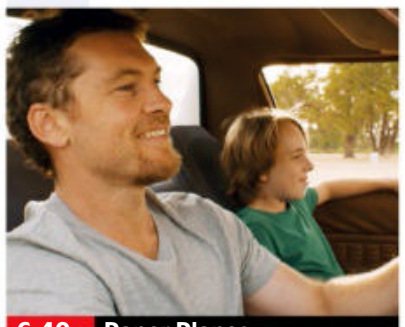
11.40 **Alone** Horror starring Jules Willcox and Marc Menchaca. (2020, 15, 98min) ★★★★
1.25 AM **Long Story Short** As 4pm.
3.05 **The Outside Story** Drama starring Brian Tyree Henry and Sonequa Martin-Green. (2020, 15, 85min) ★★★★
4.40 **to 6.20** AM **Me, Myself and Di** Comedy starring Katy Clayton. (2021, 12, 93min) ★

+1 hour 312

Sky Cinema Back to School

303 403 503 517

6.55 AM **Critical Thinking** Drama. (2020, 15, 117min) ★★★
8.50 **Diary of a Wimpy Kid** (2010)
10.25 **Spider-Man: Homecoming**
12.45 PM **Coach Carter** As 12.20am.
3.05 **The Sinners** Teen thriller. (2020, 15, 96min) ★★
4.45 **Weathering With You** Animated fantasy drama. (2019, 12, 112min) ★★★★
6.40 **Paper Planes** Family drama starring Ed Oxenbould. (2014, U, 97min) ★★★


6.40 Paper Planes

8.20 **Diary of a Wimpy Kid** Family comedy starring Zachary Gordon and Robert Capron. A 12-year-old grapples with the onset of adolescence as he starts a new school. (2010, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

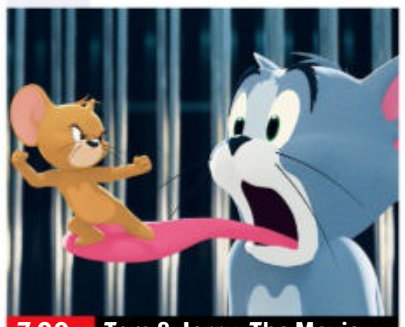
10.00 **Spider-Man: Homecoming** Adventure starring Tom Holland and Michael Keaton. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Coach Carter** Sports drama with Samuel L Jackson. (2004, 12, 136min) ★★★
2.40 **Road Trip** Teen comedy. (2000, 15, 94min) ★★★
4.20 **to 6.20** AM **Weathering With You** As 4.45pm.

Sky Cinema Family

306 306 850 406 506 520

7.20 AM **Tom & Jerry: The Movie**
9.15 **Swimming for Gold** (2020)
10.55 **Call of the Wild** As 10.45pm.
12.35 PM **Problem Child** (1990)
2.00 **Max Winslow and the House of Secrets** Thriller. (2019, 12) ★
3.40 **Paddington** Family comedy. (2014, PG, 95min) ★★★★
5.20 **Swimming for Gold** Drama. (2020, U, 91min) ★★
7.00 **Tom & Jerry: The Movie** Partly-animated comedy. (2021, PG, 101min) ★★


7.00 Tom & Jerry: The Movie

Tom & Jerry: The Movie (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Racing Stripes** Comedy about a zebra that thinks it's a horse, starring Bruce Greenwood and Hayden Panettiere, and featuring the voices of Frankie Muniz and Mandy Moore. (2004, U, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Call of the Wild** Adventure based on the classic novel by Jack London, starring Ariel Gade, Christopher Lloyd and Timothy Bottoms. (2009, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Problem Child** Comedy. (1990, PG, 81min) ★
1.55 **Paddington** As 3.40pm.
3.35 **Max Winslow and the House of Secrets** As 2.00pm.
5.15 **to 7.00** AM **Racing Stripes**

Sky Cinema Action

307 307 851 407 507 521

7.10 AM **Fury** As shown at 7pm.
9.25 **Cicada 3310** As 9.15pm.
11.15 **Green Lantern** As 3.15am.
1.10 PM **Season of the Witch** Adventure. (2010, 15) ★★
2.55 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy. (2020, 15, 109min) ★★★★
4.45 **Fall of a Kingdom** Adventure. (2019, 15, 104min) ★★★
7.00 **Fury** War drama starring Brad Pitt. (2014, 15, 131min) ★★★

9.15 Cicada 3310

Fury (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

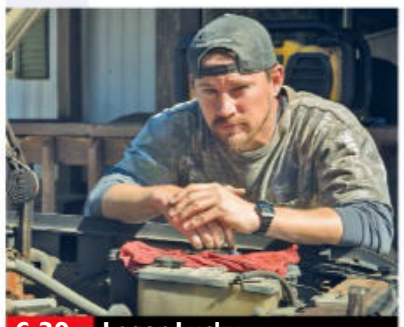
9.15 **Cicada 3310** Comedy action thriller starring Jack Kesy. A hacker, his best friend and a librarian are forced to compete in a sophisticated dark web secret society's recruitment game. (2021, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Escape Plan** Action thriller starring Sylvester Stallone. (2013, 15, 113min) ★★★
1.05 AM **The Expendables 3** Action adventure sequel. (2014, 12, 126min) ★★
3.15 **Green Lantern** Superhero adventure with Ryan Reynolds. (2011, 12, 113min) ★★
5.10 **to 7.00** AM **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** As shown at 2.55pm.

Sky Cinema Comedy

308 308 852 408 508 522

7.20 AM **Logan Lucky** As 6.30pm.
9.20 **Pitch Perfect** As 4.30pm.
11.15 **Horrible Bosses** As 8.30pm.
1.00 PM **Grown Ups** Comedy. (2010, 12, 102min) ★★★
2.45 **Grown Ups 2** Comedy sequel. (2013, 12, 99min) ★
4.30 **Pitch Perfect** Musical comedy with Anna Kendrick. (2012, 12, 112min) ★★★★
6.30 **Logan Lucky** Crime caper starring Channing Tatum. (2017, 12, 118min) ★★★★


6.30 Logan Lucky

8.30 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. Two slackers go on the run from homicidal cops and murderous gangsters after one of them witnesses a killing. With Gary Cole. (2008, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Babysplitters** Comedy. (2020, 15, 119min) ★★★
2.10 **Lazy Susan** Comedy. (2020, 15, 90min) ★★
3.45 **Grown Ups** As 1.00pm.
5.30 **to 7.15** AM **Grown Ups 2**

primetime

Sky Cinema Greats

304 304 849 404 504 518

7.25 AM **The Presidio** As 3.35am.
9.10 **Once Upon a Time in the West**
12.00 NOON **Jurassic Park** Steven Spielberg's monster thriller with Sam Neill and Laura Dern. (1993, PG, 127min) ★★★★★
2.10 PM **Predator 2** As 11.15pm.
4.10 **Alien: Director's Cut** Ridley Scott's sci-fi chiller starring Sigourney Weaver and Ian Holm. (1979, 15, 115min) ★★★★★

6.10 **Once Upon a Time in the West** Sergio Leone's classic Western starring Charles Bronson, Henry Fonda and Claudia Cardinale. (1968, 15, 165min) ★★★★★
9.00 **The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★

11.15 **Predator 2** Sci-fi action sequel. (1990, 15, 107min) ★★★
1.15 AM **Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★
3.35 **The Presidio** Crime thriller. (1988, 15, 98min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **The Wild Thornberrys Movie** (2002, U) ★★★★
7.55 **The Road to El Dorado**
9.35 **Cloudy with a Chance of...**
11.15 **The Boxtrolls** As 5.45pm.
1.00 PM **Dragon Rider** Animation. (2020, PG, 91min) ★★★
2.35 **Riverdance: The Animated...**
4.10 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 89min) ★★★

5.45 **The Boxtrolls** Animated fantasy. (2014, PG, 97min) ★★★★
7.25 **Minions** Animated comedy with the voice of Sandra Bullock. (2015, U, 91min) ★★★★
9.00 **Riverdance: The Animated Adventure** Animation featuring the voice of Pierce Brosnan. (2021, U, 90min) ★★★
10.35 **The Elfkins** Animated comedy. (2019, PG, 78min) ★★★
11.55 **Alvin and the Chipmunks Meet Frankenstein** Animation. (1999, U, 75min) ★★

1.20 AM **Strike** Animated adventure. (2018, PG, 100min) ★★★
3.05 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★
4.40 **to 6.00** AM **The Hero of Colour City** Animation. (2014, U, 80min) ★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.10 **Close Up** Jake Gyllenhaal.
7.45 **They Were Expendable** World War Two naval drama. (1945, b/w, U, 135min) ★★★
10.30 **Alias Jesse James** Comedy Western. (1959, U, 92min) ★★
12.25 PM **The Cowboys** Western. (1971, 12, 128min) ★★★
3.00 **The Gun That Won The West** Western. (1955, U, 71min) ★★

4.35 **Cow Country** Western. (1953, b/w, U, 81min) ★★
6.20 **All the President's Men** Fact-based political thriller starring Robert Redford, Dustin Hoffman and Jack Warden. (1976, 15, 138min) ★★★★★
9.00 **Unforgiven** Western directed by and starring Clint Eastwood. A reformed killer is forced out of retirement to earn a living. With Gene Hackman and Morgan Freeman. (1992, 15, 130min) ★★★★★

11.45 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
1.35 AM **Off Set** With Ben Miller.
1.55 **Close Up** Six editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Man Who Changed His Name** Thriller. (1934, b/w) ★★
7.35 **Three Witnesses** Crime drama. (1935, b/w, PG, 68min) ★★
8.55 **Talkies** Documentary.
9.00 **Busy Bodies** Laurel and Hardy comedy. (1933, b/w, U) ★★
9.25 **Green Hornet Strikes Again!**
9.50 **One Hour to Zero** Adventure. (1977, PG, 55min) ★★
11.00 **Dick Tracy** 1/15. (S1)

11.35 **The Phantom Empire** (S1)
12.00 NOON **The Punch and Judy Man** Comedy. (1962, b/w, U) ★★★
2.00 PM **Freckles** Western. (1960, U, 83min) ★★
3.40 **Everything By Design**
4.00 **The Angry Silence** Drama. (1959, b/w, PG, 95min) ★★★
6.00 **Scotland Yard** (S1)
6.35 **Designing Women**
7.00 **The Long Night**
9.00 **Vice Squad** Thriller starring Season Hubley and Wings Hauser. (1982, 18, 86min) ★★

10.50 **Eight O'Clock Walk** Thriller starring Richard Attenborough. (1953, b/w, PG, 87min) ★★
12.35 AM **Gold** Thriller. (1974, 12) ★★
3.10 **Beware, My Lovely** Thriller. (1952, b/w, 12, 77min) ★★★
4.45 **Look at Life**
5.00 **to 6.00** AM **The Detectives**

Horror

317 149 68 138

8.00 AM **Dragonquest** Fantasy. (2009, 12, 90min) ★★
10.00 **The 4400** 8-12/13. (S2)
3.00 PM **Lightning Strikes** Sci-fi thriller. (2009, 12, 90min) ★★
4.50 **Earth's Final Hours** Sci-fi thriller starring Julia Benson. (2011, 12, 84min) ★★
6.40 **Asteroid v Earth** Sci-fi thriller starring Tia Carrere and Jason Brooks. (2014, 15, 91min) ★★

8.30 **Tales from the Darkside** *Comet Watch:* An astronomer watching Halley's Comet gets a shock when Edmond Halley himself arrives trying to evade an obsessive lover.
9.00 **PREMIERE The Last House** Thriller starring Camille Keaton. When a grieving widow receives a deadly ultimatum to sell her beloved property, she embarks on a grisly quest for justice. With Scott Peeler and Karen Konzen. (2019, 15, 74min) ★★

10.35 **Ibiza Undead** British horror comedy. (2016, 15, 95min) ★
12.30 AM **Kill Command** Sci-fi thriller. (2016, 15, 98min) ★★★
2.30 **to 4.30** AM **Offensive** Horror. (2016, 18, 105min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Joker** As 4.40pm.
8.05 **Red Lights** Thriller with Cillian Murphy. (2012, 15) ★★★
10.05 **Inception** Sci-fi mystery thriller. (2010, 12, 149min) ★★★★★
12.35 PM **Jack Reacher** As 9.00pm.
2.50 **Dreamland** Romantic drama. (2019, 15, 98min) ★★★★
4.40 **Joker** Drama starring Joaquin Phoenix. (2019, 15) ★★★★
6.45 **Knives Out** Comedy crime thriller starring Daniel Craig. (2019, 12, 130min) ★★★★★

6.45 Knives Out

Knives Out (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **2 Guns** Action thriller starring Denzel Washington, Mark Wahlberg and Paula Patton. (2013, 15, 104min) ★★★
1.10 AM **American Psycho** Satirical black comedy based on the novel by Bret Easton Ellis, starring Christian Bale. (2000, 18, 102min) ★★★★
3.00 **Muscle** Psychological thriller starring Craig Fairbrass. (2020, b/w, 15, 110min) ★★★★
5.00 **to 6.50** AM **Dreamland**

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **The Secret Garden**
7.50 **The Switch** As 4.15pm.
9.40 **A Beautiful Day in the Neighborhood** As 6.00pm.
11.40 **The Bodyguard** As 8.00pm.
2.00 PM **Ghost** As 10.10pm.
4.15 **The Switch** Romantic comedy starring Jennifer Aniston. (2010, 12, 99min) ★★★
6.00 **A Beautiful Day in the Neighborhood** Fact-based drama starring Tom Hanks. (2019, PG, 109min) ★★★★

6.00 A Beautiful Day in the...

8.00 **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. A professional bodyguard falls in love with the superstar singer-actress he has been assigned to protect. (1992, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Ghost** Romantic fantasy thriller starring Patrick Swayze and Demi Moore. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. (1990, 12, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Seven Pounds** Melodrama starring Will Smith. (2007, 12, 117min) ★★★★
2.30 **The Artist's Wife** Drama. (2020, 15, 94min) ★★★
4.15 **to 6.00** AM **The Secret Garden** Family drama. (2020, PG, 99min) ★★★★

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.10 AM **The Craft: Legacy** As 6pm.
8.00 **Captive State** As 7.45pm.
10.05 **Gremlins** As 12.55am.
12.05 PM **Bill & Ted Face the Music**
1.55 **Resident Evil: Afterlife** Sci-fi horror thriller sequel. (2010, 15, 96min) ★★★
3.45 **The Mummy** Adventure. (1999, 15, 124min) ★★★
6.00 **The Craft: Legacy** Horror. (2020, 15, 97min) ★★★★
7.45 **Captive State** Sci-fi thriller. (2019, 15, 109min) ★★★

9.40 The Clearing

Captive State (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Clearing** Horror starring Liam McIntyre. A father must battle his way through the zombie apocalypse to save his teenage daughter. (2020, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Ready or Not** Comedy horror starring Samara Weaving. (2019, 18, 95min) ★★★★
12.55 AM **Gremlins** Comedy horror fantasy starring Zach Galligan, Phoebe Cates and Hoyt Axton. (1984, 12, 106min) ★★★★
2.55 **Bill & Ted Face the Music** Comedy sequel with Keanu Reeves and Alex Winter. (2020, PG, 91min) ★★★
4.35 **to 6.15** AM **Resident Evil: Afterlife** As 1.55pm.

Sky Cinema Assassins

302 402 502 516

7.15 AM **Salt** As shown at 6.15pm.
9.10 **Terminator: Dark Fate**
11.30 **The Naked Gun** As 11.50pm.
1.00 PM **The Losers** As 10.10pm.
2.45 **Hero** Chinese adventure starring Jet Li. Subtitled. (2002, 12, 99min) ★★★★
4.30 **Sniper: Assassin's End** Action sequel starring Tom Berenger. (2020, 15, 95min) ★★
6.15 **Salt** Thriller starring Angelina Jolie and Liev Schreiber. (2010, 12, 99min) ★★★

8.00 Terminator: Dark Fate

8.00 **Terminator: Dark Fate** Sci-fi adventure starring Arnold Schwarzenegger and Linda Hamilton. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (2019, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Losers** Action thriller starring Jeffrey Dean Morgan and Zoe Saldana. (2010, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. LA's most inept detective uncovers a heroin smuggling ring and foils an assassination attempt on Queen Elizabeth. (1988, 15, 85min) ★★★★
1.20 AM **Killer Joe** Crime thriller with Matthew McConaughey. (2011, 18, 98min) ★★★★
3.10 **Hero** As shown at 2.45pm.
4.55 **to 6.35** AM **Sniper: Assassin's End** As 4.30pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Longest Ride** Drama starring Britt Robertson. (2015, 12, 125min) ★★★
1.35 PM **Little Women** Period drama starring Winona Ryder. (1994, U, 114min) ★★★
3.55 **The Last Airbender** M Night Shyamalan's fantasy adventure. (2010, PG, 103min) ★★
6.05 **The Karate Kid** Martial arts drama starring Jaden Smith. (2010, PG, 140min) ★★★

6.05 The Karate Kid

The Karate Kid (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Abyss** James Cameron's underwater sci-fi adventure starring Ed Harris, Mary Elizabeth Mastrantonio and Michael Biehn. A mission to save a stricken nuclear submarine leads to an alien encounter. (1989, 15, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.50 **Commando** Action thriller with Arnold Schwarzenegger. A retired commando returns to combat when his daughter is kidnapped by a renegade former comrade. (1985, 18, 90min) ★★★
1.40 **to 4.00** AM **Berlin Syndrome** Horror starring Teresa Palmer and and Max Riemelt. (2017, 15, 116min) ★★★

11 PM

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **The Pumpkin Eater** Drama. (1964, 15, 110min) ★★
8.10 **The Wrong Box** Black comedy. (1966, U, 101min) ★★★
10.15 **Roxanne** Romantic comedy. (1987, PG, 102min) ★★★★
12.25 PM **The Detective** Comedy thriller. (1954, b/w, U) ★★★
2.15 **The Mouse That Roared** Satirical comedy starring Peter Sellers. (1959, U, 85min) ★★★
4.00 **The Flying Deuces** Comedy. (1939, b/w, U, 67min) ★★★
5.15 **Rock Around the Clock** Rock 'n' roll musical starring Bill Haley. (1956, b/w, U, 74min) ★★★
6.55 **Easy Come, Easy Go** Musical adventure starring Elvis Presley. (1967, U, 95min) ★★
9.00 **Sabrina** Billy Wilder comedy with Humphrey Bogart, Audrey Hepburn and William Holden. (1954, b/w, U, 113min) ★★★★
11.25 **Dead Reckoning** Thriller. (1947, b/w, U, 97min) ★★★★
1.25 AM **Only You** Romantic comedy. (1994, PG, 104min) ★★★
3.35 **Operation Dames** War drama. (1959, b/w, PG, 74min) ★★
4.50 **to 6.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **Aurora Teagarden Mystery: Dead Over Heels** Drama. (2016, PG, 90min) ★★
10.40 **Precious Things** Thriller. (2017, 12, 100min) ★★
12.20 PM **A Family Lost** Thriller. (2007, PG, 88min) ★★
2.00 **Bicentennial Man** Sci-fi drama. (1999, PG, 131min) ★★★
4.35 **Finding Neverland** Period drama. (2004, PG, 101min) ★★★★
6.40 **Annie** Musical remake starring Quvenzhane Wallis and Jamie Foxx. An orphan goes to live with a wealthy businessman and inspires him to change his cynical ways. (2014, PG, 115min) ★★★
9.00 **Green Zone** Action thriller with Matt Damon. In post-invasion Iraq, a US army officer hunts for weapons of mass destruction and unearths a conspiracy. (2010, 15, 114min) ★★★★
11.20 **The Guest** Darkly comic thriller. (2014, 15, 100min) ★★★★
1.35 AM **Awake** Suspense thriller starring Hayden Christensen. (2007, 15, 80min) ★★★
3.30 **to 6.00** AM **What's Eating Gilbert Grape** Offbeat drama. (1993, 15, 113min) ★★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **A Twist of Sand** Adventure. (1968, U, 90min) ★★
7.55 **The Glory Brigade** Wartime drama. (1953, U, 82min) ★★
9.40 **The Pride and the Passion** Adventure. (1957, PG) ★★
12.20 PM **A Yank in the RAF** Romantic World War Two drama. (1941, U, 98min) ★★★
2.25 **The Scarlet and the Black** Thriller. (1983, PG, 137min) ★★★
4.45 **Cockleshell Heroes** World War Two drama starring Jose Ferrer. (1955, U, 94min) ★★★
6.50 **Walking with the Enemy** World War Two drama starring Jonas Armstrong and Ben Kingsley. (2013, 12, 124min) ★★
9.00 **The Great War** War drama starring Billy Zane. During the final days of World War One, a group of US soldiers must rescue a platoon trapped deep behind enemy lines. (2019, 15, 108min) ★★
10.55 **Sniper: Legacy** Action thriller sequel. (2014, 15, 94min) ★★
12.55 AM **Red Scorpion** Adventure. (1989, 15, 102min) ★
3.00 **to 4.00** AM **The Blitz on Cologne**

+1 hour 324

Movies 24

325 419

7.00 AM **A Gingerbread Romance**
9.00 **Love on the Menu** As 9.00pm.
11.00 **A Summer to Remember**
1.00 PM **Love, of Course** As 1.00am.
3.00 **PREMIERE** **Love, For Real** Romantic comedy starring Chloe Bridges and Taiana Tully. (2021, PG, 84min) ★★
5.00 **Garage Sale Mystery: Searched & Seized** Thriller. (2020, PG, 89min) ★★
7.00 **A Gingerbread Romance** Drama starring Tia Mowry-Hardrict and Duane Henry. An architect teams up with a baker to enter a contest to design a life-sized gingerbread house. (2018, PG, 90min) ★★
9.00 **Love on the Menu** Romantic drama starring Autumn Reeser and Kavan Smith. In order to save his restaurant from closing, a chef agrees to work with an executive from a frozen food company. (2019, PG, 90min) ★★
11.00 **A Summer to Remember** Comedy starring Catherine Bell. (2018, PG, 90min) ★★
1.00 AM **Love, of Course** Romantic comedy. (2018, PG, 84min) ★★
3.00 **to 5.00** AM **Love, For Real**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **The Dukes of Hazzard** *Comedy Central* Comedy. ★
7.00 **Miami Magma** *Syfy* Sci-fi. ★★
7.15 **Liar Liar** *ITV2* Comedy. ★★★★
7.15 **Hondo** *Paramount Network* Western with John Wayne. ★★★
9.00 **Deadpool** *Channel 4* ★★★★
9.00 **Jurassic World** *Sky Showcase* Adventure sequel. ★★★★
9.00 **The Untouchables** *ITV4* Gangster thriller. ★★★★
9.00 **Angels & Demons** *5STAR* ★★
9.00 **Just Go With It** *Comedy Central* Comedy with Adam Sandler. ★
9.00 **Charlie's Angels** *E!* ★★
9.00 **Robotapocalypse** *Syfy* ★★
9.00 **The Enforcer** *Paramount Network* Violent thriller. ★★★
10.35 **Gladiator** *ITV* Epic. ★★★★
11.00 **At First Light** *Syfy* Thriller. ★★★
11.00 **Kickboxer: Vengeance** *Paramount Network* Thriller. ★★
11.05 **Mortal Engines** *Channel 4* Fantasy adventure. ★★★
11.35 **RoboCop 3** *ITV4* Sci-fi. ★★
11.45 **Secret in Their Eyes** *5STAR* Crime drama remake. ★★★
12.20 AM **Britt-Marie Was Here** *BBC2* Swedish comedy drama. Subtitled. ★★★

SATURDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Views on today's early stories and a look at the back pages.
9.00 **LIVE European Tour Golf** Coverage of the third day of the BMW PGA Championship, held at Wentworth in Surrey.
11.00 **LIVE WSL West Ham United v Aston Villa.** Coverage of the match from Chigwell Construction Stadium. Kick-off **11.30am**.
2.00 PM **LIVE Test Cricket England v India.** Day two of the fifth and final Test in the series, held at Emirates Old Trafford, Manchester.
5.00 **LIVE SNF Chelsea v Aston Villa.** Coverage of the Premier League match from Stamford Bridge. Kick-off **5.30pm**.
8.00 **LIVE World Cup of Darts** The second round from Sparkassen-Arena in Jena, Germany.
11.00 **Sky Sports News**
12.00 M'T **LIVE MLS New England Revolution v New York Red Bulls.** Kick-off 12.00m't.
2.10 AM **MLS** Didier Drogba.
2.15 **My Icon: Henni Goya**
2.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League Preview**
9.30 **Saturday Social**
10.30 **Inside The WSL**
11.00 **LIVE WSL West Ham United v Aston Villa.** Coverage of the match from Chigwell Construction Stadium. Kick-off **11.30am**.
2.00 PM **Gillette Soccer Saturday: Build-Up** A look ahead to today's football action across the country.
3.00 **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football action.
5.00 **LIVE SNF Chelsea v Aston Villa.** Coverage of the Premier League encounter from Stamford Bridge. Kick-off **5.30pm**.
8.30 **Renault Game of the Day** A full re-run of one of the afternoon's fixtures in the Premier League.
10.30 **Premier League**
12.15 AM **SNF** Chelsea v Aston Villa.
2.00 **Premier League**
3.45 **PL Greatest Games**
4.00 **PL Best Goals 98/99**
5.00 **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club: Harry Kane**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.30 **Saturday Social**
10.30 **Soccer AM** Football magazine.
10.55 **LIVE Primera Division**
12.00 NOON **LIVE SPFL St Johnstone v Rangers.** The top-flight game. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 **EFL Highlights**
5.15 **MLS** Zlatan Ibrahimovic.
5.20 **LIVE Bundesliga RB Leipzig v Bayern Munich.** Kick-off **5.30pm**.
7.30 **World Cup Qualifiers Review Show** A review of round six.
8.30 **World Cup Qualifier Highlights**
10.00 **LIVE MLS Seattle Sounders v Minnesota United FC.**
12.00 M'T **LIVE MLS New England Revolution v New York Red Bulls.** Kick-off 12.00m't.
2.10 AM **MLS** Didier Drogba.
2.15 **SPFL Greatest Games**
2.30 **EFL Greatest Games**
3.00 **to 6.00** AM **EFL Play Off Finals**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Test Cricket**
7.00 **Spinwash 1993**
8.15 **Test Cricket Bitesize**
8.30 **Talking Cricket**
9.00 **Test Cricket**
10.00 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** Day two of the fifth and final Test in the series, held at Emirates Old Trafford, Manchester.
7.00 PM **T20 Blast 2013**
8.00 **Test Cricket** England v India: Action from the second day of the fifth and final Test in the series, held at Emirates Old Trafford.
9.00 **Dinesh Karthik Meets**
9.45 **Best of T20 Blast Finals Day**
10.00 **Test Cricket**
11.00 **Test Cricket Bitesize**
11.15 **The Fletcher Years**
11.45 **Test Cricket Bitesize**
12.00 M'T **Vitality T20 Blast Cricket**
3.30 AM **Best of the Women's World T20** England v Australia
3.50 **Best of The Women's World T20** Australia v England in 2018.
4.00 **Test Cricket**
5.00 **Best of the Women's World T20** England v New Zealand.
5.50 **to 6.00** AM **Best of The Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Farmfoods British Par 3 Championship – Pro-Am 2021**
8.00 **European Tour Golf** Highlights of the second day's play of the BMW PGA Championship.
9.00 **LIVE European Tour Golf** Coverage of the third day of the BMW PGA Championship, held at Wentworth in Surrey, where Tyrell Hatton was victorious last year.
12.00 NOON **LIVE European Tour Golf** Further coverage from the third day of the BMW PGA Championship, which takes place at Wentworth in Surrey.
5.30 PM **Ladies European Tour Golf** Action from the third day's play of the VP Bank Swiss Ladies Open in Zug, Switzerland.
8.30 **European Tour Golf** Action from the third day of the BMW PGA Championship, which is taking place at Wentworth in Surrey.
9.30 **Best of the BMW PGA Championship Pro-Am's** A look back at previous stagings.
10.00 **European Tour Golf**
11.00 **Ryder Cup Memories**
12.00 M'T **European Tour Golf**
5.00 **to 6.00** AM **Ryder Cup Memories**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **DIY Pundit**
6.30 **Scottish Football Extra**
7.00 **Premier League Match Pack**
7.30 **Premier League Preview**
8.00 **WWE NXT UK**
9.00 **WWE Friday Night SmackDown**
10.30 **ESPN FC** Football news.
11.00 **Scottish Football Extra**
11.30 **LIVE Premier League Crystal Palace v Tottenham Hotspur.** The top-flight match from Selhurst Park. Kick-off **12.30pm**.
3.00 PM **BT Sport Score**
5.00 **LIVE Vanarama National League King's Lynn Town v Dagenham & Redbridge.** Coverage of the match from The Walks. Kick-off **5.20pm**.
7.30 **LIVE BT Sport Fight Night** Coverage of a boxing bout.
12.00 M'T **Vanarama National League Highlights**
12.30 AM **LIVE MLB New York Mets v New York Yankees.** From Citi Field. Start-time **12.40am**.
4.00 **MLB's Best**
4.30 **Badminton Unlimited**
5.00 **Vanarama National League**
5.30 **to 6.00** AM **World Rally Championship**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **MotoGP: ICYMI**
6.15 **World Rally Championship**
6.45 **Ligue 1** Another chance to see Lorient v Lille.
7.45 **MotoGP: ICYMI**
8.00 **LIVE MotoGP** Coverage of the FP3 ahead at the MotoGP Grand Prix of Aragon.
11.00 **LIVE MotoGP** Qualifying at the MotoGP Grand Prix of Aragon.
3.15 PM **MotoGP Rewind**
3.30 **Speed Catamarans GC32**
4.00 **LIVE World Rally Championship WRC** Stage 12 in Eleftherohori of Rally Greece.
5.00 **DIY Pundit** With Ivo Graham, Geoff Norcott and Michael Spicer.
5.30 **LIVE FIM Speedway Grand Prix** The latest meeting from Vojens in Denmark.
9.00 **WWE Friday Night SmackDown**
10.30 **Vanarama National League**
11.00 **World Rally Championship**
11.30 **LIVE Hero CPL St Kitts & Nevis Patriots v Trinbago Knights.** From Warner Park Sporting Complex, Basseterre.
3.30 AM **World Rally Championship**
4.00 **to 6.00** AM **The Big Match Revisited – 1974/75**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Gallagher Premiership Rugby Highlights**
7.30 **BT Sport Fight Night**
9.30 **Premier League Match Pack**
10.00 **Premier League Preview**
10.30 **LIVE AFL** Coverage of an Australian Rules Football match.
1.30 PM **Inside Serie A**
2.00 **Badminton Unlimited**
2.30 **LIVE Hero CPL Barbados Royals v Saint Lucia Kings.** All the action from the T20 match, which takes place at Warner Park Sporting Complex, Bassterre.
6.30 **Women's One-Day International Cricket**
7.30 **UEFA Champions League – Stories of the Finals**
7.45 **LIVE Serie A** Football action from Italy's top division.
9.45 **Serie A** Double bill of action.
11.45 **Sport in Focus**
12.00 M'T **LIVE College Football Arkansas Razorbacks v Texas Longhorns.** From Razorback Stadium. Kick-off **12.00m't**.
3.15 **to 6.45** AM **LIVE College Football BYU Cougars v Utah Utes.** From LaVell Edwards Stadium. Kick-off **3.15am**.

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
2.00 PM **Good Morning Football**
5.00 **NFL: A Football Life** Documentary series focusing on the lives of NFL players.
6.00 **Jags All Access: UK** Behind the scenes with Jacksonville Jaguars – now with number one draft pick Trevor Lawrence – as they prepare for this year's campaign.
6.30 **NFL Highlights** A look back at action from Tampa Bay Buccaneers v Dallas Cowboys.
7.30 **LIVE College Football Notre Dame Fighting Irish v Toledo Rockets.** Coverage from Notre Dame Stadium in Indiana. Kick-off **7.30pm**.
11.00 **NFL Hard Knocks: Dallas Cowboys** A look at the ups and downs of pre-season training for the Dallas Cowboys as they await the 2021 NFL season.
12.00 M'T **NFL: America's Game** Documentary in which the stories of each Super Bowl winning team are told by the people involved.
1.00 AM **NFL Highlights**
5.00 **to 6.00** AM **NFL: America's Game**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **Rise With Us**
8.00 **NBA Finals Defining Moments**
9.00 **Spirit of Yachting**
9.30 **Rugby League Retro**
10.30 **Betfred Super League**
12.00 NOON **Darts Gold**
1.00 PM **LIVE World Cup of Darts** Coverage of the second round of matches, held at Sparkassen-Arena in Jena, Germany.
5.00 **WNBA** Action from Washington Mystics v Atlanta Dream.
6.45 **Darts Gold**
7.00 **LIVE World Cup of Darts** Further coverage of the second round taking place at Sparkassen-Arena in Jena, Germany.
11.00 **Darts Gold**
11.30 **Premier League World**
12.00 M'T **LIVE MLS New England Revolution v New York Red Bulls.** Coverage of the Eastern Conference clash from Gillette Stadium. Kick-off **12.00m't**.
2.10 AM **MLS** Didier Drogba.
2.15 **Betfred Super League**
2.30 **Sail GP** From Saint-Tropez.
4.00 **Fight Night International**
5.00 **to 6.00** AM **Usyk v Chisora Repeat**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC**
6.30 **Around the Horn**
7.00 **Pardon the Interruption**
7.30 **ESPN FC** Football news.
8.00 **MLB**
11.00 **College Football**
2.00 PM **College GameDay**
5.00 **Around the Horn**
5.30 **Pardon the Interruption**
6.00 **LIVE College Football South Florida Bulls v Florida Gators.** Coverage from Raymond James Stadium. Kick-off **6.00pm**.
9.30 **LIVE College Football Iowa State Cyclones v Iowa Hakeyes.** Coverage from Jack Trice Stadium. Kick-off **9.30pm**.
1.00 AM **LIVE College Football Michigan Wolverines v Washington Guskies.** From Michigan Stadium. Kick-off **1am**.
5.00 **Around the Horn**
5.30 **to 6.00** AM **Pardon the Interruption**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **British Superbikes**
7.00 **European Rally Championship**
7.35 **Ski Jumping: Summer Grand Prix** Qualifying for the HS140.
7.55 **LIVE Ski Jump: Summer Grand Prix** The HS140 final.
11.00 **Cycling: Tour of Flanders**
11.15 **Cycling: European Road Champs** Double bill of action.
1.15 PM **LIVE Cycling: European Road Champs** The women's road race from Trentino in Italy.
4.20 **LIVE Show Jumping** The Longines Global Champions Tour.
6.30 **Sailing: Spirit of Yachting**
7.00 **Hall of Fame – Tokyo 2020**
8.00 **Cycling: European Road Champs**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Le Mans 24 Hours**
11.00 **Cycling: European Road Champs**
12.00 M'T **British Superbikes**
1.00 AM **Formula E**
2.00 **Cycling: European Road Champs**
3.00 **Hall of Fame – Tokyo 2020**
4.00 **to 6.00** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Triathlon: Super League**
7.00 **Cycling: European Road Champs**
8.00 **British Superbikes Extra**
9.00 **British Superbikes**
10.00 **Hall of Fame – Tokyo 2020**
11.00 **LIVE Canoeing** The ICF Canoe Slalom World Cup meeting in Pau.
12.15 PM **British Superbikes**
1.00 **LIVE British Superbikes** Coverage of qualifying and race one of round eight at Silverstone.
6.00 **World Superbikes**
7.00 **Formula E** The London ePrix.
8.00 **British Superbikes**
9.00 **Motocross World Championship**
10.00 **Cycling: European Road Champs**
11.00 **Bennetts British Superbikes**
12.00 M'T **Hall of Fame – Tokyo 2020**
1.00 AM **Cycling: European Road Champs** The women's road race.
2.00 **World Superbikes**
3.00 **British Superbikes**
4.00 **Cycling: European Road Champs**
5.00 **to 6.00** AM **Motorsport: Extreme E**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League**
7.45 **Women's Super League**
8.00 **Fight Night International**
12.00 NOON **Spirit of Yachting**
12.30 PM **LIVE Sail GP** Coverage of the first day at Saint-Tropez.
2.00 **Spirit of Yachting**
2.30 **Sail GP: Racing On The Edge**
3.00 **Betfred Super League**
3.30 **GAA: Inside The Game**
4.00 **LIVE GAA Mayo v Tyrone.** Coverage of the All-Ireland Senior Football Championship Final from Croke Park. Kick-off **5pm**.
7.30 **LIVE Super League Hull Kingston Rovers v Castleford Tigers.** From Hull College Craven Park Stadium. Kick-off **3pm**.
10.00 **Fight Night International**
1.00 AM **Betfred Super League**
1.30 **Sail GP**
3.00 **Sail GP: Racing On The Edge**
3.30 **Spirit of Yachting**
4.00 **to 6.00** AM **NBA**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula 1**
7.45 **LIVE Formula 2** Coverage of the opening sprint race from Italy.
8.45 **Highlights**
10.30 **LIVE Formula 1** The Italian Grand Prix second practice session.
12.15 PM **Formula 2 Championship**
1.15 **Lando Norris and His Engineers**
1.25 **Psychology of Lewis Hamilton**
1.30 **LIVE Formula 2** Coverage of the second sprint race from Italy.
2.35 **LIVE Formula 1** The first sprint race of the Italian Grand Prix.
5.00 **The Notebook**
5.30 **The History of Aston Martin**
5.40 **Ted's Story of Ferrari**
5.45 **On the Inside: McLaren**
6.00 **Formula 1**
7.00 **Ferrari Challenge Europe**
8.00 **Ant Drives the Mercedes W12**
8.15 **LIVE Indycar Portland** Coverage of the qualifying session for the Grand Prix of Portland.
9.30 **Formula 1**
10.30 PM **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Sunday

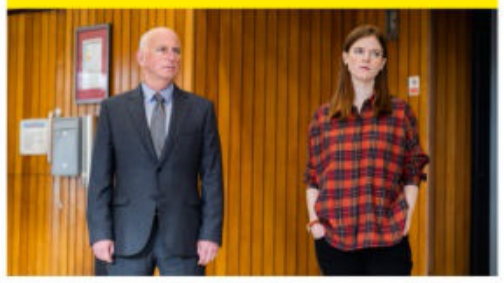
12 September

Evening Planner

Drama

Endeavour
ITV HD, 8pm
The detective must help a footballer who has received death threats from the IRA, while a college bomb attack spreads fear

Drama



Vigil
BBC1 HD, 9pm
The thriller continues, with Silva revealing the secret she has discovered, and Longacre having her inquiries blocked

Arts

Life Drawing Live!
BBC2 HD & BBC4 HD, 9pm
Josie d'Arby co-hosts as life models disrobe at Wrest Park in Bedfordshire for a draw-along-at-home masterclass

OnDemand

STARZPLAY

Dr Death
Available today
Joshua Jackson takes the title role in a true-crime drama about a neurosurgeon who maimed patients under his care

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Vigil		10.00 News	10.30 Match of the...
102 BBC2	7.00 Cricket: Today at the Test		8.00 Mortimer...	8.30 Chris and Meg's...	9.00 Life Drawing Live!			
103 ITV	7.00 Family Fortunes		8.00 Endeavour				10.15 Surviving Squalor...	
104 CHANNEL 4	◂ 6.30 Formula 1 Italian Grand Prix Highlights				9.00 Celebrity SAS: Who Dares Wins		10.00 Tokyo 2020 Paralympics...	
105 CHANNEL 5	◂ 6.30 Britain's Favourite Pudding		8.00 Million Pound Motorhomes		9.00 Rich House, Poor House		10.00 Bargain-Loving Brits in the Sun	
106 SKY SHOWCASE	◂ 6.30 WSL – Live: Manchester City v Tottenham Hotspur (Kick-off 6.30)				9.00 S.W.A.T.		10.00 I Love You, Now Die...	
ENTERTAINMENT								
116 BBC4	7.00 Boulez at the...	7.30 Ego: The Strange and Wonderful World of Self-Portraits			9.00 Life Drawing Live! 2021: Pose Cam			
118 ITV2	◂ 6.35 Film: Fantastic Beasts: The Crimes of Grindelwald				9.15 Family Guy			
136 MORE4	◂ 5.20 Four in a Bed		8.00 Guy Martin's Battle of Britain		9.00 999: On the Front Line		10.00 24 Hours in A&E	
135 E4	◂ 6.20 Lego Masters Australia		8.00 Gogglesprogs		9.00 Film: RED			
107 SKY WITNESS	7.00 Caught on Dashcam		8.00 New Amsterdam		9.00 9-1-1		10.00 9-1-1: Lone Star	
108 SKY ATLANTIC	◂ 3.30 The Sopranos				9.00 Britannia		10.00 The White Lotus	
110 GOLD	◂ 9.05 Only Fools and Horses	7.40 Rock & Chips			9.00 Mrs Brown's Boys	9.40 All Round to Mrs Brown's		
111 DAVE	7.00 Fast Justice		8.00 Border Force: America's Gatekeepers		9.00 Have I Got a Bit More News for You		10.00 Late Night Mash	
119 ITV3	◂ 6.10 Maigret		8.00 Inside the Crown: Secrets of the Royals		9.00 Inside the Ritz Hotel		10.00 Vera	
120 ITV4	◂ 4.00 ITV Racing...	7.30 River Monsters	8.00 Cycling: Tour of Britain Highlights		9.00 Film: Conan the Destroyer			
112 COMEDY CENTRAL	7.05 Film: Made of Honor				9.00 Film: The Proposal			
152 SYFY	7.00 Film: Asteroid-a-geddon				9.00 Film: Bewitched			
109 W	7.00 Extreme Food Phobics		8.00 Inside the Ambulance...		9.00 Stacey Dooley on the Psych Ward		10.00 Louis Theroux: Miami Mega Jail	
114 SKY COMEDY	7.00 The Fresh Prince of Bel Air		8.00 Wellington Paranormal		9.00 Ramy Youssef: Feelings		10.15 Russell Howard...	
132 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.20 Annika	
130 SKY ARTS	◂ 4.50 The Shadows: The Final...	7.45 Genesis: The Last Domino?			9.00 Phil Collins: Going Back to Detroit		10.00 Eric Clapton: Live in California	
DOCUMENTARY								
125 DISCOVERY	◂ 6.00 Gold Rush		8.00 Gold Rush		9.00 Chasing Ocean Giants		10.00 Ancient Unexplained Files	
162 ANIMAL PLANET	7.00 Big Cat Tales		8.00 Crikey! It's the Irwins		9.00 Crocodile Hunter		10.00 Alaskan Bush People	
129 NAT GEO	7.00 9/11: Control the Skies		8.00 Europe from Above		9.00 9/11: One Day In America			
123 SKY HISTORY	7.00 Lost Relics of the Knights Templar		8.00 9/11: The Final Minutes of Flight 93		9.00 Rise and Fall of the World Trade Centre			
155 YESTERDAY	7.00 World War Two From Above				9.00 One Foot in the Grave			
121 SKY DOCS	7.00 Film: Lennox: The Untold Story				9.00 Film: Robin Williams: Come Inside My Mind			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Materna		8.00 Minari				10.00 Bombshell	
303 BACK TO SCHOOL		7.15 Bill and Ted's Excellent Adventure			9.00 School's Out Forever			
304 GREATS	◂ 6.40 The Age of Innocence				9.00 Jurassic Park III			
305 ANIMATION	◂ 6.20 Hop		8.00 Extinct			9.30 Combat Wombat		
306 FAMILY	7.00 Johnny English Reborn			8.50 Furry Vengeance				10.25 Step Up
307 ACTION	7.00 Patriot Games				9.00 John Wick			
308 COMEDY	◂ 6.25 Pitch Perfect 2			8.20 Barb & Star go to Vista Del Mar				10.10 Horrible Bosses 2
309 THRILLER	◂ 5.40 Shutter Island		8.00 Paycheck				10.00 Man on Fire	
310 DRAMA	◂ 5.50 Seven Pounds		8.00 Side Effects				10.00 Indecent Proposal	
311 SCI-FI	◂ 6.00 Final Days	7.45 Edge of Tomorrow				9.45 Big Trouble in Little China		
302 ASSASSINS	◂ 5.40 Lucy	7.20 Grimsby			9.00 Sin City			
313 FILM4	◂ 6.45 G.I. Joe: The Rise of Cobra				9.00 Murder on the Orient Express			
315 TCM MOVIES	◂ 6.55 Thunder Pass			8.40 TCM...	9.00 Tigerland			
SPORT								
401 MAIN EVENT	◂ 6.45 WSL – Live: Manchester City v Tottenham Hotspur (Kick-off 6.30)					9.15 NFL – Live: Coverage of an NFL match (Kick-off 9.25)		
402 PREMIER LEAGUE	◂ 4.00 Renault...	7.30 SNF				9.15 Premier League 100 Club	10.00 Premier League	
403 FOOTBALL	◂ 6.30 WSL – Live: Manchester City v Tottenham Hotspur (Kick-off 6.30)					9.15 SPFL		
404 CRICKET	7.00 2015 T20 Blast Final	7.40 Best...	8.00 Test Cricket		9.00 Dinesh Karthik Meets		10.00 Test Cricket	
413 BT SPORT 1	7.00 UCL Stories of the Finals		7.45 Serie A – Live: Football from Italy's top division				10.00 WWE SmackDown Highlights	
414 BT SPORT 2	7.00 Hero CPL – Live: Guyana Amazon Warriors v Jamaica Tallawahs							

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.00 **Match of the Day** (S)(R)
8.30 **Politics England** (S)
9.00 **The Andrew Marr Show** (S)
10.00 LIVE **Great North Run** Coverage of the world's biggest half-marathon, from Newcastle upon Tyne to South Shields. (S)
1.30 PM **BBC News** (S)
1.45 **Songs of Praise** New edition (S)
2.20 **Points of View** New edition (S)
2.35 **Bargain Hunt** (S)(R)
3.10 FILM **Brave** Animated adventure with the voice of Billy Connolly. (S)(AD) (2012, PG, 85min) ★★★★
4.35 **Serengeti II** New edition 4/6. Old enemies cause trouble for the lions and baboons. (S)(AD)
■ Series 1-2 on BBC iPlayer
5.35 **BBC News** (S)
5.50 **Local News** (S)

3.10 Brave

6 PM
6.00 NEW **RHS Chelsea Flower Show** A preview of the famous horticultural event from the grounds of the Royal Hospital Chelsea. (S)

7 PM
7.00 **Countryfile** New edition The latest rural developments, including reports on issues affecting country communities and insights into the life of the modern farmer. (S)

8 PM
8.00 NEW SERIES **Antiques Roadshow** 1/19. Fiona Bruce presents from Ham House in Richmond upon Thames, where an 18th-century robe could be a piece of Chinese history. (S)

9 PM
9.00 **Vigil** New episode 4/6. Amy confronts one of the crew with her discoveries, but questions are asked about her fitness to investigate. *See feature, page 12.* (S1) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** Action from the Premier League clash between Leeds United and Liverpool. (S)
11.15 **The Women's Football Show** Highlights of the weekend's games in the Super League. (S)
11.50 FILM **Z for Zachariah** Sci-fi drama starring Margot Robbie. A woman who thinks she is the sole survivor of a nuclear apocalypse finds her life changed by two new arrivals. (S) (2015, 12, 90min) ★★★
1.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Gardeners' World** (S)(R)
7.30 **Countryfile** (S)(R)
8.30 **Beechgrove** New edition (S)
9.00 LIVE **Great North Run** Coverage of the world's biggest half-marathon. (S)
■ Continues on BBC1
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Hairy Bikers' Best of British** Mediterranean recipes. (S)(R)
12.15 PM LIVE **Women's Football** Chelsea v Everton: The Super League match at Kingsmeadow. Kick-off is at 12.30. (S)
2.35 FILM **Operation Crossbow** World War Two action drama starring George Peppard and Sophia Loren. (S) (1965, PG, 110min) ★★★
4.25 **Flog It!** From Gloucester. (S)(R)
5.00 **Great North Run Highlights** (S)

8.00 Mortimer & Whitehouse...

6 PM
6.00 **Golf: PGA Championship** Eilidh Barbour presents the key fourth-round action from the European Tour's traditional flagship event, held at Wentworth's famous West Course in Surrey. (S)

7 PM
7.00 **Cricket: Today at the Test** England v India: Isa Guha presents action from day three of the series-concluding fifth Test, held at Old Trafford. With commentary by Michael Vaughan and Phil Tufnell. (S)

8 PM
8.00 **Mortimer & Whitehouse: Gone Fishing** New edition 3/6. The pair head to the Lake District. (S)(AD)
8.30 **Chris and Meg's Wild Summer** New edition 3/6. The duo explore the Lake District. (S)

9 PM
9.00 NEW **Life Drawing Live!** At Wrest Park, Bedfordshire, Joe Lycett and Josie d'Arby host a live broadcast of a life-drawing class led by artists Daphne Todd and Lachlan Goudie. Viewers are offered the chance to draw along with the six amateur artists in the studio as they capture a series of models' poses inspired by great works of art. (S)
■ Also showing on BBC4

10 PM
11.00 FILM **Sorry to Bother You** Comedy starring Lakeith Stanfield and Tessa Thompson. A black telemarketer finds his career takes a sinister turn after he finds success using his 'white voice'. (S) (2018, 15, 105min) ★★★★
12.45 AM **Sign Zone: Surviving 9/11** The stories of 13 people caught up in the events of 9/11. (S)(R)
2.15 **Sign Zone: Holby City** (S)(R)(AD)
2.55 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
8.30 **Martin & Roman's Weekend Best!** New edition With Alex Horne. (S)
9.25 **ITV News** (S)
9.30 **Wonders of Scotland with David Hayman** (S)(R)(AD)
10.00 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.55 **All Around Britain** New edition A visit to Silverstone. (S)
12.55 PM **Cornwall and Devon Walks with Julia Bradbury** (S)(R)(AD)
1.25 **ITV News** (S)
1.35 FILM **On Her Majesty's Secret Service** James Bond adventure starring George Lazenby. (S)(AD) (1969, PG, 165min) ★★★★
4.20 FILM **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure with Daniel Radcliffe. (S) (AD) (2011, 12, 135min) ★★★★★

7.00 Family Fortunes

6 PM
6.35 **ITV News** (S)
6.50 **Local News** (S)

7 PM
7.00 NEW SERIES **Family Fortunes** 1/8. Gino D'Acampo returns with the game show, as the Jones clan from Liverpool take on the Bakers of Nottingham to win the £30,000 jackpot. (S)

8 PM
8.00 NEW SERIES **Endeavour** *Striker:* 1/3. Return of the detective drama. Endeavour finds himself back in the thick of it when an explosive murder at an Oxford college has potentially far-reaching political ramifications. Meanwhile, the IRA have made a threat against the life of the Oxford Wanderers' star striker, and Endeavour is tasked with the duty of acting bodyguard. *See feature, page 8.* (S8) (S)(AD)

10 PM
10.00 **ITV News** (S)
10.15 NEW **Surviving Squalor: Britain's Housing Shame** Daniel Hewitt reports on shocking conditions being endured by some people and families in social housing. (S)
11.10 **Stephen** 2/3. DCI Driscoll tries to win the trust of the Lawrence family and key witnesses. (S1) (S)(R)(AD)
12.05 AM **All Around Britain** (S)(R)
12.55 **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Motorsport UK** The latest action from Brands Hatch. (S)(R)
4.05 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour | 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Everybody Loves Raymond** Six episodes. (S)(R)(AD)
8.30 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Bob Mortimer, Kara Tointon and Manic Street Preachers. Plus, music from Ray BLK. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
1.50 FILM **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio, Noriyuki 'Pat' Morita and Tamlyn Tomita. (S) (1986, PG, 130min) ★★
4.00 **The Supervet: Noel Fitzpatrick** Noel treats nine-month-old cockapoo Betsy, who suffers from a dragging front paw. (S)(R)(AD)
5.00 **The Dog House** 1/9. An eight-stone Newfoundland makes a favourable first impression on the Coxon family. (S)(R)(AD)

9.00 Celebrity SAS: Who Dares Wins

6 PM
6.00 **News** (S)
6.30 **Formula 1 Italian Grand Prix Highlights** Steve Jones, David Coulthard and Lee McKenzie present the key moments from the Italian Grand Prix at Autodromo Nazionale Monza, where the home support were hoping for a fine showing from the Ferrari drivers. (S)

9 PM
9.00 **Celebrity SAS: Who Dares Wins** New edition 3/6. The celebrities are put into pairs for 48 hours of trust exercises, beginning by rappelling down a 100ft rock face. (S)(AD)

10 PM
10.00 NEW **Tokyo 2020 Paralympics Homecoming Event** Adam Hills, Alex Brooker and Josh Widdicombe host a special celebration for the UK's Paralympics team. (S)
11.55 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(R)
12.50 AM **Undercover Boss USA** (S)(R)
1.35 FILM **Slender Man** Horror thriller starring Joey King and Jaz Sinclair. (S) (2018, 15, 95min) ★
3.10 **Autumn at Jimmy's Farm** (SL)(R)
4.05 **Couples Come Dine with Me** (R)
5.00 **Location, Location, Location** (R)
5.50 **to 6.00** AM **Jamie's Comfort Food** (S)(R)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
9.55 SpongeBob SquarePants Cartoon capers. (S)(R)
10.25 Entertainment News (S)
10.30 NEW SERIES **NFL End Zone** Action from the latest matches in the NFL. (S)
10.55 Cruising with Jane McDonald A voyage around the Caribbean to Puerto Rico. (S)(R)
11.10 Friends 8-11/25. (S3) (S)(R)
1.05 PM **Dream Kitchens & Bathrooms with Mark Millar** Double bill of editions. (S)(R)
3.00 FILM **Dances with Wolves** Multi-Oscar-winning epic directed by and starring Kevin Costner as a white soldier who learns to appreciate the Sioux way of life. (1990, 15, 205min) ★★★★★

8.00 Million Pound Motorhomes

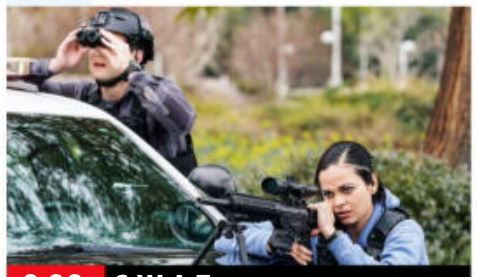
6.25 News (S)
6.30 NEW **Britain's Favourite Pudding** A host of famous faces devour their way through the country's top 20 desserts. There is also a visit to Derbyshire as the Bakewell tart takes on a rival, while the secrets of sticky toffee are revealed. (S)
8.00 NEW SERIES **Million Pound Motorhomes** 1/4. The world's most impressive mobile residences, including the £1.5m Newell luxury motorhome previously owned by Jenson Button. (S)
9.00 Rich House, Poor House New edition 11/12. Two organic farmers leave their Northumberland home to swap lives with a millionaire businesswoman who lives just outside Manchester. (S)
10.00 Bargain-Loving Brits in the Sun 8/8. Middlesbrough man Michael has great ambitions for his high-end bar. (S)(R)
10.55 FILM **Homefront** Action thriller starring Jason Statham and James Franco. (S) (2013, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM NEW **MTV VMAs** Coverage of this year's awards ceremony. (S)
4.00 Secrets of Tutankhamun's Treasures (S)(R)
4.50 Wildlife SOS (S)(SL)(R)
5.15 to **5.40** AM **Nick's Quest** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Hour of Power**
7.00 Where's Wally (S)(R)
7.25 Dragons: Rescue Riders (R)
7.50 Trolls: Trollstopia (S)(R)
8.15 Madagascar: A Little Wild (R)
8.40 All Hail King Julien (S)(R)
9.05 The Simpsons (R)
10.00 Impossible Animals 1/3. A look at the challenges posed by different habitats, beginning with the desert. (S)(R)
11.00 The Fresh Prince of Bel Air 12-16/25. Five episodes of the US sitcom. (S1) (S)(R)
1.30 PM **The Simpsons** Six episodes of the animated comedy. (R)
4.30 Lost Relics of the Knights Templar 1&2/5. Hamilton White and Carl Cookson are back on the trail of some truly astonishing relics. (R)


9.00 S.W.A.T.

6.30 LIVE **Women's Super League** Manchester City v Tottenham Hotspur: Coverage of the Women's Super League match from Manchester City Academy Stadium. Kick-off is at 6.30.
9.00 S.W.A.T. New episode *Lockdown:* 16/18. When four escaped prisoners seize a courthouse, Hondo and Deacon must try to save the lives of innocent civilians. (S4) (S)
10.00 I Love You, Now Die: The Commonwealth vs Michelle Carter 2/2. The case of Michelle Carter, who was accused of urging her boyfriend to end his own life. (S)(R)
11.30 Wolfe 1/6. Crime drama starring Babou Ceesay. (S1) (R)
12.30 AM **Formula 1** Highlights of the Italian Grand Prix. (R)
1.30 Wellington Paranormal 1&2/6. Spoof documentary about cops investigating the supernatural. (S1) (S)(R)(AD)
2.30 Road Wars (S)(R)
3.00 Hawaii Five-0 16/23. (S2) (R)
4.00 to **6.00** AM **Modern Family** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
8.30-9.00am Greatest Escapes to the Country (S)(R) **2.35-3.10pm** The Sunday Show New edition (S) **11.15** Sportscene (S) **12.15am** The Women's Football Show (S) **12.50** FILM Z for Zachariah (S) (2015, 12, 90min) ★★★ **2.20** Weather (S) **2.25-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
8.30-9.00am Barra on the Bann (S)(R) **1.45pm** Sunday Politics Northern Ireland New edition (S) **2.20** Songs of Praise New edition (S) **2.55-3.10pm** Points of View New edition

WALES
Sky 952, Virgin 864, Freesat 964
8.30-9.00am The Hairy Bikers' Bakeation (S)(R) **2.35pm** Nigel Slater's Simple Cooking (S)(R) **2.40** FILM Brave (S)(AD) (2012, PG, 85min) ★★★★ **4.05-4.35pm** Hidden Wales (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
4.25-5.00pm Paula McIntyre's Hamely Kitchen (S)(R)

WALES
Sky 971, Freesat 971
10.00am Politics Wales New edition (S) **10.30** Saturday Kitchen Best Bites New edition (S) **12.00noon-12.15pm** The Best Dishes Ever (S)(R)

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Llwybrau'r Eirth **10.00** Ffit Cymru **11.00** Heno Aur **11.30** Mamwlad Gyda Ffion Hague **12.00noon** Yr Wythnos **12.30pm** Dan Do **1.00** Rygbi Pawb **1.45** Dudley **2.15** Dudley **2.45** Straeon Tafarn (AD) **3.15** Teithiau Tramor Iolo **3.45** Eisteddfod AmGen: Cwt Cerdd New edition **4.45** Triathlon Cymru **5.10** Stori Jimmy Murphy **6.10** Ffermio **6.40** Pobol y Cwm Omnibws (AD) **7.43** Chwedloni: Grav New edition **7.45** Newyddion a Chwaraeon **8.00** NEW SERIES Dechrau Canu Dechrau Canmol **9.00** NEW Grav **10.20** Bwyd Epic Chris New edition **10.30-11.35pm** Cynefin

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Boulez at the BBC** A retrospective look at Pierre Boulez's work as a composer and conductor.
7.30 Ego: The Strange and Wonderful World of Self-Portraits Art critic Laura Cumming explores more than five centuries of self-portraits.
9.00 NEW **Life Drawing Live! 2021: Pose Cam** An uninterrupted view of the poses featured in BBC2's *Life Drawing Live!* ■ Also showing on BBC2
11.00 Arena: Cindy Sherman #untitled A profile of one of the world's leading contemporary artists.
12.00 M'T **Botticelli's Venus: The Making of an Icon** The appeal of 15th-century painting *The Birth of Venus*.
12.30 AM **Art on the BBC: The Story of the Nude**
1.30 Boulez at the BBC
2.00 to **3.30** AM **Ego: The Strange and Wonderful World of Self-Portraits**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 George Clarke's Amazing Spaces
10.25 Ugly House to Lovely House with George Clarke From Nottingham.
11.30 George Clarke's Old House, New Home
12.35 PM **Four in a Bed**
3.15 Find It, Fix It, Flog It
5.20 Four in a Bed Double bill of the B&B challenge.
6.20 Four in a Bed From the Rock House Hotel, Lynmouth. **6.55** A visit to Troy House in Painswick, Gloucestershire. **7.25** The B&B owners meet up for the last time to settle some scores.
8.00 Guy Martin's Battle of Britain 2/2. Guy's training ramps up at the UK's only aerial combat school.
9.00 999: On the Front Line New edition Paramedics help a 15-year-old girl who is trapped in the back of a crashed car.
10.00 24 Hours in A&E A 74-year-old man is brought into A&E after suffering a suspected stroke.
11.05 Emergency Helicopter Medics A man fights for his life after a cardiac arrest.
12.05 AM **999: On the Front Line** As shown at 9pm.
1.15 24 Hours in A&E
2.20 Emergency Helicopter Medics As 11.05pm.
3.25 to **3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Guinness Records**
6.25 Love Bites
8.20 Dress to Impress
11.20 Family Fortunes
12.20 PM **Catchphrase**
1.25 You've Been Framed! Gold Comical clip show.
2.55 FILM **Tim Burton's Corpse Bride** Animation. (2005, PG, 77min) ★★★★★
4.35 Minions and Monsters
4.45 FILM **Despicable Me** Animated comedy featuring the voice of Steve Carell. (2010, U, 94min) ★★★★
6.35 FILM **Fantastic Beasts: Crimes of Grindelwald** Fantasy adventure starring Eddie Redmayne. Newt Scamander tries to scupper a sorcerer's plans of raising pure-blood wizards to rule over all non-magical beings. (2018, 12, 134min) ★★★★
9.15 Family Guy *Are You There God? It's Me, Peter:* 20/20. Peter falls into a coma and gets the chance to have a conversation with God. (S16) **9.45** *Married with Cancer:* 1/20. Brian falls in love. **10.10** *Dead Dog Walking:* 2/20. Chris and Stewie take up vaping. (S17)
10.40 Family Guy (S16)
11.40 American Dad! (S8&7)
12.40 AM **Plebs** 5&6/8. (S2)
1.40 Iain Stirling's CelebAbility
2.25 to **3.15** AM **Don't Hate the Playaz**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
9.00 Don't Tell the Bride
10.00 Married at First Sight UK
2.40 PM FILM **Independence Day** Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. (1996, 12, 145min) ★★★
5.25 Wipeout USA New edition John Cena, Nicole Byer and Camille Kostek host the show in which people compete over extreme obstacle courses to become the champion.
6.20 Lego Masters Australia New edition The teams have eight hours to replicate the DeLorean from *Back to the Future*, then have 10 hours to recreate a classic scene from a movie.
8.00 Gogglesprogs Young TV viewers appraise *This Morning* and *Doctor Who*.
9.00 FILM **RED** Action comedy thriller starring Bruce Willis, Morgan Freeman and Helen Mirren. A retired CIA agent sets out to reassemble his former team to find out why he is being targeted for assassination. (2010, 12, 111min) ★★★★
11.10 Gogglebox Opinions on *The Haunting of Hill House*.
12.15 AM **Naked Attraction**
1.20 The Big Bang Theory
2.15 Wipeout USA
3.10 to **6.00** AM **Hollyoaks Omnibus**

+1 hour 235 | 146 | 29 | 123

Sunday primetime

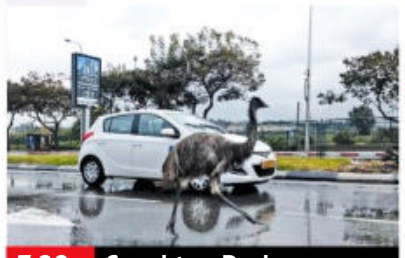
SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
9.00 **Border Patrol**
10.00 **The Real A&E**
11.00 **Stop, Search, Seize** Double bill of the series following the work of Ireland's border force.
1.00 PM **Customs UK** Officers from the *Searcher* board a suspicious yacht off Cornwall. **1.30** A man is caught smuggling cocaine in Bristol.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.


7.00 Caught on Dashcam

7 PM

7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM

8.00 **New Amsterdam** *Catch:* 8/14. Max is forced to examine the inequities in child labour for women of colour. (S3)

9 PM

9.00 **9-1-1** *Suspicion:* 13/14. The 118 members are called to a disastrous wedding and to a mother trapped on her balcony. (S4)

10 PM

10.00 **9-1-1: Lone Star** *One Day:* 13/14. Tommy faces a personal tragedy, yet seems unable to give way to the grief. (S2)
11.00 **Law & Order: Special Victims Unit** 10&11/19. (S9)
1.00 AM **Chicago Med** 11/20. (S5)
2.00 **Chicago Fire** 11/20. Captain Delaney and Casey clash. (S8)
3.00 **Chicago PD** 11/20. (S7)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town** Four editions.
10.00 **The Wire** 1-3/12. (S3)
1.15 PM **The Wire** 4/12. Colvin designates a free zone for drug dealers in West Baltimore. **2.20** 5/12. Avon is finally released from prison. (S3)
3.30 **The Sopranos** 4/13. Carmela and Tony discuss AJ's future. **4.35** 5/13. Tony fears that he may have skin cancer. **5.40** 6/13. Tony Blundetto attempts to go straight. **6.45** 7/13. Tony meets his father's former lover. (S5)

7.50 The Sopranos

7.50 **The Sopranos** *Marco Polo:* 8/13. Carmela's father celebrates his birthday, Tony Blundetto considers taking on a side job, and Johnny Sack shows off his new car. (S5)

9.00 **Britannia** 3/8. Despite growing concerns from his inner circle, Aulus reluctantly follows Hemple's guidance. (S3)

10.00 **The White Lotus** *Recentering:* 4/6. Armond's renewed commitment to sobriety is put to the test. (S1)
11.10 **In Treatment** 15/24. Brooke presses Laila to open up. **11.45** 16/24. Brooke gains unexpected clarity. (S4)
12.20 AM **The Night Of** 3/8. (S1)
1.30 **Dexter** 9/12. (S2)
2.40 **Californication** (S6)
4.00 **to 6.00** AM **The British**

+1 hour 208/209

GOLD

110/111 110/111 124 | 310/343 358/392

7.00 AM **Citizen Khan**
8.05 **The Story of Only Fools and Horses** The colourful characters who revolve around Del and Rodney's world.
9.05 **Only Fools and Horses**
2.00 PM **Only Fools and Horses** Del is invited to a school reunion at the Nag's Head. **3.05** Del Boy launches a bottled water business. **4.30** The Trotter brothers become caped crusaders. **5.50** Del embarks on a new romance with an actress.

7.40 Rock & Chips

7.40 **Rock & Chips** Joan decides to go back to work soon after giving birth to baby Rodney, while Del is about to get engaged three times in the same week.

9.00 **Mrs Brown's Boys** Cathy's new partner seems more interested in her mother.
9.40 **All Round to Mrs Brown's** Brendan O'Carroll's Agnes Brown hosts the chat show, with guests Pamela Anderson, Judy Murray, Louis Walsh and James Blunt.
11.00 **Rock & Chips** *Only Fools and Horses* prequel with Nicholas Lyndhurst. Joan Trotter is struggling to make ends meet.
1.00 AM **Rock & Chips** As 7.40pm.
2.20 **Bridget & Eamon**
2.45 **to 4.00** AM **Richard E Grant on Ealing Comedies**

+1 hour 210/211 194

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **On the Buses**
6.30 **Emmerdale Omnibus**
9.00 **FILM Carry On Follow That Camel** Comedy with Kenneth Williams and Phil Silvers. (1967, PG, 90min) ★★★
11.00 **Wycliffe** *The Cycle of Death.*
12.45 PM **The Ruth Rendell Mysteries** *A Dark Blue Perfume:* A man is haunted by his past.
1.50 **Agatha Christie's Poirot**
3.55 **Inspector Wexford**
6.10 **Maigret** *The Patience of Maigret:* A suspected jewel thief is found murdered.

9.00 Inside the Ritz Hotel

Maigret (started at 6.10pm)

8.00 **Inside the Crown: Secrets of the Royals** An insight into the royals' rollercoaster relationship with the tabloid press.

9.00 **Inside the Ritz Hotel** A look at life inside the Ritz Hotel in London. **9.30** Penny Lancaster pops in for cocktails.

10.00 **Vera** *A Certain Samaritan:* The truth about a murder victim's past begins to emerge when a drug dealer's body is found.
12.05 AM **Agatha Christie's Poirot** *Murder in the Mews:* A body is found in Captain Hastings' garage on Bonfire Night.
1.15 **Coronation Street Omnibus**
3.10 **Emmerdale Omnibus**
5.20 **to 5.45** AM **Man About the House**

+1 hour 219 174 58 116

ITV4

120 120 818 | 118 178 | 25 | 117

6.00 AM **The Car Chasers**
6.50 **Auto Mundial** New edition
7.15 **Motorsport UK**
8.05 **World Superbike Highlights**
9.10 **Cycling: Tour of Britain Highlights** The seventh stage.
10.15 **LIVE Cycling: Tour of Britain** Coverage of the eighth and final stage, a journey from Stonehaven to Aberdeen.
3.30 PM **ITV Sport Stories**
4.00 **LIVE ITV Racing: Sky Bet Sunday Series** Coverage from Haydock Park, The Curragh and Musselburgh.

11.05 8 Mile

7.15 **World of Sport** Great footballing upsets.
7.30 **River Monsters** A face-eating creature in Bolivia.

8.00 **Cycling: Tour of Britain Highlights** Action from the eighth and final stage, a route from from Stonehaven to Aberdeen.

9.00 **FILM Conan the Destroyer** Fantasy adventure sequel starring Arnold Schwarzenegger and Grace Jones. Conan joins a young princess on a quest to seize a magical key from the wizard Toth-Amon. (1984, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **FILM 8 Mile** Urban drama starring Eminem. Detroit youth Jimmy 'Rabbit' Smith dreams of escaping his dead-end job and making it as a hip-hop star. (2002, 15, 112min) ★★★
1.20 AM **Minder**
2.25 **to 2.55** AM **The Protectors**

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

10.00 AM **The Sunday Show**
10.35 **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Rewind 1990s** A look back at momentous moments from 1992.
7.30 **Sportscene** Hearts v Hibernian: Steven Thompson introduces extended highlights of the Scottish Premiership clash at Tynecastle.
8.30 **Sportscene: SWPL Highlights** Jane Lewis presents action from the afternoon's Scottish Women's Premier League, including Celtic v Glasgow City.
9.00 PM **to 12.00** M'T **TRNSMT** New edition Edith Bowman presents coverage of the final day of the festival from Glasgow Green, with acts including The Chemical Brothers, Snow Patrol, Dermot Kennedy and Ash.

Sky Max

113/114 113/114 122 121 | 345 360

6.00 AM **Hour of Power**
7.00 **Road Wars**
9.00 **MacGyver** 15/15. (S5)
10.00 **NCIS: Los Angeles** (S9)
1.00 PM **A League of Their Own** Triple bill.
4.00 **Rob & Romesh vs Superstar DJs**
5.00 **Rob & Romesh vs Country Music**
6.00 **Rob & Romesh vs Anthony Joshua**
7.00 **Sport's Funniest Moments** Comical clips.
8.00 **A League of Their Own**
9.00 **S.W.A.T.** New episode *Lockdown:* 16/18. (S4)
10.00 **COBRA** 1/6. Thriller with Robert Carlyle. (S1)
11.00 **Football's Funniest Moments** Comical clips.
11.30 **Wolfe** 1/6. (S1)
12.30 AM **Sport's Funniest Moments** Comical clips.
1.30 **Road Wars**
2.00 **NCIS: Los Angeles** (S12)
3.00 **Road Wars**
4.00 **to 6.00** AM **Highway Cops**

Pick

159 156 35 144

6.00 AM **Border Patrol**
8.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **Road Wars**
1.00 PM **Monkey Life**
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **Monkey Life**
8.00 **The Force: Manchester**
9.00 **Killer in My Village** A taxi driver convicted for his partner's murder – even though her body was never found.
10.00 **Paranormal: Captured** Experts analyse footage from paranormal videos.
11.00 **Murders That Shocked the Nation**
12.00 M'T **Britcam: Emergency on Our Streets** Documentary.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Police Force: Australia**
4.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

E!

151 151 835 | 164 163

7.00 AM **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians** Seven editions, including at: **7.00** Bruce pesters Kris to sign his son Brandon to her new music management company.
8.00 **Meet the Frasers** A storm rolls into town just as Matt is about to propose to Alexa.
8.30 **We Got Love Teyana & Iman** The Shumperts' stage their annual Easter celebration. **9.00** New edition Teyana directs and stars in a major commercial campaign in Miami.
9.30 **Dating: No Filter**
10.00 **True Hollywood Story**
11.00 **Total Bellas**
1.00 AM **We Got Love Teyana & Iman**
1.30 **Dating: No Filter**
2.00 **Teleshopping**
3.00 **Big Rich Atlanta**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 181 132 | 307/344 359/370

8.00 AM **Friends** (S2&3)
1.00 PM **Friends** (S3)
7.05 PM **FILM Made of Honor** Romantic comedy starring Patrick Dempsey and Michelle Monaghan. (2008, 12, 97min) ★★
9.00 **FILM The Proposal** Romantic comedy starring Sandra Bullock and Ryan Reynolds. A publishing executive forces her assistant to pretend they are getting married so she can avoid deportation. (2009, 12, 108min) ★★★
11.10 **FILM Bachelorette** Comedy starring Kirsten Dunst, Isla Fisher and Lizzy Caplan. (2012, 15, 86min) ★★
1.05 AM **South Park**
2.05 **South Park: Halloween Spooktacular**
2.35 **South Park**
4.15 **to 5.00** AM **Baywatch**

+1 hour 212/213 133

ITV Be

131 119 179 | 27 | 119

7.00 AM **Dallas Cowboys Cheerleaders**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of New York City** Five editions.
4.55 **Dinner Date** Double bill.
7.00 **Ferne McCann: First Time Mum** Ferne splits with boyfriend Jack.
8.00 **Celebrity Dinner Date** With *The Only Way Is Essex* star Chloe Sims.
9.00 **NEW SERIES The Only Way Is Essex** Chloe B and Lockie are the talk of the town when news of their secret tryst spreads.
10.00 **The Real Housewives of Atlanta** New edition Cynthia and Kenya examine their friendship.
11.00 **Atlanta Plastic**
11.55 PM **to 12.50** AM **Vanderpump Rules**

+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 126 212 312 382

7.15 AM **Murdoch Mysteries** (S12)
10.00 **WPC 56** 2/5. (S2)
11.00 **Father Brown**
1.00 PM **Miss Scarlet and the Duke** 1&2/6. Double bill. (S1)
3.00 **The Doctor Blake Mysteries** 7/10. A psychiatric nurse is found murdered at the asylum. **4.00** 8/10. A contestant on a TV game show is electrocuted in his dressing room. (S1)
5.00 **Deception** 8/13. The FBI work with the team to help stop the mystery woman. (S1)
6.00 **Death in Paradise** 8/8. (S6)

6.00 Death in Paradise

7.00 **Hudson & Rex** *Flare of the Dog:* 13/16. On the trail of an arsonist, Charlie is thrown off his feet by a Molotov cocktail blast.
8.00 **Hudson & Rex** *The Graveyard Shift:* 14/16. Charlie interrogates criminal kingpin Rupert Mankiewicz. (S2)
9.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is found dead halfway round the Tour des Antilles race. (S9)
10.20 **Annika** 4/6. The team are called in when a writer is found dead under a bridge. (S1)
11.20 **Death in Paradise** 8/8. Jack Mooney investigates when a candidate in the local mayoral elections is stabbed to death in the polling booth. (S6)
12.40 AM **Death in Paradise** As shown at 9.00pm.
2.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

152 152 836 139 138 347 362

6.00 AM **FILM Meteor Moon** Sci-fi adventure starring Dominique Swain and Michael Broderick. (2020, 12, 80min) ★★
8.00 **Teleshopping**
11.00 **Quantum Leap** 1&2/22. (S3)
1.00 PM **Quantum Leap** (S3)
4.00 PM **Fact or Faked: Paranormal Files** Dimensional shifts and a shape-shifting apparition.
5.00 **FILM Apocalypse of Ice** Thriller starring Tom Sizemore and Torrey Richardson. (2020, PG, 88min) ★★

9.00 Bewitched

7.00 **FILM Asteroid-a-geddon** Action adventure starring Eric Roberts and Veronika Issa. A young tech genius assembles a team of specialists to stop an asteroid from destroying the Earth. (2020, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM Bewitched** Romantic comedy fantasy starring Nicole Kidman and Will Ferrell. An actor unwittingly casts a real witch to co-star in a revival of the 1960s TV series about a witch married to a mortal man. (2005, PG, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **V** 19/19. The Leader calls a truce and travels to Earth to negotiate a peace deal. (S3) **12.00** M'T 1/12. Drama inspired by the 1983 mini-series about aliens on Earth. (S1)
1.00 AM **Fringe** 19-21/22. (S3)
4.00 **to 6.00** AM **Blood & Treasure**

+1 hour 252 229

W

109/110 109/110 125 211 311 383

6.10 AM **Tipping Point**
2.00 PM **Doctor Who** 12/13. Part one of two. The Time Lord investigates a mysterious prison. **3.00** 13/13. Part two of two. The fate of the universe rests with one girl. (S5)
4.00 **Bang on Budget**
5.00 **Outnumbered** Sue and Pete try to make it peacefully through a wedding day. **5.40** Ben tries to get elected as the class rep. **6.20** Sue and Pete ban TV and computers for a day.

9.00 Stacey Dooley on the...

7.00 **Extreme Food Phobics** Christian is desperate for help to try and overcome his extreme aversion to healthy food.
8.00 **Inside the Ambulance: Coast and Country** Paramedics in Portsmouth treat a woman who was kicked by a horse.
9.00 **Stacey Dooley on the Psych Ward** Stacey experiences the pressure of life on the frontline of mental health services.
10.00 **Louis Theroux: Miami Mega Jail** 2/2. Louis meets an alleged triple murderer facing a possible death sentence.
11.00 **Louis Theroux's LA Stories** The reporter meets the characters whose lives revolve around Los Angeles' neglected and feral dogs.
12.20 AM **One Born Every Minute**
1.20 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 135 123 346 361

8.00 AM **Everybody Hates Chris**
9.00 **Curb Your Enthusiasm** (S7)
11.00 **The Fresh Prince of Bel Air**
1.30 PM **Everybody Hates Chris**
2.00 **Sex and the City** (S6)
5.30 **Will & Grace** 13/22. Jack helps Karen come to terms with her possible pregnancy. **6.00** 14/22. Part one of two. Will's estranged brother seeks a reconciliation and develops a strong attraction to Grace. **6.30** 15/22. Part two of two. Will learns Grace and Sam spent the night together. (S1)

8.00 Wellington Paranormal

7.00 **The Fresh Prince of Bel Air** 15/25. Will puts up the Christmas decorations. **7.30** 16/25. Will is picked as a lucky charm. (S1)
8.00 **Wellington Paranormal** 3/6. The cops investigate a haunted house. **8.30** 4/6. A werewolf attack is reported. (S1)
9.00 **Ramy Youssef: Feelings** In a stand-up special, Ramy Youssef shares anecdotes about his life as an Egyptian-American comedian and actor.
10.15 **Russell Howard: Wonderbox** The comic performs in front of his home crowd in Bristol.
12.05 AM **Flatbush Misdemeanors** 9/10. Kevin discovers that Dan lied to him about Zayna. **12.45** 10/10. After a shocking tragedy, Dan and Kevin argue about the merits of their friendship. (S1)
1.25 **Wellington Paranormal** (S1)
2.25 **Insecure** 7/8. (S3)
3.00 **to 5.00** AM **Modern Family**

Dave

111/112 127 227 19 157 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Rick Stein: From Venice to Istanbul**
9.00 **Storage Hunters UK**
9.30 **American Pickers**
10.30 **Red Bull Soapbox Race**
11.30 **Secrets of the Supercars**
12.30 PM **Top Gear**
3.10 **Would I Lie to You?**
5.05 **Top Gear** The team tackle Britain's problems with snow.
6.05 **Red Bull Soapbox Race** Highlights from Paris.

6.05 Red Bull Soapbox Race

7 PM
7.00 **Fast Justice** The Sentinels are alerted to a possible victim of modern-day slavery. Plus, a drug deal is busted.

8 PM
8.00 **Border Force: America's Gatekeepers** New edition 5/10. Officers discover UPS packages lined with drugs.

9 PM
9.00 **Have I Got a Bit More News for You** Steph McGovern hosts, with guest panellists Miles Jupp and Sayeeda Warsi.

10 PM
10.00 **Late Night Mash** Nish Kumar and the team share up-to-the-minute topical insights and fake news reports.
11.00 **Alan Davies: As Yet Untitled** With Rosie Jones, Joel Dommett and Sophie Duker.
12.00 M'T **QI XL** With Noel Fielding.
1.00 AM **Have I Got a Bit More News for You** As 9.00pm.
2.00 **Room 101**
2.45 **to 4.00** AM **Insert Name Here**

+1 hour 211 131 23

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Hart to Hart** (S1)
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **6.00** *Judge Not:* Jessica investigates a 20-year-old mystery. **7.00** *Terminal Connection:* One of Jessica's friends is charged with murder. **8.00** *A Killing in Vegas:* Jessica investigates the murder of a Las Vegas casino manager.
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **The Persuaders!** (S1)
3.00 **Due South** 16/24. (S1)
3.45 **Starsky & Hutch** (S1)
4.30 **Charlie's Angels** (S4)
5.15 **to 6.00** AM **Crazy Like a Fox**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Carmen on Sydney Harbour**
8.30 **Tales of the Unexpected**
11.00 **Discovering: Jodie Foster**
12.00 NOON **Discovering: Peter Ustinov**
1.00 PM **Van Gogh & Japan**
2.00 **Landmark**
3.00 **Beatles Stories**
4.50 **The Shadows: The Final Tour**
7.45 **NEW Genesis: The Last Domino?** The band's reunion tour.
9.00 **Phil Collins: Going Back to Detroit**
10.00 **Eric Clapton: Live in California** From 2001.
11.15 **Isle of Wight Festival Greatest Hits**
12.15 AM **Manic Street Preachers: Live at Nynex** From 1997.
2.10 **David Crosby: Remember My Name**
4.05 **Classic Albums**
5.00 **to 6.00** AM **The Great Songwriters**

4seven

137 143 203 48 127

9.00 AM **Come Dine with Me**
12.00 NOON **The Great House Giveaway**
2.00 PM **A Place in the Sun**
8.00 **Bettany Hughes' Treasures of the World** The historian explores Gibraltar, encountering the world's first evidence of Neanderthal art.
9.00 **Grand Designs** Master carpenter Olaf faces the biggest challenge of his career.
10.00 **Celebrity Gogglebox** A rolling cast of famous faces appraise the week's television.
11.05 **Celebrity SAS: Who Dares Wins** The remaining celebrities are put into pairs for 48 hours of trust exercises.
12.10 AM **Unapologetic** Topical discussion.
1.15 **Highlife** Reality series.
2.20 **Changing Rooms**
3.25 **999: On the Front Line**
4.20 **to 4.50** AM **Secret Spenders**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.30 **Columbo: Lovely But Lethal** Murder mystery.
11.00 **Columbo: Old-Fashioned Murder**
12.35 PM **Columbo: A Bird in the Hand** Crime drama.
2.30 **Columbo: Short Fuse**
3.55 **Columbo: Mind Over Mayhem** Crime mystery.
5.30 **Columbo: Ransom for a Dead Man** Pilot for the TV detective series.
7.30 **Columbo: The Greenhouse Jungle** Detective drama.
9.00 **Columbo: Murder with Too Many Notes** The sleuth tries to prove a composer has murdered his assistant.
10.50 **Law & Order: Special Victims Unit** (S17&14)
1.50 AM **Law & Order: Criminal Intent** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
10.00 **Bargain-Loving Brits in the Sun** Triple bill.
1.00 PM **Traffic Cops**
4.00 **Police Interceptors**
7.00 **Criminals: Caught on Camera** A look inside one of the UK's busiest CCTV centres. **8.00** Journalist Nick Wallis follows a Flying Squad investigation.
9.00 **FILM The Magnificent Seven** Western remake starring Denzel Washington. (2016, 12, 132min) ★★★
11.45 **FILM The Vanishing** Suspense thriller starring Jeff Bridges. (1993, 15, 110min) ★★★
2.00 AM **Killer at the Crime Scene** The hunt for Stephen Marshall.
3.00 **Countdown to Murder**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

Drama

143 130 20 158

7.25 AM **The Bill**
11.20 **The Brokenwood Mysteries** 1/6. (S7)
1.20 PM **A Place to Call Home** 11&12/12. (S5)
3.20 **Catherine Cookson's The Moth** Period drama starring Jack Davenport.
6.50 **Bleak House** 6/8. Lady Dedlock tries to spare Rosa the impending scandal. (S1)
8.00 **Call the Midwife** 6/8. Mother Mildred returns to Nonnatus. (S8)
9.20 **Broken** 1/6. Jimmy McGovern's drama with Sean Bean. Father Michael Kerrigan advises a hard-up parishioner and begins to experience flashbacks of his traumatic childhood. (S1)
10.40 **Rebus** *The Falls:* A doctor is found dead.
12.20 AM **Silent Witness**
2.40 **to 4.00** AM **The Heart Guy**

+1 hour 243 226 73

CBS Drama

147 197 67 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **Father Dowling Mysteries** Five episodes.
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *Mr Awesome:* 18/22. A waitress is accused of murder. **7.00** *The Evening News – Part One:* 19/22. A man is accused of murdering a co-worker. **8.00** *The Evening News – Part Two:* 20/22. The real killer is found – and then murdered. **9.00** *The Assassination – Part One:* 21/22. The mayor is assassinated. **10.00** *The Assassination – Part Two:* 22/22. Matlock and Leanne work together. (S6)
11.00 **CSI: Miami** *Not Landing:* 21/24. A plane crash points to the existence of a drugs ring. (S2)
12.00 M'T **CSI: Miami** (S2&3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 40 137

9.00 AM **Diagnosis Murder**
12.00 NOON **Scorpion** (S3)
2.00 PM **NCIS** (S10&8)
7.00 **Scorpion** *This is the Pits:* 10/25. The team must rescue a woman trapped in the La Brea Tar Pits. **8.00** *Wreck the Halls:* 11/25. Tim makes a decision about his place in the unit. (S3)
9.00 **NCIS: Los Angeles** *Betrayal:* 9/24. Sam investigates al-Qaeda activity in Sudan. **10.00** *The Debt:* 10/24. Deeks shoots and kills an unarmed man. **11.00** *Higher Power:* 11/24. The team hunt down a device that could destroy Los Angeles. (S3)
12.00 M'T **NCIS: Los Angeles**
2.00 AM **Scorpion** (S3)
3.45 **Matlock** 10/24. (S4)
4.30 **JAG** 8/24. (S6)
5.15 **to 6.00** AM **Karma's a B****

Challenge

160 160 47 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Bruce's Price Is Right**
12.30 PM **Play Your Cards Right** Triple bill.
2.00 **Catchphrase** Four editions of the game show in which contestants try to deduce everyday phrases and sayings from visual clues.
4.00 **Pointless** Quiz show presented by Alexander Armstrong and Richard Osman.
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Phil Tufnell, Jennie Bond, Ulrika Jonsson and Laurence Llewelyn-Bowen pit their wits against The Chaser.
10.00 PM **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **The King of Queens**
2.00 PM **My Wife and Kids**
7.00 **Friends** Ten episodes of the sitcom, including at: **10.00** 13/24. Phoebe meets her biological father for the first time. **10.30** 15/24. Ross makes a bad impression on his new neighbours. **11.00** 17/24. Rachel attends an interview for her dream job. **11.30** 18/24. Joey competes against Ross's son. (S5)
12.00 M'T **Roast Battle**
1.00 AM **Chris Ramsey's Stand Up Central**
1.30 **Drunk History**
2.00 **Rhod Gilbert's Growing Pains**
3.00 **Joel & Nish vs the World** From Japan.
3.45 **Bob's Burgers**
5.15 **to 6.00** AM **The King of Queens**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 **The Directors**
10.00 **First Ladies**
12.00 NOON **FILM Gascoigne** Documentary. (2015, 15, 86min) ★★★
1.40 PM **In Vogue: The Editor's Eye**
3.00 **John McEnroe: In The Realm of Perfection**
4.50 **My Icon: Heather Watson**
5.00 **I Am Paul Walker**
7.00 **Lennox: The Untold Story** The life story of the heavyweight boxer.
9.00 **FILM Robin Williams: Come Inside My Mind** A portrait of the actor and comedian. (2018, 12, 116min) ★★★★
11.15 **The Story of Late Night**
12.15 AM **We Are Freestyle Love Supreme**
2.00 **Divide and Conquer: The Story of Roger Ailes** Documentary.
4.00 **to 6.00** AM **The Guest Wing**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Wildlife Rescue New Zealand** Triple bill.
9.00 **The Forgotten Forests of Malaysia**
10.00 **Impossible Animals**
11.00 **Land of Primates**
3.00 PM **Into the Wild: India**
8.00 **David Attenborough's Galapagos** The broadcaster explores the Pacific archipelago. **9.00** The unique species that live in the isolated habitat. **10.00** The broadcaster reveals the differences between the 19 islands.
11.00 **The Forgotten Forests of Malaysia**
12.00 M'T **Undercover in the Jungle** Documentary.
1.00 AM **Brazil Untamed**
2.00 **America's Wild Seasons**
3.00 **How Animals Talk to Each Other** A look at how animals communicate danger.
4.00 **to 6.00** AM **Waterworld Africa**

HGTV

158 286 43 166

7.00 AM **House Hunters International**
8.00 **My Lottery Dream Home** Four editions.
10.00 **The Weekend Workshop** Double bill.
12.00 NOON **Restoration Home** Double bill.
2.00 PM **Sarah Beeny's Renovate Don't Relocate** In Hillingdon.
3.00 **Escape to the Country**
5.00 **Building the Dream**
6.00 **Quick Little Builds**
7.00 **DIY SOS: The Big Build**
8.00 **A Place in the Sun** A holiday home in Spain. **9.00** A home in Florida. **10.00** The Costa del Sol.
11.00 **Escape to the Country**
12.00 M'T **The Weekend Workshop** Double bill.
2.00 AM **House Hunters International**
3.00 **to 4.00** AM **Beachfront Bargain Hunt** New editions

+1 hour 258 290

Food Network

140 285 42 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
10.00 **The Fabulous Baker Brothers** Double bill.
11.00 **Barefoot Contessa – Back to Basics**
1.30 PM **Jamie's Great Escape** Triple bill.
3.00 **Nigel Slater's Real Food Show** Six editions.
6.00 **Michel Roux's French Country Cooking**
7.00 **Simply Raymond Blanc**
8.00 **Nadiya's Family Favourites** Double bill.
9.00 **Ottolenghi's Mediterranean Feast** Chef Yotam Ottolenghi's culinary journey takes him to Tunisia.
10.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Kindig Customs**
9.00 **American Pickers**
12.00 NOON **Aussie Gold Hunters** Four editions.
4.00 PM **Gold Divers**
6.00 **Lost Gold**
7.00 **Jade Fever**
8.00 **Life Below Zero**
9.00 **Jeremy Wade's Dark Waters** Jeremy travels to Alaska to discover what has happened to the king salmon.
10.00 **Treasure Quest: Snake Island** The team learn of a special stone hidden near the 'Demon Falls'.
11.00 **I Got Lucky: Survival Stories** Double bill.
12.00 M'T **Massive Engineering Mistakes**
1.00 AM **Building Alaska**
3.00 **Bear Grylls: Born Survivor** Sierra Nevada.
3.50 **Tanked**
4.40 **Barnwood Builders**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

Paramount Network

150 187 150 32 132

9.00 AM **Police Interceptors**
10.00 **WWE – SmackDown Highlights**
11.00 **WWE – Raw Highlights**
12.00 NOON **Police Interceptors**
2.00 PM **Entertainment News**
2.05 **FILM Earthquake** Epic disaster drama. (1974, PG, 129min) ★★★
4.35 **FILM Smokey and the Bandit II** Action comedy sequel. (1980, PG, 104min) ★★
6.40 **FILM Planet of the Apes** Sci-fi adventure starring Charlton Heston. (1968, PG, 112min) ★★★★★
9.00 **FILM Sudden Impact** Crime thriller. (1983, 18, 117min) ★★
11.20 **FILM Stealth** Thriller. (2005, 12, 121min) ★★
1.40 AM **Idiot TV**
3.40 **Fights, Camera, Action!**
4.30 **Criminals: Caught on Camera**
4.55 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Caught on Dashcam**
2.00 **Brit Cops: Law & Disorder** Double bill.
4.00 **World's Most Evil Killers** Gary Ridgway.
5.00 **The Killer Within**
6.00 **Britain's Most Evil Killers** Double bill.
8.00 **Killer in My Village**
9.00 **Britain's Most Evil Killers** Lee Ford, who killed his wife and four stepchildren in 2000.
10.00 **I Love You, Now Die: The Commonwealth vs Michelle Carter**
11.30 **An Unexpected Killer**
12.30 AM **The Disappearance of Laci Peterson**
1.30 **World's Most Evil Killers**
3.30 **Road Wars**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 66 135

8.00 AM **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
1.00 PM **Judge Judy**
5.00 **48 Hours** Triple bill.
8.00 **Uncovering Melanie's Murderer** A study in modern crime solving techniques, demonstrating how traditional investigative techniques can now be significantly enhanced by the scientific power of DNA profiling.
9.00 **Encounters with Evil** Five editions exploring the minds of the world's most notorious killers
2.00 AM **Scandal Made Me Famous** The story of Jennifer Wilbanks, who became famous when she faked her own kidnapping.
3.00 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **A Place in the Sun**
3.00 PM **Antiques Road Trip**
8.00 **Who Do You Think You Are?** *The Great British Bake Off* judge Paul Hollywood learns about his grandfather's wartime experiences.
9.00 **Dr Pimple Popper** Josh has a large knot on his head sustained from a car crash 18 years ago.
10.00 **British Police: Our Toughest Cases** How officers caught serial rapist Delroy Grant.
11.00 **My Brave Face** The case of a woman born with a port wine stain.
12.00 M'T **Helicopter ER**
1.00 AM **Emergency**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 63 162

6.00 AM **Mountain Men**
8.00 **MysteryQuest**
9.00 **Unidentified: Inside America's UFO Investigation**
10.00 **Ancient Aliens**
11.00 **Curse of Skinwalker Ranch** Eight editions.
7.00 PM **The Curse of Oak Island** In the midst of a worldwide pandemic, Rick and the team head back to Oak Island.
9.00 **Jesse James' Hidden Treasure** The story of America's most notorious outlaw.
11.00 **MysteryQuest** The mystery surrounding Adolf Hitler's death.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **American Ripper in London** America's first serial killer, HH Holmes.
2.00 **Ozzy & Jack's American Roadtrip**
3.45 **Counting Cars**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 828 167 323 377

6.00 AM **Say Yes to the Dress: Ireland**
7.00 **Say Yes to the Dress: Atlanta** Six editions.
10.00 **Say Yes to the Dress**
2.00 PM **Say Yes to the Dress: UK** Six editions.
5.00 **Toddlers & Tiaras: Where Are They Now?**
6.00 **Doubling Down with the Derricos**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **I Love a Mama's Boy** Kim is struggling after moving into Matt's mother's house.
9.00 **Dr Pimple Popper** A tomato-sized growth.
10.00 **The Man with No Penis**
11.00 **Life After Lockup**
12.00 M'T **I Love a Mama's Boy** As 8.00pm.
1.00 AM **Dr Pimple Popper**
2.00 **The Man with No Penis**
3.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **The Yorkshire Vet**
10.00 **FILM Sparrows Can't Sing** Comedy. (1962, b/w, PG, 94min) ★★
12.00 NOON **FILM The Fallen Idol** Drama. (1948, b/w, PG, 91min) ★★★
2.00 PM **Secret History of WW2** Six editions.
8.00 **VE Day: The Lost Films**
9.00 **The World's Biggest Murder Trial: Nuremberg**
10.30 **Bismarck: The Nazis' Mega Warship** The *Bismarck* and the *Tirpitz*.
11.30 **Warship: The Mighty Dreadnought**
12.30 AM **World's Biggest Battleship: Draining the Ocean** The site of one of the largest naval battles in history.
1.30 **Britain's Bloodiest Dynasty** The lives of the Plantagenets.
3.00 **Ancient Mysteries**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Wings of War**
7.00 **Ant Anstead Master Mechanic** Double bill.
8.00 **Goblin Works Mod Shop**
9.00 **Salvage Hunters: The Restorers**
10.00 **EFL on Quest**
12.00 NOON **The Repair Shop**
3.00 PM **Salvage Hunters: The Restorers – Quick Fixes**
4.00 **Salvage Hunters: The Restorers**
6.00 **American Pickers**
8.00 **Salvage Hunters: The Restorers**
9.00 **The Repair Shop**
10.00 **Born Mucky: Life on the Farm**
11.00 **Aussie Gold Hunters**
12.00 M'T **Gold Divers**
1.00 AM **Hunting Hitler**
2.00 **Codes and Conspiracies**
3.00 **Born Mucky: Life on...**
4.00 **Mighty Trains**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Animal Cops Houston**
9.00 **My 600lb Life**
11.00 **My 600lb Life: Where Are They Now?**
1.00 PM **Disappeared**
2.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **Hoarding: Buried Alive** A hoarder in denial.
9.00 **The Bad Skin Clinic** Dr Emma Craythorne and her team of experts help people whose lives have been impeded by devastating disorders.
10.00 **1000lb Sisters**
11.00 **My Strange Addiction**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Orangutans**
5.30 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 249 60 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Double bill of editions.
8.00 **Wheeler Dealers**
12.00 NOON **Gold Rush** Rick is on the hunt for a washplant.
1.00 PM Rick races to finish the build of his new washplant.
2.00 A storm spells disaster.
3.00 Tensions rise when Parker introduces a new crew member.
4.00 Parker ploughs a lot of money into a new claim.
5.00 Following the lives of the gold miners of the Yukon.
6.00 Six men from Oregon head to Alaska to dig for gold.

9.00 Chasing Ocean Giants

Gold Rush (started at 6.00pm)

8.00 **Gold Rush** Tony is confronted with a catastrophic issue at his settling pond, while Parker takes a risk.

9.00 **NEW SERIES Chasing Ocean Giants** Patrick Dykstra visits the volcanic island of Dominica in the Caribbean.

10.00 **Ancient Unexplained Files** Advanced laser scanning uncovers the identity of a mysterious ancient carving.

11.00 **Deadliest Catch** Captains take inordinate risks to deliver in rough seas, and Josh and Casey race to deliver live crab after their pump fails.
12.00 M'T **Deadliest Catch**
3.00 AM **Wheeler Dealers**
4.00 **Deadliest Catch**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **How Do Animals Do That**
9.00 **Scaled**
10.00 **Crikey! It's the Irwins**
11.00 **The Vet Life**
12.00 NOON **The Zoo** Triple bill.
3.00 PM **Amanda to the Rescue** Amanda Giese visits California to pick up four new dogs.
4.00 A kitten faces being put down after breaking its leg.
5.00 Amanda rescues a three-legged shepherd-mix.
6.00 **Jeremy Wade's Dark Waters** Reports of a monster fish in Italy's Lake Garda.

10.00 Alaskan Bush People

7.00 **Big Cat Tales** Bahati the leopard struggles to protect her cubs from baboons and lions.

8.00 **Crikey! It's the Irwins** It's a big day at the zoo as they welcome four Sumatran elephants.

9.00 **Crocodile Hunter** Steve and Terri Irwin travel the globe in a search for rare and dangerous beasts.

10.00 **Alaskan Bush People** Spring brings life back to the forest, and the Browns return to reclaim their wilderness existence.

11.00 **Alaskan Bush People** A storm hits the island.
12.00 M'T **Alaskan Bush People**
1.00 AM **Dr Dee: Alaska Vet**
2.00 **Crikey! It's the Irwins**
3.00 **How Do Animals Do That**
3.50 **Scaled**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **Inside 9/11**
12.00 NOON **Mystery Files**
12.30 PM **9/11: One Day in America** Personal accounts of the World Trade Center attacks.
2.00 Survivors who made it out of the south tower.
3.00 Personal accounts of the hijack of Flight 93.
4.00 The toxic dust cloud that surrounded the impact site.
5.00 Firefighters who survived the collapse of the north tower.
6.00 A rescue story from the aftermath of the attack.

8.00 Europe from Above

7.00 **9/11: Control the Skies** Featuring the stories of air traffic controllers during the 9/11 attacks

8.00 **Europe from Above** New edition An aerial voyage across Norway, revealing the world's longest deep-sea cable.

9.00 **9/11: One Day in America** Personal accounts of the attacks, beginning with firefighters racing to rescue civilians trapped above the first impact on the north tower.
10.30 Personal stories of survivors who made it out of the south tower.

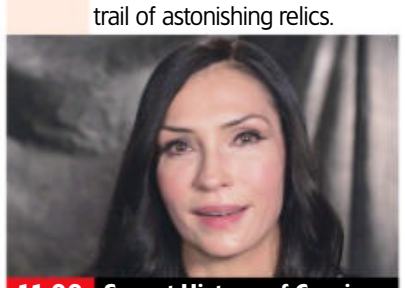
11.30 **9/11: One Day in America** Featuring personal accounts of the hijack of Flight 93, as well as the attack on the Pentagon and the collapse of the South Tower.
12.30 AM **9/11: One Day in America**
3.20 **to 5.00** AM **Seconds from Disaster**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Pawn Stars**
7.00 **UFOs: The White House Files**
8.00 **9/11 Inside Air Force One**
10.00 **Revealed: The Hunt for Bin Laden** Documentary.
12.00 NOON **9/11: Four Flights**
2.00 PM **Pawn Stars**
4.00 **American Pickers** A warehouse packed with vintage searchlights.
5.00 A 1935 roadster.
6.00 **Lost Relics of the Knights Templar** Hamilton White and Carl Cookson are back on the trail of astonishing relics.


11.00 Secret History of Comics

7.00 **Lost Relics of the Knights Templar** Hamilton White and Carl Cookson are back on the trail of astonishing relics.

8.00 **9/11: The Final Minutes of Flight 93** The fate of United Airlines Flight 93, which crashed in Pennsylvania, is examined.

9.00 **NEW Rise and Fall of the World Trade Center** The story of the symbolic towers from an architectural and engineering lens, shining a light on the people who planned and built them and the events that ultimately destroyed them.

11.00 **Secret History of Comics** New edition A look at the ways in which the 9/11 attacks changed comic books.
12.00 M'T **Alone**
1.15 AM **Pawn Stars**
3.05 **American Pickers**
5.00 **to 6.00** AM **Lost Relics of the Knights Templar**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **WW2 – Frontlines**
1.00 PM **The World at War** A plan to force a way through Italy.
2.00 The longest retreat in British military history.
3.00 The bombing of Britain's provincial cities.
4.00 **Bangers and Cash** Two British classics find their way to the Mathewsons' auction room.
5.00 A collection of iconic cars arrive in Thornton le Dale.
6.00 Derek values a 1974 Mk3 Ford Cortina 2000E.

9.00 One Foot in the Grave

7.00 **World War Two From Above** Military experts explore the defences of Malta to understand how the island survived.

8.00 **World War Two From Above** Historians examine the story of African-American troops in the Battle of the Bulge.

9.00 **One Foot in the Grave** Margaret is haunted by a nightmare.
9.40 Victor tempts fate by agreeing to look after neighbours Patrick and Pippa's house.
10.20 Victor and Margaret get stuck in a bank holiday traffic jam.

11.00 **Bangers and Cash** Derek struggles to get his message across on a rare trip abroad.
12.00 M'T Dave finds a very rare 1970s Sunbeam Lotus that has been rotting away in a farmyard for 29 years.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
7.00 **How the Universe Works** Double bill.
9.00 **Combat Dealers**
12.00 NOON **Secrets Underground** Triple bill.
3.00 PM **Treasure Quest: Snake Island** Triple bill.
6.00 **NASA's Unexplained Files** Pilot Gordon Cooper prepares to test a radical new landing system in a lakebed when two objects appear.
7.00 **Spies in Space** The story of America's secret spy satellite systems.
8.00 **Unsolved History** Detectives investigate Tutankhamun's death.
9.00 An attempt to kill Hitler in July 1944.
10.00 A mass sacrifice inside an Aztec temple.
11.00 **Mighty Ships**
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **Gorilla Family and Me** Double bill.
11.00 **Reindeer Family & Me**
12.00 NOON **Wild and Wonderful Denmark**
2.00 PM **Iceland – A Wild Life** As 8.00pm.
3.00 **Earth: The Power of the Planet** Triple bill.
6.00 **Wild and Wonderful Denmark** Double bill.
8.00 **Iceland – A Wild Life** Examining the fauna and flora of the country.
9.00 **Earth: The Power of the Planet** Triple bill of editions, including at:
11.00 Exploring Earth's place in time and space.
12.00 M'T **Wild and Wonderful Denmark**
2.00 AM **Iceland – A Wild Life** As 8.00pm.
3.00 **Earth: The Power of the Planet** Triple bill.
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Predator Bloodlines**
1.00 PM **America's Funniest Videos: Animal Edition**
2.00 **Alaska Animal Rescue**
4.00 **Africa's Wild Side**
7.00 **America's Funniest Videos: Animal Edition** New edition Shower time with an alpaca.
8.00 **The Most Extreme** A look at the defences employed by animals.
9.00 **When Sharks Attack** A sudden rise in shark attacks on the southern Californian coast.
9.30 Exploring Recife, Brazil, one of the world's most dangerous sites for shark attacks.
10.00 **The Sharks of Hawaii** Cinematographer Paul Atkins goes in search of the archipelago's sharks.
11.00 **Shark Beach with Chris Hemsworth**
12.00 M'T **When Sharks Attack**
2.00 **to 5.00** AM **Predator Bloodlines**

Sky History 2

163 163 840 272

8.00 AM **Tales from the Egyptian Crypts**
10.00 **Secret History of Humans** Four editions.
12.00 NOON **Patton 360**
2.00 PM **WW2 Treasure Hunters** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **River Hunters**
7.00 **The Railways That Built Britain with Chris Tarrant**
8.00 **Walking Through History: Northumbria**
9.00 **Walking Through History: North Norfolk**
10.00 **Pirate Treasure of the Knights Templar**
11.00 **Ultimate Soldier Challenge**
12.00 M'T **River Hunters**
1.00 AM **WW2 Treasure Hunters** Double bill.
3.00 **Digging Up Britain's Past** Double bill.
5.00 **to 6.00** AM **The Railways That Built Britain with Chris...**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Born in the Wild**
1.00 PM **Prohibition**
6.50 **Born in the Wild: Elephants** Mark Evans and Joy Reidenberg explore the world of animal reproduction, looking at how different species find a mate and raise their young, beginning with elephants.
7.50 **Born in the Wild: Kangaroo** Exploring the reproductive secrets of the marsupial.
8.55 **Born in the Wild: Orangutan** The reproductive challenges of the tree-dwelling ape.
9.55 **Born in the Wild: Dolphin** Exploring the reproductive secrets of marine mammals.
11.00 **Born in the Wild**
3.05 **to 4.00** AM **John Philip Holland: Inventor of the Submarine**

+1 hour 87

CI

166 166 834 209

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Homicide: Hours to Kill**
12.00 NOON **Fear Thy Neighbour** Five editions.
5.00 PM **Meet, Marry, Murder** Triple bill.
8.00 **Crimes That Shook Britain** The crimes of Joanna Dennehy.
9.00 **Cruise Ship Killers** New edition People who left for the holiday of a lifetime on a cruise ship, but never came home.
10.00 **Murder On the Social Network** Online relationships that resulted in murder.
11.00 **Snapped**
12.00 M'T **Sex, Lies and Murder** A wealthy lesbian sets her sights on a college girl.
1.00 AM **Fear Thy Neighbour**
5.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 848 401 501 515

6.20 AM **Materna** As 6.00pm.
8.15 **Pixie** As shown at 3.40am.
9.55 **PREMIERE Minari** As 8pm.
11.55 **Bombshell** As 10.00pm.
2.00 PM **Long Story Short** Romantic comedy with Rafe Spall. (2021, 15, 90min) ★★★
4.00 **Me, Myself and Di** Comedy starring Katy Clayton and Lucy Pinder. (2021, 12, 93min) ★
6.00 **Materna** Drama starring Kate Lyn Sheil and Jade Eshete. (2020, 15, 105min) ★★★

8.00 Minari

8 PM

8.00 **PREMIERE Minari** Romantic drama starring Steven Yeun and Yeri Han. A Korean immigrant uproots his family from their home in California to Arkansas to start a farm. Partly subtitled. (2020, 12, 115min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.55 **Long Story Short** Romantic comedy, as shown at 2.00pm.
1.35 AM **No Man's Land** Action adventure starring Jake Allyn. (2020, 12, 114min) ★★★
3.40 **Pixie** Crime comedy starring Olivia Cooke and Ben Hardy. (2020, 15, 93min) ★★★★
5.20 **to 7.35** AM **Let Him Go** Crime drama starring Kevin Costner. (2020, 15, 113min) ★★★

+1 hour 312

Sky Cinema Back to School

303 403 503 517

6.20 AM **Paper Planes** Drama. (2014, U, 97min) ★★★
8.10 **Bill and Ted's Excellent...**
9.55 **School's Out Forever**
11.55 **Big Time Adolescence**
1.40 PM **Clueless** As 11.00pm.
3.30 **Spontaneous** Comedy. (2020, 15, 101min) ★★★★
5.25 **Ferris Bueller's Day Off** Teen comedy. (1986, 12) ★★★★★
7.15 **Bill and Ted's Excellent Adventure** Fantasy comedy. (1988, PG, 87min) ★★★★

5.25 Ferris Bueller's Day Off

Bill and Ted's Excellent Adventure (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **School's Out Forever** Horror comedy starring Oscar Kennedy, Anthony Head and Samantha Bond. A fifteen-year-old is expelled from his private school just as a deadly pandemic spreads like wildfire around the globe. (2020, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Clueless** Satirical teen comedy starring Alicia Silverstone as a smart, pretty and rich Beverly Hills teenager who takes a 'clueless' girl under her wing. (1995, 12, 97min) ★★★★
12.45 AM **Big Time Adolescence** Comedy starring Griffin Gluck. (2019, 15, 91min) ★★★★
2.25 **Spontaneous** As 3.30pm.
4.10 **to 6.00** AM **Ferris Bueller's Day Off** As shown at 5.25pm.

Sky Cinema Family

306 306 850 406 506 520

7.00 AM **Johnny English** (2002)
8.40 **Johnny English Reborn**
10.30 **Step Up** As 10.25pm.
12.20 PM **James and the Giant...**
1.50 **Little Manhattan** Comedy. (2005, PG, 86min) ★★★★
3.30 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
5.20 **Johnny English** Spy comedy. (2002, PG, 88min) ★★★
7.00 **Johnny English Reborn** Espionage comedy sequel. (2011, PG, 101min) ★★★

8.50 Furry Vengeance

8.50 **Furry Vengeance** Family comedy starring Brendan Fraser. A developer faces opposition from woodland animals when he tries to build a housing estate in their forest. (2010, PG, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Step Up** Romantic drama starring Channing Tatum and Jenna Dewan. A ghetto youth is sentenced to community service at a dance academy. (2006, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **James and the Giant Peach** Children's fantasy. (1996, U, 79min) ★★★★
1.45 **Paddington 2** As 3.30pm.
3.35 **Little Manhattan** As 1.50pm.
5.10 **to 6.50** AM **Furry Vengeance** As 8.50pm.

Sky Cinema Action

307 307 851 407 507 521

7.00 AM **Patriot Games** As 7pm.
9.00 **John Wick** As 9.00pm.
10.45 **Sands of Iwo Jima** (1949)
12.35 PM **Batman Begins** Dark comic-book thriller. (2005, 12, 140min) ★★★★★
3.00 **Zack Snyder's Justice League** Superhero action adventure starring Ben Affleck. (2017, 15, 242min) ★★★
7.00 **Patriot Games** Action thriller starring Harrison Ford. (1992, 15, 116min) ★★

7.00 Patriot Games

Patriot Games (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **John Wick** Action thriller starring Keanu Reeves. A former assassin who has turned his back on violence is provoked into a murderous rage when a criminal kills his dog. (2014, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

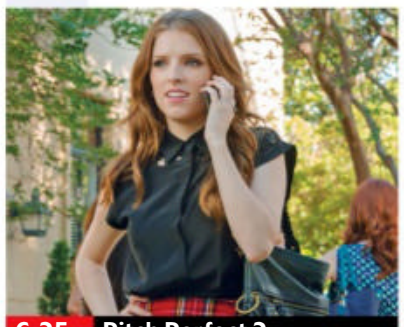
10.45 **Pain & Gain** Dark crime comedy based on a true story, starring Mark Wahlberg, Dwayne Johnson, Anthony Mackie and Tony Shalhoub. (2013, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Total Recall** Sci-fi thriller. (1990, 15, 109min) ★★★
2.50 **Sands of Iwo Jima** World War Two adventure. (1949, b/w, PG, 109min) ★★★
4.45 **to 7.05** AM **Batman Begins**

Sky Cinema Comedy

308 308 852 408 508 522

7.15 AM **Paul Blart: Mall Cop**
8.50 **Barb & Star Go to Vista Del Mar** As shown at 8.20pm.
10.40 **Pitch Perfect 2** As 6.25pm.
12.35 PM **Horrible Bosses 2**
2.25 **The King of Staten Island**
4.45 **Playing with Fire** Family omedy starring John Cena. (2019, PG, 96min) ★★
6.25 **Pitch Perfect 2** Musical comedy sequel starring Anna Kendrick and Rebel Wilson. (2015, 12, 112min) ★★★


6.25 Pitch Perfect 2

8.20 **Barb & Star Go to Vista Del Mar** Comedy starring Kristen Wiig and Annie Mumolo. Two friends embark on the adventure of a lifetime when they decide to leave their small town for the first time. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Horrible Bosses 2** Comedy sequel starring Jason Bateman, Jason Sudeikis and Charlie Day. Three men trying to start their own business are swindled by an investor. (2014, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The King of Staten Island** Comedy drama. (2020, 15, 136min) ★★★★
2.20 AM **Songbird** Comedy drama. (2018, 15, 95min) ★★
4.00 **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
5.35 **to 7.15** AM **Playing with Fire**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Rear Window** As 4.40pm.
8.10 **The Revenant** As 10.45pm.
11.00 **The Lost World: Jurassic Park** Steven Spielberg's adventure sequel starring Jeff Goldblum. (1997, PG, 129min) ★★★
1.15 PM **JFK** As shown at 1.25am.
4.40 **Rear Window** Classic Hitchcock suspense thriller starring James Stewart and Grace Kelly. (1954, PG, 112min) ★★★★★
6.40 **The Age of Innocence** Martin Scorsese's romantic period drama adapted from the novel by Edith Wharton, starring Daniel Day-Lewis, Michelle Pfeiffer and Winona Ryder. (1993, U, 139min) ★★★★
9.00 **Jurassic Park III** Adventure thriller sequel starring Sam Neill William H Macy and Téa Leoni. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
10.45 **The Revenant** Western starring Leonardo DiCaprio. (2015, 15, 153min) ★★★★★
1.25 AM **JFK** Oliver Stone's political thriller starring Kevin Costner. (1991, 15, 191min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.00 AM **The Elfkins** Animation. (2019, PG, 78min) ★★★
7.25 **Sinbad: Legend of the Seven...**
8.55 **Cloudy with a Chance of Meatballs 2** As 3.15pm.
10.35 **Henchmen** As 4.55pm.
12.05 PM **Hop** As 6.20pm.
1.45 **Extinct** As 8.00pm.
3.15 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
4.55 **Henchmen** Animated adventure. (2018, PG, 89min) ★★
6.20 **Hop** Partly-animated family comedy starring James Marsden. (2011, U, 94min) ★★★
8.00 **Extinct** Animated adventure featuring the voice of Adam Devine. (2021, U, 84min) ★★★
9.30 **Combat Wombat** Animation with the voice of Deborah Mailman. (2020, U, 90min) ★★★
11.00 **Alvin and the Chipmunks Meet the Wolfman** Animated fantasy. (2000, U, 74min) ★★
12.25 AM **The Hero of Colour City** Animation. (2014, U, 80min)
1.45 **Sinbad: Legend of the Seven Seas** Animation. (2003, U) ★
3.15 **Okko's Inn** Animated fantasy. (2018, PG, 94min) ★★★
4.55 **to 6.20** AM **Alvin and the Chipmunks Meet the Wolfman**

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
8.20 **Close Up** Edward Norton.
8.55 **Johnny Guitar** Western. (1953, PG, 110min) ★★★★
11.15 **The Barretts of Wimpole Street** Romantic drama. (1957, U, 104min) ★★
1.30 PM **Gunmen from Laredo** Western. (1959, 12, 67min) ★★
3.00 **Massacre Canyon** Western. (1954, b/w, PG, 66min) ★★
4.30 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★
6.55 **Thunder Pass** Western starring Dane Clark and Dorothy Patrick. (1954, b/w, U, 76min) ★★
8.40 **Off Set** With Ben Miller.
9.00 **Tigerland** Military drama starring Colin Farrell as a rebellious conscript at boot camp in 1971, who inspires the members of a platoon en route for Vietnam. (2000, 18, 101min) ★★★
11.10 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
1.50 AM **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★
3.40 **Off Set** With Jamie Cullum.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Springtime in the Sierras** Western. (1947, PG, 75min) ★★
7.30 **Glimpses: Sunday in Southend**
7.45 **Flame of the Islands** Drama. (1955, PG, 90min) ★★
9.30 **Law of the Plainsman** (S1)
10.00 **Look at Life**
10.15 **Tomorrow at Ten** (1964) ★★
11.55 **Glimpses**
12.00 NOON **The Footage Detectives**
12.30 PM **Boyd QC** (S2)
1.00 **Sailors Three** Wartime comedy. (1940, b/w, U, 83min) ★★★
2.45 **You Pay Your Money** Thriller. (1957, b/w, U, 68min) ★
4.00 **Doctor in Love** Comedy. (1960, PG, 97min) ★★
6.00 **Upstairs, Downstairs**
7.00 **Look at Life**
7.20 **Passport to Pimlico** Comedy with Stanley Holloway. (1949, b/w, U, 80min) ★★★★★
9.00 **The Champions**
10.00 **Who Dares Wins** Action thriller. (1982, 18, 124min) ★
12.30 AM **The Rat Race** Romantic comedy drama starring Tony Curtis and Debbie Reynolds. (1960, PG, 105min) ★★★
2.35 **Nijinsky** Biopic starring Alan Bates and George de la Peña (1980, 15, 125min) ★★★
5.05 **to 6.00** AM **The Rogues**

Horror

317 149 68 138

8.00 AM **Asteroid v Earth** Disaster thriller. (2014, 15, 91min) ★★
10.00 **Star Trek: Voyager** (S4)
3.00 PM **Roswell: The Aliens Attack** Thriller. (1999, PG, 85min) ★
4.50 **This Island Earth** Sci-fi action thriller starring Jeff Morrow. (1955, PG, 86min) ★★★★
6.45 **Alien Convergence** Thriller with Stephen Brown and Caroline Ivari. (2017, 15, 105min) ★★
8.30 **Tales from the Darkside** *Dream Girl:* A group of people encounter a number of bizarre events while trapped inside the dream of a wronged stagehand.
9.00 **Mara** Horror starring Olga Kurylenko. A psychologist is called in to assess a woman accused of strangling her husband, and soon wonders if a demon was to blame. (2018, 18, 98min) ★★
10.55 **Ultraviolet** Sci-fi action thriller. (2006, 15, 87min) ★★★
12.40 AM **A Lonely Place to Die** Survival thriller starring Melissa George. (2011, 15, 99min) ★★★
2.35 **to 4.30** AM **Creatures the World Forgot** Adventure. (1970, 18, 115min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.50 AM **Every Breath You Take**
8.40 **Locke** As shown at 4.10pm.
10.20 **Paycheck** As 8.00pm.
12.25 PM **2 Guns** Action thriller. (2013, 15, 104min) ★★★
2.20 **Every Breath You Take** Thriller. (2021, 15, 105min) ★★★
4.10 **Locke** Thriller with Tom Hardy. (2013, 15, 83min) ★★★★
5.40 **Shutter Island** Martin Scorsese's mystery thriller starring Leonardo DiCaprio. (2010, 15, 137min) ★★★

5.40 Shutter Island

8.00 **Paycheck** Sci-fi thriller with Ben Affleck and Uma Thurman. A computer engineering genius who has had his short-term memory erased has to piece together his past from an envelope full of random objects. (2003, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

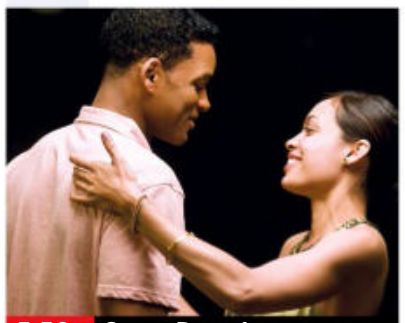
10.00 **Man on Fire** Violent action thriller starring Denzel Washington and Dakota Fanning. An ex-secret agent becomes a 10-year-old girl's bodyguard and will stop at nothing to find her when she gets kidnapped. (2004, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Manhunter** Psychological thriller starring Brian Cox. (1986, 18, 118min) ★★★★
2.40 **Shutter Island** As 5.40pm.
5.00 **to 6.35** AM **Locusts** Thriller. (2019, 15, 85min) ★★★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Behind the Candelabra**
8.10 **St Elmo's Fire** As 12.05am.
10.10 **Salmon Fishing in the Yemen**
12.10 PM **Side Effects** As 8.00pm.
2.10 **Behind the Candelabra** Biopic with Michael Douglas. (2013, 15, 116min) ★★★★
4.10 **The Ugly Truth** Romantic comedy with Katherine Heigl. (2009, 15, 96min) ★★★
5.50 **Seven Pounds** Melodrama with Will Smith and Rosario Dawson. (2007, 12, 117min) ★★★★


5.50 Seven Pounds

8.00 **Side Effects** Psychological thriller starring Jude Law and Rooney Mara. A New York psychiatrist prescribes a new drug to a suicidally depressed patient, but it proves to have alarming side effects. (2013, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

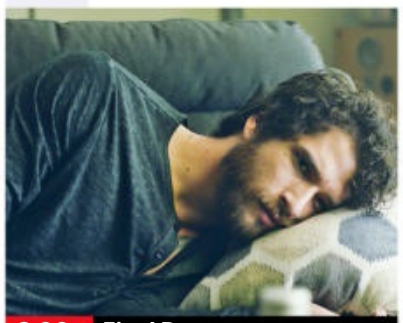
10.00 **Indecent Proposal** Romantic drama starring Robert Redford, Demi Moore and Woody Harrelson. An enigmatic gambler offers a yuppie couple $1 million if the wife will sleep with him. (1993, 15, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **St Elmo's Fire** Brat Pack drama starring Emilio Estevez. (1985, 15, 108min) ★★★
2.05 **The Ugly Truth** As 4.10pm.
3.55 **to 6.00** AM **Salmon Fishing in the Yemen** Romantic comedy with Ewan McGregor. (2011, 12, 102min) ★★★★

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.15 AM **Final Days** As 6.00pm.
7.55 **Edge of Tomorrow** (2014)
10.00 **Big Trouble in Little China**
11.55 **Beetlejuice** As 3.25am.
1.45 PM **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★
3.35 **The Mortal Instruments: City of Bones** As 11.35pm.
6.00 **Final Days** Horror thriller. (2020, 15, 92min) ★★★
7.45 **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★★


6.00 Final Days

Edge of Tomorrow (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

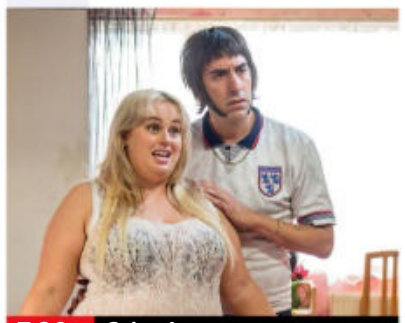
9.45 **Big Trouble in Little China** Fantasy adventure starring Kurt Russell as a truck driver caught in a supernatural gang war beneath the streets of San Francisco's Chinatown. (1986, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Mortal Instruments: City of Bones** Romantic fantasy starring Lily Collins. (2013, 12, 127min) ★★★
1.45 AM **Hunter Hunter** Horror with Camille Sullivan, Devon Sawa and Summer H Howell. (2020, 18, 93min) ★★★★
3.25 **Beetlejuice** Fantasy comedy starring Michael Keaton. (1988, 15, 92min) ★★★★
5.00 **to 6.40** AM **Resident Evil: Retribution** As 1.45pm.

Sky Cinema Assassins

302 402 502 516

6.35 AM **Bloodshot** As 3.40pm.
8.30 **Lucy** As shown at 5.40pm.
10.10 **Grimsby** As 7.20pm.
11.50 **Say Your Prayers** As 2.35am.
1.30 PM **Crouching Tiger, Hidden Dragon** Adventure. Subtitled. (2000, 12, 120min) ★★★★★
3.40 **Bloodshot** Fantasy thriller. (2020, 12, 109min) ★★
5.40 **Lucy** Sci-fi action thriller. (2014, 15, 90min) ★★★
7.20 **Grimsby** Action comedy. (2016, 15, 83min) ★★


7.20 Grimsby

Grimsby (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

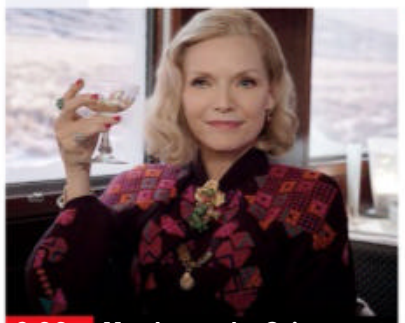
9.00 **Sin City** Thriller starring Bruce Willis, Mickey Rourke and Clive Owen. Three hard-boiled heroes try to protect or avenge a series of dames in distress. With Jessica Alba, Rosario Dawson and Benicio Del Toro. (2005, 18, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Desperado** Action thriller with Antonio Banderas, Salma Hayek and Steve Buscemi. (1995, 18, 105min) ★★★
1.00 AM **Crank** Action thriller starring Jason Statham, Jose Pablo Cantillo and Amy Smart. (2006, 18, 88min) ★★★★
2.35 **Say Your Prayers** Crime comedy starring Tom Brooke. (2020, 15, 84min) ★★
4.05 **to 6.10** AM **Crouching Tiger, Hidden Dragon** As 1.30pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Carry On Cabby** Comedy. (1963, b/w, PG, 95min) ★★★
12.50 PM **A Dog's Purpose** Drama. (2017, PG, 100min) ★★★
2.50 **Star Trek V: The Final Frontier** Sci-fi adventure sequel. (1989, PG, 100min) ★★
4.55 **Crocodile Dundee** Comedy. (1986, 15, 102min) ★★★★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid. (2009, 12, 113min) ★★★


9.00 Murder on the Orient...

G.I. Joe: The Rise of Cobra (film started at 6.45pm) — 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Murder on the Orient Express** Agatha Christie mystery starring Kenneth Branagh, Daisy Ridley and Derek Jacobi. Hercule Poirot investigates the killing of an American businessman on board the famous train. (2017, 12, 104min) ★★★ — 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **No Escape** Thriller with Owen Wilson and Pierce Brosnan. An American family relocates to an Asian nation, but faces a battle for survival when a revolution sweeps the country. (2014, 15, 101min) ★★★ — 10 PM
1.20 **to 3.30** AM **Things to Come** French-German drama with Isabelle Huppert. Subtitled. (2016, 12, 102min) ★★★★ — 11 PM

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **Triple Cross** Spy thriller. (1966, PG, 126min) ★★
8.30 **The Hunchback of Notre Dame** Drama. (1982, PG, 97min) ★★
10.35 **Georgy Girl** (1966, b/w) ★★★
12.40 PM **Malachi's Cove** Period drama. (1973, U, 85min) ★★★
2.25 **To Sir, with Love** Drama. (1966, PG, 105min) ★★
4.35 **Hanover Street** Wartime love story. (1979, PG, 108min) ★★

6.40 **Breakfast at Tiffany's** Romantic comedy starring Audrey Hepburn and George Peppard. A struggling writer living in New York slowly falls for his eccentric neighbour. (1961, PG, 106min) ★★★★★
9.00 **Stir Crazy** Offbeat comedy starring Gene Wilder, Richard Pryor and JoBeth Williams. (1980, 15, 110min) ★★★
11.20 **Neighbors** Comedy starring John Belushi and Dan Aykroyd. (1981, 15, 94min) ★★

1.15 AM **Used Cars** Comedy. (1980, 15, 115min) ★★
3.30 **What a Carve Up!** Comedy chiller. (1961, b/w, U, 88min) ★★
4.55 **to 6.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **GREAT! Movie News Extra**
9.10 **Stand Your Ground** Fact-based drama. (2013, PG, 107min) ★★
11.30 **Stolen Dreams** Thriller. (2016, PG, 85min) ★★
1.40 PM **Evening** Romantic drama. (2007, 12, 117min) ★★★
4.00 **The Pursuit of Happyness** Rags-to-riches drama based on a true story, starring Will Smith. (2006, 12, 117min) ★★★

6.25 **Coach Carter** Sports drama starring Samuel L Jackson. A high-school basketball coach creates a scandal when he suspends his undefeated team for failing to keep up their grades. (2004, 12, 136min) ★★★
9.00 **Basic** Military thriller with John Travolta and Samuel L Jackson. An ex-army ranger turned government agent investigates the mysterious disappearance of a US army drill sergeant. (2002, 15, 98min) ★★

10.55 **I Am Wrath** Crime thriller. (2016, 15, 90min) ★★
12.55 AM **Seraphim Falls** Western. (2006, 15, 111min) ★★★★
3.10 **to 6.00** AM **Stepmom** Drama. (1998, 12, 121min) ★★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
7.50 **The Last Posse** (1953, b/w) ★★
9.25 **Fort Apache** Western. (1948, b/w, U, 127min) ★★★★
12.00 NOON **The Pathfinder** Western. (1953, U, 78min) ★★
1.40 PM **Domino Kid** Western. (1957, b/w, U, 74min) ★★
3.15 **Three Hours to Kill** Western. (1954, 12, 77min) ★★

4.55 **Only the Valiant** Western. (1951, b/w, PG, 100min) ★★
7.10 **Buffalo Bill** Biopic of the life of Wild West hero William Cody, starring Joel McCrea, Maureen O'Hara and Linda Darnell. (1944, PG, 90min) ★★
9.00 **Mackenna's Gold** Western adventure about the search for a legendary canyon of gold. Stars Gregory Peck, Omar Sharif, Telly Savalas. Eli Wallach and Edward G Robinson. (1968, 15, 136min) ★★★

11.40 **Half Past Dead 2** Action thriller sequel. (2007, 15, 92min) ★★
1.25 AM **Canopy** Wartime adventure. (2013, 12, 84min) ★★
3.00 **to 4.00** AM **The Blitz on Hamburg**

+1 hour 324

Movies 24

325 419

7.00 AM **Love, Alaska** As 7.00pm.
9.00 **Paris, Wine and Romance**
11.00 **Ruby Herring Mysteries: Her Last Breath** As 11.00pm.
1.00 PM **All for Love** Romantic comedy. (2017, PG, 83min) ★★
3.00 **Baby, It's Cold Inside** Romantic drama. (2020, PG, 84min) ★★
5.00 **Bottled with Love** Romantic drama starring Bethany Joy Lenz. (2019, PG, 85min) ★★

7.00 **Love, Alaska** Romantic comedy, starring Sarah Podemski and Victor Zinck Jr. Two childhood friends are reunited in Alaska and offered a second chance at love. (2019, PG, 95min) ★★
9.00 **Paris, Wine and Romance** Romantic drama starring Jen Lilley and Dan Jeannotte. An Oregon winemaker enters a respected wine competition in France, where sparks fly with her rival. With Roxanne McKee. (2019, PG, 84min) ★★

11.00 **Ruby Herring Mysteries: Her Last Breath** Thriller with Taylor Cole. (2019, PG, 90min) ★★
1.00 AM **All for Love** As 1.00pm.
3.00 **to 5.00** AM **Baby, It's Cold Inside** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.35 PM **Fantastic Beasts: The Crimes of Grindelwald** *ITV2* Fantasy adventure. ★★★★
6.40 **Planet of the Apes** *Paramount Network* Sci-fi. ★★★★★
7.00 **Asteroid-a-geddon** *Syfy* ★★
7.05 **Made of Honor** *Comedy Central* Romantic comedy. ★★
9.00 **Conan the Destroyer** *ITV4* Fantasy adventure. ★★★
9.00 **RED** *E4* Comedy thriller. ★★★★
9.00 **The Magnificent Seven** *5STAR* Western remake. ★★★
9.00 **The Proposal** *Comedy Central* Romantic comedy. ★★★
9.00 **Bewitched** *Syfy* Fantasy. ★★
9.00 **Sudden Impact** *Paramount Network* Crime thriller. ★★
9.00 **Robin Williams: Come Inside My Mind** *Sky Documentaries* An intimate portrait. ★★★★
10.55 **Homefront** *Channel 5* ★★★
11.00 **Sorry to Bother You** *BBC2* Boots Riley's comedy. ★★★★
11.05 **8 Mile** *ITV4* Urban drama. ★★★
11.10 **Bachelorette** *Comedy Central* Comedy with Kirsten Dunst. ★★
11.20 **Stealth** *Paramount Network* ★★
11.45 **Z for Zachariah** *BBC1 (Scot: 12.50am)* Sci-fi drama. ★★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **LIVE European Tour Golf** The fourth and final day of the BMW PGA Championship taking place from Wentworth, Surrey.
11.00 **LIVE Test Cricket England v India.** Coverage of the third day of the final Test, held at Emirates Old Trafford in Manchester.
1.00 PM **Grand Prix Sunday**
1.55 **LIVE Formula 1** The Italian Grand Prix, the 14th round of the season, held at Autodromo Nazionale Monza. Start-time **2pm**.
4.00 **LIVE Renault Super Sunday Leeds United v Liverpool.** The Premier League encounter from Elland Road. Kick-off **4.30pm**.
6.45 **LIVE WSL Manchester City v Tottenham Hotspur.** Coverage from Manchester City Academy Stadium. Kick-off **6.30pm**.
9.15 **LIVE NFL** Coverage of an NFL match Kick-off **9.25pm**.
12.35 AM **NBC's FNIA**
1.15 **LIVE NFL Los Angeles Rams v Chicago Bears.** Kick-off **1.20am**.
4.45 **My Icon**
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **Premier League** Brentford v Brighton & Hove Albion.
7.45 **Premier League** Watford v Wolverhampton Wanderers.
9.30 **Premier League** Action from Southampton v West Ham United.
11.15 **Premier League** Action from Leicester City v Manchester City.
1.00 PM **Premier League** Manchester United v Newcastle United.
2.45 **Matchday Plus**
4.00 **LIVE Renault Super Sunday Leeds United v Liverpool.** All the action from the top-flight encounter at Elland Road. Kick-off **4.30pm**.
7.30 **SNF** Chelsea v Aston Villa.
9.15 **Premier League 100 Club**
9.45 **Matchday Plus** Behind the scenes of Man City v Everton.
10.00 **Premier League** A re-run of Leeds United v Liverpool.
11.45 **SNF** Chelsea v Aston Villa.
1.30 AM **Premier League** A re-run of Leeds United v Liverpool.
3.15 **PL Greatest Games**
4.00 **Best PL Goals 1999/2000**
5.00 **Best PL Goals: Chelsea v Man Utd** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **EFL Highlights**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **EFL Highlights**
10.30 **SPFL Highlights**
10.45 **SPFL Greatest Games**
11.00 **LIVE SPFL Hearts v Hibernian.** Coverage of the Scottish top-flight clash from Tynecastle. Kick-off **12.00noon**.
2.00 PM **LIVE EFL Nottingham Forest v Cardiff City.** Coverage of the Championship clash at The City Ground. Kick-off **2.30pm**.
5.00 **EFL Highlights**
5.45 **SPFL Highlights**
6.00 **EFL Goals: Leagues 1 & 2**
6.30 **LIVE WSL Manchester City v Tottenham Hotspur.** Coverage from Manchester City Academy Stadium. Kick-off **6.30pm**.
9.15 **SPFL** Hearts v Hibernian.
12.15 AM **EFL Cup Retro 14**
2.15 **Championship Review 14/15**
3.15 **Play Off Final C'Ship 16/17**
4.15 **Play Off Final League 1 16/17**
5.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Test Cricket**
7.00 **Nasser Meets Sachin**
8.00 **Test Cricket Bitesize**
8.30 **Best of T20 Blast Finals Day**
8.45 **Test Cricket**
9.45 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** Coverage of day three of the fifth and final Test in the series, taking place at Emirates Old Trafford, Manchester.
7.00 PM **2015 T20 Blast Final** Lancashire Lightning v Northamptonshire Steelbacks.
7.40 **Best of T20 Blast Finals Day**
8.00 **Test Cricket** England v India: Action from the third day of the final Test in the series, held at Emirates Old Trafford, Manchester.
9.00 **Dinesh Karthik Meets**
9.45 **India's History At Lord's**
10.00 **Test Cricket** As 8.00pm.
11.00 **Test Cricket Bitesize**
11.15 **The Fletcher Years**
11.45 **Test Cricket Bitesize**
12.00 M'T **Vitality T20 Blast Cricket**
3.45 AM **Best of the Women's World T20** Action from 2016.
4.00 **Test Cricket**
5.00 **to 6.00** AM **Best of The Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **European Tour Golf**
7.00 **Farmfoods British Par 3 Championship – Celeb-Am**
8.00 **European Tour Golf**
9.00 **LIVE European Tour Golf** The fourth and final day's play of the BMW PGA Championship, held at Wentworth in Surrey.
12.00 NOON **LIVE European Tour Golf** Further coverage of the fourth and final day's play of the BMW PGA Championship.
5.30 PM **Best of the BMW PGA Championship Pro-Am's**
6.00 **Ryder Cup Memories**
7.00 **Countdown to the Ryder Cup**
7.30 **LIVE Ryder Cup Golf** A look at the Team Europe's wildcard picks ahead of the Ryder Cup.
8.30 **European Tour Golf**
9.30 **Rob & Romesh vs Golf**
10.30 **Ryder Cup Golf**
11.30 **European Tour Golf**
12.30 AM **Ryder Cup Memories**
1.00 **European Tour Golf**
3.00 **Countdown to the Ryder Cup**
3.30 **Best of the BMW PGA Championship Pro-Am's**
4.00 **European Tour Golf**
5.00 **to 6.00** AM **Ryder Cup Memories**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Highlights**
7.00 **World Rally Championship**
7.30 **LIVE World Rally Championship** Coverage of Stage 14 of Rally Greece in Tarzan.
8.30 **DIY Pundit**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **ESPN FC**
11.30 **LIVE Serie A** Coverage of football from Italy's top division.
1.30 PM **Vanarama National League**
2.00 **LIVE Serie A** Coverage of football from Italy's top division.
4.00 **Badminton Unlimited**
4.30 **DIY Pundit**
5.00 **LIVE Serie A** Coverage of football from Italy's top division.
7.00 **UCL Stories of the Finals**
7.30 **What I Wore: Gianfranco Zola**
7.45 **LIVE Serie A** Coverage of football from Italy's top division.
9.45 **What I Wore: Gary Lineker**
10.00 **WWE SmackDown Highlights**
11.00 **WWE NXT**
12.45 AM **UFC Unleashed**
1.45 **UFC Ultimate Submissions**
2.15 **What I Wore: Jamie Vardy**
2.30 **World Rally Championship**
3.00 **to 6.00** AM **Highlights**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **MotoGP**
6.30 **Women's One-Day International Cricket**
7.30 **LIVE MotoGP** Warm-ups.
9.15 **LIVE MotoGP** Coverage of the Moto3 race at the Grand Prix of Aragon. Start-time **10.00am**.
11.00 **LIVE MotoGP** Coverage of the Moto2 race at the Grand Prix of Aragon. Start-time **11.20am**.
12.30 **LIVE MotoGP** Coverage of the MotoGP race at the Grand Prix of Aragon Start-time **1.00pm**.
2.00 PM **MotoGP Chequered Flag**
3.00 **LIVE Hero CPL Barbados Royals v Saint Lucia Kings.** From Warner Park Sporting Complex, Basseterre.
6.30 **Badminton Unlimited**
7.00 **LIVE Hero CPL Guyana Amazon Warriors v Jamaica Tallawahs.** From Warner Park Sporting Complex, Basseterre.
11.00 **World Rally Championship**
11.30 **LIVE Hero CPL St Kitts & Nevis Patriots v Trinbago Knight Riders.** In Basseterre.
3.30 AM **Speed Catamarans GC32**
4.00 **to 6.00** AM **The Big Match Revisited – 1974/75**

BT Sport 3

417 417 874 | 529 | 410 432

6.45 AM **What I Wore: Alli & Sessegnon**
7.00 **Premier League**
8.30 **Vanarama National League**
9.00 **Ligue 1**
11.00 **LIVE World Rally Championship** Coverage of stage 15 of Rally Greece.
12.30 PM **DIY Pundit**
1.00 **LIVE Superleague Triathlon** Coverage of the second race of the season in Munich, Germany.
3.00 **Inside Sailing**
3.30 **Speed Catamarans GC32**
4.00 **LIVE Ligue 1 Nantes v Nice.** Coverage of the French top-flight encounter from Stade de la Beaujoire. Kick-off **4.00pm**.
6.00 **Vanarama National League**
6.30 **WWE NXT UK**
7.30 **LIVE Ligue 1 Lyon v Strasbourg.** The French top-flight clash from Groupama Stadium. Kick-off **7.45pm**.
9.45 **BT Sport Fight Night**
11.45 **Sport in Focus**
12.00 M'T **Serie A**
4.00 AM **Premier League Review: 2015/16** Season review.
5.00 **to 6.00** AM **Premier League Review: 2016/17**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
9.00 **The Story of NFL Europe** A look back at the former NFL development league, which featured teams such as London Monarchs and Scottish Claymores.
10.00 **NFL Highlights**
12.00 NOON **NFL Highlights** Recent action from the NFL.
1.00 PM **NFL Highlights** Tampa Bay Buccaneers v Dallas Cowboys from Raymond James Stadium.
2.00 **LIVE NFL Gameday** All the latest news and build-up ahead of the opening Sunday of the 2021 NFL season, with discussion and analysis of the key talking points.
5.00 **LIVE NFL** Coverage of an NFL match Kick-off **6.00pm**.
9.15 **LIVE NFL** Coverage of an NFL match Kick-off **9.25pm**.
12.35 AM **NBC's FNIA** Coverage of *Football Night in America*, which looks ahead to the latest fixture.
1.15 **LIVE NFL Los Angeles Rams v Chicago Bears.** Coverage of the NFC match from SoFi Stadium. Kick-off **1.20am**.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Spirit of Yachting**
6.30 **World Cup of Darts**
10.30 **Women's Super League**
10.45 **Rugby Greatest Games**
10.55 **LIVE Rugby Championship South Africa v Australia.** Coverage from Robina Stadium, Queensland. Kick-off **11.05am**.
1.00 PM **LIVE Sail GP** Coverage of day two of the fifth round of the season from Saint-Tropez.
2.00 **My Icon: Kadeena Cox**
2.10 **My Icon: Chris Hughton**
2.20 **LIVE Bundesliga Eintracht Frankfurt v VfB Stuttgart.** Coverage of the German top-flight clash from Deutsche Bank Park. Kick-off **2.30pm**.
4.30 **Betfred Super League Hlts**
5.00 **Shaq: The Big Conversation** An interview with former NBA superstar Shaquille O'Neal.
6.00 **LIVE NFL Redzone** A chance to see every touchdown from every single NFL game of the day.
1.00 AM **The Rugby Championship**
5.10 **Rugby Greatest Games**
5.20 **My Icon**
5.40 **Rugby Greatest Games**
5.50 **to 6.00** AM **My Icon**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **MLB's Best**
6.30 **ESPN FC** Football news.
7.00 **CFL** Double bill of action.
12.00 NOON **LIVE Ligue 1 Montpellier v Saint-Etienne.** Coverage from Stade de la Mosson. Kick-off **12.00noon**.
2.00 PM **LIVE Ligue 1 Rennes v Reims.** All the action from Roazhon Park. Kick-off **2.00pm**.
4.00 **College Football**
7.00 **LIVE MLB Chicago White Sox v Boston Red Sox.** At Guaranteed Rate Field. Start-time **7.10pm**.
10.00 **MLB's Best**
10.30 **The Ocho**
11.00 **College Football Final**
12.00 M'T **Baseball Tonight**
1.00 AM **LIVE MLB New York Mets v New York Yankees.** The inter-league match from Citi Field.
4.00 **The Ocho**
4.30 **MLB's Best**
5.00 **to 6.00** AM **College Football Final**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **British Superbikes**
7.00 **GOLFTV Weekly**
7.35 **Show Jumping**
9.00 **LIVE Ski Jump: Summer Grand Prix** The HS140 team event from Chaikovsky, Russia.
10.45 **Porsche Supercup**
11.15 **LIVE Porsche Supercup** Race two of the Italian Grand Prix.
12.15 PM **LIVE Cycling: European Road Champs** The men's road race from Trentino in Italy.
4.15 **Cycling: Milan-San Remo**
4.30 **Sailing: Spirit of Yachting**
5.00 **Triathlon: Super League**
6.00 **Cycling: European Road Champs**
8.00 **Cycling: Antwerp Port Epic**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **British Speedway**
11.00 **Cycling: Antwerp Port Epic**
12.00 M'T **British Superbikes**
1.00 AM **Formula E**
2.00 **Hall of Fame – Tokyo 2020**
2.00 **Cycling: European Road Champs**
5.00 **to 6.00** AM **British Speedway**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Karate**
7.00 **Cycling: European Road Champs**
8.00 **British Speedway**
9.00 **Bennetts British Superbikes**
10.30 **LIVE Canoeing** Coverage of the ICF Canoe Slalom World Cup meeting in Pau, France.
11.45 **Best of Bikes – Silverstone BSB**
12.00 NOON **British Superbikes**
1.00 PM **LIVE British Superbikes** Coverage of races two and three of round eight from Silverstone.
6.00 **World Superbikes Extra**
7.00 **Formula E**
8.00 **Bennetts British Superbikes**
9.00 **Motocross World Champs**
10.00 **Cycling: European Road Champs**
11.00 **Bennetts British Superbikes**
12.00 M'T **Hall of Fame – Tokyo 2020**
1.00 AM **Cycling: European Road Champs** The men's road race.
2.00 **World Superbikes**
3.00 **World Superbikes: Extra**
4.00 **Tokyo 2020: Swimming**
5.00 **to 6.00** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Rugby Greatest Games**
6.25 **British and Irish Lions Tour**
7.55 **LIVE Rugby Championship New Zealand v Argentina.** From Robina Stadium in Queensland. Kick-off **8.05am**.
10.00 **Rugby Greatest Games**
10.10 **British and Irish Lions Tour**
10.55 **Rugby Greatest Games**
11.00 **Betfred Super League Hlts**
11.30 **Darts Gold**
12.00 NOON **LIVE World Cup of Darts** Coverage of the quarter-finals in Jena, Germany.
4.00 PM **Darts Gold**
4.30 **Betfred Super League Hlts**
5.00 **British and Irish Lions Tour**
6.00 **LIVE World Cup of Darts** Coverage of the semi-finals and final from Jena, Germany.
10.00 **Show Jumping**
1.00 AM **Sail GP**
2.30 **Fight Night**
4.15 **British and Irish Lions Tour**
5.15 **to 6.00** AM **Darts Gold**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Highlights**
9.15 **LIVE Formula 2** Coverage of the feature race from Italy.
10.35 **Highlights**
11.30 **LIVE Porsche Supercup** Round seven from Italy.
12.05 PM **Highlights**
12.30 **Grand Prix Sunday**
1.55 **LIVE Formula 1** The Italian Grand Prix, the 14th round of the season, held at Autodromo Nazionale Monza. Start-time **2pm**.
4.00 **Chequered Flag**
5.00 **Ted's Notebook**
5.30 **Ted on Tyres and Brake Magic**
5.40 **Pierre Gasly on 2021**
5.50 **The History of Aston Martin**
6.00 **Formula 1**
7.00 **Ferrari Challenge Europe**
8.00 **LIVE Indycar** Coverage of the Grand Prix of Portland at Portland International Raceway.
11.00 **Formula 1**
12.00 M'T **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Monday

13 September
Evening Planner

Factual

Take a Hike
BBC2 HD, 6.30pm
Five people vote on the best walks in Britain based on the route, picnic space and views, beginning with Devon

Soap

Coronation Street Icons: Norris Cole
ITV HD, 8pm
With Malcolm Hebden having now left Corrie, Sally Lindsay narrates a tribute

Cookery

Jamie Oliver: Together
C4 HD, 8pm
Jamie creates menus to be shared with loved ones after so long apart, and also cooks for the pandemic's key workers

Comedy

The Complaints Department
Comedy Central HD, 9pm
Jason Manford takes charge as guests play games based on the public's whinges

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Panorama	8.00 EastEnders	8.30 Ghosts	9.00 Silent Witness		10.00 News; Local News	10.35 Ladhood †
102 BBC2	7.00 Cricket: Today at the Test		8.00 Only Connect	8.30 University...	9.00 Fever Pitch: The Rise of the Premier...		10.00 Alma's Not...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Coronation...	8.30 Coronation Street	9.00 Stephen		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Jamie Oliver: Together		9.00 Bin Laden: The Road to 9/11		10.00 First Dates	
105 CHANNEL 5	7.00 Traffic Cops		8.00 Police Interceptors		9.00 Submarine: Life Under the Waves		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Landmark		9.00 Look Away			
ENTERTAINMENT								
116 BBC4	7.00 Great British...	7.30 Joy of Painting	8.00 Secrets of the Museum		9.00 Inside America's Treasure House...		10.00 Keith Haring: Street Art Boy	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Ready to Mingle		10.00 Family Guy	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Great British Home Restoration		10.00 World's Weirdest Homes	
135 E4	7.00 Hollyoaks	7.30 Junior Bake Off			9.00 Married at First Sight UK		10.00 Legendary	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Criminal Minds		9.00 9-1-1		10.00 9-1-1: Lone Star	
108 SKY ATLANTIC	◂ 5.40 The Sopranos		7.50 Game of Thrones		9.00 The White Lotus			10.10 In Treatment
110 GOLD		7.20 The Green Green Grass	8.00 Only Fools and Horses			9.20 Rock & Chips		
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?		8.20 QI	9.00 QI XL		10.00 British as Folk	
119 ITV3	◂ 6.55 Maigret		8.00 Lewis				10.00 Manhunt	
120 ITV4	7.00 The Celebrity Chase		8.00 MotoGP Highlights		9.00 Gordon, Gino and Fred: American Road Trip			10.15 Film: The Untouchables
114 COMEDY CENTRAL	7.00 Friends				9.00 The Complaints Department		10.00 Impractical Jokers	
152 SYFY	7.00 Star Trek: The Next Generation		8.00 Quantum Leap		9.00 Blood & Treasure			
109 W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 Extreme Food Phobics		10.00 Should I Go Under the Knife?	
113 SKY COMEDY	7.05 Silicon Valley	7.40 Curb Your Enthusiasm			9.00 Miracle...	9.30 Last Week Tonight...		10.10 Ballers
132 ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise		9.00 Evil		10.00 Limetown	
130 SKY ARTS	7.00 André Rieu: Welcome to My World		8.00 Landmark		9.00 Jeff Lynne's ELO – Wembley or Bust			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Kindig Customs		9.00 Wheeler Dealers		10.00 Monster Garage	
162 ANIMAL PLANET	7.00 Alaskan Bush People		8.00 Expedition Bigfoot		9.00 Alaska: Homestead Rescue		10.00 My Cat from Hell	
129 NAT GEO	7.00 Car S.O.S.		8.00 Hitler's Last Stand		9.00 Hitler Youth			
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Lost Relics of the Knights Templar		10.00 The Egyptian Book of the Dead	
155 YESTERDAY	7.00 Bangers and Cash		8.00 The Architecture The Railways Built		9.00 Secrets of the London Underground			
121 SKY DOCS	7.00 The Eighties		7.50 The Comedy Store		9.00 Look Away			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Minari		8.00 Bombshell				10.00 Hero Mode	
303 HITS	◂ 6.20 Happily		8.00 Finding You				10.05 The New Mutants	
304 GREATS	◂ 6.20 Philadelphia			8.30 The Way We Were				10.30 The Firm
305 ANIMATION	◂ 6.30 The Queen's Corgi		8.00 Fantastic Mr Fox			9.30 Early Man		
306 FAMILY		7.10 Babe: Pig in the City			9.00 Penelope			10.35 Earth to...
307 ACTION	◂ 6.25 Cliffhanger			8.20 Battleship				10.35 Le Mans...
308 COMEDY		7.15 Masterminds			9.00 Save Yourselves!			10.40 Deep...
309 THRILLER	◂ 6.10 The Next Three Days			8.25 Heist			10.00 Fight Club	
310 DRAMA	7.00 To Olivia				8.50 Black Swan			
311 SCI-FI	◂ 6.00 The Core		8.15 Phobias			9.45 The Exorcist		
302 ASSASSINS	7.00 The Rhythm Section				9.00 No Country for Old Men			
313 FILM4	◂ 6.15 X-Men: Apocalypse				9.00 Anna			
315 TCM MOVIES		7.20 The Oklahoman			9.00 Wild Geese II			
SPORT								
401 MAIN EVENT	7.00 MNF – Live: Everton v Burnley: From Goodison Park (Kick-off 8.00)							
402 PREMIER LEAGUE	7.00 MNF – Live: Everton v Burnley: From Goodison Park (Kick-off 8.00)							
403 FOOTBALL	7.00 Bundesliga Highlights Show		8.00 EFL Goals...	8.30 Soccer AM: The Best Bits		9.30 Bundesliga Highlights Show		10.30 MLS Round-Up...
404 CRICKET	7.00 2018 T20 Blast Final		8.00 Test Cricket		9.00 2018 T20 Blast Final		10.00 Test Cricket	
413 BT SPORT 1	◂ 6.15 No Hunger in Paradise	7.45 Serie A – Live: Football from Italy's top division				9.45 BT Sport Goals Reload		10.30 UFC – The Walk
414 BT SPORT 2	◂ 2.45 Women's One-Day International Cricket – Live: West Indies v South Africa							

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Close Calls: On Camera** New edition A man plunges 100ft. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From King's Lynn. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Unbeatable** New edition Quiz. (S)
3.00 **Escape to the Country** New edition House-hunting in Dumfries & Galloway. (S)*AD(
3.45 **Garden Rescue** New edition (S)
4.30 **Antiques Road Trip** New edition A journey through Kent. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Ghosts

7 PM

7.00 **The One Show** Jermaine Jenas presents the topical magazine show. (S)
7.30 **Dirty Secrets of the Cigarette Business: Panorama** New edition In-depth current affairs report. (S)

8 PM

8.00 **EastEnders** The locals jump into action as Phil's house catches fire. (S)(AD)
8.30 **Ghosts** Series finale 6/6. Julian lends an unseen helping hand to Mike's promo film. (S3) (S)(AD)
■ Series 1-3 on BBC iPlayer

9 PM

9.00 **Silent Witness** New episode *Bad Love – Part One:* 3/10. A swimming instructor is found murdered in her flat, and evidence found at the scene implicates her ex-boyfriend. (S24) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Ladhood** New episode 5/6. Liam gets competitive while recording a message for a wedding. (S2) (S)
■ Series 1-2 on BBC iPlayer

11.00 **Ladhood** Series finale 6/6. Ross asks Liam not to do anything weird on his wedding day. (S2) (S)
11.25 **Question of Sport** With guests Chris Hoy, Aimee Fuller, Kevin Campbell and Adam Jones. (S)(R)
11.55 **The Hit List Celebrity Special** With Scarlett Moffatt, Nihal Arthanayake, Lawrence Chaney, Russell Kane, Megan McCubbin and Chris Packham. (S)(R)
12.40 AM **Weather for the Week Ahead**
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Jay's Yorkshire Workshop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Eggheads** Quiz show. (S)(R)
1.30 **Golf: PGA Championship** A review of the event. (S)
3.30 **The Mating Game – Natural World Special** (S)(R)
4.15 **Who Do You Think You Are?** With Ian McKellen. (S)(R)(AD)
5.15 **Flog It!** From Basingstoke. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Kaye Adams, Mark Chapman, Philip Glenister and Thanyia Moore. (S)
6.30 NEW SERIES **Take a Hike** 1/15. Five people showcase countryside walks in Devon. (S)

9.00 Fever Pitch: The Rise of the...

7.00 **Cricket: Today at the Test** England v India: Isa Guha presents action from day four of the series-concluding fifth Test, held at Old Trafford. With commentary by Michael Vaughan and Phil Tufnell. (S)

8.00 **Only Connect** New edition The Apollos and the Wildlifers compete. (S)
8.30 **University Challenge** New edition St John's College, Cambridge take on Imperial College London. (S)

9.00 **Fever Pitch: The Rise of the Premier League** New edition 2/4. A look at the title race between Blackburn Rovers and Manchester United in 1994/95, assessing the impact of Eric Cantona's ban for attacking a supporter. (S)(AD)

10.00 **Alma's Not Normal** 1/6. Comedy pilot written by and starring Sophie Willan. *See feature, page12.* (S1) (S)(R)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.10 **Weather** (S)
11.15 **A Killing in Tiger Bay** 1/3.The story of five Cardiff men arrested for murder, three of whom were found guilty in one of Britain's most notorious and astonishing miscarriages of justice. (S)(R)(AD)
12.15 AM **Sign Zone: Countryfile** (S)(R)
1.10 **Sign Zone: 9/11: Inside the President's War Room** (S)(R)(AD)
2.40 **Sign Zone: Saving Lives at Sea** A fall of more than 100ft. (S)(R)(AD)
3.40 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Celebrity interviews and studio debate. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** Robert Rinder takes on real-life cases in a studio courtroom. (S)(R)
3.00 **Tenable** Sally Lindsay hosts as five family and friends from Cheshire answer questions about top 10 lists, before trying to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Stephen

7.00 **Emmerdale** Al suggests to Ellis and Priya that they join forces, and Liam struggles with his grief. (S)(AD)
7.30 **Coronation Street** Tyrone's jealousy returns when Phill re-enters Fiz's life. (S)(AD)

8.00 NEW **Coronation Street Icons: Norris Cole** A tribute to Malcolm Hebden and his character. (S)(AD)
8.30 **Coronation Street** Tyrone takes out his emotional turmoil on Alina. (S)(AD)

9.00 **Stephen** Series finale 3/3. Two men stand trial for Stephen's murder, but the integrity of the forensic evidence is called into question. *See feature, page 7.* (S1) (S)(AD)
■ Entire series available on Britbox & ITV Hub

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **9/11: Life Under Attack** Documentary examining the events of September 11, 2001, featuring never-before-seen footage. (S)(R)(AD)

12.15 AM **All Elite Wrestling: Dynamite** The latest hard-hitting wrestling action, featuring all of the biggest stars on the roster. (S)
1.05 **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Lingo** Adil Ray hosts the word-based quiz show. (S)(SL)(R)
4.05 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 10&11/22. (S7) (S)(R)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 14-16/24. (S10) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
11.25 **News** (S)
11.30 **Find It, Fix It, Flog It** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition House-hunting in Lanzarote. (S)
4.00 **The Great House Giveaway** (S)(R)
5.00 NEW SERIES **Four in a Bed** 1/40. At Avalon Guesthouse, Newquay. (S)
5.30 **Come Dine with Me** New edition From south London. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Prince cannot bring himself to tell the truth. (S)(AD)

10.00 First Dates

7.00 **News** (S)

8.00 NEW SERIES **Jamie Oliver: Together** 1/4. The chef prepares meals for social events, beginning with a rolled shoulder of lamb with a fennel, sage and spicy sausage stuffing, drizzled with a herby sauce. (S)(AD)

9.00 **Bin Laden: The Road to 9/11** New edition 2/3. The influence of the first Gulf War on Osama bin Laden's life, as he turned against Saudi Arabia for seeking US support and declared a jihad against Americans in the Arabian Peninsula. (S)(AD)

10.00 **First Dates** New edition 2/5. A Disney fan seeks a fresh start after losing her last partner due to a tragic accident, while 27-year-old Craig wants to find a man who will share his love of dogs. (S)(AD)

11.05 NEW TO C4 **The Holden Girls: Mandy & Myrtle** 1&2/8. (S)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **Couples Come Dine with Me** (R)
1.50 **Undercover Boss USA** (S)(R)
2.35 **24 Hours in A&E** (S)(R)(AD)
3.30 **Autumn at Jimmy's Farm** (SL)(R)
4.25 **Location, Location, Location** (R)
5.20 **Beat the Chef** (S)(R)
5.50 **to 6.00** AM **Kirstie's House of Craft** New edition (S)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **The Nightmare Neighbour Next Door** Documentary. (S)(R)
12.15 PM **News** (S)
12.20 **Traffic Cops** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Deadly Jealousy: The Killer Cousin** Thriller. (S) (2020, PG, 105min) ★★
4.00 **Bargain Brits in the Sun** The new name of RAF Gibraltar's headquarters is unveiled. (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Rose accuses Melanie of vandalism. (S)(R)(AD)
6.00 **Home and Away** Nikau, Mia and Dean find themselves in an emergency situation. (S)(R)
6.30 **News** (S)

9.00 Submarine: Life Under the...

7.00 Traffic Cops Officers from Derbyshire Road Crime Unit target dealers bringing drugs into the county, with one PC giving chase after a sighting of a suspected dealer in Derby. (S)(R)

8.00 Police Interceptors Series finale 15/15. Ky and Lee pursue a stolen car being driven at 100mph in the wrong lane, with the suspect running off after losing control and crashing into a lamp post. (S)

9.00 NEW SERIES Submarine: Life Under the Waves 1/2. Access on board nuclear submarine *HMS Trenchant* on its four-month tour of duty in the mid-Atlantic, as the crew keep British waters safe. (S)

10.00 Casualty 24/7: Every Second Counts 6/12. Treating a man who has aortic dissection, a dislocated shoulder is put back into place, and a 14-month-old is rushed in with breathing problems. (S)(R)

11.05 **I'm 16 But Look 60: Extraordinary People** (S)(R)
12.05 AM **Extraordinary Medical Mysteries** (S)(R)
1.00 LIVE **NFL: Football** Las Vegas Raiders v Baltimore Ravens: Coverage from Allegiant Stadium. Kick-off is at 1.15. (S)
4.30 **Britain's Greatest Bridges** (R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Monkey Life** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 8/23. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S9) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S3) (S)(R)(AD)
3.00 **Modern Family** (S1) (S)(R)
4.00 **Will & Grace** (S1) (S)(R)
5.00 **The Simpsons** *Missionary: Impossible:* Homer becomes a missionary on an island. (R)
5.30 **The Fresh Prince of Bel Air** 17/25. Will complains black history is not taught. (S)(R) **6.00** 18/25. Philip's mother pays a visit. (S1) (S)(R)
6.30 **The Simpsons** *Bart to the Future:* Bart is given a glimpse into his future. (R)

8.00 Landmark

7.00 The Simpsons *Days of Wine and D'Oh'ses:* Barney decides to give up drinking – much to the dismay of Moe. (R) **7.30** *Kill the Alligator and Run:* The family go on the run after killing an alligator. (R)

8.00 Landmark New edition 2/7. Activist artist Favour, light sculptor Jack and figurative artist Alice battle it out in the south England heat, featuring metalwork and computer programming.

9.00 NEW Look Away Documentary hearing from women groomed in their early teenage years by rock stars, as well as exploring the lengths the music industry went to in order to protect its own.

10.50 Last Week Tonight with John Oliver Satirical talk show.

11.30 **Escobar by Escobar** 2/4. The story behind the cursed Escobar empire. (S)(R)
12.30 AM **The Russell Howard Hour** Topical comedy show. (R)
1.30 **Manifest** 9/13. Ben reunites with a duplicitous foe. (S3) (R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **Magnum P.I.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
10.35pm The Scotts New episode (S) **11.05** Ladhood New episode (S) **11.30** Ladhood Series finale (S) **11.55** Question of Sport (S)(R) **12.25am** The Edit New edition (S) **12.40** The Hit List Celebrity Special (S)(R) **1.25** Weather (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
7.30-8.00pm Paula McIntyre's Hamely Kitchen New edition (S) **8.30-9.00** Panorama New edition (S) **10.35** Crime NI New edition (S) **11.15** Ladhood New episode (S) **11.40** Ladhood Series finale (S) **12.05am** Question of Sport (S)(R) **12.35** The Hit List Celebrity Special (S)(R) **1.20-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.35pm Hayley Goes New edition (S) **11.05** Ladhood New episode (S) **11.30-11.55pm** Ladhood Series finale (S)

BBC1 North/BBC1 North East/BBC1 North West/BBC1 Yorkshire & Lincolnshire
Sky **956/955/958/957**, Freesat **966/956/955/967**
11.55pm-12.40am The Super League Show (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Éadaí SOS New edition (S) **11.15** NIFL Premiership Highlights (S) **11.45pm-12.15am** Alma's Not Normal (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C **12.05pm** Wil ac Aeron: Taith yr Alban **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Llefydd Sanctaidd (AD) **2.00** Newyddion S4C **2.05** Prynhawn Da New edition **3.00** Newyddion S4C **3.05** Eisteddfod AmGen: Cwt Cerdd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Llyn **6.30** Garejis: Dan y Bonet (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C **8.00** Pobol y Cwm New episode (AD) **8.25** NEW SERIES Sgwrs Dan y Lloer **8.55** Newyddion S4C **9.00** NEW Treialon Cwn Defaid Rhyngwladol 2021 **10.00** Cegin Bryn: Y Dosbarth Meistr **10.30** Ceffylau Cymru **11.00-11.35pm** Traed Lan (AD)

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo visits places of interest in West Sussex and Hampshire.
7.30 **The Joy of Painting** New edition Painting a winter scene of snowfall in a forest.
8.00 **Secrets of the Museum** 2/6. Project manager Alice unframes a gallery of Raphael's cartoons.
9.00 NEW SERIES **Inside America's Treasure House: The Met** 1/3. The story of the Metropolitan Museum of Art's closure during the pandemic.
10.00 **Keith Haring: Street Art Boy** Profile of the 1980s New York pop artist.
11.30 **Art of America** Andrew Graham-Dixon charts the history of American art.
12.30 AM **Handmade in Bolton**
1.00 **Great British Railway Journeys** As 7pm.
1.30 **Inside America's Treasure House: The Met**
2.30 **to 3.30** AM **Secrets of the Museum**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft** A tin can dog.
9.15 **A Place in the Sun**
11.05 **Escape to the Chateau: DIY** Three sisters search for the perfect chateau.
12.10 PM **Heir Hunters**
1.10 **Four in a Bed**
3.50 **Find It, Fix It, Flog It**
5.55 **The Secret Life of the Zoo** Four orangutans escape from their quarters.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge helps new owners who have discovered rising damp.
7.55 **Grand Designs** Following the progress of a couple who want to build a home from recycled materials.
9.00 **Great Home Restoration** Series finale 8/8. Following a three-year mission to restore a century-old former Salvation Army hall into a modern home in Australia.
10.00 **World's Weirdest Homes** Charlie Luxton meets people who live in unusual residences, including a group of scientists pretending they live on Mars.
11.05 **24 Hours in A&E** A man may have damaged his spine.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Great British Home Restoration**
2.20 **World's Weirdest Homes**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Love Bites**
6.55 **Ellen's Game of Games**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.30 **Ellen's Game of Games**
10.30 **Dress to Impress**
11.30 **Love Bites**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
2.00 **Supermarket Sweep**
3.00 **Dress to Impress**
4.00 **Love Bites**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**
7.00 **Superstore** 10/11. Dina asks for a demotion. **7.30** 11/11. Cheyenne goes into labour. (S1)
8.00 **Bob's Burgers** 6/21. Bob and his father try to outdo each other in the kitchen. **8.30** 7/21. Tina spies on her old Thundergirls troop, while Linda becomes a blonde. (S5)
9.00 **Ready to Mingle** New edition Louis H decides on a risky new game plan.
10.00 **Family Guy** *Pal Stewie:* 3/20. Stewie finally makes a friend his own age. **10.30** *Big Trouble in Little Quahog:* 4/20. Stewie invents a shrinking machine. (S17)
11.00 **Family Guy** 14/20. (S16)
11.30 **American Dad!** Double bill of episodes. (S8&7)
12.30 AM **Bob's Burgers**
1.25 **Superstore**
2.15 **Guinness World Records**
3.15 **to 3.30** AM **FYI Extra**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.30 **Ramsay's Kitchen Nightmares USA**
8.30 **Melissa & Joey**
9.30 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Mike & Molly**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S6&4)
7.00 **Hollyoaks** Sienna has to find the courage to face a harrowing task.
7.30 **Junior Bake Off** The best bits from the first heat of the 2019 series.
9.00 **Married at First Sight UK** New edition 9/21. Yes Week brings some of the couples closer together, but pushes others to breaking point, while an ultimatum from Luke prompts Morag to turn up the heat on their relationship.
10.00 NEW SERIES **Legendary** 1/9. Reality vogueing contest exploring the world of ballroom culture.
11.05 **Naked Attraction**
12.05 AM **Gogglebox**
1.10 **Married at First Sight UK**
2.10 **First Dates**
3.05 **Naked Attraction**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 | 146 | 29 | 123

MONDAY Entertainment

Monday

Sky Witness

107 107 807 | 112 111 | 341 | 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **The Force: Manchester**
11.00 **Law & Order** 17/24. (S14)
12.00 NOON **9-1-1** 6/18. (S2)
1.00 PM **Blue Bloods** 8&9/19. Double bill of episodes. (S10)
3.00 **999 Frontline**
4.00 **UK Border Force**
5.00 **Nothing to Declare** Four editions, including at: **6.30** Drugs are found in a young man's baggage.

9.00 9-1-1

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Criminal Minds** *Face Off:* 9/10. The BAU team set out on an epic manhunt to capture serial killer Everett Lynch. (S15)

9 PM
9.00 **9-1-1** Series finale *Survivors:* 14/14. A sniper targets members of the LAFD, and Maddie makes a big decision. (S4)

10 PM
10.00 **9-1-1: Lone Star** Series finale *Dust to Dust:* 14/14. The 126 team race to help when a massive dust storm engulfs Austin. (S2)
11.00 **Law & Order: Special Victims Unit** 19&20/24. (S12)
1.00 AM **The Equalizer** 6/10. (S1)
2.00 **Law & Order: SVU** (S8)
3.00 **Blindspot** 5/22. (S4)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 | 357

6.00 AM **The Guest Wing**
7.00 **Blue Bloods** (S5)
9.00 **Six Feet Under** (S4)
11.15 **Banshee** 1&2/10. (S1)
1.30 PM **The Wire** 8&9/12. (S3)
3.45 **Blue Bloods** 8/22. Danny and Baez protect an informant. **4.45** 9/22. Danny and Baez investigate the murders of three community leaders. (S5)
5.40 **The Sopranos** 9/13. Meadow becomes frustrated by her boyfriend's lack of responsibility. **6.45** 10/13. Janice takes anger management classes. (S5)

9.00 The White Lotus

7.50 **Game of Thrones** *Two Swords:* 1/10. Tyrion is sent to greet a royal party from Dorne, and Jon Snow finds himself on trial at Castle Black. (S4)

9.00 **The White Lotus** New episode *The Lotus-Eaters:* 5/6. Rachel begins to question her future. (S1)
■ Entire series available on Sky Box Sets

10.10 **In Treatment** New episodes 17&18/24. (S4)
■ Series 1-4 available on Sky Box Sets

11.20 **Dexter** 10/12. A secret about his foster father puts Dexter in turmoil. **12.25** AM 11/12. The net closes in on Dexter. (S2)
1.30 **True Blood** 10&11/12. (S2)
3.40 **Californication** 1/12. (S7)
4.15 **to 6.00** AM **Fish Town**

+1 hour 208/209

GOLD

110/111 110/111 124 | 310/343 | 358/392

7.50 AM **Fresh Fields**
8.55 **Hi-de-Hi!**
9.35 **Only Fools and Horses**
10.15 **Last of the Summer Wine**
11.35 **The Green Green Grass**
12.15 PM **Hi-de-Hi!**
12.55 **Only Fools and Horses**
2.20 **The Story of Only Fools and Horses** Supporting characters.
3.20 **Only Fools and Horses**
4.00 **The Green Green Grass**
4.40 **Last of the Summer Wine**
6.00 **Only Fools and Horses**
6.40 **Hi-de-Hi!**

11.20 Live at the Apollo

7.20 **The Green Green Grass** Marlene plans to create a massage parlour and beauty salon at the farm.

8.00 **Only Fools and Horses** Del and Rodney mourn Grandad's death. **8.40** Uncle Albert has a nasty fall into the cellar at the Nag's Head.

9.20 **Rock & Chips** *Only Fools and Horses* prequel, set in Peckham in 1960. Joan Trotter is struggling to make ends meet – but enigmatic charmer Freddie 'The Frog' Robdal promises to change her family's fortunes.

11.20 **Live at the Apollo** Joe Lycett hosts the stand-up show.
12.20 AM **Peep Show**
1.30 **David Jason: Planes, Trains and Automobiles**
2.35 **David Jason: My Life on Screen** The actor's career.
3.25 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **On the Buses**
6.30 **Classic Coronation Street**
7.30 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Man About the House**
9.35 **On the Buses**
10.40 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot**
5.50 **The Darling Buds of May** First episode of the whimsical rural drama with David Jason.

8.00 Lewis

6.55 **Maigret** *Maigret and the Burglar's Wife:* A burglar disappears after a housebreaking job when he discovers a body.

8.00 **Lewis** *Dark Matter:* The master of Gresham College, an amateur astronomer, is found dead at the Oxford University observatory, and Lewis finds there are numerous suspects. Guest stars Sophie Ward, Diana Quick and Robert Hardy.

10.00 **Manhunt** 1/3. Fact-based crime drama about the police investigation into serial killer Levi Bellfield. Stars Martin Clunes. (S1)
11.00 **Maigret** As shown at 6.55pm.
12.10 **to 2.15** AM **A Touch of Frost** *Hidden Truth:* Dour detective Jack Frost searches for a woman who witnessed a gangland murder – and soon finds himself targeted by a contract killer.

+1 hour 219 174 58 116

ITV4

120 120 818 | 118 178 | 25 | 117

6.00 AM **The Protectors**
6.25 **The Champions**
7.20 **Robin of Sherwood**
8.20 **The Avengers**
9.20 **Cycling: Tour of Britain Highlights** The final stage.
10.25 **Minder**
11.30 **The Champions**
12.30 PM **The Big Match Revisited**
1.35 **Robin of Sherwood**
2.40 **The Avengers**
3.50 **The Sweeney**
4.50 **Minder**
6.00 **The Big Match Revisited**

9.00 Gordon, Gino and Fred...

7.00 **The Celebrity Chase** Kian Egan, Matt Johnson, Sharron Davies and Larry Lamb try to win big money for charity

8.00 **MotoGP Highlights** The Gran Premio Tissot de Aragon, the 13th meeting of the season, held at Motorland Aragon.

9.00 **Gordon, Gino and Fred: American Road Trip** Gordon Ramsay, Gino D'Acampo and Fred Sirieix tour Mexico.

10.15 **FILM The Untouchables** Gangster thriller starring Kevin Costner. (1987, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.50 AM **Motorsport UK** Action from Oulton Park, featuring round 10 of the Ginetta Juniors and round eight of the Mini Quaife Mini Challenge.
1.45 **to 2.35** AM **The Car Chasers** A 1965 Malibu, a 1951 Ford Shoebox and a 1953 Mercury.

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove**
2.30 **Sign Zone: Grand Tours of Scotland's Lochs**
3.00 **Sign Zone: The Generation Frame**
4.00 **This Is BBC Scotland**
7.00 **Beechgrove** The team show how to force hyacinths for Christmas.
7.30 **The Great Food Guys** Asian fusion food.
8.00 **Born to Be Wild** New edition April and Juanita hand-rear an injured and orphaned fallow deer.
9.00 **The Nine**
10.00 **River City** New episode Alex decides on Jessie's future when an old face exposes their lies.
11.00 **Scot Squad** 2/6. The detectives smash a smuggling operation. (S4)
11.30 PM **to 12.00** M'T **Scary Adult Things**

Sky Max

113/114 113/114 122 121 | 345 | 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Marvel's Inhumans** (S1)
9.00 **Supergirl** 8/20. (S1)
10.00 **The Flash** 8/23. (S1)
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Magnum P.I.** 1/16. (S3)
3.00 **Condor** 9/10. (S1)
4.00 **Supergirl** 9/20. (S1)
5.00 **The Flash** 8/23. (S1)
6.00 **Rob & Romesh vs Cricket: South Africa**
7.00 **An Idiot Abroad 2**
8.00 **A League of Their Own**
9.00 **COBRA** 2/6. Sutherland and his team work to restore power. (S1)
10.00 **Sport's Funniest Moments** Comical clips.
12.00 M'T **Road Wars**
12.30 AM **The Russell Howard Hour**
1.30 **Manifest** 9/13. (S3)
2.30 **Road Wars**
3.00 **Hawaii Five-0** (S2)
4.00 **Magnum P.I.** 1/16. (S3)
5.00 **to 6.00** AM **Marvel's Inhumans**

Pick

159 | 156 | 35 | 144

7.00 AM **Highway Patrol**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Nothing to Declare**
12.00 NOON **Border Patrol**
1.00 PM **Border Security USA**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Star Trek: The Next Generation** 7/26. (S7)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Deep Space Nine** 24/26. (S3)
8.00 **MacGyver** 16/23. (S2)
9.00 **Elementary** (S7)
10.00 **Fringe** 6/20. (S1)
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **The Force: Manchester**
2.00 **Police Force: Australia**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 259 145

E!

151 151 835 | 164 163

7.00 AM **Funny Dance Show**
8.00 **Keeping Up with the Kardashians** Double bill.
10.00 **True Hollywood Story**
11.00 **Life of Kylie**
12.00 NOON **Keeping Up with the Kardashians**
3.00 PM **Funny Dance Show**
4.00 **Botched**
5.00 **Total Bellas**
6.00 **Hollywood Medium with Tyler Henry** With Audrina Partridge.
7.00 **Keeping Up with the Kardashians** Double bill.
9.00 **10 Things You Don't Know** Little-known facts about actor Brad Pitt.
9.30 **We Got Love Teyana & Iman** Teyana directs, produces and stars in a major commercial campaign in Miami.
10.00 **DR. 90210**
11.00 **Botched**
1.00 AM **Life of Kylie**
2.00 **Teleshopping**
3.00 **Big Rich Atlanta**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 | 181 132 | 307/344 | 359/370

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 3-6/16. (S9)
12.00 NOON **My Wife and Kids** 2&3/27. (S3)
1.00 PM **Friends** (S3&4)
9.00 NEW SERIES **The Complaints Department** 1/6. Comedy panel show hosted by Jason Manford, with guests Jimmy Carr, Russell Kane, Sayeeda Warsi and Sara Barron. *See feature, page 11.*
10.00 **Impractical Jokers** New editions Double bill.
11.00 **Younger** New episode 11/12. Kelsey moves into a new apartment. **11.30** Series finale 12/12. Liza is forced to lie to Charles. (S7)
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Lee Evans: Roadrunner**
2.00 **South Park**
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 27 | 119

7.00 AM **Olivia Meets Her...**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **The Real Housewives of Potomac**
1.10 **Olivia Meets Her Match**
2.15 **The Only Way Is Essex**
3.00 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of New York City** New edition Reality series.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Totally Unbelievable: Celebrity Homes**
10.00 **Botched: Most Outrageous Before and Afters**
10.30 **Botched: Most Outrageous Patients**
11.00 **Love Island USA** New edition
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **FYI Extra**

+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 126 212 312 382

7.15 AM **Murdoch Mysteries** (S10)
9.00 **Rizzoli & Isles** 5/16. (S4)
10.00 **Unforgettable** 10/13. (S3)
11.00 **Hudson & Rex** 13/16. (S3)
12.00 NOON **Miss Fisher's Murder Mysteries** 7/13. (S2)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Good Wife** 4/22. (S3)
5.00 **Rizzoli & Isles** 6/16. (S4)
6.00 **Unforgettable** 11/13. Carrie and Al investigate the murder of an employee at a high-end matchmaking service. (S3)

9.00 Evil

7.00 **Hudson & Rex** *The Secret Life of Levi:* 14/16. Charlie and Rex investigate when Jesse's close friend disappears. (S3)
8.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is found dead halfway round the Tour des Antilles race. (S9)
9.00 **Evil** New episode *A Is For Avenging Angel:* 2/13. The team investigate a man who claims he can hear the voice of an angel. (S2)
10.00 **Limetown** 3/10. Lia and Mark visit Rake, Wyoming. **10.40** 4/10. The second survivor reveals the saga of animal testing. (S1)
11.20 **The Good Wife** 5/22. The firm go to extreme lengths to win a case, and Will appoints Alicia to hire new associates. (S3)
12.20 AM **Unforgettable** (S3)
1.20 **Miss Fisher's Murder Mysteries** 7/13. (S2)
2.20 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

152 152 836 139 138 347 362

6.00 AM **Siren** 6/16. (S2)
7.00 **Star Trek: The Next Generation** 16/26. (S3)
8.00 **Teleshopping**
11.00 **Project Blue Book** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **A Town Called Eureka**
2.00 **Star Trek: Deep Space Nine**
3.00 **Siren** 6/16. (S2)
4.00 **Quantum Leap** 5/22. (S3)
5.00 **Stargate Atlantis** 3/20. (S3)
6.00 **Project Blue Book** 4/10. A supposed alien invades a rural home in Kentucky. (S2)

8.00 Quantum Leap

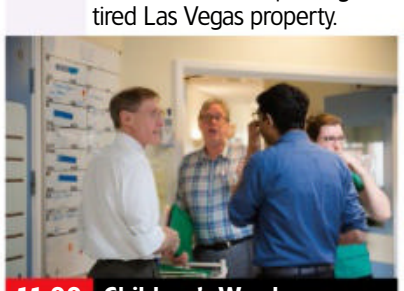
7.00 **Star Trek: The Next Generation** *The Offspring:* 16/26. Data creates an android daughter named Lal. (S3)
8.00 **Quantum Leap** *Miss Deep South:* 6/22. Sam materialises as a contestant in a 1959 beauty pageant. (S3)
9.00 **Blood & Treasure** *Code of the Hawaladar:* 3/13. Danny poses as an arms dealer to gain information from a middleman.
10.00 **Blood & Treasure** *The Secret of Macho Grande:* 4/13. Danny and Lexi go on the trail of Cleopatra's body. (S1)
11.00 **Fringe** 22/22. Peter confronts his destiny. (S3)
12.00 M'T **Wynonna Earp** (S2)
2.00 AM **Quantum Leap** (S3)
3.00 **Stargate Atlantis** (S3)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **A Town Called Eureka**

+1 hour 252 229

W

109/110 109/110 125 211 311 383

6.15 AM **My Dream Home**
8.05 **MasterChef USA**
10.00 **The Bill**
11.00 **Bang on Budget**
1.00 PM **Tipping Point**
3.00 **Property Brothers: Forever Homes**
4.00 **My Dream Home** Newlyweds need help after already visiting 150 properties. **5.00** A Minneapolis couple plan to relocate to Las Vegas.
6.00 **Property Brothers: Forever Homes** Updating a tired Las Vegas property.


11.00 Children's Ward

7.00 **MasterChef Australia** New edition Two of the previously eliminated contestants get another chance.
8.00 **Inside the Ambulance** Ash and Jamie rush to a young lady with severe chest pains who is losing consciousness.
9.00 **Extreme Food Phobics** Christian is desperate for help to try and overcome his extreme aversion to healthy food.
10.00 **Should I Go Under the Knife?** Cherry Healey visits a cosmetic surgery clinic in Brazil for people on low incomes.
11.00 **Children's Ward** A child has an infection that could damage her eyesight.
11.40 **Inside the Ambulance: Coast and Country** A woman suffers from a mystery illness.
12.40 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 135 123 346 361

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S5)
10.00 **Trollied** 8-10/13. (S3)
11.30 **Sex and the City** (S6)
1.15 PM **Curb Your Enthusiasm**
3.00 **Modern Family** (S1)
4.00 **Will & Grace** (S1)
5.00 **30 Rock** 9/21. (S1)
5.30 **The Fresh Prince of Bel Air**
6.30 **Silicon Valley** 1/8. First episode of the comedy with Thomas Middleditch. A computer programmer finds himself the subject of a bidding war. (S1)

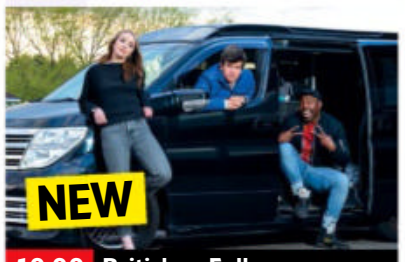
9.30 Last Week Tonight with...

7.05 **Silicon Valley** 2/8. Peter Gregory demands to see a full business plan. (S1)
7.40 **Curb Your Enthusiasm** 1/10. Larry is horrified to discover his divorce lawyer is not Jewish. **8.20** 2/10. Larry befriends the residents of a women's shelter. (S8)
9.00 **Miracle Workers: Dark Ages** 6/10. Al and Maggie head off to a festival. (S2)
9.30 **Last Week Tonight with John Oliver** New edition Satirical talk show.
10.10 **Ballers** 8/8. Spencer refuses to back down. (S5)
10.50 **Last Week Tonight with John Oliver** Talk show.
11.30 **Real Time with Bill Maher** New edition The host invites three guests from different parts of the political spectrum to discuss the week's events.
12.40 AM **Trollied**
2.10 **Curb Your Enthusiasm** (S8)
3.30 **30 Rock** 9/21. (S1)
4.00 **to 5.00** AM **The Mindy Project**

Dave

111/112 127 227 19 157 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Timber Kings**
9.00 **Celebrity Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Top Gear**
2.00 PM **Cop Car Workshop**
3.00 **Top Gear**
5.00 **Rick Stein's Long Weekends** The chef visits the Spanish city of Cadiz to sample fresh tuna and Manzanilla sherry.
6.00 **QI XL** With Noel Fielding, Ross Noble and Colin Lane.



10.00 British as Folk

7.00 **Richard Osman's House of Games** With Michael Buerk and Elis James. **7 PM**
7.40 **Would I Lie to You?** With guests Sean Lock, Richard Hammond, Judy Murray and Trevor Noah. **8 PM**
8.20 **QI** With guest panellists Ross Noble, Colin Lane and Sarah Millican.
9.00 **QI XL** Guests Julia Zemiro, Matt Lucas and David Mitchell join regular panellist Alan Davies and host Stephen Fry. **9 PM**
10.00 **NEW SERIES British as Folk** 1/6. Darren Harriott, Ivo Graham and Fern Brady try to find out what it means to be British. **10 PM**
11.00 **Taskmaster** A task involving a hammock exposes tensions.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **Would I Lie to You?**
2.30 **QI** As shown at 8.20pm.
3.00 **to 4.00** AM **Insert Name Here**

+1 hour 211 131 23

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Crazy Like a Fox** (S2)
8.00 **Hart to Hart** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **Starsky & Hutch** (S1)
11.00 **T.J. Hooker** 6/22. (S2)
12.00 NOON **Crazy Like a Fox**
1.00 PM **Hart to Hart** (S1)
2.00 **Sue Thomas: F.B.Eye**
3.00 **Castle** 2/24. (S3)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **M*A*S*H** 7&8/26. (S7)
8.00 **Randall and Hopkirk (Deceased)** *The Ghost Who Saved the Bank at Monte Carlo:* 11/26. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S7)
2.00 **Charlie's Angels** (S5)
3.00 **Starsky & Hutch** (S1)
3.45 **T.J. Hooker** 6/22. (S2)
4.30 **Due South** 10/26. (S3)
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **The Eighties**
11.55 **National Trust: Garden Treasures**
1.05 PM **Tales of the Unexpected**
2.05 **Discovering**
3.00 **Seeing Daylight: The Photography of Dorothy Bohm**
4.00 **Music Icons**
4.30 **Video Killed the Radio Star**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **André Rieu: Welcome to My World**
8.00 **Landmark** New edition
9.00 **Jeff Lynne's ELO – Wembley or Bust**
11.30 **Comedy Legends**
12.30 AM **Andie MacDowell: Off Camera**
1.45 **The Last Impresario**
3.30 **The Nightmare Worlds of HG Wells**
4.00 **to 6.00** AM **Highlights**

4seven

137 143 203 48 127

9.00 AM **Four in a Bed**
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Find It, Fix It, Flog It**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway**
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
7.00 **Ugly House to Lovely House with George Clarke** A south-west London home that stands out for all the wrong reasons.
8.00 **Love It or List It** A special edition featuring Scarlette and Stuart Douglas.
9.00 **Celebrity Gogglebox**
10.00 **Gogglebox: Celebrity Special for SU2C**
11.05 **Highlife** Reality series.
12.10 AM **First Dates**
1.15 **24 Hours in A&E**
2.20 **Jamie Oliver: Together**
3.25 **Grand Designs**
4.20 **to 4.50** AM **The Simpsons**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
10.00 **NCIS** 5/23. (S2)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
6.00 PM **NCIS** 6/23. (S2)
6.55 **Entertainment News**
7.00 **NCIS** *Call of Silence:* 7/23. A Marine veteran confesses killing a friend 60 years previously. **8.00** *Heart Break:* 8/23. The team's investigation into a commander's death uncovers a long list of enemies. (S2) **9.00** *The North Pole:* 10/20. Gibbs and the team assist Ziva with the one thing she said she would need to take care of before returning to her family. (S17)
10.00 **Law & Order: Special Victims Unit** (S14&17)
1.50 AM **Law & Order: Criminal Intent** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Rich House, Poor House**
10.00 **Filthy House SOS**
11.00 **Dogs Behaving Badly**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rich House, Poor House**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Hot Tub Brits: More Bubbles Please!**
8.00 **10 Years Younger in 10 Days** With Cherry Healey.
9.00 **Extreme Nightmare Tenants** Documentary.
10.00 **Kill Thy Neighbour** Series finale 5/5.
11.05 **Wentworth: The Final Sentence** 3/10. (S9)
12.05 AM **Freed to Kill Again**
1.05 **Killer at the Crime Scene** Documentary.
2.05 **Nightmare Tenants, Slum Landlords**
3.10 **Neighbours**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

Drama

143 130 20 158

7.30 AM **Doctor Finlay**
8.30 **The Bill**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Peak Practice**
3.20 **Bergerac**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **Bread**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** A man believes he has been cursed.
8.00 **The Brokenwood Mysteries** New episode *The Witches of Brokenwood:* 2/6. The Brokenwood Health Retreat becomes unhealthy for one unfortunate visitor. (S7)
10.00 **New Tricks**
11.20 **Bad Girls**
12.30 AM **Dalziel & Pascoe**
2.35 **to 4.00** AM **Birds of a Feather**

+1 hour 243 226 73

MONDAY

Documentaries

CBS Drama
147 197 67 134

9.00 AM **Walker, Texas Ranger** 15/28. (S1)
10.00 **Matlock** 22/22. (S6)
11.05 **CSI: Miami** 1/24. (S3)
12.00 NOON **Medium** (S6)
1.00 PM **JAG** (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Time Keeps on Slipping:* 20/22. Strange visions cause Ariel to skip 10 years into the future. (S6)
10.00 **CSI: Miami** *Pro Per:* 2/24. A suspected killer represents himself in court. (S3)
11.00 **Unsolved Mysteries** An investigation into whether a boy's apparent suicide was actually murder.
11.55 **Judge Judy**
2.00 AM **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
3.55 **Bondi Rescue**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 40 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 13/25. (S7)
2.05 **CSI: Miami** 22/25. (S4)
3.00 **NCIS** 2/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Scorpion** 21/22. (S1)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Cabin Fever:* 15/24. Fornell struggles to deal with recent events. (S12)
10.00 **NCIS: Los Angeles** *Partners:* 14/24. A diplomatic service van is hijacked. (S3)
11.00 **Scorpion** 22/22. (S1)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** 9.00pm.
2.00 **Scorpion** 22/22. (S1)
2.55 **Walker, Texas Ranger**
3.50 **Medium** 4/13. (S7)
4.35 **JAG** 9/24. (S6)
5.20 **to 6.00** AM **Karma's a B****

Challenge
160 160 47 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Strike It Lucky**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **The Chase** Quiz show.
5.00 **Bullseye** Double bill.
6.00 **Pointless Celebrities** Lizzie Webb, Chris Steele, Robin Cousins, Rosemary Conley, Iwan Thomas, Katharine Merry, Dr Dawn Harper and Dr Pixie McKenna compete in a 'health and fitness' edition.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Wheel of Fortune**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **The King of Queens**
7.00 **Teleshopping**
9.00 **Friends** (S3&5)
11.00 **The Middle** (S9)
1.00 PM **The King of Queens**
3.00 **My Wife and Kids** (S3)
5.00 **Everybody Loves Raymond** Eight episodes.
9.00 **Friends** 19/24. Ross flirts with a pizza-delivery woman, but leaves her decidedly unimpressed. **9.30** 21/24. Phoebe asks Chandler to help her convince Gary that it is too soon for them to live together. (S5)
10.00 **Guessable?** Triple bill of the comedy panel show hosted by Sara Pascoe.
1.00 AM **Live at the Apollo** Featuring Jo Brand.
2.00 **Al Murray: The Only Way Is Epic** Stand-up.
3.00 **Comedy Game Night**
3.45 **Takeshi's Castle**
4.25 **The Ricky Gervais Show**
5.15 **to 6.00** AM **The King of Queens**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **King Otto**
7.40 **My Icon**
8.00 **First Ladies**
9.00 **Discovering: James Stewart**
10.00 **The Directors**
11.00 **The Guest Wing**
12.00 NOON **The Eighties**
12.50 PM **The Comedy Store**
2.00 **King Otto**
3.30 **PL Legends: Shearer**
4.00 **Discovering: James Stewart**
5.00 **The Directors**
6.00 **The Guest Wing**
7.00 **The Eighties**
7.50 **The Comedy Store**.
9.00 NEW **Look Away**
10.50 **PL Legends: Gary Neville**
11.30 **Escobar by Escobar**
12.30 AM **Midnight Family**
2.00 FILM **The Fog of War** Documentary. (2003, PG, 107min) ★★★
4.00 **Discovering: James Stewart**
5.00 **to 6.00** AM **First Ladies**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Orangutan Jungle...**
8.00 **Monkey Life**
9.00 **Waterworld Africa**
10.00 **Arabian Inferno**
11.00 **Land of Primates**
12.00 NOON **Into the Wild...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle School**
3.00 **Waterworld Africa**
4.00 **Arabian Inferno**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life**
8.00 **Brazil Untamed**
9.00 **Perpetual Planet: Heroes of the Oceans**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Wildlife Icons**
1.00 AM **Monkey Island**
2.00 **Brazil Untamed**
3.00 **Perpetual Planet: Heroes of the Oceans**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Waterworld Africa**

HGTV
158 286 43 166

7.00 AM **Highlights**
10.00 **Escape to the Country**
11.00 **Restoration Home**
12.00 NOON **Extreme Makeover: Home Edition**
1.00 PM **Fixer Upper: Behind the Design** New edition
1.30 **My Lottery Dream Home**
2.00 **A Place in the Sun**
3.00 **Building the Dream**
4.00 **DIY SOS: The Big Build**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **Quick Little Builds** New edition A boutique B&B.
9.00 NEW SERIES **My Mortgage Free Home**
10.00 **Nate & Jeremiah by Design** Property series.
11.00 **Fixer Upper: Behind...**
11.30 **My Lottery Dream Home**
12.00 M'T **Extreme Makeover...**
1.00 AM **DIY SOS: Big Build**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Beachfront Bargain Hunt** New editions
+1 hour 258 290

Food Network
140 285 42 148

6.00 AM **Food Tour of Britain**
7.00 **Home Comforts**
8.00 **Friday Night Feast**
9.00 **Michel Roux's French Country Cooking**
10.00 **Farmhouse Rules**
11.00 **Girl Meets Farm**
12.00 NOON **River Cottage**
1.00 PM **Jamie's 30 Minute Meals** Double bill.
2.00 **Home Comforts**
3.00 **Bikers' Asian Adventure**
4.00 **Madhur Jaffrey's Curry Nation**
5.00 **The Pioneer Woman** New edition
6.00 **Jamie's 30 Minute...**
7.00 **Great British Bake Off**
8.00 **Ainsley's Food We Love**
9.00 **Ramsay's Ultimate Cookery Course**
10.00 **Food Tour of Britain**
11.00 **Restaurant: Impossible** New edition
12.00 M'T **Diners, Drive-Ins...**
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**
+1 hour 240 149

DMAX
172 171 38 150

6.00 AM **Fast N' Loud**
7.00 **American Pickers**
8.00 **Barnwood Builders**
9.00 **How It's Made: Dream Cars**
9.30 **Dallas Car Sharks**
10.00 **Inside West Coast Customs**
11.00 **Fast N' Loud**
12.00 NOON **Fantomworks**
1.00 PM **Kindig Customs**
2.00 **Wheeler Dealers**
4.00 **Airplane Repo**
5.00 **Gold Divers**
6.00 **Yukon Men**
7.00 **American Pickers**
8.00 **Fast N' Loud**
9.00 **Aliens in Alaska** New edition
10.00 **The Alaska Triangle**
11.00 **Life Below Zero**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **to 6.00** AM **Highlights**
+1 hour 272 214 151

Paramount Network
150 187 150 32 132

9.00 AM **Entertainment News**
9.10 **Criminals: Caught on Camera** Documentary.
9.40 **Traffic Cops**
11.40 FILM **Attack!** Anti-war drama. (1956, b/w, PG, 107min) ★★★
1.50 PM FILM **White Feather** Western. (1955, U, 104min) ★★★
4.00 **World's Strongest Man 2017** From Botswana.
5.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Police Raids: Caught by Surprise**
9.00 FILM **Unforgiven** Oscar-winning Western. (1992, 15, 130min) ★★★★★
11.40 FILM **Kickboxer: Retaliation** Action sequel. (2017, 15) ★★
1.55 AM **Fights, Camera, Action!** Confrontations.
2.55 **Criminals: Caught on Camera** Double bill.
4.35 **to 5.00** AM **Helicopter Pursuits: Caught on Camera**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
8.00 **Canada's Front Line**
9.00 **Nothing to Declare**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Britain's Most...**
1.00 PM **Killer Lovers**
2.00 **The Killer Within**
3.00 **World's Most Evil Killers**
4.00 **Murders That Shocked the Nation**
5.00 **Britain's Most Evil Killers**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **An Unexpected Killer** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Britain's Most Evil...**
2.00 **Snapped**
3.00 **The Killer Within**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A man is found dead in a doctor's office. **7.30** The case of a missing college student.
8.00 **Something's Killing Me** Patients try to find a cure to a are genetic disease that prevents sufferers from sleeping.
9.00 **Fatal Vows** A man disappears before his divorce can be finalised.
10.00 **Murder Wall** Three lifeless bodies are discovered in the back of a coffee shop.
11.00 **Cold Blood**
12.00 M'T **It Takes a Killer**
1.00 AM **Fatal Vows**
2.00 **Murder Wall**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**
+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A blanket box.
1.00 PM **Homes Under the Hammer** From Glasgow.
2.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Ambulance** Advanced paramedic Luke treats a nine-year-old believed to be in cardiac arrest.
10.00 **Who Do You Think You Are?** Actor Jane Seymour researches her great-aunts' experiences under Nazi occupation.
11.00 **Ghost Adventures** Double bill of editions.
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.55 **American Restoration**
8.25 **UFO Files**
9.25 **Ancient Aliens**
10.20 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Pawn Stars**
7.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island** The team unearth evidence of an old tar kiln, suggesting significant activity long before the discovery of the Money Pit.
10.00 **World's Greatest Treasure Mysteries** Rick and Marty Lagina look at the gold accrued in the Wild West.
11.00 **MysteryQuest**
12.00 M'T **Storage Wars**
2.00 AM **Wicked Tuna**
3.00 **Highway Thru Hell**
3.45 **Counting Cars**
5.00 **to 6.00** AM **Pawn Stars**

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... Atlanta**
11.00 **Randy's Wedding Rescue** Reality series.
12.00 NOON **Say Yes to the Dress** Double bill.
1.00 PM **Curvy Brides...**
2.00 **Say Yes... Lancashire**
3.00 **Sister Wives**
4.00 **Dr Pimple Popper: Pop Ups** Documentary.
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Little People, Big World** New edition
8.00 **Doubling Down with the Derricos** New edition
9.00 **Say Yes... Lancashire**
10.00 **Dr Pimple Popper**
11.00 **I Love a Mama's Boy**
12.00 M'T **Doubling Down...**
1.00 AM **Say Yes... Lancashire**
2.00 **Dr Pimple Popper**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1 hour 233 172

5SELECT
153 152 55 133

9.00 AM **Entertainment News**
9.10 FILM **A Deadly Seduction** Thriller. (2019, PG, 87min) ★★
11.00 **GPs: Behind Closed...**
12.00 NOON **The Yorkshire Vet**
1.00 PM **The Dog Rescuers with Alan Davies**
3.00 **GPs: Behind Closed Doors** Double bill.
5.00 **The Yorkshire Vet**
7.00 **Scotland: A Year in the Wild** Autumn arrives.
8.00 **Our Yorkshire Farm**
9.00 **The Highland Vet** New edition
10.00 **Robson Green: Walking Coast to Coast**
11.00 **Secrets of the Mega Landfill** Documentary.
12.30 AM **The World's Most Scenic Railway Journeys**
1.30 **Around the World by Train** From France.
2.30 **Secrets of the National Trust** A visit to Cragside.
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Scrap Kings**
7.10 **Salvage Hunters: Classic Cars**
8.00 **Salvage Hunters: The Restorers**
9.00 **Wheeler Dealers**
10.00 **Disasters at Sea**
11.00 **Mega Shippers**
12.00 NOON **Aussie Gold...**
1.00 PM **The Repair Shop**
2.00 **Salvage Hunters: The...**
3.00 **Salvage... Classic Cars**
4.00 **Salvage Hunters**
5.00 **Find It, Fix It, Flog It**
6.00 **British Superbikes**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Gold Divers**
11.00 **How Do They Do It?**
12.00 M'T **UFOs: Lost Evidence**
1.00 AM **Unexplained Files**
2.00 **Finding Bigfoot**
3.00 **Wheeler Dealers**
4.00 **to 6.00** AM **Highlights**
+1 hour 244 213 69 168

Quest Red
149 170 39 169

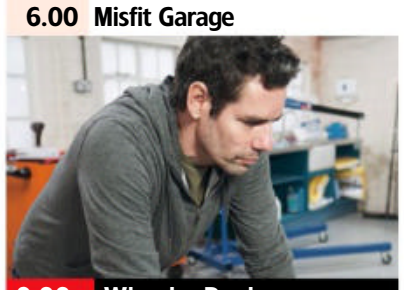
6.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Murder Tapes**
2.00 **Disappeared**
3.00 **American Monster**
4.00 **Say Yes to the Dress: Bridesmaids**
5.00 **Say Yes to the Dress: Lancashire**
6.00 **Say Yes to the Dress: The Big Day**
7.00 **Long Lost Family**
8.00 **My 600lb Life**
9.00 **Mystery Diagnosis**
10.00 **Women Behind Bars**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Orangutans**
5.30 **to 6.00** AM **Curvy Brides Boutique**
+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** An iconic off roader.
7.00 **Deadliest Catch**
8.00 **Building Off the Grid**
9.00 **Edge of Alaska**
10.00 **Diesel Brothers**
11.00 **Wheeler Dealers**
12.00 NOON **Junkyard Empire**
1.00 PM **Gold Rush: Dave Turin's Lost Mine** Double bill.
3.00 **Richard Hammond's Big**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Misfit Garage**


9.00 Wheeler Dealers

7.00 **Outback Truckers** Extreme weather and crumbling infrastructure create tough conditions for Mark in Micronesia.
8.00 **Kindig Customs** Dave Kindig and his team of mechanics give a client's 1957 Ford Fairline a much-needed facelift.
9.00 **Wheeler Dealers** New edition Mike Brewer and Marc 'Elvis' Priestley find and restore iconic cars to sell for a profit.
10.00 **Monster Garage** New edition The crew try to transform a Chevrolet pick-up truck into a mobile shingle mill.
11.00 **Combat Dealers**
12.00 M'T **Wheeler Dealers**
1.00 AM **Monster Garage**
2.00 **Deadliest Catch**
3.00 **Wheeler Dealers**
4.00 **Diesel Brothers**
4.50 **Wheeler Dealers: Dream Car** A Mk2 Ford Escort.
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **The Zoo** Double bill.
4.00 **The Vet Life** Dr Lavigne helps a Great Dane with hearing and vision problems.
5.00 **Alaskan Bush People** The Browns embark on their biggest project yet. **6.00** Poor weather becomes the least of the Browns' problems when the *Integrity* gets stranded in the water.

9.00 Alaska: Homestead...

7.00 **Alaskan Bush People** Following the Browns, an Alaskan family who depend on each other to survive in the wilderness.
8.00 **Expedition Bigfoot** Specialists set out to locate the fabled bigfoot, beginning their search in the forests of Oregon.
9.00 **Alaska: Homestead Rescue** A California wildfire prompts Marty to create an evacuation ark for the Grants' livestock.
10.00 **My Cat from Hell** Jackson Galaxy works on the appalling behaviour of a cat that is threatening long-standing friendships.
11.00 **My Cat from Hell** A perpetually angry cat injures its own tail and body.
12.00 M'T **Animal Cops Houston**
2.00 AM **The Last Alaskans**
3.00 **Finding Bigfoot**
3.50 **Crikey! It's the Irwins**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **Sunken Treasures Revealed: Drain the Ocean**
9.00 **Drain the Oceans**
10.00 **Lost Treasures of Egypt**
11.00 **Ancient X Files**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **9/11: One Day in America**
2.00 **Air Crash Investigation**
4.00 **Seconds from Disaster**
5.00 **Food Factory** Double bill.
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw rescue the rusting wreck of a rare Talbot Sunbeam Lotus.

8.00 Hitler's Last Stand

7.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1978 Rover P6 for its unsuspecting owner.
8.00 **Hitler's Last Stand** New edition How a small Canadian tank squadron closed off an escape route for Nazi soldiers.
9.00 **Hitler Youth** Part one of two. The story of the Nazi youth organisation, which was used to indoctrinate German boys in the 1930s.
10.00 **Hitler Youth** Part two of two. A look at the expansion of the organisation in the build-up to war.
11.00 **Air Crash Investigation** A plane skids off the runway.
12.00 M'T **Air Crash Investigation**
1.00 AM **Narco Wars**
2.00 **Drugs Inc**
3.00 **Nazi Megastructures: Battle Ready**
4.00 **to 5.00** AM **Nazi Megastructures**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Salvage Kings**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Flipping Bangers**
10.00 **Swamp People**
11.00 **Forged in Fire**
12.00 NOON **American Pickers**
1.00 PM **The Nostradamus Effect**
2.00 **The Curse of Oak Island**
3.00 **Salvage Kings**
4.00 **Pawn Stars**
5.00 **Swamp People**
6.00 **American Pickers** The guys brave a chilling collection at a former petrol station.

9.00 Lost Relics of the Knights...

7.00 **Forged in Fire** The contestants face a forging first, before two smiths battle to recreate General Patton's saber.
8.00 **American Pickers** A jaw-dropping property in Arizona that features antique motorbikes as far as the eye can see.
9.00 **Lost Relics of the Knights Templar** New edition Hamilton White and Carl Cookson search for astonishing relics.
10.00 **The Egyptian Book of the Dead** A version of the ancient text once buried with an Egyptian scribe called Ani.
12.00 M'T **Book of Secrets with Lance Reddick** The history of the Freemasons.
1.00 AM **American Pickers**
2.00 **The Egyptian Book of the Dead** As 10.00pm.
4.00 **Swamp People**
5.00 **to 6.00** AM **The Nostradamus Effect**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **A Tale of Two Sisters**
9.00 **Abandoned Engineering**
11.00 **Great British Railway Journeys** Double bill.
12.00 NOON **Antiques Roadshow**
1.00 PM **Chris Tarrant: Extreme Railways** A trip across Canada.
2.00 **Bangers and Cash**
3.00 **War Factories**
4.00 **Hitler's Most Wanted**
5.00 **The World at War**
6.00 **Great British Railway Journeys** Double bill.

8.00 The Architecture the...

7.00 **Bangers and Cash** The team have a record number of cars to auction, but Derek still finds room for a replica AC Cobra. **7 PM**
8.00 NEW SERIES **The Architecture the Railways Built** 1/10. Tim Dunn explores railway architecture in Newcastle. **8 PM**
9.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore forgotten stations on the District Line. **9 PM**
10.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore Clapham South deep level shelter. **10 PM**
11.00 **World War Two From Above** Experts explore the defences of Malta to understand how the island survived. **12.00** M'T The story of African-American troops in the Battle of the Bulge.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Combat Dealers**
8.00 **Truth Behind the Moon Landing**
9.00 **Hidden History of Egypt**
10.00 **Blood and Fury: America's Civil War**
11.00 **How Trains Changed the World** Documentary.
12.00 NOON **Combat Dealers**
1.00 PM **Mysteries at the Museum** Documentary.
2.00 **Expedition Unknown**
3.00 **How the Universe Works**
4.00 **Blood and Fury...**
5.00 **Treasures of the Terracotta Army**
6.00 **Mysteries at the...**
7.00 **Expedition Unknown**
8.00 **Blowing Up History**
9.00 **Cooper's Treasure**
10.00 **How the Universe Works**
11.00 **Dark Matters**
12.00 M'T **Aircraft Stories**
1.00 AM **Cooper's Treasure**
2.00 **How the Universe Works**
3.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Animal Babies**
11.00 **World of Oceans**
12.00 NOON **Iceland – A Wild Life**
1.00 PM **Empire of the Desert Ants**
2.00 **Animal Babies**
3.00 **Earth: The Power of the Planet**
4.00 **Life in the Great Wetlands**
5.00 **The Zoo**
6.00 **World of Oceans**
7.00 **Empire of the Desert...**
8.00 **Animal Babies**
9.00 **Life in the Great...**
10.00 **Empire of the Desert...**
11.00 **World of Oceans**
12.00 M'T **The Zoo**
1.00 AM **Animal Babies**
2.00 **World of Oceans**
3.00 **The Zoo**
3.50 **Fox Tales**
4.40 **World of Oceans**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Animal Fight Club**
9.00 **Winter's Hidden Wonders** Documentary.
10.00 **Asia's Weirdest**
11.00 **Asia's Wild Secrets**
12.00 NOON **Snakes in the...**
1.00 PM **Winter's Hidden Wonders** Documentary.
2.00 **Asia's Weirdest**
3.00 **Asia's Wild Secrets**
4.00 **Critter Fixers: Georgia Vets** A rabbit that has been attacked by a cat.
5.00 **Snakes in the City**
6.00 **Secrets of the Zoo**
7.00 **Africa's Hunters**
8.00 **Serengeti: Assault on the Megaherd**
9.00 **Savage Kingdom**
10.00 **When Sharks Attack**
11.00 **Snakes in the City**
12.00 M'T **Africa's Deadliest**
1.00 AM **Animal Fight Club**
2.00 **Photo Ark: Go Big or Go Home** Documentary.
3.00 **The Alps** Documentary.
4.00 **to 5.00** AM **10 Animals That Will Kill You**

Sky History 2

163 163 840 272

8.00 AM **Empire Builders**
10.00 **Cities of the Underworld**
11.00 **Digging for the Truth**
12.00 NOON **Ancient Aliens**
2.00 PM **Brad Meltzer's Lost History** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **Brad Meltzer's Decoded**
7.00 **Human Weapon** The history of Muay Thai.
8.00 **Ancient Superstructures** The Mont Saint-Michel in Normandy, France. **9.00** The Incan citadel of Machu Picchu.
10.00 **Conspiracy** Allegations that the moon landing was faked.
11.00 **Ancient Aliens**
1.00 AM **Brad Meltzer's Decoded**
2.00 **Human Weapon**
3.00 **Ancient Superstructures**
5.00 **to 6.00** AM **Digging for the Truth**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **World's Greatest: Cities**
9.35 **The Tank: Weapon of the 20th Century**
10.40 NEW SERIES **The Black Church: This Is Our Story, This Is Our Song**
11.55 **The First World War**
1.00 PM **Beautiful Serengeti**
1.35 **World's Greatest: Cities**
2.40 **The Tank: Weapon of the 20th Century**
3.50 **The Black Church: This Is Our Story, This Is...**
5.05 **The First World War**
6.15 **World's Greatest: Cities**
7.20 **The Tank: Weapon of the 20th Century**
8.35 **The Black Church...**
9.50 **The First World War**
11.00 **World's Greatest: Cities**
12.05 AM **The Tank: Weapon of the 20th Century**
1.10 **The Black Church...**
2.15 **The First World War**
3.05 **to 4.00** AM **World's Greatest: Cities**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **I Am a Killer**
12.00 NOON **The First 48**
1.00 PM **Homicide Hunter**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Fear Thy Neighbour**
8.00 **Very Scary People**
9.00 **Making a Monster**
10.00 **Murdertown**
11.00 **Homicide Hunter**
12.00 M'T **Killer Kids**
1.00 AM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **I Am a Killer**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

7.35 AM **Minari** As 5.50pm.
9.45 **PREMIERE Hero Mode** As shown at 10.00pm.
11.35 **Let Him Go** As 11.35pm.
1.45 PM **Bombshell** As 8.00pm.
3.50 **Beast Beast** Coming-of-age drama starring Shirley Chen, Will Madden and Jose Angeles. (2020, 15, 85min) ★★★
5.50 **Minari** Romantic drama starring Steven Yeun and Yeri Han. Partly subtitled. (2020, 12, 115min) ★★★★

10.00 Hero Mode

Sky Cinema Hits

303 403 503 517

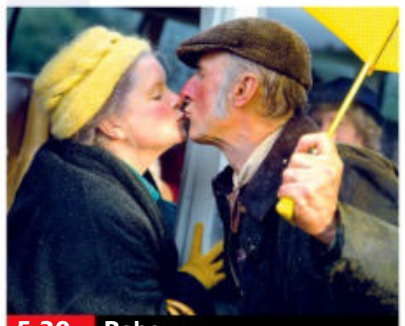
6.00 AM **Misbehaviour** (2020)
8.00 **Finding You** As 8.00pm.
10.05 **Richard Jewell** As 5.25am.
12.20 PM **The New Mutants** (2020)
2.10 **Target Number One** (2019)
4.20 **Thank You For Your Service** Drama starring Miles Teller, Beulah Koale and Joe Cole. (2017, 15, 109min) ★★★
6.20 **Happily** Dark romantic comedy starring Joel McHale, Kerry Bishe and Stephen Root. (2021, 15, 96min) ★★★

6.20 Happily

Sky Cinema Family

306 306 850 406 506 520

6.50 AM **Babe** As 5.30pm.
8.30 **Babe: Pig in the City** (1998)
10.20 **Pinocchio** As 12.10am.
12.30 PM **Earth to Echo** (2014)
2.10 **Mirror Mirror** Fantasy comedy. (2012, PG, 101min) ★★★
4.00 **A Boy Called Sailboat** Drama. (2017, 12, 92min) ★★★
5.30 **Babe** Family comedy drama. (1995, U, 92min) ★★★★★
7.10 **Babe: Pig in the City** Comedy drama sequel. (1998, U, 96min) ★★★★


5.30 Babe

Sky Cinema Action

307 307 851 407 507 521

7.05 AM **Cliffhanger** As 6.25pm.
9.00 **Battleship** As 8.20pm.
11.15 **Jumanji: The Next Level**
1.20 PM **Primal** Action thriller. (2019, 15, 97min) ★★★
3.00 **The Last Man** Action drama. (2019, 15, 100min) ★★
4.50 **Dead Reckoning** Action thriller starring KJ Apa. (2020, 15, 91min) ★★
6.25 **Cliffhanger** Action adventure starring Sylvester Stallone. (1993, 15, 112min) ★★★

8.20 Battleship

Sky Cinema Comedy

308 308 852 408 508 522

7.15 AM **Blithe Spirit** As 5.30pm.
9.00 **Masterminds** As 7.15pm.
10.45 **Save Yourselves!** As 9.00pm.
12.25 PM **I Used to Go Here**
1.55 **That's My Boy** Comedy. (2012, 15, 112min) ★★
3.55 **Like a Boss** Comedy. (2020, 15, 83min) ★★★
5.30 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★
7.15 **Masterminds** Crime comedy starring Zach Galifianakis. (2016, 12, 95min) ★★★

7.15 Masterminds

8 PM

8.00 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on Fox News head Roger Ailes and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Finding You** Romantic drama starring Rose Reid and Jedidiah Goodacre. A violinist travels to an Irish coastal village to begin her semester studying abroad, and meets a heartthrob movie star. With Vanessa Redgrave. (2021, PG, 119min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

Babe: Pig in the City (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.20 **Battleship** Sci-fi action adventure starring Taylor Kitsch and Rihanna. A hot-headed US Navy lieutenant leads the fight back against alien invaders. With Alexander Skarsgård, Brooklyn Decker and Liam Neeson. (2012, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

Masterminds (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.00 **Penelope** Fantasy starring Christina Ricci. A young woman seeks to find love and break the family curse that has given her the nose of a pig. (2006, U, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Save Yourselves!** Comedy starring Sunita Mani and John Reynolds. A couple head to a remote cabin to reconnect with each other, unaware that the planet is under attack. (2020, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.00 **PREMIERE Hero Mode** Comedy starring Chris Carpenter and Sean Astin. (2021, 12, 88min) ★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The New Mutants** Superhero adventure starring Maisie Williams. (2020, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Earth to Echo** Family sci-fi adventure starring Teo Halm and Astro. Four children find a small alien who has become stranded on Earth. (2014, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Le Mans '66** Fact-based drama with Matt Damon and Christian Bale. Car designer Carroll Shelby and driver Ken Miles battle to build a revolutionary race car for Ford. (2019, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Deep Murder** Horror comedy starring Quinn Beswick. The stars of a softcore porn film work together to find a killer. (2019, 18, 85min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.35 **Let Him Go** Crime drama starring Kevin Costner. (2020, 15, 113min) ★★★
1.35 AM **Pixie** Crime comedy starring Olivia Cooke. (2020, 15, 93min) ★★★★
3.15 **The Outside Story** Drama. (2020, 15, 85min) ★★★★
4.50 **to 6.30** AM **Me, Myself and Di** Comedy starring Katy Clayton. (2021, 12, 93min) ★

+1 hour 312

1.35 AM **Target Number One** Thriller starring Josh Hartnett and Antoine Olivier Pilon. (2019, 15, 125min) ★★★
3.45 **Happily** As shown at 6.20pm.
5.25 **to 7.40** AM **Richard Jewell** Biopic starring Paul Walter Hauser and Sam Rockwell. (2019, 15, 131min) ★★★★

12.10 AM **Pinocchio** Italian adaptation of the classic tale with Federico Ielapi. Subtitled. (2019, PG, 125min) ★★★★
2.20 **Mirror Mirror** As 2.10pm.
4.10 **A Boy Called Sailboat**
5.40 **to 7.15** AM **Penelope**

1.10 AM **The Hunt** Horror thriller. (2019, 15, 90min) ★★★
2.45 **Primal** As shown at 1.20pm.
4.25 **to 6.30** AM **Jumanji: The Next Level** Fantasy sequel. (2019, 12, 123min) ★★★★

1.55 **Like a Boss** As 3.55pm.
3.20 **That's My Boy** As 1.55pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Philadelphia** As 6.20pm.
8.10 **The Way We Were** As 8.30pm.
10.20 **Jurassic Park III** Thriller sequel. (2001, PG, 92min) ★★★
12.10 PM **Omen IV: The Awakening**
2.00 **The Age of Innocence** Martin Scorsese's romantic drama. (1993, U, 139min) ★★★★
4.20 **Breakfast at Tiffany's** Classic romantic comedy. (1961, PG, 106min) ★★★★★

6.20 **Philadelphia** Oscar-winning drama starring Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. (1993, 12, 122min) ★★★
8.30 **The Way We Were** Romantic drama of personal and political passion spanning the years from the late 1930s to the 1950s, starring Barbra Streisand and Robert Redford. (1973, PG, 118min) ★★★

10.30 **The Firm** Legal thriller with Tom Cruise. (1993, 15, 155min) ★★★
1.10 AM **Omen IV: The Awakening** Horror sequel starring Faye Grant. (1991, 15, 97min) ★
3.00 **Breakfast at Tiffany's** (1961)
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Combat Wombat** Animation. (2020, U, 90min) ★★★
7.50 **Boonie Bears: A Mystical...**
9.30 **Space Dogs: Return To Earth**
11.00 **Open Season** As 5.00pm.
12.30 PM **The Queen's Corgi** (2019)
2.00 **Fantastic Mr Fox** As 8.00pm.
3.30 **Space Dogs: Return to Earth** Animation. (2020, U) ★★
5.00 **Open Season** Animation. (2006, PG, 86min) ★★★

6.30 **The Queen's Corgi** Animated comedy featuring the voices of Julie Walters and Jack Whitehall. (2019, PG, 85min) ★
8.00 **Fantastic Mr Fox** Animated tale featuring the voices of George Clooney and Meryl Streep. (2009, PG, 87min) ★★★★
9.30 **Early Man** Animation featuring the voice of Eddie Redmayne. (2018, PG, 87min) ★★★★
11.05 **Balto** Animated adventure featuring the voice of Kevin Bacon. (1995, U, 77min) ★★

12.30 AM **Okko's Inn** Animation. (2018, PG, 94min) ★★★
2.10 **Boonie Bears: A Mystical Winter** Animated adventure. (2015, U, 96min) ★★
3.50 **My Little Pony: The Movie** Animation. (2017, U, 99min) ★★
5.35 **to 7.00** AM **Balto** As 11.05pm.

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.45 **Off Set** With Ben Miller.
8.05 **Son of a Gunfighter** Western. (1965, U, 92min) ★
10.00 **The Fighting Lawman** Western. (1953, b/w, U, 71min) ★★
11.35 **Gunfight at Comanche Creek** Western. (1963, U, 90min) ★
1.30 PM **Funeral in Berlin** Spy thriller starring Michael Caine. (1966, PG, 100min) ★★★

3.45 **Gunmen from Laredo** Western. (1959, 12, 67min) ★★
5.15 **The Charge at Feather River** Western starring Guy Madison. (1953, PG, 96min) ★★★★
7.20 **The Oklahoman** Western with Joel McCrea and Barbara Hale. (1956, U, 80min) ★★
9.00 **Wild Geese II** Action adventure starring Scott Glenn, Barbara Carrera and Laurence Olivier. (1985, 18, 120min) ★★
11.40 **The End of the Affair** Romantic drama. (1999, 18, 101min) ★★★

1.50 AM **The Oklahoman** Western, as shown at 7.20pm.
3.20 **Off Set** With Jamie Cullum.
3.30 **Close Up** Double bill.
4.30 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Burnt Evidence** (1954) ★★
7.10 **Beauty and the Barge** Comedy. (1937, b/w, U, 72min) ★★
8.40 **Jersey in the 1950s**
9.00 **Together** 5/26. (S1)
9.30 **The Adventures of William Tell**
10.00 **Fighting Coast Guard** War drama. (1951, b/w, U, 86min) ★★
11.45 **Four Star Theatre** 1/31. (S2)
12.20 PM **The Bad Lord Byron** Period drama. (1948, PG, 85min) ★★

2.00 **Rooms** Double bill. (S1)
3.00 **The Winslow Boy** Drama. (1948, b/w, U, 117min) ★★★★
5.20 **Laughing Gravy** Comedy. (1931, b/w, U, 20min) ★★★
6.00 **Scotland Yard** (S1)
6.35 **The Plank** Wordless comedy. (1967, U, 54min) ★★★
7.40 **Look at Life**
8.00 **The Main Chance** 11/13. (S2)
9.00 **I Believe in You** Drama. (1952, b/w, PG, 91min) ★★
10.45 **Girl in the Headlines** Thriller. (1963, b/w, PG, 93min) ★★

12.35 AM **Girl on a Motorcycle** Erotic drama. (1968, 15, 91min) ★
2.25 **Paris When It Sizzles** Romantic comedy. (1964, U, 106min) ★
4.40 **The Music Box** Comedy. (1932, b/w, U, 31min) ★★★★★
5.25 **to 6.00** AM **Champion the Wonder Horse**

Horror

317 149 68 138

8.00 AM **Star Trek** 7/24. (S3)
9.00 **Star Trek: Voyager** 9/26. (S4)
10.00 **The 4400** 12/13. (S2)
11.00 **Alien Convergence** Thriller. (2017, 15, 120min) ★★
1.00 PM **Princess of Mars** Sci-fi. (2009, 12, 90min) ★★
3.00 **Battlestar Galactica** (S2)
4.00 **Heat Wave** Thriller with Greg Evigan. (2009, PG, 74min) ★★
6.00 **The 4400** 13/13. (S2)

7.00 **Star Trek: Voyager** *Random Thoughts:* 10/26. The crew encounter a psychic race. (S4)
8.00 **First Wave** *Beneath the Black Sky:* 20/22. Foster meets a mysterious stranger. (S3)
9.00 **Jeepers Creepers 3** Horror sequel with Stan Shaw. A sheriff and his team set out to capture the flesh-eating Creeper on the last day of its 23-day feeding frenzy. (2017, 15, 100min) ★★
11.00 **The Final Girls** Comedy horror. (2015, 15, 88min) ★★

12.50 AM **Resident Evil: Retribution** Sci-fi action thriller sequel. (2012, 15, 92min) ★★★
2.45 **to 4.30** AM **When a Stranger Calls** Chiller remake with Camilla Belle. (2006, 15, 87min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.35 AM **Concrete Plans** Thriller. (2020, 15, 91min) ★★★
8.15 **The Next Three Days** (2010)
10.35 **V for Vendetta** As 12.25am.
12.55 PM **Heist** As 8.25pm.
2.35 **The Winter Lake** Mystery. (2020, 15, 92min) ★★★
4.25 **Echo Boomers** Crime drama. (2020, 15, 94min) ★★★
6.10 **The Next Three Days** Thriller remake starring Russell Crowe and Elizabeth Banks. (2010, 12, 132min) ★★★★

10.00 Fight Club

8.25 **Heist** Crime thriller, with Robert De Niro and Jeffrey Dean Morgan. Two criminals take a bus and all its passengers hostage as they flee from a gangster's henchmen. (2015, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fight Club** Satirical black comedy about a secret society that allows jaded men to indulge in bare-knuckle fighting. Stars Brad Pitt, Edward Norton and Helena Bonham Carter. (1999, 18, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **V for Vendetta** Action thriller starring Natalie Portman and Hugo Weaving. (2005, 15, 132min) ★★★
2.45 **The Bay of Silence** Mystery thriller starring Claes Bang. (2020, 18, 93min) ★★★
4.30 **to 6.15** AM **Echo Boomers**

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Words on Bathroom Walls**
8.00 **Teen Spirit** As 3.30pm.
9.50 **The Adventures of Wolfboy**
11.35 **To Olivia** As 7.00pm.
1.30 PM **Black Swan** As 8.50pm.
3.30 **Teen Spirit** Musical drama. (2018, 12, 93min) ★★★
5.20 **The Adventures of Wolfboy** Drama starring Jaeden Martell. (2019, 12, 88min) ★★★
7.00 **To Olivia** Drama with Hugh Bonneville and Keeley Hawes. (2021, PG, 90min) ★★★★

10.45 Lost Girls & Love Hotels

8.50 **Black Swan** Psychological thriller starring Natalie Portman, Vincent Cassel and Mila Kunis. A young ballerina tips over the edge into madness after she is chosen to dance the lead in *Swan Lake*. (2010, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Lost Girls & Love Hotels** Psychological thriller starring Alexandra Daddario, Takehiro Hira and Carice van Houten. (2020, 18, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Stardust** Drama starring Johnny Flynn as David Bowie. (2020, 15, 109min) ★★
2.25 **Words on Bathroom Walls** Drama with Charlie Plummer. (2020, 12, 110min) ★★★★
4.20 **to 6.10** AM **To Olivia** As 7pm.

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.40 AM **The Core** As 6.00pm.
9.05 **Phobias** As shown at 8.15pm.
10.40 **12 Hour Shift** Horror comedy. (2020, 15, 86min) ★★★
12.15 PM **LX 2048** As 2.10am.
2.10 **Daniel Isn't Real** Horror thriller starring Miles Robbins. (2019, 15, 100min) ★★★
4.05 **Archive** Sci-fi with Theo James. (2020, 15, 109min) ★★★
6.00 **The Core** Sci-fi action thriller starring Aaron Eckhart. (2002, 12, 135min) ★

9.45 The Exorcist

8.15 **Phobias** Horror starring Leonardo Nam. Five patients suffering from extreme phobias are put to the ultimate test under the supervision of a crazed doctor. (2021, 15, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Exorcist** Occult horror chiller starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. A priest battles to exorcise a powerful demon possessing a young girl. With Lee J Cobb. (1973, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Blade** Action adventure chiller starring Wesley Snipes and Kris Kristofferson. (1998, 18, 121min) ★★★
2.10 AM **LX 2048** Sci-fi drama starring James D'Arcy, Anna Brewster and Juliet Aubrey. (2020, 15, 103min) ★★★
4.05 **to 6.00** AM **Daniel Isn't Real**

Sky Cinema Assassins

302 402 502 516

6.10 AM **Aeon Flux** As 5.20pm.
7.45 **No Country for Old Men**
9.50 **JFK** Thriller with Kevin Costner. (1991, 15, 191min) ★★★★
1.15 PM **Gemini Man** As 2.20am.
3.15 **Collateral** Michael Mann's thriller starring Tom Cruise. (2004, 15, 120min) ★★★★
5.20 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
7.00 **The Rhythm Section** Thriller starring Blake Lively and Jude Law. (2019, 15, 109min) ★★★

11.05 Ready or Not

The Rhythm Section (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **No Country for Old Men** Dark crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Ready or Not** Comedy horror starring Samara Weaving. (2019, 18, 95min) ★★★★
12.45 AM **Rambo: Last Blood** Action thriller sequel starring Sylvester Stallone. (2019, 18, 89min) ★★
2.20 **Gemini Man** Action drama starring Will Smith and Mary Elizabeth Winstead. (2019, 12, 117min) ★★
4.20 **to 6.25** AM **Collateral** As shown at 3.15pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Destry Rides Again** Comedy Western. (1939, b/w, PG, 94min) ★★★★★
12.55 PM **The Last Blitzkrieg** Drama. (1959, b/w, 12, 84min) ★
2.40 **Gunpoint** Western with Audie Murphy. (1966, U, 86min) ★★
4.25 **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
6.15 **X-Men: Apocalypse** Superhero adventure sequel. (2016, 12, 144min) ★★★

11.20 Dirty Grandpa

X-Men: Apocalypse (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Anna** Action thriller starring Sasha Luss, Helen Mirren, Luke Evans and Cillian Murphy. A KGB assassin becomes one of the world's most feared killers. (2019, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Dirty Grandpa** Comedy with Robert De Niro and Zac Efron. An uptight lawyer is taken on a wild weekend by his fun-loving grandfather, who is determined to make him enjoy life. (2016, 15, 98min) ★★
1.25 **to 4.00** AM **Last Action Hero** Action fantasy starring Arnold Schwarzenegger. (1993, 15, 130min) ★★★

+1 hour 314 430 46 301

8 PM
9 PM
10 PM
11 PM

GREAT! movies classic

319 424 51 303

6.00 AM **The Great Lover** Comedy. (1949, b/w, PG, 80min) ★★★
7.35 **Bad For Each Other** Drama. (1953, U, 83min) ★★
9.15 **Dead Reckoning** Thriller. (1947, b/w, U, 97min) ★★★★
11.15 **Sirocco** Thriller. (1951, b/w) ★★
1.15 PM **The Wild One** Drama. (1953, b/w, PG, 80min) ★★★
2.55 **I Didn't Do It** Comedy. (1945, b/w, PG, 93min) ★★

5.00 **A Weekend with Lulu** Comedy starring Bob Monkhouse. (1961, PG, 91min) ★★
6.50 **Roxanne** Romantic comedy with Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★
9.00 **Breakfast at Tiffany's** Romantic comedy starring Audrey Hepburn and George Peppard. A struggling writer living in New York slowly falls for his neighbour. (1961, PG, 106min) ★★★★★
11.20 **The Owl and the Pussycat** Comedy. (1970, 15, 96min) ★★★

1.20 AM **An American Werewolf in London** (1981, 15) ★★★★
3.15 **Appointment in London** War drama. (1952, b/w, U) ★★★
4.50 **to 6.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **Fatal Performance** Thriller. (2013, PG, 83min) ★★
11.00 **The Wrong Nanny** Thriller. (2017, PG, 90min) ★★
1.00 PM **Presumed Guilty** Mystery drama. (2016, 15, 102min) ★★
2.50 **Deadly Daycare** Thriller. (2014, PG, 88min) ★★
4.35 **Secret Window** Thriller starring Johnny Depp and John Turturro. (2004, 12, 96min) ★★★

6.30 **Stepmom** Melodrama with Julia Roberts and Susan Sarandon. A young woman struggles to overcome the hostility of her boyfriend's ex-wife and win acceptance from his two children. (1998, 12, 121min) ★★★
9.00 **Elizabeth: The Golden Age** Historical drama sequel starring Cate Blanchett and Clive Owen. Queen Elizabeth I braves the Spanish Armada but finds time for romance with explorer Walter Raleigh. (2007, 12, 114min) ★★★

11.15 **Cold Comes the Night** Crime thriller. (2013, 15, 88min) ★★★
1.15 AM **Killing Salazar** Adventure. (2016, 15, 95min) ★★
3.30 **to 6.00** AM **Words and Pictures** Drama. (2013, 12, 111min) ★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **The Last Posse** Western. (1953, b/w, U, 73min) ★★
7.30 **The Bamboo Prison** War drama. (1954, PG, 79min) ★★
9.05 **Lord Jim** Adventure. (1965) ★★
12.10 PM **Jesse James: Lawman** Western. (2015, 12, 77min) ★★
1.50 **Kentucky Rifle** Western. (1956, U, 84min) ★★
3.30 **Tank Commandos** War drama. (1959, b/w, PG, 81min) ★★

5.10 **Cockleshell Heroes** World War Two drama starring Jose Ferrer. (1955, U, 94min) ★★★
7.15 **100 Degrees Below Zero** Disaster thriller starring Jeff Fahey and Sara Malakul Lane. (2013, 12, 89min) ★
9.00 **Black Water** Thriller starring Jean-Claude Van Damme When he is imprisoned aboard a CIA submarine, a deep cover operative joins forces with another prisoner to break free. (2018, 15, 104min) ★★

11.10 **Sniper: Legacy** Action thriller sequel. (2014, 15, 94min) ★★
1.10 AM **Attack Force** Action thriller. (2006, 15, 90min) ★
3.00 **to 4.00** AM **The War in the Jungle**

+1 hour 324

Movies 24

325 419

7.00 AM **Sound of Christmas**
9.00 **Every Day Is Christmas**
11.00 **Christmas On My Mind**
1.00 PM **Mystery 101: Dead Talk**
3.00 **A Game of Cat and Mouse: An Aurora Teagarden Mystery** Drama. (2019, PG, 88min) ★★
5.00 **An Inheritance to Die For: Aurora Teagarden Mysteries** Drama with Candace Cameron Bure. (2019, PG, 86min) ★★

7.00 **Sound of Christmas** Romance starring Lindy Booth and Robin Dunne. A music teacher agrees to tutor a young girl over the Christmas holidays, and grows closer than expected to the girl's father. (2016, PG, 84min) ★★
9.00 **Every Day Is Christmas** Romantic drama starring Toni Braxton. A money-manager with no time for love must think again when her past, present and future collide. With Gloria Reuben. (2018, PG, 85min) ★★

11.00 **Christmas On My Mind** Festive comedy. (2020, PG, 89min) ★★
1.00 AM **Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
3.00 **to 5.00** AM **A Game of Cat and Mouse: An Aurora Teagarden...**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Unforgiven** *Paramount Network* Clint Eastwood's Oscar-winning Western. A reformed killer is forced out of retirement to earn a living. With Gene Hackman and Morgan Freeman. ★★★★★
10.15 **The Untouchables** *ITV4* Brian De Palma's thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring callous Chicago crime boss Al Capone to justice. With Andy Garcia and Robert De Niro. ★★★★
11.40 **Kickboxer: Retaliation** *Paramount Network* Action thriller sequel starring Alain Moussi. A Bangkok prisoner is forced to fight a formidable opponent for his freedom. ★★
2.00 AM **The Fog of War** *Sky Documentaries* Director Errol Morris's Oscar-winning documentary in which American statesman Robert S McNamara reflects on a long career that encompassed World War Two, the Cuban missile crisis and a highly controversial role in the Vietnam War. ★★★

MONDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans**
10.00 **Test Cricket Bitesize** England v India: Action from the third day's play of the fifth and final Test.
10.15 LIVE **Test Cricket England v India** Coverage of the fourth day of the fifth and final Test in the series, taking place at Emirates Old Trafford, Manchester.
7.00 PM LIVE **MNF Everton v Burnley.** Coverage of the Premier League clash from Goodison Park. Kick-off **8.00pm**.
11.00 **NFL Fantasy** Key insights to build the best line-up.
12.00 M'T **Total Access**
1.00 AM LIVE **NFL Vegas Raiders v Baltimore Ravens.** Coverage of the AFC match from Allegiant Stadium. Kick-off **1.15am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **SNF** Chelsea v Aston Villa.
8.15 **Premier League** A re-run o f Leeds United v Liverpool.
10.00 **The Football Show** A round-up of the latest sports news.
12.00 NOON **Gary Neville's Soccerbox** With Thierry Henry.
12.30 PM **Gary Neville's Soccerbox** Robbie Keane and Gary discuss matches they faced each other in.
1.00 **Premier League Years** Memorable moments from the 2000/01 season.
3.00 **SNF** Chelsea v Aston Villa.
4.45 **Premier League** A re-run of of Leeds United v Liverpool.
6.30 **Soccer AM: The Best Bits**
7.00 LIVE **MNF Everton v Burnley.** All the action from the Premier League encounter at Goodison Park. Kick-off **8.00pm.**
11.00 **Soccer AM: The Best Bits**
11.30 **Premier League Icons**
12.00 M'T **MNF** Everton v Burnley.
1.45 AM **Premier League Years**
3.45 **PL Greatest Games**
4.00 **PL Best Goals 05/06**
5.00 **Best PL Goals: Manchester City**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Highlights**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play-Off Final Highlights**
12.00 NOON **EFL Greatest Games**
12.30 PM **Scottish Premiership Round-Up** Key talking points.
12.45 **SPFL Highlights**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Play Off Final C'Ship 19/20**
3.30 **EFL Greatest Games**
4.00 **Scottish Premiership Round-Up**
4.15 **SPFL Highlights**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Soccer AM: The Best Bits**
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.00 **Bundesliga Highlights Show**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **Soccer AM: The Best Bits**
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL Highlights**
9.30 **Bundesliga Highlights Show**
10.30 **MLS Round-Up Show**
11.00 **Soccer AM: The Best Bits**
11.30 **EFL Greatest Games**
12.00 M'T **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Test Cricket**
7.00 **Talking Cricket**
7.30 **Best of T20 Blast Finals Day**
7.45 **Test Cricket Bitesize**
8.30 **Test Cricket**
9.30 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v India** Coverage of the fourth day of the fifth and final Test in the series, taking place at Emirates Old Trafford in Manchester.
7.00 PM **2018 T20 Blast Final** Worcestershire Rapids v Sussex Sharks. A look back at the showpiece match at Edgbaston.
8.00 **Test Cricket** England v India: Action from the fourth day's play of the fifth and final Test.
9.00 **2018 T20 Blast Final**
10.00 **Test Cricket**
11.00 **Test Cricket Bitesize**
11.15 **The Fletcher Years**
11.45 **Test Cricket Bitesize**
12.00 M'T **Vitality T20 Blast Cricket**
3.20 AM **Women's World T20 Classics** A classic encounter.
3.45 **Best of the Women's World T20**
4.00 **Test Cricket**
5.00 **Women's World T20 Classics**
5.25 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **European Tour Golf**
7.00 **Ryder Cup Golf**
8.00 **European Tour Golf**
1.30 PM **Best of the BMW PGA Championship Pro-Am's**
2.00 **Ryder Cup Memories**
3.00 **Farmfoods British Par 3 Championship – Pro-Am** Coverage of the game from Nailcote Hall in Coventry.
5.00 **Farmfoods British Par 3 Championship – Celeb-Am** Celebrities in the field include Lee Hendrie and Alan McInally.
6.00 **European Tour Golf** Action from the fourth and final day of the BMW PGA Championship, held at Wentworth in Surrey.
7.00 **Ladies European Tour Golf** Action from the VP Bank Swiss Ladies Open in Zug, Switzerland.
8.00 **Ryder Cup Golf** A look at the Team Europe's wildcard picks ahead of the Ryder Cup this month.
9.00 **European Tour Golf** Action from the fourth and final day of the BMW PGA Championship.
10.00 **Golf Today**
12.00 M'T **European Tour Golf**
1.00 AM **Ryder Cup Golf**
2.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE NXT Highlights**
8.00 **Premier League** Crystal Palace v Tottenham Hotspur.
9.30 **ESPN FC** Football news.
10.00 **Vanarama National League** A re-run of King's Lynn Town v Dagenham & Redbridge.
11.30 **Vanarama National League Highlights** The latest action.
12.00 NOON **BT Sport Fight Night**
4.00 PM **UEFA Champions League – Stories of the Finals**
4.15 **Ligue 1 Highlights** Recent action from the French top flight.
5.15 **Premier League Review**
6.15 **No Hunger in Paradise**
7.45 LIVE **Serie A** Coverage of the football from Italy's top division.
9.45 **BT Sport Goals Reload**
10.15 **What I Wore: Jamie Vardy**
10.30 **UFC – The Walk**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM LIVE **WWE Monday Night Raw** The latest wrestling coverage from America.
4.15 **BT Sport Goals Reload**
4.30 **UFC – The Walk**
5.00 **to 6.00** AM **Ligue 1 Highlights**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **MotoGP**
9.00 **MotoGP Chequered Flag**
10.00 **FIM Speedway Grand Prix** Action from Vojens, Denmark.
12.00 NOON **FIM – International Six Days of Enduro** The latest action.
1.00 PM **Premier League Review**
2.00 **Premier League World**
2.30 **BT Sport Cricket Reload**
2.45 LIVE **Women's One-Day International Cricket West Indies v South Africa.** Coverage of the third ODI in the five-match series held at Coolidge Cricket Ground, Antigua.
11.15 **Hero CPL** Action from Barbados Royals v Saint Lucia Kings.
11.45 **Hero CPL** Guyana Amazon Warriors v Jamaica Tallawahs.
12.15 AM **Hero CPL** St Kitts & Nevis Patriots v Trinbago Knight Riders.
12.45 **WRC Review**
1.45 **Vanarama National League Highlights** The latest action.
2.15 **BT Sport Goals Reload**
2.30 **to 6.00** AM LIVE **MLB San Francisco Giants v San Diego Padres.** Coverage of the National League match from Oracle Park. Start-time **2.45pm.**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A**
12.00 NOON **Serie A** Football action from Italy's top division.
3.00 PM **MotoGP** The MotoGP Grand Prix of Aragon race.
4.00 **MotoGP Chequered Flag**
5.00 **Vanarama National League** A re-run of King's Lynn Town v Dagenham & Redbridge.
6.30 **Vanarama National League Highlights** The latest action from the Vanarama National League.
7.00 **Ligue 1 Highlights** Recent action from French Ligue 1.
8.00 **WRC Review** A look back at action from Rally Greece, part of the World Rally Championship.
9.00 **Fishing: On The Bank**
10.00 **FIM – International Six Days of Enduro** The latest action.
11.00 **WSL Presents** Action from the Corona Open in Mexico.
12.00 M'T **FIM Speedway Grand Prix**
2.00 AM **MotoGP** The Moto3 race at the Grand Prix of Aragon. **3.00** Action from the Moto2 race at the Grand Prix of Aragon. **4.00** Action from the MotoGP Grand Prix of Aragon race.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL Highlights**
12.00 NOON **Good Morning Football** Discussion on the latest news.
3.00 PM **NFL Highlights**
6.00 **NFL Bitesize Highlights** Action from a recent NFL match. **6.15** Action from an NFL match. **6.30** Action from Tampa Bay Buccaneers v Dallas Cowboys. **6.45** Action from Los Angeles Rams v Chicago Bears.
7.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the league.
9.00 **NFL Highlights** Latest action.
10.00 **NFL Highlights** Action from Los Angeles Rams v Chicago Bears.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **Total Access**
1.00 AM LIVE **NFL Las Vegas Raiders v Baltimore Ravens.** Coverage of the AFC clash from Allegiant Stadium. Kick-off **1.15am**.
4.30 **NFL Bitesize Highlights** Houston Texans v Baltimore Ravens.
4.45 **NFL Bitesize Highlights** Action from Las Vegas Raiders v New Orleans Saints.
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **School of Golf**
6.30 **My Icon**
7.30 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **Show Jumping**
12.00 NOON **Ryder Cup Memories** Luke Donald shares his memories of the 2012 Ryder Cup.
12.30 PM **Ryder Cup Golf**
1.30 **European Tour Golf**
2.30 **WNBA Weekly**
3.00 LIVE **US Open 9-Ball Pool** Coverage of the first day of the tournament at Harrah's Resort in Atlantic City, New Jersey.
7.30 **Show Jumping** The world's top show-jumpers compete as the CSIO Spruce Meadows 'Masters' kicks off in Calgary, Canada.
8.30 **Betfred Super League Highlights** Action from Hull Kingston Rovers v Castleford Tigers.
8.45 **Women's Super League** Highlights from the Women's Betfred Super League.
9.00 LIVE **US Open 9-Ball Pool** Further coverage of the first day at Harrah's Resort in Atlantic City.
1.30 AM **Ryder Cup Golf**
2.30 **Ryder Cup Memories**
3.00 **to 6.00** AM **European Tour Golf**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **CFL** Winnipeg Blue Bombers v Saskatchewan Roughriders.
9.15 **College Football** Tennessee Volunteers v Pittsburgh Panthers.
12.15 PM **ESPN FC** Football news.
12.45 **College Football Final**
1.45 **MLB** Action from New York Mets v New York Yankees.
4.45 **ESPN SportsCenter**
5.00 **ESPN FC Presents: Gab & Juls**
5.30 **College Football** Arkansas Razorbacks v Texas Longhorns.
8.30 **College Football** A chance to see BYU Cougars v Utah Utes.
11.30 **ESPN FC Presents: Gab & Juls**
12.00 M'T LIVE **MLB Toronto Blue Jays v Tampa Bay Rays.** All the action from the American League encounter at Rogers Centre. Start-time **12.07am**.
3.00 AM **ESPN FC Presents: Gab & Juls**
3.30 **to 6.00** AM **CFL**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
7.00 **Cycling: European Road Champs**
8.00 **Cycling: Antwerp Port Epic**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Tokyo 2020: Skateboarding**
11.00 **British Speedway**
12.00 NOON **British Superbikes**
1.00 PM **Cycling: Antwerp Port Epic**
2.00 **Cycling: European Road Champs** The women's time-trial. **3.00** The men's time-trial.
4.00 **Cycling: Strade Bianche**
4.30 **Olympics: Legends Live On**
5.30 **Olympic Games: The Distance**
7.00 **The Judo Show** Magazine show looking at recent judo stories.
8.00 **Cycling: Vuelta a España**
9.00 **Sailing: Spirit of Yachting**
9.30 **Olympics: Legends Live On**
10.30 **Olympic Games: The Distance**
12.00 M'T **The Judo Show**
1.00 AM **Cycling: Vuelta a España**
2.00 **Hall of Fame – Tokyo 2020**
3.00 **Cycling: European Road Champs**
5.00 **to 6.00** AM **World Superbikes**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Antwerp Port Epic**
7.00 **Motorsport: Extreme E**
8.00 **Bennetts British Superbikes**
9.00 **Cycling: European Road Champs**
11.00 **Hall of Fame – Tokyo 2020**
12.00 NOON **Formula E**
1.00 PM **World Superbikes**
3.00 **Triathlon: Super League London** From the Aquatics Centre at Queen Elizabeth Olympic Park.
4.00 **Australian Superbikes**
6.00 **Motocross World Championship**
6.30 **British Speedway**
7.30 LIVE **British Speedway** A match from the latest round of Premiership fixtures.
10.00 **Bennetts British Superbikes**
11.00 **Cycling: European Road Champs**
12.00 M'T **World Superbikes Extra**
1.00 AM **Hall of Fame – Tokyo 2020**
2.00 **World Superbikes**
3.00 **Bennetts British Superbikes**
4.00 **Tokyo 2020: Skateboarding**
5.00 **to 6.00** AM **Tour de France: Best of 2021**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **Sail GP** From St Tropez.
8.30 **Sail GP: Racing On The Edge**
9.00 **World Cup of Darts**
1.00 PM **WNBA** Washington Mystics v Atlanta Dream.
2.45 **Betfred Super League Highlights** Wigan Warriors v Warrington Wolves.
3.00 LIVE **US Open 9-Ball Pool** Coverage of the first day of the tournament from Harrah's Resort in Atlantic City, New Jersey.
7.30 **WNBA Weekly**
8.00 **Betfred Super League Highlights** Triple bill of action.
8.45 **Women's Super League**
9.00 LIVE **US Open 9-Ball Pool** Further coverage of the first day of the tournament in Atlantic City.
1.30 AM **Betfred Super League Highlights** Recent action.
3.00 **Fight Night**
5.45 **to 6.00** AM **My Icon**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **The F1 Show**
12.00 NOON **Formula 1** The Italian Grand Prix. first practice session.
1.15 PM **Formula 1** The Italian Grand Prix qualifying session.
3.00 **Formula 1** The second practice session of the Italian Grand Prix.
4.15 **Formula 1** Action from the sprint race at the Italian Grand Prix.
5.15 **Ted's Notebook**
5.45 **Ted on Tyres and Brake Magic**
5.55 **Ted's Story of Ferrari**
6.00 **Formula 1** Another chance to see the Italian Grand Prix.
8.15 **Chequered Flag**
8.45 **The History of Aston Martin**
8.55 **Psychology of Lewis Hamilton**
9.00 **Formula 1** The Italian Grand Prix.
10.00 **Ferrari Challenge Europe**
12.00 M'T **Formula 2 Championship**
1.00 AM **On the Inside: McLaren**
1.15 **Lando Norris and His Engineers**
1.25 **Psychology of Lewis Hamilton**
1.30 **to 6.00** AM **The Home of F1**

Tuesday

14 September

Evening Planner

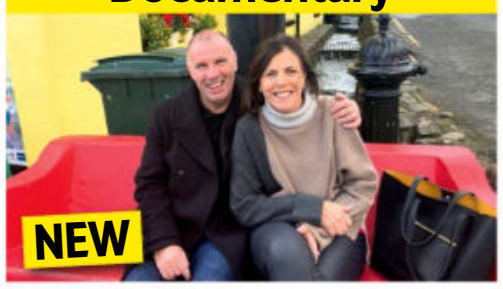
Football

Champions League
BT Sport 2 HD, kick-offs 5.45pm & 8pm
The games on matchday one include Young Boys v Man Utd, ahead of Chelsea v Zenit Saint Petersburg

Documentary

Spice Girls: How Girl Power Changed Britain
C4 HD, 9pm
Archive clips chart the story of the group and their relation to modern feminism

Documentary



Long Lost Family: Born Without Trace
ITV HD, 9pm
Picking up with reunited siblings David and Helen – who may have a brother

OnDemand

NETFLIX

You vs Wild: Out Cold
Available today
In an interactive adventure, Bear Grylls must make choices to save the pilot and survive after a plane crash

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders †	7.50 Holby City †	8.30 My Family †	9.00 Silent Witness		10.00 News; Local News	10.35 Back to Life
102 BBC2	7.00 Cricket: Today at the Test		8.00 Saving Lives at Sea		9.00 A House Through Time		10.00 Mortimer...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Wonders of...	8.00 Love Your Garden		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Secret Life of the Zoo		9.00 Spice Girls: How Girl Power Changed...		10.00 Celebrity Gogglebox	
105 CHANNEL 5	7.00 GPs: Behind Closed Doors		8.00 The Yorkshire Vet		9.00 Ben Fogle: New Lives in the Wild		10.00 Broadmoor: Serial Killers & High...	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Supergirl		9.00 Football's Funniest Moments			
ENTERTAINMENT								
116 BBC4	7.00 Great British...	7.30 Joy of Painting	8.00 The Good Life	8.30 Porridge	9.00 Jo Brand: No Holds Barred – Imagine		10.00 Born Lippy: Mark Lawson talks to...	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Ready to Mingle		10.00 Plebs	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 999: What's Your Emergency?		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Junior Bake Off			9.00 Married at First Sight UK		10.00 The Holden Girls: Mandy & Myrtle	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 9-1-1		9.00 The Equalizer		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	◂ 5.40 The Sopranos		7.50 Game of Thrones		9.00 Britannia		10.00 Patrick Melrose	
110 GOLD		7.20 The Green Green Grass	8.00 Only Fools and Horses				10.00 Live at the Apollo: Christmas Special	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?		8.20 QI	9.00 QI XL		10.00 Alan Davies: As Yet Untitled	
119 ITV3	◂ 6.55 Maigret		8.00 Midsomer Murders				10.00 Manhunt	
120 ITV4	7.00 The Chase Celebrity Special		8.00 Bear & Jonny Wilkinson's Wild Adventure		9.00 Gordon, Gino and Fred: American...		10.00 Film: Ransom	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Wedding Singer			
152 SYFY	7.00 Star Trek: The Next Generation		8.00 Quantum Leap		9.00 Film: 2021 War of the Worlds			
109 W	7.00 MasterChef Australia		8.00 Never Seen a Doctor		9.00 Inside the Ambulance...		10.00 Emma Willis: Delivering Babies in 2020	
114 SKY COMEDY	7.05 Silicon Valley	7.40 Curb Your Enthusiasm			9.00 Bored to Death			
132 ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise		9.00 Annika		10.00 Why Women Kill	
130 SKY ARTS	7.00 Landmark		8.00 Lucian Freud: A Self Portrait		9.00 Thomas Hardy: Fate, Exclusion...		10.00 Muriel Spark by Ian Rankin	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Kindig Customs		9.00 Gold Rush: Winter's Fortune		10.00 Gold Divers	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Big Cat Tales		9.00 The Zoo: San Diego		10.00 My Cat from Hell	
129 NAT GEO	7.00 Car S.O.S.		8.00 9/11: One Day In America				10.00 Bin Laden's Hard Drive	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Aliens		9.00 Book of Secrets with Lance Reddick		10.00 The UnXplained with William Shatner	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Secret Nazi Bases		9.00 Adolf Hitler's War		10.00 The Search for Hitler's Bomb	
121 SKY DOCS	7.00 The Nineties		7.50 The Comedy Store		9.00 Kipchoge: The Last Milestone			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Hero Mode		8.00 Bombshell				10.00 End of Sentence	
303 HITS	7.00 Kajillionaire				9.00 The Last Shift			
304 GREATS	◂ 5.55 The Untouchables		8.00 The Big Heat			9.45 The Omen		
305 ANIMATION		7.20 Rio			9.00 The Prince of Egypt			
306 FAMILY	7.00 Come Away			8.50 Proximity				
307 ACTION	◂ 6.30 Batman			8.40 Run Hide Fight				
308 COMEDY	◂ 6.25 Chef		8.25 Golden Arm				10.00 Me You Madness	
309 THRILLER	◂ 5.25 Lone Survivor	7.30 Tenet					10.00 The Negotiator	
310 DRAMA	◂ 6.05 The Impossible		8.00 Let Him Go				10.00 Sleepers	
311 SCI-FI	◂ 6.00 Blumhouse's Fantasy Island		8.00 Honeydew				10.00 Hostel	
302 ASSASSINS	◂ 6.55 Angel Has Fallen				9.00 Wanted			
313 FILM4	7.00 The Greatest Showman				9.00 Mission: Impossible – Rogue Nation			
315 TCM MOVIES	7.00 Alias Jesse James				9.00 Fire Down Below			
SPORT								
401 MAIN EVENT	7.00 EFL – Live: Bournemouth v Queens Park Rangers: From Vitality Stadium (Kick-off 7.45)							10.15 US Open 9-Ball Pool...
402 PREMIER LEAGUE	7.00 Gillette Soccer Special						10.00 Premier League Review	
403 FOOTBALL	7.00 EFL – Live: Bournemouth v Queens Park Rangers: From Vitality Stadium (Kick-off 7.45)							10.30 Soccer AM...
404 CRICKET	7.00 T20 Blast 2019 Final Highlights		8.00 Test Cricket		9.00 T20 Blast 2019 Final Highlights		10.00 Test Cricket	
413 BT SPORT 1	◂ 5.30 UEFA Champions...	7.45 UCL Goals Show						10.15 WWE Monday Night Raw
414 BT SPORT 2	◂ 5.00 UEFA Champions...	7.45 UEFA Champions League – Live: Chelsea v Zenit St. Petersburg: From Stamford Bridge (Kick-off 8.00)						10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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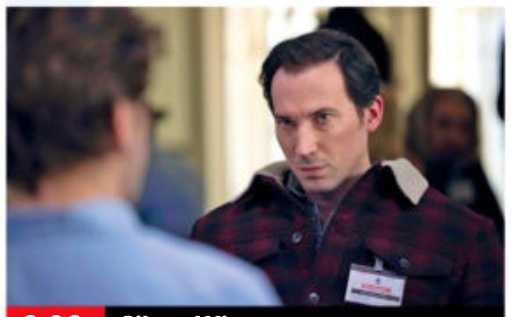
Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Close Calls: On Camera** New edition Life-saving CPR. (S)(AD)
11.15 **Homes Under the Hammer** New edition From Merseyside. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Unbeatable** New edition Quiz. (S)
3.00 **Escape to the Country** New edition In Cambridgeshire. (S)(AD)
3.45 **Garden Rescue** New edition Creating a garden in Newport. (S)
4.30 **Antiques Road Trip** New edition Scouring Kent and East Sussex. (S)
5.15 **Pointless** New edition (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 Silent Witness

7 PM

7.00 **The One Show** Jermaine Jenas presents the topical magazine show. (S)
7.30 **EastEnders** Shirley comes clean to Mick about hitting Phil. (S)(AD)
7.50 **Holby City** Hanssen finds himself in a perilous situation, while Ange's fate is in the hands of Josh and Chloe. (S)

8 PM

8.30 **My Family** 4/13. The Harper kids plan a party as Ben and Susan prepare to go on holiday. (S2) (S)(R)

9 PM

9.00 **Silent Witness** New episode *Bad Love – Part Two:* 4/10. Cara is furious when she finds out why Ryan is in prison, forcing Jack to choose between his brother and the truth. (S24) (S)(AD)
■ Series 1-23 on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Back to Life** New episode 3/6. Miri is convinced John Boback knocked her off her bike. (S2) (S)(AD)
■ Entire series on BBC iPlayer
11.05 **Ambulance** 5/6. North West Ambulance Service call up military personnel to help care for the public effectively as the COVID-19 pandemic takes its toll. The new recruits are put through three days of intensive training before they can join the paramedics working on the frontline. Narrated by Christopher Eccleston. (S)(R)
12.05 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Shop Well for Less?** Helping a Gillingham family. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Super League Show** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **The Big Painting Challenge** (S)(R)
3.15 **The Dark: Nature's Nighttime World** Wildernesses at night. (S)(R)
4.15 **Who Do You Think You Are?** With Greg Davies. (S)(R)(AD)
5.15 **Flog It!** From Cornwall. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Kaye Adams, Mark Chapman, Philip Glenister and Thanyia Moore. (S)
6.30 **Take a Hike** New edition 2/15. A teaching assistant explores the power of nature in Lynmouth. (S)

8.00 Saving Lives at Sea

7 PM

7.00 **Cricket: Today at the Test** England v India: Isa Guha presents action from the fifth and final day's play of the series-concluding fifth Test, held at Old Trafford. Commentary by Michael Vaughan and Phil Tufnell. (S)

8 PM

8.00 **Saving Lives at Sea** New edition 4/10. In London, the RNLI rush to the rescue of a man in the water in the River Thames, while in Fleetwood, a desperate 999 call alerts the crew to a man in danger of being swept out to sea. (S)(AD)

9 PM

9.00 **A House Through Time** New edition 2/4. Digging into the affairs of the house's next resident, Benjamin Wild, presenter David Olusoga discovers a factory owner with a history of questionable business dealings. (S)(AD)

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** 3/6. The pair head to the Lake District. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **NFL This Week** Action from the opening round of NFL fixtures, including Tampa Bay Buccaneers v Dallas Cowboys. (S)
12.05 AM **Sign Zone: The City of Horses – Our Lives** (S)(R)(AD)
12.35 **Sign Zone: Ambulance** (S)(R)
1.35 **Sign Zone: The House That £100K Built** Two couples strive to create the perfect home for their respective retirements. (S)(R)
2.35 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(R)
3.00 **Tenable** Sally Lindsay hosts as a team of five running club friends try to find the answers to top 10 lists, before trying to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Wonders of Scotland with...

7 PM

7.00 **Emmerdale** Cathy tries to comfort a distraught April. (S)(AD)
7.30 **Wonders of Scotland with David Hayman** New edition 2/4. David heads to Lewis and Harris. (S)(AD)

8 PM

8.00 **Love Your Garden** New edition Alan Titchmarsh and the team look to the natural world for inspiration and create a wild and woolly garden that's perfect for a deserving young family in Middlesbrough. (S)(AD)

9 PM

9.00 **NEW Long Lost Family: Born Without Trace** An update on some of the stories of people who were abandoned as babies, focusing on Helen and David, who were left on either side of the Irish border. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Coronation Street Icons: Norris Cole** A tribute to Malcolm Hebden and his lovably irritating character Norris. (S)(R)(AD)
11.10 **Butterfly** 1/3. Drama about the parents of a transgender child. Stars Anna Friel and Emmett J Scanlan. (S1) (S)(R)(AD)
12.05 AM **Junk and Disorderly** New edition 6/10. Making a profit on automobile memorabilia. (S)
12.55 **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour | 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 12&13/22. (S7) (S)(R)
7.40 **The King of Queens** (S6) (S)(R)
9.05 **Frasier** 17-19/24. (S10) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** Revisting difficult cases. (S)(R)
11.25 **News** (S)
11.30 **Find It, Fix It, Flog It** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition A retirement home in Portugal. (S)
4.00 **The Great House Giveaway** (S)(R)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition Musician Bernard plans a culinary trip around the world. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sienna has to face a harrowing task. (S)(AD)

8.00 The Secret Life of the Zoo

7 PM

7.00 **News** (S)

8 PM

8.00 **The Secret Life of the Zoo** Series finale 6/6. Two snakes are put together to mate, which could lead to romance or one eating the other, and the keepers are concerned about the health of orangutan Sarikei and Dagmar the giraffe. (S)(AD)

9 PM

9.00 **NEW SERIES Spice Girls: How Girl Power Changed Britain** The story of the girl group, from their formation in the 1990s to their recent world tour during the time of #MeToo. *See feature, page 20.* (S)(AD)

10 PM

10.00 **Celebrity Gogglebox** A mix of famous friends and *Gogglebox* families – including Mo Gilligan and Babatunde Aleshe – take to their sofas to share their opinions on what they have been watching during the week. (S)(R)
11.05 **Sixteen: Class of 2021** New edition 3/4. Decisions about careers. *Previously scheduled for 9 September.* (S)(AD)
12.05 AM **Kitchen Nightmares USA** (R)
12.55 **Couples Come Dine with Me** (R)
1.50 **Joe Lycett's Got Your Back** (S)(R)
2.45 **Big Age** Comedy. (S)(SL)(R)(AD)
3.10 **Celebrity Undercover Boss USA**
4.00 **Autumn at Jimmy's Farm** (SL)(R)
4.55 **Location, Location, Location** (R)
5.50 **to 6.00** AM **Food Unwrapped** (R)

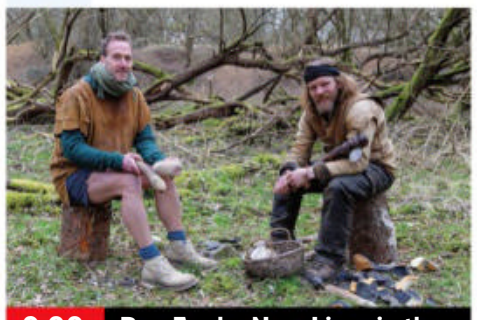
+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **The Nightmare Neighbour Next Door** (S)(R)
12.15 PM **News** (S)
12.20 **Traffic Cops** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.20 FILM **Killer Ending** Thriller. (S) (2018, 12, 100min) ★★
4.00 **Bargain Brits in the Sun** An inmate describes life inside Windmill Hill Prison. (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Terese is angry at Paul for making a snap decision. (S)(R)(AD)
6.00 **Home and Away** Dr Logan does his best to save Dean's life, but time is running out. (S)(R)(AD)
6.30 **News** (S)



9.00 Ben Fogle: New Lives in the...

7.00 GPs: Behind Closed Doors New edition Accidents and misadventures, including a 20-year-old who has noticed unusual blistering around her new tattoo, and a patient who has had a nasty fall down the stairs. (S)(AD)

8.00 The Yorkshire Vet New edition 2/12. A pregnant ewe is rushed to the animal hospital from Cannon Hall Farm, while for young vet Rohin, there's a day gaining vital experience on the farm. (S)

9.00 Ben Fogle: New Lives in the Wild New edition 3/5. Ben goes to the Suffolk countryside and a secretive patch of woodland, to meet Will, 50, who could be described as a true British caveman. (S)

10.00 Broadmoor: Serial Killers & High Security The workings of the high-security psychiatric hospital, Broadmoor, with testimony from those who have come face to face with Britain's most notorious killers. (S)(R)

11.30 **Criminals: Caught on Camera** Two officers encounter a man armed with two knives. (S)(R)
12.50 AM **Entertainment News** (S)
1.05 **21.co.uk Live Casino Show** (S)
3.05 **Entertainment News** (S)
3.10 **Secrets of Tutankhamun's Treasures** (S)(R)
4.00 **My Mum's Hotter Than Me!** (R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Monkey Life** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 9/23. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S3) (S)(R)(AD)
3.00 **Modern Family** (S1) (S)(R)
4.00 **Will & Grace** (S1) (S)(R)
5.00 **The Simpsons** (R)
5.30 **The Fresh Prince of Bel Air** 19/25. Will goes on a date with Jazz's sister Janet. (S)(R) **6.00** 20/25. Will offers his services to a posh English visitor. (S1) (S)(R)
6.30 **The Simpsons** *Last Tap Dance in Springfield:* A film about a sexy tango expert inspires Lisa to take up dancing. (R)

8.00 Supergirl

7.00 The Simpsons *It's a Mad, Mad, Mad, Mad Marge:* Otto ditches his fiancée at the altar. (R) **7.30** *Behind the Laughter:* A spoof behind-the-scenes special. Featuring the guest voice of Willie Nelson. (R)

8.00 Supergirl New episode *Dream Weaver:* 9/20. Kelly and Kara help a young orphaned alien boy who is acting up in foster care because he fears there is something wrong with his brother Orlando. (S6)

9.00 FILM **Spider-Man: Homecoming** Adventure starring Tom Holland. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. With Michael Keaton and Robert Downey Jr. (R) (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Wellington Paranormal** 3/6. Minogue and O'Leary visit a haunted house. (S)(R) **12.00** M'T 3/6. A werewolf attack is reported. (S1) (S)(R)
12.30 AM **Code 404** 3/6. (S2) (S)(R)
1.00 **Road Wars** (S)(R)
2.00 **The Force: Manchester** (R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **Magnum P.I.** (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00pm River City (S)(R) **8.00** EastEnders (S)(AD) **8.20-9.00pm** Holby City

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.30-9.00pm Ghosts Series finale (S)(AD) **10.35** Spotlight Special New edition (S) **11.35** Back to Life New episode (S)(AD) **12.05am** Ambulance (S)(R) **1.05-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
8.30-9.00pm Carol Vorderman: Closer to Home New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
1.45pm Welsh First Minister's Questions New edition (S) **2.35** Eggheads (S)(R) **3.05** The Big Painting Challenge (S)(R)(AD) **4.05** The Dark: Nature's Nighttime World (S)(R)(AD) **5.05-5.15pm** Coast (S)(R)

ITV

WALES
10.45-11.10pm NEW SERIES Fishlock's Choice

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cegin Bryn: Tir a Môr **12.30** Heno **1.00** Treialon Cwn Defaid Rhyngwladol 2021 **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Y Fets (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Wil ac Aeron: Taith yr Alban **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Cynefin New edition **10.00** Heliwr New episode **11.00-11.35pm** Arfordir Cymru: Llyn

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** From Dorset.
7.30 **The Joy of Painting** New edition A riverside scene.
8.00 **The Good Life** Tom considers leaving Surbiton.
8.30 **Porridge** Fletch goes into hospital.
9.00 **Jo Brand: No Holds Barred – imagine...** A profile of the comedian.
10.00 **Born Lippy: Mark Lawson Talks to Jo Brand** The comic's career.
11.00 **The Culture Show at Edinburgh: Funny Women** Being a woman in stand-up comedy.
11.30 **Some Dog Owners with Jokes** Shaggy dog stories.
12.00 M'T **Handmade in Bolton**
12.30 AM **Great British Railway Journeys** As 7pm.
1.00 **Jo Brand: No Holds Barred...** As 9pm.
2.00 **Born Lippy: Mark Lawson Talks to Jo Brand**
3.00 **to 4.00** AM **Inside America's Treasure House: The Met**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft** Leather earrings.
9.15 **A Place in the Sun**
11.05 **Escape to the Chateau: DIY** Dick Strawbridge helps Paul cut some vintage tiles.
12.10 PM **Heir Hunters**
1.10 **Four in a Bed**
3.50 **Find It, Fix It, Flog It**
5.55 **The Secret Life of the Zoo** Pedro the giant anteater faces a major operation.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge fixes up his temperamental van at his chateau.
7.55 **Grand Designs** Kevin McCloud meets dairy farmer Andrew and his wife Meryl, who want to build a modern house in Wiltshire, constructed from engineered timber, with a barrel-shaped roof.
9.00 **999: What's Your Emergency?** Police in South Yorkshire respond to cases of revenge.
10.00 **24 Hours in A&E** A woman is brought in with possible spinal injuries after falling from a second-floor window.
11.05 **8 Out of 10 Cats Does Countdown**
12.10 AM **999: What's Your Emergency?**
1.15 **24 Hours in A&E**
2.20 **8 Out of 10 Cats Does Countdown**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Love Bites**
6.55 **Ellen's Game of Games**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.30 **Ellen's Game of Games**
10.30 **Dress to Impress**
11.30 **Love Bites**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
2.00 **Supermarket Sweep**
3.00 **Dress to Impress**
4.00 **Love Bites**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**
7.00 **Superstore** 2/22. A strike ensues when Glenn is fired. **7.30** 3/22. Glenn tries to come off as a strict boss. (S2)
8.00 **Bob's Burgers** 8/21. Tina is in the running for a hall monitor promotion. **8.30** 9/21. Tina, Gene and Louise decide to join a go-kart league. (S5)
9.00 **Ready to Mingle** New edition Sophia's love triangle with Casey and Drew intensifies.
10.00 **Plebs** 7/8. The boys bump into an old schoolmate. **10.30** 8/8. Marcus and Stylax try to stop Cynthia and Metalla being deported. (S2)
11.05 **Family Guy** Double bill of episodes. (S17&16)
12.05 AM **American Dad!**
12.55 **Bob's Burgers**
1.50 **Superstore**
2.40 **Guinness World Records**
3.05 **to 3.20** AM **FYI Extra**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.30 **Ramsay's Kitchen Nightmares USA**
8.30 **Melissa & Joey**
9.30 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Mike & Molly**
4.00 **Brooklyn Nine-Nine**
4.30 **Married at First Sight UK**
5.30 **The Big Bang Theory**
7.00 **Hollyoaks** Warren meets with Fergus as the pair set their sights on The Hutch.
7.30 **Junior Bake Off** The best bits of the 2019 series, hosted by Harry Hill.
9.00 **Married at First Sight UK** New edition 10/21. A dream couple hit their first bump in the road.
10.00 **The Holden Girls: Mandy & Myrtle** New editions 3/8. Amanda receives some poor advice from her agent. **10.35** 4/8. Amanda gets the news that her album has been given the green light.
11.05 **Naked Attraction**
12.10 AM **Gogglebox**
1.15 **Married at First Sight UK**
2.15 **The Holden Girls: Mandy & Myrtle**
3.10 **First Dates**
4.05 **The Big Bang Theory**
4.30 **Brooklyn Nine-Nine**
4.55 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 29 | 123

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **The Force: Manchester**
11.00 **Law & Order** 18/24. (S14)
12.00 NOON **9-1-1** 7/18. (S2)
1.00 PM **Blue Bloods** 10&11/19. Double bill of episodes. (S10)
3.00 **999 Frontline**
4.00 **UK Border Force**
5.00 **Nothing to Declare**
6.00 **Border Security: Australia's Front Line**
6.30 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **9-1-1** *Under Pressure:* 1/18. A war veteran gets a live grenade embedded in his leg. (S2)

9 PM

9.00 **The Equalizer** New episode *Hunting Grounds:* 7/10. McCall races to find a woman snatched by a killer. (S1)

10 PM

10.00 **Law & Order: Special Victims Unit** *Sin:* 17/22. Munch discovers a murder victim was a male prostitute. (S8)
11.00 **Law & Order: Special Victims Unit** 21&22/24. (S12)
1.00 AM **New Amsterdam** (S3)
2.00 **Blue Bloods** 15/22. (S8)
3.00 **Blindspot** 6/22. (S4)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **The Guest Wing**
7.00 **Blue Bloods** (S5)
9.00 **Six Feet Under** (S4)
11.15 **Banshee** 3&4/10. (S1)
1.30 PM **The Wire** 10&11/12. (S3)
3.45 **Blue Bloods** 10&11/22. (S5)
5.40 **The Sopranos** 11/13. Tony books into the Plaza Hotel for a little peace and quiet, but his dreams are haunted by faces from the past. **6.45** 12/13. Adriana tells Christopher about her dealings with the FBI, and Johnny Sack gives Tony an ultimatum. (S5)

9.00 Britannia

7.50 **Game of Thrones** *The Lion and the Rose:* 2/10. The day of King Joffrey's wedding to Margaery Tyrell arrives, and Bran experiences a series of visions. (S4)

9.00 **Britannia** New episode 4/8. Lucius is recognised as a deserter. (S3) ■ Entire series available on Sky Box Sets

10.00 **Patrick Melrose** *Bad News:* 1/5. Drama based on the novels by Edward St Aubyn. Stars Benedict Cumberbatch. (S1)
11.15 **Dexter** 12/12. Doakes meets a tragic end. (S2) **12.20** AM 1/12. Dexter questions Harry's code. (S3)
1.25 **Californication** 2/12. (S7)
2.00 **Billions** 9/12. (S5)
3.05 **True Blood** 12/12. (S2)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

GOLD

110/111 110/111 124 | 310/343 358/392

7.30 AM **Fresh Fields**
9.00 **Hi-de-Hi!**
9.40 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
11.40 **The Green Green Grass**
12.20 PM **Hi-de-Hi!**
1.00 **Only Fools and Horses**
3.00 **The Story of Only Fools and Horses** Supporting characters.
4.00 **The Green Green Grass**.
4.40 **Last of the Summer Wine**
6.00 **Only Fools and Horses**
6.40 **Hi-de-Hi!** The staff's ingenuity is put to the test.

11.00 Peep Show

7.20 **The Green Green Grass** The family await the arrival of Tyler's French exchange student.

8.00 **Only Fools and Horses** The Trotters journey to Holland to dabble in the diamond import business – with old foe Inspector Slater hot on their trail. With Jim Broadbent.

10.00 **Live at the Apollo: Christmas Special** With Romesh Ranganathan, Seann Walsh, Spencer Jones and Kerry Godliman.
11.00 **Peep Show** Double bill.
12.05 AM **Live at the Apollo** Featuring Jason Manford and Michael McIntyre.
1.05 **The Interviews** A profile of actor Julie Walters.
2.05 **Bridget & Eamon**
2.45 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.10 **Man About the House**
9.45 **On the Buses**
10.20 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot**
5.50 **The Darling Buds of May** Charley escapes from the office to go strawberry-picking with the Larkins.

10.00 Manhunt

6.55 **Maigret** *Maigret Goes to School:* A terrified schoolteacher is convinced he is about to be accused of murder.

8.00 **Midsomer Murders** *The Miniature Murders:* A real estate mogul is murdered in front of a crowd during the opening of a dolls house exhibit at the Midsomer Museum of the Family. Guest stars Joanna Page and Eleanor Bron.

10.00 **Manhunt** 2/3. Colin Sutton and his team try to identify the white van discovered from CCTV images. (S1)
11.00 **Maigret** As shown at 6.55pm.
12.10 **to 2.10** AM **A Touch of Frost** *Close Encounters:* A security guard's body is found at the scene of a burglary and an autistic teenager is arrested for the murder – triggering a chain of tragic events.

+1 hour 219 174 58 116

ITV4

120 120 818 | 118 178 | 25 | 117

6.00 AM **The Protectors**
6.25 **The Champions**
7.15 **Robin of Sherwood**
8.15 **The Avengers**
9.20 **The Sweeney**
10.25 **Minder**
11.30 **The Champions**
12.35 PM **The Big Match Revisited**
1.35 **Robin of Sherwood**
2.40 **The Avengers**
3.45 **The Sweeney**
4.50 **Minder**
5.55 **The Big Match Revisited** Action from March 1975.

10.00 Ransom

7.00 **The Chase Celebrity Special** Jonathan Ross, Katy Brand, Chris Hollins and Jo Wood take on a trivia expert for charity.

8.00 **Bear & Jonny Wilkinson's Wild Adventure** The ex-rugby union stars joins Bear Grylls to explore Dartmoor's harsh terrain.

9.00 **Gordon, Gino and Fred: American Road Trip** The trio travel from Nevada to Los Angeles, flying over the Grand Canyon.

10.00 **FILM** **Ransom** Thriller starring Mel Gibson, Rene Russo and Gary Sinise. (1996, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **Lethal Weapon** 13/15. Cole and Murtaugh investigate a case involving a father and daughter crossing the Mexican border, while Trish must face elements of her past. (S3)
1.25 **Minder**
2.25 **to 2.50** AM **The Protectors**

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
7.00 PM **Paramedics on Scene** Gary and Stephen help a patient with a rare autoimmune disease.
7.30 **Island Medics** A man who relocated to Shetland is admitted to A&E.
8.00 **The Battle for Scotland's Countryside** David Hayman presents a personal view of access to Scotland's countryside.
9.00 **The Nine**
10.00 NEW **Undisputed: The Life and Times of Ken Buchanan** The life and career of the Scottish boxing legend Ken Buchanan, who was arguably Scotland's greatest world champion boxer.
11.00 PM **to 12.00** M'T **Fight: The Jim Murray Story** The impact of an infamous championship boxing match.

Sky Max

113/114 113/114 122 121 | 345 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Arrow** 1/22. (S7)
9.00 **Supergirl** 9/20. (S1)
10.00 **The Flash** 9/23. (S1)
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Magnum P.I.** 2/16. (S3)
3.00 **Condor** 10/10. (S1)
4.00 **Supergirl** 10/20. (S1)
5.00 **The Flash** 9/23. (S1)
6.00 **Rob & Romesh vs Cricket: The Test**
7.00 **An Idiot Abroad 2**
8.00 **Supergirl** New episode *Dream Weaver:* 9/20. Kelly meets a young orphaned alien boy. (S6)
9.00 **Rob & Romesh vs Anthony Joshua**
10.00 **Brassic** 3&4/6. (S2)
12.00 M'T **DC's Legends of Tomorrow** 11/15. (S6)
1.00 AM **Road Wars**
2.00 **The Force: Manchester**
3.00 **Hawaii Five-0** (S2)
4.00 **Magnum P.I.** 2/16. (S3)
5.00 **to 6.00** AM **Highway Cops**

Pick

159 156 35 144

7.00 AM **Highway Patrol**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Nothing to Declare**
12.00 NOON **Border Patrol**
1.00 PM **Border Security USA**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Star Trek: The Next Generation** 8/26. (S7)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Deep Space Nine** 25/26. (S3)
8.00 **MacGyver** 17/23. (S2)
9.00 **Elementary** 12/13. (S7)
10.00 **Fringe** 7/20. (S1)
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **The Force: Manchester**
2.00 **Police Force: Australia**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 259 145

E!

151 151 835 | 164 163

7.00 AM **Funny Dance Show**
8.00 **Keeping Up with the Kardashians** Double bill.
10.00 **News: Daily Pop**
11.00 NEW **Live from the Red Carpet: The Met Gala** From the Metropolitan Museum of Art of New York City.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Funny Dance Show**
4.00 **Botched**
5.00 **Total Bellas**
6.00 **Hollywood Medium with Tyler Henry**
7.00 **True Hollywood Story**
8.00 **Live from the Red Carpet: The Met Gala**
10.00 **We Got Love Teyana & Iman**
10.30 **Nightly Pop**
11.00 **Botched by Nature**
12.00 M'T **Botched**
1.00 AM **Kourtney & Kim Take Miami**
2.00 **Teleshopping**
3.00 **Big Rich Texas**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 181 132 | 307/344 359/370

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S9)
12.00 NOON **My Wife and Kids** 4&5/27. (S3)
1.00 PM **Friends** (S3&4)
9.00 FILM **The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. A perky waitress saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★★
10.55 FILM **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Kristy Swanson. (1999, 12, 95min) ★★★
12.40 AM **Baywatch** (S3)
1.40 **South Park** (S2)
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 133

ITV Be

131 119 179 | 27 | 119

7.00 AM **Olivia Meets Her...**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.30 PM **The Real Housewives of Potomac**
1.30 **Olivia Meets Her Match**
2.30 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of New York City** New edition Reality series.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Ferne McCann: First Time Mum** New edition Ferne tries to put her life back together.
10.00 **The Real Housewives of Atlanta** Yovanna makes a shocking claim.
11.00 **Love Island USA** New edition
11.55 PM **to 12.55** AM **The Only Way Is Essex**

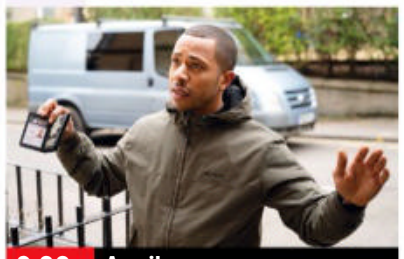
+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 | 126 212 | 312 | 382

7.15 AM **Murdoch Mysteries** (S10)
9.00 **Rizzoli & Isles** 6/16. (S4)
10.00 **Unforgettable** 11/13. (S3)
11.00 **Hudson & Rex** 14/16. (S3)
12.00 NOON **Miss Fisher's Murder Mysteries** 8/13. (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Good Wife** 5/22. (S3)
5.00 **Rizzoli & Isles** 7/16. A teacher is killed in a hit-and-run. (S4)
6.00 **Unforgettable** 12/13. An actor is shot dead in his dressing room. (S3)



9.00 Annika

7.00 **Hudson & Rex** *Seeing is Deceiving:* 15/16. A magician dies during a practice-run of her latest routine. (S3)

8.00 **Death in Paradise** *Murder from Above:* 1/8. A billionaire's fiancée falls from a balcony the day before her wedding. (S7)

9.00 **Annika** New episode 5/6. The team look into the death of a man who was thrown in the river from a party boat. (S1)

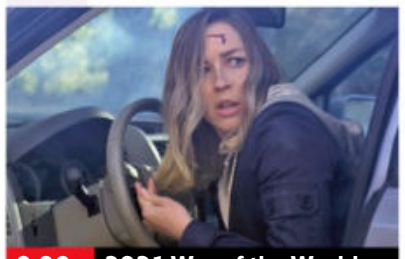
10.00 **Why Women Kill** *They Made Me a Killer:* 5/10. Alma learns how cruel Rita can be, but turns it to her advantage. (S2)
11.00 **The Good Wife** 6/22. Two students with diplomatic immunity are accused of murdering a classmate. (S3)
12.00 M'T **Unforgettable** (S3)
1.00 AM **Miss Fisher's Murder Mysteries** 8/13. (S2)
2.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

152 152 836 | 139 138 | 347 | 362

6.00 AM **Siren** 7/16. (S2)
7.00 **Star Trek: The Next Generation** 17/26. (S3)
8.00 **Teleshopping**
11.00 **Project Blue Book** 5/10. (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **A Town Called Eureka**
2.00 **Star Trek: Deep Space Nine**
3.00 **Siren** 7/16. (S2)
4.00 **Quantum Leap** 6/22. (S3)
5.00 **Stargate Atlantis** 4/20. (S3)
6.00 **Project Blue Book** 5/10. The mysterious Man in Black kidnaps Hynek. (S2)



9.00 2021 War of the Worlds

7.00 **Star Trek: The Next Generation** *Sins of the Father:* 17/26. Worf must fight to save his family's honour. (S3)

8.00 **Quantum Leap** *Black on White on Fire:* 7/22. Sam materialises as a lovesick medical student in 1965 Los Angeles. (S3)

9.00 **FILM 2021 War of the Worlds** Sci-fi thriller with Tom Sizemore. Sibling astronomers discover Martians are threatening to invade, but no one believes them until the aliens attack New York. (2021, 12, 78min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

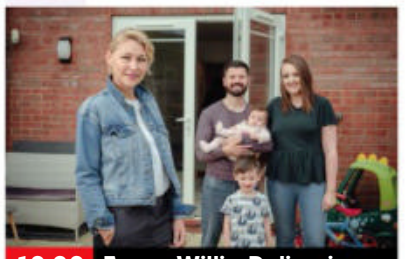
11.00 **Fringe** 1/22. Drama with Anna Torv and John Noble. (S4)
12.00 M'T **Wynonna Earp** (S2)
2.00 AM **Quantum Leap** As 8pm.
3.00 **Stargate Atlantis** (S3)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **A Town Called Eureka**

+1 hour 252 229

W

109/110 109/110 | 125 211 | 311 | 383

6.15 AM **My Dream Home**
8.05 **MasterChef USA**
10.00 **The Bill**
11.00 **Bang on Budget**
1.00 PM **Tipping Point**
3.00 **Property Brothers: Forever Homes** Drew and Jonathan tackle the kitchen, living, dining and workout rooms of a tired Las Vegas property.
4.00 **My Dream Home** Double bill.
6.00 **Property Brothers: Forever Homes** The brothers help a couple renovate and update their dream home.



10.00 Emma Willis: Delivering...

7.00 **MasterChef Australia** New edition Pastry chef Anthony Hart challenges the contestants to create a delicate dessert.

8.00 **Never Seen a Doctor** Katie Piper meets people who have been avoiding their health troubles for years.

9.00 **Inside the Ambulance: Coast and Country** Paramedics are called to a woman with a broken leg and facial injuries.

10.00 **Emma Willis: Delivering Babies in 2020** Emma meets a Sammy and Damian, who are hoping to have a water birth.
11.00 **One Born Every Minute** Three couples in different circumstances prepare for their new arrivals.
12.00 M'T A pregnant woman experiences false alarms.
1.00 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 | 135 123 | 346 | 361

8.00 AM **Everybody Hates Chris**
9.00 **The Mindy Project** (S5)
10.00 **Parks and Recreation** (S5)
11.00 **Trollied** 11-13/13. (S3)
12.30 PM **Silicon Valley** (S1)
1.45 **Curb Your Enthusiasm** (S8)
3.00 **Modern Family** (S1)
4.00 **Will & Grace** (S1)
5.00 **30 Rock** 10/21. (S1)
5.30 **The Fresh Prince of Bel Air**
6.30 **Silicon Valley** 3/8. Jared discovers the name Pied Piper is already registered to an irrigation company. (S1)

10.35 The Tonight Show...

7.05 **Silicon Valley** 4/8. Richard makes a drunken promise to Erlich. (S1)
7.40 **Curb Your Enthusiasm** 3/10. Larry develops a fondness for the chicken at a Palestinian restaurant. **8.20** 4/10. Larry is irritated by his girlfriend's texting etiquette. (S8)

9.00 **Bored to Death** 3/8. Jonathan is given a major opportunity. **9.30** 4/8. Jonathan takes on a gang of bullies.

10.00 **Bored to Death** 5/8. A convict needs help. (S1)
10.35 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.30 **Wellington Paranormal** 3&4/6. Double bill. (S1)
12.30 AM **Code 404** 3/6. (S2)
1.00 **The Late Late Show with James Corden** New edition
1.55 **Trollied** 4/8. (S1)
2.25 **Curb Your Enthusiasm** (S8)
3.35 **30 Rock** 10/21. (S1)
4.00 **to 5.00** AM **The Mindy Project**

Dave

111/112 | 127 227 | 19 | 157 | 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Timber Kings**
9.00 **Celebrity Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Top Gear**
2.00 PM **Cop Car Workshop**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Long Weekends** The chef visits the city of Thessaloniki, revered as the gourmet capital of Greece.
6.00 **QI XL** With Julia Zemiro, Matt Lucas and David Mitchell.

10.00 Alan Davies: As Yet...

7.00 **Richard Osman's House of Games** With Michael Buerk and Elis James.
7.40 **Would I Lie to You?** WIth Jack Dee, Romesh Ranganathan, Gaby Roslin and Tinchy Stryder.
8.20 **QI** With guest panellists Jason Manford, Aisling Bea and Johnny Vegas.

9.00 **QI XL** Guests Phill Jupitus, Sara Pascoe and Josh Widdicombe join regular Alan Davies and host Stephen Fry.

10.00 **Alan Davies: As Yet Untitled** New edition 8/10. With Nina Conti, Bill Bailey, Munya Chawawa and Morgana Robinson.
11.00 **Taskmaster** Joe Thomas has a disastrous birthday.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.40 **Would I Lie to You?**
2.30 **QI** As 8.20pm.
3.00 **to 4.00** AM **Insert Name Here**

+1 hour 211 131 23

7 PM **8 PM** **9 PM** **10 PM**

GREAT! tv

157 | 189 | 49 | 142

6.00 AM **Due South** (S3)
7.00 **Crazy Like a Fox** (S2)
8.00 **Hart to Hart** 12/23. (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **Starsky & Hutch** (S1)
11.00 **T.J. Hooker** 7/22. (S2)
12.00 NOON **Crazy Like a Fox**
1.00 PM **Hart to Hart** (S1)
2.00 **Sue Thomas: F.B.Eye**
3.00 **Castle** 3/24. (S3)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **M*A*S*H** (S7)
8.00 **Randall and Hopkirk (Deceased)** *For the Girl Who Has Everything:* 12/26. Jeff and Marty embark on a ghost hunt at a haunted castle. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
2.00 **Charlie's Angels** (S5)
3.00 **Starsky & Hutch** (S1)
3.45 **T.J. Hooker** 7/22. (S2)
4.30 **Due South** 9/26. (S3)
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 | 147 | 364

6.00 AM **Benjamin Britten's Gloriana**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **The Eighties**
12.00 NOON **Goya – Visions of Flesh and Blood**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Van Gogh & Japan**
4.00 **Music Icons**
4.30 **Video Killed the Radio Star** Tina Turner.
5.00 **Tales of the Unexpected**
6.00 **Discovering: Ed Harris**
7.00 **Landmark**
8.00 **Lucian Freud: A Self Portrait**
9.00 NEW **Thomas Hardy: Fate, Exclusion and Tragedy** Documentary.
10.00 **Muriel Spark by Ian Rankin**
11.00 **Destiny's Child Live in Atlanta** From 2006.
1.30 AM **How It Feels to Be Free** Documentary.
3.30 **Video Killed the Radio...**
4.00 **to 6.00** AM **Highlights**

4seven

137 | 143 203 48 | 127

9.00 AM **Four in a Bed**
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Find It, Fix It, Flog It**
11.30 **A Place in the Sun**
1.30 PM **The Great House Giveaway**
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
7.00 **Changing Rooms** Two sets of neighbours make over each other's rooms in Barnstaple, Devon.
8.00 **Jamie Oliver: Together** 1/4. The chef prepares meals for social events.
9.00 **Ugly House to Lovely House with George Clarke** A dark and dated south-west London home is renovated.
10.00 **First Dates** A Disney fan seeks a fresh start.
11.05 **Spice Girls: How Girl Power Changed Britain**
12.10 AM **24 Hours in A&E**
1.15 **Celebrity SAS: Who Dares Wins** Triple bill.
4.20 **to 4.50** AM **Big Age**

5USA

141 141 | 153 | 21 | 129

9.00 AM **Murder, She Wrote**
10.00 **NCIS** 7&8/23. (S2)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Forced Entry:* 9/23. A Marine's wife kills an intruder. (S2)
6.55 **Entertainment News**
7.00 **NCIS** *Chained:* 10/23. DiNozzo spots an opportunity to recover valuable, stolen Iraqi art. **8.00** *Black Water:* 11/23. The team let a private investigator come on board in a bid to find a missing person. (S2)
9.00 **Law & Order: Criminal Intent** *Ex-Stasis:* 16/23. A shooting victim is found with her kidney removed. (S4)
10.00 **Law & Order: Special Victims Unit** (S14&17)
1.50 AM **Law & Order: Criminal Intent**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 | 151 | 31 | 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Rich House, Poor House**
10.00 **Filthy House SOS**
11.00 **Dogs Behaving (Very) Badly** A security dog.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rich House, Poor House**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Filthy House SOS**
9.00 **Killer at the Crime Scene** New edition
10.00 **Wentworth: The Final Sentence** New episode
11.00 FILM **The Hand That Rocks the Cradle** Suspense thriller. (1992, 15, 110min) ★★★★
1.20 AM **Critical Surgery: Changing Lives**
2.15 **Drunk Tank Hangover**
3.10 **Neighbours**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

Drama

143 | 130 | 20 | 158

7.30 AM **Doctor Finlay**
8.30 **The Bill**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Peak Practice**
3.20 **Bergerac**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **Bread**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Barry competes with a neighbour.
8.00 **The Last Detective** *Towpaths of Glory:* 2/4. A former soldier is murdered. (S3)
9.35 **New Tricks** *Lottery Curse:* A skeleton is found in the foundations of a swimming pool.
10.55 **Bad Girls** *Standing Up:* Gina and Di come to blows over Mark.
12.05 AM **Dalziel & Pascoe**
2.15 **to 4.00** AM **Lovejoy**

+1 hour 243 226 73

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY

Documentaries

CBS Drama

147 197 67 134

9.00 AM **Walker, Texas Ranger** 16/28. (S1)
10.00 **Matlock** 1/19. (S7)
11.05 **CSI: Miami** 2/24. (S3)
12.00 NOON **Medium** (S6)
1.00 PM **JAG** (S6)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Dead Meat:* 21/22. An animal rights activist disappears while investigating a meat processing plant. (S6)
10.00 **CSI: Miami** *Under the Influence:* 3/24. A woman is pushed under a bus. (S3)
11.00 **Unsolved Mysteries** The story of how a serial killer who murdered 40 women was finally brought to justice.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **CSI: Miami** As 10pm.
3.55 **Bondi Rescue**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 40 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 14/25. (S7)
2.05 **CSI: Miami** 23/25. (S4)
3.00 **NCIS** 3/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Scorpion** 22/22. (S1)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Blast from the Past:* 16/24. A murder victim is found to be using an alias. (S12)
10.00 **NCIS: Los Angeles** *Crimeleon:* 15/24. Two executives are murdered. (S3)
11.00 **Scorpion** 1/25. (S2)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** 1/25. (S2)
2.55 **Walker, Texas Ranger**
3.50 **Medium** 5/13. (S7)
4.35 **JAG** 10/24. (S6)
5.20 **to 6.00** AM **Karma's a B****

Challenge

160 160 47 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Strike It Lucky**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **The Chase** Quiz.
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **Pointless Celebrities** With soap stars Joe Swash and John Altman, Nick Pickard and Ali Bastian, Victoria Bush and Zaraah Abrahams, and Sharon Maughan and Tina Hobley.
7.00 **Pointless** Quiz show.
8.00 **The Chase** Triple bill of the general knowledge quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Wheel of Fortune**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **The King of Queens**
7.00 **Teleshopping**
9.00 **Friends** (S3&5)
11.00 **The Middle** (S9)
1.00 PM **The King of Queens**
3.00 **My Wife and Kids** (S3)
5.00 **Everybody Loves Raymond** Eight episodes.
9.00 **Friends** 1/25. Ross and Rachel leave Las Vegas as a married couple. **9.30** 2/25. Monica and Chandler decide to move in together. (S6)
10.00 **Bob's Burgers** 15/22. Louise wins a contest. **10.30** 16/22. Bob works at a local sandwich shop. **11.00** 17/22. Gene tries to save a plankton blob. **11.30** 18/22. The kids visit a theatre. (S9)
12.00 M'T **Bob's Burgers** (S9)
2.00 **Lee Evans: Roadrunner**
3.00 **Comedy Game Night**
3.45 **Takeshi's Castle**
4.25 **The Ricky Gervais Show**
5.15 **to 6.00** AM **The King of Queens**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Divide and Conquer: The Story of Roger Ailes**
8.00 **First Ladies**
9.00 **Discovering: Katharine Hepburn**
10.00 **The Directors**
11.00 **The Guest Wing**
12.00 NOON **The Nineties**
12.50 PM **The Comedy Store**
2.00 **John McEnroe: In The Realm of Perfection**
3.50 **My Icon: Leon Pryce**
4.00 **Discovering: Katharine Hepburn**
5.00 **The Directors**
6.00 **The Guest Wing**
7.00 **The Nineties**
7.50 **The Comedy Store**
9.00 **Kipchoge: The Last Milestone**
10.40 **Belushi** Documentary.
12.50 AM **Framing John DeLorean** Docudrama.
3.00 **The Directors**
4.00 **Discovering: Katharine Hepburn**
5.00 **to 6.00** AM **First Ladies**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Orangutan Jungle School** Orphan Josh needs his wrist examined.
8.00 **Monkey Life**
9.00 **Waterworld Africa**
10.00 **Arabian Inferno**
11.00 **Land of Primates**
12.00 NOON **Into the Wild...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Waterworld Africa**
4.00 **Arabian Inferno**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life**
8.00 **Wildlife Icons**
9.00 **Monkey Island**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Arabian Seas**
1.00 AM **Nomads of the Serengeti**
2.00 **Wildlife Icons**
3.00 **Monkey Island**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Waterworld Africa**

HGTV

158 286 43 166

7.00 AM **Homes Under the Hammer** From Ireland.
8.00 **Building the Dream**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **Extreme Makeover: Home Edition**
1.00 PM **Fixer Upper: Behind the Design** New edition
1.30 **My Lottery Dream Home**
2.00 **A Place in the Sun**
3.00 **Building the Dream**
4.00 **DIY SOS: The Big Build**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 NEW SERIES **My Lottery Dream Home International** Double bill.
10.00 **My Lottery Dream Home**
11.00 **Fixer Upper: Behind...**
11.30 **My Lottery Dream Home**
12.00 M'T **Extreme Makeover...**
1.00 AM **DIY SOS: Big Build**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Beachfront Bargain Hunt** New editions

+1 hour 258 290

Food Network

140 285 42 148

6.00 AM **Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Friday Night Feast**
9.00 **Ainsley's Food We Love**
10.00 **Farmhouse Rules**
11.00 **Girl Meets Farm**
12.00 NOON **River Cottage**
1.00 PM **Jamie's 30 Minute Meals** Double bill.
2.00 **Yorkshire's Finest**
3.00 **Asian Adventure**
4.00 **Madhur Jaffrey's Curry Nation**
5.00 **The Pioneer Woman** New edition
6.00 **Jamie's 30 Minute...**
7.00 **Great British Bake Off**
8.00 **Ainsley's Food We Love**
9.00 **Ramsay's Ultimate Cookery Course**
10.00 **Food Tour of Britain**
11.00 **Restaurant: Impossible** New edition
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Fast N' Loud**
7.00 **American Pickers**
8.00 **Barnwood Builders**
9.00 **How It's Made: Dream Cars**
9.30 **Dallas Car Sharks**
10.00 **Inside West Coast Customs**
11.00 **Fast N' Loud Revved Up**
12.00 NOON **Fantomworks**
1.00 PM **Kindig Customs**
2.00 **Wheeler Dealers**
4.00 **Airplane Repo**
5.00 **Gold Divers**
6.00 **Yukon Men**
7.00 **American Pickers**
8.00 **Fast N' Loud**
9.00 **Deadliest Catch**
10.00 **Life Below Zero** New edition
11.00 **Life Below Zero**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **to 6.00** AM **Highlights**

+1 hour 272 214 151

Paramount Network

150 187 150 32 132

9.00 AM **Entertainment News**
9.10 **Criminals: Caught on Camera**
9.45 **Traffic Cops**
11.45 FILM **The Last Wagon** Western starring Richard Widmark. (1956, PG, 99min) ★★★
1.50 PM FILM **Chuka** Western with Rod Taylor. (1967, PG, 105min) ★★
4.00 **World's Strongest Man 2017** Action from the fifth heat in Botswana.
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **999: Motorway Emergency** Lives are endangered when a truck reverses down the M1.
10.00 **Banged Up Abroad**
11.00 **Fights, Camera, Action!**
12.00 M'T **Airport Security: Peru** Cocaine is hidden in a shipment of toys.
1.00 AM **Car Crash TV**
2.00 **Fights, Camera, Action!**
3.00 **to 5.00** AM **Criminals Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
8.00 **Canada's Front Line**
9.00 **Nothing to Declare**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Britain's Most Evil Killers**
1.00 PM **Killer Families**
2.00 **The Killer Within**
3.00 **World's Most Evil Killers**
4.00 **Murders That Shocked the Nation**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Snapped**
3.00 **The Killer Within**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An investigator makes an impression of a shoe print found in the snow. **7.30** A daughter tries to find out what happened to her father.
8.00 **Something's Killing Me** Patients die mysteriously during a critical care nurse's shifts.
9.00 **Fatal Vows** Financial problems prompt a happy couple to turn on each other.
10.00 **Murder By the Sea** New edition Deadly tales from the UK's coastlines.
11.00 **Cold Blood**
12.00 M'T **It Takes a Killer**
1.00 AM **Fatal Vows**
2.00 **Murder By the Sea**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** From Surrey.
1.00 PM **Homes Under the Hammer** From Glasgow.
2.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Emergency** New edition A trainee jockey needs treatment after breaking her pelvis.
10.00 **Helicopter ER** New edition The team help a motocross racer who has been involved in a life-threatening crash.
11.00 **Ghost Adventures** Double bill of editions.
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.55 **American Restoration**
8.25 **UFO Files**
9.25 **Ancient Aliens**
10.20 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Pawn Stars**
7.00 **Dickinson's Real Deal**
9.00 **MysteryQuest** Investigating the secret organisation Odessa, formed to help Nazis escape from Germany after World War Two. **10.00** Experts investigate the origins of Stonehenge.
11.00 **American Ripper in London** Jeff and Amaryllis challenge Ripper myths in the hunt for a link to HH Holmes.
12.00 M'T **Storage Wars**
2.00 AM **Wicked Tuna**
3.00 **Highway Thru Hell**
3.45 **Counting Cars**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... Atlanta**
11.00 **Something Borrowed, Something New**
12.00 NOON **Say Yes to the Dress** Double bill.
1.00 PM **Curvy Brides...**
2.00 **Say Yes... Lancashire**
3.00 **Sister Wives**
4.00 **Dr. Pimple Popper: Pop Ups** Vinnie is concerned about a big birthmark on his neck.
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **sMothered** New edition
9.00 NEW SERIES **Life After Lockup** Sarah's husband and boyfriend meet.
11.00 **Dr Pimple Popper**
12.00 M'T **sMothered**
1.00 AM **Life After Lockup**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **Entertainment News**
9.05 **Murder in Mind: A Morning Show Mystery**
11.00 **GPs: Behind Closed Doors** A patient with an out-of-date inhaler.
12.00 NOON **The Yorkshire Vet**
1.00 PM **The Dog Rescuers with Alan Davies**
3.00 **GPs: Behind Closed Doors** Double bill.
5.00 **The Yorkshire Vet**
7.00 **How the Victorians Built Britain**
8.00 **World War II in Colour**
9.00 NEW SERIES **Walking Wartime Britain** 1/6.
10.00 **Secrets of the SAS: In Their Own Words**
12.00 M'T **101 Events that Made the 20th Century**
1.05 AM **JFK's Secret Killer: The Evidence**
2.05 **Faking the Moon Landings: Conspiracy**
3.05 **VE Day: The Lost Films**
3.55 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Scrap Kings**
7.10 **Salvage Hunters: Classic Cars**
8.00 **Salvage Hunters: The Restorers**
9.00 **Wheeler Dealers**
10.00 **Disasters at Sea**
11.00 **Mega Shippers**
12.00 **Aussie Gold Hunters**
1.00 PM **Scrap Kings**
2.00 **Salvage Hunters: The...**
3.00 **Salvage... Classic Cars**
4.00 **Salvage Hunters**
5.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Born Mucky: Life on the Farm** New edition
10.00 **American Pickers** New edition
11.00 **British Speedway**
12.00 M'T **NASA's Unexplained Files**
1.00 AM **Unexplained Files**
2.00 **to 6.00** AM **Highlights**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes... Atlanta**
8.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Murder Tapes**
2.00 **Disappeared**
3.00 **Faking It: Tears of a Crime** The murder of student Becky Watts.
4.00 **Say Yes... Bridesmaids**
5.00 **Say Yes... Lancashire**
6.00 **Say Yes... The Big Day**
7.00 **Long Lost Family**
8.00 **My 600lb Life**
9.00 **1000lb Sisters** New edition
10.00 **The Bad Skin Clinic** New edition
11.00 **The Killer in My Family**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Orangutans**
5.30 **to 6.00** AM **Curvy Brides Boutique**

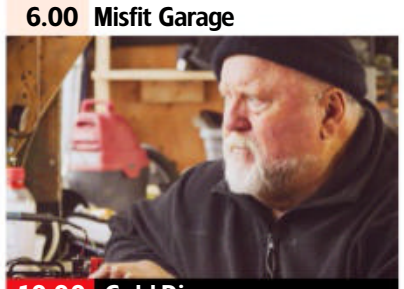
+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Trading up an old Jaguar.
7.00 **Deadliest Catch**
8.00 **Building Off the Grid**
9.00 **Edge of Alaska**
10.00 **Diesel Brothers**
11.00 **Wheeler Dealers**
12.00 NOON **Junkyard Empire**
1.00 PM **Gold Rush: Dave Turin's Lost Mine** Double bill.
3.00 **Richard Hammond's Big**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers: Dream Car**
6.00 **Misfit Garage**


10.00 Gold Divers

7.00 **Outback Truckers** In the final stages of transporting cargo to Micronesia, Mark faces volatile weather.
8.00 **Kindig Customs** The 1957 Fairlane build reaches a conclusion as the car is body-worked, assembled, painted and upholstered.
9.00 **Gold Rush: Winter's Fortune** New edition The gold miners of the Yukon take their operations to the next level.
10.00 **Gold Divers** New edition Following dredgers based in Alaska as they try to collect gold from the bottom of the Bering Sea.
11.00 **Combat Dealers**
12.00 M'T **Gold Rush: Winter's Fortune** As 9.00pm.
1.00 AM **Gold Divers** As 10.00pm.
2.00 **Deadliest Catch**
4.00 **Gold Rush: Winter's Fortune**
4.50 **Wheeler Dealers: Dream Car** A Japanese sports car.
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **The Zoo** A sea lion pup is weaned off her mother's milk. **3.00** A camel develops a large abscess on its head.
4.00 **The Vet Life** A sweet bearded dragon is laying bad eggs.
5.00 **Amanda to the Rescue** Amanda Giese and her family tackle hopeless canine cases. **6.00** Amanda helps a puppy with neurological issues.

6.00 Amanda to the Rescue

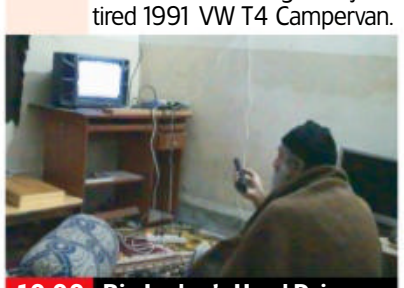
7.00 **Amanda to the Rescue** Amanda Giese meets a French bulldog whose medical condition is quickly deteriorating.
8.00 **Big Cat Tales** After a few months away, the team discover the Marsh Pride is missing after a skirmish with the six nomad lions.
9.00 **The Zoo: San Diego** A white rhino undergoes an intense medical procedure in the hope of saving the species.
10.00 **My Cat from Hell** Jackson Galaxy revisits cat owners to recap on their stories, and finds out how their cats have done.
11.00 **My Cat from Hell** Jackson meets a skydiver who owns two ferocious Savannah cats.
12.00 M'T **Animal Cops Houston**
2.00 AM **Alaskan Bush People**
3.00 **Finding Bigfoot**
3.50 **Crikey! It's the Irwins**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **World's Biggest Battleship: Draining the Ocean** The site of one of the largest naval battles in history.
9.00 **Drain the Oceans**
10.00 **Lost Treasures of Egypt**
11.00 **Ancient X Files**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **Nazi Megastructures**
2.00 **Air Crash Investigation**
4.00 **Seconds from Disaster**
5.00 **World's Fastest Train**
6.00 **Car S.O.S** Restoring a very tired 1991 VW T4 Campervan.


10.00 Bin Laden's Hard Drive

7.00 **Car S.O.S** Tim and Fuzz help the owner of a Triumph Stag who lost the use of his legs in a hit-and-run accident.
8.00 **9/11: One Day in America** Stories of survivors who made it out of the south tower and the paramedics who came to their aid.
9.00 **9/11: One Day in America** Personal accounts of the hijack of Flight 93, as well as the attack on the Pentagon.
10.00 **Bin Laden's Hard Drive** An in-depth analysis of al-Qaeda co-founder Osama bin Laden's declassified personal files.
11.00 **Air Crash Investigation**
1.00 AM **Narco Wars** Nazario Moreno turns a drug cartel into Mexico's first narco cult.
2.00 **Drugs Inc**
3.00 **Nazi Megastructures: Battle Ready**
4.00 **to 5.00** AM **Nazi Megastructures**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Salvage Kings**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **American Pickers**
10.00 **Swamp People**
11.00 **Forged in Fire**
12.00 NOON **American Pickers**
1.00 PM **The Nostradamus Effect**
2.00 **The Curse of Oak Island**
3.00 **Salvage Kings**
4.00 **Pawn Stars**
5.00 **Swamp People**
6.00 **American Pickers** The guys get a lead on a rare VW Beetle.

8.00 Ancient Aliens

7.00 **Forged in Fire** The smiths run into a world of welding mishaps as they salvage metal for blades from a go-kart.
8.00 **Ancient Aliens** New edition Exploring whether space voyages into the cosmos are really a return to man's true origins.
9.00 **Book of Secrets with Lance Reddick** New edition The relationship between Martin Luther King and J Edgar Hoover.
10.00 **The UnXplained with William Shatner** New edition The power gold has held over mankind for many centuries.
11.00 **Paranormal: Caught on Camera** Hikers are stalked.
12.00 M'T **Curse of Skinwalker Ranch** A thermal experiment.
1.00 AM **Ancient Aliens**
2.00 **Salvage Kings**
3.00 **Paranormal: Caught on...**
4.00 **Swamp People**
5.00 **to 6.00** AM **Nostradamus...**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **A Tale of Two Sisters**
9.00 **Abandoned Engineering**
11.00 **Great British Railway Journeys** Double bill.
12.00 NOON **Antiques Roadshow**
1.00 PM **Railway Journeys with Chris Tarrant** In Alaska.
2.00 **Bangers and Cash**
3.00 **War Factories**
4.00 **Hitler's Most Wanted**
5.00 **Antiques Roadshow**
6.00 **Great British Railway Journeys** Double bill.

7.00 Bangers and Cash

7.00 **Bangers and Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction. **7 PM**
8.00 **Secret Nazi Bases** In Poland lies a forgotten Nazi complex, the purpose of which largely remains a mystery. **8 PM**
9.00 **Adolf Hitler's War** The Soviets cross the German border – with a death toll of over 40 million, a new Europe will emerge. **9 PM**
10.00 **The Search for Hitler's Bomb** A look at how close the Nazi's got to developing a functioning nuclear device. **10 PM**
11.00 **'Allo 'Allo!** Fanny and Leclerc's wedding is moved to coincide with an audacious rescue plan. **11.40** General Von Klinkerhoffen is declared insane and taken to hospital.
12.15 AM **'Allo 'Allo!**
12.55 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Combat Dealers**
8.00 **NASA's Unexplained Files** Unexplained transmissions.
9.00 **Treasures of the Terracotta Army**
10.00 **Blood and Fury: America's Civil War**
11.00 **How Trains Changed the World** Documentary.
12.00 NOON **Combat Dealers**
1.00 PM **Mysteries of the Missing** A 2014 disaster.
2.00 **Expedition Unknown**
3.00 **How the Universe Works**
4.00 **Edge of War**
5.00 **Ghosts of Stonehenge**
6.00 **Mysteries at the Museum** A portrait.
7.00 **Expedition Unknown**
8.00 **Blowing Up History**
9.00 **Cooper's Treasure**
10.00 **How the Universe Works**
11.00 **Dark Matters**
12.00 M'T **Aircraft Stories**
1.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Tall & Tiny: Nature's Extremes**
11.00 **World of Oceans**
12.00 NOON **Empire of the Desert Ants**
1.00 PM **Snow Bears**
2.00 **Tall & Tiny: Nature's Extremes**
3.00 **Life in the Great Wetlands**
5.00 **The Zoo**
6.00 **World of Oceans**
7.00 **Snow Bears**
8.00 **Tall & Tiny: Nature's...**
9.00 **Life in the Great Wetlands**
10.00 **Snow Bears**
11.00 **World of Oceans**
12.00 M'T **The Zoo**
1.00 AM **Tall & Tiny...**
2.00 **World of Oceans**
3.00 **The Zoo**
3.50 **Tall & Tiny: Nature's...**
4.40 **World of Oceans**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Animal Fight Club**
9.00 **Winter's Hidden Wonders** Documentary.
10.00 **Asia's Weirdest**
11.00 **Asia's Wild Secrets**
12.00 NOON **Snakes in the...**
1.00 PM **Winter's Hidden...**
2.00 **Asia's Weirdest**
3.00 **Asia's Wild Secrets**
4.00 **Critter Fixers: Georgia...**
5.00 **Snakes in the City**
6.00 **Secrets of the Zoo**
7.00 **Africa's Hunters**
8.00 **Cesar Millan: Better Human Better Dog** New edition
9.00 **The Incredible Dr Pol** New edition
10.00 **Critter Fixers: Georgia Vets** New edition
11.00 **Snakes in the City**
12.00 M'T **Africa's Deadliest**
1.00 AM **Animal Fight Club**
2.00 **Photo Ark: Monkey Business**
3.00 **The Alps** Documentary.
4.00 **to 5.00** AM **10 Animals That Will Kill You**

Sky History 2

163 163 840 272

8.00 AM **Digging Up Britain's Past**
10.00 **Conspiracy**
11.00 **Digging for the Truth**
1.00 PM **Ancient Aliens**
2.00 **Brad Meltzer's Lost History** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **Brad Meltzer's Decoded**
7.00 **Human Weapon**
8.00 **Britain's Most Historic Towns** Exploring the Plantagenet era through the history of Canterbury. **9.00** Professor Alice Roberts explores the story of Stewart Britain by visiting Stirling.
10.00 **Conspiracy** A look at four conspiracy theories concerning the Nazis.
11.00 **Ancient Aliens**
1.00 AM **Brad Meltzer's Decoded**
2.00 **Human Weapon**
3.00 **Britain's Most Historic Towns** Double bill.
5.00 **to 6.00** AM **Conspiracy**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **World's Greatest: Cities**
9.35 **The Tank: Weapon of the 20th Century**
10.40 **The Black Church: This Is Our Story, This Is Our Song** New edition
11.55 **The First World War**
1.00 PM **Beautiful Serengeti**
2.00 **World's Greatest: Cities**
3.05 **The Tank: Weapon of the 20th Century**
4.10 **The Black Church: This Is Our Story, This Is...**
5.20 **The First World War**
6.30 **World's Greatest: Cities**
7.30 **The Tank: Weapon of the 20th Century**
8.35 **The Black Church...**
9.55 **The First World War**
11.00 **World's Greatest: Cities**
12.05 AM **The Tank: Weapon of the 20th Century**
1.10 **The Black Church...**
2.15 **The First World War**
3.05 **to 4.00** AM **World's Greatest: Cities**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **I Am a Killer**
12.00 NOON **The First 48**
1.00 PM **Homicide Hunter**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Fear Thy Neighbour**
8.00 **Very Scary People** The story of serial killer Dr Michael Swango.
9.00 **Invisible Monsters** New editions Double bill.
11.00 **Homicide Hunter**
12.00 M'T **Killer Kids**
1.00 AM **Invisible Monsters**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **I Am a Killer**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 848 401 501 515

6.30 AM **The Outside Story** (2020)
8.10 **Me, Myself and Di** (2021)
9.55 PREMIERE **End of Sentence**
11.55 **Bombshell** As 8.00pm.
2.00 PM **No Man's Land** Action adventure starring Jake Allyn. (2020, 12, 114min) ★★★
4.00 **Minari** Romantic drama with Steven Yeun. Partly subtitled. (2020, 12, 115min) ★★★★
6.00 **Hero Mode** Comedy starring Chris Carpenter and Mira Sorvino. (2021, 12, 88min) ★★

10.00 End of Sentence

8 PM **8.00** **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on Fox News head Roger Ailes and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10.00** PREMIERE **End of Sentence** Drama starring John Hawkes and Logan Lerman. (2019, 15, 96min) ★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **11.45** **The Outside Story** Drama starring Brian Tyree Henry and Sonequa Martin-Green. (2020, 15, 85min) ★★★★
1.20 AM **Hero Mode** As 6.00pm.
2.55 **Beast Beast** Drama starring Shirley Chen and Will Madden. (2020, 15, 85min) ★★★
4.30 **to 6.15** AM **Me, Myself and Di** Comedy starring Katy Clayton. (2021, 12, 93min) ★

+1 hour 312

Sky Cinema Hits

303 403 503 517

7.40 AM **Kajillionaire** As 7.00pm.
9.35 **The Last Shift** As 9.00pm.
11.15 **Never Rarely Sometimes Always** Drama starring Sidney Flanigan. (2020, 15) ★★★★
1.05 PM **In the Loop** As 10.40pm.
3.05 **Cosmic Sin** Sci-fi thriller. (2020, 15, 88min) ★★
4.45 **Milk** Biopic with Sean Penn. (2008, 15, 128min) ★★★★
7.00 **Kajillionaire** Comedy drama starring Evan Rachel Wood. (2020, 12, 104min) ★★★★

7.00 Kajillionaire

Kajillionaire (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Last Shift** Comedy drama starring Richard Jenkins. A man's final shift at his fast-food job takes an unexpected turn when he befriends a young colleague. (2020, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **In the Loop** Satirical political comedy from the creators of *The Thick of It*, starring Peter Capaldi, Tom Hollander and James Gandolfini. (2009, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **You Should Have Left** Psychological thriller starring Amanda Seyfried and Kevin Bacon. (2020, 18, 93min) ★★
2.15 **Cosmic Sin** As 3.05pm.
3.55 **to 6.15** AM **Milk** As 4.45pm.

Sky Cinema Family

306 306 850 406 506 520

7.15 AM **My Friend the Dolphin**
8.55 **Playing with Fire** As 5.20pm.
10.35 **Come Away** As 7.00pm.
12.15 PM **Adventures of Rufus: The Fantastic Pet** As 12.45am.
1.40 **Two Brothers** As 2.20am.
3.30 **Monte Carlo** Comedy. (2011, PG, 108min) ★★★
5.20 **Playing with Fire** Comedy. (2019, PG, 96min) ★★
7.00 **Come Away** Fantasy drama starring David Oyelowo. (2020, PG, 94min) ★★★

3.30 Monte Carlo

8.50 **Proximity** Family sci-fi drama starring Ryan Masson. A young scientist is abducted by extra-terrestrials, but when no one believes his story he becomes obsessed with finding proof. (2020, PG, 119min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

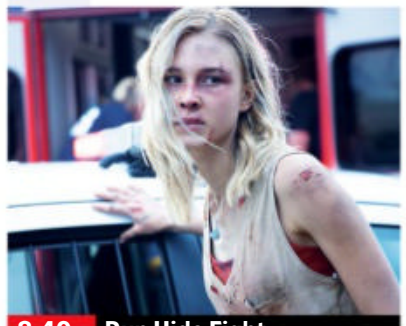
10.55 **My Friend the Dolphin** Family adventure starring Lola Sultan, Patrick Muldoon and Logan Allen. (2019, U, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Adventures of Rufus: The Fantastic Pet** Adventure. (2020, PG, 82min) ★
2.20 **Two Brothers** Adventure drama starring Guy Pearce. (2004, U, 105min) ★★★
4.15 **to 6.15** AM **Monte Carlo**

Sky Cinema Action

307 307 851 407 507 521

6.30 AM **Batman** As 6.30pm.
8.40 **Run Hide Fight** As 8.40pm.
10.35 **The Revenant** Western. (2015, 15, 153min) ★★★★★
1.10 PM **Under Siege** As 2.25am.
2.55 **Take Back** Action thriller. (2021, 15, 89min) ★★
4.30 **San Andreas** Disaster thriller. (2015, 12, 114min) ★★★
6.30 **Batman** Tim Burton's adventure starring Michael Keaton and Jack Nicholson. (1989, 15, 121min) ★★★★


8.40 Run Hide Fight

8.40 **Run Hide Fight** Crime drama starring Isabel May. A teenager uses her wits and survival skills to fight for her life, and those of her fellow classmates, against a group of school shooters. (2020, 15, 109min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Expendables** Action adventure directed by and starring Sylvester Stallone, co-starring Jason Statham, Jet Li and Dolph Lundgren (2010, 18, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Money Train** Action comedy with Wesley Snipes. (1995, 18, 110min) ★★
2.25 **Under Siege** Action thriller. (1992, 15, 98min) ★★★
4.15 **to 6.00** AM **Take Back**

Sky Cinema Comedy

308 308 852 408 508 522

6.00 AM **The Big Wedding** (2012)
7.40 **Chef** As shown at 6.25pm.
9.40 **Golden Arm** As 8.25pm.
11.15 **Me You Madness** As 10pm.
1.00 PM **The Bounty Hunter**
2.55 **Irresistible** Political comedy. (2020, 15, 102min) ★★★
4.40 **Spontaneous** Comedy starring Katherine Langford. (2020, 15, 101min) ★★★★
6.25 **Chef** Comedy starring Jon Favreau and Robert Downey Jr. (2014, 15, 114min) ★★★★

8.25 Golden Arm

8.25 **Golden Arm** Comedy starring Mary Holland. A baker competes against the reigning Women's Arm Wrestling Champion for a chance at the grand prize. (2020, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Me You Madness** Comedy directed by and starring Louise Linton. (2021, 15, 98min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Big Wedding** Romantic comedy starring Robert De Niro, Katharine Heigl, Diane Keaton and Amanda Seyfried. (2012, 15, 87min) ★
1.25 AM **The Bounty Hunter** Romantic comedy thriller with Jennifer Aniston, Gerard Butler and Jason Sudeikis. (2010, 12, 110min) ★★★
3.20 **Spontaneous** As 4.40pm.
5.05 **to 6.50** AM **Irresistible** As shown at 2.55pm.

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **The Browning Version**
7.50 **Rio Grande** As 4.00am.
9.50 **The Untouchables** As 5.55pm.
12.00 NOON **The Big Heat** As 8pm.
1.50 PM **The Omen** As 9.45pm.
3.50 **The Birds** As 11.50pm.
5.55 **The Untouchables** Brian De Palma's gangster thriller starring Kevin Costner, Sean Connery, Andy Garcia and Robert De Niro. (1987, 15, 119min) ★★★★

8.00 **The Big Heat** Classic gangster thriller starring Glenn Ford, Lee Marvin and Gloria Grahame. A police sergeant opens a can of worms when he investigates the suicide of a corrupt cop. (1953, b/w, 15, 90min) ★★★★
9.45 **The Omen** Horror starring Gregory Peck and Lee Remick. The American ambassador in London realises that his son is the Antichrist. With David Warner and Billie Whitelaw. (1976, 15, 111min) ★★★★★

11.50 **The Birds** Hitchcock horror with Tippi Hedren and Rod Taylor. (1963, 15, 118min) ★★★★★
2.05 AM **The Browning Version** Drama. (1994, 15, 97min) ★★
4.00 **to 6.00** AM **Rio Grande** John Ford Western with John Wayne. (1950, b/w, U, 107min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.00 AM **Early Man** Animation. (2018, PG, 87min) ★★★★
8.35 **Boonie Bears: Blast Into the Past** As shown at 3.35am.
10.10 **Dragon Rider** As 4.25pm.
11.45 **Open Season 2** As 6.00pm.
1.05 PM **Rio** As shown at 7.20pm.
2.45 **The Prince of Egypt** As 9pm.
4.25 **Dragon Rider** Animation featuring the voice of Felicity Jones. (2020, PG, 91min) ★★★

6.00 **Open Season 2** Animated comedy adventure sequel. (2008, PG, 73min) ★★★
7.20 **Rio** Animated adventure with the voice of Jesse Eisenberg. (2011, U, 95min) ★★★★
9.00 **The Prince of Egypt** Animated biblical epic with the voices of Val Kilmer and Ralph Fiennes. (1998, U, 99min) ★★★★
10.45 **Mission: Panda** Animation. (2019, PG, 84min) ★
12.15 AM **Curious George** Animation. (2006, U, 87min) ★★★★

1.50 **My Little Pony: The Movie** Animation. (2017, U, 99min) ★★
3.35 **Boonie Bears: Blast Into the Past** Animation. (2019, U) ★★
5.10 **to 6.35** AM **The Care Bears Movie II: A New Generation** Children's animated adventure. (1986, U, 77min) ★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.10 **Ride the High Country** Western. (1961, PG, 93min) ★★★★
9.20 **The VIPs** Glossy melodrama. (1963, PG, 117min) ★★★
11.55 **The Gun That Won The West** Western. (1955, U, 71min) ★★
1.30 PM **The Blood Beast Terror** Chiller. (1967, 18, 88min) ★
3.30 **Murder at the Gallop** Mystery. (1963, b/w, U, 81min) ★★★

5.20 **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★
7.00 **Alias Jesse James** Comedy Western starring Bob Hope. An insurance agent is mistaken for a gunslinger in the Wild West. (1959, U, 92min) ★★
9.00 **Fire Down Below** Action thriller starring Steven Seagal. A federal agent goes undercover to investigate illegal toxic waste dumping. (1997, 18, 101min) ★
11.15 **The Big Short** Fact-based drama. (2015, 15, 130min) ★★★★

1.55 AM **Tigerland** Military drama. (2000, 18, 101min) ★★★
3.45 **Off Set** With Ben Miller.
4.00 **Close Up** Jake Gyllenhaal.
4.30 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Impact** Thriller. (1963) ★★
7.15 **The Agitator** (1945, b/w) ★★
9.15 **Look at Life**
9.30 **Sir Francis Drake** 10/26. (S1)
10.00 **Highly Dangerous** Comedy thriller. (1950, b/w, U) ★★
11.45 **The Long Night**
1.45 PM **Carry On Children**
2.00 **The Mind of Mr JG Reeder**
3.00 **Painted Boats** Drama. (1945, b/w, U, 57min) ★★

4.15 **Passport to Pimlico** Comedy with Stanley Holloway. (1949, b/w, U, 80min) ★★★★★
5.55 **Glimpses: The Ideal Home Exhibition March 1964**
6.00 **One Step Beyond** 19/22. (S1)
6.35 **Blackout** Thriller with Maxwell Reed and Dinah Sheridan. (1950, b/w, PG, 73min) ★★
8.00 **The Human Jungle**
9.00 **Notorious** Hitchcock thriller starring Cary Grant, Ingrid Bergman and Claude Rains. (1946, b/w, U, 101min) ★★★★★

11.00 **Yesterday's Hero** Drama. (1979, U, 95min) ★★
12.50 AM **Downhill Racer** Sports drama starring Robert Redford. (1969, PG, 101min) ★★★
2.55 **From the Terrace** Drama. (1960, PG, 144min) ★★★
5.45 **to 6.00** AM **Monte Carlo Rally**

Horror

317 149 68 138

8.00 AM **Star Trek** 8/24. (S3)
9.00 **Star Trek: Voyager** 10/26. (S4)
10.00 **The 4400** 13/13. (S2)
11.00 **Heat Wave** Disaster thriller. (2009, PG, 74min) ★★
1.00 PM **Inferno** Disaster thriller. (1998, 12, 86min) ★★
3.00 **Battlestar Galactica** (S2)
4.00 **The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
6.00 **The 4400** 1/13. (S3)

7.00 **Star Trek: Voyager** *Concerning Flight:* 11/26. The ship is robbed of valuable equipment. (S4)
8.00 **First Wave** *Terminal City:* 21/22. Foster searches for a powerful Gua weapon. (S3)
9.00 **The Stepfather** Thriller starring Dylan Walsh, Sela Ward and Penn Badgley. A psychopath insinuates his way into the life of a divorced woman, but her oldest son is soon suspicious of his new stepfather-to-be. (2009, 15, 101min) ★★★

11.00 **Urban Legends: Bloody Mary** Horror. (2005, 15, 93min) ★★
12.50 AM **Fright Fest** Horror thriller. (2018, 15, 90min) ★
2.40 **to 4.30** AM **Pay the Ghost** Thriller. (2015, 15, 90min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.15 AM **Lone Survivor** (2013)
8.25 **Tenet** As shown at 7.30pm.
11.05 **Black and Blue** As 12.25am.
1.00 PM **The Negotiator** As 10pm.
3.25 **The Sweeney** Action thriller. (2012, 15, 112min) ★★★
5.25 **Lone Survivor** Fact-based Afghanistan War drama starring Mark Wahlberg. (2013, 15, 118min) ★★★★
7.30 **Tenet** Action thriller starring John David Washington. (2020, 12, 150min) ★★★★★

5.25 Lone Survivor

Tenet (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Negotiator** Action thriller starring Samuel L Jackson and Kevin Spacey. An expert hostage negotiator becomes a hostage taker to prove his innocence after being framed. (1998, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Black and Blue** Crime drama starring Naomie Harris. (2019, 15, 108min) ★★★
2.25 **The Sweeney** As 3.25pm.
4.30 **to 6.30** AM **Bulletproof** Action drama starring Thomas Jane. (2019, 15, 110min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.10 AM **The Perks of Being a Wallflower** As 4.30am.
8.00 **The Last Black Man in San Francisco** As 4.00pm.
10.05 **The Impossible** As 6.05pm.
12.05 PM **Let Him Go** As 8.00pm.
2.05 **Crash** As shown at 12.30am.
4.00 **The Last Black Man in San Francisco** Drama with Jimmie Fails. (2019, 15) ★★★★
6.05 **The Impossible** Disaster drama starring Naomi Watts. (2012, 12, 109min) ★★★★

4.00 The Last Black Man in...

8.00 **Let Him Go** Crime drama starring Kevin Costner, Diane Lane and Kayli Carter. A retired sheriff and his wife, grieving over the death of their son, set out to find their only grandson. (2020, 15, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sleepers** Fact-based drama starring Kevin Bacon. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Crash** Urban drama starring Sandra Bullock. (2004, 15, 112min) ★★★★
2.30 **Sprinter** Sports drama. (2018, 15, 114min) ★★★
4.30 **to 6.25** AM **The Perks of Being a Wallflower** Coming-of-age drama. (2012, 12, 98min) ★★★★

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.00 AM **Blumhouse's Fantasy Island** As shown at 6.00pm.
8.05 **Honeydew** As 8.00pm.
10.10 **Sea Fever** As 1.40am.
12.00 NOON **Butt Boy** As 3.20am.
1.55 PM **The Shining** Chiller. (1980, 15, 119min) ★★★★★
4.10 **The Grudge** Mystery horror starring Andrea Riseborough. (2019, 15, 94min) ★★
6.00 **Blumhouse's Fantasy Island** Horror comedy with Michael Peña. (2020, 15, 109min) ★★

10.00 Hostel

8.00 **Honeydew** Horror thriller starring Sawyer Spielberg, Malin Barr and Barbara Kingsley. Strange cravings and hallucinations befall a young couple after seeking shelter with an ageing farmer and her son. With Stephen D'Ambrose. (2020, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Hostel** Horror thriller starring Jay Hernandez and Derek Richardson. (2005, 18, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Blade 2** Action horror sequel starring Wesley Snipes, Kris Kristofferson and Ron Perlman. (2002, 18, 117min) ★★★★
1.40 AM **Sea Fever** Thriller starring Connie Nielsen, Dougray Scott and Hermione Corfield. (2019, 15, 95min) ★★★★
3.20 **Butt Boy** Comedy thriller starring Tyler Rice, Shelby Dash, and Tyler Cornack. (2019, 15, 99min) ★★
5.00 **to 7.00** AM **The Shining**

Sky Cinema Assassins

302 402 502 516

6.25 AM **Horrible Bosses** (2011)
8.10 **The Rhythm Section** Thriller. (2019, 15, 109min) ★★★
10.05 **Angel Has Fallen** As 6.55pm.
12.10 PM **Kill Ben Lyk** As 1.40am.
1.40 **Deliver Us from Evil** Thriller. (2020, 15, 108min) ★★★★
3.40 **Vantage Point** Action thriller. (2008, 12, 90min) ★★★
5.15 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
6.55 **Angel Has Fallen** Thriller. (2019, 15, 121min) ★★★

11.00 American Gangster

Angel Has Fallen (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

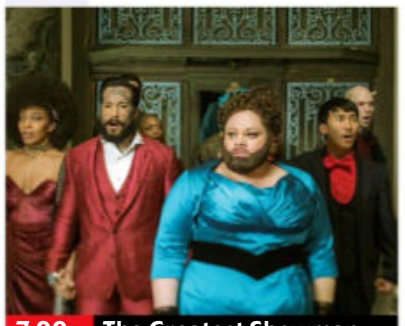
9.00 **Wanted** Fantasy action thriller starring James McAvoy and Angelina Jolie. A timid office worker discovers that his destiny is linked to a secret fraternity of super-assassins. With Morgan Freeman. (2008, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **American Gangster** Ridley Scott's epic crime drama starring Denzel Washington and Russell Crowe. A gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 150min) ★★★★
1.40 AM **Kill Ben Lyk** Comedy thriller starring Martyn Ford. (2018, 15, 77min) ★★★
3.05 **Deliver Us from Evil**
4.55 **to 6.35** AM **Vantage Point**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Hell Is for Heroes!** World War Two action drama. (1962, b/w, 12, 90min) ★★★
12.50 PM **Anastasia** Historical drama. (1956, U, 105min) ★★★
3.00 **The Naked Truth** Comedy. (1957, b/w, U, 88min) ★★★
4.50 **Billion Dollar Brain** Thriller. (1967, PG, 111min) ★★★
7.00 **The Greatest Showman** Musical with Hugh Jackman. (2017, PG, 102min) ★★★★


7.00 The Greatest Showman

The Greatest Showman (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible – Rogue Nation** Spy thriller sequel starring Tom Cruise and Jeremy Renner. The agents of the Impossible Mission Force become fugitives in order to bring down a shadowy society of assassins. (2015, 12, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **Drag Me to Hell** Horror thriller starring Alison Lohman, Justin Long and Lorna Raver. A bank executive falls victim to a curse after refusing a loan to an old gypsy woman. (2009, 15, 94min) ★★★
1.35 **to 4.00** AM **The Love Witch** Comedy horror starring Samantha Robinson. (2016, 15, 120min) ★★★

11 PM

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **The Lady from Shanghai** Classic film noir thriller. (1948, b/w, PG, 87min) ★★★★★
7.45 **The Key** Wartime melodrama. (1958, b/w, 12, 134min) ★★★
10.10 **All the King's Men** Drama. (1949, b/w, PG) ★★★★★
12.20 PM **Walk, Don't Run** Romantic comedy. (1966, U, 114min) ★★
2.40 **Footsteps in the Fog** Thriller. (1955, PG, 90min) ★★★
4.30 **Georgy Girl** Drama with Lynn Redgrave and James Mason. (1966, b/w, 15, 100min) ★★★
6.35 **Sabrina** Billy Wilder comedy with Humphrey Bogart, Audrey Hepburn and William Holden. (1954, b/w, U, 113min) ★★★★
9.00 **Awakenings** Fact-based medical drama starring Robert De Niro and Robin Williams. (1990, 12, 117min) ★★★★
11.25 **She Played With Fire** Crime drama starring Jack Hawkins. (1957, b/w, PG, 95min) ★★
1.15 AM **The Big Heat** Thriller. (1953, b/w, 15, 90min) ★★★★
3.00 **Culloden 1746** Historical drama. (1994, PG, 94min) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** Thriller. (1943) ★★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **10 Year Reunion** Thriller. (2016, PG, 85min) ★★
11.00 **The Wedding Stalker** Thriller. (2017, PG, 89min) ★★
1.00 PM **The Stranger Inside** Thriller. (2016, 12, 84min) ★★
2.50 **The Wrong Girl** Suspense drama. (1999, 12, 90min) ★★
4.40 **Jenny's Wedding** Comedy drama starring Katherine Heigl. (2015, 12, 91min) ★★★
6.35 **The Pursuit of Happyness** Rags-to-riches drama based on a true story, starring Will Smith. A single father endures poverty and homelessness as he tries to make the grade as a stockbroker. (2006, 12, 117min) ★★★
9.00 **Into the Ashes** Thriller, starring Frank Grillo. When his criminal past catches up with him, a reformed man faces the tough choice of whether to stay on his new path or take revenge. (2018, 15, 98min) ★★★
10.55 **Only God Forgives** Crime thriller. (2013, 18, 86min) ★★★
12.45 AM **Killerman** Action drama. (2018, 15, 112min) ★★★
3.10 **to 6.00** AM **Queen of the Desert** Biopic. (2015, PG) ★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **The Scarlet and the Black** Thriller. (1983, PG) ★★★
8.15 **Nautilus** Sci-fi adventure. (2000, PG, 97min) ★★
10.05 **Surface to Air** Gulf War action drama. (1997, 15, 93min) ★★
11.55 **If You Meet Sartana – Pray for Your Death** Western. (1968, 15, 95min) ★★★
1.50 PM **Domino Kid** Western. (1957, b/w, U, 74min) ★★
3.25 **The West Wall** Documentary.
4.35 **The Pride and the Passion** Epic adventure starring Cary Grant. (1957, PG, 130min) ★★
7.15 **Fire Twister** Disaster thriller starring Casper Van Dien and Lisa Ciara. (2015, 12, 90min) ★
9.00 **Seraphim Falls** Western starring Pierce Brosnan and Liam Neeson. A lone man finds himself relentlessly pursued by a posse led by a man with a burning mission of revenge. (2006, 15, 111min) ★★★★
11.15 **Mackenna's Gold** Western. (1968, 15, 136min) ★★★
1.40 AM **Apache Ambush** Western. (1955, U, 68min) ★★
3.00 **to 4.00** AM **The Blitz on Hamburg**

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas at Holly Lodge**
9.00 **Northern Lights of Christmas**
11.00 **A Crafty Christmas Romance**
1.00 PM **Mystery 101: Words Can Kill** As shown at 1.00am.
3.00 **A Christmas Tail** Family drama starring Rachael Leigh Cook. (2014, PG, 87min) ★★
5.00 **My Boyfriends' Dogs** Comedy starring Erika Christensen. (2014, PG, 84min) ★★
7.00 **Christmas at Holly Lodge** Romantic drama starring Alison Sweeney. The owner of a struggling inn in the mountains begins to fall for a man sent to assess the value of the property. (2017, U, 90min) ★★
9.00 **Northern Lights of Christmas** Romantic drama starring Ashley Williams. A woman has been working hard to become a pilot, but then inherits a farm, along with a handsome employee. (2018, PG, 90min) ★★
11.00 **A Crafty Christmas Romance** Drama. (2020, PG, 89min) ★★
1.00 AM **Mystery 101: Words Can Kill** Thriller starring Jill Wagner. (2019, PG, 90min) ★★
3.00 **to 5.00** AM **A Christmas Tail**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

The Voyeurs *Amazon Prime Video* Thriller starring Ben Hardy and Sydney Sweeney. ★★★
9.00PM **The Wedding Singer** *Comedy Central* Offbeat romantic comedy with Adam Sandler, Drew Barrymore and Allan Covert. ★★★★★
9.00 **2021 War of the Worlds** *Syfy* Sci-fi thriller starring Tom Sizemore. Sibling astronomers discover Martians are threatening to invade Earth, but no one believes them until the aliens attack New York. ★★
10.00 **Ransom** *ITV4* Thriller starring Mel Gibson, Rene Russo and Gary Sinise. A maverick airline executive turns the tables on the ruthless kidnappers who are holding his son to ransom. ★★★
10.55 **Big Daddy** *Comedy Central* Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. ★★★
11.00 **The Hand That Rocks the Cradle** *5STAR* Thriller starring Rebecca DeMornay as a psychotic nanny hell-bent on wreaking revenge. ★★★★

Tuesday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment.
7.00 **Good Morning Sports Fans** Including news and views on today's early stories.
7.30 **Early Kick-Off** The latest news from the Sky Sports News studio.
8.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Test Cricket Bitesize** England v India: Action from the fourth day's play of the fifth and final Test.
10.15 LIVE **Test Cricket England v India.** Coverage of the fifth and final day of the fifth and concluding Test in the series, taking place at Emirates Old Trafford, Manchester.
7.00 PM LIVE **EFL Bournemouth v Queens Park Rangers.** All the action from the Championship encounter at Vitality Stadium. Kick-off **7.45pm**.
10.15 LIVE **US Open 9-Ball Pool** Coverage of the second day at Harrah's Resort in Atlantic City.
1.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Alan Shearer**
7.30 **PL Legends: Michael Owen**
8.00 **MNF** Everton v Burnley.
9.45 **Matchday Plus**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** The presenter talks to Gianfranco Zola about matches they faced each other in.
12.30 PM **Gary Neville's Soccerbox** The presenter talks to Ian Wright.
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **MNF** Everton v Burnley.
5.45 **Matchday Plus** An alternative look at the clash between Manchester City and Leicester.
6.00 **Premier League Review** A look back at the weekend's action.
7.00 **Gillette Soccer Special** The latest news from tonight's games.
10.00 **Premier League Review**
11.00 **PL Retro** Liverpool v Manchester City from the 2013/14 season.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 09/10**
5.00 **Best PL Goals: Newcastle**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Highlights**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Finals C'Ship 13/14**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Play-Off Final: C'Ship 20/21**
3.30 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **MLS Round-Up Show**
6.30 **Soccer AM: The Best Bits**
7.00 LIVE **EFL Bournemouth v Queens Park Rangers.** From Vitality Stadium. Kick-off **7.45pm**.
10.15 **Scottish Premiership**
10.30 **Soccer AM: The Best Bits**
11.00 **EFL Greatest Games**
12.00 M'T **Soccer AM: The Best Bits**
12.30 AM LIVE **MLS Toronto FC v Inter Miami CF.** Kick-off **12.30am**.
2.40 **MLS** Josef Martinez.
2.45 **Scottish Premiership**
3.00 **EFL Play-off Final: C'ship 18/19**
4.00 **to 6.00** AM **EFL Play Off Final League 1 and 2 18/19**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Test Cricket** England v India.
7.00 **Test Cricket Bitesize**
8.00 **Best of T20 Blast Finals Day**
8.15 **Test Cricket** England v India.
9.15 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket England v India.** Coverage of the fifth and final day of the fifth and concluding Test in the series, taking place at Emirates Old Trafford, Manchester.
7.00 PM **T20 Blast 2019 Final Highlights** Worcestershire Rapids v Essex Eagles in the 2019 final at Edgbaston in Birmingham.
8.00 **Test Cricket** England v India: Action from the fifth and final day of the fifth and concluding Test in the series, taking place at Emirates Old Trafford, Manchester.
9.00 **T20 Blast 2019 Final Highlights** Worcestershire Rapids v Essex Eagles in the 2019 final at Edgbaston in Birmingham.
10.00 **Test Cricket** England v India.
11.00 **Test Cricket Bitesize**
11.15 **Talking Cricket**
11.45 **Test Cricket Bitesize**
12.00 M'T **Vitality T20 Blast Cricket**
4.00 AM **Test Cricket** England v India.
5.00 **to 6.00** AM **Best of England v India**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **British Masters Masterclass** Golfing tips.
7.00 **School of Golf**
8.00 **Golf Academy**
9.00 **Golf Today**
11.00 **European Tour Golf**
12.00 NOON **Ladies European Tour Golf** Action from the third day of the VP Bank Swiss Ladies Open in Zug, Switzerland.
3.00 PM **Golf Academy** Short game tips with Paul McGinley.
3.30 **Golf Academy** Featuring putting tips with Paul McGinley.
4.00 **Golf** Action from the Junior Team Golf Home Nations Championship.
5.30 **Challenge Tour Golf**
6.00 **PGA EuroPro Tour Golf**
8.00 **Ladies European Tour Golf**
9.00 **Challenge Tour Golf**
9.30 **British Masters Masterclass**
10.00 **Golf Today** The latest stories.
11.45 **Nick Dougherty's Tee Time Tips** Expert advice.
12.00 M'T **PGA EuroPro Tour Golf**
2.00 AM **British Masters Masterclass** Golfing tips.
3.00 **School of Golf**
4.00 **Golf Academy**
5.00 **to 6.00** AM **Best of the Open Zone 2017**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE NXT UK**
8.00 **BT Sport Fight Night**
12.00 NOON **BT Sport Goals Reload**
12.30 PM **ESPN FC** Football news.
1.00 **Premier League Review**
2.00 **Premier League World**
2.30 **Vanarama National League** Another chance to see King's Lynn Town v Dagenham & Redbridge.
4.00 **Vanarama National League Highlights** The latest action.
4.30 **WWE NXT Highlights**
5.30 LIVE **UEFA Champions League Sevilla v RB Salzburg.** Coverage of the Group G match from Estadio Ramon Sanchez Pizjuan. Kick-off **5.45pm**.
7.45 LIVE **UCL Goals Show** The latest goals from tonight's UEFA Champions League matches.
10.15 **WWE Monday Night Raw**
12.45 AM **MotoGP Rewind**
1.00 LIVE **WWE NXT** The next generation of wrestling stars showcase their talents.
3.15 **UFC – The Walk**
3.45 **MotoGP Rewind**
4.00 **FIM – International Six Days of Enduro**
5.00 **to 6.00** AM **WSL Presents**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Gallagher Premiership Rugby Highlights**
9.00 **ESPN FC** Football news.
9.30 **Super League Triathlon**
10.30 **Hero CPL**
12.00 NOON **Women's One-Day International Cricket**
1.00 PM **Hero CPL**
2.30 **Ligue 1 Highlights**
3.30 **Premier League Review**
4.30 **UEFA Champions League** Manchester City v Chelsea.
5.00 LIVE **UEFA Champions League Young Boys v Manchester United.** The Group F clash at Stade de Suisse. Kick-off **5.45pm**. *See feature, page 28.*
7.45 LIVE **UEFA Champions League Chelsea v Zenit St. Petersburg.** Coverage of the Group H match from Stamford Bridge. Kick-off **8.00pm**.
10.30 **UEFA Champions League Highlights** Goals and highlights from this evening's fixtures.
11.30 LIVE **Hero CPL** T20 cricket action from the Hero Caribbean Premier League.
4.00 AM **Inside AFL** Latest action.
4.30 **to 6.00** AM **Gallagher Premiership Rugby Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Football action.
7.00 **Ligue 1** Five editions.
12.00 NOON **Ligue 1** Nantes v Nice.
1.00 PM **Ligue 1** Lyon v Strasbourg.
2.00 **BT Sport Goals Reload**
2.30 LIVE **Hero CPL** T20 cricket action from the Caribbean.
7.00 **Inside AFL** Latest action
7.30 LIVE **UEFA Champions League Barcelona v Bayern Munich.** The Group E match from the Nou Camp. Kick-off **8.00pm**.
10.15 **Premier League Reload** A whirlwind catch-up on the weekend's top-flight action.
10.30 **Inside AFL**
11.00 **MotoGP Rewind** Action from the Grand Prix of Aragon.
11.15 **BT Sport Goals Reload**
11.30 **Super League Triathlon**
12.30 AM **UEFA Champions League** Young Boys v Manchester United.
1.00 Sevilla v RB Salzburg.
1.30 Chelsea v Zenit St Petersburg.
2.00 Barcelona v Bayern Munich..
2.30 Malmo v Juventus.
3.00 Villarreal v Atalanta.
3.30 Lille v VfL Wolfsburg.
4.00 Dynamo Kyiv v Benfica.
4.30 **UCL Stories of the Finals**
5.00 **to 6.00** AM **Ligue 1 Highlights**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
8.00 **NFL: A Football Life**
9.00 **NFL Highlights**
10.00 **NFL Bitesize Highlights** Back-to-back NFL action.
12.00 NOON **Good Morning Football** A discussion on the latest news from around the NFL.
3.00 PM **NFL Highlights**
6.00 **NFL Bitesize Highlights** Back-to-back NFL action.
7.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
9.00 **Inside the Huddle** A review of the latest matches and news from the season's opening weekend.
10.00 **NFL Highlights** Las Vegas Raiders v Baltimore Ravens.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts, this is the perfect companion to dominate your fantasy football leagues, providing key insights to build the best lineup.
12.00 M'T **Total Access**
1.00 AM **Inside the Huddle**
2.00 **NFL Highlights**
4.00 **Inside the Huddle**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **School of Golf**
6.30 **Women's Super League**
6.45 **My Icon** Triple bill.
7.30 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **Motorsport Mundial**
9.30 **Formula 1**
11.30 **Motorsport Mundial**
12.00 NOON **Rise With Us**
1.00 PM **Formula 1** Highlights of the British Grand Prix, the tenth round of the season, held at Silverstone.
2.00 **Formula 1** Action from the Belgian qualifying session.
3.00 LIVE **US Open 9-Ball Pool** Coverage of the second day of the tournament, taking place at Harrah's Resort in Atlantic City.
7.30 **Motorsport Mundial** The latest motorsport news and action.
8.00 **World Pool Masters** Action from day two of the 2019 World Pool Masters in Gibraltar.
9.00 LIVE **US Open 9-Ball Pool** Further coverage of the second day of the tournament from Harrah's Resort in Atlantic City.
1.30 AM **Motorsport Mundial**
2.00 **Rise With Us**
3.00 **Netball Superleague**
5.00 **to 6.00** AM **Formula 1**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **ESPN FC Presents: Gab & Juls**
9.00 **CFL: Calgary @ Edmonton**
2.00 PM **Around the Horn**
2.30 **Pardon the Interruption**
3.00 **ESPN FC** Football news.
3.30 **MLB: Padres @ Giants**
6.30 **Around the Horn**
7.00 **Pardon the Interruption**
7.30 **ESPN SportsCenter**
7.45 LIVE **UEFA Champions League Malmo v Juventus.** The Group H match from Eleda Stadion. Kick-off **8.00pm**.
10.00 **WRC Review**
11.00 **NHRA Drag Racing Highlights**
12.00 M'T LIVE **MLB Atlanta Braves v Colorado Rockies** From Truist Park. Start-time **12.20am**.
3.30 **to 6.00** AM **CFL**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
7.00 **Cycling: European Road Champs**
8.00 **Cycling: Vuelta a España**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Tokyo 2020: Taekwondo**
11.00 **World Superbikes**
12.00 NOON **World Superbikes Extra**
1.00 PM **The Cycling Show**
1.30 LIVE **Cycling: Tour of Luxembourg** Stage one.
3.30 **Olympics: Legends Live On**
4.30 **The Cycling Show**
5.00 **Cycling: European Road Champs**
6.00 **Show Jumping**
7.00 **Triathlon: Super League**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Cycling: Tour of Flanders**
9.15 **Motorsport: ESET V4 Cup**
9.30 **The Cycling Show**
10.00 **Cycling: Tour of Luxembourg**
11.00 **Bennetts British Superbikes**
12.00 M'T **Cycling: Tour of Luxembourg** Stage one.
1.00 AM **Cycling: Antwerp Port Epic**
2.00 **to 6.00** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Vuelta a España**
7.00 **The Judo Show**
8.00 **British Speedway**
9.00 **Cycling: European Road Champs**
11.00 **Hall of Fame – Tokyo 2020**
12.00 NOON **Formula E** Action from the New York ePrix.
1.00 PM **World Superbikes**
3.00 **The Judo Show**
4.00 **Australian Superbikes**
6.00 **British Speedway**
7.00 **Hall of Fame – Tokyo 2020**
8.00 **British Speedway**
9.00 **World Superbikes**
10.00 **Bennetts British Superbikes Extra** From Silverstone.
11.00 **Cycling: European Road Champs**
12.00 M'T **World Superbikes**
1.00 AM **Hall of Fame – Tokyo 2020** Memorable moments.
2.00 **World Superbikes**
3.00 **World Superbikes Extra**
4.00 **Tokyo 2020: Equestrian**
5.00 **to 6.00** AM **Cycling: Vuelta a España**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League 2019**
6.45 **Women's Super League**
7.00 **Betfred Super League**
8.00 **Netball Superleague**
10.00 **NBA: Charlotte @ Indiana**
12.00 NOON **British and Irish Lions Tour** South Africa v British & Irish Lions: Action from the second Test.
2.00 PM **Super League Highlights**
3.00 LIVE **US Open 9-Ball Pool** Coverage of the second day from Harrah's Resort in Atlantic City.
7.30 **My Icon** Chris Hughton.
7.40 LIVE **EFL Blackburn Rovers v Hull City.** Coverage of the Championship encounter from Ewood Park. Kick-off **7.45pm**.
9.45 LIVE **US Open 9-Ball Pool** Further coverage of the second day of the tournament.
1.30 AM **Super League Highlights**
2.00 **NBA: Washington @ Boston**
4.00 **NBA Classic Games**
5.00 **to 6.00** AM **Fight Night**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Grand Prix Sunday**
12.25 PM **Formula 1** Another chance to see the Italian Grand Prix.
2.30 **Chequered Flag**
4.00 **Ted on Tyres and Brake Magic**
4.10 **Lando Norris with Rachel**
4.30 **Formula 2 Championship**
5.10 **Ted's Story of Ferrari**
5.15 **Formula 2 Championship**
6.15 **Pierre Gasly on 2021**
6.25 **Psychology of Lewis Hamilton**
6.30 **Formula 2 Championship**
7.30 **The History of Aston Martin**
7.40 **Ted's Story of Ferrari**
7.45 **Formula 2 Championship**
8.45 **On the Inside: McLaren**
9.00 **Indycar** Action from the Grand Prix of Portland at Portland International Raceway.
10.00 **Formula 1** A look back at action from the Italian Grand Prix.
11.00 **Indycar** The GP of Portland.
12.00 M'T **Formula 1** The Italian GP.
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Wednesday

15 September Evening Planner

Football

Champions League
BT Sport 2 HD & BT Sport 3 HD, kick-offs 8pm
Liverpool v AC Milan, and Man City v RB Leipzig are the games with English teams

Documentary

This Week on the Farm
Channel 5 HD, 9pm
Jules Hudson celebrates autumn and the combine harvester, while the Nicholson brothers prepare for a royal visitor

Documentary

Fred and Rose West: Reopened
ITV HD, 9pm
Trevor McDonald joins a team chasing leads on more of the couple's crimes

OnDemand

NETFLIX

Schumacher
Available today
A profile of the seven-time F1 world champion, made with his family's support and featuring unseen footage

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 The Long Walk...	8.00 The Repair Shop		9.00 Celebrity MasterChef		10.00 News; Local News	10.35 Gossip Girl
102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Animals with Cameras		9.00 Jay's Yorkshire Workshop		10.00 Mock the Week	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation...	8.00 Heathrow...	8.30 Coronation...	9.00 Fred and Rose West: Reopened		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Changing Rooms		9.00 Grand Designs		10.00 The Man Putin Couldn't Kill	
105 CHANNEL 5	7.00 Coast to Coast with Robson Green		8.00 Coastal Devon & Cornwall with...		9.00 This Week on the Farm		10.00 Stalked: Murder in Slow Motion	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 DC's Legends of Tomorrow		9.00 Liverpool Narcos		10.00 Code 404	10.30 A League of...
ENTERTAINMENT								
116 BBC4	7.00 Great British...	7.30 Joy of Painting	8.00 Wild Brazil		9.00 Measuring Mass: The Last Artefact		10.00 Gunda: Mother, Pig	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Ready to Mingle		10.00 Family Guy	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Great Canal Journeys		10.00 Devon and Cornwall	
135 E4	7.00 Hollyoaks	7.30 Junior Bake Off			9.00 Married at First Sight UK			10.10 World's Greatest Weddings
107 SKY WITNESS	7.00 Nothing to Declare		8.00 9-1-1		9.00 New Amsterdam		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.45 The Sopranos	7.50 Game of Thrones			9.00 Billions		10.05 In Treatment	
110 GOLD		7.20 The Green Green Grass	8.00 Only Fools and Horses				10.00 The Story of Only Fools and Horses	
111 DAVE	7.00 Richard Osman's House...	7.40 Would I Lie to You?	8.20 QI		9.00 QI XL		10.00 Live at the Apollo	
119 ITV3	◂ 6.55 Maigret		8.00 The Booze Cruise: The Scattering				10.00 Manhunt	
120 ITV4	7.00 The Celebrity Chase		8.00 World Rally Championship Highlights		9.00 Gordon, Gino and Fred: American Road...		10.00 Film: Hellboy	
112 COMEDY CENTRAL	7.00 Friends				9.00 Rhod Gilbert's Growing Pains			
152 SYFY	7.00 Star Trek: The Next Generation		8.00 Quantum Leap		9.00 Film: Apocalypse of Ice			
109 W	7.00 MasterChef Australia		8.00 Extreme Food Phobics		9.00 Stacey Dooley in the USA			
114 SKY COMEDY	7.05 Silicon Valley	7.40 Curb Your Enthusiasm			9.00 Hitmen		10.00 Code 404	10.30 The Tonight...
132 ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise		9.00 Whiskey Cavalier		10.00 Evil	
130 SKY ARTS	7.00 Portrait Artist of the Year 2020		8.00 Sky Arts Book Club		9.00 Film: Romeo & Juliet			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Kindig Customs		9.00 Deadliest Catch			
162 ANIMAL PLANET	7.00 Tanked		8.00 Insane Pools: Off the Deep End		9.00 My Cat from Hell			
129 NAT GEO	7.00 Car S.O.S.		8.00 Lost Treasures of Egypt		9.00 Gordon Ramsay: Uncharted			
123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 Curse of Skinwalker Ranch		10.00 Mountain Men	
155 YESTERDAY	7.00 Bangers and Cash				9.00 'Allo 'Allo!			
121 SKY DOCS	7.00 The Nineties	7.50 The Comedy Store			9.00 Liverpool Narcos		10.00 Film: Bowling for Columbine	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Materna		8.00 Rose: A Love Story				10.00 Bombshell	
303 HITS	◂ 6.10 Safe Spaces		8.00 The Broken Hearts Gallery				10.00 The Craft: Legacy	
304 GREATS	7.00 The Bodyguard				9.10 Fight Club			
305 ANIMATION	◂ 6.25 Riverdance: The Animated Adventure		8.00 Lego: The Adventures of Clutch Powers			9.30 Happily N'Ever After		
306 FAMILY	7.00 Dolittle			8.50 Bratz				10.35 Magical...
307 ACTION	◂ 6.00 Escape Plan		8.00 Godzilla				10.05 The Expendables 2	
308 COMEDY	◂ 5.25 Coming...	7.25 The Comeback Trail			9.15 The Climb			
309 THRILLER	◂ 6.15 The Kid Detective		8.00 Logan Lucky				10.05 No Country for Old Men	
310 DRAMA	◂ 6.45 Little Women				9.00 The Imitation Game			
311 SCI-FI	◂ 6.00 Anon	7.45 Bloodshot				9.35 Alien: Director's Cut		
302 ASSASSINS	◂ 6.50 Terminator: Dark Fate				9.00 Jack Reacher			
313 FILM4	◂ 6.15 The Karate Kid				9.00 Wild Rose			
315 TCM MOVIES	7.05 Gunfight at Comanche Creek				9.00 Blood Father			
SPORT								
401 MAIN EVENT	7.00 EFL – Live: Stoke City v Barnsley: From bet365 Stadium (Kick-off 7.45)						10.00 Soccer Special Post-Match	
402 PREMIER LEAGUE	7.00 Gillette Soccer Special						10.00 PL World	10.30 Soccer AM...
403 FOOTBALL	7.00 EFL – Live: Stoke City v Barnsley: From bet365 Stadium (Kick-off 7.45)							10.15 EFL Highlights
404 CRICKET	7.00 Test Cricket						10.00 Cricket's...	10.30 Test Cricket...
413 BT SPORT 1	◂ 5.30 Football – Live	7.45 UCL Goals Show						10.15 WWE NXT
414 BT SPORT 2	7.00 UEFA Champions League – Live: Liverpool v AC Milan: From Anfield (Kick-off 8.00)							10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Close Calls: On Camera** New edition An injured climber. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Unbeatable** New edition Quiz. (S)
3.00 **Escape to the Country** New edition In the Peak District. (S)(AD)
3.45 **Garden Rescue** New edition The designers create an eco-friendly wildlife haven in Bristol. (S)
4.30 **Antiques Road Trip** New edition In East Sussex and Hampshire. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Celebrity MasterChef

7 PM

7.00 **The One Show** Jermaine Jenas presents the topical show. (S)
7.30 NEW **The Long Walk Home – Our Lives** The story of Christian Lewis, who has spent four years walking the coast of Great Britain. (S)(AD)

8 PM

8.00 **The Repair Shop** The team of experts bring three damaged treasures back to life – a tired teddy bear, an equestrian ceremonial blanket and an antique box used by a police detective in her early years on the job. (S)(R)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 16/18. The five remaining contenders begin Finals Week working with chef Calum Franklin to make pies, then serve up a dish inspired by sweet shops. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Gossip Girl** New episode *Fire Walks with Z*: 4/10. Kate gets an exciting opportunity. (S1) (S)(AD)
■ Series 1-7 on BBC iPlayer

11.30 **Hayley Goes...** New edition 3/7. Hayley Pearce explores what lessons can be learned from lockdown to reboot mental health, and examines the things that really matter in her life. The programme explores the importance of touch to well-being, as well as learning to accept things that cannot be controlled. (S)
■ Series 1-3 on BBC iPlayer
12.00 M'T **Weather for the Week Ahead**
12.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Weatherman Walking: The Welsh Coast** (S)(R)
8.30 **Sign Zone: Beechgrove** (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Eggheads** Quiz show. (S)(R)
1.30 **Make Me a Dealer** (S)(R)
2.15 **The Big Painting Challenge** (S)(R)
3.15 **The Dark: Nature's Nighttime World** Nocturnal creatures. (S)(R)
4.15 **Who Do You Think You Are?** (R)
5.15 **Flog It!** Unseen finds. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Kaye Adams, Mark Chapman, Philip Glenister and Thanyia Moore. (S)
6.30 **Take a Hike** New edition 3/15. Farmer Rosie walks along the Devon coast near Teignmouth. (S)

9.00 Jay's Yorkshire Workshop

7 PM

7.00 **Celebrity Antiques Road Trip** Helen Flanagan and Jorgie Porter are joined by experts Philip Serrell and James Braxton as they scour Scotland's finest antique shops in the hope of finding items that will make the biggest profit at auction. (S)(R)

8 PM

8.00 **Animals with Cameras** New edition 2/4. Chris Watts works with biologists and researchers to develop cameras tough enough for the Australian landscape, withstanding the heat and height that the animals have to live with. (S)(AD)

9 PM

9.00 **Jay's Yorkshire Workshop** New edition 4/6. Jay Blades meets a man in Huddersfield who set up a men's mental health charity, and a youth worker in the Manningham area of Bradford who turns people's lives around. (S)

10 PM

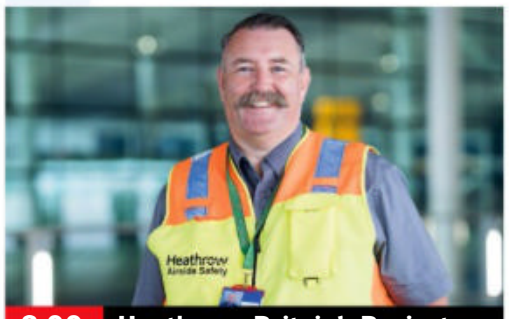
10.00 **Mock the Week** With Angela Barnes, Catherine Bohart, Ed Gamble, Rhys James and Michael Odewale. (S)(R)
10.30 **Newsnight** (S)

11.10 **Weather** (S)
11.15 FILM **The Beguiled** Period drama starring Colin Farrell. The arrival of a wounded American Civil War soldier brings jealousy and betrayal to a Southern girls' school. (S) (2017, 15, 90min) ★★★★
12.45 AM **Sign Zone: Secrets of the Museum** The Portland Vase is brought into the 21st century. (S)(R)
1.45 **Sign Zone: Celebrity MasterChef** 10/18. Turkish street food. (S)(R)
2.45 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(R)
3.00 **Tenable** Sally Lindsay hosts as a team of five family and friends answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Heathrow: Britain's Busiest...

7 PM

7.00 **Emmerdale** April is incredulous, Matty is in trouble, while Marlon and Chas are extremely worried. (S)(AD)
7.30 **Coronation Street** Ken tells Rita that Norris has important news. (S)(AD)

8 PM

8.00 **Heathrow: Britain's Busiest Airport** New edition Behind the scenes of Heathrow's test and trace policy. (S)(AD)
8.30 **Coronation Street** Freda breaks the news of Norris' death. (S)(AD)

9 PM

9.00 NEW SERIES **Fred and Rose West: Reopened** 1/2. Trevor McDonald presents as investigators explore new leads in the infamous case of Fred and Rose West. *See feature, page 21*. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

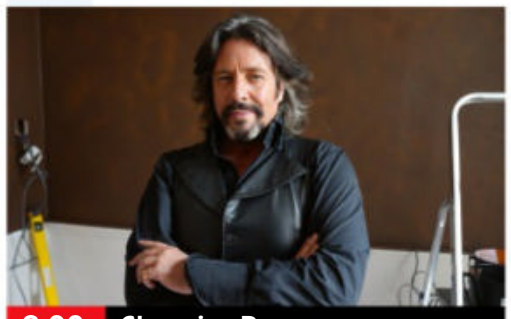
11.40 **Butterfly** 2/3. Maxine attempts to mutilate herself, convincing her parents that she must be allowed to live as a girl. However, her grandmother is appalled by the development. (S1) (S)(R)(AD)
12.30 AM **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 14&15/22. (S7) (S)(R)
7.40 **The King of Queens** (S6) (S)(R)
9.05 **Frasier** 20-22/24. (S10) (S)(R)
10.30 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
11.25 **News** (S)
11.30 **Find It, Fix It, Flog It** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **The Great House Giveaway** (S)(R)
5.00 **Four in a Bed** New edition At the Chelsea Hotel, Bournemouth. (S)
5.30 **Come Dine with Me** New edition TV editor Joe hosts a 1990s-themed evening. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Warren and Fergus set their sights on The Hutch. (S)(AD)



8.00 Changing Rooms

7 PM

7.00 **News** (S)

8 PM

8.00 **Changing Rooms** New edition 5/6. Two sets of Fareham neighbours transform each other's rooms, with assistance from interior designers Laurence Llewelyn-Bowen, Jordan Cluroe and Russell Whitehead. (S)(AD)

9 PM

9.00 **Grand Designs** New edition Kevin McCloud follows architect Iain and his wife Jenny, who intend to build an enormous black minimalist building right in the middle of a 19th-century Scottish country estate. (S)(AD)

10 PM

10.00 NEW **The Man Putin Couldn't Kill** An investigation into the incident in August 2020 when Russia's opposition leader Alexei Navalny was taken ill during a flight to Moscow – a victim of poisoning (S)(AD)

11.30 **Bin Laden: The Road to 9/11** 2/3. The influence that the first Gulf War had on Osama bin Laden's life. (S)(SL)(R)(AD)
12.30 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.20 **Deceit** 3/4. (S1) (S)(SL)(R)(AD)
2.10 FILM **Everest** Fact-based adventure. (S)(SL) (2015, 12, 120min) ★★★★
4.10 **Autumn at Jimmy's Farm** (SL)(R)
5.05 **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **The Nightmare Neighbour Next Door** (S)(R)
12.15 PM **News** (S)
12.20 **Traffic Cops** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.20 FILM **Web of Lies** Thriller starring Shoshana Bush. (S) (2018, 12, 100min) ★
4.00 **Bargain Brits in the Sun** (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Hendrix is upset by Jane's unanticipated aggression. (S)(R)(AD)
6.00 **Home and Away** Ziggy and Tane's pleasant morning is interrupted by news about the car crash. (S)(R)(AD)
6.30 **News** (S)

8.00 Coastal Devon & Cornwall...

7.00 Coast to Coast with Robson Green
1/3. The actor makes his way along Hadrian's Wall, which was built to guard the northern frontier of the Roman Empire in AD122 and covers 73 miles. (S)(R)

8.00 Coastal Devon & Cornwall with Michael Portillo
New edition 4/6. Michael heads for his final stretch in Cornwall, and takes in a coastline of hidden coves, a stunning subtropical garden and smugglers' creeks. (S)

9.00 NEW SERIES This Week on the Farm
1/7. Helen Skelton and Jules Hudson return to celebrate the very best of the autumn season with Rob and Dave Nicholson at Cannon Hall Farm in South Yorkshire. (S)

10.00 Stalked: Murder in Slow Motion
Examining the 2014 murder of Hollie Gazzard, who was stabbed 14 times by her ex-boyfriend Asher Maslin at the hair salon where she worked. (S)(R)

11.00 **Police Code Zero: Officer Under Attack** (S)(R)
12.00 M'T **Criminals: Caught on Camera** An officer is injured in an ammonia attack. (S)(R)
1.00 AM **Entertainment News** (S)
1.10 **21.co.uk Live Casino Show** (S)
3.10 **I Escaped a Cult** (S)(R)
4.00 **Witches: A Century of Murder**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Gangs of Lemur Island** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 10/23. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S3) (S)(R)(AD)
3.00 **Modern Family** (S1) (S)(R)
4.00 **Will & Grace** (S1) (S)(R)
5.00 **The Simpsons** (R)
5.30 **The Fresh Prince of Bel Air** 21/25. Will becomes romantically involved with one of his aunt's students. (S)(R) **6.00** 22/25. A scuffle at a pool hall almost sees Will lose the family Mercedes. (S1) (S)(R)
6.30 **The Simpsons** *Replaceable You:* Homer gets a new assistant, but she steals his job. (S)(R)

10.00 Code 404

7.00 The Simpsons
The Food Wife: Marge, Bart and Lisa taste success in the world of food blogging. (S)(R) **7.30** *The Book Job:* Homer becomes an author of children's books. With the voice of Andy Garcia. (S)(R)

8.00 DC's Legends of Tomorrow
New episode *Bored on Board Onboard:* 12/15. The team play a murder-mystery game after Constantine overloads Gideon and have to go home the old-fashioned way to preserve the ship's energy. (S6) (S)

9.00 Liverpool Narcos
2/3. Charting when ecstasy first arrived in Liverpool, and how it spawned a cultural revolution – and a new breed of criminal who saw that millions of pounds could be made. (S)(R)

10.00 Code 404
New episode 4/6. Carver and Major foil a bomb plot. (S2) (S)
■ Entire series on Sky Box Sets

10.30 A League of Their Own
With Ashley Cole. (R)

11.30 **The Russell Howard Hour** Topical comedy show. (R)
12.30 AM **S.W.A.T.** 16/18. Four escaped prisoners seize a courthouse. (S4) (S)(R)
1.30 **Brit Cops: Frontline Crime UK** Documentary series. (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S2) (R)
4.00 **Magnum P.I.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
2.15pm Politics Scotland New edition (S) **3.00-3.45pm** Unbeatable New edition (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Bikes! Cookstown 100 (S) **11.15** Gossip Girl New episode (S)(AD) **12.10** NEW Hayley Goes New edition (S) **12.40-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
8.00-9.00pm NEW Trapped Underground: The Gleision Mine Disaster (S) **11.30pm-12.00m't** Hayley Goes (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm Crime NI (S)(R) **11.55pm-1.45am** FILM The Keeper: . (S) (2019, 15, 110min) ★★★★

WALES
Sky **971**, Freesat **971**
7.00pm The Wedding Dress Shop (S)(R) **7.30-8.00pm** The Hairy Bikers' Pubs That Built Britain (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Dau Gi Bach (AD) **12.30** Heno **1.00** Ceffylau Cymru **1.30** Sgwrs Dan y Lloer **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Straeon Tafarn (AD) **6.30** Adre **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Y Byd yn ei Le New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Pawb a'i Farn New edition **10.00** 9/11: Diwrnod Wnaeth Newid Fy Mwmyd **11.00pm-12.05am** Hewlfa Drysor (AD)

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** From Swansea.
7.30 **The Joy of Painting** New edition A frozen stream.
8.00 **Wild Brazil** The lives of families of capuchin monkeys, giant otters and coatis.
9.00 NEW **Measuring Mass: The Last Artefact** Documentary following the work of a group of scientists as they try to redefine the weight of the world.
10.00 NEW **Gunda: Mother, Pig** Documentary providing a glimpse into the lives of farm animals, including the eponymous Gunda, a mother pig, two ingenious cows and a one-legged chicken.
11.30 **Inside America's Treasure House: The Met** The Metropolitan Museum of Art's closure during the pandemic.
12.30 AM **Handmade in Bolton**
1.00 **Great British Railway Journeys** As 7pm.
1.30 **Wild Brazil** As 8pm.
2.30 **to 3.25** AM **Measuring Mass: The Last Artefact**

MORE4

136 136 831 | 147 195 | 18

8.55 AM **Kirstie's House of Craft** Holiday snow globes.
9.15 **A Place in the Sun**
11.05 **Escape to the Chateau: DIY** Mariam and Johnno arrive at their new chateau.
12.10 PM **Heir Hunters**
1.10 **Four in a Bed**
3.50 **Find It, Fix It, Flog It**
5.55 **The Secret Life of the Zoo** A Rothschild's giraffe gives birth at Chester Zoo.
6.55 **Escape to the Chateau: DIY** Erin and JB host a 90th birthday party, and a family begin working on their yoga retreat.
7.55 **Grand Designs** A couple hope to build a functional home in Kent that blends in with the landscape.
9.00 **Great Canal Journeys** Series finale 4/4. Sheila Hancock and Gyles Brandreth travel into Manchester, where they visit a hat factory and play football.
10.00 **Devon and Cornwall** The community of Looe gears up for an annual one-mile swim from St George's Island to the beach.
11.05 **24 Hours in A&E** A couple are brought in after a high-speed road accident.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Great Canal Journeys**
2.20 **Devon and Cornwall**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Love Bites**
6.55 **Ellen's Game of Games**
8.00 **Emmerdale**
8.30 **You've Been Framed!**
9.30 **Ellen's Game of Games**
10.30 **Dress to Impress**
11.30 **Love Bites**
12.30 PM **Emmerdale**
1.00 **You've Been Framed!**
2.00 **Supermarket Sweep**
3.00 **Dress to Impress**
4.00 **Love Bites**
5.00 **You've Been Framed! Gold** An overexcited vicar.
6.00 **Catchphrase for Soccer Aid** With David James, Marvin Humes and Chelcee Grimes.
7.00 **Superstore** 4&5/22. Jonah refuses to sell guns. **7.30** 5/22. Glenn worries about how little he knows his employees. (S2)
8.00 **Bob's Burgers** 10&11/21. Double bill of episodes. (S5)
9.00 **Ready to Mingle** New edition Louis H decides to step things up a gear.
10.00 **Family Guy** *Stand by Meg:* 6/20. Chris is sent to a vocational school. **10.30** *The Griffin Winter Games:* 7/20. Meg competes in the Winter Olympics. (S17)
11.00 **Family Guy** 19/20. Stewie and Brian look for Mort. (S16)
11.30 **American Dad!**
12.25 AM **Bob's Burgers**
1.20 **Superstore**
2.10 **Guinness World Records**
3.05 **to 3.20** AM **FYI Extra**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Mike & Molly**
4.00 **Brooklyn Nine-Nine**
4.30 **Married at First Sight UK**
5.30 **The Big Bang Theory**
7.00 **Hollyoaks** Fergus tells Warren that their business in the verge of collapse.
7.30 **Junior Bake Off** The five best bakers compete for a place in the 2019 final.
9.00 **Married at First Sight UK** New edition 11/21. The experts deliver some hard-hitting truths to help the couples progress.
10.10 **World's Greatest Weddings** New edition 3/4. Couples who broke with tradition to make their days spectacular, including a platinum wedding dress.
11.10 **Naked Attraction**
12.10 AM **Gogglebox**
1.15 **Married at First Sight UK**
2.20 **First Dates**
3.15 **The Big Bang Theory**
3.40 **Brooklyn Nine-Nine**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 | 146 | 29 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **The Force: Manchester**
11.00 **Law & Order** 19/24. (S14)
12.00 NOON **9-1-1** 8/18. (S2)
1.00 PM **Blue Bloods** (S10)
3.00 **999 Frontline** Double bill.
4.00 **UK Border Force** Officers at Heathrow question a passenger from Johannesburg.
5.00 **Nothing to Declare** Four editions following the work of customs officers in Australia.

9.00 New Amsterdam

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.
8 PM
8.00 **9-1-1** *7.1:* 2/18. When a earthquake rocks LA, the first responders rush to rescue victims from a crumbling hotel. (S2)
9 PM
9.00 **New Amsterdam** New episode *Disconnected:* 9/14. Max is on a mission to deliver free broadband access. (S3)
10 PM
10.00 **Blue Bloods** *Tale of Two Cities:* 16/22. Danny and Baez investigate the murder of a man who was living a double life. (S8)
11.00 **Law & Order: Special Victims Unit** 23&24/24. (S12)
1.00 AM **FBI** 3/15. (S3)
2.00 **FBI: Most Wanted** 3/15. (S2)
3.00 **9-1-1** 10/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **The Guest Wing**
7.00 **Blue Bloods** (S5)
9.00 **Six Feet Under** (S4)
11.15 **Banshee** 5&6/10. (S1)
1.30 PM **The Wire** (S3&4)
3.45 **Blue Bloods** 12/22. A homeless teenager claims his aunt was murdered. **4.45** 13/22. A hitman is shot as he commits a burglary. (S5)
5.40 **The Sopranos** 13/13. Tony takes desperate measures to keep the peace. (S5) **6.45** 1/21. Tony receives a retirement request. (S6)

9.00 Billions

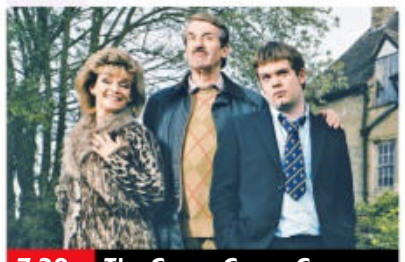
7.50 **Game of Thrones** *Breaker of Chains:* 3/10. Dontos spirits Sansa out of King's Landing, and Tywin has an offer for Oberyn Martell. (S4)
9.00 **Billions** New episode *Implosion:* 9/12. Axe looks to take his attack to the next level, and Chuck considers his failures. (S5)
10.05 **In Treatment** 17/24. Eladio announces a major life decision. **10.40** 18/24. Colin turns up at Brooke's door. (S4)
11.15 **Dexter** 2/12. Dexter tries to track down a criminal. **12.20** AM 3/12. Prado is suspicious of Dexter. (S3)
1.25 **True Blood** 1&2/12. (S3)
3.35 **Californication** 3/12. (S7)
4.10 **Fish Town**
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

GOLD

110/111 110/111 124 310/343 358/392

7.40 AM **Last of the Summer Wine**
8.15 **Fresh Fields**
9.20 **Hi-de-Hi!**
10.00 **Only Fools and Horses**
10.40 **Last of the Summer Wine**
12.00 NOON **The Green Green Grass**
12.40 PM **Hi-de-Hi!**
1.20 **Only Fools and Horses**
4.00 **The Green Green Grass**
4.40 **Last of the Summer Wine**
6.00 **Only Fools and Horses**
6.40 **Hi-de-Hi!** Jeffrey arranges an interview for Peggy, who hopes to become a Yellowcoat.


7.20 The Green Green Grass

7.20 **The Green Green Grass** Llewellyn tries to boost his fortunes by challenging Boycie to a pub quiz.
8.00 **Only Fools and Horses** The Trotters help a damsel in distress **8.40** The Trotters agree to dog-sit while Boycie and Marlene go away on holiday. **9.20** Tempers flare when the Trotter brothers fall for the same girl.
10.00 **The Story of Only Fools and Horses** The making of the sitcom, looking at the relationship between the Trotter brothers.
11.00 **Peep Show** Jeremy moves in with Mark's sister Sarah. **11.35** Dobby is offered a job.
12.05 AM **Live at the Apollo**
1.05 **David Jason: Planes, Trains and Automobiles**
2.05 **Bridget & Eamon**
3.10 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Man About the House**
9.35 **On the Buses**
10.40 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot**
5.50 **The Darling Buds of May** Part one of two. Pop decides to puts all of his finances into bidding for a stately home.

3.50 Agatha Christie's Poirot

6.55 **Maigret** *Maigret and the Mad Woman:* A woman claims someone is moving her belongings – and then she is found dead.
8.00 **The Booze Cruise: The Scattering** Comedy drama starring Neil Pearson, Mark Benton, Brian Murphy and Anne Reid. The gang tag along on a trip to scatter Grace's mother's ashes on the Yorkshire Moors.
10.00 **Manhunt** 3/3. DCI Sutton briefs the team in preparation for Bellfield's arrest, but he is nowhere to be found. (S1)
11.00 **Maigret** As shown at 6.55pm.
12.10 **to 2.15** AM **A Touch of Frost** *Held in Trust:* Jack is tipped for promotion and discovers that he has a secret admirer, but a child murder and news of a paedophile on his patch ruin his good mood.

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 25 117

6.00 AM **The Protectors**
6.25 **The Champions**
7.15 **Robin of Sherwood**
8.15 **The Avengers**
9.20 **The Sweeney**
10.25 **Minder**
11.30 **The Champions**
12.30 PM **The Big Match Revisited**
1.35 **Robin of Sherwood**
2.35 **The Avengers**
3.45 **The Sweeney**
4.50 **Minder**
5.55 **The Big Match Revisited** Action from April 1975.

4.50 Minder

7.00 **The Celebrity Chase** Dominic Brunt, Wayne Sleep, Ricky Tomlinson and Charlotte Hawkins compete for charity.
8.00 **World Rally Championship Highlights** The EKO Acropolis Rally Greece, the ninth round of the season.
9.00 **Gordon, Gino and Fred: American Road Trip** The trio have afternoon tea laced with cannabis in San Francisco.
10.00 **FILM Hellboy** Comic-book horror fantasy starring Ron Perlman. (2004, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Jeremy Wade's Mighty Rivers** The biologist explores recent reports that suggest the Ganges, the world's most revered river, is in trouble.
1.30 **Minder** A professional gambler enlists Arthur's help.
2.30 **to 3.00** AM **The Protectors**

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
7.00 PM **Getting Hitched Asian Style** Saffron Events plan the weddings of two young couples.
8.00 **The Scandals That Shocked Scotland** The sex scandal that tore apart a political party.
8.30 **Hidden Lives** Peter Ross explores the Clavie fire festival in Burghead, on the Moray coast.
9.00 **The Nine**
10.00 **Two Doors Down** Comedy starring Arabella Weir.
10.30 **The Farm** Farmer Jim finds himself in trouble with a rambler.
10.55 **IED: Improve Every Day** The story of a soldier who became a bodybuilder after losing his legs.
11.55 PM **to 12.00** M'T **Loop** Drawing the events of the year on toilet paper.

Sky Max

113/114 113/114 122 121 345 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Arrow** 2/22. (S7)
9.00 **Supergirl** 10/20. (S1)
10.00 **The Flash** 10/23. (S1)
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Magnum P.I.** 3/16. (S3)
3.00 **Condor 2** 1/10. (S2)
4.00 **Supergirl** 11/20. (S1)
5.00 **The Flash** 10/23. (S1)
6.00 **Rob & Romesh vs Art**
7.00 **An Idiot Abroad 2**
8.00 **DC's Legends of Tomorrow** New episode *Bored on Board Onboard:* 12/15. The team play a murder mystery game. (S6)
9.00 **Strike Back: Retribution**
11.00 **A League of Their Own**
12.00 M'T **The Russell Howard Hour**
1.00 AM **S.W.A.T.** 16/18. (S4)
2.00 **Road Wars**
3.00 **Hawaii Five-0** (S2)
4.00 **Magnum P.I.** 3/16. (S3)
5.00 **to 6.00** AM **Highway Cops**

Pick

159 156 35 144

7.00 AM **Highway Patrol**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Nothing to Declare**
12.00 NOON **Border Patrol**
1.00 PM **Border Security USA**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Star Trek: The Next Generation** 9/26. (S7)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Deep Space Nine** 26/26. (S3)
8.00 **MacGyver** 18/23. (S2)
9.00 **Elementary** 13/13. (S7)
10.00 **Fringe** 8/20 (S1)
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **The Force: Manchester**
2.00 **Police Force: Australia**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 259 145

E!

151 151 835 164 163

7.00 AM **Funny Dance Show**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Kourtney & Kim Take Miami**
12.00 NOON **Keeping Up with the Kardashians**
1.00 PM **Live from the Red Carpet: The Met Gala**
3.00 **Funny Dance Show**
4.00 **Botched**
5.00 **Total Bellas**
6.00 **Hollywood Medium with Tyler Henry** With Tori Spelling.
7.00 **Keeping Up with the Kardashians**
9.00 **DR. 90210**
10.00 **Botched by Nature**
11.00 **Nightly Pop**
11.30 **We Got Love Teyana & Iman**
12.00 M'T **Botched**
1.00 AM **Kourtney & Kim Take Miami**
2.00 **Teleshopping**
3.00 **Big Rich Texas**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 181 132 307/344 359/370

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S9)
12.00 NOON **My Wife and Kids**
1.00 PM **Friends** (S4)
9.00 **Rhod Gilbert's Growing Pains** New edition Rosie Jones, Richard Madeley, and Daliso Chaponda revisit their teenage years. **10.00** With Sally Phillips, Richard Ayoade and Roisin Conaty.
11.00 **Live at the Apollo** With Michael McIntyre, Rich Hall and Rhod Gilbert. **12.00** M'T Comedian Jo Brand vents her wrath on *Big Brother* and Trinny and Susannah.
1.00 AM **Baywatch** (S3)
2.00 **South Park** (S2&3)
3.15 **South Park: Halloween Spooktacular** (S3)
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 133

ITV Be

131 119 179 27 119

7.00 AM **Olivia Meets Her...**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **The Real Housewives of Potomac**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of New York City** New edition Reality series.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched: Most Outrageous OMG Patients Countdown**
9.30 **Botched: Most Outrageous Celebrity Patients**
10.00 **The Only Way Is Essex**
11.00 **Love Island USA** New edition
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **FYI Extra**

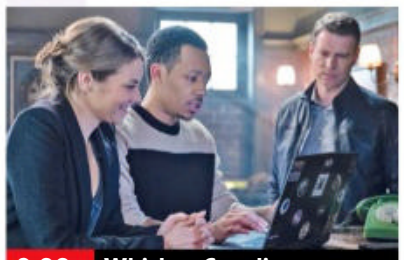
+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 | 126 212 | 312 | 382

7.15 AM **Murdoch Mysteries**
9.00 **Rizzoli & Isles** 7/16. (S4)
10.00 **Unforgettable** 12/13. (S3)
11.00 **Hudson & Rex** 15/16. (S3)
12.00 NOON **Miss Fisher's Murder Mysteries** 9/13. (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S7&8)
4.00 **The Good Wife** 6/22. (S3)
5.00 **Rizzoli & Isles** 8/16. (S4)
6.00 **Unforgettable** 13/13. An assassin slips Carrie a potentially fatal dose of poison that affects her memory. (S3)


9.00 Whiskey Cavalier

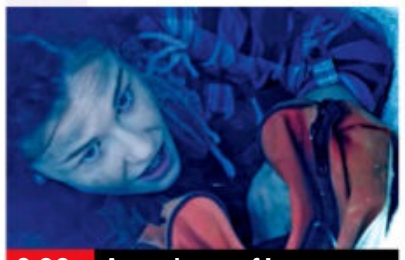
7.00 **Hudson & Rex** *The Art of the Steal:* 16/16. Charlie and Rex witness an armed robbery during a trip to the bank. (S3)
8.00 **Death in Paradise** *The Stakes Are High:* 2/8. Jack enters the high-stakes world of poker when a player is poisoned. (S7)
9.00 **Whiskey Cavalier** New episode *Good Will Hunting:* 10/13. Will hunts down the culprit behind an unsettling attack. (S1)
10.00 **Evil** *A Is For Avenging Angel:* 2/13. The team investigate a man who claims he can hear the voice of an angel. (S2)
11.00 **The Good Wife** 7/22. The agency take on the United States government on behalf of a military contractor. (S3)
12.00 M'T **Unforgettable**
1.00 AM **Miss Fisher's Murder Mysteries** 9/13. (S2)
2.00 **to 4.00** AM **Motive**

+1 hour 232 191

Syfy

152 152 836 | 139 138 | 347 | 362

6.00 AM **Siren** 8/16. (S2)
7.00 **Star Trek: The Next Generation** 18/26. (S3)
8.00 **Teleshopping**
11.00 **Project Blue Book** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **A Town Called Eureka**
2.00 **Star Trek: Deep Space Nine**
3.00 **Siren** 8/16. (S2)
4.00 **Quantum Leap** 7/22. (S3)
5.00 **Stargate Atlantis** 5/20. (S3)
6.00 **Project Blue Book** 6/10. Hynek recounts his time with the Robertson Panel. (S2)


9.00 Apocalypse of Ice

7.00 **Star Trek: The Next Generation** *Allegiance:* 18/26. A doppelgänger replaces Picard while he languishes in prison. (S3)
8.00 **Quantum Leap** *The Great Spontini:* 8/22. Sam materialises as a stage magician locked in a custody battle. (S3)
9.00 **FILM Apocalypse of Ice** Disaster drama starring Tom Sizemore. A family must make their way to a safe zone at the equator within two days or risk freezing with the rest of the world. (2020, PG, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Fringe** 2/22. A serial killer goes on the rampage. (S4)
12.00 M'T **Wynonna Earp** (S2)
2.00 AM **Quantum Leap** As 8pm.
3.00 **Stargate Atlantis** (S3)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **A Town Called Eureka**

+1 hour 252 229

W

109/110 109/110 | 125 211 | 311 | 383

6.15 AM **My Dream Home**
8.05 **MasterChef USA**
10.00 **The Bill**
11.00 **Bang on Budget**
1.00 PM **Tipping Point**
3.00 **Property Brothers: Forever Homes** The brothers help a couple renovate and update their dream home.
4.00 **My Dream Home** Double bill.
6.00 **Property Brothers: Forever Homes** Drew and Jonathan's brother JD wants his bachelor pad transformed into a forever home.

8.00 Extreme Food Phobics

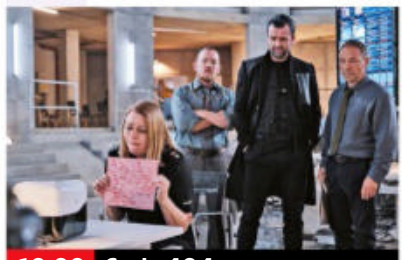
7.00 **MasterChef Australia** New edition Ten more eliminated contestants try to cook their way back into the competition.
8.00 **Extreme Food Phobics** New edition 4/10. Helping a man whose ambition is to eat a full English breakfast with his dad.
9.00 **Stacey Dooley in the USA** Stacey visits America's only prison boot camp for women.
10.00 **Stacey Dooley in the USA** The presenter follows young Central Americans crossing illegally into the USA.
11.00 **Killer Women with Piers Morgan** Piers meets two very different female murderers.
12.00 M'T **One Born Every Minute** Two strong women support their daughters during labour.
1.00 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 | 135 123 | 346 | 361

8.00 AM **Everybody Hates Chris**
9.00 **The Mindy Project** (S5)
10.00 **Parks and Recreation** (S5)
11.00 **Trollied** 1-3/8. (S4)
12.30 PM **Silicon Valley** (S1)
1.45 **Curb Your Enthusiasm** (S8)
3.00 **Modern Family** (S1)
4.00 **Will & Grace** (S1)
5.00 **30 Rock** 11/21. (S1)
5.30 **The Fresh Prince of Bel Air**
6.30 **Silicon Valley** 5/8. Jared tries to increase efficiency when Richard is given a tight deadline for Pied Piper's launch. (S1)


10.00 Code 404

7.05 **Silicon Valley** 6/8. Richard employs a freelance consultant. (S1)
7.40 **Curb Your Enthusiasm** 5/10. Larry and Jeff try to comfort the Greenes' ailing dog. **8.20** 6/10. Larry defuses an awkward situation on an aeroplane. (S8)
9.00 **Hitmen** 3/6. Fran and Jamie's captive escapes. **9.30** 4/6. Fran and Jamie dress up as Simon and Garfunkel. (S1)
10.00 **Code 404** New episode 4/6. Crime comedy. (S2)
10.30 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.30 **The Late Late Show with James Corden** New edition Chat and entertainment show.
12.30 AM **Trollied** 5-8/8. (S1)
2.30 **Curb Your Enthusiasm** (S8)
3.40 **30 Rock** 11/21. Tracy recruits Toofer and Frank to help write his autobiography. (S1)
4.05 **to 5.00** AM **The Mindy Project**

Dave

111/112 | 127 227 | 19 | 157 | 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Timber King**
9.00 **Celebrity Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Top Gear**
2.00 PM **Cop Car Workshop**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Long Weekends** The chef heads to Palermo on the northern coast of Sicily.
6.00 **QI XL** With guest panellists Phill Jupitus, Sara Pascoe and Josh Widdicombe.

8.20 QI

7.00 **Richard Osman's House of Games** With Shappi Khorsandi and Elis James.
7.40 **Would I Lie to You?** With Henning Wehn, Doon Mackichan, Alex Brooker and Ben Miller.
8.20 **QI** With Lloyd Langford, Victoria Coren Mitchell and Jack Whitehall.
9.00 **QI XL** Sarah Millican, Eddie Kadi and Noel Fielding join regular panellist Alan Davies and host Stephen Fry.
10.00 **Live at the Apollo** Lee Nelson hosts the stand-up show, introducing sets by Stewart Francis and Paul Chowdhry.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.40 **Would I Lie to You?**
2.25 **QI** As 8.20pm.
2.55 **Mock the Week**
3.30 **to 4.00** AM **Insert Name Here**

+1 hour 211 131 23

Wednesday

7 PM | 8 PM | 9 PM | 10 PM

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Crazy Like a Fox** (S2)
8.00 **Hart to Hart** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **Starsky & Hutch** (S1)
11.00 **T.J. Hooker** 8/22. (S2)
12.00 NOON **Crazy Like a Fox**
1.00 PM **Hart to Hart** (S1)
2.00 **Sue Thomas: F.B.Eye**
3.00 **Castle** 4/24. (S3)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **M*A*S*H** (S7)
8.00 **Randall and Hopkirk (Deceased)** *But What a Sweet Little Room:* 13/26. A fake medium is rumbled. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
2.00 **Charlie's Angels** (S5)
3.00 **Starsky & Hutch** (S1)
3.45 **T.J. Hooker** 8/22. (S2)
4.30 **Due South** 12/26. (S3)
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye** (S2)

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Hollywood: Singing and Dancing**
7.10 **LSO: Sir Simon Rattle Conducts Bruckner and Messiaen**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **The Eighties**
12.00 NOON **Lucian Freud: A Self Portrait**
1.00 PM **Tales of the...**
2.00 **Discovering: Ed Harris**
3.00 **Fake! The Great Masterpiece Challenge**
4.00 **Music Icons**
4.30 **Video Killed the Radio Star**
5.00 **Tales of the Unexpected**
6.00 **Discovering:**
7.00 **Portrait Artist 2020**
8.00 **Sky Arts Book Club**
9.00 **Romeo & Juliet**
10.40 **Landmark**
11.40 **Andie MacDowell: Off Camera**
1.00 AM **Comedy Legends**
2.00 **Laurel and Hardy: Their Lives and Magic**
3.45 **to 6.00** AM **Highlights**

4seven

137 143 203 48 127

9.00 AM **Four in a Bed**
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Find It, Fix It, Flog It**
11.30 **A Place in the Sun: Home or Away**
12.30 PM **A Place in the Sun**
1.30 **The Great House Giveaway** In Manchester.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
7.00 **The Dog House**
8.00 **The Secret Life of the Zoo** Two snakes are put together to mate.
9.00 **Celebrity SAS: Who Dares Wins** The celebrities are put into pairs for trust exercises.
10.00 **24 Hours in A&E** A five-year-old is rushed in after being hit by a car.
11.05 **Grand Designs**
12.10 AM **The Supervet: Noel Fitzpatrick**
1.15 **The Man Putin Couldn't Kill**
2.50 **Bin Laden: The Road to 9/11** Documentary.
3.50 **to 4.50** AM **Highlife**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
10.00 **NCIS** 9&10/23. (S2)
12.00 NOON **Law & Order**
5.55 PM **Entertainment News**
6.00 **NCIS** *Black Water:* 11/23. A private investigator helps the team to find a missing person. **7.00** *Doppelgänger:* 12/23. The death of a petty officer is reported. **8.00** *The Meat Puzzle:* 13/23. Ducky identifies the dismembered bodies of two former colleagues. **9.00** *Witness:* 14/23. A woman claims to have witnessed a murder. (S2)
10.00 **Law & Order: Special Victims Unit** *Friending Emily:* 6/24. A girl disappears. (S14)
10.55 **Law & Order: Special Victims Unit** (S14&17)
1.50 AM **Law & Order: Criminal Intent** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Rich House, Poor House**
10.00 **Filthy House SOS**
11.00 **Dogs Behaving (Very) Badly**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rich House, Poor House**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Fare Dodgers: At War with the Law**
9.00 **FILM The Magnificent Seven** Western remake with Denzel Washington and Chris Pratt. (2016, 12, 132min) ★★★
11.45 **101 Body Shockers**
12.40 AM **Skin A&E**
1.40 **Don't Tell the Doctor**
2.40 **Michael McIntyre's Big Show** With Ricky Gervais, Sting and Jack Whitehall.
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

Drama

143 130 20 158

7.30 AM **Doctor Finlay**
8.30 **The Bill**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Peak Practice**
3.20 **Bergerac**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **Bread**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Howard tries to assume another identity.
8.00 **The Inspector Lynley Mysteries** *For the Sake of Elena:* A lecturer's daughter is murdered.
10.00 **New Tricks** *Life Expectancy:* A bloodstained bust is found during building work in a cemetery.
11.20 **Bad Girls**
12.30 AM **Dalziel & Pascoe**
2.35 **to 4.00** AM **Call the Midwife**

+1 hour 243 226 73

WEDNESDAY

Documentaries

CBS Drama
147 197 67 134

9.00 AM **Walker, Texas Ranger** 17/28. (S1)
10.00 **Matlock** 2/19. (S7)
11.05 **CSI: Miami** 3/24. (S3)
12.00 NOON **Medium** (S6)
1.00 PM **JAG** (S6)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *It's a Wonderful Death:* 22/22. Tragedy strikes the family when Allison dies in her sleep, but the psychic refuses to let death stop her. (S6)
10.00 **CSI: Miami** *Murder in a Flash:* 4/24. E-mails and messages trigger a mass gathering of people on a golf course. (S3)
11.00 **Unsolved Mysteries** A man who had visions of a stranger's life.
11.55 **Judge Judy**
2.00 AM **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
3.55 **Bondi Rescue**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 40 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 15/25. (S7)
2.05 **CSI: Miami** 24/25. (S4)
3.00 **NCIS** 4/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Scorpion** 1/25. (S2)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *The Artful Dodger:* 17/24. A forged rare painting is connected to the murder of a navy lieutenant. (S12)
10.00 **NCIS: Los Angeles** *Blye, K – Part One:* 16/24. (S3)
11.00 **Scorpion** 2/25. (S2)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** 2/25. (S2)
2.55 **Walker, Texas Ranger**
3.50 **Medium** 6/13. (S7)
4.35 **JAG** 11/24. (S6)
5.20 **to 6.00** AM **Karma's a B****

Challenge
160 160 47 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Strike It Lucky**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **The Chase** Quiz show.
5.00 **Bullseye** Double bill.
6.00 **Pointless Celebrities** Sports stars Willie Thorne, Tony Jacklin, Andy Fordham, Deta Hedman, Tessa Sanderson, Derek Redmond, Nick Easter and Martin Offiah take part in the quiz show.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
4.00 AM **Wheel of Fortune**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **The King of Queens**
7.00 **Teleshopping**
9.00 **Friends** (S3&5)
11.00 **The Middle** (S9)
1.00 PM **The King of Queens** 9-12/25. (S5)
3.00 **My Wife and Kids** (S3)
5.00 **Everybody Loves Raymond** Eight episodes of the sitcom.
9.00 **Friends** 3/25. Ross encourages Chandler and Monica to move in together and makes a decision about Rachel. **9.30** 6/25. Rachel and Ross annul their marriage. (S6)
10.00 **Impractical Jokers** Nine editions of the hidden camera comedy series.
2.05 **Impractical Jokers: Dinner Party**
3.00 **Comedy Game Night** With Jodie Kidd.
3.45 **Takeshi's Castle**
4.25 **The Ricky Gervais Show**
5.15 **to 6.00** AM **The King of Queens**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **Midnight Family**
7.30 **PL Legends**
8.00 **First Ladies**
9.00 **Discovering: Paul Newman**
10.00 **The Directors**
11.00 **McMillion$**
12.00 NOON **The Nineties**
12.50 PM **The Comedy Store**
2.00 **In the Same Breath**
3.50 **My Icon**
4.00 **Discovering: Paul Newman**
5.00 **The Directors**
6.00 **McMillion$**
7.00 **The Nineties**
7.50 **The Comedy Store**
9.00 **Liverpool Narcos**.
10.00 **FILM Bowling for Columbine** Offbeat documentary. (2002, 15, 114min) ★★★★
12.30 AM **Story of Late Night**
1.30 **Leftover Women**
3.05 **The Directors**
4.00 **Discovering: Paul Newman**
5.00 **to 6.00** AM **First Ladies**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Orangutan Jungle School**
8.00 **Gangs of Lemur Island**
9.00 **Waterworld Africa**
10.00 **Arabian Inferno**
11.00 **Land of Primates**
12.00 NOON **Into the Wild...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Waterworld Africa**
4.00 **Arabian Inferno**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life**
8.00 **Arabian Seas**
9.00 **Nomads of the Serengeti**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Equator**
1.00 AM **Mysteries of the Mekong**
2.00 **Arabian Seas**
3.00 **Nomads of the...**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Waterworld Africa**

HGTV
158 286 43 166

7.00 AM **Homes Under the Hammer** From Crewe.
8.00 **Building the Dream**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **Extreme Makeover: Home Edition**
1.00 PM **Fixer Upper: Behind the Design** New edition
1.30 **My Lottery Dream Home**
2.00 **A Place in the Sun**
3.00 **Building the Dream**
4.00 **DIY SOS: The Big Build**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **Nate & Jeremiah by Design** Property series.
10.00 **Good Bones**
11.00 **Fixer Upper: Behind...**
11.30 **My Lottery Dream Home**
12.00 M'T **Extreme Makeover...**
1.00 AM **DIY SOS: Big Build**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **60 Minute Makeover with Peter Andre**

+1 hour 258 290

Food Network
140 285 42 148

6.00 AM **Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Friday Night Feast**
9.00 **Ainsley's Food We Love**
10.00 **Farmhouse Rules**
11.00 **Girl Meets Farm**
12.00 NOON **River Cottage**
1.00 PM **Jamie's 30 Minute Meals** Double bill.
2.00 **Yorkshire's Finest**
3.00 **Asian Adventure**
4.00 **Madhur Jaffrey's Curry Nation**
5.00 **The Pioneer Woman** New edition
6.00 **Jamie's 30 Minute...**
7.00 **Great British Bake Off**
8.00 **Ainsley's Food We Love**
9.00 **Ramsay's Ultimate Cookery Course**
10.00 **Food Tour of Britain**
11.00 **Restaurant: Impossible** New edition
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX
172 171 38 150

6.00 AM **Fast N' Loud**
7.00 **American Pickers**
8.00 **Barnwood Builders**
9.00 **How It's Made: Dream Cars**
9.30 **Dallas Car Sharks**
10.00 **Inside West Coast Customs**
11.00 **Fast N' Loud**
12.00 NOON **Fantomworks**
1.00 PM **Kindig Customs**
2.00 **Wheeler Dealers**
4.00 **Airplane Repo**
5.00 **Gold Divers**
6.00 **Yukon Men**
7.00 **American Pickers**
8.00 **Fast N' Loud**
9.00 **Lost Gold**
10.00 **Jade Fever** New editions
11.00 **Life Below Zero**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **to 6.00** AM **Highlights**

+1 hour 272 214 151

Paramount Network
150 187 150 32 132

9.00 AM **Entertainment News**
9.10 **Traffic Cops**
11.05 **World's Strongest Man 2017** The opening heat from Botswana.
12.10 PM **FILM The Restless Breed** Western. (1957, PG, 86min) ★★
1.50 **FILM The Kansan** Western. (1943, U) ★★
3.35 **World's Strongest Man 2017** Action from the Grand Final in Botswana.
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **FILM The Delta Force** Thriller with Chuck Norris. (1986, 18, 129min) ★
11.40 **FILM Kickboxer: Vengeance** Action thriller remake. (2016, 15, 90min) ★★
1.30 AM **Frontline Police 24/7** Documentary.
2.25 **Fights, Camera, Action!**
3.25 **Criminals: Caught on Camera** Double bill.
4.55 **to 5.00** AM **Entertainment News**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
8.00 **Canada's Front Line**
9.00 **Nothing to Declare**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Britain's Most...**
1.00 PM **Killer Families**
2.00 **The Mark of a Killer**
3.00 **World's Most Evil Killers**
4.00 **Murders That Shocked...**
5.00 **An Unexpected Killer**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Murders That Shocked the Nation**
2.00 **Snapped**
3.00 **The Mark of a Killer**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A young woman is found dead in her bedroom. **7.30** A man dies after falling down the stairs.
8.00 **Something's Killing Me** In 2001, several patients show up at hospitals with mysterious bacterial infections.
9.00 **Fatal Vows** A couple whose fall-out led to one of them falling a great height.
10.00 **Ice Cold Killers** A man who embarked on a murderous rampage in Anchorage, Alaska.
11.00 **Cold Blood**
12.00 M'T **It Takes a Killer**
1.00 AM **Fatal Vows**
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** An armchair.
1.00 PM **Homes Under the Hammer** From Kent.
2.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **Dr Pimple Popper** A woman's depression is a result of the multitude of bumps on her eyelids.
10.00 **My Brave Face** A woman with severe facial swelling caused by an overgrowth of blood vessels.
11.00 **Ghost Adventures** Double bill of editions.
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.55 **American Restoration**
8.25 **UFO Files**
9.25 **Ancient Aliens**
10.20 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Pawn Stars**
7.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New edition A man in Hawaii trespasses on government property and witnesses UFOs.
10.00 **Believers: Extreme Hauntings** New edition A police officer discovers that a friend's young son is being possessed by an evil spirit.
11.00 **The UnXplained with William Shatner**
12.00 M'T **Storage Wars**
2.00 AM **Wicked Tuna**
3.00 **Highway Thru Hell**
3.45 **Counting Cars**
5.00 **to 6.00** AM **Pawn Stars**

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... Atlanta**
11.00 **Something Borrowed, Something New**
12.00 NOON **Say Yes to the Dress** Double bill.
1.00 PM **Curvy Brides...**
2.00 **Say Yes... Lancashire**
3.00 **Sister Wives**
4.00 **Dr. Pimple Popper: Pop Ups** Documentary.
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Love After Lock Up**
8.00 **Dr Pimple Popper**
9.00 **Toddlers & Tiaras: Where Are They Now?**
10.00 **I Love a Mama's Boy** New edition
11.00 **Return to Amish**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Toddlers & Tiaras...**
2.00 **I Love a Mama's Boy**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT
153 152 55 133

9.00 AM **Entertainment News**
9.10 **FILM Framed for Murder** Crime thriller. (2007, 12, 94min) ★★
11.00 **GPs: Behind Closed...**
12.00 NOON **The Yorkshire Vet**
1.00 PM **The Dog Rescuers with Alan Davies**
3.00 **GPs: Behind Closed Doors** Double bill.
5.00 **The Yorkshire Vet**
7.00 **Secrets of the National Trust with Alan Titchmarsh**
8.00 **A Greek Odyssey with Bettany Hughes**
9.00 **Britain's Bloodiest Dynasty** Documentary.
10.30 **Animals of Egypt's Underworld: Ancient Mysteries**
11.25 **Eight Days That Made Rome** Documentary.
12.25 AM **Warship: The Mighty Dreadnought**
1.25 **Secret History of WW2**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Scrap Kings**
7.10 **Salvage Hunters: Classic Cars**
8.00 **Salvage Hunters: The Restorers**
9.00 **Wheeler Dealers**
10.00 **Disasters at Sea**
11.00 **Mega Shippers**
12.00 NOON **Aussie Gold...**
1.00 PM **Scrap Kings**
2.00 **Salvage Hunters: The...**
3.00 **Salvage... Classic Cars**
4.00 **Salvage Hunters**
5.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers** New edition
10.00 **The Repair Shop**
10.30 **EFL on Quest**
12.00 M'T **NASA's Unexplained Files**
1.00 AM **Unexplained Files**
2.00 **Finding Bigfoot**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 69 168

Quest Red
149 170 39 169

6.00 AM **Say Yes... Atlanta**
8.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Murder Tapes**
2.00 **Disappeared**
3.00 **People Magazine Investigates**
4.00 **Say Yes... Bridesmaids**
5.00 **Say Yes... Lancashire**
6.00 **Say Yes... The Big Day**
7.00 **Long Lost Family** Two stories of adoptions.
8.00 **My 600lb Life** New edition
9.00 **NEW SERIES Call in the Cheapskates**
10.00 **Secret Eaters**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Penguins**
5.30 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Trading up a Nissan Juke.
7.00 **Deadliest Catch**
8.00 **Building Off the Grid**
9.00 **Edge of Alaska**
10.00 **Diesel Brothers**
11.00 **Wheeler Dealers**
12.00 NOON **Junkyard Empire**
1.00 PM **Gold Rush: Dave Turin's Lost Mine** Double bill.
3.00 **Richard Hammond's Big**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers: Dream Car**
6.00 **Misfit Garage**

9.00 Deadliest Catch

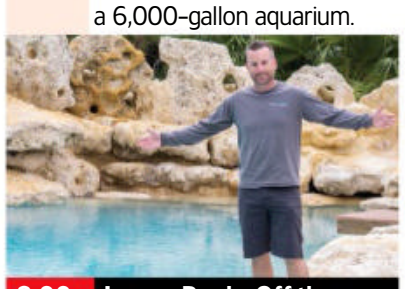
7.00 **Outback Truckers** Robbie's house-moving crew face a difficult job transporting a large house in wet conditions.
8.00 **Kindig Customs** The mechanics work on completing an upholstery and engine upgrade for a 1966 Chevelle.
9.00 **Deadliest Catch** New edition Following the difficult work of Alaskan crab fisherman as they brave the treacherous waves of the Bering Sea in search of valuable king crabs.
11.00 **Outback Truckers** New edition Car wreckers Mike and Michael push their trucks to their absolute limits.
12.00 M'T **Deadliest Catch**
2.00 AM **Outback Truckers**
3.00 **Deadliest Catch** As 9.00pm.
4.50 **Wheeler Dealers: Dream Car**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **The Zoo** Jasmine the otter is not her usual, energetic self. **3.00** A feisty female alpaca is due to give birth any moment.
4.00 **The Vet Life** Dr Blue treats a pig that gets amorous near household furniture.
5.00 **Tanked** A fish tank with a *Wizard of Oz*-themed interior. **6.00** The team must build a 6,000-gallon aquarium.


8.00 Insane Pools: Off the...

7.00 **Tanked** Basketball star Demarcus Cousins wants a tank, and an exotic pet store request a tank for both fish and reptiles.
8.00 **Insane Pools: Off the Deep End** Lucas Congdon plans to create a pool for golfer JB Holmes and his wife.
9.00 **My Cat from Hell** Jackson Galaxy deals with violent feline Sebastian, who is putting a newborn in jeopardy.
10.00 **My Cat from Hell** Jackson tries to help a firefighter in Los Angeles who is struggling to deal with his crazy cat.
11.00 **My Cat from Hell** Jackson meets troublesome felines Littlez and Whiskey.
12.00 M'T **Animal Cops Houston**
2.00 AM **Alaskan Bush People**
3.00 **Finding Bigfoot**
3.50 **Crikey! It's the Irwins**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **Drain the Ocean: Egypt's Lost Wonders**
9.00 **Drain the Oceans**
10.00 **Lost Treasures of Egypt**
11.00 **Ancient X Files**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **Nazi Megastructures**
2.00 **Air Crash Investigation**
4.00 **Seconds from Disaster**
5.00 **Britain's Greatest Machines with Chris Barrie** Mechanical innovations of the 1930s.
6.00 **Car S.O.S** Tim and Fuzz restore a Lamborghini Espada.

9.00 Gordon Ramsay...

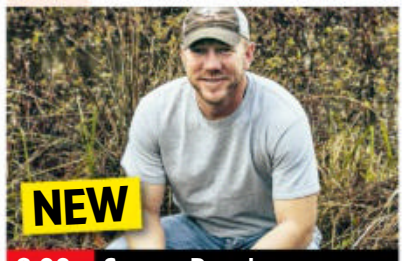
7.00 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Suffolk to restore a charismatic, but worn out, 1928 Austin 12.
8.00 **Lost Treasures of Egypt** Archaeologists unlock the mysteries of Egypt's most famous pharaoh.
9.00 NEW SERIES **Gordon Ramsay: Uncharted** Gordon helps chefs in Texas to herd cattle and catch rattlesnakes.
10.00 **Gordon Ramsay: Uncharted** Gordon Ramsay explores some of the complex flavours found in Southern India.
11.00 **Air Crash Investigation** Double bill of editions.
1.00 AM **Narco Wars**
2.00 **Drugs Inc** A heroin kingpin tries to diversify his business.
3.00 **Nazi Megastructures: Battle Ready**
4.00 **to 5.00** AM **Nazi Megastructures**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Salvage Kings**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Ancient Aliens**
10.00 **Swamp People**
11.00 **Forged in Fire**
12.00 NOON **American Pickers**
1.00 PM **The Nostradamus Effect**
2.00 **The Curse of Oak Island**
3.00 **Salvage Kings**
4.00 **Pawn Stars**
5.00 **Swamp People**
6.00 **American Pickers** The guys are in Studebaker heaven.



8.00 Swamp People

7.00 **Forged in Fire** Four former winners return to the forge for the biggest twist in the show's history.
8.00 NEW SERIES **Swamp People** The hunters have a huge challenge on their hands as overpopulation leads to gator aggression.
9.00 **Curse of Skinwalker Ranch** New edition The team learn of evidence of a mysterious cavern running beneath the ranch.
10.00 SERIES RESUMES **Mountain Men** As the spring melt sweeps the mountains, Jake sets his sights on a black bear.
11.00 **Lost Relics of the Knights Templar** Astonishing relics.
12.00 M'T **Forged in Fire**
1.00 AM **Swamp People**
2.00 **Salvage Kings**
3.00 **Lost Relics of the Knights...**
4.00 **Swamp People**
5.00 **to 6.00** AM **The Nostradamus Effect**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **A Tale of Two Sisters**
9.00 **Abandoned Engineering**
11.00 **Great British Railway Journeys** Double bill.
12.00 NOON **Antiques Roadshow**
1.00 PM **Railway Journeys with Chris Tarrant** In Argentina.
2.00 **Bangers and Cash**
3.00 **Underground Worlds**
4.00 **Hitler's England**
5.00 **Antiques Roadshow**
6.00 **Great British Railway Journeys** Double bill.

10.55 The Two Ronnies

7.00 **Bangers and Cash** A widow reluctantly parts with her husband's collection of Bentleys and Rolls-Royces.
8.00 **Bangers and Cash** The Mathewsons meet a collector who may be willing to finally part with his 220-car collection.
9.00 **'Allo 'Allo!** Fanny and Leclerc's wedding clashes with a daring rescue plan. **9.40** General Von Klinkerhoffen is declared insane and hospitalised. **10.15** Newlyweds Fanny and Leclerc are jailed.
10.55 **The Two Ronnies** Vintage comedy series.
11.30 **The Two Ronnies** Featuring the serial *Death Can Be Fatal*.
12.20 AM **Impossible Engineering** The world's biggest oil tanker. **1.20** AM A look at the construction of Beijing Daxing International Airport.
2.15 **to 3.00** AM **Great British Railway Journeys**

+1 hour 255 200 74

Wednesday 7 PM 8 PM 9 PM 10 PM

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Combat Dealers**
8.00 **NASA's Unexplained Files** An asteroid.
9.00 **Ghosts of Stonehenge**
10.00 **Edge of War**
11.00 **How Trains Changed the World** Documentary.
12.00 NOON **Combat Dealers**
1.00 PM **The Alaska Triangle**
2.00 **Expedition Unknown**
3.00 **How the Universe Works**
4.00 **Edge of War**
5.00 **Sex, Lies, and the Taj Mahal** Documentary.
6.00 **Mysteries at the Museum** A family feud.
7.00 **Expedition Unknown**
8.00 **Blowing Up History**
9.00 **Cooper's Treasure**
10.00 **How the Universe Works**
11.00 **Inside the Gangsters' Code** Untold secrets.
12.00 M'T **Aircraft Stories**
1.00 AM **Cooper's Treasure**
2.00 **How the Universe Works**
3.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Whale Wisdom**
11.00 **World of Oceans**
12.00 NOON **Snow Bears**
1.00 PM **Meet the Bears**
2.00 **Whale Wisdom**
3.00 **Life in the Great Wetlands** Double bill.
5.00 **The Zoo**
6.00 **World of Oceans**
7.00 **Meet the Bears**
8.00 **Whale Wisdom**
9.00 **Life in the Great Wetlands** Exploring Pacaya Samiria, a freshwater reservoir on the edge of the Amazon.
10.00 **Meet the Bears**
11.00 **World of Oceans**
12.00 M'T **The Zoo**
1.00 AM **Whale Wisdom**
2.00 **World of Oceans**
3.00 **The Zoo**
3.50 **Whale Wisdom**
4.40 **World of Oceans**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Animal Fight Club**
9.00 **Winter's Hidden Wonders** Documentary.
10.00 **Asia's Weirdest**
11.00 **Asia's Wild Secrets**
12.00 NOON **Snakes in the...**
1.00 PM **Winter's Hidden...**
2.00 **Asia's Weirdest**
3.00 **Asia's Wild Secrets**
4.00 **Critter Fixers: Georgia Vets**
5.00 **Snakes in the City**
6.00 **Secrets of the Zoo**
7.00 **Africa's Hunters**
8.00 **Heartland Docs** New edition
9.00 **Alaska Animal Rescue** New edition
10.00 **America's Funniest Videos: Animal Edition**
11.00 **Snakes in the City**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **Panda Goes Wild**
3.00 **Paradise Islands: Islands of the Moon**
4.00 **to 5.00** AM **The Flooded Desert**

Sky History 2

163 163 840 272

8.00 AM **Digging Up Britain's Past**
10.00 **Conspiracy**
11.00 **Digging for the Truth**
12.00 NOON **Ancient Aliens**
2.00 PM **Brad Meltzer's Lost History** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **Brad Meltzer's Decoded**
7.00 **Human Weapon**
8.00 **Shipwrecks: When History Resurfaces** The tragic story of the Empress of Ireland.
9.00 **Desperate Crossing** The story of the Mayflower's journey.
10.00 **Conspiracy** The murder of Pope John Paul I.
11.00 **Ancient Aliens**
1.00 AM **Brad Meltzer's Decoded**
2.00 **Human Weapon**
3.00 **Shipwrecks: When History Resurfaces**
4.00 **Desperate Crossing**
5.00 **to 6.00** AM **Digging for the Truth**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **World's Greatest: Cities**
9.35 **Burning Sky**
10.40 **The Black Church: This Is Our Story, This Is Our Song** New edition
11.55 **The First World War**
1.00 PM **Beautiful Serengeti**
2.00 **World's Greatest: Cities**
3.05 **Burning Sky**
4.15 **The Black Church: This Is Our Story, This Is Our Song**
5.20 **The First World War**
6.30 **World's Greatest: Cities**
7.35 **Burning Sky**
8.35 **The Black Church: This Is Our Story, This Is Our Song**
9.55 **The First World War**
11.00 **World's Greatest: Cities**
12.05 AM **Burning Sky**
1.10 **The Black Church: This Is Our Story, This Is...**
2.15 **The First World War**
3.05 **to 4.00** AM **World's Greatest: Cities**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **I Am a Killer**
12.00 NOON **The First 48**
1.00 PM **Homicide Hunter**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Fear Thy Neighbour**
8.00 **Very Scary People**
9.00 **I Survived a Serial Killer** New editions
10.00 **Cruise Ship Killers**
11.00 **Homicide Hunter**
12.00 M'T **Killer Kids**
1.00 AM **I Survived a Serial Killer** Double bill.
2.00 **Crimes That Shook Britain**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **I Am a Killer**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

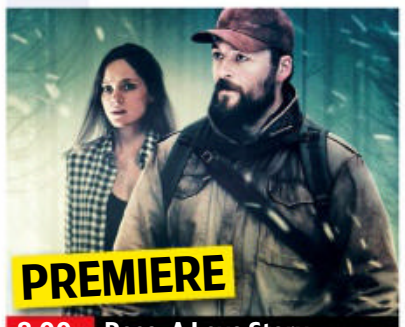
WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 848 401 501 515

6.15 AM **End of Sentence** (2019)
8.10 **Materna** As 6.00pm.
10.15 **PREMIERE Rose: A Love Story** As shown at 8.00pm.
12.00 NOON **Minari** As 3.35am.
2.00 PM **Bombshell** As 10.00pm.
4.00 **End of Sentence** Drama starring John Hawkes, Logan Lerman and Sarah Bolger. (2019, 15, 96min) ★★★
6.00 **Materna** Drama starring Kate Lyn Sheil and Jade Eshete. (2020, 15, 105min) ★★★



8.00 Rose: A Love Story

8 PM

8.00 **PREMIERE Rose: A Love Story** Drama starring Sophie Rundle. Gripped by a terrifying illness, a woman lives in seclusion with her husband, but the arrival of a stranger shatters their fragile refuge. (2020, 15, 86min) ★★★★ *See review, pg 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

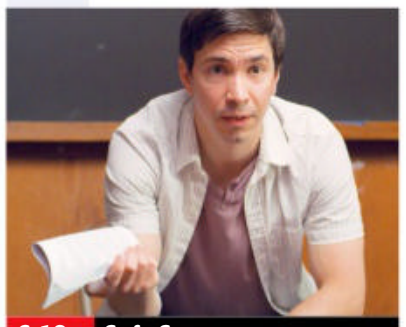
11.55 **No Man's Land** Action adventure starring Jake Allyn. (2020, 12, 114min) ★★★
2.00 AM **Beast Beast** Coming-of-age drama with Shirley Chen. (2020, 15, 85min) ★★★
3.35 **Minari** Romantic drama with Steven Yeun. Partly subtitled. (2020, 12, 115min) ★★★★
5.35 **to 7.20** AM **End of Sentence** As shown at 4.00pm.

+1 hour 312

Sky Cinema Hits

303 403 503 517

6.15 AM **Safe Spaces** As 6.10pm.
8.05 **The Broken Hearts Gallery**
10.05 **Greed** As shown at 11.50pm.
12.05 PM **The Craft: Legacy**
1.50 **The Glorias** As 1.50am.
4.25 **An American Pickle** Comedy starring Seth Rogen, Sarah Snook and Molly Evensen. (2020, 12, 88min) ★★★
6.10 **Safe Spaces** Comedy drama starring Justin Long, Kate Berlant and Lynn Cohen. (2019, 15, 93min) ★★


6.10 Safe Spaces

8.00 **The Broken Hearts Gallery** Romantic comedy drama starring Geraldine Viswanathan. After a break-up, a young woman decides to start a gallery where people can leave trinkets from past relationships. (2020, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Craft: Legacy** Horror starring Cailee Spaeny and Gideon Adlon. (2020, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Greed** Michael Winterbottom's satirical comedy drama with Steve Coogan, Isla Fisher, Asa Butterfield and David Mitchell. (2019, 15, 104min) ★★★
1.50 AM **The Glorias** Biopic of feminist icon Gloria Steinem, starring Julianne Moore, Alicia Vikander, Ryan Kiera Armstrong and Lulu Wilson. (2020, 12, 139min) ★★★
4.25 **to 6.10** AM **An American Pickle** As shown at 4.25pm.

Sky Cinema Family

306 306 850 406 506 520

6.15 AM **Aliens Stole My Body**
7.55 **Dolittle** As shown at 7.00pm.
9.45 **Magical Adventures in the Forbidden City** As 10.35pm.
11.45 **The Runaways** Drama. (2019, 12, 113min) ★★★
1.45 PM **FairyTale: A True Story**
3.30 **Four Kids and It** Fantasy. (2020, PG, 110min) ★★★
5.25 **Aliens Stole My Body** Family comedy. (2020, PG, 88min) ★
7.00 **Dolittle** Fantasy adventure. (2020, PG, 101min) ★★

7.00 Dolittle

8.50 **Bratz** Teen comedy with Nathalia Ramos, Janel Parrish, Logan Browning and Skyler Shaye. Four friends join forces to break down their school's rigid social cliques. (2007, PG, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

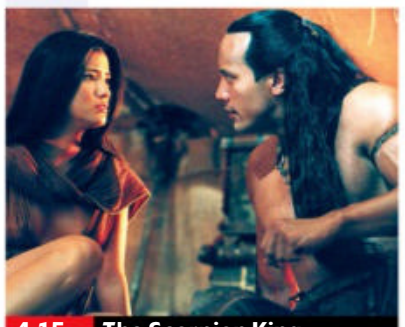
10.35 **Magical Adventures in the Forbidden City** Fantasy adventure with Tinatin Dalakishvili. Going against the authorities' wishes to find her father, a girl discovers she has magical abilities. (2019, 12, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **FairyTale: A True Story** Fantasy with Florence Hoath. (1997, U, 98min) ★★★
2.25 **Four Kids and It** As 3.30pm.
4.25 **to 6.15** AM **Bratz** As 8.50pm.

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Escape Plan** As 6.00pm.
8.10 **Godzilla** As 8.00pm.
10.25 **Skyfire** As shown at 1.25am.
12.15 PM **Final Score** As 3.00am.
2.15 **Hell on the Border** Western. (2019, 15, 106min) ★
4.15 **The Scorpion King** Fantasy adventure starring The Rock. (2002, 12, 91min) ★★★
6.00 **Escape Plan** Action thriller starring Sylvester Stallone and Arnold Schwarzenegger. (2013, 15, 113min) ★★★


4.15 The Scorpion King

8.00 **Godzilla** Action thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

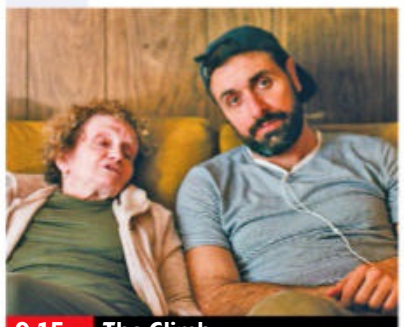
10.05 **The Expendables 2** Action adventure sequel with Sylvester Stallone. (2012, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **First Blood** Action adventure starring Sylvester Stallone. (1982, 15, 93min) ★★★★
1.25 AM **Skyfire** Disaster thriller starring Jason Isaacs and Alice Rietveld. Partly subtitled. (2019, 12, 97min) ★★★
3.00 **Final Score** Action drama starring Dave Bautista, Pierce Brosnan and Ray Stevenson. (2018, 15, 104min) ★★★
4.45 **to 6.40** AM **Hell on the Border** As shown at 2.15pm.

Sky Cinema Comedy

308 308 852 408 508 522

6.50 AM **Coming to America**
8.50 **The Comeback Trail**
10.40 **Hooking Up** As 12.25am.
12.30 PM **The Climb** As 9.15pm.
2.10 **2 Minutes of Fame** Comedy. (2020, 15, 97min) ★★
3.50 **Baby Done** Comedy. (2020, 15, 91min) ★★★
5.25 **Coming to America** Comedy. (1988, 15, 116min) ★★
7.25 **The Comeback Trail** Crime comedy starring Robert De Niro. (2020, 12, 104min) ★★


9.15 The Climb

The Comeback Trail (film started at 7.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Climb** Comedy drama following the tumultuous relationship between two best friends over many years. Directed by and starring Michael Angelo Covino, with Kyle Marvin. (2020, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **The Dictator** Satirical comedy with Sacha Baron Cohen and Anna Faris. (2012, 15, 83min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Hooking Up** Comedy starring Brittany Snow. (2019, 15, 104min) ★★
2.15 **Eternal Beauty** Comedy drama starring Sally Hawkins. (2019, 15, 95min) ★★★
3.55 **2 Minutes of Fame** (2020)
5.40 **to 7.15** AM **Baby Done**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Vertigo** As 4.45pm.
8.25 **Flatliners** As 11.30pm.
10.35 **The Bodyguard** As 7.00pm.
12.55 PM **Ben-Hur** As 1.40am.
4.45 **Vertigo** Alfred Hitchcock's classic thriller starring James Stewart and Kim Novak. A San Francisco detective with a fear of heights is drawn into a complex intrigue. With Tom Helmore. (1958, PG, 128min) ★★★★★

7.00 **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. A bodyguard falls in love with the superstar singer-actress he has been assigned to protect. (1992, 15, 129min) ★★★
9.10 **Fight Club** Satirical black comedy about a secret society that allows jaded men to indulge in bare-knuckle fighting. Stars Brad Pitt, Edward Norton and Helena Bonham Carter. (1999, 18, 139min) ★★★★

11.30 **Flatliners** Thriller starring Kiefer Sutherland and Julia Roberts. (1990, 15, 114min) ★★★
1.40 AM **Ben-Hur** Spectacular epic starring Charlton Heston. (1959, PG, 212min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Mission: Panda** Animation. (2019, PG, 84min) ★
8.05 **Boonie Bears: The Big Shrink**
9.40 **Two by Two: Overboard**
11.10 **Open Season 3** As 5.05pm.
12.30 PM **Riverdance: The Animated...**
2.05 **Lego: The Adventures of...**
3.35 **Two by Two: Overboard** Animation. (2020, U) ★★
5.05 **Open Season 3** Animated sequel. (2010, U, 74min) ★★

6.25 **Riverdance: The Animated Adventure** Animation featuring the voice of Pierce Brosnan. (2021, U, 90min) ★★★
8.00 **Lego: The Adventures of Clutch Powers** Animation featuring the voice of Ryan McPartlin. (2010, U, 78min) ★★
9.30 **Happily N'Ever After** Animation with the voice of Sarah Michelle Gellar. (2005, U, 85min) ★★
11.05 **Curious George 2: Follow That Monkey!** Animated sequel. (2009, U, 77min) ★★

12.30 AM **The Care Bears Movie II: A New Generation** Animated adventure. (1986, U, 77min) ★
1.55 **Boonie Bears: The Big Shrink** Animation. (2018, U, 90min)
3.30 **Captain Sabertooth** Animated adventure. (2019, U, 82min) ★★
5.00 **to 6.25** AM **Curious George 2...**

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
8.20 **They Were Expendable** War drama. (1945, b/w, U) ★★★
11.10 **Johnny Guitar** Western. (1953, PG, 110min) ★★★★
1.30 PM **The Battle of the Sexes** Comedy. (1960, b/w, U) ★★
3.20 **Dial M for Murder** Thriller. (1954, PG, 101min) ★★★★
5.35 **Massacre Canyon** Western. (1954, b/w, PG, 66min) ★★

7.05 **Gunfight at Comanche Creek** Western starring Audie Murphy. A Pinkerton detective goes undercover to smash an outlaw gang. (1963, U, 90min) ★
9.00 **Blood Father** Action thriller starring Mel Gibson and Erin Moriarty. An ex-con battles to protect his daughter from the cronies of her cartel member ex. (2016, 15, 88min) ★★★
10.50 **Ghost Ship** Horror starring Julianna Margulies and Gabriel Byrne. (2002, 18, 91min) ★★

12.45 AM **Wild Geese II** Adventure sequel. (1985, 18, 120min) ★★
3.20 **Off Set** With Jamie Cullum.
3.30 **Close Up** Triple bill.
5.00 **to 6.35** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **To Dorothy a Son** Comedy. (1954, b/w, PG, 79min) ★★★
7.40 **Glimpses: Your Local Council**
7.50 **The Battle of Billy's Pond** Drama. (1976, PG, 55min) ★★
9.00 **Together** 6/26. (S1)
9.30 **The Champions** 17/30. (S1)
10.30 **The Perfect Woman** (1949) ★★
12.15 PM **Home and Away** Comedy. (1956, b/w, PG, 100min) ★★
1.55 **The Fan** Comedy. (1949) ★★★

3.30 **Brats** Laurel and Hardy comedy. (1930, b/w, U, 20min) ★★★★
3.55 **Dragonwyck** Period chiller. (1946, b/w, PG, 103min) ★★★
6.00 **Sherlock Holmes** (S1)
6.30 **Look at Life**
6.50 **Edgar Wallace Mystery Theatre**
8.00 **Rumpole of the Bailey** (S7)
9.05 **Vice Squad** Thriller with Season Hubley. (1982, 18, 86min) ★★
10.55 **Max Wall: It's Got to Be Funny**
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Dracula** Hammer horror. (1958, 12, 82min) ★★★★

1.45 **Cellar Club with Caroline Munro**
1.50 **The Severed Arm** Horror. (1973, 18, 91min) ★★
3.35 **The Smart Aleck** Crime drama. (1951, b/w, PG, 58min) ★★
4.45 **Development of the Railways**
5.00 **to 6.00** AM **Secret of the Sahara**

Horror

317 149 68 138

8.00 AM **Star Trek** 9/24. (S3)
9.00 **Star Trek: Voyager** 11/26. (S4)
10.00 **The 4400** As 6.00pm.
11.00 **The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
1.00 PM **Dragonquest** Fantasy. (2009, 12, 90min) ★★
3.00 **Battlestar Galactica** (S2)
4.00 **PREMIERE Super Collider** Adventure. (2013, 15) ★★
5.35 **Tales from the Darkside**

6.00 **The 4400** *The New World:* 1/13. Lily begins ageing extremely quickly. (S3)
7.00 **Star Trek: Voyager** *Mortal Coil:* 12/26. An away team are sent on a dangerous mission. (S4)
8.00 **First Wave** *Twice Blessed:* 22/22. Mabus attempts to initiate the Second Wave. (S3)
9.00 **FirstBorn** Supernatural horror starring Antonia Thomas. A couple discover their baby daughter is surrounded by evil entities.(2016, 15, 86min) ★★

10.50 **Itsy Bitsy** Fantasy horror. (2019, 15, 94min) ★★
12.45 AM **The Sand** Horror thriller. (2015, 15, 81min) ★★
2.30 **to 4.30** AM **Lake Placid: Legacy** Horror sequel. (2018, 15) ★★

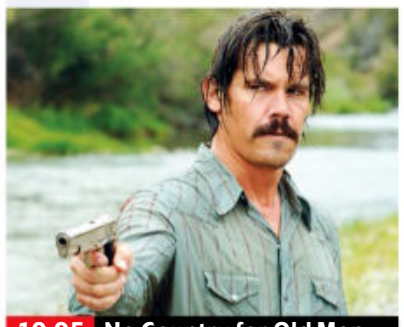
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.30 AM **Reunion** As 4.20am.
8.20 **Promising Young Woman**
10.20 **The Kid Detective** As 6.15pm.
12.05 PM **Logan Lucky** As 8.00pm.
2.10 **No Country for Old Men**
4.15 **Promising Young Woman** Crime thriller starring Carey Mulligan and Bo Burnham. (2020, 15, 113min) ★★★★
6.15 **The Kid Detective** Comedy drama starring Adam Brody Sophie Nélisse and Tzi Ma. (2020, 15, 100min) ★★★★


10.05 No Country for Old Men

8.00 **Logan Lucky** Steven Soderberg's crime caper starring Channing Tatum and Adam Driver. Two brothers attempt to pull off a heist during a NASCAR race in North Carolina. With Daniel Craig and Riley Keough. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **No Country for Old Men** Dark crime thriller with Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Rise of the Footsoldier** Gangster drama starring Ricci Harnett. (2007, 18, 119min) ★
2.20 **Silk Road** Thriller with Nick Robinson. (2021, 15) ★★★
4.20 **to 6.00** AM **Reunion** Horror. (2021, 15, 95min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.25 AM **Little Women** As 6.45pm.
8.45 **The Water Diviner** (2014)
10.40 **The Imitation Game** As 9pm.
12.35 PM **The Wind That Shakes the Barley** As 1.05am.
2.45 **Pan's Labyrinth** As 11.00pm.
4.50 **The Water Diviner** Period drama. directed by and starring Russell Crowe. (2014, 15, 111 min) ★★★
6.45 **Little Women** Peroid drama starring Saoirse Ronan. (2019, U, 135min) ★★★★★

6.45 Little Women

Little Women (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Imitation Game** Biopic of Alan Turing, who broke vital Nazi codes during World War Two, but was condemned for his homosexuality. Stars Benedict Cumberbatch, Keira Knightley and Charles Dance. (2014, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Pan's Labyrinth** Guillermo del Toro's horror fantasy set in Spain in 1944. Subtitled. (2006, 15, 120min) ★★★★★
1.05 AM **The Wind That Shakes the Barley** Ken Loach's controversial historical drama. (2006, 15, 127min) ★★★★
3.15 **Once Upon a River** Drama starring Kenadi DelaCerna. (2019, 15, 92min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Sci-Fi/Horror

311 411 511 525

7.00 AM **The Call** Horror thriller. (2020, 15, 97min) ★★
8.45 **Bloodshot** As 7.45pm.
10.40 **Rent-a-Pal** As 1.30am.
12.35 PM **Spell** As 3.20am.
2.20 **Mortal** Fantasy drama. (2020, 15, 100min) ★★
4.10 **School's Out Forever** Horror comedy. (2020, 15) ★★★
6.00 **Anon** Sci-fi crime tthriller. (2018, 15, 105min) ★★★
7.45 **Bloodshot** Fantasy thriller. (2020, 12, 109min) ★★

9.35 Alien: Director's Cut

Bloodshot (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Alien: Director's Cut** Ridley Scott's sci-fi chiller with Sigourney Weaver. Responding to a distress call from an alien planet, the crew of a spacecraft accidentally pick up an extraterrestrial. (1979, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Blade: Trinity** Adventure sequel starring Wesley Snipes, Ryan Reynolds and Jessica Biel. (2004, 15, 113min) ★★
1.30 AM **Rent-a-Pal** Horror thriller starring Brian Landis Folkins and Wil Wheaton. (2020, 15, 108min) ★★★
3.20 **Spell** Horror starring Omari Hardwick and Loretta Devine. (2020, 15, 91min) ★★★
4.55 **to 6.45** AM **Mortal** As shown at 2.20pm.

Sky Cinema Assassins

302 402 502 516

6.35 AM **Terminator: Dark Fate**
8.45 **3 Days to Kill** As 11.15pm.
10.45 **Jack Reacher** As 9.00pm.
1.00 PM **Machete Kills** As 1.15am.
3.00 **First Love** Crime drama. (2019, 15, 108min) ★★★★
5.00 **Abduction** Action horror with Scott Adkins and Andy On. (2019, 15, 98min) ★★
6.50 **Terminator: Dark Fate** Sci-fi adventure starring Arnold Schwarzenegger. (2019, 15, 128min) ★★★★

11.15 3 Days to Kill

Terminator: Dark Fate (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

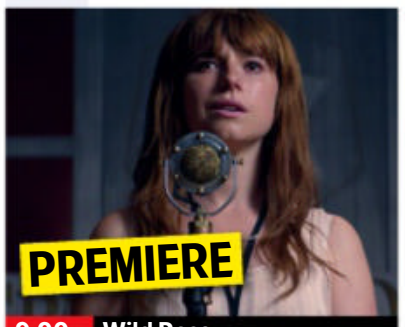
9.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **3 Days to Kill** Action thriller starring Kevin Costner. A dying CIA agent takes on one last assignment while attempting to rebuild his relationship with his estranged daughter. (2014, 12, 117min) ★★★
1.15 AM **Machete Kills** Action thriller sequel starring Danny Trejo and Mel Gibson. (2013, 15, 105min) ★★
3.10 **First Love** As 3.00pm.
5.00 **to 6.45** AM **Abduction**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Waterloo Road** Drama. (1944, b/w, PG, 73min) ★★★
12.35 PM **Night Passage** Western. (1957, U, 90min) ★★
2.25 **The Bridges at Toko-Ri** War drama with William Holden. (1954, U, 99min) ★★★
4.30 **Carry On Teacher** Comedy. (1959, b/w, U, 86min) ★★★
6.15 **The Karate Kid** Martial arts drama starring Jaden Smith. (2010, PG, 140min) ★★★



9.00 Wild Rose

The Karate Kid (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **PREMIERE Wild Rose** Music drama starring Jessie Buckley. After being released from prison, a Glaswegian singer chases her dreams of being a country music star. With Julie Walters. (2018, 15, 101min) ★★★★
See review, page 24.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Boss** Comedy starring Melissa McCarthy and Kristen Bell. A disgraced entrepreneur looks to launch a comeback with the reluctant help of her long-suffering former assistant. (2015, 15, 89min) ★★
1.05 **to 3.50** AM **Snowden** Fact-based thriller starring Joseph Gordon-Levitt. (2016, 15, 127min) ★★★

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **Dead Reckoning** Thriller. (1947, b/w, U, 97min) ★★★★
8.00 **The Victors** (1963, b/w, PG) ★★
11.00 **The Silencers** Spy thriller spoof. (1966, PG, 103min) ★★★
1.05 PM **Murderers' Row** Spy spoof. (1966, PG, 108min) ★★
3.15 **Don't Panic Chaps** Comedy. (1959, b/w, PG, 84min) ★★★
5.00 **The Hunchback of Notre Dame** Drama. (1982, PG, 97min) ★★

7.05 **Born Free** Fact-based wildlife adventure starring Virginia McKenna and Bill Travers as game wardens in Kenya attempting to raise three lion cubs. (1965, U, 95min) ★★★★
9.00 **Hanover Street** Wartime love story starring Harrison Ford as an American bomber pilot who falls in love with an English nurse in World War Two London. (1979, PG, 108min) ★★
11.05 **Eyes of Laura Mars** Thriller. (1978, 15, 104min) ★★★

1.15 AM **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★
3.20 **Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **Flawless** Suspense thriller. (2020, PG, 90min) ★★
11.00 **Mother's Crime** Drama. (2017, PG, 90min) ★★
1.00 PM **Deadly Honeymoon** Crime mystery. (2010, PG, 89min) ★★
2.50 **Under Fire** Thriller with Andrea Bowen. (2016, PG, 95min) ★★
4.45 **I Spy** Espionage comedy with Eddie Murphy and Owen Wilson. (2002, 12, 96min) ★★★

6.40 **The Net** Thriller starring Sandra Bullock. A computer expert becomes entangled in a web of intrigue when she stumbles upon a hi-tech conspiracy. (1995, 12, 115min) ★★★
9.00 **Killerman** Action drama starring Liam Hemsworth. When a money launderer wakes up with millions in stolen cash and drugs, and no memory of how he got it, he sets out to find answers. With Emory Cohen. (2018, 15, 112min) ★★★

11.15 **A Most Violent Year** Thriller. (2014, 15, 120min) ★★★★★
1.50 AM **The Bad Twin** Psychological thriller. (2016, PG, 90min) ★★
3.55 **to 6.00** AM **Stolen Dreams** Thriller. (2016, PG, 85min) ★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
7.50 **A Prize of Arms** Crime thriller. (1961, b/w, PG, 105min) ★★★
9.55 **A Twist of Sand** (1968, U) ★★
11.50 **The Quick & the Dead** Western. (1987, PG, 94min) ★★★
1.45 PM **Three Hours to Kill** Western. (1954, 12, 77min) ★★
3.25 **Assignment Paris** Thriller. (1952, U, 85min) ★★

5.10 **Submarine Seahawk** War drama. (1959, U, 83min) ★★
6.55 **The Great Los Angeles Earthquake** 1/2. Disaster drama starring Joanna Kerns as a seismologist who predicts an earthquake is about to strike LA.
9.00 **Diamond Dogs** Action adventure starring Dolph Lundgren and Yu Nan. An ex-soldier leads an expedition in search of a rare Buddhist artifact into the mountains of Mongolia. (2007, 15, 94min) ★★

10.55 **Men of War** Action drama. (1994, 18, 99min) ★★
12.55 AM **Half Past Dead 2** Thriller sequel. (2007, 15, 92min) ★★
2.40 **to 4.00** AM **Strongroom** Thriller. (1961, b/w, PG, 80min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Truly, Madly, Sweetly**
9.00 **Finding Love in Mountain View** As shown at 9.00pm.
11.00 **From the Heart** As 11.00pm.
1.00 PM **A Gingerbread Romance**
3.00 **Double Christmas** Romantic comedy starring Carly Pope. (2019, PG, 84min) ★★
5.00 **The Spruces and the Pines** Drama starring Nick Ballard. (2017, PG, 86min) ★★

7.00 **Truly, Madly, Sweetly** Romantic drama starring Nikki Deloach and Dylan Neal. A cupcake baker and a divorced dad are thrown into business together when they jointly inherit a historic bakery site. (2018, PG, 82min) ★★
9.00 **Finding Love in Mountain View** Romantic drama starring Danielle C Ryan. An architect is torn between focusing on her career and honoring her cousin's wish. (2020, PG, 90min) ★★

11.00 **From the Heart** Romantic drama. (2020, PG, 90min) ★★
1.00 AM **A Gingerbread Romance** Drama with Tia Mowry-Hardrict. (2018, PG, 90min) ★★
3.00 **to 5.00** AM **Double Christmas**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

9.00 PM **The Magnificent Seven** *5STAR* Western remake starring Denzel Washington, Chris Pratt and Ethan Hawke. ★★★
9.00 **Apocalypse of Ice** *Syfy* Disaster drama starring Tom Sizemore and Torrey Richardson. ★★
9.00 **The Delta Force** *Paramount Network* Action thriller starring Chuck Norris and Lee Marvin.★
10.00 **Hellboy** *ITV4* Comic-book horror fantasy starring Ron Perlman, John Hurt, Selma Blair and Rupert Evans. ★★★★
10.00 **Bowling for Columbine** *Sky Documentaries* Michael Moore's offbeat documentary. ★★★★
11.15 **The Beguiled** *BBC2 (Not NI)* Period drama with Colin Farrell and Nicole Kidman. ★★★★
11.40 **Kickboxer: Vengeance** *Paramount Network* Thriller remake with Alain Moussi and Jean-Claude Van Damme. ★★
11.55 **The Keeper** *BBC2 N Ireland* Biopic of Bert Trautmann, starring David Kross. ★★★★
2.10 AM **Everest** *Channel 4* Fact-based adventure, starring Jason Clarke, Josh Brolin and Jake Gyllenhaal. (Signed) ★★★★

8 PM
9 PM
10 PM
11 PM

WEDNESDAY Sport 15 September

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Sky Sports News** Round-up of the latest sports news. with analysis and comment, plus extended interviews with the headline makers.
3.00 PM **LIVE US Open 9-Ball Pool** Coverage of the third day of the tournament, staged at Harrah's Resort in Atlantic City.
7.00 **LIVE EFL Stoke City v Barnsley.** Coverage of the Championship game from bet365 Stadium. Kick-off **7.45pm**.
10.00 **Soccer Special Post-Match** All the reaction from tonight's football fixtures, including interviews with the managers and players.
11.00 **NFL Fantasy** NFL analysts offer tips on how to dominate your fantasy football leagues.
12.00 M'T **LIVE WNBA Connecticut Sun v New York Liberty.** Coverage from Mohegan Sun Arena. Tip-off **12.00m't**.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Robbie Fowler**
7.30 **PL Legends: Ian Wright**
8.00 **Best PL Goals: North London Derby** Memorable strikes.
8.30 **Best PL Goals: Tottenham v Chelsea** Memorable goals.
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 10/11**
5.00 **PL 100 Club: England's Finest**
5.30 **Premier League 100 Club**
6.00 **PL Legends: Ian Wright**
6.30 **Soccer AM: The Best Bits**
7.00 **Gillette Soccer Special** The latest news from this evening's matches.
10.00 **Premier League World**
10.30 **Soccer AM: The Best Bits**
11.00 **PL Retro**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 11/12**
5.00 **Best PL Goals: Merseyside Derby**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **Play Off Finals C'Ship 14/15**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Cup Final 08**
3.30 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Scottish Premiership**
5.15 **SPFL Highlights**
5.45 **EFL Highlights**
7.00 **LIVE EFL Stoke City v Barnsley.** Kick-off **7.45pm**.
10.15 **EFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **SPFL Highlights**
12.30 AM **EFL Highlights**
2.45 **One2Eleven**
3.00 **to 6.00** AM **EFL Play Off Finals 19/20**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **T20 Blast 2007**
7.00 **T20 Blast 2013**
8.00 **2015 T20 Blast Final**
8.40 **Best of T20 Blast Finals Day**
9.00 **Test Cricket** Action from all five days of the fifth Test between England and India at the Emirates Old Trafford, Manchester.
2.00 PM **Cricket's Climate Crisis**
2.30 **Test Cricket Bitesize**
3.45 **2018 T20 Blast Final** Action from Worcestershire Rapids v Sussex Sharks at Edgbaston.
4.45 **Best of T20 Blast Finals Day**
5.00 **Test Cricket** Action from all five days of the fifth Test between England and India at the Emirates Old Trafford, Manchester.
10.00 **Cricket's Climate Crisis**
10.30 **Test Cricket Bitesize** Highlights from all five days of England v India in the fifth and final Test.
11.45 **Best of T20 Blast Finals Day**
12.00 M'T **Vitality T20 Blast Cricket** Action from Lancashire Lightning v Yorkshire Vikings in the North Division match from Old Trafford.
3.45 AM **Best of England v India**
4.00 **Talking Cricket**
5.00 **to 6.00** AM **Best of England v India**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **European Tour Golf**
7.00 **PGA EuroPro Tour Golf**
9.00 **Golf Today**
10.45 **Nick Dougherty's Tee Time Tips** Golf tips and advice.
11.00 **PGA EuroPro Tour Golf**
1.00 PM **Miracle at Medinah – The Story of the 2012 Ryder Cup** A look back at the 39th staging.
3.00 **Perfection In Paris** A look back at the 2018 Ryder Cup.
5.00 **Farmfoods British Par 3 Championship – Pro-Am** Action from the tournament at Nailcote Hall in Coventry. Players competing include former pros Paul Lawrie and Ian Woosnam.
7.00 **Ladies European Tour Golf** Action from the VP Bank Swiss Ladies Open in Zug, Switzerland.
8.00 **Legends Tour Golf**
9.00 **PGA Tour: The Cut**
9.30 **PGA Tour Champions Learning Centre**
10.00 **Golf Today**
12.00 M'T **PGA Tour Champions**
1.00 AM **Miracle at Medinah – The Story of the 2012 Ryder Cup**
3.00 **Perfection In Paris**
5.00 **to 6.00** AM **Ryder Cup Memories**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Inside AFL**
6.30 **BT Sport Goals Reload**
7.00 **WWE Monday Night Raw**
9.30 **ESPN FC** Football news.
10.00 **Ligue 1 Highlights**
11.00 **MotoGP** The GP of Aragon race.
12.00 NOON **MotoGP Chequered Flag**
1.00 PM **FIM Speedway Grand Prix**
3.00 **ESPN FC** Football news.
3.30 **Premier League** Crystal Palace v Tottenham Hotspur.
5.00 **BT Sport Reload**
5.15 **Premier League Reload**
5.30 **LIVE UEFA Champions League Besiktas v Borussia Dortmund.** Coverage of the Group C match from Vodafone Arena. Kick-off **5.45pm**.
7.45 **LIVE UCL Goals Show** The goals from tonight's UEFA Champions League games.
10.15 **WWE NXT**
12.00 M'T **WWE NXT UK**
1.00 AM **WWE Raw Highlights**
2.00 **Inside AFL**
2.30 **The Aussie Rules Show**
3.00 **WSL Presents**
4.00 **FIM Speedway Highlights**
5.00 **to 6.00** AM **FIM – International Six Days of Enduro**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Gallagher Premiership Rugby Highlights**
10.30 **Super League Triathlon**
11.30 **ESPN FC**
12.00 NOON **BT Sport Reload**
12.30 PM **Women's One-Day International Cricket** West Indies v South Africa.
1.30 **Hero CPL** T20 cricket from the Hero Caribbean Premier League.
2.30 **LIVE Hero CPL** Coverage from the final of the Hero Caribbean Premier League T20 tournament.
7.00 **LIVE UEFA Champions League Liverpool v AC Milan.** Coverage of the Group B match from Anfield. Kick-off **8.00pm**. *See feature, page 28.*
10.30 **UEFA Champions League Highlights** Goals and highlights from this evening's fixtures.
11.30 **DIY Pundit**
12.00 M'T **Serie A – Full Impact**
12.30 AM **Hero CPL**
1.00 **The Aussie Rules Show**
1.30 **BT Sport Goals Reload**
1.45 **DIY Pundit**
2.15 **MotoGP Rewind**
2.30 **BT Sport Reload**
3.00 **to 6.00** AM **The Big Match Revisited – 1974/75**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League** Back-to-back highlights from matches in the Champions League.
10.00 **UEFA Champions League Highlights** The latest action.
11.00 **BT Sport Goals Reload**
11.15 **UEFA Champions League** Back-to-back highlights from matches in the Champions League.
3.15 PM **UEFA Champions League Highlights** All of the goals from the latest set of fixtures in the UEFA Champions League.
4.15 **BT Sport Goals Reload**
4.30 **WWE SmackDown Highlights**
5.30 **WWE Raw Highlights**
6.30 **BT Sport Reload**
6.45 **Premier League World**
7.15 **LIVE UEFA Champions League Manchester City v RB Leipzig.** Coverage of the Group A match from the Etihad Stadium. Kick-off **8.00pm**.
10.30 **DIY Pundit**
11.00 **The Aussie Rules Show**
11.30 **FIM Speedway Highlights**
12.30 AM **UEFA Champions League** Back-to-back action from tonight's Champions League matches.
4.30 **UFC – The Walk**
5.00 **to 6.00** AM **WRC Review**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Bitesize Highlights**
8.00 **NFL Highlights**
9.00 **Inside the Huddle**
10.00 **NFL Highlights**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Bitesize Highlights**
4.00 **NFL Highlights** Buffalo Bills v Indianapolis Colts. **5.00** Seattle Seahawks v Los Angeles Rams.
6.00 **Inside the Huddle** The Sky Sports NFL team review the latest matches, news and headlines.
7.00 **NBC's Pro-Football Talk**
9.00 **Jags All Access: UK**
9.30 **NFL Bitesize Highlights** Action from Las Vegas Raiders v Baltimore Ravens. **9.45** Highlights from Tampa Bay Buccaneers v Dallas Cowboys.
10.00 **NFL: A Football Life**
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts, get tips on how to dominate your fantasy football leagues.
12.00 M'T **Total Access**
1.00 AM **NFL Bitesize Highlights**
2.00 **NFL Highlights**
5.00 **to 6.00** AM **Inside the Huddle**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **School of Golf**
6.30 **My Icon**
7.30 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **NBA** Action from Memphis Grizzlies v San Antonio Spurs.
11.00 **WNBA** Action from Washington Mystics v Atlanta Dream.
12.45 PM **WNBA Weekly**
1.15 **Netball Superleague** Wasps v Saracen Mavericks.
3.00 **LIVE US Open 9-Ball Pool** Coverage of the third day of the tournament, taking place at Harrah's Resort in Atlantic City.
8.00 **Women's Super League** Highlights from latest matches.
8.15 **My Icon**
8.30 **World Pool Masters** Action from day two of the 2019 World Pool Masters in Gibraltar.
9.30 **LIVE US Open 9-Ball Pool** Further coverage of day three at Harrah's Resort in Atlantic City.
2.30 AM **Fight Night** Anthony Joshua v Carlos Takam: Action from the heavyweight bout for the IBF, IBO and WBA Super World titles.
4.30 **Premier League World**
5.00 **to 6.00** AM **World Pool Masters**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **College Football**
2.00 PM **College Football Live**
2.30 **MLB: Rockies @ Braves**
5.30 **LIVE UEFA Champions League Sheriff Tiraspol v Shakhtar Donetsk.** The Group D match from Bolshaya Sportivnaya Arena. Kick-off **5.45pm**.
7.45 **LIVE UEFA Champions League Club Brugge v PSG.** The Group A match at Jan Breydel Stadium. Kick-off **8.00pm**.
10.00 **BT Sport Reload**
10.30 **The Ocho**
11.30 **LIVE MLB Pittsburgh Pirates v Cincinnati Reds.** From PNC Park. Start-time **11.35pm**.
2.30 AM **College Football Live**
3.00 **to 6.00** AM **LIVE MLB** A Major League Baseball match.

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
7.00 **Cycling: European Road Champs**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Tokyo 2020: Athletics**
11.00 **British Speedway**
12.00 NOON **The Cycling Show**
12.30 PM **Cycling: Tour of Luxembourg**
1.30 **LIVE Cycling: Tour of Luxembourg** Stage two.
3.30 **LIVE Tour of Tuscany** Coverage of the one-day race.
5.00 **LIVE Cycling: Tour of Slovakia** The prologue from Kosice.
6.00 **Formula E**
7.00 **Cycling: Wallonie Grand Prix**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Cycling: Tour of Slovakia**
10.00 **Show Jumping**
11.00 **British Superbikes Extra**
12.00 M'T **Cycling: Tour of Luxembourg**
1.00 AM **Cycling: Tour of Slovakia**
2.00 **Hall of Fame – Tokyo 2020**
3.00 **Cycling: Tour of Slovakia**
4.00 **to 6.00** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Tour of Luxembourg**
7.00 **Olympics: Legends Live On**
8.00 **British Superbikes Extra**
9.00 **Cycling: European Road Champs**
10.00 **Cycling: Tour of Luxembourg**
11.00 **Hall of Fame – Tokyo 2020**
12.00 NOON **Formula E**
1.00 PM **World Superbikes**
3.00 **LIVE Cycling: Wallonie Grand Prix** The one-day race.
4.30 **Motocross World Championship**
5.00 **British Superbikes Extra**
6.00 **Olympic Games: The Distance**
7.30 **Olympics: Legends Live On**
8.00 **GOLFTV Weekly**
8.30 **Olympics: Legends Live On**
9.00 **World Superbikes**
10.00 **World Superbikes Extra**
11.00 **Cycling: Tour of Slovakia**
12.00 M'T **British Speedway**
1.00 AM **Hall of Fame – Tokyo 2020**
2.00 **World Superbikes**
3.00 **World Superbikes Extra**
4.00 **Tokyo 2020: Mountain Biking**
5.00 **to 6.00** AM **Cycling**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Rise With Us**
7.00 **Netball Superleague**
9.00 **Sail GP**
10.30 **Super League Highlights**
11.30 **Fight Night International**
1.35 PM **My Icon**
1.45 **Boxing Gold**
2.00 **World Pool Masters**
3.00 **LIVE US Open 9-Ball Pool** Coverage of the third day from Harrah's Resort in Atlantic City.
8.00 **NRL Try Time**
9.00 **Super League Highlights**
9.30 **Rugby League Retro**
11.30 **WNBA Weekly**
12.00 M'T **LIVE WNBA Connecticut Sun v New York Liberty.** Coverage from from Mohegan Sun Arena. Tip-off **12.00m't**.
2.00 AM **NBA: Sounds of the Finals 2017** Highlights from 2017.
2.30 **NBA: San Antonio @ Memphis**
4.30 **NBA: Sounds of the Finals 2018**
5.00 **to 6.00** AM **World Pool Masters**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **Formula 2 Championship**
11.40 **Ted's Story of Ferrari**
11.45 **Formula 2 Championship**
12.45 PM **Ted on Tyres and Brake Magic** Explaining tyre blowouts.
12.55 **Psychology of Lewis Hamilton**
1.00 **Formula 2 Championship**
2.00 **Pierre Gasly on 2021**
2.10 **Ted's Story of Ferrari**
2.15 **Formula 2 Championship**
3.15 **Porsche Supercup: Italy**
4.05 **On the Inside: McLaren**
4.20 **The History of Aston Martin**
4.30 **Formula 1**
6.45 **Chequered Flag**
7.15 **Ant Drives the Mercedes W12**
7.30 **Formula 1**
8.30 **The Inside Line**
9.00 **The Weekend Debrief**
9.30 **Formula 1**
11.45 **Max Verstappen with Rachel**
11.55 **Ted's Story of Ferrari**
12.00 M'T **The Inside Line**
12.30 AM **The Weekend Debrief**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Thursday

16 September

Evening Planner

Football

Europa League
BT Sport 2 HD & BT Sport 3 HD, kick-offs 5.45pm & 8pm
West Ham, Celtic, Leicester City and Rangers play in the group stage tonight

Documentary

Patrick Kielty: One Hundred Years of Union
BBC1 HD, 9pm (BBC2, 9pm, Wales)
Patrick explores what the future holds for his home country in its centenary year

Drama

Help
C4 HD, 9pm
Stephen Graham and Jodie Comer co-star in a Jack Thorne-penned drama about a care home affected by COVID

Drama

All Creatures Great and Small
Channel 5 HD, 9pm
Three months on, James gets a job offer and confronts his feelings for Helen

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.35 EastEnders	8.00 Celebrity MasterChef		9.00 Patrick Kielty: One Hundred Years of... †		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Your Garden Made Perfect		9.00 A Killing in Tiger Bay		10.00 QI	10.30 Newsnight
103 ITV	7.00 Emmerdale		8.00 Coronation Street		9.00 Fred and Rose West: Reopened		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Joe Lycett's Got Your Back		9.00 Help			
105 CHANNEL 5	7.00 How to Stop Your IBS		8.00 Nick Knowles' Big House Clearout		9.00 All Creatures Great and Small		10.00 A&E After Dark	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Flash		9.00 A League of Their Own		10.00 The Russell Howard Hour	
ENTERTAINMENT								
116 BBC4	7.00 Great British...	7.30 Joy of Painting	8.00 Film: Three Men in a Boat		9.05 Imagine – Tom Stoppard: A Charmed Life			
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Ready to Mingle		10.05 Family Guy	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Mend It for Money		10.00 8 Out of 10 Cats Does Countdown	
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 World's Greatest Weddings		9.00 Married at First Sight UK		10.00 Married at First Sight UK: Afters	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 9-1-1		9.00 FBI		10.00 FBI: Most Wanted	
108 SKY ATLANTIC	◂ 6.45 The Sopranos		7.50 Game of Thrones		9.00 The White Lotus			10.10 Billions
110 GOLD		7.20 The Green Green Grass	8.00 Only Fools and Horses			9.45 Live at the Apollo		
111 DAVE	7.00 Richard Osman's House...	7.40 Would I Lie to You?...		8.20 QI Christmas	9.00 QI XL		10.00 Late Night Mash	
119 ITV3	◂ 6.55 Maigret		8.00 Vera				10.00 Arthur & George	
120 ITV4	7.00 The Celebrity Chase		8.00 Bear & Nicola Adams' Wild Adventure		9.00 Gordon, Gino and Fred: American Road...		10.00 Film: Taken 2	
112 COMEDY CENTRAL	7.00 Friends				9.00 Live at the Apollo		10.00 The Complaints Department	
152 SYFY	7.00 Star Trek: The Next Generation		8.00 Quantum Leap		9.00 Film: Ape vs Monster			
109 W	7.00 MasterChef Australia			8.30 Inside the...	9.00 Jesy Nelson: Odd One Out			10.15 Extreme Food Phobics
114 SKY COMEDY	7.05 Silicon Valley	7.40 Curb Your Enthusiasm			9.00 Bill Maher: Live from DC			10.30 Miracle...
132 ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise		9.00 Why Women Kill		10.00 Annika	
130 SKY ARTS	7.00 Cold War & Cinema		8.00 Great Film Composers: The Music of...		9.00 Comedy Legends		10.00 John Goodman: Off Camera	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Kindig Customs		9.00 Naked and Afraid XL			
162 ANIMAL PLANET	7.00 Dr Jeff: Rocky Mountain Vet		8.00 Lone Star Law		9.00 Rugged Justice		10.00 My Cat from Hell	
129 NAT GEO	7.00 Car S.O.S.		8.00 Wicked Tuna		9.00 Alaska: The Next Generation		10.00 Alaska State Troopers	
123 SKY HISTORY	7.00 Forged in Fire Tournament of Champions		8.00 Pawn Stars		9.00 Forged in Fire		10.00 Alone	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Great British Railway Journeys		9.00 Secret Nazi Bases		10.00 Nazi Victory: The Post-War Plan	
121 SKY DOCS	7.00 The Nineties		7.50 The Comedy Store		9.00 The Story of Late Night		10.00 Look Away	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Minari		8.00 Bombshell				10.00 23 Walks	
303 HITS	◂ 5.40 The Climb	7.30 Welcome to Sudden Death			9.00 The Expendables			
304 GREATS	◂ 6.05 True Grit		8.15 The Italian Job				10.00 Django Unchained	
305 ANIMATION	7.00 Shaun the Sheep Movie			8.30 Monster Family				10.10 Happily N'Ever After 2
306 FAMILY	◂ 6.20 Mr Popper's Penguins		8.00 The Water Horse			9.55 Call of the Wild		
307 ACTION	◂ 6.30 Harriet			8.40 The Man from U.N.C.L.E.				10.40 The...
308 COMEDY	7.00 The Last Shift			8.40 Shoplifters of the World			10.20 Team America: World...	
309 THRILLER	7.00 The Dry				9.05 The Wolf of Wall Street			
310 DRAMA	◂ 6.15 Entrapment		8.10 Long Story Short			9.50 About Time		
311 SCI-FI	◂ 6.00 Portal	7.45 Synchronic				9.30 Ad Astra		
302 ASSASSINS	◂ 5.45 V for Vendetta		8.00 Salt			9.45 Elektra		
313 FILM4	◂ 6.55 Behind Enemy Lines				9.00 Jack Reacher: Never Go Back			
315 TCM MOVIES	◂ 6.50 Funeral in Berlin				9.00 Das Boot			
SPORT								
401 MAIN EVENT	◂ 12.30 Women's International One-Day Cricket – Live: England v New Zealand				9.00 LPGA Tour Golf – Live: The 2021 Cambia Portland Classic			
402 PREMIER LEAGUE	7.00 PL Matchpack	7.30 PL World	8.00 Inside The WSL	8.30 Soccerbox	9.00 PL Matchpack	9.30 PL World	10.00 Inside The WSL	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights		8.00 Scottish...	8.30 Bundesliga...	9.00 EFL Highlights	9.30 EFL Goals: L1&2	10.00 EFL Highlights	
404 CRICKET	◂ 12.30 Women's International One-Day Cricket – Live: England v New Zealand				9.00 Best of the Women's World T20		10.00 Women's...	10.25 Best of England...
413 BT SPORT 1	◂ 5.15 Europa Conference League – Live		8.00 Inside AFL	8.30 Aussie Rules...	9.00 WWE NXT Highlights		10.00 The Outdoor...	10.30 Fight Night
414 BT SPORT 2	◂ 5.15 UEFA Europa League – Live: Dinamo Zagreb v West Ham United (Kick-off 5.45); Leicester City v Napoli (Kick-off 8.00)							10.30 UEFA Europa...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Close Calls: On Camera** New edition A drowning woman. (S)(AD)
11.15 **Homes Under the Hammer** New edition From Yorkshire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Unbeatable** New edition Quiz. (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition A woman seeks a garden that reflects her love of travel. (S)
4.30 **Antiques Road Trip** New edition Scouring Wiltshire and Dorset. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.35 EastEnders

7 PM

7.00 **The One Show** The usual mixt of celebrity chat and stories of interest. (S)
7.35 **EastEnders** Martin secretly visits Stacey in prison, and Tiffany gives Sonia an ultimatum. (S)(AD)

8 PM

8.00 **Celebrity MasterChef** New edition 17/18. Finals Week continues and the four best cooks' penultimate challenge is the toughest of the contest so far – the Chef's Table, hosted by Tom Kerridge. (S)(AD)
■ Concludes tomorrow

9 PM

9.00 NEW **Patrick Kielty: One Hundred Years of Union** The presenter discovers how the trauma of the past is shaping the future of Northern Ireland in its centenary year, and why some feel a united Ireland could be on the horizon. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 NEW SERIES **Question Time** Fiona Bruce chairs the topical debate, inviting politicians and other guests to answer questions from members of the public. (S)
11.35 **Newscast** BBC news correspondents discuss the week's biggest stories on their weekly round-up from Westminster. (S)
12.05 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Eggheads** Quiz show. (S)(R)
1.30 **Make Me a Dealer** (S)(R)
2.15 **The Big Painting Challenge** (S)(R)
3.15 **The Dark: Nature's Nighttime World** The puma's nocturnal hunting methods. (S)(R)(AD)
4.15 **Who Do You Think You Are?** With Sophie Raworth. (S)(R)(AD)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** New edition Kaye Adams, Mark Chapman, Philip Glenister and Thanyia Moore take part. (S)
6.30 **Take a Hike** New edition 4/15. Former deputy mayor Chaz serves up a spicy picnic on Dartmoor. (S)

10.00 QI

7.00 **Celebrity Antiques Road Trip** Broadcaster Mariella Frostrup and designer Pearl Lowe search for antiques in their adopted county of Somerset, spotting items including Norwegian jewellery, African sculpture and traditional furniture. (S)(R)

8.00 **Your Garden Made Perfect** 1/6. Angela Scanlon presents as couples have their gardens transformed, choosing from two potential redesigns using virtual reality technology. First up is Demi and Laura's L-shaped Hertfordshire plot. (S)(R)

9.00 **A Killing in Tiger Bay** New edition 2/3. The men are put on trial, despite the lack of any forensic evidence tying them to the crime, and face what would become Britain's longest murder trial. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **QI** New edition 2/14. With guest panellists James Acaster, Daliso Chaponda and Cariad Lloyd. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Amy Winehouse: A Life in Ten Pictures** A journey through the singer's life in 10 defining photos, with their secrets revealed by those who knew the star best. (S)(R)
12.15 AM **Sign Zone: Parkinson at 50** The talk-show host looks back on his illustrious career with his son and producer Mike. (S)(R)
1.15 **Sign Zone: Celebrity MasterChef** 11&12/18. Double bill. (S)(R)(AD)
2.45 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(R)
3.00 **Tenable** Sally Lindsay hosts as a team of community nurses answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** April opens up to Rhona about being bullied, Chas is made an offer, Brenda and Rhona have an altercation, and Kim is chuffed, having bought herself a racehorse. (S)(AD)

8.00 **Coronation Street** Tyrone follows Alina and begs her to stay, Mary and Freda clash over Norris' send-off, and Imran remains determined to help Kelly. (S)(AD)

9.00 **Fred and Rose West: Reopened** Series finale 2/2. The investigative team's discovery of 'blue material' beneath a cafe in Gloucester leads police to take over the search. Trevor McDonald presents. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Paul O'Grady's Saturday Night Line Up** 1/6. Featuring guests Jack Dee, Joanna Page, Rob Rinder and Mica Paris. (S)(R)
11.30 **Butterfly** 3/3. Vicky forges Stephen's signature to obtain consent for Maxine's treatment at a US clinic. (S1) (S)(R)(AD)
12.20 AM **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Martin & Roman's Weekend Best!** With Texas frontwoman Sharleen Spiteri. (S)(SL)(R)
4.05 **Nightscreen**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour | 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 16&17/22. (S7) (S)(R)
7.40 **The King of Queens** (S6) (S)(R)
9.05 **Frasier** (S10) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** In Pennsylvania. (S)(R)
11.25 **News** (S)
11.30 **Find It, Fix It, Flog It** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition (S)
4.00 **The Great House Giveaway** (S)(R)
5.00 **Four in a Bed** New edition From The Holford Arms in Tetbury. (S)
5.30 **Come Dine with Me** New edition Video director Dean offers a tried-and-tested menu. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Brody goes to extreme lengths to protect Sienna. (S)(AD)

8.00 Joe Lycett's Got Your Back

7.00 **News** (S)

8.00 **Joe Lycett's Got Your Back** New edition 5/8. Stand-up comedian Sarah Millican joins the host as he takes on Virgin Media's terms and conditions. Plus, Sophie Duker investigates the sale of people's data on the dark web. (S)(AD)

9.00 NEW **Help** Drama starring Jodie Comer and Stephen Graham. In a Liverpool care home, a young care worker and a 47-year-old patient with early-onset Alzheimer's find their lives changed for ever during the COVID-19 pandemic in spring 2020. With Cathy Tyson, Angela Griffin, Sue Johnston, Ian Hart and Lesley Sharp. *See feature, page 4.* (S)(AD)

11.05 **First Dates** (S)(R)(AD)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
12.50 **Celebrity SAS: Who Dares Wins** 3/6. The celebrities are put into pairs for trust exercises. (S)(SL)(R)
1.50 FILM **Birds of Passage** Colombian drama with Jose Acosta. Subtitled. (2018, 15, 125min) ★★★★
3.55 **Couples Come Dine with Me** (R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.00** AM **Food Unwrapped** (R)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
7.50 **Pip and Posy** (S)(R)
8.00 **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **The Nightmare Neighbour Next Door** (S)(R)(AD)
12.15 PM **News** (S)
12.20 **Traffic Cops** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Evil Nanny** Thriller. (S) (2016, 12, 105min) ★★
4.00 **Bargain Brits in the Sun** The national football team play a friendly against Malta (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Sheila addresses Evelyn's cold attitude. (S)(R)(AD)
6.00 **Home and Away** Ziggy visits Dean at the hospital. (S)(R)(AD)
6.30 **News** (S)

7.00 How to Stop Your IBS

7.00 NEW **How to Stop Your IBS** Dr Dawn Harper investigates irritable bowel syndrome, a condition that affects as many as one in five people, to show sufferers how to stop their symptoms. (S)

8.00 **Nick Knowles' Big House Clearout** New edition 5/6. Nick and the team help a family-of-four in Stanwell who are paralysed by their clutter, which includes hundreds of DVDs, books and toy cars. (S)

9.00 NEW SERIES **All Creatures Great and Small** *Where the Heart Is:* 1/6. Return of the drama starring Nicholas Ralph. A trip back home to Glasgow presents James with a dilemma. *See feature, page 8.* (S2)

10.00 **A&E After Dark** A young man is restrained by police and security personnel in the ambulance bay, while a 73-year-old man is rushed in with serious injuries after being thrown off his horse and cart. (S)(R)

11.05 **Armed and Deadly: Police UK** Police operations. (S)(R)
12.05 AM **Adults Only: Cam Girl Millionaires** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Secrets of Tutankhamun's Treasures** Documentary. (S)(R)
3.55 **Witches: A Century of Murder**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.30 **Kay Burley**
8.00 **Gangs of Lemur Island** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 11/23. (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S3) (S)(R)(AD)
3.00 **Modern Family** (S1) (S)(R)
4.00 **Will & Grace** (S2) (S)(R)
5.00 **The Simpsons** (R)
5.30 **The Fresh Prince of Bel Air** 23/25. Carlton accepts a dangerous challenge. (S)(R) **6.00** 24/25. Ashley celebrates her 12th birthday. Guest stars Tevin Campbell. (S1) (S)(R)
6.30 **The Simpsons** *The Man in the Blue Flannel Pants:* Homer is promoted to accounts manager at the power plant. (R)

9.00 A League of Their Own

7.00 **The Simpsons** *The Ten-Per-Cent Solution:* Krusty the Clown's TV show is cancelled. (R) **7.30** *Politically Inept with Homer Simpson:* Homer becomes the new voice of American politics. (R)

8.00 **The Flash** New episode *Good-Bye Vibrations:* 12/18. Cisco and Kamila tell the team they are leaving Central City, but a new version of Rainbow Raider strikes. (S7) (S)

9.00 **A League of Their Own** New edition Romesh Ranganathan hosts as guest panellists Teddy Sheringham, Sue Perkins, Kadeena Cox and Chris Ramsay join captains Andrew Flintoff and Jamie Redknapp.

10.00 **The Russell Howard Hour** New edition Topical comedy and entertainment show in which the host picks through the biggest UK and international stories, and is joined by celebrity guests.

11.00 **Code 404** 4/6. Carver and Major foil a bomb plot. (S2) (S)(R)
11.30 **Wolfe** 1/6. Crime drama with Babou Ceesay. (S1) (S)(R)
12.30 AM **Manifest** 9/13. (S3) (R)
1.30 **Brit Cops: Frontline Crime UK** Documentary series. (R) (S)
2.30 **Road Wars** (R) (S)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **Magnum P.I.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** Scottish First Minister's Questions New edition (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View (S) **11.15** NEW SERIES Question Time (S) **12.15am** Newscast New edition (S) **12.45-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
9.00-10.00pm A Killing in Tiger Bay New episode (S)(AD)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
7.00pm The Hairy Bikers' Asian Adventure (S)(R) **7.30-8.00** Children's Ward (S)(R) **9.00-10.00pm** Patrick Kielty: One Hundred Years of Union (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Pysgod i Bawb **12.30** Heno **1.00** Teithiau Tramor Iolo **1.30** Triathlon Cymru **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Stori Jimmy Murphy **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bad Achub Porthdinllaen (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** NEW SERIES Bois y Rhondda: The challenges facing the young people of the Rhondda Valley. **9.30** NEW Wyt Ti'n Iawn **10.00** Rygbi Pawb **10.45-11.45pm** Yn y Gwaed

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BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** From Pontyclun.
7.30 **The Joy of Painting** New edition A fishing spot.
8.00 **Three Men in a Boat** Comedy based on Jerome K Jerome's classic tale, starring Tim Curry, Michael Palin and Stephen Moore. Three men go on a boating holiday along the River Thames.
9.05 **imagine... Tom Stoppard: A Charmed Life** The playwright discusses his life.
10.35 FILM **Shakespeare in Love** Oscar-winning romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. (1998, 15, 122min) ★★★★
12.30 AM **Handmade in Bolton** Shaun Greenhalgh tries to carve an Islamic bottle.
1.00 **Great British Railway Journeys** As 7pm.
1.30 **Female Filmmakers: BBC Introducing Arts** Short films made by women.
2.30 **to 3.30** AM **The Art of Japanese Life**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun**
11.05 **Escape to the Chateau: DIY** Emma and Paul host an artists' retreat.
12.10 PM **Heir Hunters**
1.10 **Four in a Bed**
3.50 **Find It, Fix It, Flog It**
5.55 **The Secret Life of the Zoo** A new chimp arrives, and cheetah mum Kinky Tail is on the operating table.

6.55 **Escape to the Chateau: DIY** Dick Strawbridge helps Erin and JB fix rusty hinges on their solarium doors.
7.55 **Grand Designs** Revisiting a couple who bought a Peel tower in the Yorkshire Dales.
9.00 **Mend It for Money** Sisters Ali and Catherine bring in a genuine family heirloom for restoration – a vintage record player and radio set which has been entertaining their family for decades.
10.00 **8 Out of 10 Cats Does Countdown** Katherine Ryan and Joe Lycett take on Sean Lock and Johnny Vegas, while Christopher Bliss joins Susie Dent in Dictionary Corner.
11.05 **999: On the Front Line** A 15-year-old girl is trapped in the back of a crashed car.
12.10 AM **24 Hours in A&E**
1.15 **8 Out of 10 Cats Does Countdown**
2.20 **Mend It for Money**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Love Bites**
6.55 **Ellen's Game of Games**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.30 **Ellen's Game of Games**
10.30 **Dress to Impress**
11.30 **Love Bites**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
2.00 **Supermarket Sweep**
3.00 **Dress to Impress**
4.00 **Love Bites**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**

7.00 **Superstore** 6/22. Bo and Cheyenne are given advice. **7.30** 7/22. Dina investigates a theft on Halloween. (S2)
8.00 **Bob's Burgers** 12/21. Tina and Louise run Jimmy Jr's class president campaign. **8.30** 13/21. The kids are grounded. (S5)
9.00 **Ready to Mingle** New edition The partners take over for the day.
10.05 **Family Guy** *Con Heiress:* 8/20. Brian and Stewie compete for an inheritance. **10.30** *Pawtucket Pete:* 9/20. Peter and Brian compete to be crowned the new face of Pawtucket Ale. (S17)
11.00 **Family Guy**
11.30 **American Dad!**
12.25 AM **Bob's Burgers**
1.20 **Superstore**
2.10 **The Stand Up Sketch Show** Double bill.
3.05 **to 3.20** AM **FYI Extra**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Mike & Molly**
4.00 **Brooklyn Nine-Nine**
4.30 **Married at First Sight UK**
5.40 **Rude(ish) Tube Shorts**
6.00 **The Big Bang Theory**

7.00 **Hollyoaks** The residents try to come to terms with yesterday's events.
7.30 **Young Sheldon** 10/21. Dr Sturgis spies on Meemaw's new boyfriend. (S3)
8.00 **World's Greatest Weddings** 3/4. Heart-warming marital moments.
9.00 **Married at First Sight UK** New edition 12/21. The pairs spend some time apart.
10.00 **Married at First Sight UK: Afters** New edition With Olga Koch, Tom Read Wilson and Sam Thompson.
10.45 **Naked Attraction**
11.50 **Gogglebox**
12.55 AM **Rick and Morty**
1.25 NEW SERIES **Robot Chicken** 1&2/20. (S11)
1.55 **Married at First Sight UK**
2.50 **First Dates**
3.45 **The Big Bang Theory**
4.35 **Brooklyn Nine-Nine**
5.00 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 29 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 | 112 111 | 341 | 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **The Force: Manchester**
11.00 **Law & Order** 0/24. (S14)
12.00 NOON **9-1-1** 9/18. (S2)
1.00 PM **Blue Bloods** (S10)
3.00 **999 Frontline**
4.00 **UK Border Force**
5.00 **Nothing to Declare**
6.00 **Border Security: Australia's Front Line** Double bill of the series following the work of customs officers in Australia.

9.00 FBI

7 PM
7.00 **Nothing to Declare** An anxious passenger arouses suspicion. **7.30** A girl is questioned by immigration officers.

8 PM
8.00 **9-1-1** *Help Is Not Coming:* 3/18. Athena attempts to keep the peace in the aftermath of the earthquake. (S2)

9 PM
9.00 **FBI** New episode *Crazy Love:* 4/15. Maggie is conflicted as the team debate how to take down a suspect. (S3)

10 PM
10.00 **FBI: Most Wanted** New episode *Anonymous:* 4/15. The team search for a young woman on a quest for vengeance. (S2)
11.00 **Law & Order: Special Victims Unit** (S13&22)
2.00 AM **Law & Order: Organized Crime** 7/8. (S1)
3.00 **9-1-1** 11/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 | 357

6.00 AM **Storm City** 1/4. (S1)
7.00 **Blue Bloods** (S5)
9.00 **Six Feet Under** (S4)
11.15 **Banshee** 7&8/10. (S1)
1.30 PM **The Wire** 2&3/13. (S4)
3.45 **Blue Bloods** 14/22. Frank has a disagreement with a detective friend of Gormley. **4.45** 15/22. Erin has to protect a Mob informant. (S5)
5.40 **The Sopranos** 2/21. Tony dreams about being on a trip marred by mistaken identities. **6.45** 3/21. Tony's bizarre dream continues. (S6)

11.15 The Night Of

7.50 **Game of Thrones** *Oathkeeper:* 4/10. Jaime visits Tyrion in jail, and also has a mission for Brienne. Jon asks for volunteers to go to Craster's Keep with him. (S4)

9.00 **The White Lotus** *The Lotus-Eaters:* 5/6. Belinda tries to redirect Tanya's focus to her business proposal. (S1)

10.10 **Billions** *Implosion:* 9/12. As Prince spirals in the wake of a scandal, Axe looks to take his attack to the next level. (S5)
11.15 **The Night Of** 4/8. Alison attempts to persuade Naz to take a plea deal. (S1)
12.20 AM **Dexter** 4/12. Dexter proposes to Rita. (S3)
1.25 **True Blood** 3&4/12. (S3)
3.35 **Californication** 4/12. (S7)
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

GOLD

110/111 110/111 | 124 | 310/343 | 358/392

7.30 AM **Last of the Summer Wine**
8.05 **Fresh Fields**
9.20 **Hi-de-Hi!**
10.00 **Only Fools and Horses**
10.40 **Last of the Summer Wine**
12.00 NOON **The Green Green Grass**
12.40 PM **Hi-de-Hi!**
1.20 **Only Fools and Horses**
4.00 **The Green Green Grass**
4.40 **Last of the Summer Wine** Double bill of the sitcom.
6.00 **Only Fools and Horses**
6.40 **Hi-de-Hi!** Jeffrey treats the campers to a music recital.

8.00 Only Fools and Horses

7.20 **The Green Green Grass** Boycie faces his worst nightmare when Marlene's sister visits.

8.00 **Only Fools and Horses** Uncle Albert falls victim to muggers, so Del Boy resolves to take the law into his own hands.

9.05 **Only Fools and Horses** A millionaire offers Del Boy a partnership.
9.45 **Live at the Apollo** Rob Brydon welcomes Sarah Millican and Jason Byrne to the stage.
10.45 **Peep Show** Jeremy refuses to apologise for falling in love with Dobby.
11.20 **Peep Show** As Super Hans prepares for his wedding, best man Mark feels the pressure.
11.50 **Live at the Apollo**
12.50 AM **David Jason: My Life on Screen**
1.55 **Bridget & Eamon**
3.00 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.10 **Man About the House**
9.45 **On the Buses**
10.20 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot**
5.50 **The Darling Buds of May** Part two of two. Pop can barely contain his glee as Mariette's wedding draws closer.

8.00 Vera

6.55 **Maigret** *Maigret on Home Ground:* Maigret investigates an anonymous warning that a crime is about to be committed.

8.00 **Vera** *Sandancers:* The detective investigates a suspicious death in an army barracks that was designed to look like suicide, and uncovers a traumatic event nobody wants to talk about. Guest stars John Duttine.

10.00 **Arthur & George** 1/3. Period drama starring Martin Clunes as Sherlock Holmes creator Arthur Conan Doyle. (S1)
11.00 **Maigret** As shown at 6.55pm.
12.10 **to 2.15** AM **A Touch of Frost** *Another Life:* Jack returns to duty after a period of suspension, and soon finds himself investigating the murder of a man who had been leading a double life.

+1 hour 219 174 58 116

ITV4

120 120 818 | 118 178 | 25 | 117

6.00 AM **The Champions**
6.50 **Robin of Sherwood**
7.45 **The Avengers**
8.45 **The Sweeney**
9.50 **Minder**
10.55 **The Saint**
11.55 **The Big Match Revisited**
1.00 PM **Cadfael**
2.40 **The Avengers**
3.45 **The Sweeney**
4.50 **Minder** An old army friend of Arthur goes missing.
5.55 **The Big Match Revisited** Action from April 1975.

10.00 Taken 2

7.00 **The Celebrity Chase** Steve Pemberton, Paula Lane, Ben Miller and Matthew Burton take part in the quiz for charity.

8.00 **Bear & Nicola Adams' Wild Adventure** The fomer boxer begins her adventure in a quarry in Dartmoor National Park.

9.00 **Gordon, Gino and Fred: American Road Trip** The trio arrive in Texas, where Gordon enjoys the barbecue food.

10.00 **FILM Taken 2** Action thriller sequel starring Liam Neeson. (2012, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 **to 2.50** AM **FILM Straight Outta Compton** Biopic of hip-hop group NWA, telling the story of how they redefined the genre with hard-hitting songs about urban life. Stars O'Shea Jackson Jr. (2015, 15, 157min) ★★★

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
7.00 PM **My Kind of Town** Exploring Annan in Dumfries and Galloway.
7.30 **Fish Town** A 300-ton trawler comes into Peterhead port.
8.00 **Beechgrove** New edition Carole, George, Brian, Calum and Kirsty all head to Beechgrove.
8.30 **Landward** New edition Dougie Vipond searches for lost lochs in Moray.
9.00 **The Nine**
10.00 **The Scotts** Darren climbs into the MMA boxing ring to raise some quick cash.
10.30 **Best of Chewin' the Fat** Highlights of the comedy sketch show.
11.00 **Two Doors Down** Comedy starring Arabella Weir.
11.30 PM **to 12.00** M'T **Up for It** 3/6. The gang take on an assault course. (S1)

Sky Max

113/114 113/114 | 122 121 | 345 | 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Arrow** 3/22. (S7)
9.00 **Supergirl** 11/20. (S1)
10.00 **The Flash** 11/23. (S1)
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Magnum P.I.** 4/16. (S3)
3.00 **Condor 2** 2/10. (S2)
4.00 **Supergirl** 12/20. (S1)
5.00 **The Flash** 11/23. (S1)
6.00 **Rob & Romesh vs Golf**
7.00 **An Idiot Abroad 2**
8.00 **The Flash** New episode 12/18. (S7)
9.00 **A League of Their Own** New edition Sports quiz.
10.00 **The Russell Howard Hour** New edition
11.00 **Football's Funniest Moments** Comical clips.
11.30 **Wolfe** 1/6. (S1)
12.30 AM **Manifest** 9/13. (S3)
1.30 **Frontline Crime UK**
2.30 **Road Wars**
3.00 **Hawaii Five-0** (S2)
4.00 **Magnum P.I.** 4/16. (S3)
5.00 **to 6.00** AM **Highway Cops**

Pick

159 | 156 | 35 | 144

7.00 AM **Highway Patrol**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Nothing to Declare**
12.00 NOON **Border Patrol**
1.00 PM **Border Security USA**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Star Trek: The Next Generation** 10/26. (S7)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Deep Space Nine** 1/26. (S4)
8.00 **MacGyver** 19/23. (S2)
9.00 **Agatha Raisin** 1/6. (S2)
10.00 **Fringe** 9/20. (S1)
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **The Force: Manchester**
2.00 **Police Force: Australia**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 259 145

E!

151 151 835 | 164 163

7.00 AM **Funny Dance Show**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Kourtney & Kim Take Miami** Double bill.
12.00 NOON **Keeping Up with the Kardashians**
3.00 PM **Funny Dance Show**
4.00 **Botched**
5.00 **Total Bellas**
6.00 **Hollywood Medium with Tyler Henry**
7.00 **Keeping Up with the Kardashians**
8.00 **FILM Charlie's Angels** Comedy thriller starring Drew Barrymore, Lucy Liu and Cameron Diaz. (2000, 15, 97min) ★★
10.00 **Dating: No Filter**
10.30 **Nightly Pop**
11.00 **DR. 90210**
12.00 M'T **Botched**
1.00 AM **Kourtney & Kim Take Miami** Double bill.
2.00 **Teleshopping**
3.00 **Big Rich Texas**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 | 181 132 | 307/344 | 359/370

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S9)
12.00 NOON **My Wife and Kids**
1.00 PM **Friends** (S4&5)
9.00 **Live at the Apollo** Jack Dee introduces a stand-up performance by Ross Noble.
10.00 **The Complaints Department** Comedy panel show hosted by Jason Manford, with guests Jimmy Carr, Russell Kane, Sayeeda Warsi and Sara Barron.
11.00 **Rhod Gilbert's Growing Pains** With Richard Madeley, Rosie Jones and Daliso Chaponda.
12.00 M'T **Michael McIntyre's Big Show** With Bruno Tonioli and Rob Beckett.
1.00 AM **Bob's Burgers**
2.00 **South Park**
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 27 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.30 PM **The Real Housewives of Potomac**
1.30 **Olivia Meets Her Match**
2.30 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of New York City** New edition Reality series.
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Vanderpump Rules** New edition Jax kicks Sandoval out of his wedding party.
10.00 **Totally Unbelievable: Celebrity Homes**
11.00 **Love Island USA** New edition
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **FYI Extra**

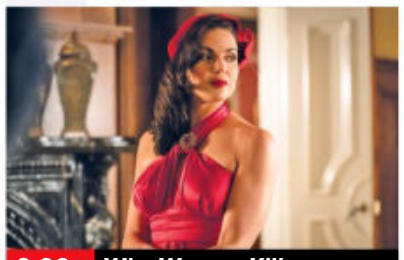
+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 | 126 212 | 312 | 382

7.15 AM **Murdoch Mysteries**
9.00 **Rizzoli & Isles** 8/16. (S4)
10.00 **Unforgettable** 13/13. (S3)
11.00 **Hudson & Rex** 16/16. (S3)
12.00 NOON **Miss Fisher's Murder Mysteries** 10/13. (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S8)
4.00 **The Good Wife** 7/22. (S3)
5.00 **Rizzoli & Isles** 9/16. (S4)
6.00 **Unforgettable** 1/13. Carrie's estranged husband Eddie pays the Major Crimes unit a visit. With Skeet Ulrich. (S4)



9.00 Why Women Kill

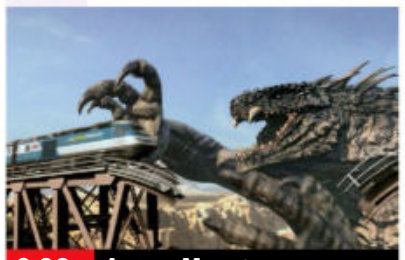
7.00 **Hudson & Rex** *The Hunt:* 1/16. Rex proves himself as a member of the Major Crimes team when he tails a kidnapper. (S1)
8.00 **Death in Paradise** *Written in Murder:* 3/8. An author is stabbed through the heart after a morning swim. (S7)
9.00 **Why Women Kill** New episode *Dangerous Intruder:* 6/10. Alma decides to take matters into her own hands. (S2)
10.00 **Annika** 5/6. Annika and the team are tasked with solving the death of a man who was thrown from a party boat. (S1)
11.00 **The Good Wife** 8/22. The team try to stop the execution of a death row inmate. (S3)
12.00 M'T **Unforgettable** (S4)
1.00 AM **Miss Fisher's Murder Mysteries** 10/13. (S2)
2.00 **Motive** 13/13. (S4)
2.50 **to 4.00** AM **I Am the Night**

+1 hour 232 191

Syfy

152 152 836 | 139 138 | 347 | 362

6.00 AM **Siren** 9/16. (S2)
7.00 **Star Trek: The Next Generation** 19/26. (S3)
8.00 **Teleshopping**
11.00 **Project Blue Book** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **A Town Called Eureka**
2.00 **Star Trek: Deep Space Nine**
3.00 **Siren** 9/16. (S2)
4.00 **Quantum Leap** 8/22. (S3)
5.00 **Stargate Atlantis** 6/20. (S3)
6.00 **Project Blue Book** 7/10. Hynek and Quinn head to a ranch in Utah. (S2)



9.00 Ape vs Monster

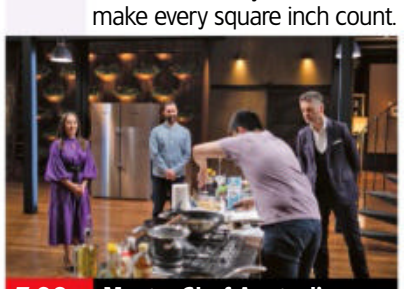
7.00 **Star Trek: The Next Generation** *Captain's Holiday:* 19/26. Picard falls in love on the tropical planet of Risa. (S3)
8.00 **Quantum Leap** *Rebel Without a Clue:* 9/22. Sam joins a gang of bikers to save a girl's life. (S3)
9.00 **FILM Ape vs Monster** Sci-fi action adventure starring Quinn Baker, Rudy Bentz and Buck Burns. The ooze from a space capsule makes an ape and a lizard grow to titanic size. (2021, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Fringe** 3/22. The team look into the deaths of two bullies. (S4)
12.00 M'T **Wynonna Earp** (S2)
2.00 **Quantum Leap** As 8.00pm.
3.00 **Stargate Atlantis** (S3)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **A Town Called Eureka**

+1 hour 252 229

W

109/110 109/110 | 125 211 | 311 | 383

6.15 AM **My Dream Home**
8.05 **MasterChef USA**
10.00 **The Bill**
11.00 **Bang on Budget**
1.00 PM **Tipping Point**
3.00 **Property Brothers: Forever Homes** Drew and Jonathan's brother JD wants his bachelor pad transformed into a forever home.
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes** The brothers overhaul a family home to make every square inch count.



7.00 MasterChef Australia

7.00 **MasterChef Australia** New edition The eliminated contestants have one last chance to get themselves back into the competition.
8.30 **Inside the Ambulance** Paramedics Mick and Rachel help a young man who has hurt his back.
9.00 **Jesy Nelson: Odd One Out** The Little Mix star opens up about abuse she has suffered at the hands of cyberbullies.
10.15 **Extreme Food Phobics** Helping a man whose ambition is to eat a full English breakfast.
11.15 **999 Rescue Squad** The HART paramedics race to the scene of a high-speed crash.
12.15 AM **One Born Every Minute** Two strong-willed first-time mothers give birth.
1.15 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 | 135 123 | 346 | 361

8.00 AM **Everybody Hates Chris**
9.00 **The Mindy Project** (S5)
10.00 **Parks and Recreation** (S5)
11.00 **Trollied** 4-6/8. (S4)
12.30 PM **Silicon Valley** (S1)
1.45 **Curb Your Enthusiasm** (S8)
3.00 **Modern Family** (S1)
4.00 **Will & Grace** (S2)
5.00 **30 Rock** 12/21. (S1)
5.30 **The Fresh Prince of Bel Air**
6.30 **Silicon Valley** 7/8. Richard learns that an ex-girlfriend has been spreading rumours about him. (S1)

8.20 Curb Your Enthusiasm

7.05 **Silicon Valley** 8/8. Richard is forced to make wholesale changes. (S1)
7.40 **Curb Your Enthusiasm** 7/10. Larry and Rosie O'Donnell are attracted to the same woman. **8.20** 8/10. Larry and Jeff consider investing in a new product. (S8)
9.00 **Bill Maher: Live from DC** The comedian and author performs at the Warner Theatre in Washington, DC, covering subjects such as midterm elections and tattoos.
10.30 **Miracle Workers: Dark Ages** 6/10. Al and Maggie head to a festival. (S2)
11.00 **Code 404** 4/6. (S2)
11.30 **The Tonight Show** New edition
12.30 AM **The Late Late Show with James Corden** New edition
1.25 **Curb Your Enthusiasm** (S8)
2.00 NEW SERIES **Young Rock** (S1)
2.30 **Trollied** 1/13. (S2)
3.00 **Curb Your Enthusiasm** (S8)
3.40 **30 Rock** 12/21. (S1)
4.05 **to 5.00** AM **The Mindy Project**

Dave

111/112 | 127 227 | 19 | 157 | 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Ultimate Movers**
9.00 **Celebrity Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Top Gear**
2.00 PM **Cop Car Workshop**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Road to Mexico** The chef retraces a road trip he took in 1968 from northern California to Mexico.
6.00 **QI XL** Guest panellists Sarah Millican, Noel Fielding and Eddie Kadi take part.

10.00 Late Night Mash

7.00 **Richard Osman's House of Games** Guests include Amanda Abbington.
7.40 **Would I Lie to You? The Unseen Bits** Previously unseen material from the comedy panel show.
8.20 **QI Christmas** Festive edition, with Carrie Fisher, Bill Bailey and Jimmy Carr.
9.00 **QI XL** Guests Jo Brand, Bill Bailey and James Acaster join regular panellist Alan Davies and host Stephen Fry.
10.00 **Late Night Mash** New edition 3/9. Nish Kumar and the team share topical insights and fake news reports.
11.00 **British as Folk**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.00 **Would I Lie to You? Unseen...**
2.45 **QI Christmas** As 8.20pm.
3.20 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211 131 23

Thursday

7 PM | 8 PM | 9 PM | 10 PM

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Crazy Like a Fox** (S2)
8.00 **Hart to Hart** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **Starsky & Hutch** (S2)
11.00 **T.J. Hooker** 9/22. (S2)
12.00 NOON **Crazy Like a Fox**
1.00 PM **Hart to Hart** (S1)
2.00 **Sue Thomas: F.B.Eye**
3.00 **Castle** 5/24. (S3)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **M*A*S*H** (S7)
8.00 **Randall and Hopkirk (Deceased)** *Who Killed Cock Robin?* 14/26. A bird-lover leaves a strange will. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
2.00 **Charlie's Angels** (S5)
3.00 **Starsky & Hutch** (S2)
3.45 **T.J. Hooker** 9/22. (S2)
4.30 **Due South** 13/26. (S3)
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering: Ed Harris**
11.00 **The Eighties**
12.00 NOON **National Treasures: The Art of Collecting**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Landmark**
4.00 **Music Icons**
4.30 **Video Killed the Radio Star**
5.00 **Tales of the Unexpected** (S7)
6.00 **Discovering**
7.00 **Cold War & Cinema**
8.00 **Great Film Composers: The Music of the Movies**
9.00 **Comedy Legends** New edition Dan Aykroyd.
10.00 **John Goodman: Off Camera** New edition
11.15 **The Movies**
12.15 AM **Genesis: The Last Domino?**
1.35 **Destiny's Child Live in Atlanta** From 1996.
4.00 **to 6.00** AM **Highlights**

4seven

137 143 203 48 127

9.00 AM **Four in a Bed**
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Find It, Fix It, Flog It**
11.30 **A Place in the Sun: Home or Away**
12.30 PM **A Place in the Sun**
1.30 **The Great House Giveaway** In Leicester.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
7.00 **The Secret Life of the Zoo** Two snakes are put together to mate.
8.00 **Changing Rooms**
9.00 **Spice Girls: How Girl Power Changed Britain** The story and impact of the girl group.
10.00 **FILM Deadpool** Superhero comedy adventure starring Ryan Reynolds and and Morena Baccarin. (2016, 15, 104min) ★★★★
12.10 AM **Grand Designs**
1.15 **Help** Drama.
3.25 **Love It or List It**
4.25 **to 4.55** AM **Liam Bakes**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
10.00 **NCIS** 12/23. (S2)
10.55 **Entertainment News**
11.00 **NCIS** 13/23. (S2)
12.00 NOON **Law & Order**
6.00 PM **NCIS** 15/23. (S2)
6.55 **Entertainment News**
7.00 **NCIS** *Pop Life:* 16/23. A bartender wakes up next to a dead body. **8.00** *An Eye for an Eye:* 17/23. Two human eyeballs are sent to a petty officer's home. (S2)
9.00 **Law & Order: Criminal Intent** *In the Wee Small Hours – Part One:* 6/22. A teenager goes missing. **10.00** *In the Wee Small Hours – Part Two:* 7/22. Sordid secrets about the Garretts emerge. (S5)
11.00 **Law & Order: Special Victims Unit** (S14&17)
1.50 AM **Law & Order: Criminal Intent** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Rich House, Poor House**
10.00 **Filthy House SOS**
11.00 **Dogs Behaving (Very) Badly**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rich House, Poor House**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Bargain Loving Brits in Blackpool**
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **999: Critical Condition** A woman suffers a bleed on her brain.
11.00 **Don't Tell the Doctor**
12.00 M'T **Wentworth: The Final Sentence** (S9)
1.05 **Ambulance: Code Red**
2.05 **Kill Thy Neighbour**
3.10 **Neighbours**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

Drama

143 130 20 158

7.30 AM **Doctor Finlay**
8.30 **The Bill**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Peak Practice**
3.20 **Bergerac**
4.20 **Auf Wiedersehen, Pet**
5.20 **Birds of a Feather**
6.00 **Bread**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Cooper and Walsh try out a new crime-fighting technique.
8.00 **Dalziel & Pascoe** *Houdini's Ghost:* Dalziel becomes entangled with an old flame.
10.00 **New Tricks** *The Crazy Gang:* Ucos is threatened with closure. Guest stars Meera Syal.
11.20 **Bad Girls**
12.35 AM **Dalziel & Pascoe**
2.40 **to 4.00** AM **Call the Midwife**

+1 hour 243 226 73

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **Walker, Texas Ranger** 18/28. (S1)
10.00 **Matlock** 3/19. (S7)
11.05 **CSI: Miami** 4/24. (S3)
12.00 NOON **Medium** (S7)
1.00 PM **JAG** (S6)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Bring Your Daughter to Work Day:* 1/13. Allison and Bridgette find themselves inhabiting each other's bodies. (S7)
10.00 **CSI: Miami** *Legal:* 5/24. An 18-year-old girl is killed at a nightclub and a suspicious man shows up at the crime scene the next day. (S3)
11.00 **Unsolved Mysteries** The ghost of a hitch hiker.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **CSI: Miami** As 10pm.
3.55 **Bondi Rescue**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 40 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 16/25. (S7)
2.05 **CSI: Miami** 25/25. (S4)
3.00 **NCIS** 5/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Scorpion** 2/25. (S2)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Status Update:* 18/24. A thief's body is found in a US Marine's home. (S12)
10.00 **NCIS: Los Angeles** *Blye, K – Part Two:* 17/24. Kensi goes in search of her father's killer. (S3)
11.00 **Scorpion** 3/25. (S2)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** 3/25. (S2)
2.55 **Walker, Texas Ranger**
3.50 **Medium** 7/13. (S7)
4.35 **JAG** 12/24. (S6)
5.20 **to 6.00** AM **Bondi Rescue**

Challenge

160 160 47 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Strike It Lucky**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right** Double bill of editions.
4.00 **The Chase** Quiz show.
5.00 **Bullseye** Double bill.
6.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Triple bill of the general knowledge quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Wheel of Fortune**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **The King of Queens**
7.00 **Teleshopping**
9.00 **Friends** (S3&5)
11.00 **The Middle** (S9)
1.00 PM **The King of Queens**
3.00 **My Wife and Kids** (S3)
5.00 **Everybody Loves Raymond** Eight episodes.
9.00 **Friends** 12/25. Joey takes a job as a waiter.
9.30 14/25. Rachel's sister falls for Ross. (S6)
10.00 17/25. Ross and Rachel's separation begins to cause friction among the pals.
10.30 18/25. Phoebe's half-brother Frank makes an announcement.
11.00 19/25. Monica dates a millionaire.
11.30 20/25. Chandler dates Rachel's boss. (S3)
12.00 M'T **Friends** (S3&4)
3.00 AM **Comedy Game Night**
3.45 **Takeshi's Castle**
4.25 **The Ricky Gervais Show**
5.15 **to 6.00** AM **The King of Queens**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **The Reagan Show**
7.30 **PL Legends: Paul Ince**
8.00 **The Movies**
9.00 **Discovering: Lana Turner**
10.00 **The Directors**
11.00 **McMillion$**
12.00 NOON **The Nineties**
12.50 PM **The Comedy Store**
2.00 **Framing John DeLorean** Docudrama.
4.00 **Discovering: Lana Turner**
5.00 **The Directors**
6.00 **McMillion$**
7.00 **The Nineties**
7.50 **The Comedy Store**
9.00 **The Story of Late Night** New edition 5/6. How talk shows embraced topical comedy.
10.00 **Look Away**
12.00 M'T **Divide and Conquer: The Story of Roger Ailes**
2.10 AM **The Donut King**
4.00 **Discovering: Lana Turner**
5.00 **to 6.00** AM **The Movies**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Orangutan Jungle School**
8.00 **Gangs of Lemur Island**
9.00 **Waterworld Africa**
10.00 **Arabian Inferno**
11.00 **Over Australia**
12.00 NOON **Into the Wild...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Waterworld Africa**
4.00 **Arabian Inferno**
5.00 **Over Australia**
6.00 **Into the Wild: India**
7.00 **Monkey Life**
8.00 **Equator**
9.00 **Mysteries of the Mekong** Documentary.
10.00 **Into the Wild: India**
11.00 **Over Australia**
12.00 M'T **How Animals Talk to Each Other**
1.00 AM **Dogs with Extraordinary Jobs**
2.00 **Equator**
3.00 **Mysteries of the...**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Waterworld Africa**

HGTV

158 286 43 166

7.00 AM **Homes Under the Hammer** In Derbyshire.
8.00 **Building the Dream**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **Extreme Makeover: Home Edition**
1.00 PM **Fixer Upper: Behind the Design** New edition
1.30 **My Lottery Dream Home**
2.00 **A Place in the Sun**
3.00 **Building the Dream**
4.00 **DIY SOS: The Big Build**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **Flip or Flop** Double bill.
10.00 **Fixer to Fabulous** New edition
11.00 **Fixer Upper: Behind...**
11.30 **My Lottery Dream Home**
12.00 M'T **Extreme Makeover...**
1.00 AM **DIY SOS: Big Build**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **60 Minute Makeover with Peter Andre**

+1 hour 258 290

Food Network

140 285 42 148

6.00 AM **Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Friday Night Feast**
9.00 **Ainsley's Food We Love**
10.00 **Farmhouse Rules**
11.00 **Girl Meets Farm**
12.00 NOON **River Cottage**
1.00 PM **Jamie's 30 Minute Meals** Double bill.
2.00 **Yorkshire's Finest**
3.00 **Asian Adventure**
4.00 **Curry Nation**
5.00 **The Pioneer Woman** New edition
6.00 **Jamie's 30 Minute...**
7.00 **Great British Bake Off**
8.00 **Ainsley's Food We Love**
9.00 **Michel Roux's French Country Cooking** New edition
10.00 **Food Tour of Britain**
11.00 **Restaurant: Impossible** New edition
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Fast N' Loud**
7.00 **American Pickers**
8.00 **Barnwood Builders**
9.00 **How It's Made: Dream Cars**
9.30 **Dallas Car Sharks**
10.00 **Inside West Coast Customs** A VW bus.
11.00 **Fast N' Loud Revved Up**
12.00 NOON **Fantomworks**
1.00 PM **Kindig Customs**
2.00 **Wheeler Dealers**
4.00 **Airplane Repo**
5.00 **Gold Divers**
6.00 **Yukon Men**
7.00 **American Pickers**
8.00 **Fast N' Loud**
9.00 NEW SERIES **Billy Buys Brooklyn** Double bill.
10.00 **Undercover Billionaire**
11.00 **Life Below Zero**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs** (S3)
3.00 **Bear Grylls: Born Survivor**
3.50 **to 6.00** AM **Highlights**

+1 hour 272 214 151

Paramount Network

150 187 150 32 132

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
11.15 **World's Strongest Man 2017** The second heat from Botswana.
12.20 PM FILM **Ten Seconds to Hell** Thriller. (1960, b/w, PG, 93min) ★★
2.15 FILM **Vengeance Valley** Western. (1951, PG) ★★
4.00 **World's Strongest Man 2018** Action from Britain's Strongest Man.
5.00 **Traffic Cops** Double bill.
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Police Raids: Caught by Surprise**
10.00 **Banged Up Abroad**
11.00 **WWE – Raw Highlights**
12.00 M'T **WWE – NXT UK**
1.00 AM **Fights, Camera, Action!** A shocking fight at a motocross event.
2.00 **Criminals: Caught on Camera** Triple bill.
4.35 **to 5.00** AM **Helicopter Pursuits: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
8.00 **Canada's Front Line**
9.00 **Nothing to Declare**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Britain's Most Evil Killers**
1.00 PM **Killer Families**
2.00 **The Mark of a Killer**
3.00 **World's Most Evil Killers**
4.00 **Murders That Shocked the Nation**
5.00 **In Defense Of**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **Mark of a Serial Killer** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **The Disappearance of Laci Peterson**
2.00 **Snapped**
3.00 **The Mark of a Killer**
4.00 **to 6.00** AM **Highlights**

+1 hour 222 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Investigators look into the disappearance of a six-year-old girl.
7.30 The murder of a millionaire and his family.
8.00 **Something's Killing Me** A man is diagnosed with meningitis, but it soon becomes clear it is something else.
9.00 **Fatal Vows** A long-distance relationship that turned deadly.
10.00 **Ice Cold Killers** A beloved couple vanish just before their annual Christmas party.
11.00 **Cold Blood**
12.00 M'T **It Takes a Killer**
1.00 AM **Fatal Vows**
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Carriage lamps.
1.00 PM **Homes Under the Hammer** From Devon.
2.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Paranormal Nightshift** New edition A bartender is haunted while closing up a restaurant.
10.00 **Kindred Spirits** New edition The team visit a Victorian mansion.
11.00 **Ghost Adventures** A cursed pizzeria.
12.00 M'T The nightclub where River Phoenix died.
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.55 **American Restoration**
8.25 **UFO Files**
9.25 **Ancient Aliens**
10.20 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Pawn Stars**
7.00 **Dickinson's Real Deal** Double bill of editions.
9.00 **Unidentified: Inside America's UFO Investigation** The threat posed by UFOs to the planet.
10.00 **Ancient Aliens** The mystery behind man-made stone giants.
11.00 **UFO Hunters** The team investigate rumours of human-alien genetic experiments.
12.00 M'T **Storage Wars**
2.00 AM **Wicked Tuna**
3.00 **Highway Thru Hell**
3.45 **Counting Cars**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... Atlanta**
11.00 **Something Borrowed, Something New**
12.00 NOON **Say Yes to the Dress** Double bill.
1.00 PM **Curvy Brides...**
2.00 **Say Yes... Lancashire**
3.00 **Sister Wives**
4.00 **Dr. Pimple Popper: Pop Ups** Documentary.
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **The 685lb Teen**
9.00 **My Extreme Excess Skin** A look back at the series.
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **The 685lb Teen**
1.00 AM **My Extreme Excess Skin** As 9.00pm.
2.00 **Dr Pimple Popper**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **Entertainment News**
9.10 FILM **A Mother's Greatest Fear** Thriller. (2018, PG, 90min) ★★
11.00 **GPs: Behind Closed...**
12.00 NOON **The Yorkshire Vet**
1.00 PM **The Dog Rescuers with Alan Davies**
3.00 **GPs: Behind Closed Doors** Double bill.
4.55 **The Yorkshire Vet**
7.00 **Gardening with Carol Klein** Horticulture tips.
8.00 **Dogs with Incredible Jobs** Featuring dogs with unusual skills.
9.00 **The Middletons: Marrying Into the Monarchy** Documentary.
10.30 **Spending Secrets of the Royals** Documentary.
11.30 **Inside the Balmoral: Scotland's Finest Hotel**
1.25 AM **Secret History of WW2** Double bill.
3.20 **Criminals: Caught on Camera**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Scrap Kings**
7.00 **EFL on Quest**
8.30 **Salvage Hunters**
9.00 **Wheeler Dealers**
10.00 **Disasters at Sea**
11.00 **Mega Shippers**
12.00 NOON **Aussie Gold...**
1.00 PM **Scrap Kings**
2.00 **Salvage Hunters: The Restorers**
3.00 **Salvage Hunters: Classic Cars**
4.00 **Salvage Hunters**
5.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Goblin Works Mod Shop** New edition
10.00 **Ant Anstead Master Mechanic** New editions
11.00 **British Superbikes**
12.00 M'T **NASA's Unexplained Files**
1.00 AM **Unexplained Files**
2.00 **Finding Bigfoot**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes... Atlanta**
8.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Murder Tapes**
2.00 **Disappeared**
3.00 **FBI Files**
4.00 **Say Yes to the Dress**
5.00 **Say Yes to the Dress: Lancashire**
6.00 **Say Yes to the Dress: The Big Day**
7.00 **Long Lost Family**
8.00 **My 600lb Life**
9.00 **The Detectives: My Killer Case**
10.00 **The Killer in My Family** New edition
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Miami**
4.40 **Meet the Penguins**
5.30 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Unwanted vehicles.
7.00 **Deadliest Catch**
8.00 **Building Off the Grid**
9.00 **Edge of Alaska**
10.00 **Diesel Brothers**
11.00 **Wheeler Dealers**
12.00 NOON **Junkyard Empire**
1.00 PM **Gold Rush: Dave Turin's Lost Mine** Double bill.
3.00 **Richard Hammond's Big**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers: Dream Car**
6.00 **Misfit Garage** A Camaro.

9.00 Naked and Afraid XL

7.00 **Outback Truckers** Arid conditions promise a rough ride for Steve as he travels from Perth into central Australia.

8.00 **Kindig Customs** The team apply a new valance, rear spoiler and colour to a 1968 Camaro.

9.00 **Naked and Afraid XL** New edition Spotting nutria tracks, Matt wants revenge and his next meal. Meanwhile, Jeff creates a unique swamp smoker, and Amber's fishing skills have her team well-fed.

11.00 **Combat Dealers** Military equipment collector Bruce Crompton heads to a Cold War underground bunker that has been converted to a museum.
12.00 M'T **Naked and Afraid XL**
2.00 AM **Deadliest Catch**
4.00 **Naked and Afraid XL**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **The Zoo** A goat gives birth to the biggest baby of the year. **3.00** A sickly Sambar fawn is rushed to the health centre.
4.00 **The Vet Life** A cat with a suspected contagious disease.
5.00 **Dr Jeff: Rocky Mountain Vet** A dog with a rare disease needs life-saving surgery. **6.00** Dr Jeff performs rare surgery on a puppy.

8.00 Lone Star Law

7.00 **Dr Jeff: Rocky Mountain Vet** Dr Don battles to save the leg of a cat that has been attacked by a mystery animal at night.

8.00 **Lone Star Law** New edition A warden arrives at a domestic dispute to discover a participant is wanted by the law.

9.00 **Rugged Justice** Canadian crabbers are caught illegally harvesting crabs in US waters.

10.00 **My Cat from Hell** Jackson Galaxy meets an expectant couple who are worried about their cat's mood swings.

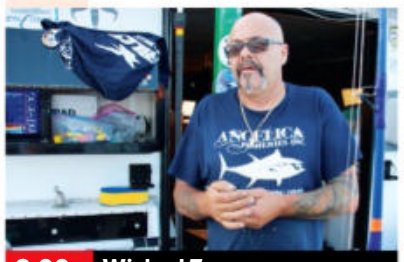
11.00 **My Cat from Hell** Jackson Galaxy tries to tame aggressive cat Symone.
12.00 M'T **Animal Cops Houston**
2.00 AM **Alaskan Bush People**
3.00 **Finding Bigfoot**
3.50 **Crikey! It's the Irwins**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **WWI Wrecks: Draining the Ocean**
9.00 **Drain the Oceans**
10.00 **Lost Treasures of Egypt**
11.00 **Ancient X Files**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **Nazi Megastructures**
2.00 **Air Crash Investigation**
4.00 **Seconds from Disaster**
5.00 **Britain's Greatest Machines with Chris Barrie** The technology of the 1950s.
6.00 **Car S.O.S** Restoring a 1972 Ford Escort Mexico.



8.00 Wicked Tuna

7.00 **Car S.O.S** Tim and Fuzz try to get an ageing rocker back behind the wheel by revamping his 1950s Ford Zodiac.

8.00 **Wicked Tuna** New edition Hot Tuna get assistance from Bad Fish to help increase profits.

9.00 **Alaska: The Next Generation** New edition The harsh winter in remote Alaska continues to show no mercy.

10.00 **Alaska State Troopers** The troopers hunt for a wild lynx preying on pets and patrol the thin ice of a popular fishing lake.

11.00 **Air Crash Investigation** A turboprop is just seconds from the tarmac in Montreal when it flips over and crashes.
12.00 M'T **Air Crash Investigation**
1.00 AM **Narco Wars**
2.00 **Drugs Inc**
3.00 **to 5.00** AM **Nazi Megastructures**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Salvage Kings**
7.00 **American Pickers**
8.00 **Pawn Stars**
9.00 **Swamp People**
11.00 **Forged in Fire**
12.00 NOON **American Pickers**
1.00 PM **The Nostradamus Effect**
2.00 **The Curse of Oak Island**
3.00 **Salvage Kings**
4.00 **Pawn Stars**
5.00 **Swamp People**
6.00 **American Pickers** Mike takes an epic Route 66 road trip in an antique convertible.

10.00 Alone

7.00 **Forged in Fire Tournament of Champions** The pressure is on for contenders to make a hot hybrid knife.

8.00 **Pawn Stars** New edition A seller brings in an unusual diamond crafted from the DNA of a musical genius.

9.00 **Forged in Fire** New edition The smiths hope their recreated Burmese Dha is worthy of the $10,000 prize.

10.00 **Alone** New edition As the survivalists reach the one-month mark, new challenges arise as the winter weather sets in.

11.30 **Ultimate Blitzkrieg: WW2 Battle of Crete**
12.30 AM **Revealed: The Hunt for Bin Laden** Documentary.
2.30 **Pawn Stars** As 8.00pm.
3.30 **Secret History of Humans**
4.00 **Swamp People**
5.00 **to 6.00** AM **The Nostradamus Effect**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **History's Greatest Hoaxes**
9.00 **Abandoned Engineering**
11.00 **Great British Railway Journeys** Double bill.
12.00 NOON **Antiques Roadshow**
1.00 PM **Railway Journeys with Chris Tarrant** In Zimbabwe.
2.00 **Bangers and Cash**
3.00 **Underground Worlds**
4.00 **War Factories**
5.00 **Antiques Roadshow**
6.00 **Great British Railway Journeys** Double bill.

6.00 Great British Railway...

7.00 **Bangers and Cash** Office manager Sarah attempts to bring order to the auto memorabilia sale.

8.00 **Great British Railway Journeys** A journey from Faversham to Dorking. **8.30** Michael Portillo arrives in Chichester.

9.00 **Secret Nazi Bases** In Poland lies a forgotten Nazi complex the purpose of which largely remains a mystery.

10.00 **Nazi Victory: The Post-War Plan** An insight into Hitler's plans to modernise the German transport system.

11.00 **The Buildings That Fought Hitler** Rob Bell explores the coastal defence network built to defend Britain's beaches. **12.00** M'T The ring of steel and concrete that was thrown up around London.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Thursday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Combat Dealers**
8.00 **NASA's Unexplained Files** A frozen moon.
9.00 **Sex, Lies, and the Taj Mahal** Documentary.
10.00 **Edge of War**
11.00 **How Trains Changed the World** Documentary.
12.00 NOON **Combat Dealers**
1.00 PM **Mysteries of the Missing** Documentary.
2.00 **Expedition Unknown**
3.00 **How the Universe Works**
4.00 **Edge of War**
5.00 **Blowing Up History**
6.00 **Mysteries at the Museum** A UFO sighting.
7.00 **Expedition Unknown**
8.00 **Blowing Up History**
9.00 **Cooper's Treasure**
10.00 **How the Universe Works**
11.00 **Inside the Gangsters' Code** The Commandos.
12.00 M'T **Aircraft Stories**
1.00 AM **Cooper's Treasure**
2.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **Spying on Animals**
11.00 **Climate Change: The Facts** Documentary.
12.00 NOON **Meet the Bears**
1.00 PM **Weasels: Feisty and Fearless** Documentary.
2.00 **Spying on Animals**
3.00 **Life in the Great Wetlands** Doulble bill.
5.00 **Jungle Planet**
6.00 **Climate Change: The Facts** Documentary.
7.00 **Weasels: Feisty and...**
8.00 **Spying on Animals**
9.00 **Life in the Great...**
10.00 **Weasels: Feisty and...**
11.00 **Climate Change: The...**
12.00 M'T **Jungle Planet**
1.00 AM **Spying on Animals**
2.00 **Wonders of Africa**
3.00 **Jungle Planet**
3.50 **Spying on Animals**
4.40 **NASA's Ten Greatest Achievements**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Animal Fight Club**
9.00 **Photo Ark: Go Big or Go Home** Documentary.
10.00 **The Alps**
11.00 **10 Animals That Will Kill You**
12.00 NOON **Snakes in the...**
1.00 PM **Photo Ark: Go Big...**
2.00 **The Alps**
3.00 **10 Animals That Will...**
4.00 **Critter Fixers: Georgia Vets**
5.00 **Snakes in the City**
6.00 **Secrets of the Zoo**
7.00 **Africa's Hunters**
8.00 **Running Wild with Bear Grylls**
9.00 **Wicked Tuna: North v South**
10.00 **Savage Kingdom**
11.00 **Snakes in the City**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **Ultimate Rivals: Cat v Dog**
3.00 **Tiger Queen of Taru**
4.00 **to 5.00** AM **Leopard & Hyena: Strange Alliance**

Sky History 2

163 163 840 272

8.00 AM **Digging Up Britain's Past**
10.00 **Conspiracy**
11.00 **Digging for the Truth**
12.00 NOON **Ancient Aliens**
2.00 PM **Brad Meltzer's Lost History** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **Brad Meltzer's Decoded**
7.00 **Human Weapon**
8.00 **World's Greatest Treasure Mysteries** An investigation to uncover the secrets of some missing Civil War gold.
9.00 **Treasures Decoded** The 1,000 giant stone heads on Easter Island.
10.00 **Conspiracy**
11.00 **Ancient Aliens**
1.00 AM **Brad Meltzer's Decoded**
2.00 **Human Weapon**
3.00 **World's Greatest Treasure Mysteries**
4.00 **Treasures Decoded**
5.00 **to 6.00** AM **Digging for the Truth**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **World's Greatest: Cities**
9.35 **Attenborough's Ant Mountain**
10.45 **The Black Church: This Is Our Story, This Is Our Song** Series finale
11.55 **The First World War**
1.00 PM **Beautiful Serengeti**
1.35 **World's Greatest: Cities**
2.40 **Attenborough's Ant Mountain**
3.55 **The Black Church: This Is Our Story...**
5.05 **The First World War**
6.15 **World's Greatest: Cities**
7.30 **Attenborough's Ant Mountain**
8.35 **The Black Church...**
9.50 **The First World War**
11.00 **World's Greatest: Cities**
12.05 AM **Attenborough's Ant Mountain**
1.15 **The Black Church...**
2.15 **The First World War**
3.05 **to 4.00** AM **World's Greatest: Cities**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **I Am a Killer**
12.00 NOON **The First 48**
1.00 PM **Homicide Hunter**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Fear Thy Neighbour**
8.00 **Very Scary People**
9.00 **Homicide: Hours to Kill** New edition
10.00 **The First 48**
11.00 **Homicide Hunter**
12.00 M'T **Killer Kids**
1.00 AM **Homicide: Hours to Kill**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **I Am a Killer**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

7.20 AM **Me, Myself and Di** (2021)
9.00 **End of Sentence** As 4.40am.
10.45 **PREMIERE 23 Walks** As shown at 10.00pm.
12.30 PM **Bombshell** As 8.00pm.
2.25 **Hero Mode** As 1.25am.
4.00 **No Man's Land** Adventure starring Jake Allyn, Frank Grillo and Andie MacDowell. (2020, 12, 114min) ★★★
6.00 **Minari** Romantic drama with Steven Yeun. Partly subtitled. (2020, 12, 115min) ★★★★

10.00 23 Walks

8 PM **8.00** **Bombshell** Fact-based drama starring Charlize Theron, Nicole Kidman and Margot Robbie. A group of women take on Fox News head Roger Ailes and the toxic atmosphere he presided over at the network. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.00** **PREMIERE 23 Walks** Romantic comedy drama starring Dave Johns. (2020, 12, 102min) ★★
See review, page 22.
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **11.45** **Me, Myself and Di** Comedy starring Lucy Pinder and Katy Clayton. (2021, 12, 93min) ★
1.25 AM **Hero Mode** Comedy starring Chris Carpenter. (2021, 12, 88min) ★★
3.00 **Pixie** Comedy starring Olivia Cooke. (2020, 15) ★★★★
4.40 **to 6.25** AM **End of Sentence** Drama starring John Hawkes. (2019, 15, 96min) ★★★

+1 hour 312

Sky Cinema Hits

303 403 503 517

6.10 AM **The Climb** As 5.40pm.
8.00 **The King of Staten Island**.
10.25 **Downhill** Comedy drama. (2020, 15, 86min) ★★★
12.05 PM **Welcome to Sudden Death** As shown at 7.30pm.
1.40 **The United States vs. Billie Holiday** Biopic. (2021) ★★★
4.00 **Attack the Block** As 1.10am.
5.40 **The Climb** Comedy drama. (2020, 15, 98min) ★★★★
7.30 **Welcome to Sudden Death** Thriller. (2020, 15, 81min) ★★

7.30 Welcome to Sudden Death

Welcome to Sudden Death (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Expendables** Action adventure starring Sylvester Stallone. A veteran mercenary and his team undertake a mission to overthrow the corrupt dictator of a South American island. (2010, 18, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The King of Staten Island** Comedy drama starring Pete Davidson and Marisa Tomei. (2020, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Attack the Block** Sci-fi horror starring John Boyega. (2011, 15, 87min) ★★★★
2.40 **The United States vs. Billie Holiday** As shown at 1.40pm.
4.55 **to 6.20** AM **Like a Boss** Comedy with Tiffany Haddish. (2020, 15, 83min) ★★★

Sky Cinema Family

306 306 850 406 506 520

6.15 AM **Call of the Wild** (2009)
7.55 **Millions** As shown at 4.35pm.
9.40 **Mr Popper's Penguins** (2011)
11.30 **Home Alone 4** As 11.25pm.
1.00 PM **Max Winslow and the House of Secrets** (2019)
2.40 **Bogus** Fantasy drama. (1996, PG, 107min) ★★
4.35 **Millions** Family comedy. (2004, 12, 98min) ★★★★
6.20 **Mr Popper's Penguins** Family comedy starring Jim Carrey. (2011, PG, 94min) ★★★

9.55 Call of the Wild

8.00 **The Water Horse** Family fantasy adventure starring Alex Etel, Emily Watson and Ben Chaplin. A lonely boy in wartime Scotland finds a mysterious egg that hatches into the Loch Ness monster. (2007, PG, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Call of the Wild** Adventure based on the novel by Jack London, starring Ariel Gade and Christopher Lloyd. (2009, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Home Alone 4** Comedy sequel with Mike Weinberg, French Stewart and Jason Beghe. (2002, U, 83min) ★
12.55 AM **Max Winslow and the House of Secrets** Sci-fi thriller starring Chad Michael Murray, and Tanner Buchanan, and featuring the voice of Marina Sirtis. (2019, 12, 98min) ★
2.35 **Bogus** As shown at 2.40pm.
4.30 **to 6.25** AM **The Water Horse** As shown at 8.00pm.

Sky Cinema Action

307 307 851 407 507 521

6.40 AM **Harriet** As 6.30pm.
8.50 **The Man from U.N.C.L.E**
10.50 **Birds Of Prey and the Fantabulous Emancipation of One Harley Quinn** (2020)
12.40 PM **Terminator Salvation** Thriller. (2009, 12) ★★★
2.40 **Redemption Day** Action thriller. (2021, 15, 99min) ★★
4.30 **Elysium** Sci-fi action thriller. (2013, 15, 107min) ★★★★
6.30 **Harriet** Biopic with Cynthia Erivo. (2019, 12, 125min) ★★★

6.30 Harriet

8.40 **The Man from U.N.C.L.E** Spy adventure based on the 1960s TV series, starring Henry Cavill and Armie Hammer. American and Russian agents must work together to defeat a criminal organisation. (2015, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Expendables 3** Action thriller sequel with Sylvester Stallone. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Rambo: First Blood Part II** Action sequel with Sylvester Stallone and Richard Crenna. (1985, 15, 96min) ★★★
2.30 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy starring Margot Robbie. (2020, 15, 109min) ★★★★
4.25 **to 6.10** AM **Redemption Day**

Sky Cinema Comedy

308 308 852 408 508 522

7.15 AM **Norbit** As 5.15pm.
9.05 **The Last Shift** As 7.00pm.
10.45 **Shoplifters of the World**
12.20 PM **Team America: World Police** As shown at 10.20pm.
2.00 **Mr Deeds** As 1.55am.
3.40 **Furry Vengeance** Comedy. (2010, PG, 88min) ★★
5.15 **Norbit** Comedy starring Eddie Murphy. (2007, 12, 101min) ★★
7.00 **The Last Shift** Comedy drama starring Richard Jenkins. (2020, 15, 90min) ★★★★

10.20 Team America: World...

8.40 **Shoplifters of the World** Comedy drama following one crazy night in the life of four friends reeling from the sudden demise of iconic British band The Smiths. Stars Helena Howard and Ellar Coltrane. (2021, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Team America: World Police** Spoof of Hollywood action movies, performed by puppets. With the voices of Trey Parker, Matt Stone and Kristen Miller. (2004, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Mope** Comedy drama. (2019, 18, 105min) ★★
1.55 **Mr Deeds** Comedy remake. (2002, 12, 96min) ★★
3.35 **Furry Vengeance** As 3.40pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Hero** As shown at 2.30am.
7.55 **Dragon – The Bruce Lee Story**
10.05 **True Grit** As shown at 6.05pm.
12.15 PM **The Italian Job** As 8.15pm.
2.10 **The Warriors** As 12.45am.
3.55 **Dragon – The Bruce Lee Story** Biopic starring Jason Scott Lee. (1993, 15, 114min) ★★★
6.05 **True Grit** Western starring John Wayne and Kim Darby. (1969, PG, 128min) ★★★★

8.15 **The Italian Job** Crime caper starring Michael Caine and Noel Coward. An ex-con masterminds a massive bullion robbery in Turin. With Benny Hill. (1969, PG, 100min) ★★★★★
10.00 **Django Unchained** Western starring Jamie Foxx and Christoph Waltz. A former slave becomes a bounty hunter and embarks on a perilous mission to rescue his wife from a Mississippi plantation. (2012, 18, 162min) ★★★★

12.45 AM **The Warriors** Thriller. (1979, 15, 94min) ★★★
2.30 **Hero** Chinese period adventure starring Jet Li. Subtitled. (2002, 12, 99min) ★★★★
4.20 **to 6.00** AM **The Ladykillers** Comedy starring Alec Guinness. (1955, U, 97min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **Happily N'Ever After** Animation. (2005, U) ★★
8.00 **Boonie Bears: Big Top Secret**
9.45 **Garfield** As 4.05pm.
11.15 **Open Season: Scared Silly**
12.50 PM **Shaun the Sheep Movie**
2.25 **Monster Family** As 8.30pm.
4.05 **Garfield** Live-action comedy. (2004, U, 80min) ★★
5.30 **Open Season: Scared Silly** Animation. (2015, U, 90min) ★★

7.00 **Shaun the Sheep Movie** Animation with the voices of Justin Fletcher and Omid Djalili. (2015, U, 85min) ★★★★
8.30 **Monster Family** Animated comedy with the voice of Emily Watson. (2017, PG, 96min) ★★
10.10 **Happily N'Ever After 2** Animated spoof fairy tale sequel with the voice of David Lodge. (2009, U, 68min) ★★
11.30 **Curious George: A Very Monkey Christmas** Animation. (2009, U, 54min) ★★

12.35 AM **Captain Sabertooth** Animation. (2019, U, 82min) ★★
2.05 **Boonie Bears: The Big Top Secret** Animation. (2016) ★★
3.50 **The Tale of Despereaux** Animation. (2008, U) ★★★
5.30 **to 6.35** AM **Curious George: A Very Monkey Christmas**

TCM Movies

315 415 416 512 526

6.35 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.25 **The Charge at Feather River** Western. (1953, PG) ★★★★
9.30 **The Barretts of Wimpole Street** Drama. (1957, U) ★★
11.45 **The Walking Hills** (1949) ★★
1.30 PM **The VIPs** (1963, PG) ★★★
4.00 **All the President's Men** Fact-based political thriller. (1976, 15, 138min) ★★★★★

6.50 **Funeral in Berlin** Spy thriller starring Michael Caine and Eva Renzi. Rebellious cockney spy Harry Palmer travels to Berlin to organise a Russian's defection. (1966, PG, 100min) ★★★
9.00 **Das Boot** The director's cut of Wolfgang Petersen's German World War Two drama following the perilous fortunes of the crew of a U-boat hunting Allied ships in the Atlantic. Stars Jürgen Prochnow. Subtitled. (1981, 12, 149min) ★★★★★

1.15 AM **Tigerland** Military drama. (2000, 18, 101min) ★★★
3.20 **Off Set** With Jamie Cullum.
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Love in Pawn** (1953, U) ★
7.35 **Sailing Along** (1938, U) ★★
9.25 **The Gang's All Here** (1943)
11.30 **Sailors Three** Comedy. (1940, b/w, U, 83min) ★★★
1.15 PM **The Pot Carriers** Comedy. (1962, b/w, PG, 84min) ★★
2.55 **Doctor in Distress** Comedy. (1963, PG, 102min) ★★★★
5.00 **Penny and the Pownall Case** Mystery. (1948, b/w, PG) ★★

6.00 **Interpol Calling** (S1)
6.30 **The Quiet Woman** Thriller starring Jane Hylton and Derek Bond. An artist falls in love with the mysterious owner of a lonely inn. (1950, b/w, U, 70min) ★★
8.00 **Justice** 3/13. (S1)
9.00 **Yangtse Incident** Fact-based naval adventure starring Richard Todd and William Hartnell. A British frigate becomes caught up in the hostilities during the Chinese Civil War. (1956, b/w, PG, 113min) ★★★

11.20 **Burke & Hare** Period horror. (1972, 15, 94min) ★★
1.10 AM **Lord of the Flies** Drama. (1963, b/w, PG, 91min) ★★★
3.00 **Just Like Heaven** Drama. (1930, b/w, PG, 70min) ★★
4.00 **Public Eye** 11/13. (S7)
5.00 **to 6.00** AM **Burke's Law**

Horror

317 149 68 138

8.00 AM **Star Trek** 10/24. (S3)
9.00 **Star Trek: Voyager** 12/26. (S4)
10.00 **The 4400** 1/13. (S3)
11.00 **Warbirds** Sci-fi war drama. (2008, 15, 87min) ★★
1.00 PM **Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
3.00 **Battlestar Galactica** (S2)
4.00 **The 7th Voyage of Sinbad** Fantasy. (1958, U) ★★★★
6.00 **The 4400** 3/13. (S3)

7.00 **Star Trek: Voyager** *Waking Moments:* 13/26. Aliens put the crew to sleep. (S4)
8.00 **Star Trek** *The Man Trap:* 2/30. A shape-changing attacks the *Enterprise* crew. (S1)
9.00 **Priest** Post-apocalyptic fantasy thriller starring Paul Bettany and Cam Gigandet. A vampire-hunter known only as Priest goes on the warpath again when his niece is kidnapped by marauding bloodsuckers. (2011, 15, 87min) ★★★

10.45 **Pet** Horror starring Ksenia Solo. (2016, 18, 94min) ★★★
12.40 AM **Nightworld** Horror thriller. (2017, 15, 92min) ★★
2.35 **to 4.30** AM **Late Phases** Horror. (2014, 18, 95min) ★★

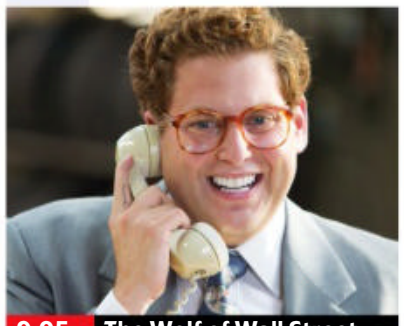
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Repression** Mystery. (2019, 15, 112min) ★★★
8.10 **The Dry** As 7.00pm.
10.20 **Silk Road** Crime thriller. (2021, 15, 112min) ★★★
12.20 PM **Motherless Brooklyn**
2.50 **Inception** As 12.05am.
5.20 **The Hole** Horror starring Chris Massoglia and Haley Bennett. (2009, 12, 91min) ★★★
7.00 **The Dry** Crime drama starring Eric Bana and Julia Blake. (2020, 15, 117min) ★★★★


9.05 The Wolf of Wall Street

The Dry (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

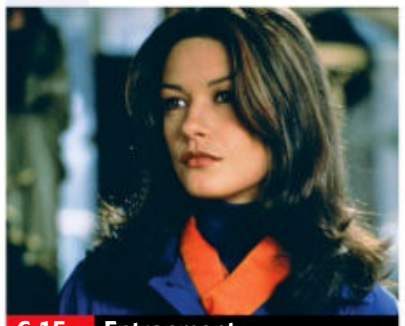
9.05 **The Wolf of Wall Street** Martin Scorsese's fact-based drama starring Leonardo DiCaprio and Jonah Hill. A New York stockbroker lives a life of debauchery as he gets rich through illegal trading, but it comes at a price as the FBI become suspicious of his manipulation of the markets. (2013, 18, 176min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio, Ken Watanabe, Marion Cotillard and Joseph Gordon-Levitt. (2010, 12, 149min) ★★★★★
2.35 **Motherless Brooklyn** Thriller starring Edward Norton. (2019, 15, 141min) ★★★★
5.05 **to 6.50** AM **The Hole** (2009)

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Josie & Jack** As 2.15am.
7.50 **Entrapment** As 6.15pm.
9.50 **About Time** As 9.50pm.
12.00 NOON **Long Story Short**
1.40 PM **Enemy at the Gates**
3.55 **Just Mercy** Fact-based drama starring Michael B Jordan, Jamie Foxx and Brie Larson. (2019, 15, 137min) ★★★★
6.15 **Entrapment** Romantic action thriller starring Sean Connery and Catherine Zeta-Jones. (1999, 12, 112min) ★★★


6.15 Entrapment

8.10 **Long Story Short** Romantic comedy starring Rafe Spall. A man wakes up to discover that every few minutes he is jumping forward to the next year of his life. (2021, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

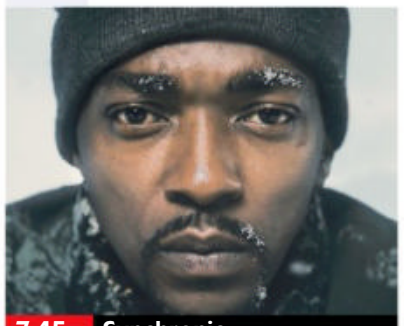
9.50 **About Time** Romantic comedy fantasy from writer-director Richard Curtis, starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Enemy at the Gates** World War Two military drama starring Joseph Fiennes, Rachel Weisz and Jude Law. (2001, 15, 131min) ★★★★
2.15 AM **Josie & Jack** Drama starring Olivia DeJonge. (2019, 15, 103min) ★★
4.05 **to 6.25** AM **Just Mercy**

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.45 AM **Portal** As 6.00pm.
8.30 **Synchronic** As 7.45pm.
10.25 **Tremors: Shrieker Island**
12.20 PM **Benny Loves You**
2.05 **Proximity** Sci-fi drama. (2020, PG, 119min) ★★
4.05 **The Last Man** Drama. (2019, 15, 100min) ★★
6.00 **Portal** Fantasy thriller. (2021, 15, 84min) ★★★
7.45 **Synchronic** Sci-fi thriller starring Anthony Mackie. (2020, 15, 102min) ★★★★


7.45 Synchronic

Synchronic (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Ad Astra** Sci-fi drama starring Brad Pitt. An astronaut embarks on a mission to Neptune to uncover the truth about his missing father and a strange power surge. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Resident Evil: Apocalypse** Sci-fi horror thriller sequel starring Milla Jovovich. (2004, 15, 94min) ★★★
1.15 AM **Tremors: Shrieker Island** Action comedy starring Michael Gross and Jon Heder. (2019, 15, 103min) ★★
3.00 **Benny Loves You** British horror comedy directed by and starring Karl Holt. (2019, 15, 94min) ★★★
4.40 **to 6.45** AM **Proximity**

Sky Cinema Assassins

302 402 502 516

6.45 AM **Charlie's Angels** (2019)
8.45 **Elektra** As shown at 9.45pm.
10.25 **Salt** As shown at 8.00pm.
12.10 PM **Unknown** As 3.10am.
2.05 **Sniper: Assassin's End**
3.45 **Charlie's Angels** Comedy thriller starring Kristen Stewart. (2019, 12, 118min) ★★
5.45 **V for Vendetta** Action thriller based on the graphic novel by Alan Moore, starring Natalie Portman and Hugo Weaving. (2005, 15, 132min) ★★★

5.45 V for Vendetta

8.00 **Salt** Thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. With Liev Schreiber. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Elektra** Action adventure starring Jennifer Garner. An assassin befriends a 13-year-old girl and her father, and then learns they are her next targets. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Blade** Action horror starring Wesley Snipes, Stephen Dorff and Kris Kristofferson. (1998, 18, 121min) ★★★
1.30 AM **Sniper: Assassin's End** Action sequel starring Tom Berenger, Chad Michael Collins and Sayaka Akimoto. (2020, 15, 95min) ★★
3.10 **Unknown** Conspiracy thriller starring Liam Neeson. (2011, 12, 113min) ★★★
5.05 **to 7.20** AM **V for Vendetta**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Wrecking Crew** Spoof thriller. (1969, PG, 105min) ★★
1.05 PM **The Colditz Story** World War Two escape drama. (1954, b/w, U, 97min) ★★★
3.05 **Border River** Western. (1954, PG, 80min) ★★
4.45 **Lonely Are the Brave** Modern-day Western. (1962, b/w, PG, 107min) ★★★
6.55 **Behind Enemy Lines** War drama. (2001, 12, 106min) ★★

6.55 Behind Enemy Lines

Behind Enemy Lines (film started at 6.55pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Incredible Hulk** Sci-fi action fantasy based on the Marvel Comics character, starring Edward Norton, Liv Tyler and Tim Roth. (2008, 12, 107min) ★★★ **11 PM**
1.30 **to 4.00** AM **PREMIERE** **Youth** Comedy drama starring Michael Caine, Harvey Keitel, Rachel Weisz and Paul Dano. (2015, 15, 118min) ★★★★

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **She Played With Fire** (1957)
7.50 **Prisoners of the Casbah** (1953)
9.30 **Bad For Each Other** (1953)
11.10 **The Lady from Shanghai** Thriller. (1948, b/w) ★★★★★
1.00 PM **Serpent of the Nile** Adventure. (1953, U) ★★
2.45 **Guess Who's Coming to Dinner** Drama. (1967) ★★★★
4.55 **The Admirable Crichton** Satirical comedy. (1957) ★★★
6.50 **To Sir, with Love** Drama starring Sidney Poitier as a novice teacher at a tough London school who battles to win the respect of his students. (1966, PG, 105min) ★★
9.00 **If..** Political satire starring Malcolm McDowell as an English public schoolboy who leads a bloody revolt against authority. With David Wood. (1968, 15, 111min) ★★★★★
11.25 **The Blue Lagoon** Romantic adventure. (1980, 15, 101min) ★
1.30 AM **The Ambushers** Spy spoof. (1967, PG, 98min) ★
3.30 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★
4.35 **to 6.00** AM **Machine Gun Kelly** Drama. (1958, 12) ★★

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **A Dangerous Date** Thriller. (2018, 12, 102min) ★★
11.00 **A Date to Die For** Thriller. (2015, PG, 88min) ★★
1.00 PM **Dangerous Attraction** Thriller. (2012, PG, 90min) ★★
2.55 **A Daughter's Conviction** Drama. (2006, 12, 85min) ★★
4.45 **All Roads Lead to Rome** Comedy starring Sarah Jessica Parker. (2015, 12, 88min) ★★★
6.35 **Marie Antoinette** Offbeat costume drama starring Kirsten Dunst as the doomed 18th-century queen, who was married to the heir to the French throne at the age of 14 and went to the guillotine at 37. (2006, 12, 123min) ★★★
9.00 **Wild Card** Action thriller, starring Jason Statham. A Las Vegas bodyguard with a gambling problem finds himself on the wrong side of a mob boss. (2015, 15, 92min) ★★★
10.50 **Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
1.05 AM **The Box** Sci-fi mystery. (2009, 12, 110min) ★★★
3.20 **to 6.00** AM **Moneyball** Sports drama. (2011, 12) ★★★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **The Flying Missile** (1950)
7.50 **The Key** Drama. (1958) ★★
10.15 **The Philadelphia Experiment** Sci-fi. (2012, PG, 89min) ★★
12.00 NOON **Return of the Bad Men** Western. (1948, b/w, PG) ★★
1.50 PM **The Pathfinder** (1953) ★★
3.30 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★
4.55 **Bitter Victory** War drama. (1957, b/w, PG, 97min) ★★
7.05 **The Great Los Angeles Earthquake** 2/2. Disaster drama starring Joanna Kerns. A seismologist races against time – but as the terrified Los Angeles residents flee, it seems her efforts may be in vain.
9.00 **Second in Command** Thriller starring Jean-Claude Van Damme. A European official guarding a US ambassador in Moldova looks for an escape route when rebellion breaks out. (2006, 15, 87min) ★★
10.50 **Into the Sun** Action thriller. (2005, 18, 93min) ★★
12.40 AM **Alpha Dog** Crime drama. (2006, 15, 117min) ★★
2.55 **to 4.00** AM **Hell Squad** As shown at 3.30pm.

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Homecoming**
9.00 **Midway to Love** As 9.00pm.
11.00 **Retreat to Paradise** As 11pm.
1.00 PM **Scents and Sensibility**
3.00 **Valentine in the Vineyard** Romance with Rachael Leigh Cook. (2019, PG, 87min) ★★
5.00 **An Aurora Teagarden Mystery 9: The Disappearing Game** Drama with Candace Cameron Bure. (2018, PG, 83min) ★★
7.00 **Christmas Homecoming** Drama starring Julie Benz and Michael Shanks. A war widow and an injured soldier join forces to save the town's military museum with a Christmas fundraiser. (2017, U, 90min) ★★
9.00 **Midway to Love** Romantic drama starring Rachel Hendrix and Daniel Stine. A disillusioned TV presenter returns to her home town and is reunited with her high school sweetheart. (2019, PG, 87min) ★★
11.00 **Retreat to Paradise** Romantic drama. (2020, PG, 90min) ★★
1.00 AM **Scents and Sensibility** Drama. (2011, PG, 89min) ★★
3.00 **to 5.00** AM **Valentine in the Vineyard** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **Charlie's Angels** *E!* Comedy thriller based on the 1970s TV series starring Drew Barrymore, Cameron Diaz and Lucy Liu. ★★
9.00 **Ape vs Monster** *Syfy* Sci-fi adventure starring Quinn Baker, Rudy Bentz and Buck Burns. ★★
10.00 **Taken 2** *ITV4* Thriller sequel with Liam Neeson, Maggie Grace and Famke Janssen. ★★★
10.00 **Deadpool** *4Seven* Superhero comedy adventure starring Ryan Reynolds, Morena Baccarin and Ed Skrein. A disfigured mercenary develops superhuman powers, which he uses to get payback on the man who ruined his life. ★★★★
10.35 **Shakespeare in Love** *BBC4* Oscar-winning romantic comedy starring Joseph Fiennes, Gwyneth Paltrow and Geoffrey Rush. ★★★★
12.05 AM **Straight Outta Compton** *ITV4* Biopic of hip-hop group NWA, starring O'Shea Jackson Jr and Corey Hawkins. ★★★
1.50 **Birds of Passage** *Channel 4* Colombian crime drama starring Jose Acosta and Natalia Reyes. Subtitled. ★★★★

Thursday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Sky Sports News** Round-up of the latest sports news, with live analysis and comment, plus interviews with the headline makers.
12.30 PM **LIVE Women's International One-Day Cricket England v New Zealand.** Coverage of the first ODI in the five-match series, held at The Bristol County Ground.
9.00 **LIVE LPGA Tour Golf** Coverage of the opening day of the Cambia Portland Classic, taking place at rhe Oregon Golf Club in West Linn, Oregon.
11.00 **LIVE PGA Tour Golf** Coverage of the opening day of the Fortinet Championship, taking place at Silverado Resort in Napa, California.
12.30 AM **LIVE NFL Washington Football Team v New York Giants.** The NFC East clash from FedEx Field. Kick-off 1.20am.
5.00 to 6.00 AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends** Double bill.
8.00 **Best PL Goals: Manchester Derby** Memorable strikes.
8.30 **Best PL Goals 16/17**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 06/07**
5.00 **Premier League 100 Club**
5.30 **Premier League 100 Club**
6.00 **PL Legends: Paul Ince**
6.30 **Inside The WSL**
7.00 **Premier League Matchpack**
7.30 **Premier League World**
8.00 **Inside The WSL**
8.30 **Gary Neville's Soccerbox**
9.00 **Premier League Matchpack**
9.30 **Premier League World**
10.00 **Inside The WSL**
10.30 **PL Retro**
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 16/17**
5.00 **Best PL Goals: Man City v Liverpool** Memorable goals.
5.30 to 6.00 AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Final C'Ship 15/16**
12.00 NOON **Greatest Games**
1.00 PM **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Cup Final 09**
3.30 **Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Scottish Premiership Round-Up**
6.15 **SPFL Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights**
8.00 **Scottish Premiership Round-Up**
8.15 **SPFL Highlights**
8.30 **Bundesliga Weekly**
9.00 **EFL Highlights**
9.30 **EFL Goals: Leagues 1 & 2**
10.00 **EFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 17**
2.00 to 6.00 AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Women's International One-Day Cricket** England v India.
9.00 **Best of England Women**
9.30 **Women's International One-Day Cricket** England v India.
12.30 PM **LIVE Women's International One-Day Cricket England v New Zealand.** Coverage of the first ODI in the five-match series, held at The Bristol County Ground.
9.00 **Best of the Women's World T20** The 2009 semi-final between England and Australia.
9.30 **Best of the Women's World T20** The 2009 final between England and New Zealand.
10.00 **Women's World T20 Classics** Action from the 2017 group game between England and Australia.
10.25 **Best of England Women**
11.00 **Women's International One-Day Cricket** Action from England v New Zealand.
12.00 M'T **Vitality T20 Blast Cricket**
3.45 AM **Best of the Women's World T20** England v Australia.
4.00 **Women's International One-Day Cricket**
5.00 to 6.00 AM **Best of England v India**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Ladies European Tour Golf**
7.00 **PGA Tour: The Cut**
7.30 **PGA Tour Champions Learning Centre**
8.00 **PGA Tour Champions**
9.00 **Golf Today**
11.00 **Challenge Tour Golf**
11.30 **Ryder Cup Golf** A look at the Team Europe's wildcard picks ahead of the contest this month.
12.30 PM **LIVE European Tour Golf** Coverage of the opening day of the Dutch Open, taking place at Bernardus Golf Course in Cromvoirt, Netherlands.
5.30 **LIVE PGA Tour Golf** Coverage of the opening day of the Fortinet Championship, held at Silverado Resort in Napa, California.
8.00 **LIVE LPGA Tour Golf** The opening day of the Cambia Portland Classic at the Oregon Golf Club in West Linn, Oregon.
11.00 **LIVE PGA Tour Golf** Further coverage of the opening day of the Fortinet Championship.
z 2.00 AM **European Tour Golf**
3.00 **Legends Tour Golf**
4.00 **Ryder Cup Memories**
5.00 to 6.00 AM **European Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Inside AFL**
6.30 **The Aussie Rules Show**
7.00 **Premier League Reload**
7.15 **WWE NXT** Wrestling action.
9.00 **MotoGP Highlights**
10.00 **ESPN FC** Football news.
10.30 **Badminton Unlimited**
11.00 **BT Sport Fight Night**
3.00 PM **BT Sport Reload**
3.15 **WWE Friday Night SmackDown**
4.45 **DIY Pundit**
5.15 **LIVE UEFA Europa Conference League Rennes v Tottenham Hotspur.** Coverage of the Group G match from Roazhon Park. Kick-off 5.45pm.
8.00 **Inside AFL**
8.30 **The Aussie Rules Show**
9.00 **WWE NXT Highlights**
10.00 **The Outdoor Sports Show**
10.30 **BT Sport Fight Night**
12.30 AM **College Football Countdown** Match build-up.
1.00 **LIVE College Football Louisiana Ragin' Cajuns v Ohio Bobcats.** Coverage of the match from Cajun Field. Kick-off 1.00am.
4.30 **BT Sport Reload**
5.00 **The Outdoor Sports Show**
5.30 to 6.00 AM **Serie A – Full Impact**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Gallagher Premiership Rugby Union** Triple bill.
10.30 **FIM Speedway Highlights**
11.30 **FIM – International Six Days of Enduro** The latest action.
12.30 PM **Women's One-Day International Cricket**
1.30 **Super League Triathlon**
2.30 **Ligue 1 Highlights**
3.30 **Serie A – Full Impact**
4.00 **Premier League World**
4.30 **ESPN FC** Football news.
5.00 **Premier League Reload**
5.15 **LIVE UEFA Europa League Dinamo Zagreb v West Ham United.** Kick-off 5.45pm.
7.45 **LIVE UEFA Europa League Leicester City v Napoli.** Kick-off 8.00pm.
10.30 **UEFA Europa League Highlights**
12.00 M'T **DIY Pundit**
12.30 AM **Hero CPL**
1.00 **BT Sport Goals Reload**
1.15 **Premier League Reload**
1.30 **Inside AFL**
2.00 **The Aussie Rules Show**
2.30 **Ligue 1 Show**
3.00 **MotoGP Highlights**
4.00 **FIM Speedway Highlights**
5.00 to 6.00 AM **Fishing: On The Bank**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League**
10.00 **UEFA Champions League Highlights** The latest action.
11.00 **Premier League Reload**
11.15 **BT Sport Goals Reload**
11.30 **Serie A – Full Impact**
12.00 NOON **UEFA Champions League**
4.00 PM **BT Sport Goals Reload**
4.15 **UEFA Champions League Highlights** The latest action.
5.15 **LIVE UEFA Europa League Real Betis v Celtic.** From Estadio Benito Villamarin. Kick-off 5.45pm.
7.45 **LIVE UEFA Europa League Rangers v Lyon.** Coverage from Ibrox. Kick-off 8.00pm.
10.30 **Premier League Match Pack**
11.00 **Ligue 1 Show**
11.30 **DIY Pundit**
12.00 M'T **UEFA Europa League**
2.00 **UEFA Europa Conference League** Recent action.
2.30 **UEFA Europa League.**
3.00 **UEFA Europa Conference League** Recent action.
3.30 **UEFA Europa League**
4.00 **DIY Pundit**
4.30 **Ligue 1 Show**
5.00 **Inside AFL**
5.30 to 6.00 AM **The Aussie Rules Show**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
8.00 **Pick Your Team: Buccaneers**
9.00 **NFL Roundtable**
10.00 **Pick Your Team: Falcons**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **Browns @ Jets 2019 Hlts**
4.00 **Inside the Huddle**
5.00 **Jags All Access: UK**
5.30 **NFL Roundtable**
6.00 **NFL Bitesize Highlights** Action from a recent NFL match.
6.15 More match action.
6.30 Action from Los Angeles Rams v Chicago Bears.
6.45 Action from Las Vegas Raiders v Baltimore Ravens.
7.00 **NBC's Pro-Football Talk**
9.00 **NFL Overtime** The big stories from the start of the season.
10.00 **NFL Fantasy** Key insights into building the best line-up.
11.00 **NFL Overtime**
12.00 M'T **NFL Bitesize Highlights**
12.30 AM **LIVE NFL New York Giants v Washington Football Team.** Coverage of the NFC East clash from FedEx Field. Kick-off 1.20am.
4.30 **NFL Bitesize Highlights**
5.00 to 6.00 AM **NFL Overtime**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **School of Golf**
6.30 **My Icon**
7.30 **Fighting Fit 2020**
8.30 **Women's Super League**
8.45 **World Cup of Darts** Action from the semi-finals of the tournament.
12.45 PM **WNBA Weekly** The latest news, storylines and action from the 2021 season.
1.15 **WNBA** Action from Connecticut Sun v New York Liberty.
3.00 **LIVE US Open 9-Ball Pool** Coverage of the fourth day of this year's tournament, taking place at Harrah's Resort in Atlantic City.
8.00 **Betfred Super League Highlights** Recent action.
8.30 **World Pool Masters** Action from day three of the 2019 World Pool Masters in Gilbraltar.
9.30 **LIVE US Open 9-Ball Pool** Further coverage of the fourth day of the tournament, taking place at Harrah's Resort in Atlantic City.
2.30 AM **Super League's Supermen** An interview with Alex Murphy.
3.30 **Betfred Super League Highlights** Recent action.
4.45 **Women's Super League**
5.00 to 6.00 AM **World Darts Championship**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **College Football Live**
9.00 **MLB**
3.00 PM **NHRA Drag Racing Highlights**
4.00 **Around the Horn**
4.30 **ESPN SportsCenter**
4.45 **MLB: Caps Off**
5.00 **ESPN FC Presents: Gab & Juls**
5.30 **LIVE UEFA Europa League Galatasaray v Lazio.** From Turk Telekom Stadium. Kick-off 5.45pm.
7.45 **LIVE UEFA Europa Conference League AS Roma v CSKA Sofia.** From Stadio Olimpico. Kick-off 8.00pm.
10.00 **Pardon the Interruption**
10.30 **College Football Live**
11.00 **LIVE MLB Chicago Cubs v Philadelphia Phillies.** Start-time 11.05pm.
2.00 AM **ESPN SportsCenter**
2.15 **MLB: Caps Off**
2.30 to 6.00 AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
7.00 **Cycling: Tour of Slovakia**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Tokyo 2020: Gymnastics**
11.00 **GOLFTV Weekly**
11.30 **Cycling: Tour of Slovakia**
12.30 PM **Cycling: Tour of Luxembourg**
1.30 **LIVE Cycling: Tour of Luxembourg** Stage three.
3.30 **LIVE Cycling: Tour of Slovakia** Stage one.
4.30 **Olympics: Legends Live On**
5.00 **Cycling: Wallonie Grand Prix**
6.00 **Formula E**
7.00 **World Superbikes**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Cycling: Tour of Slovakia**
10.00 **Triathlon: Super League**
11.00 **World Superbikes Extra**
12.00 M'T **Cycling: Tour of Luxembourg**
1.00 AM **Cycling: Tour of Slovakia**
2.00 **Hall of Fame – Tokyo 2020**
3.00 **Cycling: Tour of Slovakia**
4.00 **Cycling: Tour of Luxembourg**
5.00 to 6.00 AM **World Superbikes**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Tour of Luxembourg**
7.00 **Formula E** The Berlin ePrix.
8.00 **British Superbikes**
9.00 **Cycling: Tour of Slovakia**
10.00 **Cycling: Tour of Luxembourg**
11.00 **Hall of Fame – Tokyo 2020**
12.00 NOON **Formula E** Berlin ePrix.
1.00 PM **World Superbikes**
3.00 **LIVE Cycling: Coppa Sabatini** The one-day race from Italy.
4.30 **Motocross World Champs**
5.00 **British Superbikes Extra**
6.00 **Show Jumping**
7.00 **Triathlon: Super League**
8.00 **Motocross World Champs**
8.30 **Sports Spotlight**
10.00 **Karate**
11.00 **Cycling: Tour of Slovakia**
12.00 M'T **British Superbikes**
1.00 AM **Hall of Fame – Tokyo 2020**
2.00 **World Superbikes**
3.00 **British Speedway**
4.00 **Tokyo 2020: Taekwondo**
5.00 to 6.00 AM **Cycling: Tour of Slovakia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Fight Night International**
8.30 **Sail GP** From Saint-Tropez.
9.30 **NBA: Golden State @ Lakers**
11.30 **Sail GP** Highlights of the France Sail GP in Saint-Tropez.
12.30 PM **British and Irish Lions Tour** South Africa v British & Irish Lions.
3.30 **NRL Try Time**
4.30 **WNBA** Action from Connecticut Sun v New York Liberty.
6.15 **Women's Super League**
6.30 **Super League Highlights**
7.00 **LIVE Betfred Super League** Coverage of a game from week 25 of the Betfred Super League.
10.00 **Super League's Supermen** An interview with Billy Boston.
11.00 **Eddie Hemmings: The Voice of Rugby League** Documentary.
11.45 **Betfred Super League Highlights** Recent action.
1.00 AM **World Cup of Darts** Action from round one at the Sparkassen-Arena in Germany.
5.00 to 6.00 AM **World Pool Masters**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
11.00 **The Inside Line**
11.30 **The Weekend Debrief**
12.00 NOON **Formula 1**
2.15 PM **Chequered Flag**
2.45 **Murray Walker Remembered**
2.55 **Ted's Story of Ferrari**
3.00 **The Inside Line**
3.30 **The Weekend Debrief**
4.00 **Formula 1** A look back at action from the Italian Grand Prix.
5.00 **Indycar**
6.00 **Formula 1** Another chance to see the Italian Grand Prix.
8.15 **Chequered Flag**
8.45 **Lando Norris and His Engineers**
8.55 **Psychology of Lewis Hamilton**
9.00 **Formula 1**
10.00 **Indycar**
11.00 **Formula 2 Championship**
12.00 M'T **On the Inside: McLaren**
12.15 AM **The History of Aston Martin**
12.25 **Psychology of Lewis Hamilton**
12.30 **The Switch**
1.00 to 6.00 AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Friday

17 September

Evening Planner

Comedy

Young Rock
Sky Comedy HD & Sky Showcase HD, 8pm & 8.30pm
Dwayne Johnson stars in a look back at his early years before he found fame

Comedy

Bill Bailey: Larks in Transit
BBC1 HD, 10.35pm
Bill shares tales of 20 years of life on the road as a comedian, including his trademark music and bizarre tangents

OnDemand

prime

Everybody's Talking About Jamie
Available today
An adaptation of the musical about a teen who wants to be a drag queen, with Max Harwood

OnDemand

NETFLIX

Sex Education
Available today
Jemima Kirke joins the cast as the new headteacher set on improving school standards at the start of series three

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Question of... †	8.00 EastEnders	8.30 Would I Lie to... †	9.00 MasterChef	9.30 The Cleaner	10.00 News; Local News	10.35 Bill Bailey...
102 BBC2	7.00 MOTDx	7.30 Remarkable Places to Eat		8.30 Gardeners' World		9.30 The North Water		10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation...	8.00 Raymond Blanc	8.30 Coronation...	9.00 Grantchester		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 Gogglebox		10.00 Highlife	
105 CHANNEL 5	7.00 Secret Scotland with Susan Calman		8.00 The Cotswolds with Pam Ayres		9.00 Lighthouses: Building the Impossible		10.00 Greatest Hits of the 80s	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Young Rock		9.00 Wolfe		10.00 Isle of Wight Festival 2021	
ENTERTAINMENT								
116 BBC4	7.00 One-Hit Wonders at the BBC		8.00 TOTP: 1991		9.00 The Old Grey Whistle...	9.40 The Old Grey Whistle Test: For One Night Only		
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Ready to Mingle		10.00 Family Guy	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 24 Hours in A&E			
135 E4	7.00 Hollyoaks	7.30 Young Sheldon	8.00 The Great Celebrity Bake Off for...		9.00 Film: RED			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 9-1-1		9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Organised Crime	
108 SKY ATLANTIC	◂ 6.50 The Sopranos				9.00 The Pacific		10.15 Britannia	
110 GOLD	7.20 The Green Green Grass		8.00 Only Fools and Horses			9.40 Live at the Apollo		10.40 Peep...
111 DAVE	7.00 Richard Osman's House...	7.40 Would I Lie to You?...		8.20 QI	9.00 QI XL		10.00 Mock the Week	10.40 Would...
119 ITV3	◂ 6.55 Maigret		8.00 Doc Martin				10.00 Arthur & George	
120 ITV4	7.15 The Chase Celebrity Special			8.20 River Monsters	8.50 Racehorses	9.15 World Series of Darts: Nordic Masters – Live: The first round		
112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges: A Whole Different Story		10.00 When TV Animals Go Horribly Wrong	
152 SYFY	7.00 Star Trek: The Next Generation		8.00 Quantum Leap		9.00 V			
109 W	7.00 MasterChef Australia			8.30 Nurses Down Under		9.30 Inside the...	10.00 Miranda	
114 SKY COMEDY	7.00 The Fresh Prince of Bel Air		8.00 Young Rock		9.00 Avenue 5			
132 ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise		9.00 Deception		10.00 Whiskey Cavalier	
130 SKY ARTS	7.00 Isle of Wight Festival 2021							
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Gold Rush: Winter's Fortune		9.00 UFO Witness		10.00 Expedition Unknown	
162 ANIMAL PLANET	7.00 The Aquarium		8.00 Wildest Europe		9.00 Dr Jeff: Rocky Mountain Vet		10.00 My Cat from Hell	
129 NAT GEO	7.00 Car S.O.S.		8.00 Storm Rising		9.00 Europe from Above		10.00 Hitler's Last Stand	
123 SKY HISTORY	7.00 Forged in Fire Tournament of...		8.00 Counting Cars		9.00 The UnXplained with William Shatner		10.00 Dog the Bounty Hunter: Most Wanted	
155 YESTERDAY	7.00 Bangers and Cash		8.00 Abandoned Engineering		9.00 Bangers and Cash			
121 SKY DOCS	7.00 The Nineties	7.50 The Comedy Store			9.00 Film: Rock and a Hard Place			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Minari		8.00 Gunpowder Milkshake				10.00 Bombshell	
303 HITS	◂ 6.10 Where'd You Go, Bernadette		8.00 Wonder Woman 1984					10.35 Zack...
304 GREATS	◂ 5.30 Psycho	7.30 The Shining				9.30 Full Metal Jacket		
305 ANIMATION	7.10 Tarzan				8.50 Trolls World Tour			10.25 Shark Tale
306 FAMILY	◂ 6.25 Five Children and It		8.00 The Witches			9.50 A Boy Called Sailboat		
307 ACTION	7.00 Spider-Man				9.05 Spider-Man 2			
308 COMEDY	◂ 6.00 The Hangover	7.45 When Jeff Tried to Save the World				9.30 The Big Lebowski		
309 THRILLER	7.00 Angels & Demons				9.20 Lone Survivor			
310 DRAMA	◂ 5.40 Foxcatcher		8.00 Saving Private Ryan					
311 SCI-FI	◂ 6.00 Great White	7.45 Terminator: Dark Fate					10.00 The Devil's Rejects	
302 ASSASSINS	7.15 John Wick				9.00 Sin City			
313 FILM4	◂ 6.45 G.I. Joe: The Rise of Cobra				9.00 Night School			
315 TCM MOVIES	7.10 The Gun That Won The West			8.40 Off Set	9.00 Run All Night			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News	7.30 FNF – Live: Newcastle United v Leeds United: From St. James' Park (Kick-off 8.00)						10.30 SS News
402 PREMIER LEAGUE	7.00 PL Matchpack	7.30 FNF – Live: Newcastle United v Leeds United: From St. James' Park (Kick-off 8.00)						10.30 PL Matchpack
403 FOOTBALL	7.00 Bundesliga...	7.30 EFL Highlights						10.30 Scottish...
404 CRICKET	7.00 T20 Blast 2019 Final Highlights		8.00 One-Day International Cricket		9.00 Women's International One-Day Cricket		10.00 One-Day International Cricket	
413 BT SPORT 1	7.00 Gallagher Premiership Rugby Union – Live: Bristol Bears v Saracens: From Ashton Gate (Kick-off 7.45)						10.00 WWE NXT UK	
414 BT SPORT 2	◂ 4.30 FIM Speedway of Nations – Live		8.15 FIM TrialGP World...		9.00 Scottish...	9.30 Inside Serie A	10.00 UFC Fight ...	10.30 UFC

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Close Calls: On Camera** Series finale 20/20. A woman and her dog get stuck on tidal mud flats. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition In Wrexham, North Wales. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Unbeatable** New edition Quiz. (S)
2.30 **The Repair Shop** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition (S)
4.30 **Antiques Road Trip** New edition James Braxton and Irita Marriott head to the final auction. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 The Cleaner

7 PM

7.00 **The One Show** Rylan Clark-Neal and Ronan Keating host the topical show. (S)
7.30 **Question of Sport** New edition With guests Amy Williams, Leon Osman, Anna Hopkin and Anton Du Beke. (S)

8 PM

8.00 **EastEnders** Martin confronts Ruby about why she been lying. (S)(AD)
8.30 **Would I Lie to You?** With guests Johnny Vegas, Alex Jones, Martin Lewis and Anna Maxwell Martin. (S)(R)

9 PM

9.00 **Celebrity MasterChef** Series finale 18/18. The three finalists must prepare a faultless three-course meal. (S)(AD)
9.30 **The Cleaner** New episode 2/6. A novelist suffers writer's block. (S1) (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 NEW **Bill Bailey: Larks in Transit** A stand-up performance from the Royal Opera House in London's Covent Garden. (S)
11.35 FILM **The Graduate** Comedy drama starring Dustin Hoffman. An aimless college graduate returns to his family's affluent California world and is drawn into an affair with the wife of his father's business partner. Then he falls in love with her daughter. With Anne Bancroft and Katharine Ross. (S) (1967, 15, 105min) ★★★★★
1.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Homes Under the Hammer** (R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: The House That £100K Built** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics UK** (S)
1.00 **Eggheads** Quiz show. (S)(R)
1.30 **Make Me a Dealer** (S)(R)
2.15 **The Big Painting Challenge** (S)(R)
3.15 **The Hairy Bikers' Bakeation** (S)(R)
4.15 **Madagascar, Lemurs and Spies: Natural World** (S)(R)(AD)
5.15 **Flog It!** Interesting finds from the show's travels around the UK. (S)(R)
6.00 **Richard Osman's House of Games** New edition Kaye Adams, Mark Chapman, Philip Glenister and Thanyia Moore compete. (S)
6.30 **Take a Hike** New edition 5/15. A B&B owner hosts the last Devon hike, a trail to Dartmouth. (S)

9.30 The North Water

7 PM

7.00 **MOTDx** Football discussion presented by Jermaine Jenas. (S)
7.30 **Remarkable Places to Eat** Chef Nisha Katona takes Fred Sirieix to San Sebastian for a meal at one of the world's top restaurants and to visit a tiny sports bar to learn the secrets of the perfect tortilla. (S)(R)(AD)

8 PM

8.30 **Gardeners' World** New edition Toby Buckland offers tips on maintaining borders, singer-songwriter Billie Marten shares her passion for growing vegetables, and Adam Frost reports from his garden with a seasonal catch-up. (S)

9 PM

9.30 **The North Water** New episode *We Men Are Wretched Things:* 2/5. Sumner's adventure turns into a nightmare when one of the crew is murdered, while Drax has a daring opportunity to escape. (S1) (S)(AD)
■ Entire series on BBC iPlayer

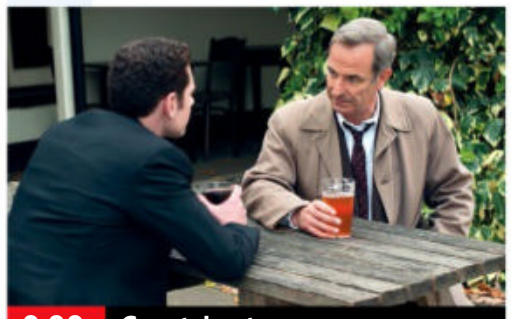
10 PM

10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Fever Pitch: The Rise of the Premier League** 2/4. Assessing the impact of Eric Cantona's ban for attacking a supporter. (S)(R)(AD)
12.05 AM FILM **Life on the Line** Thriller starring John Travolta. The head of a power-line team is sent in to fix the grid just as a huge storm hits Texas. (S) (2015, 15, 90min) ★★
1.35 **Sign Zone: Dirty Secrets of the Cigarette Business: Panorama** (R)
2.05 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** A mix of celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and topical debate. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition Real-life legal disputes. (S)
3.00 **Tenable** Sally Lindsay hosts as a team of family members take on the Tenable Tower in an attempt to win the £125,000 jackpot. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Grantchester

7 PM

7.00 **Emmerdale** Bob is emotional, while Marlon is furious. (S)(AD)
7.30 **Coronation Street** Alya experiences a trying day at work, and Tyrone hunts for a way to discredit Phill. (S)(AD)

8 PM

8.00 **Simply Raymond Blanc** The chef reveals why seasonality is important and why everyone should embrace it. (S)(R)(AD)
8.30 **Coronation Street** Alya turns to Zeedan for help after a costly blunder. (S)(AD)

9 PM

9.00 **Grantchester** New episode 3/6. Will and Geordie are drawn into the world of local politics when the apparent suicide of a councillor prompts an election, but his widow is convinced he was murdered. (S6) (S)(AD)

10 PM

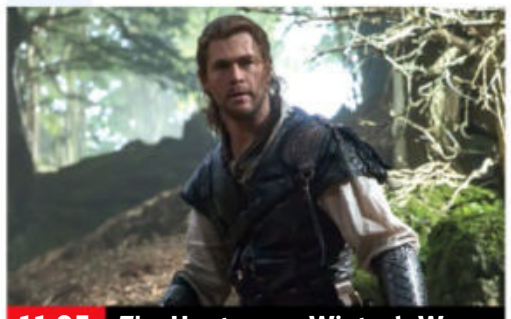
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Rocky** Oscar-winning drama starring Sylvester Stallone as a struggling Philadelphia boxer who gets an unexpected shot at the heavyweight championship. With Talia Shire, Burt Young, Carl Weathers and Burgess Meredith. (S)(AD) (1976, PG, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Shop: Ideal World**
3.00 **FYI Extra**
3.15 **Martin & Roman's Weekend Best!** Alex Horne, Susan Cookson and Danny O'Donoghue join Martin and Roman Kemp. (S)(SL)(R)
4.05 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 34 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 18&19/22. (S7) (S)(R)
7.40 **The King of Queens** (S7) (S)(R)
9.05 **Frasier** 3-5/24. (S10) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** In Monrovia, California. (S)(R)
11.25 **News** (S)
11.30 **Find It, Fix It, Flog It** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** New edition A holiday home in Tenerife. (S)
4.00 **The Great House Giveaway** (S)(R)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition Yoga teacher and masseuse Helen serves up a Thai-inspired menu. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Warren wants a second chance with Maxine. (S)(AD)



11.05 The Huntsman: Winter's War

7 PM

7.00 **News** (S)

8 PM

8.00 **Kirstie and Phil's Love It or List It** 5/7. In High Wycombe, Kirstie Allsopp and Phil Spencer meet Carly and Phil, who are unsure whether they should renovate their current home or sell up and move into another. (S)(R)

9 PM

9.00 NEW SERIES **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (S)(AD)

10 PM

10.00 **Highlife** New edition 2/4. Following the lives of British Nigerians and Ghanaians Toni, Kamille, Tomi, Chiefer, Bernicia, Cuppy, Kiddwaya and Irene. (S)(AD)
11.05 FILM **The Huntsman: Winter's War** Fantasy adventure starring Chris Hemsworth, Charlize Theron, Emily Blunt and Jessica Chastain. (S) (2016, 12, 125min) ★★★
1.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.00 **Celebrity Undercover Boss USA** With Marcus Samuelsson. (S)(R)
2.50 **Come Dine with Me** (S)(R)
5.05 **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **The Nightmare Neighbour Next Door** (S)(R)(AD)
12.15 PM **News** (S)
12.20 **Traffic Cops** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Killer in Red** Thriller. (S) (2018, 12, 105min) ★★
4.00 **Bargain Brits in the Sun** The Jolly Boys work on a replica of an Italian submarine. (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Evelyn seems disinterested in Sheila's attempts to make amends. (S)(R)(AD)
6.00 **Home and Away** John and Ryder get updates about Dean's troubles. (S)(R)(AD)
6.30 **News** (S)

8.00 The Cotswolds with Pam...

7.00 **Secret Scotland with Susan Calman** 2/6. Beginning in the village of Golspie, the comedian traverses the North Coast 500, a 500-mile trip around the northernmost parts of mainland Britain. (S)(R)

8.00 NEW SERIES **The Cotswolds with Pam Ayres** 1/4. The poet sets off on a journey around the region that takes in parts of Gloucestershire, Oxfordshire, Warwickshire, Wiltshire and Worcestershire. (S)

9.00 NEW SERIES **Lighthouses: Building the Impossible** 1/3. Rob Bell heads 9 miles off the coast of Cornwall to see why building the world's first rock lighthouse was such an achievement. (S)

10.00 **Greatest Hits of the 80s** The stories behind six songs from the decade, examining *Careless Whisper, Vienna, Do You Really Want to Hurt Me, Smooth Operator, 1999* and *Sweet Dreams (Are Made of This)*. (S)(R)

11.25 **Patrick Swayze: The Demons & the Dance** (S)(R)
12.50 AM **Entertainment News** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.05 **Secrets of Tutankhamun's Treasures** (S)(R)
3.55 **The Funny Thing About Love and Sex** (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 to 5.35 AM **House Doctor** (R)

+1 hour 205 | 155 | 45 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Gangs of Lemur Island** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S3) (S)(R)(AD)
3.00 **Modern Family** (S1) (S)(R)
4.00 **Will & Grace** (S2) (S)(R)
5.00 **The Simpsons** (R)
5.30 **The Fresh Prince of Bel Air** 25/25. Hilary's new boss gives her a ultimatum. (S1) (S)(R) **6.00** 1/24. Will gets trapped with his girlfriend during an earthquake. (S2) (S)(R)
6.30 **The Simpsons** *The D'oh-cial Network:* Lisa creates a new social network that takes Springfield by storm. (S)(R)

9.00 Wolfe

7.00 **The Simpsons** *Moe Goes from Rags to Riches:* Moe's bar towel has a life of its own. (S)(R) **7.30** *The Daughter Also Rises:* Lisa begins a whirlwind romance with her intellectual match. (S)(R)

8.00 NEW SERIES **Young Rock** 1/12. Sitcom starring Dwayne Johnson, inspired by his own formative years. **8.30** New episode 2/12. In 1987, Dwayne pretends to be rich to impress a girl. *See feature, page 6.* (S1)

9.00 **Wolfe** New episode 2/6. The forensic scientist races against time to retrieve evidence from a car at a crime scene before the vehicle explodes, with the missing driver's life hanging in the balance. (S1)

10.00 **Isle of Wight Festival 2021** 1/3. Highlights of the event, where Liam Gallagher, Snow Patrol, Tom Jones, All Saints, Becky Hill and many more took to the stage. (R)

12.00 M'T **Manifest** New episode *Compass Calibration:* 10/13. Michaela unearths a dangerous arsenal of 828 hate. (S3)
1.00 AM **A League of Their Own** With Teddy Sheringham, Sue Perkins and Kadeena Cox. (R)
2.00 **Wellington Paranormal** (S)(R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **Magnum P.I.** (S3) (S)(R)(AD)
5.00 to 6.00 AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am-12.15pm Homes Under the Hammer New edition (S)(AD) **7.30-8.00pm** Landward (S)(R) **8.30-9.00pm** Question of Sport New edition (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
7.00pm LIVE Match of the Day Wales: Women's World Cup Qualifier (S) **9.20-9.30** Coast (S)(R) **11.05** MOTDx (S) **11.35pm-12.05am** A Question of Sport (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Arfordir Cymru: Llyn **12.30** Heno **1.00** Garejis (AD) **1.30** Bois y Rhondda **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Newid Hinsawdd, Newid Byd **4.00** Awr Fawr **5.00** Stwnsh **6.00** 'Sgota gyda Julian Lewis Jones (AD) **6.30** Sgwrs Dan y Lloer **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Bwyd Epic Chris **8.25** Adre **8.55** Newyddion S4C a'r Tywydd **9.00** Noson Lawen 2021 New edition **10.00** Gwely a Brecwast Maggi Noggi **10.30-11.35pm** Eisteddfod AmGen: Cwt Cerdd

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/24 | 106 | 107 107

BBC4 programmes start at 7.00pm

7.00 PM **One-Hit Wonders at the BBC** Compilation of songs by artists who only entered the Top 40 once.
8.00 **TOTP: 1991** Featuring Blur, De La Soul, Beverley Craven and The Shamen. **8.30** With Level 42, Color Me Badd, Right Said Fred and Sophie Lawrence.
9.00 **The Old Grey Whistle Test Story** Jo Brand narrates a history of the music show. Jools Holland, Annie Nightingale and Jarvis Cocker contribute.
9.40 **The Old Grey Whistle Test: For One Night Only** 'Whispering' Bob Harris celebrates the long-running BBC music show.
12.45 AM **TOTP: 1991** Double bill, as shown at 8pm
1.45 **One-Hit Wonders at the BBC** Featuring Peter Sarstedt's *Where Do You Go To (My Lovely)?*, Trio's *Da Da Da*, *Move Closer*, by Phyllis Nelson and *You Get What You Give* by New Radicals.
2.45 to 3.15 AM **Motherland**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun**
11.05 **Escape to the Chateau: DIY** A man sets about fitting two heavy balconies.
12.10 PM **Heir Hunters**
1.10 **Four in a Bed**
3.50 **Find It, Fix It, Flog It**
5.55 **The Secret Life of the Zoo** An elephant calf is born at Chester Zoo, but its half-sister doesn't welcome it.

6.55 **Escape to the Chateau: DIY** Erin and JB launch their chateau business by opening it up to the locals. May holds her health and well-being retreat using her new yoga studio for the first time.
7.55 **Grand Designs** Kevin McCloud revisits a couple who built an oak-framed, straw-baled hexagonal house in Cambridgeshire.
9.00 **24 Hours in A&E** The medics treat a doorman who was stabbed at the social club where he works. **10.00** The lives of patients facing adversity head-on, including a former cancer patient now battling an aggressive ear infection.
11.05 **8 Out of 10 Cats Does Countdown** Jon Richardson and Chris Addison take on Joe Wilkinson and Katherine Ryan, while David O'Doherty guests in Dictionary Corner.
12.10 AM **Father Ted**
1.15 **24 Hours in A&E**
3.25 to 3.55 AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Love Bites**
6.55 **Ellen's Game of Games**
8.00 **Emmerdale**
9.00 **Coronation Street**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Emmerdale**
1.00 PM **Coronation Street**
2.00 **Supermarket Sweep**
3.00 **Dress to Impress**
4.00 **Love Bites**
5.00 **You've Been Framed!**
6.00 **Catchphrase Celebrity Special** With Tim Healy.

7.00 **Superstore** 8/22. Mateo is forced to hide his undocumented status. **7.30** 9/22. Glenn looks for the perfect store Santa. (S2)
8.00 **Bob's Burgers** 14&15/21. Double bill of episodes. (S5)
9.00 **Ready to Mingle** New edition A new man arrives in an attempt to break up the love triangle. Katherine Ryan hosts.
10.00 **Family Guy** *Hefty Shades of Gray:* 10/20. Peter's hair turns white after a ghost-hunting adventure. **10.30** *Married with Cancer:* 1/20. Brian falls in love with a woman called Jess. (S17)

11.00 **Family Guy**
11.25 **American Dad!**
12.25 AM **Bob's Burgers**
1.20 **Superstore**
2.10 **The Emily Atack Show**
2.45 **Guinness World Records**
3.15 to 3.30 AM **FYI Extra**

+1 hour 218 | 116 | 28 | 114

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Mike & Molly**
4.00 **Brooklyn Nine-Nine**
4.30 **Married at First Sight UK**
5.30 **The Big Bang Theory**

7.00 **Hollyoaks** Sylver is finally home, and Mercedes is determined that they can mend their marriage.
7.30 **Young Sheldon** 11/21. George Sr and Meemaw struggle to manage the Cooper household. (S3)
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Jeremy Paxman, Joe Wilkinson, Sally Lindsay and Georgia Toffolo.
9.00 FILM **RED** Action comedy thriller starring Bruce Willis, Morgan Freeman, John Malkovich and Helen Mirren. (2010, 12, 111min) ★★★★

11.10 **Naked Attraction**
1.20 AM **Gogglebox**
2.25 **First Dates**
3.20 **The Big Bang Theory**
3.45 **Brooklyn Nine-Nine**
4.10 **The Goldbergs**
5.00 to 6.00 AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 | 146 | 29 | 123

Friday primetime

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **The Force: Manchester**
11.00 **Law & Order** 21/24. (S14)
12.00 NOON **9-1-1** 12/18. (S2)
1.00 PM **Blue Bloods** (S10)
3.00 **999 Frontline** Double bill.
4.00 **UK Border Force** A man from Pakistan claiming to be a student is refused entry after two days of questioning.
5.00 **Nothing to Declare** Four editions of the documentary.

10.00 Law & Order: Organized...

7 PM
7.00 **Nothing to Declare** Customs officers arrest a man carrying heroin. **7.30** Officials are worried about a Korean girl.

8 PM
8.00 **9-1-1** *Stuck:* 4/18. Athena considers accepting a promotion that will take her out of the field. (S2)

9 PM
9.00 **Law & Order: Special Victims Unit** Series finale *Wolves in Sheep's Clothing:* 16/16. Benson helps a homeless woman. (S22)

10 PM
10.00 **Law & Order: Organized Crime** Series finale *Forget It, Jake It's Chinatown:* 8/8. Wheatley goes to court to face his charges. (S1)
11.00 **Law & Order: Special Victims Unit** 3&4/23. (S13)
1.00 AM **9-1-1** 14/14. (S4)
2.00 **9-1-1: Lone Star** 14/14. (S2)
3.00 **9-1-1** 13/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Storm City**
7.00 **Blue Bloods** (S5)
9.00 **Six Feet Under** (S4)
11.15 **Banshee** 9&10/10. (S1)
1.30 PM **The Wire** 4&5/13. (S4)
3.45 **Blue Bloods** 16/22. An emotionally distraught man holds Baez at gunpoint. **4.45** 17/22. Jamie and Eddie discover a bomb. (S5)
5.40 **The Sopranos** 4/21. Jason Barone's father dies. **6.50** 5/21. Johnny Sack is granted temporary leave from prison. (S6)

9.00 The Pacific

7.55 **Game of Thrones** *First of His Name:* 5/10. Cersei and Tywin plot their next move, Jon and his men attack the mutineers, and Daenerys hears worrying news. (S4)
9.00 **The Pacific** *Okinawa:* 9/10. Sledge and his division are confronted by horrific evidence of the war's impact on Japanese civilians. (S1)
10.15 **Britannia** 4/8. Antedia and Lucius bond over their mutual wish for revenge. (S3)
11.15 **Dexter** 5/12. Debra finds herself attracted to one of Freebo's confidants. **12.20** AM 6/12. The Skinner strikes again. (S3)
1.25 **True Blood** 5&6/12. (S3)
3.35 **Californication** 5/12. (S7)
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

GOLD

110/111 110/111 124 | 310/343 358/392

7.20 AM **Fresh Fields**
8.35 **Hi-de-Hi!**
9.15 **Only Fools and Horses**
9.55 **Last of the Summer Wine**
11.15 **The Green Green Grass**
11.55 **Hi-de-Hi!**
12.35 PM **Only Fools and Horses**
1.40 **The Story of Only Fools and Horses** Supporting characters.
2.40 **Only Fools and Horses**
4.00 **The Green Green Grass**
4.40 **Last of the Summer Wine**
6.00 **Only Fools and Horses**
6.40 **Hi-de-Hi!**

6.40 Hi-de-Hi!

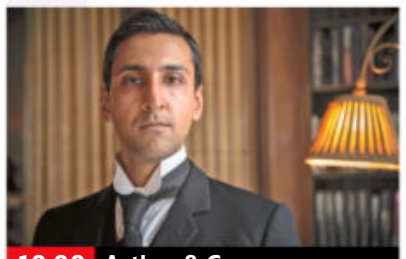
7.20 **The Green Green Grass** Elgin moves into Bryan's caravan after being thrown out by his wife.
8.00 **Only Fools and Horses** Christmas special of the sitcom from 2002. Trotters Independent Traders embark on a booze cruise to France under new managing director Rodney.
9.40 **Live at the Apollo** Al Murray introduces stand-up sets by Chris Addison and Tim Vine.
10.40 **Peep Show** As Jeremy's love life takes a surprising turn, Mark deals with his own matters of the heart.
11.15 **Peep Show** Mark hopes to win the woman of his dreams.
11.50 **Live at the Apollo**
12.50 AM **David Jason: Planes, Trains and Automobiles**
1.50 **Bridget & Eamon**
2.30 **Fresh Fields**
2.55 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.10 **Man About the House**
9.45 **On the Buses**
10.20 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Poirot**
5.50 **The Darling Buds of May** Part one of two. Dispirited by a wet English summer, the Larkins plan a holiday abroad.


10.00 Arthur & George

6.55 **Maigret** *Maigret Sets a Trap:* The sleuth takes drastic measures to trap a serial killer terrorising the women of Montmartre.
8.00 **Doc Martin** *Equilibrium:* 6/8. Martin and Louisa attend their first fertility consultation with Dr Emma Ryder.
9.00 **Doc Martin** *Single White Bevy:* 7/8. Martin has to rush Buddy to the vets, and one of Louisa's clients poses a dilemma. (S9)
10.00 **Arthur & George** 2/3. The local blacksmith, another recipient of the poison-pen letters, is killed in his home. (S1)
11.00 **Maigret** As shown at 6.55pm.
12.10 **to 2.15** AM **A Touch of Frost** *Dancing in the Dark:* Downtrodden detective Jack Frost investigates when an unidentified man's body is found on top of a pile of glass at a council recycling centre.

+1 hour 219 174 58 116

ITV4

120 120 818 | 118 178 | 25 | 117

6.00 AM **The Protectors**
6.25 **Cadfael**
7.45 **The Avengers**
8.50 **The Sweeney**
9.55 **Minder**
11.00 **The Saint**
12.05 PM **The Big Match Revisited**
1.10 **Cadfael**
2.50 **The Avengers**
4.00 **The Sweeney**
5.05 **Minder** Arthur's wine supplier is mugged.
6.15 **The Big Match Revisited** Action from October 1979.

7.15 The Chase Celebrity Special

7.15 **The Chase Celebrity Special** Fiona Bruce, Rick Edwards, Kate Humble and Joe Swash take on a trivia expert for charity.
8.20 **River Monsters** A colossal fish said to swallow men whole.
8.50 **Great Racehorses** Some of the great racehorses of the modern era.
9.15 LIVE **World Series of Darts: Nordic Masters** Jacqui Oatley presents coverage from the first round of the event, as eight of the world's leading players meet local contenders at the Forum Copenhagen.
12.00 M'T **All Elite Wrestling: Dynamite** Hard-hitting wrestling action, featuring all of the biggest stars on the roster.
2.10 **to 2.40** AM **Auto Mundial** Featuring a look at the all-new Skoda Fabia and Nissan's new sports car, the Z.

+1 hour 220 175 118

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 108

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
8.00 **Gold Town** The COVID-19 pandemic hits the UK and all mining stops as the nation goes into lockdown.
9.00 **Rise of the Clans** Neil Oliver reveals how the clans plotted against Mary, Queen of Scots, looking at the role of her half-brother James Stewart in the attempt to overthrow her.
10.00 **Still Game** 3/9. Jack and Victor start to feel their age so try a new wonder drug. (S2)
10.30 **Jim Smith Live from Perth** The final night of the farmer and stand-up comedian's sell-out tour.
11.30 PM **to 12.00** M'T **Bad Influencer** Comedians Taryam Boyd and Ashley Storrie help tackle holidays and The Sesh.

Sky Max

113/114 113/114 122 121 | 345 360

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Arrow** 5/22. (S7)
9.00 **Supergirl** 12/20. (S1)
10.00 **The Flash** 12/23. (S1)
11.00 **NCIS: Los Angeles**
1.00 PM **Hawaii Five-0** (S2)
2.00 **Magnum P.I.** 5/16. (S3)
3.00 **Condor 2** 3/10. (S2)
4.00 **Supergirl** 13/20. (S1)
5.00 **The Flash** 12/23. (S1)
6.00 **Rob & Romesh vs Drag**
7.00 **An Idiot Abroad 2**
8.00 **Freddie Fries Again**
9.00 **Wolfe** New episode 2/6. A missing person's life is on the line. (S1)
10.00 **A League of Their Own** With Teddy Sheringham.
11.00 **Dynamo: Beyond Belief**
12.00 M'T **Manifest** New episode 10/13. (S3)
1.00 AM **A League of Their Own** As 10.00pm.
2.00 **Arrow** 4/22. (S7)
3.00 **Hawaii Five-0** (S2)
4.00 **Magnum P.I.** 5/16. (S3)
5.00 **to 6.00** AM **Highway Cops**

Pick

159 156 35 144

7.00 AM **Highway Patrol**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Nothing to Declare**
12.00 NOON **Border Patrol**
1.00 PM **Border Security USA**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S2)
5.00 **Star Trek: The Next Generation** (S7)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Deep Space Nine** 2/26. (S4)
8.00 **MacGyver** 20/23. (S2)
9.00 **Killer Neighbours**.
10.00 **Fringe** 10/20. (S1)
11.00 **World's Most Evil Killers**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **The Force: Manchester**
2.00 **Police Force: Australia**
3.00 **Highway Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 259 145

E!

151 151 835 | 164 163

7.00 AM **Funny Dance Show**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Kourtney & Kim Take Miami** Double bill.
12.00 NOON **Keeping Up with the Kardashians**
3.00 PM **Funny Dance Show**
4.00 **Botched**
5.00 **Total Bellas**
6.00 **Hollywood Medium with Tyler Henry**
7.00 **Keeping Up with the Kardashians** Rob shocks everyone. **8.00** The kids attempt to embarrass Bruce.
9.00 **Live from the Red Carpet: The Met Gala**
11.00 **Nightly Pop**
11.30 **10 Things You Don't Know** Brad Pitt.
12.00 M'T **Botched**
1.00 AM **Kourtney & Kim Take Miami**
2.00 **Teleshopping**
3.00 **Big Rich Texas**
4.00 **to 5.00** AM **Wags**

Comedy Central

112/113 181 132 | 307/344 359/370

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S9)
12.00 NOON **My Wife and Kids** 10&11/27. (S3)
1.00 PM **Friends** (S4&5)
7.00 **Friends** 12/24. Monica is annoyed by Chandler's fake laugh. **7.30** 13/24. Phoebe meets her biological father for the first time. **8.00** 14/24. Chandler and Monica's relationship finally becomes public knowledge. **8.30** 15/24. Ross makes a bad impression on his new neighbours. (S5)
9.00 **Kevin Bridges: A Whole Different Story**
10.00 **When TV Animals Go Horribly Wrong**
1.00 AM **Impractical Jokers**
2.00 **South Park**
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **The Middle**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 27 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.30 PM **The Real Housewives of Potomac**
1.30 **The Real Housewives of Cheshire**
2.30 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of New York City** New edition Reality series.
6.00 **Masters of Flip**
7.00 **Buying and Selling** A couple need a bigger home, so Jonathan and Drew put a plan together.
8.00 **Dinner Date** Amy from London looks for love.
9.00 **Botched** Double bill.
11.00 **Love Island USA** New edition
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **FYI Extra**

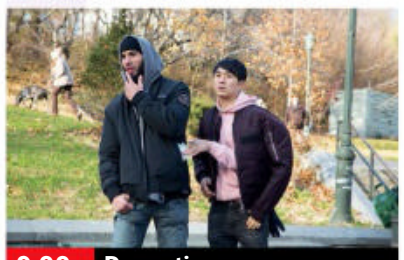
+1 hour 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 827 | 126 212 | 312 | 382

7.15 AM **Murdoch Mysteries** (S10)
9.00 **Rizzoli & Isles** 9/16. (S4)
10.00 **Unforgettable** 1/13. (S4)
11.00 **Hudson & Rex** 1/16. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 11/13. (S2)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S8)
4.00 **The Good Wife** 8/22. (S3)
5.00 **Rizzoli & Isles** 10/16. A late-night amateur drag race turns deadly. (S4)
6.00 **Unforgettable** 2/13. Carrie and Al head to Florida. (S4)



9.00 Deception

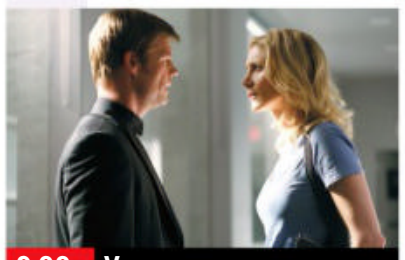
7.00 **Hudson & Rex** *Fearless Freaks:* 2/16. Charlie and Rex unravel a conspiracy within the city's parkour community. (S1)
8.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)
9.00 **Deception** New episode *Getting Away Clean:* 9/13. An unexpected partner joins Cameron and the team. (S1)
10.00 **Whiskey Cavalier** *Good Will Hunting:* 10/13. Will and the team must hunt down the culprit behind an unsettling attack. (S1)
11.00 **The Good Wife** 9/22. Will and Alicia tackle a military case, but hit trouble when their witness pulls out. (S3)
12.00 M'T **Unforgettable** As 6pm.
1.00 AM **Miss Fisher's Murder Mysteries** 11/13. (S2)
2.00 **to 4.00** AM **I Am the Night**

+1 hour 232 191

Syfy

152 152 836 | 139 138 | 346 | 361

6.00 AM **Siren** 10/16. (S2)
7.00 **Star Trek: The Next Generation** 20/26. (S3)
8.00 **Teleshopping**
11.00 **Project Blue Book** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **A Town Called Eureka**
2.00 **Star Trek: Deep Space Nine**
3.00 **Siren** 10/16. (S2)
4.00 **Quantum Leap** 9/22. (S3)
5.00 **Stargate Atlantis** 7/20. (S3)
6.00 **Project Blue Book** 8/10. Hynek and Quinn look into the theft of sensitive material. (S2)



9.00 V

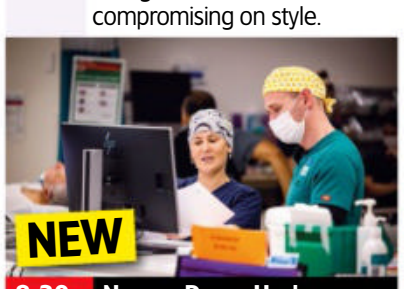
7.00 **Star Trek: The Next Generation** *Tin Man:* 20/26. The *Enterprise* establishes contact with a new life form. (S3)
8.00 **Quantum Leap** *A Little Miracle:* 10/22. Sam sets out on Chirstmas Eve to save a Salvation Army mission.(S3)
9.00 **V** *There Is No Normal Anymore:* 2/12. Erica and Father Jack find themselves being tracked by an alien Seeker.
10.00 **V** *A Bright New Day:* 3/12. Erica is assigned to protect the aliens after assassination threats are issued. (S1)
11.00 **Fringe** 4/22. Walter's past comes back to haunt him. (S4)
12.00 M'T **Wynonna Earp** (S2&3)
2.00 AM **Quantum Leap** As 8pm.
3.00 **Stargate Atlantis** 7/20. (S3)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **A Town Called Eureka**

+1 hour 252 229

W

109/110 109/110 | 125 211 | 311 | 383

6.15 AM **My Dream Home**
8.05 **MasterChef USA**
10.00 **The Bill**
11.00 **Bang on Budget**
1.00 PM **Tipping Point**
3.00 **Property Brothers: Forever Homes** The brothers overhaul a large family home to make every square inch count.
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes** Jonathan and Drew completely transform a vintage house without compromising on style.



8.30 Nurses Down Under

7.00 **MasterChef Australia** New edition Josh Niland hosts a masterclass as he shows the contestants how to utilise an entire fish across three courses with minimal waste.
8.30 NEW SERIES **Nurses Down Under** Documentary following life at some of Sydney's busiest hospitals.
9.30 **Inside the Ambulance** Chris and Tom help a young woman who is having suicidal thoughts.
10.00 **Miranda** First episode of the sitcom. A shopping trip ends in disaster. **10.40** The singleton tries to learn French.
11.20 **Miranda** Penny urges Miranda to improve her career prospects.
12.00 M'T **One Born Every Minute** A baby's heart rate drops during a woman's labour.
1.00 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209/210 190

Sky Comedy

114/115 114/115 | 135 123 | 346 | 361

8.00 AM **Everybody Hates Chris**
9.00 **The Mindy Project** (S5)
10.00 **Parks and Recreation** (S5)
11.00 **Trollied** (S4&5)
12.30 PM **Silicon Valley** (S1)
1.45 **Curb Your Enthusiasm** (S8)
3.00 **Modern Family** (S1)
4.00 **Will & Grace** (S2)
5.00 **30 Rock** 13/21. (S1)
5.30 **The Fresh Prince of Bel Air** Triple bill, including at: **6.30** 2/24. Will and Carlton help Ashley make peace with a school bully. (S2)

8.00 Young Rock

7.00 **The Fresh Prince of Bel Air** 3/24. Will skips classes at school. **7.30** 4/24. Carlton's pride is dented. (S2)
8.00 NEW SERIES **Young Rock** 1&2/12. Sitcom inspired by Dwayne Johnson's formative years. *See feature, page 6.* (S1)
9.00 **Avenue 5** 7/9. Judd calls on Ryan to help charm a wealthy passenger. **9.40** 8/9. Karen supervises the throwing of all non-essential items from the ship. **10.20** 9/9. A seat on a rescue shuttle suddenly becomes available. (S1)
11.00 **The Tonight Show Starring Jimmy Fallon** New edition
12.00 M'T **The Late Late Show with James Corden** New edition
1.00 AM **Trollied** 2&3/13. (S2)
2.00 **Wellington Paranormal** (S1)
3.00 **Trollied** 4/13. (S2)
3.30 **30 Rock** 13/21. (S1)
4.00 **to 5.00** AM **The Mindy Project**

Dave

111/112 | 127 227 | 19 | 157 | 387

7.10 AM **Modern Wheels or Classic Steals** Double bill.
8.00 **Ultimate Movers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Top Gear**
2.00 PM **Cop Car Workshop**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Road to Mexico** The chef continues down the Californian coastline, through LA and into San Diego.
6.00 **QI XL** With guests Jo Brand, Bill Bailey and James Acaster.

10.00 Mock the Week

7 PM
7.00 **Richard Osman's House of Games** With Amol Rajan and Hugh Dennis.
7.40 **Would I Lie to You? At Christmas** With Bill Bailey, Ruth Jones, Jo Brand and Kelly Holmes.

8 PM
8.20 **QI** With guest panellists Jeremy Clarkson, Sandi Toksvig and Danny Baker.

9 PM
9.00 **QI XL** Guests Chris Addison, Sara Cox and Sue Perkins join resident panellist Alan Davies and host Stephen Fry.

10 PM
10.00 **Mock the Week** With Ed Byrne and Rob Beckett.
10.40 **Would I Lie to You?** With Ruth Jones, Jack Dee and Jason Manford.
11.20 **Taskmaster**
12.20 AM **Have I Got a Bit More News for You**
1.20 **Would I Lie to You? At Christmas** As 7.40pm.
2.00 **QI** As 8.20pm.
2.30 **Insert Name Here**
3.15 **to 4.00** AM **Room 101**

+1 hour 211 131 23

GREAT! tv

157 189 49 142

6.00 AM **Due South** (S3)
7.00 **Crazy Like a Fox** (S2)
8.00 **Hart to Hart** (S1)
9.00 **Sue Thomas: F.B.Eye**
10.00 **Starsky & Hutch** (S2)
11.00 **T.J. Hooker** (S2)
12.00 NOON **Crazy Like a Fox**
1.00 PM **Hart to Hart** (S1)
2.00 **Sue Thomas: F.B.Eye**
3.00 **Castle** 6/24. (S3)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **M*A*S*H** (S7)
8.00 **Randall and Hopkirk (Deceased)** *The Man from Nowhere:* 15/26. Jeannie receives a massive shock. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
2.00 **Charlie's Angels** (S5)
3.00 **Starsky & Hutch** (S2)
3.45 **T.J. Hooker** (S2)
4.30 **Due South** (S3)
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 257 220 143

Sky Arts

130 130 165 140 11 147 363

6.00 AM **Hollywood in Vienna: A Night at the Oscars**
8.00 **Darbar Festival 2017**
9.00 **Tales of the Unexpected**
10.00 **Discovering: Gary Oldman**
11.00 **The Eighties**
12.00 NOON **Muriel Spark by Ian Rankin**
1.00 PM **Tales of the Unexpected**
2.00 **Discovering: Bruce Willis**
3.00 **Cold War & Cinema**
4.00 **Music Icons**
4.30 **Video Killed the Radio Star**
5.00 **Tales of the Unexpected**
6.00 **Discovering: Michelle Pfeiffer**
7.00 NEW **Isle of Wight Festival 2021**
1.00 AM **Classic Albums**
2.00 **Show Me the Picture: Story of Jim Marshall**
4.00 **Thomas Hardy: Fate, Exclusion and Tragedy**
5.00 **to 6.00** AM **The Eighties**

4seven

137 143 203 48 127

9.00 AM **Four in a Bed**
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Find It, Fix It, Flog It**
11.30 **A Place in the Sun: Home or Away**
12.30 PM **A Place in the Sun**
1.30 **The Great House Giveaway** From Rugby.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
7.00 **Jamie Oliver: Together**
8.00 **Joe Lycett's Got Your Back** With Sophie Duker and Sarah Millican.
9.00 **Grand Designs** A black minimalist house on a Scottish country estate.
10.00 **Spice Girls: How Girl Power Changed Britain** The story and impact of the girl group.
11.05 **Gogglebox** TV opinions.
12.10 AM **Celebrity Gogglebox**
1.15 **Highlife** Reality series.
2.20 **Changing Rooms**
3.25 **Secret Life of the Zoo**
4.20 **to 4.50** AM **Beat the Chef**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
10.00 **NCIS** 16&17/23. (S2)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Bikini Wax:* 18/23. A petty officer is found dead backstage at a beauty pageant. **7.00** *Conspiracy Theory:* 19/23. A female officer is found dead. **8.00** *Red Cell:* 20/23. The team investigate the murder of a Marine, but their prime suspect is found dead. (S2)
9.00 **Jesse Stone: Benefit of the Doubt** Detective thriller with Tom Selleck.
10.50 **Law & Order: Special Victims Unit** (S14&17)
1.45 AM **Law & Order: Criminal Intent** (S1)
3.30 **Criminals: Caught on Camera** The use of CCTV to tackle shoplifters.
3.55 **to 4.00** AM **Entertainment News**

+1 hour 241 185 130

5STAR

128 151 31 131

8.00 AM **Entertainment News**
8.10 **Rich Kids Go Skint**
9.00 **Rich House, Poor House**
10.00 **Filthy House SOS**
11.00 **Dogs Behaving (Very) Badly**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rich House, Poor House**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Bargain Brits on Benefits** Documentary.
8.00 **Raffles: The World's Most Expensive Hotels**
9.00 FILM **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
11.50 FILM **The Hand That Rocks the Cradle** Suspense thriller. (1992, 15, 110min) ★★★★
2.00 AM **The Nightmare Neighbour Next Door**
3.00 **Neighbours**
3.30 **Home and Away**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

Drama

143 130 20 158

7.25 AM **Doctor Finlay**
8.25 **The Bill**
9.30 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Peak Practice**
3.20 **Bergerac**
4.20 **Auf Wiedersehen, Pet**
5.15 **Birds of a Feather**
6.00 **Bread**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** A retired jewel thief regales the village with a series of tales.
8.00 **Father Brown** *The Resurrectionists:* The priest investigates a case of body-snatching.
9.00 **The Doctor Blake Mysteries** *For Whom the Bell Tolls:* 7/8. A firefighter falls to his death. (S4)
10.00 **New Tricks**
12.00 M'T **Bad Girls**
1.10 **to 4.00** AM **Waking the Dead**

+1 hour 243 226 73

CBS Drama

147 197 67 134

9.00 AM **Walker, Texas Ranger** 19/28. (S1)
10.00 **Matlock** 4/19. (S7)
11.05 **CSI: Miami** 5/24. (S3)
12.00 NOON **Medium** (S7)
1.00 PM **JAG** (S6)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy**
9.00 **Medium** *The Match Game:* 2/13. Allison's attempt to play Cupid takes a sinister turn. (S7)
10.00 **CSI: Miami** *Hell Night:* 6/24. A baseball player is charged with murdering his wife. (S3)
11.00 **Unsolved Mysteries** An investigation into whether a man faked amnesia to avoid prosecution, and the story of a mother who believes her son was murdered in his bed.
11.55 **Judge Judy**
2.00 AM **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
3.55 **Bondi Rescue**
5.00 to 6.00 AM **Matlock**

CBS Justice

148 192 40 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 17/25. (S7)
2.05 **CSI: Miami** 1/24. (S5)
3.00 **NCIS** 6/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Scorpion** 3/25. (S2)
8.00 **Walker, Texas Ranger** *Black Dragons:* 18/25. Gage is attacked. (S7)
9.00 **NCIS** *Patience:* 19/24. The team receive a new lead in a 40-year-old cold case. (S12)
10.00 **NCIS: Los Angeles** (S3)
11.00 **Scorpion** 4/25. (S2)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** 4/25. (S2)
2.55 **Walker, Texas Ranger**
3.50 **Medium** 8/13. (S7)
4.35 **JAG** 13/24. (S6)
5.20 to 6.00 AM **Bondi Rescue**

Challenge

160 160 47 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Strike It Lucky**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **The Chase** Quiz hosted by Bradley Walsh.
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **Pointless Celebrities** A star-studded version of the general knowledge quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Triple bill of the general knowledge quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Wheel of Fortune**
5.00 to 6.00 AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **The King of Queens**
7.00 **Teleshopping**
9.00 **Friends** (S3&5)
11.00 **The Middle** (S9)
1.00 PM **The King of Queens**
3.00 **My Wife and Kids** (S3)
5.00 **Everybody Loves Raymond** Eight episodes.
9.00 **Friends** 15/25. Part one of two. A revelation from Rachel prompts the gang to think about what might have been. **9.30** 16/25. Part two of two. Carol and Ross decide to spice up their marriage. (S6)
10.00 **Michael McIntyre's Showtime** Stand-up comedy show from The O2 in London.
11.00 **Michael McIntyre's Big Show** Triple bill.
2.00 AM **Drunk History**
3.00 **Comedy Game Night**
3.45 **Bob's Burgers** (S9)
4.25 **Younger** 11&12/12. (S7)
5.15 to 6.00 AM **The King of Queens**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Everton: Howard's Way** Documentary.
8.00 **The Movies**
9.00 **Discovering: Tony Curtis**
10.00 **The Directors**
11.00 **McMillion$**
12.00 NOON **The Nineties**
12.50 PM **The Comedy Store**
2.00 **FILM 89** Sports documentary. (2017, PG, 91min) ★★★
3.40 **My Icon: Rachel Yankey**
4.00 **Discovering: Tony Curtis**
5.00 **The Directors**
6.00 **McMillion$**
7.00 **The Nineties**
7.50 **The Comedy Store**
9.00 **Rock and a Hard Place**
10.40 **In the Same Breath** Documentary focusing on the COVID-19 pandemic in China.
12.40 AM **Dave Not Coming Back** Two divers' efforts to retrieve a dead body from a freshwater cave.
2.30 **The Reagan Show**
4.00 **Discovering: Tony Curtis**
5.00 to 6.00 AM **The Movies**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Orangutan Jungle School**
8.00 **Gangs of Lemur Island**
9.00 **The Forgotten Forests of Malaysia**
10.00 **Arabian Inferno**
11.00 **Over Australia**
12.00 NOON **Into the Wild...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **The Forgotten Forests...**
4.00 **Arabian Inferno**
5.00 **Over Australia**
6.00 **Into the Wild: India**
7.00 **Monkey Life**
8.00 **Guardians of the Wild**
9.00 **Dogs with Extraordinary Jobs**
10.00 **Into the Wild: India**
11.00 **Over Australia**
12.00 M'T **Deadly Hunters**
1.00 AM **Deadly Australians**
2.00 **Guardians of the Wild**
3.00 **Dogs with...**
4.00 **Orangutan Jungle...**
5.00 to 6.00 AM **The Forgotten Forests...**

HGTV

158 286 43 166

7.00 AM **Homes Under the Hammer** From Cumbria.
8.00 **Building the Dream**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **Extreme Makeover: Home Edition**
1.00 PM **Fixer Upper: Behind the Design** New edition
1.30 **My Lottery Dream Home**
2.00 **A Place in the Sun**
3.00 **Building the Dream**
4.00 **DIY SOS: The Big Build**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
9.00 **My Mortgage Free Home** Property series.
10.00 **My Lottery Dream Home**
11.00 **Fixer Upper: Behind...**
11.30 **My Lottery Dream Home**
12.00 M'T **Extreme Makeover...**
1.00 AM **DIY SOS: Big Build**
2.00 **Homes Under the...**
3.00 to 4.00 AM **60 Minute Makeover with Peter Andre**

+1 hour 258 290

Food Network

140 285 42 148

6.00 AM **Food Tour of Britain**
7.00 **Yorkshire's Finest**
8.00 **Friday Night Feast**
9.00 **Ainsley's Food We Love**
10.00 **Farmhouse Rules**
11.00 **Girl Meets Farm**
12.00 NOON **River Cottage**
1.00 PM **Jamie at Home**
2.00 **Yorkshire's Finest**
3.00 **Asian Adventure**
4.00 **Curry Nation**
5.00 **The Pioneer Woman** New edition
6.00 **Jamie's 30 Minute Meals** Double bill.
7.00 **The Great British Bake Off: Class of 2012**
8.00 **Kids Baking Championship** New edition
9.00 **Friday Night Feast**
10.00 **Food Tour of Britain**
11.00 **Restaurant: Impossible** New edition
12.00 M'T **Diners, Drive-Ins...**
2.00 to 3.00 AM **Paul Hollywood's Pies & Puds**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Fast N' Loud**
7.00 **American Pickers**
8.00 **Barnwood Builders**
9.00 **How It's Made**
9.30 **Dallas Car Sharks**
10.00 **Inside West Coast Customs** A Cadillac.
11.00 **Fast N' Loud Revved Up**
12.00 NOON **Fantomworks**
1.00 PM **Kindig Customs**
2.00 **Wheeler Dealers**
4.00 **Airplane Repo**
5.00 **Gold Divers**
6.00 **Yukon Men**
7.00 **American Pickers**
8.00 **Fast N' Loud**
10.00 **Rods N' Wheels**
11.00 **Life Below Zero**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Barnwood Builders**
5.30 to 6.00 AM **Salvage Dawgs**

+1 hour 272 214 151

Paramount Network

150 187 150 32 132

9.00 AM **Criminals: Caught on Camera**
9.35 **Traffic Cops**
11.20 **FILM Earthquake** Epic disaster movie. (1974, PG, 129min) ★★★
2.15 PM **FILM Gunfight at Comanche Creek** Western. (1963, U) ★
4.05 **World's Strongest Man 2018** Action from the Scandinavian Open.
5.00 **Traffic Cops** Double bill.
7.00 **Police Interceptors**
8.00 **Traffic Cops** Officers chase a car from the city centre to the countryside.
9.00 **Police Interceptors**
10.00 **Frontline Police 24/7**
11.00 **Fights, Camera, Action!**
12.00 M'T **Criminals: Caught on Camera**
1.00 AM **Fights, Camera, Action!** A vicious attack on a bus driver.
2.00 **Airport Security: Peru**
2.55 **Car Crash TV**
4.35 to 5.00 AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
8.00 **Canada's Front Line**
9.00 **Nothing to Declare**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Britain's Most...**
1.00 PM **Killer Families**
2.00 **The Mark of a Killer**
3.00 **World's Most Evil Killers**
4.00 **Murders That Shocked the Nation**
5.00 **In Defense Of**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **Dateline** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
1.00 AM **An Unexpected Killer** A recently retired woman is killed.
2.00 **Snapped**
3.00 **The Mark of a Killer**
4.00 **Brit Cops**
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Investigators try to track down a professional photographer. **7.30** A frozen river could help solve a murder.
8.00 **Something's Killing Me** Doctors investigate the mysterious cause of death of neurologist Dr Autumn Klein.
9.00 **Fatal Vows** Suspicions of infidelity lead to possibly murderous ends.
10.00 **Ice Cold Killers** The case of a woman who disappeared from a Minnesota parking lot.
11.00 **Cold Blood**
12.00 M'T **It Takes a Killer**
1.00 AM **Fatal Vows**
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Bondi Rescue**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Norfolk.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A floral carpet
1.00 PM **Homes Under the Hammer** From Surrey.
2.00 **Animal Cops Houston**
4.00 **Pit Bulls & Parolees**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures: Top 10** New edition Zak Bagans counts down fans' favourite moments.
10.00 **Destination Fear** New edition The team investigate the Villisca axe murders, one of America's most gruesome cold cases.
11.00 **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.55 **American Restoration**
8.25 **UFO Files**
9.25 **Ancient Aliens**
10.20 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Pawn Stars**
7.00 **Dickinson's Real Deal** The team visit Leighton Buzzard, Bedfordshire. **8.00** The team visit Banbury, Oxfordshire.
9.00 **Jesse James' Hidden Treasure** The story of America's most notorious outlaw.
11.00 **World's Greatest Treasure Mysteries** A look at the gold accrued in the Wild West.
12.00 M'T **Storage Wars**
2.00 AM **Wicked Tuna**
3.00 **Highway Thru Hell**
3.45 **Counting Cars**
5.00 to 6.00 AM **Alaska Off-Road Warriors**

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... Atlanta**
11.00 **Something Borrowed, Something New**
12.00 NOON **Say Yes to the Dress** Double bill.
1.00 PM **Curvy Brides...**
2.00 **Say Yes... Lancashire**
3.00 **Sister Wives**
4.00 **Dr. Pimple Popper: Pop Ups** Documentary.
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress: Lancashire** New edition
9.00 **Say Yes to the Dress** New edition
10.00 **Seeking Sister Wife**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes... Lancashire**
1.00 AM **Say Yes... UK**
2.00 **Seeking Sister Wife**
3.00 **Say Yes... UK**
5.00 to 6.00 AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 55 133

9.00 AM **Entertainment News**
9.10 **Skeletons in the Closet: Darrow and Darrow Mystery** Drama.
11.00 **GPs: Behind Closed...**
12.00 NOON **The Yorkshire Vet**
1.00 PM **The Dog Rescuers**
3.00 **GPs: Behind Closed Doors** Double bill.
4.55 **The Yorkshire Vet**
7.00 **Around the World by Train with Tony Robinson**
8.00 **Building the Billion Pound Mega Bridge**
9.00 **Drain the Oceans: Dinosaurs from the Deep** Documentary.
10.00 **World's Most Vicious Beasts** Documentary.
11.05 **Hitler's Death: A Secret Conspiracy**
12.05 AM **Inside the Nazi Mega Bunker**
1.00 **Bismarck: The Nazis' Mega Warship**
2.00 **Secret History of WW2**
3.50 to 4.00 AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Scrap Kings**
7.10 **Salvage Hunters: Classic Cars**
8.00 **Salvage Hunters: The Restorers**
9.00 **Wheeler Dealers**
10.00 **Disasters at Sea**
11.00 **Mega Shippers**
12.00 NOON **Aussie Gold...**
1.00 PM **Scrap Kings**
2.00 **Salvage Hunters: The...**
3.00 **Salvage... Classic Cars**
4.00 **Salvage Hunters**
5.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Border Control Poland** New edition
10.00 **Aircrash Confidential**
11.00 **How Do They Do It?**
12.00 M'T **NASA's Unexplained Files**
1.00 AM **Unexplained Files**
2.00 **Finding Bigfoot**
3.00 to 6.00 AM **Highlights**

+1 hour 244 213 69 168

Quest Red

149 170 39 169

6.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Murder Tapes**
2.00 **Disappeared**
3.00 **FBI Files**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Lancashire**
6.00 **Say Yes... The Big Day**
7.00 **Long Lost Family**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **Evil Lives Here**
10.00 **Crimes Gone Viral** New editions Double bill.
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **The Zoo**
5.30 to 6.00 AM **Curvy Brides Boutique**

+1 hour 249 70 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Building Off the Grid**
9.00 **Edge of Alaska**
10.00 **Diesel Brothers**
11.00 **Wheeler Dealers**
12.00 NOON **Junkyard Empire**
1.00 PM **Gold Rush: Dave Turin's Lost Mine** Double bill.
3.00 **Richard Hammond's Big**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers: Dream Car**
6.00 **Misfit Garage** Actor Chris Pratt requests a custom bike.

10.00 Expedition Unknown

7.00 **Outback Truckers** Husband and wife Nick and Jo risk one last supply to a remote settlement as the wet season looms.

8.00 **Gold Rush: Winter's Fortune** The Yukon gold miners use the off season to take their operations to the next level.

9.00 **NEW SERIES UFO Witness** UFO sightings reported in Pennsylvania that could be linked to an infamous 1965 incident.

10.00 **NEW SERIES Expedition Unknown** Josh Gates joins the hunt for bank robber John Dillinger's lost fortune.

11.00 **Combat Dealers** A client seeks artefacts from the fall of Berlin.
12.00 M'T **UFO Witness** As 9.00pm.
1.00 AM **Expedition Unknown**
2.00 **Deadliest Catch**
3.00 **UFO Witness** As 9.00pm.
4.00 **Diesel Brothers**
4.50 **Wheeler Dealers: Dream Car**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **The Zoo** A red panda shows signs of being pregnant. **3.00** Three penguin chicks are introduced to the pool.
4.00 **The Vet Life** Dr Blue treats a pig suffering from arthritis.
5.00 **The Aquarium** The team eagerly await the hatching of a penguin chick. **6.00** The Asian otter has a mysterious nosebleed.

8.00 Wildest Europe

7.00 **The Aquarium** One of the blacktip reef sharks is not eating properly, so the staff attempt to work out why.

8.00 **Wildest Europe** Discovering the wildlife of Europe's waterways, including the world's only underwater spider.

9.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs a surgery he has never tried before on a dog with laboured breathing.

10.00 **My Cat from Hell** Jackson Galaxy meets feline Puma, which seems resentful of its owner's new husband.

11.00 **My Cat from Hell**
12.00 M'T **Animal Cops Houston**
1.00 AM **Animal Cops Philadelphia**
2.00 **Alaskan Bush People**
3.00 **Finding Bigfoot**
3.50 **Crikey! It's the Irwins**
4.40 **to 5.00** AM **How Do Animals Do That**

+1 hour 262 259

Nat Geographic

129 129 266 268 317/351 366/373

8.00 AM **Plane Wreck: Draining the Ocean**
9.00 **Drain the Oceans**
10.00 **Lost Treasures of Egypt**
11.00 **Ancient X Files**
12.00 NOON **Nazi Megastructures: Battle Ready**
1.00 PM **Nazi Megastructures**
2.00 **Air Crash Investigation**
4.00 **Seconds from Disaster**
5.00 **Britain's Greatest Machines with Chris Barrie**
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1983 Citroen 2CV.

8.00 Storm Rising

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Warwickshire to spruce up a 1970 Lotus Elan for an ex-racing driver.

8.00 **NEW SERIES Storm Rising** Documentary about tornadoes. An early hurricane season causes chaos.

9.00 **Europe from Above** A unique aerial voyage across Norway, revealing the world's longest deep-sea cable.

10.00 **Hitler's Last Stand** The story of how a small Canadian tank squadron closed off an escape route for German soldiers.

11.00 **Air Crash Investigation** Double bill of editions.
1.00 AM **Narco Wars**
2.00 **Drugs Inc**
3.00 **Nazi Megastructures: Battle Ready** The construction of the largest battleships ever seen.
4.00 **to 5.00** AM **Nazi Megastructures**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Salvage Kings**
7.00 **American Pickers**
8.00 **Pawn Stars**
10.00 **Swamp People**
11.00 **Forged in Fire Tournament of Champions**
12.00 NOON **American Pickers**
1.00 PM **The Third Antichrist**
2.00 **The Curse of Oak Island**
3.00 **Salvage Kings**
4.00 **Pawn Stars**
5.00 **Swamp People**
6.00 **American Pickers** Mike tries to put Frank in a Christmas mood.

8.00 Counting Cars

7.00 **Forged in Fire Tournament of Champions** The bladesmiths recreate a musketeer's rapier.

8.00 **NEW SERIES Counting Cars** An update on rock legend Alice Cooper's 1963 Avanti.

9.00 **The UnXplained with William Shatner** Exploring dogs' apparent ability to 'smell' disease.

10.00 **Dog the Bounty Hunter: Most Wanted** Beth has been diagnosed with cancer, but is determined to keep working.

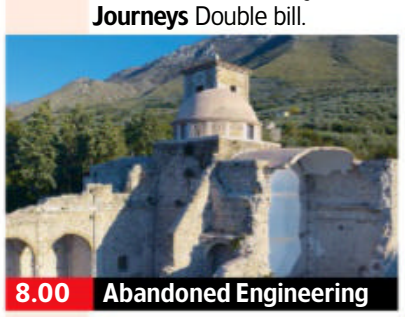
11.00 **Deadliest Warrior**
12.00 M'T **Lost Relics of the Knights Templar**
1.00 AM **Counting Cars**
2.00 **Salvage Kings**
3.00 **Deadliest Warrior**
4.00 **Swamp People**
5.00 **to 6.00** AM **The Third Antichrist**

+1 hour 223 271

Yesterday

155 129 26 159

6.00 AM **Impossible Engineering**
8.00 **History's Greatest Hoaxes**
9.00 **Abandoned Engineering**
11.00 **Great British Railway Journeys** Double bill.
12.00 NOON **Antiques Roadshow**
1.00 PM **Railway Journeys with Chris Tarrant** In Azerbaijan.
2.00 **Bangers and Cash**
3.00 **Underground Worlds**
4.00 **War Factories**
5.00 **Antiques Roadshow**
6.00 **Great British Railway Journeys** Double bill.



8.00 Abandoned Engineering

7.00 **Bangers and Cash** Derek struggles to get his message across on a rare trip abroad to pick up a Bentley.

8.00 **Abandoned Engineering** New edition Featuring Italian ruins immortalised by Hollywood, and a crumbling Chilean city.

9.00 **Bangers and Cash** Derek Matthewson visits Brigg to value a 1974 Mk3 Ford Cortina 2000E.

10.00 **Bangers and Cash** Dave heads to Wales to bag a Ford Sierra Cosworth, a sought-after car in the bidding market.

11.00 **Bangers and Cash** Derek heads to Suffolk to collect two Bentleys with a majestic pedigree – a stunning 1963 S3 and a 1965 Continental. **12.00** M'T Dave collects a rare 1926 Dodge bus.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 74

Friday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Combat Dealers**
8.00 **NASA's Unexplained Files** Documentary.
9.00 **Blowing Up History**
10.00 **Edge of War**
11.00 **Mighty Ships**
12.00 NOON **Combat Dealers**
1.00 PM **Mysteries of the Missing** Documentary.
2.00 **Expedition Unknown**
3.00 **How the Universe Works**
4.00 **Edge of War**
5.00 **Blowing Up History**
6.00 **Mysteries at the Museum** A gambler.
7.00 **Expedition Unknown**
8.00 **Blowing Up History**
9.00 **Expedition X**
10.00 **How the Universe Works**
11.00 **Inside the Gangsters' Code** The Burquenos.
12.00 M'T **Aircraft Stories**
1.00 AM **Expedition X**
2.00 **How the Universe Works**
3.00 **Inside the Gangsters'...**
4.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247 315 389

9.00 AM **Climate Change: The Facts** Documentary.
10.00 **Sea of Creepy Monsters**
11.00 **Wild Africa**
12.00 NOON **Weasels: Feisty and Fearless**
1.00 PM **Nature's Perfect Partners: Natural World**
2.00 **Sea of Creepy Monsters**
3.00 **Life in the Great Wetlands** Double bill.
5.00 **Jungle Planet**
6.00 **Wild Africa**
7.00 **Nature's Perfect...**
8.00 **Sea of Creepy Monsters**
9.00 **Life in the Great...**
10.00 **Nature's Perfect...**
11.00 **Wild Africa**
12.00 M'T **Jungle Planet**
1.00 AM **Sea of Creepy...**
2.00 **Wild Africa**
3.00 **Jungle Planet**
3.50 **Sea of Creepy Monsters**
4.40 **NASA's Ten Greatest Achievements**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 849 264 265 318 374

8.00 AM **Animal Fight Club**
9.00 **Photo Ark: Monkey Business**
10.00 **The Alps**
11.00 **10 Animals That Will Kill You**
12.00 NOON **Snakes in the...**
1.00 PM **Photo Ark: Monkey Business**
2.00 **The Alps**
3.00 **10 Animals That Will Kill You**
4.00 **Critter Fixers: Georgia Vets**
5.00 **Snakes in the City**
6.00 **Secrets of the Zoo**
7.00 **Africa's Hunters**
8.00 **Africa's Hidden Wonders** Documentary.
9.00 **Africa's Big Five**
10.00 **Leopard Kingdom**
11.00 **Snakes in the City**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **Lion Dynasty**
3.00 **Tree Climbing Lions**
4.00 **to 5.00** AM **Lions: A Hunt for Survival**

Sky History 2

163 163 840 272

8.00 AM **Digging Up Britain's Past**
10.00 **Conspiracy**
11.00 **Digging for the Truth**
12.00 NOON **Ancient Aliens**
2.00 PM **Brad Meltzer's Lost History** Double bill.
4.00 **Digging Up Britain's Past** Double bill.
6.00 **Brad Meltzer's Decoded**
7.00 **Human Weapon**
8.00 **The Proof Is Out There** Suggestions that a creature known as the skunk ape may truly exist. **8.30** A strange figure that could be taken as evidence of an unknown lifeform.
9.00 **Phantom Signals**
10.00 **Conspiracy**
11.00 **Ancient Aliens**
1.00 AM **Brad Meltzer's Decoded**
2.00 **Human Weapon**
3.00 **The Proof Is Out There**
4.00 **Phantom Signals**
5.00 **to 6.00** AM **Digging for the Truth**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **World's Greatest: Cities**
9.35 **The Amish**
11.55 **The First World War**
1.00 PM **Beautiful Serengeti**
2.00 **World's Greatest: Cities**
3.00 **The Amish**
5.25 **The First World War**
6.25 **World's Greatest: Cities** Ancient cities that endure to this day.
7.35 **The Amish** A look at contemporary Amish faith and life.
9.55 **The First World War** The conflict on the Eastern Front, where soldiers battled for years in harsh conditions, enduring avalanches and frostbite, as well as relentless enemy action.
11.00 **World's Greatest: Cities**
12.15 AM **The Amish**
2.35 **The First World War**
3.30 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

166 166 839 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **I Am a Killer**
12.00 NOON **The First 48**
1.00 PM **Homicide Hunter**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Fear Thy Neighbour**
8.00 **Very Scary People**
9.00 **Court Cam**
10.00 **I Survived a Serial Killer**
11.00 **Homicide Hunter**
12.00 M'T **Killer Kids**
1.00 AM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **I Am a Killer**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Cinema Premiere

301 301 848 401 501 515

6.25 AM **Pixie** Crime comedy. (2020, 15, 93min) ★★★★
8.15 **Beast Beast** As 5.20am.
10.00 **PREMIERE Gunpowder Milkshake** As 8.00pm.
12.00 NOON **Bombshell** As 10pm.
2.00 PM **23 Walks** As 1.30am.
4.00 **End of Sentence** Drama starring John Hawkes. (2019, 15, 96min) ★★★
6.00 **Minari** Romantic drama with Steven Yeun. Partly subtitled. (2020, 12, 115min) ★★★★

8.00 Gunpowder Milkshake

8 PM

8.00 **PREMIERE Gunpowder Milkshake** Action thriller starring Karen Gillan. A hitwoman is reunited with her estranged mother – also an assassin – after a high-stakes mission spins out of control. (2021, 15, 114min) ★★★★ *See review, pg 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Bombshell** Drama with Charlize Theron and Nicole Kidman. (2019, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.55 **Hero Mode** Comedy with Chris Carpenter and Mira Sorvino. (2021, 12, 88min) ★★
1.30 AM **23 Walks** Romantic comedy drama starring Dave Johns. (2020, 12, 102min) ★★
3.15 **No Man's Land** Adventure. (2020, 12, 114min) ★★★
5.20 **to 6.55** AM **Beast Beast** Drama starring Shirley Chen. (2020, 15, 85min) ★★★

+1 hour 312

Sky Cinema Hits

303 403 503 517

6.20 AM **Where'd You Go, Bernadette** As 6.10pm.
8.10 **Wonder Woman 1984** As shown at 8.00pm.
10.45 **To Olivia** As 4.30am.
12.25 PM **The Expendables 2** As shown at 2.40am.
2.10 **Zack Snyder's Justice League** As 10.35pm.
6.10 **Where'd You Go, Bernadette** Comedy drama starring Cate Blanchett. (2019, 12, 109min) ★★★

8.00 Wonder Woman 1984

8.00 **Wonder Woman 1984** Superhero action sequel starring Gal Gadot. Amazonian warrior Diana Prince must contend with businessman Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. With Pedro Pascal, Chris Pine and Kristen Wiig. (2020, 12, 151min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

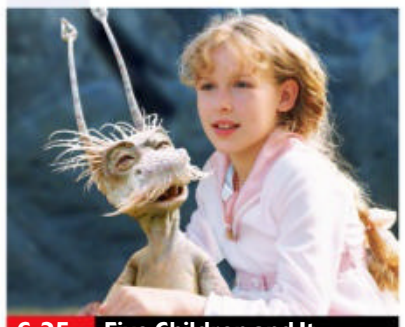
10.35 **Zack Snyder's Justice League** Superhero adventure starring Ben Affleck. Bruce Wayne aligns with Diana Prince, planning to recruit a team of meta-humans to protect the world. (2017, 15, 242min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

2.40 AM **The Expendables 2** Action thriller sequel. (2012, 15, 98min) ★★★
4.30 **to 6.15** AM **To Olivia** Drama. (2021, PG, 90min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.25 AM **A Boy Called Sailboat**
8.05 **The Witches** As 8.00pm.
10.05 **Five Children and It** (2004)
11.45 **The Adventure of A.R.I.: My Robot Friend** As 11.25pm.
1.20 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
2.50 **My Girl** As shown at 1.05am.
4.40 **My Girl 2** Family drama. (1994, PG, 99min) ★★
6.25 **Five Children and It** Children's fantasy adventure. (2004, U, 89min) ★★★


6.25 Five Children and It

8.00 **The Witches** Fantasy starring Anne Hathaway. A young orphan goes to live with his grandmother, only to find himself the prey of witches disguised as glamorous women. (2020, PG, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

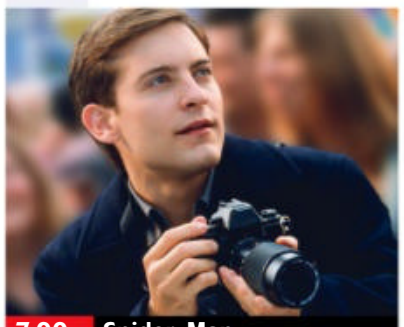
9.50 **A Boy Called Sailboat** Drama with JK Simmons. A Hispanic family find hope in their extraordinary son when a gesture awakens a global desire. (2017, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Adventure of A.R.I.: My Robot Friend** Adventure starring Jude Manley, Sophia Alongi and Greg Lutz. (2020, PG, 89min) ★★
1.05 AM **My Girl** Bitter-sweet comedy starring Dan Aykroyd, Jamie Lee Curtis, Macaulay Culkin and Anna Chlumsky. (1991, PG, 105min) ★★
3.00 **My Girl 2** As 4.40pm.
4.50 **to 6.30** AM **The Borrowers** As shown at 1.20pm.

Sky Cinema Action

307 307 851 407 507 521

6.10 AM **Spider-Man** As 7.00pm.
8.15 **Spider-Man 2** As 9.05pm.
10.25 **Spider-Man 3** As 11.15pm.
12.45 PM **Green Lantern** Adventure. (2011, 12, 113min) ★★
2.40 **Twister** Disaster thriller. (1996, PG, 114min) ★★★
4.35 **Godzilla** Monster thriller. (1998, PG, 139min) ★★★
7.00 **Spider-Man** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2002, 12, 121min) ★★★★


7.00 Spider-Man

Spider-Man (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as a superhero, Peter Parker finds his powers are required to combat a new criminal adversary. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. A mysterious black substance brings out a dark side to Spider-Man's personality. (2007, 12, 138min) ★★★
1.40 AM **Rambo III** Adventure sequel starring Sylvester Stallone and Richard Crenna. (1987, 18, 101min) ★★★
3.25 **Green Lantern** As 12.45pm.
5.25 **to 7.20** AM **Twister** (1996)

Sky Cinema Comedy

308 308 852 408 508 522

6.00 AM **The Nutty Professor**
7.40 **The Hangover** As 6.00pm.
9.25 **The Jesus Rolls** As 11.30pm.
10.55 **When Jeff Tried to Save...**
12.40 PM **Racing Stripes** (2004)
2.25 **Spontaneous** (2020) ★★★★
4.15 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
6.00 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
7.45 **When Jeff Tried to Save the World** Comedy drama. (2018, 12, 93min) ★★★★

6.00 The Hangover

When Jeff Tried to Save the World (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Big Lebowski** Offbeat comedy thriller starring Jeff Bridges. An ageing LA hippy is mistaken for his millionaire namesake and drawn into a strange intrigue. (1998, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Jesus Rolls** Comedy starring John Turturro. Fresh out of jail, a depraved misfit embarks on a criminal adventure. With Audrey Tautou, Bobby Cannavale and Jon Hamm. (2017, 15, 85min) ★
1.00 AM **Faith Based** Comedy starring Luke Barnett, Tanner Thomason and Lance Reddick. (2020, 12, 92min) ★★
2.40 **Spontaneous** As 2.25pm.
4.25 **to 6.10** AM **Racing Stripes**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Beetlejuice** As 1.55pm.
7.50 **An American Werewolf in London** As shown at 3.45pm.
9.40 **Psycho** As shown at 5.30pm.
11.40 **The Shining** As 7.30pm.
1.55 PM **Beetlejuice** Comedy. (1988, 15, 92min) ★★★★
3.45 **An American Werewolf in London** Horror. (1981) ★★★★
5.30 **Psycho** Hitchcock chiller. (1960, b/w, 15, 109min) ★★★★★

7.30 **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. A writer's job as a winter caretaker in a remote hotel puts his family in peril. (1980, 15, 119min) ★★★★★
9.30 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hué in 1968. With Adam Baldwin and R Lee Ermey. (1987, 15, 115min) ★★★★★

11.30 **The Ladykillers** Comedy. (1955, U, 97min) ★★★★★
1.10 AM **Cape Fear** Crime thriller. (1962, b/w, 15, 106min) ★★★★
3.05 **Guess Who's Coming to Dinner** Drama. (1967, PG) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Happily N'Ever After 2** Animation. (2009, U) ★★
7.55 **Boonie Bears: The Wild Life**
9.40 **Extinct** As shown at 4.00pm.
11.15 **The Fairy Princess & the Unicorn** As shown at 5.40pm.
12.45 PM **Tarzan** As shown at 7.10pm.
2.25 **Trolls World Tour** As 8.50pm.
4.00 **Extinct** Animation. (2021) ★★★
5.40 **The Fairy Princess & the Unicorn** Animation. (2019) ★★

7.10 **Tarzan** Animation featuring the voice of Kellan Lutz. A man raised by apes in an African jungle fights to defend his home from a ruthless corporation. (2013, PG, 94min) ★★
8.50 **Trolls World Tour** Animation featuring the voices of Anna Kendrick and Justin Timberlake. (2020, U, 90min) ★★★
10.25 **Shark Tale** Animated comedy adventure featuring the voices of Will Smith and Robert De Niro. (2004, U, 90min) ★★★★

12.00 M'T **Curious George 3: Back to the Jungle** (2015, U) ★★
1.25 AM **The Tale of Despereaux** Animation. (2008, U) ★★★
3.05 **Boonie Bears: The Wild Life** Animation. (2021, U, 99min) ★★
4.50 **to 6.20** AM **Cranston Academy: Monster Zone** (2020, PG) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.45 **Off Set** With Jamie Cullum.
8.00 **Murder at the Gallop** (1963)
9.45 **Alias Jesse James** (1959) ★★
11.45 **The Battle of the Sexes** (1960)
1.30 PM **Murder She Said** Thriller. (1961, b/w, PG, 86min) ★★★
3.20 **The Blood Beast Terror** Horror chiller. (1967, 18, 88min) ★
5.15 **Son of a Gunfighter** Western. (1965, U, 92min) ★

7.10 **The Gun That Won The West** Western starring Roy Gordon. A cavalry colonel recruits former soldiers to help construct a chain of forts within Sioux territory. (1955, U, 71min) ★★
8.40 **Off Set** With Jamie Cullum.
9.00 **Run All Night** Thriller starring Liam Neeson. A hitman turns against the crime family he works for to protect his estranged son. (2015, 15, 114min) ★★★
11.20 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★

1.25 AM **All the President's Men** Fact-based political thriller. (1976, 15, 138min) ★★★★★
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Love In High Gear** (1932)
7.15 **Sky West and Crooked** (1965)
9.20 **Kill Me Tomorrow** Thriller. (1957, b/w, U, 80min) ★★
11.00 **Fighting Man of the Plains** Western. (1949, PG) ★★★
12.50 PM **House of Blackmail** Thriller. (1953, b/w, U, 72min) ★★
2.15 **The Keys of the Kingdom** Drama. (1944, b/w, PG) ★★
5.00 **Upstairs, Downstairs** (S4)

6.00 **The Woman in Green** Sherlock Holmes mystery starring Basil Rathbone. (1945, b/w, PG) ★★
7.15 **Broken Journey** Drama starring Phyllis Calvert and James Donald. (1948, b/w, PG, 89min) ★★
9.00 **Cellar Club with Caroline Munro**
9.05 **The Curse of Frankenstein** Hammer horror starring Peter Cushing and Christopher Lee. (1957, 12, 83min) ★★★
10.45 **Cellar Club with Caroline Munro**
10.50 **A Bucket of Blood** Horror spoof. (1959, b/w, 15, 66min) ★★

12.10 AM **Cellar Club with Caroline...**
12.15 **Hud** Contemporary Western. (1963, b/w, 12, 112min) ★★★★
2.30 **That Brennan Girl** Drama. (1946, b/w, PG, 95min) ★★
4.20 **Haunted Palace** Documentary.
5.00 **Turn of Fate** 22/36. (S1)
5.30 **to 6.00** AM **Hey, Jeannie!**

Horror

317 149 68 138

8.00 AM **Star Trek** 11/24. (S3)
9.00 **Star Trek: Voyager** 13/26. (S4)
10.00 **The 4400** 3/13. (S3)
11.00 **The 7th Voyage of Sinbad** Adventure. (1958, U) ★★★★
1.00 PM **It Came from Beneath the Sea** Sci-fi. (1954, b/w, U) ★★
2.30 **Tales from the Darkside** (S2)
3.00 **Battlestar Galactica** (S2)
4.00 **AE: Apocalypse Earth** Action thriller. (2013, PG, 87min) ★★

6.00 **The 4400** *Gone – Part One:* 4/13. Someone abducts several 4400 children. (S3)
7.00 **Star Trek: Voyager** *Message in a Bottle:* 14/26. (S4)
8.00 **Star Trek** *Charlie X:* 3/30. (S1)
9.00 **PREMIERE G-Loc** Sci-fi thriller starring Stephen Moyer, Casper Van Dien and John Rhys-Davies. After fleeing a dying Earth for a newer solar system, a man and his AI companion find themselves aboard an enemy ship. (2020, 12, 92min) ★★★

10.55 **The Last House** Horror thriller. (2019, 15, 74min) ★★
12.30 AM **Maggie** Horror thriller. (2015, 15, 95min) ★★★
2.25 **to 4.30** AM **Mara** Horror thriller. (2018, 18, 98min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.50 AM **The Burnt Orange Heresy**
8.35 **Silent Night** As 4.15am.
10.15 **Blindfire** As shown at 2.40am.
11.45 **Paydirt** As shown at 1.05am.
1.15 PM **The Burnt Orange Heresy** Thriller. (2019, 15) ★★★
3.00 **The Good Liar** Crime thriller. (2019, 15, 109min) ★★★★
5.00 **Mr. Jones** Biopic starring James Norton and Vanessa Kirby. (2019, 15, 141min) ★★★
7.00 **Angels & Demons** Thriller. (2009, 12, 138min) ★★

5.00 Mr. Jones

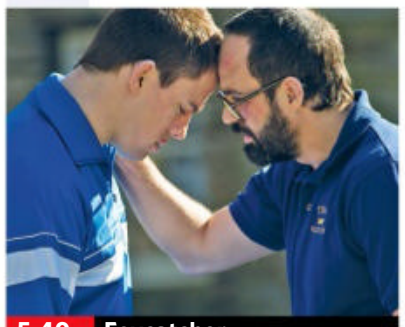
Angels & Demons (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Lone Survivor** Fact-based drama starring Mark Wahlberg. Four soldiers face a battle for survival while on a mission to eliminate a terrorist leader in Afghanistan. With Taylor Kitsch. (2013, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Filth** Dark comedy with James McAvoy and Eddie Marsan. (2013, 18, 95min) ★★★★
1.05 AM **Paydirt** Crime thriller starring Luke Goss and Val Kilmer. (2020, 15, 82min) ★
2.40 **Blindfire** Drama starring Brian Geraghty and Sharon Leal. (2020, 15, 83min) ★
4.15 **to 6.00** AM **Silent Night** Crime drama starring Bradley Taylor and Cary Crankson. (2020, 15, 93min) ★★★★

Sky Cinema Drama

310 310 854 410 510 524

6.25 AM **Jungleland** As 2.20pm.
8.10 **The Short History of the Long Road** As 3.10am.
10.00 **Foxcatcher** As 5.40pm.
12.20 PM **Monster's Ball** As 1.10am.
2.20 **Jungleland** Drama. (2020, 15, 90min) ★★★★
3.55 **Six Minutes to Midnight** Thriller starring Judi Dench. (2020, 12, 99min) ★★★
5.40 **Foxcatcher** Fact-based drama starring Steve Carell. (2014, 15, 129min) ★★★★


5.40 Foxcatcher

8.00 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks, Tom Sizemore and Edward Burns. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. With Matt Damon. (1998, 15, 169min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **A Beautiful Mind** Biopic starring Russell Crowe, Ed Harris, Jennifer Connelly and Paul Bettany. (2001, 12, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.10 AM **Monster's Ball** Prison drama starring Halle Berry. (2002, 15, 111min) ★★★★
3.10 **The Short History of the Long Road** Adventure. (2019, 12, 90min) ★★★
4.55 **to 6.40** AM **Six Minutes to Midnight** As 3.55pm.

Sky Cinema Sci-Fi/Horror

311 411 511 525

6.45 AM **Great White** As 6.00pm.
8.35 **Terminator: Dark Fate** (2019)
10.45 **The Lighthouse** As 1.35am.
12.45 PM **Black Christmas** Horror. (2019, 15, 92min) ★★★
2.25 **Body Cam** Horror. (2019) ★★
4.10 **Final Days** Horror thriller. (2020, 15, 92min) ★★★
6.00 **Great White** Horror thriller. (2021, 15, 91min) ★★
7.45 **Terminator: Dark Fate** Sci-fi with Arnold Schwarzenegger. (2019, 15, 128min) ★★★★

10.00 The Devil's Rejects

Terminator: Dark Fate (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Devil's Rejects** Horror with Bill Moseley and Sheri Moon Zombie. (2005, 18, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Resident Evil: Extinction** Sci-fi horror thriller sequel starring Milla Jovovich. A superhuman survivor of a zombie plague strives to evade capture by an evil corporation. (2007, 15, 90min) ★★
1.35 AM **The Lighthouse** Thriller starring Robert Pattinson and Willem Dafoe. (2019, b/w, 15, 109min) ★★★★
3.25 **Black Christmas** As 12.45pm.
5.00 **to 6.40** AM **Body Cam**

Sky Cinema Assassins

302 402 502 516

7.20 AM **Say Your Prayers** Comedy. (2020, 15, 84min) ★★
8.50 **John Wick** As 7.15pm.
10.35 **JFK** Fact-based thriller. (1991, 15, 191min) ★★★★
2.00 PM **Crouching Tiger, Hidden Dragon** As shown at 1.10am.
4.05 **Johnny English Reborn** Comedy. (2011, PG) ★★★
5.50 **Grimsby** Action comedy. (2016, 15, 83min) ★★
7.15 **John Wick** Action thriller. (2014, 15, 101min) ★★★★

9.00 Sin City

John Wick (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Sin City** Thriller starring Bruce Willis, Mickey Rourke and Clive Owen. Three hard-boiled heroes try to protect or avenge a series of dames in distress. With Jessica Alba, Rosario Dawson and Benicio Del Toro. (2005, 18, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Blade 2** Action horror sequel starring Wesley Snipes, Ron Perlman and Kris Kristofferson. (2002, 18, 117min) ★★★★
1.10 AM **Crouching Tiger, Hidden Dragon** Ang Lee's romantic period adventure starring Chow Yun-Fat and Michelle Yeoh. Subtitled. (2000, 12, 120min) ★★★★★
3.15 **Grimsby** As shown at 5.50pm.
4.45 **to 6.30** AM **Johnny English Reborn** As shown at 4.05pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
12.50 PM **Elephant Walk** Melodrama. (1954, U, 103min) ★★
2.55 **Kansas Raiders** Western. (1950, PG, 80min) ★★
4.30 **Strategic Air Command** Drama with James Stewart. (1955, U, 114min) ★★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid. (2009, 12, 113min) ★★★

11.15 Brawl in Cell Block 99

G.I. Joe: The Rise of Cobra (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Night School** Comedy starring Kevin Hart and Tiffany Haddish. A group of troublesome adults are forced to attend night classes in a bid to finish high school. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Brawl in Cell Block 99** Crime thriller starring Vince Vaughn and Jennifer Carpenter. An ex-boxer is blackmailed into performing a prison hit by a drug kingpin. (2017, 18, 132min) ★★★★
1.55 **to 4.00** AM **St. Agatha** Horror starring Sabrina Kern and Carolyn Hennesy. (2018, 15, 103min) ★★★

11 PM

+1 hour 314 430 46 301

GREAT! movies classic

319 424 51 303

6.00 AM **The Silencers** (1966) ★★★
8.00 **Dead Reckoning** (1947) ★★★★
10.00 **Split Second** (1953, PG) ★★
11.40 **Born Free** Wildlife adventure. (1965, U, 95min) ★★★★
1.35 **A Weekend with Lulu** Comedy. (1961, PG, 91min) ★★
3.20 **Road to Rio** Musical comedy. (1947, b/w, U, 100min) ★★★★
5.25 **Don't Panic Chaps** Comedy. (1959, b/w, PG, 84min) ★★★
7.10 **What a Carve Up!** Comedy chiller starring Sidney James and Kenneth Connor. Murder and mayhem ensue in a spooky mansion after the reading of a rich man's will. With Shirley Eaton. (1961, b/w, U, 88min) ★★
9.00 **The Flying Deuces** Laurel and Hardy comedy. Stan and Ollie join the Foreign Legion to help Ollie forget an unhappy love and swiftly cross swords with the cruel commandant. (1939, b/w, U, 67min) ★★★
10.15 **Stir Crazy** Offbeat comedy. (1980, 15, 110min) ★★★
12.35 AM **Used Cars** Comedy. (1980, 15, 115min) ★★
2.50 **Tunes of Glory** (1960) ★★★★
4.40 **to 6.00** AM **Strongroom** (1961)

+1 hour 320 303 304

GREAT! movies

321 425 33 302

9.00 AM **Below the Surface** Thriller. (2016, PG, 90min) ★★
11.00 **Crimes of the Mind** Fact-based thriller. (2014, PG, 84min) ★★
1.00 PM **An Aurora Teagarden Mystery: Reap What You Sew** Drama. (2018, PG, 90min) ★★
2.50 **The Perfect Bride** Thriller. (1991, 15, 94min) ★★
4.40 **Nick & Norah's Infinite Playlist** Comedy. (2008, 12) ★★★★
6.25 **Coach Carter** Fact-based sports drama starring Samuel L Jackson as a high-school basketball coach who suspends his undefeated team for failing to keep up their academic grades. (2004, 12, 136min) ★★★
9.00 **Braveheart** Oscar-winning historical drama directed by and starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a courageous army against the English enemy. (1995, 15, 177min) ★★★★
12.35 AM **10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
2.30 **Kidnapped: The Hannah Anderson Story** (2015, 12) ★★
4.15 **to 6.00** AM **Deadly Daycare** Thriller. (2014, PG, 88min) ★★

+1 hour 322

GREAT! movies action

323 426 41 305

6.00 AM **Days of Glory** (1944) ★★
7.35 **Bitter Victory** (1957, PG) ★★
9.40 **Castle Keep** (1969, 15) ★★★
11.50 **Killer Caliber .32** Western. (1967, PG, 94min) ★★
1.45 PM **Trail Street** Western. (1947, b/w, U, 85min) ★★ ★★
3.30 **Saints and Soldiers: Battle of the Tanks** Drama. (2014, 12) ★★
5.20 **A Twist of Sand** Adventure. (1968, U, 90min) ★★
7.15 **Global Meltdown** Disaster thriller starring MJ Almasi. With the Earth's crust falling apart, one family set out for higher ground – only to face threats both human and geological. (2017, PG, 105min) ★
9.00 **We Die Young** Gangster drama starring Jean-Claude Van Damme. A war veteran arrives in Washington, DC and clashes with gangsters while trying to protect a teenager and his brother. (2018, 15, 115min) ★★
10.55 **Dog Eat Dog** Suspense thriller. (2015, 18, 93min) ★★
12.45 AM **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
2.35 **to 4.00** AM **Stormageddon** Thriller. (2015, PG, 90min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Next Door**
9.00 **Chronicle Mysteries** As 9pm.
11.00 **One Royal Holiday** As 11.00pm.
1.00 PM **Save the Wedding** As 1am.
3.00 **Signed, Sealed, Delivered: To the Altar** Crime drama. (2018, PG, 90min) ★★
5.00 **Aurora Teagarden Mysteries – Reunited and It Feels So Deadly** Crime drama. (2020, PG, 90min) ★★
7.00 **Christmas Next Door** Festive family drama starring Jesse Metcalfe and Fiona Gubelmann. A famous author is forced to look after his niece and nephew over the holidays, and finds love with help from a neighbour. (2017, U, 86min) ★★
9.00 **Chronicle Mysteries** *Helped to Death:* Drama starring Alison Sweeney and Benjamin Ayres. Podcast host Alex sets out to unravel a mystery alongside newspaper editor Drew.
11.00 **One Royal Holiday** Drama. (2020, U, 89min) ★★
1.00 AM **Save the Wedding** Drama. (2021, PG, 86min) ★★
3.00 **to 5.00** AM **Signed, Sealed, Delivered: To the Altar** (2018)

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

Everybody's Talking About Jamie *Amazon Prime Video* Musical drama starring Max Harwood. ★★★★
9.00 PM **RED** *E4* Action comedy thriller with Bruce Willis, Morgan Freeman, John Malkovich and Helen Mirren. ★★★★
9.00 **Angels & Demons** *5STAR* Thriller starring Tom Hanks and Ewan McGregor. ★★
10.45 **Rocky** *ITV* Oscar-winning sports drama starring Sylvester Stallone as a struggling Philadelphia boxer. ★★★★★
11.05 **The Huntsman: Winter's War** *Channel 4* Fantasy adventure starring Chris Hemsworth, Charlize Theron, Emily Blunt and Jessica Chastain. ★★★
11.35 **The Graduate** *BBC1* Oscar-winning comedy drama starring Dustin Hoffman and Anne Bancroft. ★★★★★
11.50 **The Hand That Rocks the Cradle** *5STAR* Thriller starring Rebecca DeMornay and Annabella Sciorra. ★★★★
12.05 AM **Life on the Line** *BBC2* Thriller starring John Travolta and Kate Bosworth. ★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News** A round-up of the latest sports news, with live analysis and comment, plus interviews with the headline makers.
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans**
10.00 LIVE **One-Day International Cricket Pakistan v New Zealand.** Coverage of the opening ODI in the three-match series, taking place at Rawalpindi Cricket Stadium.
6.00 PM **Sky Sports News**
7.30 LIVE **FNF Newcastle United v Leeds United.** Coverage of the Premier League encounter from St. James' Park. Kick-off **8.00pm**.
10.30 **Sky Sports News**
11.00 **NFL Fantasy** Key insights to build the best lin-up.
12.00 M'T LIVE **MLS Inter Miami CF v New York Red Bulls.** Coverage of the Eastern Conference clash from Inter Miami CF Stadium. Kick-off **12.00m't**.
2.10 AM **MLS**
2.15 **My Icon** Henni Goya.
2.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends** Double bill.
8.00 **Best PL Goals: Chelsea v Arsenal**
8.30 **Best PL Goals: Man Utd v Everton**
9.00 **PL 100 Club: Harry Kane**
9.30 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League 100 Club**
6.00 **Inside The WSL**
6.30 **Premier League Preview**
7.00 **Premier League Matchpack**
7.30 LIVE **FNF Newcastle United v Leeds United.** Coverage from St. James' Park. Kick-off **8.00pm**.
10.30 **Premier League Matchpack**
11.00 **Inside The WSL**
11.30 **Premier League Icons**
12.00 M'T **FNF**
1.45 AM **Premier League Years**
3.45 **PL Greatest Games**
4.00 **Best PL Goals 92/93**
5.00 **Best PL Goals: Newcastle v Liverpool**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years** 1995/96.
8.30 **Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years** 1996/97.
11.00 **EFL Play Off Final C'Ship 16/17**
12.00 NOON **Greatest Games**
1.00 PM **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years** 1997/98.
2.30 **EFL Cup Final 12**
3.30 **Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Scottish Premiership**
5.45 **SPFL Highlights**
6.00 **Bundesliga Highlights Show**
7.00 **Bundesliga Weekly**
7.30 **EFL Highlights**
10.30 **Scottish Premiership**
10.45 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T LIVE **MLS Inter Miami CF v New York Red Bulls.** From Inter Miami CF Stadium. Kick-off **12m't**.
2.10 AM **MLS**
2.15 **EFL Highlights**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **T20 Blast 2019 Final Highlights**
7.00 **Women's International One-Day Cricket**
8.00 **Best of the Women's World T20** Double bill.
8.50 **Women's International One-Day Cricket**
9.50 LIVE **One-Day International Cricket Pakistan v New Zealand.** Coverage of the opening ODI in the three-match series, taking place at Rawalpindi Cricket Stadium.
6.00 PM **Women's World T20 Classics** England v Australia.
6.25 **Best of England Women**
7.00 **T20 Blast 2019 Final Highlights** Worcestershire Rapids v Essex Eagles.
8.00 **One-Day International Cricket**
9.00 **Women's International One-Day Cricket**
10.00 **One-Day International Cricket**
11.00 **Women's International One-Day Cricket**
12.00 M'T **Women's International T20 Cricket**
4.00 AM **Nasser Meets Sachin**
5.00 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **European Tour Golf**
7.00 **Legends Tour Golf**
8.00 **PGA Tour Golf**
11.00 **Challenge Tour Golf**
11.30 **European Tour Golf** Action from day one of the Dutch Open.
12.30 PM LIVE **European Tour Golf** Coverage of the second day of the Dutch Open, taking place at Bernardus Golf Course in Cromvoirt, Netherlands.
5.30 LIVE **PGA Tour Golf** Coverage of the second day of the Fortinet Championship, taking place at Silverado Resort in Napa, California.
8.00 LIVE **LPGA Tour Golf** Coverage of the second day of the Cambia Portland Classic, taking place at The Oregon Golf Club in West Linn, Oregon.
11.00 LIVE **PGA Tour Golf** Further coverage of the second day of the Fortinet Championship, taking place at Silverado Resort in Napa, California.
2.00 AM **European Tour Golf**
3.00 **PGA Tour Champions**
4.00 **Ryder Cup Memories**
5.00 **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Ligue 1 Show**
6.30 **Premier League Match Pack**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT Highlights**
9.00 **ESPN FC** Football news.
9.30 **Inside AFL** The latest news.
10.00 **The Aussie Rules Show**
10.30 LIVE **AFL** Match coverage.
1.30 PM **PL Match Pack**
2.00 **MotoGP Rewind**
2.15 **WWE NXT**
4.00 **Inside Serie A**
4.30 **Ligue 1 Show**
5.00 **Women's One-Day International Cricket**
6.00 **Premiership Rugby Union**
6.30 **Scottish Football Extra**
7.00 LIVE **Gallagher Premiership Rugby Union Bristol Bears v Saracens.** Kick-off **7.45pm**.
10.00 **WWE NXT UK**
11.00 **WWE NXT Highlights**
12.00 M'T **WWE SmackDown**
1.00 AM LIVE **WWE Friday Night SmackDown** Wrestling action.
3.00 **Premier League Preview**
3.30 **Scottish Football Extra**
4.00 **UFC Fight Camp**
4.30 **The Outdoor Sports Show**
5.00 **to 6.00** AM **UEFA Champions League Review**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **BT Sport Reload**
6.15 **Super League Triathlon**
7.15 **DIY Pundit**
7.45 LIVE **MotoGP** Coverage from FP1 and FP2 of the MotoGP Grand Prix of San Marino.
3.15 PM **MotoGP Rewind**
3.30 **FIM Speedway Highlights**
4.30 LIVE **FIM Speedway of Nations** Coverage of the first semi-final at Lokmotiv Stadium.
8.15 **FIM TrialGP World Championship**
8.45 **MotoGP: ICYMI**
9.00 **Scottish Football Extra**
9.30 **Inside Serie A**
10.00 **UFC Fight Camp**
10.30 **UFC Live**
11.00 **Premier League Preview**
11.30 **Premier League Match Pack**
12.00 M'T LIVE **MLB Cincinnati Reds v Los Angeles Dodgers.** Coverage of the National League match from Great American Ball Park. Start-time **12.10am**.
3.00 AM **MLB's Best**
3.30 **Women's One-Day International Cricket**
4.30 **Boxing: Ali v Folley 1967**
5.30 **to 6.00** AM **Inside Serie A**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Europa League**
8.00 **Europa Conference League**
8.30 **UEFA Europa League**
9.00 **Europa Conference League**
9.30 **UEFA Europa League**
10.00 **Ligue 1 Show**
10.30 **UEFA Europa League Highlights Show**
11.30 **The Outdoor Sports Show**
12.00 NOON **Badminton Unlimited**
12.30 PM **UEFA Europa League**
2.30 **Europa Conference League**
3.00 **UEFA Europa League**
3.30 **Europa Conference League**
4.00 **UEFA Europa League**
4.30 **UEFA Europa League Highlights**
5.30 **UEFA Champions League Review**
6.30 **Premier League Preview**
7.00 **MotoGP: ICYMI**
7.15 **Ligue 1 Show**
7.45 LIVE **Ligue 1 Strasbourg v Metz.** Coverage from Stade de la Meinau. Kick-off **8.00pm**.
10.00 **AFL**
12.00 M'T LIVE **CFL Hamilton Tiger-Cats v Calgary Stampeders.** Kick-off **12.00m't**.
2.45 AM LIVE **CFL Saskatchewan Roughriders v Toronto Argonauts.** Kick-off **2.45am**.
5.45 **to 6.00** AM **BT Sport Reload**

Sky Sports NFL

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights**
8.00 **NFL Overtime**
9.00 **NFL Highlights**
10.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **NFL Bitesize Highlights** Action from Washington Football Team v New York Giants.
3.15 Action from an NFL match.
3.30 Action from Los Angeles Rams v Chicago Bears.
3.45 Las Vegas Raiders v Baltimore Ravens.
4.00 **NFL Highlights** Washington Football Team v New York Giants.
5.00 **NFL Overtime**
6.00 **NFL Highlights** Washington Football Team v New York Giants.
7.00 **NBC's Pro-Football Talk**
9.00 **NFL Highlights** Washington Football Team v New York Giants.
10.00 **NFL Overtime** The big stories from the start of the season.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **Total Access**
1.00 AM **NFL Bitesize Highlights**
2.00 **NFL Highlights**
4.00 **NFL Overtime**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **School of Golf**
6.30 **My Icon**
7.30 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **WNBA** Action from Connecticut Sun v New York Liberty.
10.45 **Rugby Union Retro**
11.30 **British and Irish Lions Tour**
12.00 NOON **British and Irish Lions Tour** Highlights of the recent Test series between South Africa and British & Irish Lions.
3.00 PM LIVE **US Open 9-Ball Pool** Coverage of the fifth day of the tournament from Harrah's Resort in Atlantic City.
7.00 **Betfred Super League Highlights** Double bill.
7.30 **World Pool Masters** Action from day four of the 2019 World Pool Masters.
8.30 LIVE **US Open 9-Ball Pool** Further coverage of the fifth day of the tournament, taking place at Harrah's Resort in Atlantic City.
12.30 AM **World Pool Masters**
1.30 **Darts Gold** Classic action.
2.30 **British Basketball** London Lions v Sheffield Sharks.
5.00 **to 6.00** AM **British and Irish Lions Tour**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **MLB: Caps Off**
8.00 **ESPN FC** Football news.
8.30 **NHRA Drag Racing Highlights**
9.30 **ESPN Special**
11.30 **ESPN FC** Football news.
12.00 NOON **ESPN SportsCenter**
12.15 PM **Around the Horn**
12.45 **Pardon the Interruption**
1.15 **College Football Live**
1.45 **College Football**
4.45 **ESPN SportsCenter**
5.00 **MLB's Best** Highlights.
5.30 **MLB** Double bill of action.
11.30 **College Football Live**
12.00 M'T **College Football Countdown** Preview show.
12.30 AM LIVE **College Football Louisville Cardinals v UCF Knights.** Kick-off **12.30am**.
4.00 **Around the Horn**
4.30 **to 6.00** AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E** The London ePrix.
7.00 **Cycling: Tour of Slovakia**
8.00 **Cycling: Tour of Luxembourg**
9.00 **Hall of Fame – Tokyo 2020**
10.00 **Sports Spotlight**
11.30 **Cycling: Tour of Slovakia**
12.30 PM **Cycling: Tour of Luxembourg**
1.30 LIVE **Cycling: Tour of Luxembourg** Stage four.
3.30 LIVE **Cycling: Tour of Slovakia** Coverage of stage two.
4.30 **Cycling: Championship of Flanders** From Koolskamp.
5.30 **Olympic Games: The Distance**
7.00 **Cycling: Tour of Luxembourg**
8.00 **Cycling: Tour of Slovakia**
9.00 **GOLFTV Weekly**
9.30 **European Rally Championship**
10.00 **Cycling: Championship of Flanders** From Koolskamp.
11.00 **World Superbikes Extra**
12.00 M'T **Cycling: Tour of Luxembourg**
1.00 **Cycling: Tour of Slovakia**
2.00 **Hall of Fame – Tokyo 2020**
3.00 **to 6.00** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Tour of Luxembourg**
7.00 **Best of Bikes**
7.25 **World Superbikes Extra**
8.25 **World Superbikes**
9.25 LIVE **World Superbikes** Coverage of the opening free practice session from Barcelona.
10.30 **Bennetts British Superbikes**
12.30 PM **British Speedway**
1.30 **World Superbikes**
1.55 LIVE **World Superbikes** Coverage of the second free practice session from Barcelona.
3.00 **Bennetts British Superbikes**
4.00 **Motorsport: Extreme E**
5.00 **Motocross World Champs**
6.00 **Karate**
7.00 **British Speedway**
8.00 **World Superbikes**
9.00 **Bennetts British Superbikes**
11.00 **Cycling: Tour of Slovakia**
12.00 M'T **World Superbikes**
1.00 **Hall of Fame – Tokyo 2020**
2.00 **World Superbikes**
3.00 **to 6.00** AM **Highlights**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Sail GP** From Saint-Tropez.
7.00 **Show Jumping** From Calgary.
8.00 **British and Irish Lions Tour**
11.00 **Show Jumping** From Calgary.
12.00 NOON **WNBA** Connecticut Sun v New York Liberty.
1.45 PM **Betfred Super League**
2.00 **NRL Try Time**
3.00 LIVE **US Open 9-Ball Pool** Coverage of the fifth day from Harrah's Resort in Atlantic City.
7.00 **Betfred Super League**
7.30 LIVE **Betfred Super League** Coverage of a game from week 25 of the Betfred Super League.
10.00 **Betfred Super League**
10.15 **Women's Super League**
10.30 **S/Lge Rugby: 2019 Women's Final**
11.30 **British and Irish Lions Tour**
12.00 M'T **Betfred Super League**
1.00 AM **Fight Night**
2.30 **Boxing Gold**
3.00 **Fight Night**
5.00 **to 6.00** AM **World Pool Masters**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **The Home of F1**
10.00 **British GT Championship**
11.00 **The F1 Show**
12.00 NOON **Formula 1** The Belgian Grand Prix first practice session.
1.15 PM Second practice session.
2.30 Action from the third and final practice session.
3.45 The qualifying session.
5.30 **Red Bull Juniors Kart Race**
5.50 **Ted on Tyres and Brake Magic**
6.00 **Ant Drives the Mercedes W12**
6.15 **Lando Norris and his Engineers**
6.25 **Ted's Story of Ferrari**
6.30 **Formula 1**
7.00 **Formula 3 Championship**
8.50 **The History of Aston Martin**
9.00 **Formula 3 Championship**
11.30 **Formula 1**
12.00 M'T **Indycar**
1.10 AM **The Psychology of Lewis Hamilton**
1.15 **Max Verstappen with Rachel**
1.25 **Ted's Story of Ferrari**
1.30 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

11-17 September

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

607 607 643 | 701 | 201 204 | 607 | 600

SATURDAY

7.00am Diddy TV **7.10** Danger Mouse **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Odd Squad **8.10** Dennis & Gnasher **8.35** Danny & Mick **8.45** The Zoo **9.00** Saturday Mash-Up! New **11.30** Gangsta Granny **12.35pm** Dennis & Gnasher **1.35** Boy Girl Dog Cat Mouse Cheese **2.30** Danger Mouse **3.05** So Awkward **4.05** Class Dismissed **4.20** Horrible Histories **5.15** Odd Squad **5.40** Summer Camp Island **6.00** Little Big Awesome **6.25** Danger Mouse **6.50** Dragons: Riders of Berk **7.10** She-Ra **7.35-9.00pm** FILM PREMIERE Olympians at Heart

SUNDAY As Saturday except:

7.35-7.45am Dennis & Gnasher **8.05** Danny & Mick **8.20** Nine Minute Ninja **8.30** The Dengineers **9.00** Blue Peter **9.30** Class Dismissed **9.45** The Zoo **10.00** Odd Squad **10.20** FILM Olympians at Heart **11.50** Deadly Dinosaurs **12.15pm** Operation Ouch! **1.15** Horrible Histories **2.15** Deadly Dinosaurs **3.10** The Dengineers **4.10** Hardball **4.30** So Awkward **5.00** Lagging **5.25** Ultimate Playlist **5.50** Danger Mouse **6.25** Horrible Histories **6.50** The Worst Witch **7.20** My Life **7.50** Lifebabble **7.55** So Awkward **8.25** The Next Step **8.45-9.00pm** Nikki Lilly Meets

MONDAY

7.00am Little Big Awesome **7.10** Danger Mouse **7.20** Dennis & Gnasher **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **8.00** Ninja Express **8.10** Odd Squad **8.25** Operation Ouch! **8.50** Hey You What If? **9.00** Bitesize: 5-7 **9.20** Bitesize: 7-9 **9.45** Bitesize: 9-11 **10.05** Celebrity Supply Teacher **10.15** Our School New **10.40** Horrible Histories **11.05** Absolute Genius **11.35** Deadly 60

12.05pm Danger Mouse **12.30** Class Dismissed **12.45** Danny & Mick **12.55** Young Dracula **1.55** The Next Step **2.15** So Awkward **2.45** Class Dismissed **3.00** Danny & Mick **3.10** Shaun the Sheep **3.20** Dennis & Gnasher **3.40** Boy Girl Dog Cat Mouse Cheese **4.05** Ninja Express **4.20** We Bare Bears **4.30** Odd Squad

4.45 Danger Mouse **5.00** Still So Awkward New episode **5.35** We Bare Bears **5.45** Summer Camp Island **5.55** Dragons: Riders of Berk **6.20** Little Roy **6.35** Operation Ouch! **7.05** The Next Step **7.25** Hank Zipzer **7.50** Tracy Beaker **8.05** Dumping Ground **8.20** Mimi and Co **8.30** The Next Step **8.55-9.00pm** Lifebabble

TUESDAY As Mon except:

1.55pm Blue Peter **2.25** So Awkward **2.50** Class Dismissed **3.05-3.20** Danny & Mick **4.35-4.45** Odd Squad **5.00** Lagging New **5.30-5.45** We Bare Bears **6.15** Little Roy **6.30** Operation Ouch! **7.00** The Next Step **7.25** Dwight in Shining Armour New **7.45** Tracy Beaker **8.00** Snaps – Is This Camera On? **8.10** Snaps **8.20** Still So Awkward **8.50-9.00pm** Nikki Lilly Meets

WEDNESDAY As Mon except:

10.35-11.05am Horrible Histories **12.00** Danger Mouse **12.25pm** Class Dismissed **12.40-12.55** Danny & Mick **1.50** The Next Step **2.15** Almost Never **2.40** Class Dismissed **2.55-3.10** Danny & Mick **3.15-3.40** Dennis & Gnasher **5.00** Almost Never New episode **6.00** Dragons: Riders of Berk **6.25** Little Roy **6.40** Operation Ouch! **7.10** The Next Step **7.30** My Life **8.00** Lifebabble **8.05** The Story of Tracy Beaker **8.20** The Dumping Ground **8.35-9.00pm** Lagging

THURSDAY As Mon except:

12.25-3.40pm As Wednesday **4.15-4.30** We Bare Bears **5.00** Blue Peter New **5.30-5.45** We Bare Bears **6.15** Little Roy **6.30** Operation Ouch! **7.00** The Next Step **7.25** Malory Towers **7.50** Snaps **8.00-9.00pm** Almost Never

FRIDAY As Mon except:

10.35-11.05am Horrible Histories **12.25-2.40pm** As Wednesday **2.40** Do Try This at Home **2.55** Danny & Mick **3.10** OOglies **3.15-3.20** Shaun the Sheep **3.45** Boy Girl Dog Cat Mouse Cheese **4.10-4.20** Ninja Express **4.35-4.45** Odd Squad **5.00** FILM Scooby-Doo! **5.30** We Bare Bears **5.40** Summer Camp Island **5.50** Playlist New edition **6.15** Blue Peter **6.45** Crackerjack! **7.30-7.50** The Next Step **8.20** Snaps **8.30-9.00pm** Jamie Johnson

CBEEBIES

608 608 644 | 702 | 202 205 | 608 601

Hey Duggee

SATURDAY

6.00am Show Me Show Me **6.20** Love Monster **6.30** Chuggington **6.40** Go Jetters **6.50** Raa Raa **7.00** Postman Pat **7.15** Bing **7.35** Hey Duggee New **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Chuggington **8.35** Bitz & Bob **8.50** The Furchester Hotel **9.00** Something Special **9.25** Bluey **9.40** Peter Rabbit Special **10.05** Go Jetters **10.15** Biggleton **10.25** Boogie Beebies **10.30** Justin's House **10.55** Aquatic Adventures **11.10** Let's Go for a Walk

11.25 Waffle **11.40** Molly and Mack **11.55** Newton Avenue **12.00noon** My World Kitchen **12.15pm** JoJo **12.25** Old Jack's Boat **12.40** Down on the Farm **1.00** Hey Duggee **1.15** Go Jetters **1.35** Bitz & Bob **1.45** Love Monster **1.55** Timmy **2.00** Something Special **2.20** Maddie's Do You Know? **2.35** What's On Your Head? **2.40** Timmy **2.45** Bluey **2.55** Messy Goes to OKIDO **3.05** Molly and Mack

3.20 Our Family **3.30** Aquatic Adventures **3.45** Garden Tales **3.50** Newton Avenue **4.00** Let's Go for a Walk **4.15** Magic Hands **4.25** Treasure Champs **4.40** Bluey **4.45** Arthur **5.00** Prehistoric Adventures **5.15** Molly and Mack **5.30** JoJo & Gran **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** Night Garden **6.50** Hushabye Lullabye New **6.50-7.00am** Bedtime Stories

SUNDAY As Saturday except:

9.40am Cbeebies Prom **10.40** Band Jam **10.55** Oti's Boogie Beebies **11.00** Aquatic Adventures **11.15-11.25am** Let's Go for a Walk

MONDAY

6.00am Raa Raa **6.10** Bing **6.20** Teletubbies **6.30** Tee and Mo **6.40** Chuggington **6.50** Bing **7.05** Hey Duggee New **7.25** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.25** Alphablocks **8.35** Bitz & Bob **8.45** Amazing Machines **9.00** Tee and Mo **9.05** Small Potatoes **9.10** Yakka Dee! **9.15** Dog Loves Books **9.25** Bing **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** Baby Club **10.35** Hey Duggee

10.40 School of Roars **10.50** B.O.T. and the Beasties New **10.55** Love Monster **11.10** Let's Go for a Walk **11.25** Tik Tak **11.30** My Very First **11.40** Our Family **11.50** Woolly & Tig **12.00noon** My World Kitchen **12.10pm** Timmy **12.15** Go Jetters **12.25** Dinosaur Adventures **12.40** Waffle **12.50** Woolly and Tig **1.00** Yakka Dee! **1.05** Colours **1.15** Numberblocks **1.20** Alphablocks **1.25** Mister Maker **1.45** Something Special **2.05** Teletubbies **2.20** Bing

2.30 Go Jetters **2.40** Timmy **2.45** Time for School **3.00** Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **3.55** Dinosaur Adventures **4.10** Maddie, the Universe and You **4.30** Bluey **4.40** Molly and Mack **4.55** Newton Avenue New **5.05** NEW Biff and Chip **5.15** Go Jetters **5.25** JoJo **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** Night Garden **6.50-7.00am** Bedtime Stories

TUESDAY As Mon except:

4.40-4.55pm Topsy and Tim

WEDNESDAY As Mon except:

4.40-4.55pm Apple Tree House

THURSDAY As Mon except:

4.40-4.55pm GiggleQuiz

FRIDAY As Mon except:

4.40-4.55pm Hey Duggee

CITV

612 | 734 711 | 203 | 602

SATURDAY

6.00am Dino Dana **6.10** Mr Magoo **6.35** Thunderbirds Are Go **7.00** Mission Employable **7.05** Mighty Mike **7.20** Mr Bean **7.45** The Tom and Jerry Show **8.05** Scooby-Doo and Guess Who? **8.30** DC Superhero Girls **8.55** Craig of the Creek **9.25** Mr Bean **9.55** Hotel Transylvania

10.25 The Rubbish World of Dave Spud **10.55** Marvel's Spider-Man **11.25** Scooby-Doo! Mystery Incorporated **12.25pm** The Epic Tales of Captain Underpants **12.55** Don't Unleash the Beast **1.25** The Tom and Jerry Show **3.55** Mighty Mike **4.25** Hotel Transylvania

4.55 Mr Bean **5.30** The Epic Tales of Captain Underpants **6.00** Craig of the Creek **6.25** Thunderbirds Are Go **6.50** Buck and Buddy **6.55** Detention Adventure **7.30** How **8.00** Project Z **8.25** Drop Dead Weird. A zombie party. **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:

8.05am LEGO Ninjago **8.30** The Rubbish World of Dave Spud **8.55-9.25** How **10.55-12.25pm** Scooby-Doo! Mystery Incorporated **1.20pm** Dare Master at Home **1.25-3.55pm** Ben 10

MONDAY-WEDNESDAY

6.00am Gormiti 3D **6.25** Kung Fu Panda **6.50** Mr Magoo **7.25** The Tom and Jerry Show **7.55** Ben 10 **8.25** Scooby-Doo! Mystery Incorporated **8.55** Mighty Mike **9.25** The Rubbish World of Dave Spud **9.55** Mr Bean **10.20** Kung Fu Panda **10.45** Mission Employable **10.50** Spy School **11.15** Drop Dead Weird

11.45 Makeaway Takeaway **12.10pm** Don't Unleash the Beast **12.35** Thunderbirds Are Go **1.00** NinjaGo: Secrets of the Forbidden Spinjitzu **1.25** Transformers **1.50** Captain Underpants **2.15** The Rubbish World of Dave Spud **2.40** Hotel Transylvania **3.10** Mighty Mike **3.30** The Tom and Jerry Show **4.00** Scooby-Doo! Mystery Incorporated

4.30 Ben 10 **5.00** The Rubbish World of Dave Spud New episodes **5.30** Makeaway Takeaway New edition **6.00** NinjaGo: Secrets of the Forbidden Spinjitzu **6.30** Captain Underpants **6.55** Teen Titans Go! **7.20** Mr Bean **7.55** Don't Unleash the Beast **8.20** Detention Adventure **8.55-9.00pm** Mission Employable

THURS & FRI As Mon except:

6.00-6.25am Robozuna

NICK JR

606 648 | 715 | 470/484 | 476

SATURDAY

6.00am Paw Patrol **6.30** Barbapapa – One Big Happy Family! **7.00** Peppa Pig **7.25** My Nick Jr Adventure **7.30** Peppa Pig **8.00** Paw Patrol **8.30** Deer Squad New **9.00** Blaze and the Monster Machines **9.30** Baby Shark's Big Show! **10.00** Santiago of the Seas **10.30** Paw Patrol **11.00** Kangaroo Beach **11.30** Ryan's Mystery Playdate **12.00noon** Peppa Pig **3.00pm** Brave Bunnies **3.30** Ben and Holly's Little Kingdom

4.00 Ricky Zoom **4.30** Blaze and the Monster Machines **5.30** Floogals **5.45** Paw Patrol **6.30** Peppa Pig **8.30** Ben and Holly's Little Kingdom **9.30** Peppa Pig **11.30** Ben and Holly's Little Kingdom **12.30am** Ryan's Mystery Playdate **1.00** Peppa Pig **2.00** Dora the Explorer **2.30** Blue's Clues & You **3.00** Blaze and the Monster Machines **3.30** Deer Squad **4.00** Santiago of the Seas **4.30-6.00am** Paw Patrol

SUNDAY As Saturday except:

3.30-4.30am Santiago of the Seas **5.00-5.15am** Paw Patrol: Mighty Pups **5.15-6.00am** Paw Patrol

MON/TUE/THURS/FRI

6.00am Paw Patrol **6.30** Peppa Pig **7.15** The Adventures of Paddington **7.30** Baby Shark's Big Show! **7.45** Santiago of the Seas **8.00** Paw Patrol **8.30** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Paw Patrol **10.00** Kangaroo Beach **10.30** Peppa Pig **11.30** Brave Bunnies **12.00noon** Ben and Holly's Little Kingdom

1.00pm Butterbean's Cafe **1.30** Peppa Pig **3.00** Brave Bunnies **3.30** Peppa Pig **4.30** Blue's Clues & You **5.00** The Adventures of Paddington. Cartoon. **5.15** Paw Patrol **6.00** Santiago of the Seas New **6.30** Blaze and the Monster Machines **7.00** Peppa Pig **8.00** Blue's Clues & You **8.30** The Adventures of Paddington **8.45** Ricky Zoom

9.00 Paw Patrol **9.30** Santiago of the Seas **10.00** Peppa Pig **11.30** Ben and Holly's Little Kingdom **12.30am** Ryan's Mystery Playdate **1.00** Peppa Pig **2.00** Dora the Explorer **2.30** Blue's Clues & You **3.00** Blaze and the Monster Machines **3.30** Santiago of the Seas **4.30-6.00am** Paw Patrol. Action and adventures with the pups.

WEDNESDAY As Mon except:

5.55-6.00pm My Nick Jr Adventure

+1 hour 628

Highlights

Peppa Pig

Mon-Fri, Channel 5 HD, 7.40am

In new episodes, little George is potty-trained, all the friends try out the trampoline park, and it's time for Peppa's annual health check-up.

Biff and Chip

Mon-Fri, CBeebies HD, 5.05pm

A drama based on the characters from the Oxford Reading Tree books, as they play make-believe, starring Kellie Shirley as Mrs Robinson.

Coming soon

FIRST LOOK

The Trick

Jason Watkins stars in a powerful factual drama about a climate-change scientist

Here's an early peep at Jason Watkins in his intense new role in BBC1's one-off factual drama *The Trick*, which looks at the worrying potential consequences of climate-change denial.

The timely conspiracy thriller, airing later this year, sees Watkins as Professor Philip Jones, the Director of Climate Research at the University of East Anglia. In 2009, in what became known as the 'Climategate' scandal, Jones found himself facing public scrutiny after he was targeted by cyberterrorists who attempted to discredit his work looking into climate change. The resulting furore is thought to have contributed to a decade of delay in the battle to hold back the tide of global warming.

CYBER ATTACK

Victoria Hamilton co-stars as Phil's supportive wife, Ruth, who helps him fight to clear his name as he tries to prove the veracity of his scientific research. Meanwhile, Jerome Flynn is former newspaper editor-turned-PR boss Neil Wallis and George MacKay is his colleague Sam Bowen. Adrian Edmondson, Aneirin Hughes, Pooky Quesnel, Rhashan Stone, David Calder, Justin Salinger and Tara Divina also appear.

'It is rare that a drama marries the personal and the public in such a compelling way. The urgent need to tackle the effects of the Earth's warming is not going away and the research into this project has been sobering,' says Watkins. 'It is a privilege to play Phil, whose private world was threatened from outside and whose efforts have been so vital globally in combating the effects of climate change.'

WHAT'S NEXT FOR...

Ruth Jones

She is reuniting with her *Gavin & Stacey* co-star Rob Brydon for BBC1 comedy **Gaynor & Ray**, which centres on a newly-wed 50-something couple from Cardiff who go on honeymoon to the Scottish Highlands.

Freddie Flintoff

In BBC1's three-part documentary **Freddie's First Eleven**, the former England cricketer will try to counteract the perceived elitism in the sport by setting up a team with talented but underprivileged teens from Lancashire.

Gemma Arterton

Sky Max's comedy series **Funny Girl**, based on Nick Hornby's novel, will see her as a Blackpool beauty queen who heads to London in the 1960s and soon becomes a star when she lands a role in a new hit sitcom.

Coming Back

Amazon Prime Video's **James May: Our Man in the USA** will air next year and will follow him as he travels across the States. 'I have two objectives – to go West, like the settlers of old, and not get fat on American breakfasts,' says May.

Next week On sale Tuesday 14 September

Manhunt II: The Night Stalker

Martin Clunes returns as DCI Sutton as he tries to catch a rapist.

Mr Mayor

An ex-businessman (Ted Danson) becomes LA's mayor in Sky Comedy's colourful series.

Strictly Come Dancing

The stars are ready for the launch of the sequin-clad BBC1 contest.

The Great British Bake Off

More hopefuls try to impress Paul Hollywood and Dame Prue Leith.

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